

The
BULLETIN

26

Official Publication - Pierce County Medical Society

VOL. XIII - No. 1



JANUARY - 1943

Programs

Medical Arts Auditorium
8:15 P. M.

JANUARY 12

- Pathology of Cerebral Anoxia with
Illustrative Cases.....W. B. Dublin
- Plague—Clinical Aspects.....C. G. Trimble
- The Local Problem.....L. E. Powers

Auditorium — Telephone BRoadway 3166
Tacoma, Washington

Happy New Year . . . more or less!

During 1943, we are going to have a tightening of many war efforts. However, there is no need of getting jittery over the outlook. Rationing of foods has been in effect for some time and we have noticed no great inconvenience to any one yet, beyond making a subject

of light conversation. We still have a number of things which might easily be rationed or even eliminated altogether, to the advantage of the nation.

Cosmetics. Some years ago, some of the minor players in Hollywood appeared in public with all their make-up on, for fear no one would know they were actresses. From this, the fad of using lip-stick spread throughout the country, abetted by the sheep-minds of women. We can understand the use of artificial coloring by the odalisque kept in the harem for strictly immoral purposes and whose usefulness ended when her charms no longer stimulated the endocrine functions of the lord and master, but to see young girls, with what looks like a slash of raw beef where a pretty mouth should be, and particularly to see them smearing on successive coats while at a table in a public place, does not add much to one's enjoyment of a meal. When this all happens at breakfast and the damsel adds a pre-breakfast cigarette, and another during the meal, leaving the red-smear'd stubs in the saucer, we think it is time to protest. The public spend enough for cosmetics and tobacco to rebuild the Navy every year. So we offer this as one place to retrench.

Liquor. A view of the mobs lined up in the State liquor stores makes one wonder if anyone is going to have money left to buy war bonds. And again, we note young girls, making more money than ever before, catching the spirit of recklessness and spending their earnings for hard liquor at three dollars or more a quart. This, of course, is war time hysteria. Last war we had fifteen dollar silk shirts. Certainly, this is an argument for taxes at the source, which we will have this year.

Shortage of man-power. Eddie Rickenbacher recently said, over the radio, that if we could get the boys from Guadalcanal in the industries, they would double the production, meaning, of course, that the present crews in our production plants were turning out only half as much work as they might. Many of us have been unable to understand the system used in the shipyards and airplane plants, in which seven men stand

(Continued on page 17)

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Medical History . . . As You Like It!

The Origin of the Caduceus. From as far back as Greek antiquity, and even in Biblical times, the snake has been used as a symbol of medicine and health. Presumably it was because the principle of life was represented by the serpent with its ability periodically to cast off its skin and apparently renew its youth. Accordingly, tamed snakes were used in the temple of Aesculapius for the psychic effect and also to lick wounds of the patients. Aesculapius, the Grecian god of medicine, is always represented as carrying a heavy, rough staff with a single serpent entwined about it—the staff for walking and the serpent as a symbol of medical knowledge or healing powers.

The winged caduceus used today as the emblem of the medical profession is a light wand with a pair of wings at the top and having two snakes entwined about the wand. It was originally the wand of Mercury, messenger of the Gods, and later symbolized the peaceful conduction of business—the mercantile world as op-

posed to the military. A somewhat similar form of this caduceus was also used as the staff of Hermes, who was god of many things, such as the wind and air, as well as robbers, thieves and traitors, and guide of souls to Hades. Some have facetiously suggested that from this latter duty of Hermes the caduceus came to symbolize the medical profession.

Just exactly how the winged caduceus, which has no legendary association with medicine, came to represent the profession is not known. It is thought, however, that certain medical printers used it as a part of their frontpieces to show the unity between medicine and letters as indicated by the two entwined snakes. From this it was probably misrepresented as being an emblem of medicine and later incorporated on the insignia of the U. S. Army Medical Corps—its misuse being practically assured from then on

No matter how widespread its use, however, the winged caduceus with two entwined snakes is actually not a symbol of the medical profession. The only true emblem is the rough staff with a single serpent, the staff of Aesculapius, god of medicine.

REFERENCES

Arnold, H. L., *Serpent-Emblems of Medicine*, Mich. M. Soc. 36:157, March, '37.

The Jour. of the La. State Univ. School of Medicine, Vol. III, No. 2, Aug. '42.

—From the *Connecticut State Medical Journal*.

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MINUTES OF REGULAR MEETING of Pierce County Medical Society OF DECEMBER 8, 1942

The regular meeting of the Pierce County Medical Society was held on December 8, 1942, with President Magill in the chair. Minutes of the last meeting were read and approved.

A case report on traumatic hemothorax was given by Dr. John F. Steele. This was a very interesting case of a man who had received a crushing injury of the chest, with marked hemothorax. After about ten days the fluid was gradually removed. Dr. Steele stressed the importance of caution in the removal of blood in the pleura for traumatism. The case was discussed by Drs. Herrmann and Schaeffer.

The paper of the evening was given by Dr. C. F. Engels, entitled "Urogenital Crossroads." This paper was written in Dr. Engels' usual entertaining and thought-producing style. He stated that the crossroads of the urogenital tract is the prostate. He called particular attention to the function of the prostate as a guard against infections of the upper urinary tract. He presented several clear and interesting slides showing the pathology as revealed by the X-ray study and autopsy. He particularly called attention to the use of stilbestrol and castration for relief of the symptoms in cancer of the prostate. The paper was discussed by Dr. Magill, who reported cases which he had seen which were relieved of the pain and discomfort of cancer of the prostate by stilbestrol.

The society acted on a recommendation presented by the Trustees that for the duration one monthly meeting of the society only be held, that to be held on the second Tuesday of the month, with the exception of June, July and August.

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An act passed by the state legislature in 1942 requires every physician attending a pregnant woman to obtain a sample of blood for a serological test for syphilis at the patient's first visit. On several occasions recently it has come to the attention of the health department this procedure has been neglected entirely. Should a syphilitic baby be born because of a physician's neglect to take a blood sample someone may be in distress.

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The first meeting of the new year will be a luncheon at 1:00 P.M. at the Dalhem Tearoom on Thursday, the 14th.

Mrs. Lawrence Mc Nerthney, Program Chairman, has asked Captain Francis J. Reilly, an army chaplain at Fort Lewis, to tell of his work among the boys at the post. Captain Reilly is an interesting and humorous speaker and is sure to be greatly enjoyed by his hearers.

Mrs. George Vandenberg will give a short report on Community Service.

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PLAGUE PRIMER

Plague is a disease primarily of small animals, particularly rodents, which is communicable to man and usually transmitted by fleas. It is generally characterized in man by the production of a severe septic process with an involvement of the lymphatic system, high mortality and a rapid course.

ETIOLOGY:

Plague is caused by a pleomorphic coccobacillus which exhibits bipolar staining. Rodents are the primary reservoir of the disease and man is infected by the rat flea. The flea acts merely as a mechanical transmitter. There are two main clinical forms of the disease, bubonic and pneumonic. The disease manifests itself in the bubonic form in man when the flea is the vector. The bubonic form is not usually contagious from man to man unless a secondary pneumonia develops. When the disease spreads from man to man the pneumonic form results.

SYMPTOMS AND SIGNS:

The incubation period is from two to ten days. In the pneumonic form it is shorter, occasionally only three days. The portal of entry is either through skin or lungs. The disease is characterized by a sudden onset of chills and fever ranging from 102° to 105°, with violent headache and vertigo. Prostration is marked and out of all proportion to the duration of the illness. There is an expression of great weariness, the face is flushed and conjunctivae are injected. The tongue is swollen and furred and occasionally there is vomiting and diarrhea at the onset. Spleen and liver are palpable and leucocytosis varies from fifteen to fifty thousand.

Bubonic Form: Within twenty-four hours the lymph glands become painful and swollen. The lymph glands nearest the portal of entry show the earliest and most marked involvement. Abdominal tenderness is often present as a result of the involvement of the mesenteric glands. The buboes may suppurate.

Pneumonic Form: The general features are similar but there is a marked cough with hemorrhagic watery sputum. Signs of bronchopneumonia soon develop and patches coalesce to form massive areas of consolidation. The incubation period is shorter than in the bubonic type and there are no buboes present. The pneumonia is not a secondary pneumonia. This form is highly contagious from man to man and extremely fatal.

Septicemic Form: This form may result from either bubonic or the pneumonic type. It merely indicates an overwhelming blood infection. The patient usually dies before buboes or pneumonia develops. A mild form sometimes develops known as Pestis Minor which is extremely dangerous from the standpoint of the spread of the disease.

DIAGNOSIS:

The clinical diagnosis of bubonic plague is made by finding the buboe, the extreme prostration and constitutional symptoms. Bubonic form must be differentiated from tularemia, various forms of acute lymphadenitis, syphilis,

(Continued on page 11)

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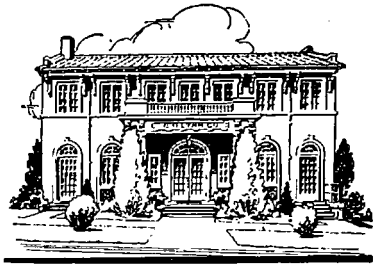
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PLAGUE PRIMER

(Continued from page 9)

acute mononeucleosis. The organisms may be recovered in about 17 percent of the cases from the blood and quite readily by aspirated material from a buboe on direct smear and culture. Pneumonic plague should be suspected when a profuse, pink watery or frothy sputum is noted, with extreme prostration and few physical findings. Sputum from pneumonic cases is loaded with the organisms.

TREATMENT:

Prophylaxis: Elimination of the infected rodents, proper sanitation and ratproofing of all structures form the basis of prevention. Haffkine's vaccine, prepared from the killed organisms, is used with varying degrees of success. Partial immunity is established for short periods. Passive immunity has been attempted by the use of Yersin's anti-plague serum.

Treatment of the Case: Yersin's anti-plague serum seems to be of some value in the bubonic form if given early and in large doses. Recently the sulphonamide drugs have been used. Schultz has shown experimentally with rats that M & B No. 693, which he calls "Sulphone," gave equal

results with anti-plague serum if given at the time the infected dose was used. More recently sulphapyradine and sulphathiazole have been used experimentally. Sulphathiazole gave better results than sulphapyradine. Eighty percent of cures resulted in rats with the use of sulphathiazole.

During a recent epidemic in Nairobi, Africa, with 547 cases and 354 deaths, sulphapyradine was used. Sulphapyradine was relatively ineffective in the pneumonic or septicemic form. Out of 131 cases of pneumonic or septicemic plague, 129 died. It was demonstrated sulphapyradine had to be used early to be of any value. Of 33 cases with illness of one day, 4 died; of 72 cases with illness of two days, 16 died; of 17 cases with illness of three days, 6 died; of 40 cases with an illness of four or more days, 35 died.

Prognosis: The average mortality of plague before the use of the sulphonamides was 75 percent. It is almost 100 percent in the septicemic form and nearly as bad in the pneumonic type. It is more severe in adults and those who are depleted or undernourished.

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Our Boys in Uniform

Les Baskin and Al Ehrlich both left Seattle just before Christmas and are now somewhere in Alaska where the thermometer registers many degrees below zero. Les writes they dress like Eskimos and look like overstuffed polar bears when they go out. Their address is APO No. 942, c/o Postmaster, Seattle. From the looks of the printed menu, they had some feast Christmas day, certainly reads better than the menu at any of our hotels. The one thing they crave is letters from home, so let's write them often.

Charlie Larson has been training with his unit at Camp Carson, Colorado, and now is on a visit here, before his outfit leaves for some unknown destination. Charlie has a crew of 20 laboratory workers. He expects his group will receive travel orders about the middle of January.

Walter Cameron is going through the strenuous training course at Randolph Field, Texas,

the School of Aviation Medicine. Classes start at 6:30 A.M. and last until 5 P.M. leaving the evenings free for study. However, Walter is enjoying it and is sold on the efficiency of the Army Medical Services. His wife and son are at Balboa Beach, California, near Walter's next stop, which will undoubtedly be Santa Ana Air Field.

Glenn McBride at home on a visit from Carlisle Barracks, Pennsylvania, where he has been getting some more training but will return to Camp Luna, New Mexico, part of the Air Transport Command, shortly after the first of the year. He is having a good time in the Army but still likes Tacoma best.

Homer Humiston is still at Letterman General in San Francisco, in a replacement pool awaiting orders to a permanent assignment, after a course of Army indoctrination, which, we think, is making a military gent out of a civilian. We had that in the last war. Can you do a snappy "About Face" Homer?

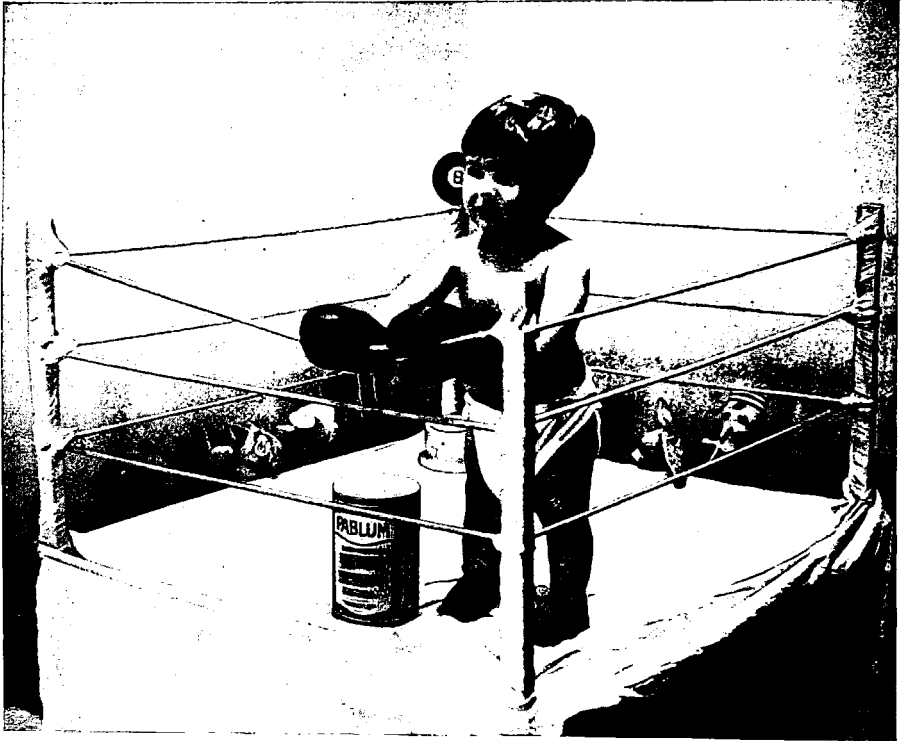
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Our Boys in Uniform

Now comes the sailor, George Moosey, who has already experienced the relief from private practice, collections, 24 hour duty, etc. George is apparently taking courses in marksmanship, with rifle, pistol, machine gun and automatic rifle and is having a fine time. He says the Navy is great and don't take too much stock in what the commentators tell you, to the contrary. He's still at Sand Point air field.

Bill Norton, at Santa Monica, California, has really got the tough assignment. Every day the poor guy has to walk a whole half block from his apartment to his office in a deluxe hotel and see some patients. Every night there is the weary trudge of half a block home again. Our heart bleeds so for you, Bill, that we are sending you a billiard table by air mail. Just wait till they ship you to Africa, feller.

Don Willard is still at Topeka, Kansas, with Kay and the baby, who has cut a tooth and is learning to walk. Don has been up in a bomber,

dropping eggs on a target and having other fun. Those of us who spent the winter of 1917 training in Kansas can sympathize with Don, as far as weather goes. This lad has gained ten pounds so we can guess how tough Army life is for him.

F. W. Hennings is at Pacific Beach, Washington, a fine place to summer. He's having training too, but little medicine. Probably looking out over the Pacific Ocean for approaching Japs. He also expects to be moved in the near future.

Another of our former internes, Lt. McCandless, U.S.N. is cruising off the Florida Coast on a destroyer. Certainly lucky, some people pay out a great deal of money for that same sport. Glad to hear from you, Mac.

Fordyce Johnson finally got his orders and has reported at Barnes General Hospital, Vancouver, Washington, where the veteran, Bill Goering and Forrest Monzingo are still holding the fort.

Looking Back . . . with Satisfaction

All too often one looks back many years to one particularly dark day. This memory can be made lovelier, more tender, through the knowledge that the final tribute was as beautiful as it could be made.



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Our Boys in Uniform

Jerry Kohl seems to be stuck at Fort Lewis all these last months and doesn't know whether he is on the home front or in the Army.

Hillis Griffin is also at Lewis, enjoying the new experience, the new acquaintances but misses the "bull" sessions at the T.G.H.

Cliff Whitaker is in charge of a 750 bed hospital somewhere in the South Pacific, probably where the wounded from Guadalcanal are evacuated by air. Although few Japs are likely to read the Bulletin, we can not say more about this now.

Jess Read has finally been located, in Africa. With Jess and Ike Eisenhower on the job, this North Africa mess will soon be cleaned up. We have no details but the address is Capt. Jess Read, 11th Evacuation Hospital Mtg. APO 668,

c/o Postmaster, New York. We hope the Bulletin reaches you Jess with all our best wishes.

J. W. Bowen, now known as Bill, is Squadron Surgeon with the 10th Observation Squadron, Army Air Base, Abilene, Texas. Let us hear from you Bill, with details.

Scott Jones is still at Fort Worden, regimental surgeon for the 248th Coast Artillery, surgeon for the Harbor Defenses of Puget Sound, obstetrician for 10 or 12 soldier's wives a month and doing some gyn besides. That, we would say, should keep him busy.

Frank James is at the Station Hospital, Kearns, Utah.

Dr. Lash, late superintendent of the School for Feeble-minded Children at Buckley, has been called into military service. Too bad for the school, as Dr. Lash was a very efficient and capable superintendent.

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(Continued from page 2)

around doing nothing, while one man goes for some essential piece of material. Some of it seems to be the fault of management, some can be charged to labor unionism. Obviously, if they all could be inspired to do all they could, man-power would be doubled in industry.

Government. The amazing increase in government employes has been startling. There are undoubtedly a million men in government service who could be released to the military forces or industries, with tremendous improvement in the service. Pools of idle employes, being kept for fear they may be needed at some future time. Other Bureaus full of men drawing pretty pictures to be printed at government expense, to be sent to us to let us know we are at war. Questionnaires sent out by the ton, requesting information that no one on earth can supply and being filed away in some store-room when they are again received. Government by

bureaus was what ruined France. May we escape that.

In spite of all the above, our military forces seem to be doing a good job, may they finish it soon and completely.

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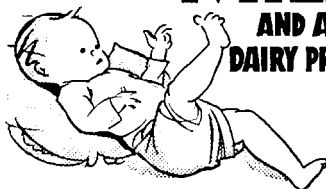
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A Message To The Doctor in The War

Our participation in the struggle for the survival of Democracy and human decency was the signal for the active mobilization of the medical personnel of the nation. The response, as anticipated, has been magnificent. In times of national crises our doctors have always willingly made personal sacrifices, subscribing to the ideals of Democracy and fulfilling again the ancient oath of the Healing Guild.

The medical profession has a very large stake in the issue of this war. The continuation of the growth and development of medical science depends upon personal freedom of thought and unhampered investigation. These rights are as much in jeopardy from dictatorial lust for power, as is free speech or the right to worship God according to the dictates of one's conscience.

Thousands of American physicians are serving with the armed forces, not only here but on distant battle fronts. Soon many more thousands will be serving. They will find themselves in new and strange surroundings. Discomforts and hardship will be experienced. Unaccustomed discipline will be irksome, but soon these and other dissatisfactions will be forgotten in the face of numerous opportunities for service.

Karen Rynning

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I like to consider military medical service in two categories, "in line of duty" and "not in line of duty." The first is a fine thing, safeguarding the health of soldiers; ministering to them when they are sick; repairing their wounds. The second, "not in line of duty" is even finer. It is the giving of something more than that which is required.

The doctor who wishes to give not only a full measure but also to the overflowing, will think not only of the routine protection of the health of troops, but will have in mind constantly the approaching "test by fire." He will be ever vigilant to discover those soldiers who would be dangerously vulnerable to the considerable strain and stress of active combat. These men are potentially "breakable" human material; sometimes because of masked physical weaknesses; more often for underlying neuro-psychiatric reasons. Unless too greatly outnumbered, the victorious armies will be those with the soundest morale. More than any other officer, the medical officer can contribute to the attainment of sound morale, by weeding out the unfit.

Modern physicians have in civil life busied themselves with raising to the highest possible level, the health of the communities in which they practice. In the larger fields of the armed services, the failure or success in the attainment of this objective will be read in terms of defeat or ultimate victory.

An important "not-in-line-of-duty" opportunity will be found in the close relationship between medical officer and soldier. The majority of doctors who enter the armed services are recruited from the ranks of general practitioners, the backbone of American medicine.

(Continued on page 21)

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A Message to the Doctor in the War

(Continued from page 19)

In civil life these physicians have been more than the doctors who delivered the babies, vaccinated the children and treated the measles, the pneumonia and other human ills. They were the discreet and trusted family friends and counselors. They participated in the countless joys and sorrows of "their" families. Often they bolstered failing human courage and transmuted despair into hope.

In the matters of wise friendly help and support, medical officers will find unending opportunities—millions of young men abruptly cut off from their homes, families, and friends, and from their usual ways of living. Many of them will be lonesome, homesick, disgruntled, frightened, miserably unhappy. The doctor will be able and privileged to hold up tottering morale;

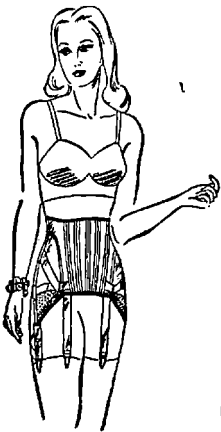
rebuilding it into strength and security; making "his boys" into fine soldiers.

The military doctor has a unique advantage. Unlike the former banker, clerk, grocer, or farmer, the doctor is not expected to kill. He continues to save and conserve human life. But he must save and conserve wisely. In the turn and tide of battle, situations may arise, in which grave military expediency may dictate that the medical interests of individuals must be subordinated to military necessity. In other words the medical officer must add to his medical conscience, an extra layer of military conscience.

After the last battle has been won and we return to the enjoyment of democratic rights and privileges, which we will prize the more highly because in "blood and sweat and tears" we have fought for them, it will be "explained" just how the war was won. Experts will describe

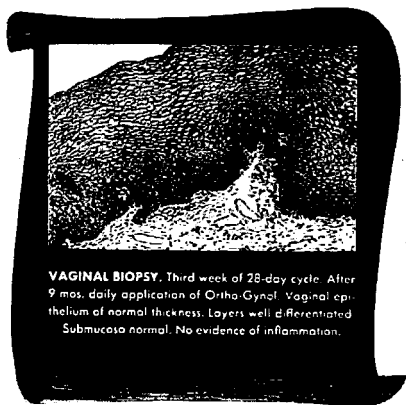
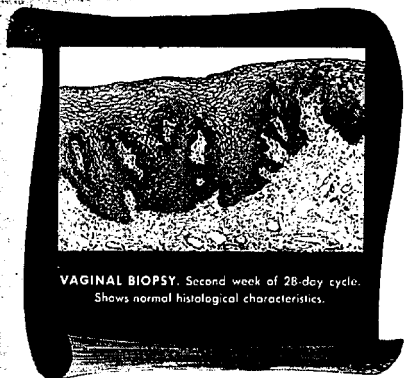
(Continued on page 23)

A Camp Maternity a Boon to Expectant Mothers



Correct support is necessary before and immediately after childbirth in order to secure comfort for the mother and guard her health and that of the child. Laura Churchill carries a complete line of surgical garments for all the doctor's needs. Belts fitted by experts and rechecked every two weeks.

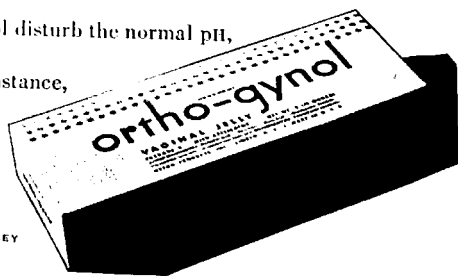
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A Message to the Doctor in the War

(Continued from page 21)

how this or that weapon of offense, submarines, tanks, aeroplanes, battleships, cruisers, infantry, artillery, the army, the navy, etc., gained the victory. Thousands of doctors, who have given a full measure of medical service will know without egotism, that if the unified, patriotic devotion of American medicine has been lacking, the cause of Democracy would have been lost.

EDWARD A. STRECKER, M.D.

Professor of Psychiatry,
University of Pennsylvania,
Medical School,
Philadelphia, Pa.

Reprinted—"Digest of Treatment," May, 1942.

Lest we forget . . .

BUY BONDS

Our Boys in Uniform

At this point, we wish to express thanks to Mr. W. O. Jeffrey, of the Aetna Insurance Company, the lad who sells us our malpractice insurance. Jeff has been sending home newspapers and other contributions to many of our boys and a number of the foregoing items have been gleaned from their replies to him. They all like to get the Bulletin with news of the profession and the local newspapers, with general news of Tacoma. We suggest more of us do likewise.

Without exception, all our boys in service write cheerful, happy letters. They are well content with the jobs they are doing and find the new kind of life interesting. As a matter of fact, *they* are having all the fun and the rest of us are just slogging along, working a bit harder, hoping we may pay our taxes and have something left to buy war bonds. So, congratulations to you lads in uniform and condolences to us left at home.



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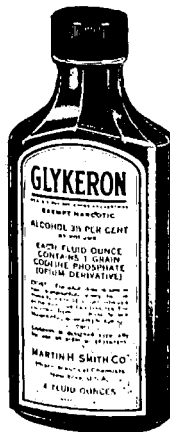
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Personals . . .

George Kunz, Junior, has graduated from Temple University Medical School and is now interning in the King County Hospital. He will probably be grabbed by the military authorities as soon as he finishes.

Arch Heaton also has a son in Denver. Medical College, now in his third year.

Millard Nelsen has been recuperating in California from his late pneumonia and is now back on the job, considerably less in weight, much to the improvement of his "figger."

Fred Scheyer has the bug to breed trotting horses. Well, that will bring down the amount of his income tax.

County Health Officer Magnusson is back from learning all about the Sister Kenney treatment for polio, at Minneapolis. With him, Burton Brown and Lee Powers as experts, this should leaven up the local profession adequately.

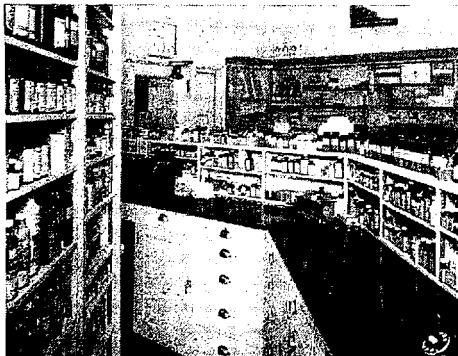
Mrs. Jean Hawley, technician in Dr. Sander-son's office, has a son on Guadalcanal, with the Marines. Let's give the little girl a big hand.

We have a juicy bit of scandal coming up in the life of one of our intellectual big shots. Can't say more on account of the libel laws. It will come up in the Divorce Court soon. Read your Bulletin, girls and keep two jumps ahead of Winchell.

COMMUNICABLE DISEASES

November

Chickenpox	79
Diphtheria	1
German measles.....	5
Measles	262
Mumps	136
Scarlet fever	5
Whooping cough.....	2
Tuberculosis	2



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Diphtheria Toxoid, Tetanus Toxoid, Pertussis Phase 1 Combined (Fluid)— $2\frac{3}{4}$ cc. (1 immunization), 10 cc. (4 immunizations).

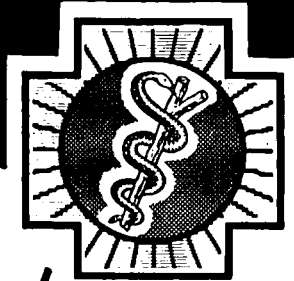
Diphtheria Toxoid, Tetanus Toxoid Combined (Aluminum Hydroxide Adsorbed)—2-1 cc. (1 immunization), 10 cc. (5 immunizations).

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The BULLETIN

Official Publication - Pierce County Medical Society

VOL. XIII - No. 2



FEBRUARY - 1943

Programs

Medical Arts Auditorium

8:15 P. M.

FEBRUARY 9

Case report: Non-surgical treatment of mutiple osteomyelitis

B. N. Ootkin

Symposium on poliomyelitis

Concept of the Kenny treatment - - - L. E. Powers

Pathologic physiology and treatment - - N. E. Magnussen

Hot pack demonstration - - Mrs. Fletcher, R.N., P.H.N.

Discussion - - - - - B. A. Brown

Election of Nominating Committees

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Pierce County Medical Society

War Time Gossip

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R. D. Wright	W. B. Penney

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W. W. Mattson.....	Business Manager

Due to the flood of mail to service men, the government has ruled that publications may be sent from the publisher direct to the subscriber, but re-mailing of newspapers and magazines will not be permitted. This allows the Bulletin to go through as usual. So if you have messages to the boys in uniform, give them to us and we will attempt to get them to their destination. Better, write the lads direct. What they crave is letters. We hope to keep our address files up to date and will be glad to furnish information.

* * *

The military forces will need ten thousand more doctors this year, leaving eighty thousand in civilian life. Looks as if some of us would have to get out the old uniform from the last war. Well, we did it before and we can do it again.

* * *

You fellows in military service may think you have the rough part but it must be relatively easy compared to civilian practice these days. What with a shortage of nurses, our hospitals seem at times to be mad-houses. The writer put in a seventeen-hour day recently, which is all right if not made the regular thing. Supplies go to the military first, we take what is left, it any. The shipyards draw off our stenographers and office help, the boys in the garage go the same place or into the Army, even our lunch rooms are hard pressed to give us lunch. On top of which, we have been having the biggest snowfall since Adam was a pup, can't get into the garage, can't get up the hills and Hell to pay, generally. Give us the Army every time.

* * *

Incidentally, a word of tribute is due our nurses in these times. They may not have to undergo bombing and shell-fire but otherwise they are doing as grand a job as was done on Bataan. More power to them and to the unselfish women who are acting as Nurses' Aides. We sincerely hope they will all stick it out for the duration.

The Physicians & Dentists Business Bureau

MYRTLE CHRISTOFERSON, *Manager*

Fourteen Ways To Beat A Bill

We admit there are more

1.—DEATH: By dying without leaving any estate out of which your debts can be settled.

2.—BANKRUPTCY: The Scourge of Allah! More deadly than the German Blitzkrieg.

3.—By pleading minority for the purchase of anything except a necessity.

4.—By keeping one's self execution-proof, which means that all property, real and personal, that is purchased, is purchased in the name of the wife, in-law or friend.

5.—The case of a gambling debt by setting up the statutory defense—BY ADMITTING I'M A WELCHER.

6.—Mr. J., an individual, can owe thousands of dollars as such individual, and incorporate and place his holdings in the corporation's name and we defy you to touch MR. J. AN ORDER IN AID PROCEEDING WILL PROVE that Mr. J. owns but two shares of stock in said corporation and draws no weekly or monthly salary.

7.—By leaving (and we wish you would) the country.

8.—By leaving the state and seeking the protection of a state wherein the laws pertaining to debts are most lenient. For example, the State of Indiana does not have a garnishment law. The State of Indiana furthermore declares a cognovit note illegal. In Florida personal earnings are not subject to garnishment or attachment. In Texas a cognovit note is illegal and a criminal action will lie for use of same.

9.—By being employed (God forbid) on a WPA project for life.

10.—By being the recipient of a pension (Old Age, World War, Spanish War, etc.) for life.

11.—By purchasing merchandise such as coal or gasoline from a filling station without signing the delivery or acceptance slips for same.

12.—By being a federal or state employee and taking advantage of your legal exemption

which exempts you from garnishment or attachment proceedings.

13.—By being incarcerated in a penal institution for life*

14.—By being strictly a commission salesman on your own. By that we mean where a bakery goods salesman takes out \$30.00 worth of merchandise today from X Bakery and, at the end of the day, pays the X Bakery for said merchandise less his 30% commission. In such a case the X Bakery is not liable in garnishment proceedings since the salesman actually pays them instead of the X Bakery paying the salesman.

*—This reminds us of the case of the _____ Hotel which placed their account against Joe Doak for collection. Upon sending No. 1 collection letter to Joe Doak at his last known address we received, some weeks later, a reply from the Warden of the Minnesota State Penitentiary which, in brief, stated: "We beg to advise that said Joe Doak has been incarcerated in this institution until 1943, at which time he will be turned over to the authorities of Atlanta, Georgia, to serve an unexpired term of 7 years. Regretting that we cannot be of further assistance to you in this matter, I beg to remain, sincerely yours, _____ Warden, Minnesota State Penitentiary."

P.S.—We have dated our files ahead but, being collectors at heart, we'll still keep Joe Doak in the inactive file and not return the account as uncollectible simply because WHERE THERE'S LIFE THERE'S HOPE.

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MINUTES OF REGULAR MEETING
of Pierce County Medical Society

JANUARY 12, 1943

The regular meeting of the Pierce County Medical Society was held in the Medical Arts Auditorium on December 12, 1943, with the President, Dr. Clyde Magill, in the chair. Minutes of the previous meeting were read and approved.

Dr. W. E. Dublin gave a paper on "The Pathology of Cerebral Anoxia." Dr. Dublin gave several case reports and showed lantern slides illustrating his paper.

The second paper of the evening was given by Dr. C. G. Trimble, who discussed "The Clinical Aspects of Plague." He was followed by Dr. L. E. Powers, who spoke of "The Local Problem as Regards Plague."

Dr. Magill announced that there will be only one meeting per month for the duration and that the Nominating Committees would be elected at the February meeting.

STAFF MEETING

ST. JOSEPH'S HOSPITAL

Monday, February 15th

Diagnosis and Medical Therapy of Peptic Ulcer

Dr. E. W. Janes

Roentgenologic Diagnosis of Ulcer

Dr. R. D. MacRae

Surgical Treatment of Ulcer

Dr. L. J. Hunt

Essential Pathology of Ulcer

Dr. C. R. McColl

Come and hear a good meeting and have a bit of refreshment afterward.

J. V. Schwind, *Chairman*

COMMUNICABLE DISEASES

DECEMBER

Chickenpox	24
German Measles	4
Measles	326
Mumps	113
Scarlet fever	2
Whooping cough	5
Tuberculosis	2

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Membership—Mrs. Forrest Monzingo, 4045 South D Street, GARland 4973.

Community Service—Mrs. George J. Vandenberg, 3109 North 30th, PROctor 3776.

Social—Mrs. George A. Moosey, 1418 North 10th, BROadway 2863.

Reservations—Mrs. Benjamin T. Terry, 1001 North Yakima, BROadway 1843.

Publicity—Mrs. Glenn M. Steele, 3622 North 29th, PROctor 6212.

Legislation—Mrs. Sydney M. MacLean, 1001 North Yakima, MAin 6886.

Cancer Control—Mrs. Clifford Halvorsen, Steilacoom, LAKe-wood 2048.

National Bulletin—Mrs. Lewis Hopkins, 3718 North Mason, PROctor 6340.

Historian—Mrs. Don G. Willard, 1001 North Eye, MAin 2014.

Telephone—Mrs. Frank H. James, Steilacoom Lake, LAKe-wood 2436.

Exhibits—Mrs. Karl Staatz, 3408 North 29th, PROctor 1550.

The February meeting will be at the Dalhem Tearoom on Thursday, the 11th. Luncheon will be at one o'clock and an interesting program will follow.

Mrs. J. H. Egan is calling a Board Meeting at 12:30.

Harold E. Dahl Co.

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A Message to the Medical Profession

For thirty-five years we have consistently co-operated with the medical profession of this locality. Advertising during this period of years has always been fully as beneficial to the medical profession as it has been to ourselves.

The prescription business has never been a side line in our store. At the present time we are carrying one of the largest stocks of biologicals and prescription supplies in the Puget Sound area.

Our store is centrally located and easy to

find, and we have five competent registered men in charge. Some of these men are graduates of colleges of pharmacy.

In addition to our prescription department, we have a few other lines which do not conflict in any degree with the medical profession, such as toiletries, sundries, fountain pens and tobacco.

It will always be our policy to continue putting our best efforts into our prescription department.

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The Collector Chats with the Bookkeeper

Miss Bookkeeper:

Your most important duty, without doubt, is to protect your employer's biggest single asset—the accounts receivable.

But watch your step! His Honor, the judge, is apt to be cranky about your bookkeeping. If you don't believe it, read some of the opinions in the court records.

The Collector has been through the mill. Permit him to make a few suggestions.

Let us assume that you keep books for Dr. Jones, the obstetrician. When the doctor says he is going to deliver Mrs. Smith, do you immediately proceed to open up a ledger page in her name? Of course you do, and you make all the charges to her, too. But some day the doctor may want to enforce collection of that account, and so you will send the collector around to see Mrs. Smith's husband. Maybe Smith will pay. And then again maybe he will be a smart guy and say, there isn't any account on your books against ME. You will think that is an awful dumb answer until you read what the Supreme Court said in 177 Cal. 605. And

so, next time you will open your account in the name of Mr. Smith—or better, in the names of both Smith and his wife.

Perhaps, however, you really did open the account in Smith's name in the first place, something like this: In account with C. Smith, 8th Avenue, City. When the poor collector tries to find C. Smith on Eighth Avenue, he will find him there from two to a half-dozen times, but not once will he admit that he is the one who owes your doctor money. Yes, indeed, his name is Charles Smith, but have you tried Chester Smith who lives up on the next block? Next time you will find out the patient's first name and initials and his wife's first name and his street number and his telephone number and his place of employment and a reference or two. At least you ought to, for your employer's protection.

But suppose, again, that you did charge Smith by his right name and his right address, and under his name you write, "Delivery, baby Marie—\$50.00." Three years go by and Smith fails to pay; so you tell the collector to sue him. When the case comes to trial you will be surprised when the judge says: "Only one item, and that one a contract." "No book account, hence barred. Judgment for defendant." After that you will promise yourself to itemize charges and services. A few wise bookkeepers do.

Once more: Let's suppose you did everything just right when you entered up Smith's account. You knew Smith was a good citizen, but just temporarily short of funds. He belongs to the same club the doctor does and you just can't think of being too hard on him. When the collector tells you this account is outlawed and that he won't even bother about listing it for collection, then you will surely hate to break the bad news to the boss. But when you DO tell him how Smith's account has gone sour, put a little bug in his ear, something like this: "Doctor, why not invite Mr. Collector up to the office some evening and get him to give us a few suggestions on puncture-proof bookkeeping?" There are tricks in all trades, and your collector probably has a whole bag full.

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The Lament of the Selectee

I'm one of the fellows who is making the world safe for democracy. I fought and I fought and I fought—but I had to go anyway. I was called in Class A. The next time I want to be in Class B—Be here when they go and be here when they come back. I remember when I registered. I went up to a desk and the man in charge was my milkman. He said, "What's your name?" I said, "Oh, you know my name." "What's your name?" he barked. So I told him, "August Childs." He said, "Are you an Alien?" I said, "No, I feel fine." He asked me where I was born, and I said, "Pittsburgh." Then he said "When did you first see the light of day?" I said, "When we moved to Philadelphia." He asked me how old I was and I told him, "Twenty-three the first day of September." He said, "The first day of September you'll be in China, and that will be the last of August." Then I went to camp and I guess they didn't think I'd live long. The first fellow I saw wrote on my card "Flying Corps." I went a little further and some fellow said, "Look what the wind is blowing in." I said, "Wind nothing. The draft's doing it."

On the second morning they put these clothes on me. What an outfit! As soon as you're in it, you think you could fight anybody. They have to sizes—too small and too large. The pants were so tight that I couldn't sit down. The shoes were so big, I turned around three times and they didn't move. What a raincoat they gave me! It strained the rain. I passed an officer all dressed up with a funny belt and all that stuff. He said, calling after me, "Didn't you notice my uniform when you

passed?" I said, "Yes, what are you kicking about? Look what they gave me!"

One morning when it was five degrees below, they called us out for an underwear inspection. Talk about scenery—Red Flannels, BVD's and all kinds. The union suit I had on would fit Tony Galento. The lieutenant lined us up and told me to stand up. I said, "I am up, sir, but this underwear makes you think I'm sitting down." He got so mad, he put me out digging a ditch. A little while later, he passed me and said, "Don't throw that dirt up here." I said, "Where am I going to put it?" He said, "Dig another hole and put it there." Three days later, we sailed for Australia. Marching down the pier, I had the worst luck. I had a sergeant who stuttered, and it took him so long to say "Halt!" that twenty-seven of us marched overboard. They pulled us out and lined us up on the pier. The Captain came by and said "Fall in," and I said "I've been in, sir."

I was on the boat twelve days—seasick for twelve days. Nothing going down and everything coming up. Leaned over the railing all the time. In the middle of one of my best leans, the Captain rushed up and said, "What company are you in?" I said, "I'm all by myself." He asked me if the brigadier was up yet. I said, "If I swallowed it, it's up." Talk about dumb people. I said to one of the fellows, "I guess we dropped anchor." He replied, "I knew they'd lose it—it's been hanging out ever since we left New York."

Well, we landed and were immediately sent to the trenches. After three nights there, the cannon started to roar and the shells started to pop. I was shaking with patriotism. I tried to hide behind a tree, but there weren't enough trees for the officers. The Captain came around and said, "We go over the top at five o'clock." I said, "I'd like to have a furlough." He said, "Haven't you any red blod in you?" I said, "Yes, but I don't want to see it." Five o'clock and we went over the top and ten thousand Japs came at us. The very way they looked at me, you'd think I had started the war. The Captain yelled, "Fire at will! But I didn't know anybody named Will. I guess the fellow behind me thought I was Will, because he fired his gnn and shot me in the excitement.

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Our Boys in Uniform

Capt. Frank Maddison has been transferred to Hammond General Hospital at Modesto, California, capacity 1600 beds, probably to take the overflow from Letterman General. Frank is chief of section of the department of Internal Medicine, which embraces cardio-vascular, renal and arthritis, besides caring for all the diabetics, doing all the consultant medical service and reading the electro-cardiograms. Outside of that, his time is his own, if any. Just the kind of job for this lad and just the lad for the job. He sleeps in the hospital barracks and eats in the hospital mess, so he's close to his job at all times. He wants some one to drive his car to him so if any of you are contemplating a trip to California, please get in touch with Mrs. Maddison. We suspect the bright lights of San Francisco are alluring and a car is a necessity. We'll try to fix it for you, Frank.

Chris Reynolds is having interesting experiences too. He has been Acting Surgeon for a Combat Training Squadron and has opportunities to fly with the aviators in B17s and B24s, which is considerably different from flying in passenger ships. Looks like Chris will have a lot to tell, when he returns.

* * *

Al Ehrlich writes from somewhere in Alaska, where he and Les Baskin are doing their stuff. They enjoyed the Rose Bowl Game on New Years Day, so they are evidently in radio touch, at least, with the outside world. What they crave, as do most of the boys, is letters.

* * *

Homer Humiston is back in Tacoma on leave, shooting the breeze and a few billiards with us, and very impressive, indeed, in his uniform. Homer is due to report back to San Francisco in the near future, for embarkation. We are having him take our greetings to Cliff Whitaker, just on the chance they may meet. It's summer there, now, Homer.

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Unbreakable

Mead's Vacap-Dropper will not break even when bottle is tipped over or dropped. No glass dropper to become rough or serrated.

No "messiness"

Mead's Vacap-Dropper protects against dust and rancidity. (Rancidity reduces vitamin potency.) Surface of oil need never be exposed to light and dust. This dropper cannot roll about and collect bacteria.

* Supplied only on the 50 c. c. size; the 10 c. c. size is still supplied with the ordinary type of dropper.

Accurate

This unique device, after the patient becomes accustomed to using it, delivers drops of uniform size.

No deterioration

Made of bakelite, Mead's Vacap-Dropper is impervious to oil. No chance of oil rising into rubber bulb, as with ordinary droppers, and deteriorating both oil and rubber. No glass or bulb to become separated while in use.

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Oleum Percomorphum 50% is now known as Oleum Percomorphum 50% With Viosterol. The potency remains the same; namely, 60,000 vitamin A units and 8,500 vitamin D units per gram. It consists of the liver oils of percomorph fishes, viosterol, and fish liver oils, a source of vitamins A and D in which not less than 50% of the vitamin content is derived from the liver oils of percomorph fishes (principally *Xiphias gladius*, *Pneumatophorus diego*, *Thunnus thynnus*, *Stereolepis gigas*, and closely allied species).

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Our Boys in Uniform

A card from Forrest Monzingo, now officially Assistant Chief of Orthopedic Section at Barnes Hospital, Vancouver, Washington, who has been having Joe Benson as a patient lately. Also reports Carlisle Dietrich visited Barnes with some patients. Bill Goering has been on leave to attend the Orthopedic meeting in Chicago, during the last month. Fordyce Johnson is in the pool at Barnes also and does not know just what his future will be. In the meantime, the Army is teaching him to fill out records as never before, so we may expect him to model charts for the rest of us, when he returns. He reports that Dr. Petroni, formerly on the staff of the Veterans Hospital at American Lake is in the pool with him. Nice letter, Ford, come again.

* * *

Lieut. Miles Parrott has been ordered to Carlisle Barracks, Pennsylvania, for training. Apparently the training there is for field duty.

Carl Scheyer has sailed from Bremerton for parts unknown. Carl says, in the Navy, you have clean sheets every night, anyway. Best of luck, Carl, wherever you are.

* * *

Ed Warren, Guy Griffith and Stefan Thor-darson are in Los Angeles, attending some EENT meeting. With seven inches of snow here, they picked a good time to be away.

* * *

Jess Read's family has finally had a letter from him. In Africa, as we surmised, in the middle of the big show and going strong. What a meeting we're going to have, when all our boys come home.

* * *

Lieut. K. H. Sturtevant is stationed at Caspar, Wyoming, at an air base.

* * *

Lieut. Frank H. James has been transferred to same place in California. Mrs. James has resumed the practice of ursing. Good girl! How we need nurses these days.

Looking Back . . . with Satisfaction

All too often one looks back many years to one particularly dark day. This memory can be made lovelier, more tender, through the knowledge that the final tribute was as beautiful as it could be made.



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Our Boys in Uniform

Over a thousand years ago, Iceland adopted a parliamentary form of government, called the Althing, which has persisted practically unchanged, to the present. In 1877, a boy was born in Iceland, who, at the age of six, was brought to this country by his parents. He grew up in the Dakotas, graduated in medicine and came to Tacoma to practice his profession. A kindly, quiet-spoken and unassuming man, we knew him as John Arnason Johnson. In 1930, he took his family on a trip to the land of his birth, to witness the one-thousandth assembly of the Althing, a momentous occasion which received world-wide publicity. Dr. Johnson had continued his interest in the Icelandic language and literature as a hobby and had even taught his son to speak and read the same. He was proud of the fact that he could trace his ancestry for a thousand years too, back to the original Norse settlers of Iceland. Dr. Johnson had hoped his son would also follow his own career in the practice of medicine, but

fate ruled otherwise. Last year, Dr. Johnson passed away. This year, Captain Harold Johnson is in the military service of his country, in the land of his father's fathers, Iceland.

* * *

Bill Mattson is another doctor with a son studying medicine, Bill, Jr. is now a freshman at the University of Pennsylvania School of Medicine, where Bill, Senior graduated.

* * *

Woody Niethammer was back at the old town, Ann Arbor, last month, attending the golden wedding anniversary of his parents. Probably looking over the old school too, with a view of some day supplying a freshman in medicine also.

* * *

Dr. F. C. Willson, of Buckley is now attending physician to the School for Feeble-minded at Buckley, since Dr. Lash left. It is now Major Frederick M. Lash, of Lowney Field, Denver, Colorado, an air training school.

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Our Boys in Uniform

We have a nice letter from Bernie Harrington on the stationary of the Air Force Gunnery School, Las Vegas, Nevada. Wonder why this lad has to study gunnery, always thought he was an X-ray man. Its slightly reminiscent of the victory in the Gona area, in the Solomons. Somewhat of a urological tings, as it were. Bernie writes, "My letter would be incomplete if I failed to acknowledge the kindness and thoughtfulness of you men prior to the entry of many of us into the armed forces. I am certain few societies were as considerate." 'S all right, old-timer, we expect to look after our own.

* * *

Cecil Hurst is the proud parent of a baby boy, and the Glen McBrides are also celebrating the arrival of a new baby. The first for Hurst, the second for McBride.

* * *

Ensign Joseph F. Smeall, son of Dr. Smeall, graduated from the Naval Training School in Tucson, Arizona, January 11th.

Warren Penney has been on the sick list but as he couldn't get his car from his home up the hill during the big snow, he escaped some troubles, anyway. We are glad to hear he is getting better.

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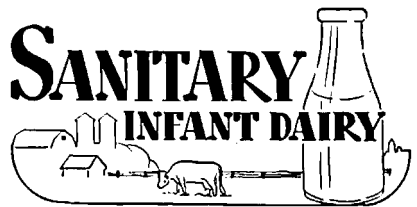


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Our Boys in Uniform

Lieut. John R. Flynn is with the Marine Aircraft Wings, Naval Air Station, San Diego, California. He expected to go to the Mojave Desert Marine Base about the middle of January for training leading to Flight Surgeon, after which, he hopes to acquire enough experience to entertain us when he returns to Tacoma. God luck, Johnny, we know you can do it.

* * *

Joe Turner has taken the family and himself to Palm Springs for a rest and vacation. Better go back in the Army, Joe, its lots easier these days.

* * *

Jim Fairbourn writes from Camp Carson, Colorado, where his unit is now all trained and ready to go. They had a hurricane there in January, trees and portions of houses sailing through the air made it exciting. He writes that Charlie Larson broke a bone in his head,

correction, his foot, playing basket-ball. Now in a cast. Jim's family has been with him and all is well. Sends regards to all the bunch, here. Thanks, Jim, let us know when you move.

* * *

S. Russ Denzler, formerly of Gig Harbor, has finally succumbed to asthma and moved to Houston, Texas for the duration, at least.

* * *

Bill Norton received his certification from the American Board of Pediatrics in November. Well, Bill, you can put that on ice for the duration, what?

* * *

We hear the Tom Murphy's have gone to California for a rest, the entire trip planned to take eight days. Gosh, they must like train travel, as over half of the time will be spent going and coming.

* * *

Clarence J. Cummings, formerly superintendent of Tacoma General Hospital, died January 28th in a Portland hospital.

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KEEPING FIT

With probably forty per cent of our medical men in the Armed Services now, or to be called within the next year, it is an accepted fact that the burden of caring for the sick and injured at home will be a heavy one for those of us who are not called.

Fortunately much is being done to maintain good living conditions and to reduce sickness and accidents in civil life. Also, we are beginning to educate the public not to expect too much medical attention during these critical times. Nevertheless there is another very important factor for physicians who remain at home to consider, i. e.; are you physically fit to take care

of the increased work that is already beginning to come?

Have you had any kind of a physical examination in the last year or two?

Have you had your blood pressure taken, a metabolism done, a blood chemistry run or other examinations?

If you have not, you may be surprised.

Let us all do the things we recommend for our patients for "keeping fit."

—Bulletin of Jackson County Medical Society.

SMALL TOWN DEFENSE

"There isn't much to be seen in a little town, but what you hear makes up for it."

* * *

RATION TRAINING

Freshwed: "My wife like tea for breakfast, while I like coffee."

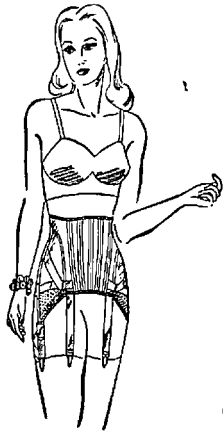
Oldwed: "You'll soon get used to tea."

THE LONG AND SHORT OF IT

And then there's the one about the big heman who went to his doctor for an examination: When it was all over he went home in a great state of exhilaration. Greeting his wife at the door he said: "Whad'ye think, the Doc says I'm a great big hunk of 185 pounds of dynamite."

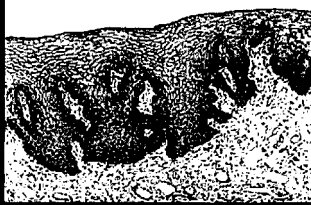
"And," replied the patient wife, "what did he say about the two inch fuse?"

A Camp Maternity a Boon to Expectant Mothers

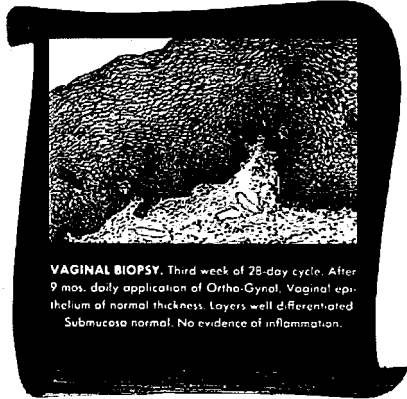


Correct support is necessary before and immediately after childbirth in order to secure comfort for the mother and guard her health and that of the child. Laura Churchill carries a complete line of surgical garments for all the doctor's needs. Belts fitted by experts and rechecked every two weeks.

Churchill's Corset Shop
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VAGINAL BIOPSY. Second week of 28-day cycle.
Shows normal histological characteristics.

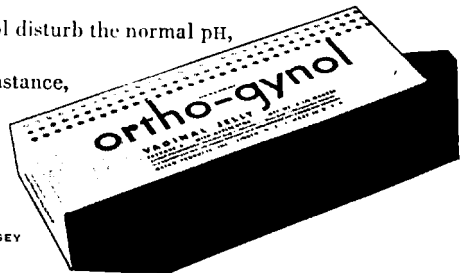


VAGINAL BIOPSY. Third week of 28-day cycle. After 9 mos. daily application of Ortho-Gynol. Vaginal epithelium of normal thickness. Layers well differentiated. Submucosa normal. No evidence of inflammation.

Tissue Tolerability

- Ortho-Gynol is non-irritating and non-toxic in long-continued use.

A recently-completed study involving the daily intravaginal application of Ortho-Gynol in 100 normal women over a period of 6 to 11 months, revealed no irritation in any patient. In no instance did Ortho-Gynol disturb the normal pH, glycogen content or bacterial flora. In every instance, the normal histologic characteristics of the mucosa were maintained.



ATTENDANCE AT MEETING

Fall and winter brings again the return of regular meetings of our Society. The purpose of these meetings is the opportunity to present scientific programs for the benefit of the membership at large. It is important that during such strenuous times of war we take an active interest in the scientific and professional aspect of our society activities. We anticipate a reduction in the number of meetings because of increased difficulty in procuring out-of-town speakers. The program committee will make every effort possible to present the best material available.

I believe it is your moral and professional obligation to attend these meetings and take part in the program. It is somewhat disappointing and a little discouraging to prepare and present a good program to a handful of listeners. I have never attended any scientific presentation where I did not pick up a few valuable aids and thoughts which I could use to advantage in my practice. I feel the program com-

mittee has the selfish right to ask and expect your indulgence and attendance when their program efforts are presented. Continued and persistent lack of interest on your part will only react to lower the standard of the programs which have been on an exceptionally high level the past year.

President's message, Bulletin of Tulsa County Medical Society

MILITARY SUCCESS

"Just fancy that," exclaimed the proud mother. "They've promoted our Herbert for hitting a sergeant. They's made him a court martial."

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Doctors Eat



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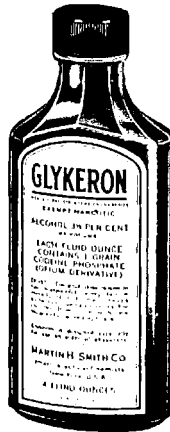
A Bronchial Sedative

Control the cough that weakens your patient.

GLYKERON quickly relieves this distressing symptom because it contains medically approved respiratory sedatives.

Your patients with respiratory affections do better when they sleep better—*without coughing.*

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KEEP IT THAT WAY

More members of the medical profession are going into military service every day. Young doctors just out of medical school, doctors who have barely established themselves in the community, and long-established men who would soon begin to shift the burden of their practice to new partners, are donning uniforms. For the medical men remaining at home, the task will become gigantic. But one and all they are grimly determined that essential medical care will be provided to civilians.

There are many ways in which the layman can help in this medical crisis. He can guard his own physical well being by keeping regular hours and eating and sleeping properly. He can be tolerant if he is kept waiting for an appointment. And he should follow stringently the advice of his physician in order to return himself to full usefulness as soon as possible. These are the tangible ways in which the layman can help the doctor.

In addition, there is a vast intangible aid that we can give our medical men. We can keep in

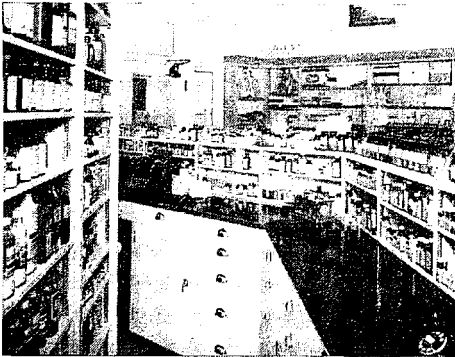
mind the fact that they are a part of the system of private medicine that has doubled the span of life for the ordinary citizen in a comparatively few years. The doctors in the armed forces, just as the ones staying at home, spent years in training and more years interning because competence and efficiency are the very foundation stones of our medical system. There is no taint of "ism" or politics in their blood. The worst disservice we could do them in their absence would be to lend ear to crackpot schemes to inject political control of any form whatsoever into the medical profession. As it stands today, American medicine gives us the best care in the world. Let's keep it that way.—Industrial News Review.

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The BULLETIN

Official Publication - Pierce County Medical Society



VOL. XIII - No. 3

MARCH - 1943

Programs

Medical Arts Auditorium

8:15 P. M.

MARCH 9

Rupture of spleen and kidney - - - Bernard P. Mullen, Seattle

Perthe's disease - - - - - Kenneth W. Douglas

Reports of Nominating Committees

Auditorium — Telephone BRoadway 3166

Tacoma, Washington

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Your Practice - After the War

We have heard some comments from men in the services, asking what would be their prospects of again picking up where they left off, when they return home. In order to ease their minds on this subject, we wish to call their attention to a few facts.

From this city, we have sent more than our quota of doctors to supply military requests. We are assured now, that if the military needs will be ten thousand more doctors during 1943, the State of Washington will not be expected to send any more, at least until other States have filled their quotas, so it is rather unlikely that any more physicians will be drawn from our city.

Until the war is over, most of the recent graduates will be taken as they finish their interne year, which will be shortened to nine months. This source should supply half of the number needed and the other half will come from States which have not filled their quotas. So those who are now here will probably stay.

Now, what are the prospects of those who have gone, when they return? We can see no reason why they can not start right in and keep busy as soon as they wish. There is every reason that the increased population of Tacoma will continue, after this fracas is over. If we expect to feed the starving countries of the world, as our government contemplates, when the war is won, we will still need many more ships to carry supplies to the four corners of the earth and our shipyards will have to continue operation to supply the ships. Also, many of our new industries, such as the aluminum plant and others, will continue to operate after peace is declared and so, the population will not decrease suddenly, after hostilities cease. For that reason, Tacoma will need many more doctors than we have now and there seems to be no reason why the men, now in service, can not come home and have all the practice they wish, immediately. They will have a certain prestige from having served in the military forces, they will have a fresh enthusiasm to give adequate attention to patients who may have been having quite a time to get medical service at all during

Continued on Page 17

Minutes of the Regular Meeting of The Pierce County Medical Society

February 9, 1943

The regular meeting of the Pierce County Medical Society was held in the Medical Arts Auditorium on February 9, 1943, with Dr. Magill in the chair. Minutes of the previous meeting were read and approved.

A case report on the non-surgical treatment of multiple osteomyelitis treated with sulfa drugs was given by Dr. B. N. Ootkin. Dr. Ootkin stated that the diagnosis was made and treatment begun early. Sulfanilamide was given for three days, then sulfathiazole was substituted, 140 grams being given in the next five weeks. Five transfusions were also given. The patient, now, a year and a half afterward, is apparently well.

The following symposium on poliomyelitis was given: Concept of the Kenny treatment, L. E. Powers; Pathologic physiology and treatment, N. E. Magnussen; Hot pack demonstration, Mrs. Fletcher, R. N.; Discussion, B. A. Brown. This symposium was very interesting and enlightening. It is impossible to give a resume of the conclusions. Suffice it to say that all three doctors are very enthusiastic over what they saw and the information they received while at the University of Minnesota taking the special course under Sister Kenny and the professors of the University of Minnesota. Dr. Powers described the concept of the Kenny treatment as given by Sister Kenny. Dr. Magnussen gave a talk on the history of the development of the treatment and the present conception of the physiology and reasons for treatment. Dr. B. A. Brown then opened the discussion, with

emphasis on further details of treatment. Dr. Allison voiced a note of caution about too much enthusiasm for a treatment which had been employed for such a short time. He stated that several leading orthopedic men were not impressed with the value of the treatment.

The applications of Dr. Gerhard A. Drucker and Dr. E. D. McCarty for membership in the society were read.

The following resolution was passed, as presented by the Trustees:

Resolved that Hospital Fund moneys in the hands of the Treasurer be transferred to Dr. L. A. Hopkins, Dr. Hopkins and Dr. Murphy to report to the Trustees each month as to the status of this fund and keep a record of all members paying and the amount paid in, this record to be incorporated in the records of the society at the termination of need for this fund.

Election of Nominating Committees for next year resulted as follows: Ticket No. 1—T. K. Bowles, chairman, V. E. Crowe and B. A. Brown; Ticket No. 2—J. F. Steele, chairman, Fay Nace and W. W. Mattson.

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Shortage of nurses both in hospital floor duty and in special duty has been sharply realized for several months by everyone concerned. The shortage has increased and will surely continue to increase while demands of the war last.

The nursing organization throughout the country is working out a plan to accelerate the training of nurses. One point in the plan, for example, is to avoid repetition of work by students after the principle has been learned. It is hoped that graduate staff work can be "streamlined" by carefully screening out duties heretofore allotted to nurses which might be assumed under supervision by others who have not had nurses training.

As an aid in spreading special nursing service a provision for multiple nursing has long been in effect. In this type of service one nurse can care for two or three patients, depending upon the severity of cases and the distance

between beds. The supposition is that patients can be placed near each other, in the same ward or in adjoining rooms, when this service is desired. In this way three to six nurses would be released for other cases or for other lines of duty if the two or three patients would each have otherwise used twenty-four hour special nursing service.

Doctors may help by requesting multiple nursing in the hospitals and by informing patients of the necessity for its use at this time.

Doctor: Good heavens! Who stuffed that towel in the patient's mouth?

Husband: I did, Doc. You said the main thing was to keep her quiet.—S.P.J., Jr.

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Exhibits—Mrs. Karl Staatz, 3408 North 29th, P ROctor 1550.

At 2:00 p. m. on March 11th, at Weyerhaeuser Hall, Dr. B. A. Brown will speak to the Auxiliary and to the Health Department of the Y. W. C. A. on "The Kenny Treatment of Poliomyelitis."

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Ye Editor Speaks

There were once four men who went on an extended hunting trip. They chose, by lot, one of their number, to be cook. He was to continue as cook as long as he proved satisfactory. When one of the others complained of the cooking the complainant was to be installed as cook himself. Getting tired of the job, the cook one day mixed some kerosene with the breakfast cereal. The first man to take a mouthful, spit it out, exclaiming "What blankety-blank so-and-so put this stuff in the mush?" Recollecting the penalty for complaints, however, he quickly added, "But Gosh, its good and I like it."

For the time being, we are the cook on this Bulletin job. Recently, we have had a few criticisms of some of our publications. In our own defense, we can say that the jokes in the last issue, the best ones, were lifted bodily from the Lake County Medical News, of Lake County, Indiana, one of the brightest and best of our contemporary medical society monthlies. We herewith give Lake County due credit for the items we used, which we thought gave a dash of spice to what might otherwise have been a rather stodgy issue. Our critic mentioned specifically that it might give offense to the Auxili-

ary members, to which we replied that we had never had any evidence that the women read the Bulletin, anyway.

Many years ago, William Gillette, talented actor, appeared in a famous play, "Secret Service," dealing with Union spies in the Civil War. In one scene, there was a telegrapher, sending out messages. To give realism to these clickings of the sending instrument, a real telegrapher was hired. Thinking no one in the audience understood the Morse code, the telegrapher used to amuse himself by sending all sorts of messages and was finally fired when some other telegrapher in the audience translated the message. He was sending out, "Is there any bum out there that wants this job. Its lousy and you can have it."

We are now sending out the telegrapher's message in English, instead of Morse, so no one may fail to understand our meaning.

Important Notice!

The Medical Bureau, which collects our accounts for work we do for the Old Age Assistance program, is sending out a notice to all participants to have their bills for work done, up to and including the last of March, sent in to the Bureau by April 1st, otherwise payment may be deferred for two years. This to comply with a ruling by the State Auditor, who has to close his books for the biennium by April 30th. Better read the Bureau's letter and comply.

GENEALOGY

She: "Sir, do you realize to whom you are speaking? I am the daughter of an English peer."

He: "That's O.K., sister. I'm the son of an American doc."

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Duties of U. S. Citizens Defense Corps in Gas Defense

A program for civilian protection against gas is being rapidly developed by the Medical Division of the Office of Civilian Defense. Courses have been presented for physicians selected from the faculties of medical schools to be trained as instructors in the medical aspects of chemical warfare. Arrangements are now being made for the presentation of courses by these instructors in their own medical schools.

Training for non-medical personnel is provided in Gas Specialist Courses which since early December have been presented monthly at War Department Civilian Protection Schools. These schools are located at Amherst College, Amherst, Massachusetts; Purdue University, Lafayette, Indiana; Loyola University, New Orleans; Occidental College, Los Angeles, California; Stanford University, Palo Alto, California, and the University of Washington, Seattle, Washington.

The Gas Protection Service of the U. S. Citizens Defense Corps has been organized as follows: The Medical Division of the Office of Civilian Defense has a Gas Protection Section responsible for organization and training for gas defense. This section functions through the nine Civilian Defense Regions, which are coterminous with the Service Commands of the U. S. Army. Regional Gas Officers have been designated for several of the coastal Regions to supervise and assist the State Gas Consultants and the Senior Gas Officers of defense councils in the organization of State and local programs. The Senior Gas Officer trains Gas Reconnaissance Agents who serve in each zone of the city. These men are responsible for the indenti-

fication of the agent, the collection of samples, the prevention of casualties, the delimiting of gassed areas, and for cooperation with the Emergency Medical Service, the Health Department and other agencies concerned in protection against gas.

Instructions to members of the U. S. Citizens Defense Corps on their duties in gas defense have been issued by the U. S. Office of Civilian Defense in Operations Letter No. 104 (Supplement 3 to Operations Letter No. 42), dated January 11.

The duties to be performed before, during and after gas attacks are outlined for the following individuals and groups: State Gas Consultant, Senior Gas Officer, Assistant Gas Officers, Gas Reconnaissance Agents, Laundry Officer, Commander of the Citizens Defense Corps, Incident Officer, Air Raid Wardens, Police Services, Fire Services, Emergency Medical Service, local Health Department, Public Works, Public Utilities, Transportation Services and Emergency Welfare Services.

For the Emergency Medical Service the duties are set forth as follows:
Duties before gas attack:

1. Plan with assistance of Senior Gas Officer for the establishment of gas cleansing stations for cleansing gassed patients with other injuries and for cleansing of civilian protection personnel. Each hospital of 150 beds or more should be provided with a cleansing station. Cleansing stations should be available in the ratio of one per 50,000 population and should be located at smaller hospitals or casualty stations where 150-bed hospitals are not available in this ratio.
2. Recruit, train, and assign personnel to gas cleansing stations for cleansing services.
3. Provide instruction, in cooperation with the Senior Gas Officer, for general public and civilian protection personnel in self-protection and self-cleansing (Operations Letter 46).
4. Provide for instruction of physicians in diagnosis and treatment of chemical casualties.
5. Assist hospitals in planning for handling of gas casualties.
6. Assure adequate distribution of protective clothing and gas masks and other protective equipment to members of mobile medical teams and train personnel in their use.

Continued on page 13

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DUTIES OF U. S. CITIZENS DEFENSE CORPS IN GAS DEFENSE

Continued from page 11

7. Make provision for training drivers of ambulances and sitting case cars in protection of their equipment against liquid-gas contamination; inform them of arrangements for vehicle decontamination by Emergency Public Works Service.

8. Arrange for the protection from contamination of the equipment used to transport contaminated casualties insofar as it is possible.

Duties during gas attack:

1. Upon advice of the Senior Gas Officer and under the orders of the Commander, man the gas cleansing stations.

2. Advise other services of the U. S. Citizens Defense Corps in regard to first-aid cleansing of their personnel.

3. Assign a mobile medical team to gas cleansing stations for first aid.

Duties after gas attack:

1. Evaluate the effectiveness of the cleansing procedures which have been used.

2. Provide follow-up treatment of patients.

3. Prepare inventory of protective equipment available for use in future attacks and obtain additional equipment as necessary.

4. Cleanse bodies of the dead to facilitate identification.

Important functions assigned to the health department in the local program of gas defense are as follows:

Duties before gas attack:

1. Provide for analyses for war gases in samples of food and water. These tests may be performed in a local health department if laboratory facilities are adequate. In such case it is desirable to utilize the same laboratory facilities for the analysis for war gases of air and other materials. Where laboratory facilities other than those of the local health department are more suitable for use in the analysis of war gases, arrangements should be made by the local health department for the analysis of samples of water and food.

2. Advise the Senior Gas Officer regarding

Continued on page 15

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Exigency of War

OLEUM PERCOMORPHUM 50% is now known as Oleum Percomorphum 50% with Viosterol. This product consists of the liver oils of percomorph fishes, viosterol, and fish liver oils, a source of vitamins A and D in

which not less than 50% of the vitamin content is derived from the liver oils of percomorph fishes (principally *Xiphias gladius*, *Pneumatophorus diego*, *Thunnus thynnus*, *Stereolepis gigas* and closely allied species).

In compliance with War Production Board Order L-40, to conserve vitamin A supplies during war-

time, capsules of Mead's Oleum Percomorphum 50% With Viosterol now contain 83 mg. of oil, equivalent to 5,000 vitamin A units and 700 vitamin D units per capsule.

The new size capsule is now supplied in boxes containing 48 and 192 capsules—about twice the number of capsules without increase in price to the patient.

Contrary to rumors, the potency remains the same; namely 60,000 vitamin A units and 8,500 vitamin D units per gram.

MEAD JOHNSON & CO., EVANSVILLE, IND., U.S.A.

DUTIES OF U. S. CITIZENS DEFENSE CORPS IN GAS DEFENSE

Continued from page 13

the nature of instructions to the public concerning precautions to be taken in the event of water-supply contamination. Such instructions are to be promulgated by the health officer.

3. Cooperate with waterworks officials in planning for the protection and decontamination of the water supply.

Duties during gas attack:

1. Collect samples of food and water for laboratory analysis if contamination is suspected.

2. Inform the public regarding contamination of food and water supplies, including recommendations in regard to self-protection.

Duties after gas attack:

1. Decontaminate, destroy, or otherwise provide for the handling and disposal of contaminated food supplies.

2. Assist the waterworks in the treatment of contaminated water supplies.

3. Advise the Senior Gas Officer in regard to the safety of the public water and food sup-

plies and inform the public regarding contamination of such supplies, and methods of dealing with it.

4. Obtain reports of analyses of samples of water or food and take appropriate action. Save specimens of contaminated water and food for transmission whenever necessary to a Chemical Warfare Service or other laboratory, by the Senior Gas Officer.

Gas masks are now being distributed to the personnel of the protective services. As a guide to local distribution and care of masks, the U. S. Office of Civilian Defense issued Operations Letter No. 106, January 20.

It is recommended that masks be distributed among the protective services of the U. S. Citizens Defense Corps in approximately the following proportions: Staff, 12.5 per cent; Fire Service, 10.5; Police Service 18.5; Air Raid Warden Service, 30; Rescue Service, 1.5; Medical Service, 12.5; Public Works, 9; and Public Utilities, 5.5.

Masks should be kept at the post where the

Continued on page 16

Looking Back . . . with Satisfaction

All too often one looks back many years to one particularly dark day. This memory can be made lovelier, more tender, through the knowledge that the final tribute was as beautiful as it could be made.



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DUTIES OF U. S. CITIZENS DEFENSE CORPS IN GAS DEFENSE

Continued from page 15

protective personnel will assemble during drills or enemy action, not carried by them during their daily activities, the Operations Letter advises. It is recommended also that about 20 per cent of the masks allocated to each service be stored as a reserve. It is important that the reserves be decentralized as a safeguard against destruction by fire or bombing and also to permit rapid distribution in case of an emergency.

The directive points out that since valuable and critical materials are used in the manufacture of gas masks, the utmost care must be exercised in the handling, distribution and storage. No person should receive a mask until he has been trained in its use and care, including proper storage, it is advised.

Storage must be in a cool, dry place and masks should be kept from contact with sunlight, oils and corrosive liquids and vapors. After use, masks should not be worn by another individual without proper sterilization,

instructions for which are given in the OCD publication "Protection Against Gas."

Repair of masks is not to be attempted locally except in case of extreme necessity, the Operations Letter states. Broken and defective masks or those with exhausted canisters should be collected by the local Property Officer and returned to OCD Supply Depots for repair and replacement.

News Items - At Home and Abroad

The Joe Turners have returned from a vacation at Palm Springs and way points, Joe showing a moderate amount of that expensive tan one acquires there. Now, all he will have to do will be to work twice as hard, to catch up.

What do you know? The McCreery's are also contemplating a California trip, *both* of them at the same time. This will be the first time in ages that Tacoma will be without a McCreery.

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...Protection Against Gas"
...is not to be attempted
...in case of extreme necessity
...Letter states. Broken and de
...with exhausted cans
...by the Local Property Office
...OCD Supply Depot for rep...

Your Practice - After the War

Continued from page two

this shortage and with the high income levels of people generally, will have no difficulty in making collections. So it seems to us that any returned service doctor can be very busy right from the start and in a month or two, be as firmly established as he was, when he left. Those who have gone are the younger men, and their return to practice will give a transfusion of new life to medical practice, society affairs, etc., which now tend to lag, due to the press of increased work and lack of time. As you have been informed, the Medical Society has voted to have but one meeting a month for the duration, due to falling off in attendance and lack of interest. So when your country no longer needs you, those of us here will say to you, "Come and get it. We're tired and need a vacation." No fear, you'll have plenty to do.

A convalescent is a patient who is still alive.

Communicable Diseases

February 1 to February 26, 1943

Chickenpox	35
Diphtheria	4
Measles, German	3
Measles, Red	168
Meningitis	5
Mumps	84
Scarlet Fever	1
Chancroid	2
Gonorrhoea	12
Syphilis	35

There have been twelve cases of various types of meningitis occurring within the City Limits since January 1st, 1943. Seven of the twelve were meningococcus meningitis, with one death; two were pneumococcus meningitis, with one death; one staphylococcus meningitis, still living; one streptococcus meningitis, died; one tuberculous meningitis, died.

There have been seven cases of diphtheria since the first of the year within the City Limits, with no deaths.

News Items - At Home and Abroad

The Die Turners have returned from
...in Palm Springs and was p
...a moderate amount of this
...the requires there. Now, all be
...to work twice as hard, to
...The McGees
...a California sp
...at the same time. This will be
...ages that Tacoma will be with

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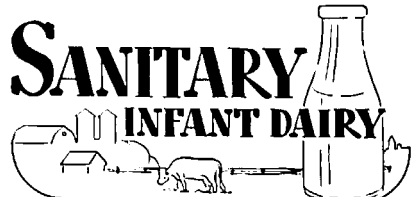


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News Items - At Home and Abroad

Charlie Pascoe too, has the yen for some California sunshine and is hoping he can get away to Laguna Beach for a few weeks. No definite time set yet.

George Moosey has been shifted to the Fleet Marine Force at San Diego. Now it comes out why he has been practicing with all kinds of shooting-irons. When you're in the Marines you have to know how to do a lot of things, all of them tough.

Homer Humiston finally sailed from San Francisco for some unknown destination thereby missing a dinner engagement with Joe Turner, who was there at the time.

Bob Brooke is still attached to Fort Lewis and the golf course, for which he seems to have plenty of time. Patience, Bob, they'll get you somewhere where you can duck bullets instead of golf-balls yet.

Like most of the medics, Bert Hillis is overworked. Asked if he was going to plant any

vegetables instead of flowers this year, Bert said he wouldn't even have time to sow any wild oats. Tck! Tck!

We have seen a letter from the irrepressible Chris Reynolds, lamenting the rationing of hardware. It makes a good story but we can't finish it here. Chris is still at Alamogordo.

The Seattle Surgical Society and the Puget Sound Surgical Society combined their efforts to put on a very fine program of papers and clinics on Saturday February 27th. Guest speaker was Gene Rockey of Portland, who is now Clinical Professor of Surgery at University of Oregon Medical School. Attendance from Tacoma was as good as the times would permit.

Bill Mattson wants all of you to encourage our Bulletin advertisers by buying something from them and mentioning seeing their advertisements in the Bulletin. Bill will have to renew contracts soon and may need some ammunition. Give the lad a hand.

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News Items - At Home and Abroad

You fellows in the military are missing some notable events here at home. The annual policemen's ball will be held on March 10th. If any of us have not been "seen" and sold tickets, we don't know who it might be. This year the tickets cost two dollars, so you can't get out for any less. March fifteenth, of course, will be income tax day. In the meantime, the Red Cross is campaigning for \$194,000, the Annie Wright Seminary needs \$25,000 more to save it from the mortgage-holders and war bonds are on the "must" list every month. If we have a dollar left we can buy what our Ration Books say is available, perhaps. No wonder everybody is planting vegetables. Well, we have an extra pair of shoes and are hoarding a case of canned salmon in the basement.

Al Ehrlich has been moved away from where Les Baskin is stationed, somewhere in Alaska, which leaves us as much in the dark about their whereabouts as before. Les is enthusiastic about the fine bunch of fellows he is with, mostly

air-men and their ground crews. We suspect these two lads are approaching Tokyo, island by island. Give our regards to Hirohito, Les, when you get there. You know, right in the puss.

Scott Jones has been transferred to Pasadena and is now Surgeon of the Southern California Sector, with offices in the swanky Hotel Huntington. He inspects installations from Santa Barbara to the Mexican border, naturally being on the go most of the time. He gets to see a lot of the California scenery but laments that he is getting to be more of a "paper" soldier than a practitioner of medicine. Sends regards to all the boys. Thanks, Scott, keep us posted about your part of the war.

One day in February, there were eighteen babies delivered in Tacoma General alone. This crop seems to be on the increase.

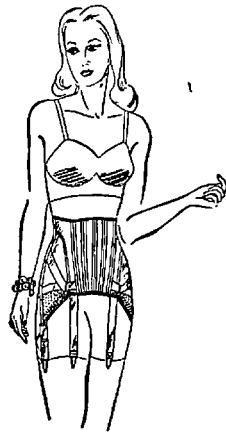
January 27th, Lieut. John R. Flynn, U.S. N.R. was married to Miss Patricia Phillips, of Olympia, in the Joan of Arc Chapel, Las Vegas, New Mexico.

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patients
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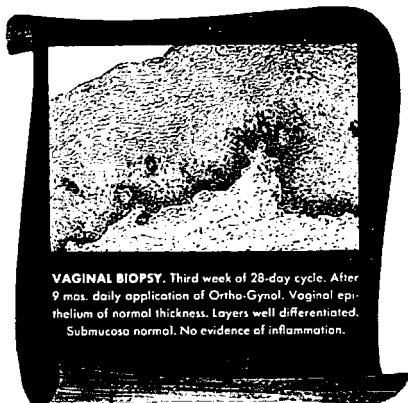
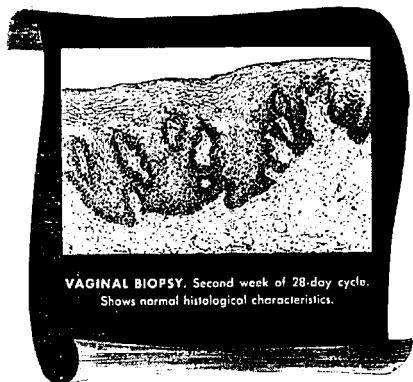
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A Camp Maternity a Boon to Expectant Mothers



Correct support is necessary before and immediately after childbirth in order to secure comfort for the mother and guard her health and that of the child. Laura Churchill carries a complete line of surgical garments for all the doctor's needs. Belts fitted by experts and rechecked every two weeks.

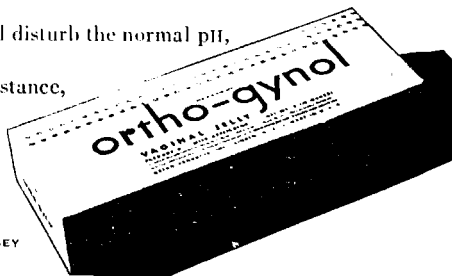
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News Items - At Home and Abroad

The American College of Surgeons, in lieu of its annual meeting, has arranged a schedule of twenty War Sessions, to be held at various parts of the country, so attendance will not be impeded by the gas and rubber shortage. For the western part of the country, the dates will be April 9, at Salt Lake, the 13th at Los Angeles, the 16th at San Francisco and the 20th at Seattle. Each session will be an all-day program, from 9 a. m. to 10 p. m., including luncheon and dinner conferences. The program is heavily loaded with war medicine and will undoubtedly appeal to service men particularly.

Just as we go to press, here comes a V-mail letter from Jess Read from North Africa. Very newsy and cheerful. He's living in a tent, doing surgery in some kind of hospital, glad to get some cigarettes, candy and gum occasionally, so it is quite likely he is living under rather primitive conditions. The country is like California and Jess finds that his high-school French is standing him in good stead. He is apparently

standing up to his job like a good soldier, enjoying his work and the novel experience, without any whining about the conditions under which he has to live. Thanks for the letter, Jess. Let us hear from you again. Gosh, how we'd like to be over there, with you.

The doctor stood by the bedside, and looked gravely down at the sick man.

"I can not hide from you the fact that you are very ill," he said. "Is there any one you would like to see?"

"Yes," said the sufferer faintly.

"Who it it?"

"Another doctor."

* * *

Two London shop girls ducked into a doorway just in time to escape a shower of bomb fragments.

"Ain't it terrible, Mazie," observed one, "about this bombing? Y' never know when one of 'em is going to blow you into maternity!"

"And in this blackout," agreed the other, "you'd never know who done it!"—*Bull. Des Moines Acad. of Med.*



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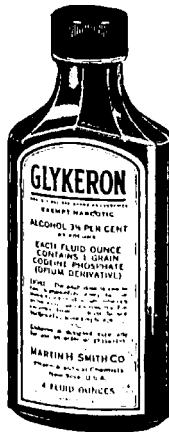
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Literature on request

FEBRUARY LOVE

A 13-year-old negro girl was admitted to obstetrics in active labor. While taking her history, the interne asked whether she was married. To this she promptly replied, "Oh, no sir. I'm too young to be married."—(Submitted by A.O.B., New York City.)

* * *

The dumb rookie was up against the doctor who was asking questions:

Doctor: "How are your bowels?"

Rookie: "They didn't issue me none."

Doctor: "I mean are you constipated?"

Rookie: "Naw, I enlisted."

Doctor (exasperated): "What's the matter with you? Don't you know the King's English?"

Rookie: "Oh! Is he?"

* * *

Mother: "You know, darling, Ruth is 15 years old now—so today I had a frank talk with her about the facts of life."

Father: "Well, did you learn anything?"—
Med. World.

CONCERNING SECOND FRONTS

A patient, following admittance to a hospital, underwent a unilateral radical mastectomy. She took the operation with very good grace and accepted the daily dressing of her wound without a complaint.

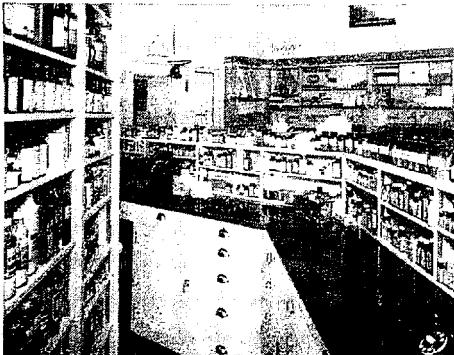
One day the doctor found her deeply engrossed in the morning paper. She looked up with a knowing smile and said, "You know what, Doctor? I'm just like Stalin. I need a second front."—(Submitted by M.D., Philadelphia, Pa.)

* * *

Young man: "Good morning, Doc! I just dropped in to tell you how greatly I benefitted from your treatment."

Doctor: "But I don't remember you. You're not one of my patients."

Young man: "I know, but my uncle was, and I'm his heir."—(Submitted by Mrs. Ruth Oscherwitz, Duncan, Okla.)



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The BULLETIN

Official Publication - Pierce County Medical Society



VOL. XIII - No. 4

APRIL - 1943

Programs

Medical Arts Auditorium
8:15 P. M.

APRIL 13

- Management of injuries of the hand.....Dr. William B. Hutchinson, Seattle
- DiscussionDr. Homer Dudley, Seattle
- Industrial hygieneCapt. L. M. Farner, M. D.
U. S. Public Health Service
- Industrial surgeryDr. Horace J. Whitacre
State Department of Labor and Industry

Election of Officers

Auditorium — Telephone BRoadway 3166
Tacoma, Washington

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One of Our Boys Comes Home

In the Solomon Islands, the Navy has been doing heroic deeds. The toll of Jap ships, planes and men has been large and satisfactory. The little brown men have learned that we have striking power and are not afraid to risk battle at any time. We had losses, at first, but of late, all the sea actions have been to our credit. This is because the Navy has been ready and anxious to engage the enemy wherever and whenever possible. Every man has been imbued with this spirit which, to him, seems the natural thing to do. Amid the thick of it all, for the past year, has been Lieutenant-Commander Lawrence Joers, who has been having a short leave, while his ship prepares to go back and help finish the job. At our last society meeting, Larry gave us a somewhat sketchy account of some of his experiences, all of which, was most interesting. One may judge how close he was to the fighting when we learn that out of his staff of one assistant doctor and eleven corps men, four of the corps men and the assistant doctor were killed.

At one time, watching the attacks on his ship by Japanese aviators, he was spell-bound by one dive-bomber which neared the ship in spite of a hail of shot from every sort of gun. As it seemed the Jap was going to land his load right on the ship at last, one of our fighter-planes dove and riddled him, sending him plunging into the sea. Larry says he was so intensely excited seeing all this that when the Jap finally plunged to his watery doom, he found himself with a sailor's head in each hand, shouting, "We got him. We got him," and knocking the lads' heads together. His description of night battles, seeing the bright blast of the Jap big guns, fifteen miles away and then being able to note the course of the big shells, red hot, coming towards his ship, the noise increasing as the shell came nearer, the relief as it passed over them, was certainly dramatic. At another time, he had been standing up in the bow of the ship for some time, during action, when a sailor called to his attention, a Jap shell which had penetrated the ship's structure sufficiently to be imbedded there but which had proved a dud. Had this shall exploded when it hit, Larry would undoubtedly have been blown to bits by it.

The foregoing experiences we had to worm out of him. He talked to the society entirely about medical matters. During action, of course, the medical staff are kept busy, caring for the

Continued on Page 23

One of Our Boys Comes Home

In the Solomon Islands, the Navy is fighting fierce battles. The toll of Jap ships and men has been large and satisfactory. The brown men have learned that remaining power and are not afraid to resist. We had losses, at first, but the sea actions have been to our credit. Because the Navy has been ready and aggressive the enemy wherever and whenever. Every man has been imbued with a sense of duty. It seems the current of the time is the check of it all. For the past year, Lieutenant-Commander Larry has been having a short illness. He prepares to go back and help in the last society meeting. Larry has a somewhat sketchy account of some experiences, all of which, was most interesting. How close he was to the enemy. He was star out of his suit and uniform. He and eleven corps men and a corps man and the assistant doctor

Minutes of the Regular Meeting of The Pierce County Medical Society

March 9, 1943

The regular meeting of the Pierce County Medical Society was held in the Medical Arts Auditorium on March 9, 1943, with Dr. Clyde Magill in the chair. Minutes of the last meeting were read and corrected.

Dr. Bernard P. Mullen, of Seattle, gave a case report of rupture of the spleen and left kidney in a seventeen year old boy, which occurred in a sled accident. This case was marked by severe hemorrhage and recovery was attributed to the quick use of intravenous plasma and removal of the spleen and kidney. Within the first three days 750 c.c. of blood plasma, 750 c.c. of whole blood and 2000 c.c. of glucose was given intravenously. Discussion was by Dr. John Steele and Dr. Charles Engels.

Dr. Kenneth W. Douglas gave a review of the work of Schaefer and Purcell in regard to etiology and treatment of Perthe's disease and associated conditions. These were classified under the heading of osteochondreal hypothyroidism and the treatment by the use of thyroid extract. Dr. Douglas then reported three cases which he and Dr. Nelsen had treated with thyroid extract, all of whom were apparently well in six months. Pain and symptoms had all improved within two months. These were all treated ambulatorily. The paper was discussed by Drs. M. T. Nelsen, H. J. Whitacre, S. S. Sanderson, Bernard Mullen, R. D. Wright and T. H. Duerfeldt.

The following tickets were announced by the two Nominating Committees:

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- President-elect J. F. Steele
- Vice President S. E. Light
- Secretary-Treasurer W. B. Penney
- Trustees B. A. Brown, R. D. Wright, L. A. Hopkins, A. L. Schultz
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- Alternate for Dr. Mattson S. M. MacLean
- Alternate for Dr. McCreery E. W. Janes
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- Alternate for Dr. McCreery C. F. Engels
- Alternate for Dr. Buis R. D. Wright
- Alternate for Dr. Janes C. V. Lundvick
- Alternate for Dr. MacLean E. W. Hanson
- Business Bureau Trustees—W. B. McCreery, L. A. Hopkins, Clyde Magill, R. J. Robertson.

Dr. L. E. C. Joers, who was home for a brief visit, gave a very interesting talk on his experiences in the navy.

The question of an annual meeting, to be held with a dinner in May, was considered. This was left to the Entertainment Committee for a report on the feasibility.

Dr. A. L. Schultz presented the following resolution:

RESOLVED that for the present war emergency duration the Pierce County Medical Society elect associates members only, permanent members to be considered at such time in the future as the present emergency is over.

The above resolution would necessitate a change in the by-laws and is not in proper form for such change. It has been referred back to Dr. Schultz, to be presented in proper form if he so desires.

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Continued on Page 23

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Frank Maddison writes from Hammond General Hospital

The following is an extract from a letter from Frank Maddison, who is at Hammond General Hospital at Modesto:

"I have an excellent service down here. I don't believe I have seen so much congenital heart disease in my life, all kinds of rheumatic hearts, coarctation of the aorta I have turned up twice, Addison's disease, myasthenia gravis, diabetes insipidus, periarteritis nodosa, to mention some of the things.

"I do all the consultation service for the general medical section besides being Section Chief for the cardiovascular section. This all keeps me pretty busy and I do a lot of night work to keep caught up. So at least we aren't all loafing in the army.

"Last month I read 188 electrocardiographs and had 96 consultations out of my own service. I take care of four wards, which have approximately 35 patients to a ward, and have only one assistant, a first lieutenant.

"Best regards to Treacy and the rest of the bunch."

THE STAKE OF MEDICINE

The STAKE of medicine in this war is clear. We know that the democracy in which science and medicine can flourish is at stake. This supreme fact must guide all our actions. We know that by far the greatest disaster would be the victory of those world forces which have shown themselves to be antagonistic to all that is embodied in science and social welfare.

It has become clear that the social and economic organizations of the world will undergo deep changes. If democracy is victorious then medicine will reach greater heights scientifically and socially, than have ever yet been obtained.

So—it is imperative that we meet regularly each month because of rapidly changing conditions and it is equally imperative that each member make an effort to attend every meeting. There must be a doubling of effort in our County Society as well as in practice. Let it not be said of any member that he failed to attend his County Society meeting during this critical period of our history. United we stand!"

—Gloucester County Medical Bulletin.

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The monthly meeting and luncheon at the Dalhelm featured an address on "Junior Delinquency" by Howard R. Goad, superintendent of City Schools and a report on "Cancer Control" by Mrs. Cliff Halvorsen.

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Carroll Carlson Writes from Station Hospital, Biggs Field, Texas

"I am Chief of the Neuro-Psychiatric Service in a 300 bed Station Hospital that is being rapidly expanded. The Air Force cannot have a general hospital due to some regulation or other, so they are enlarging some station hospitals to serve the purpose but to avoid the name. I have a ward with 25 beds which is kept full of neurologic patients. So far I have had no psychotic patients. When I am fortunate I have an assistant but doctors come and go so fast I never know. In this ward I have worked out a new system whereby they are treated sufficiently to return to duty, but not sufficient to satisfy my civilian psychiatric conscience. At any rate the system I worked out practically operates by itself which is almost a necessity for I have too many other duties.

"By far the largest and most interesting of my duties are psychiatric examination and treatment of flying personnel with phobias of one kind or another. All of these boys are intelligent and good psychiatric material. At the moment I am engaged in some research of these lads that keeps me well occupied.

"Among my duties are: Member of the Re-classification Board, Member of the C.D.D. Board, Star witness for every Section VIII board, and member of a semi-permanent special court-martial. In addition to that every afternoon

from 3:30 to 6:00 I am forced to indulge in physical training of one sort or another; from 6:00 at night until 8:00 the next morning my time is my own.

"This area has two things to recommend it: the continually clear blue skies and sunshine and the city of Juarez, Mexico. The latter is the one bright spot of this station—bars, night clubs and above all a free and easy typical Mexican spirit. Dolores and I are pretty well acquainted over there by this time, know most of the head waiters by their first names and all of the good bar tenders. It has its practical aspects too for there is no shortage of food across the river and an excellent meal with metropolitan service can be had for a dollar.

"All in all we are finding life very delightful. Our Medical Staff varies from 14 to 30. The key men, those who are slated to remain here longer, are from all parts of the country and are a very congenial group. As a matter of fact our Hospital practically runs by itself. I understand that most of us who are key personnel will go to Randolph in the near future but they will refuse to make us Flight Surgeons, will instead keep us in a base air force hospital. Frankly I am delighted with my work; have learned a great deal and believe I will come out of the Army a much better informed and capable psychiatrist.

"Sincerely, Carroll."

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Homer Humiston Sends Greetings from Abroad by V-Mail

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Fordyce Johnson Sends News of McCaw General Hospital at Walla Walla

"Each time the Bulletin comes I read it through with increased interest and wish to let you know my appreciation in being able to receive the magazine. It is interesting to know what is happening both at home and to the rest of the boys in uniforms scattered throughout the world and this seems to be the only place in which I, and I am sure other men in the service, can get a comprehensive summary of what is happening.

"Since I last wrote you I have been transferred from Barnes General Hospital to McCaw General Hospital at Walla Walla, Washington. This is not a big jump yet it takes me a little farther from home and makes it impossible for me to make an occasional short trip to Tacoma.

"McCaw is the new base hospital just being completed with a capacity of 1,500 beds. It is just being equipped and as a result there is considerable that must be done. I wish that some of the men who may speak of hardships could be placed in some of these institutions which are just being organized. There are no beds, we need blankets and even as simple a thing as a tonsillectomy is held up due to shortage of supplies. Requisitions are sent in and you wait for weeks at times hoping that some of the things that you find essential may arrive. The living quarters are single story buildings partitioned off with one partition of plaster board separating you from the next room. Two by fours are your decorations on the other three walls. The furniture in the room consists of one bed and a chair. Any additional equipment you have such as a waste basket, and incidently we have been using paper boxes for waste baskets, tables, lamps and other essential things, are only obtained by going down town and purchasing them yourself. The hospital is about a mile from the center of town where officers and men may go when they are not confined to the post on tour of duty which means a thirty-six hour stretch approximately every other day. The men at McCaw come from New York, Philadelphia, Chicago and points

east. One or two from Texas and several from California.

"When I left Vancouver, Washington, Bill Goering was still stationed there, however Forrest Monzingo had just received orders to report to the First Auxiliary Surgical Unit in Texas. He will probably see overseas action.

"My station at McCaw is an appointment and will be for a definite period unless there is a change made in the personnel, so you may hear from me from McCaw in the future.

Fordyce Johnson, Capt. MC."

Communicable Diseases

March 1 to March 31, 1943

Chickenpox	42
Diphtheria	1
Measles, German	22
Measles	74
Mumps	80
Scarlet Fever	6
Chancroid	1
Gonorrhoea	17
Syphilis	41
Whooping cough	2
Tuberculosis	2

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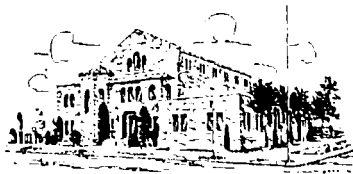
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Personal Notes on The Home Front

Charles and Will McCreery have returned from their trip to San Francisco, being away only ten days. Will visited with his son, Will, Jr., who is now a sophomore in pre-med at Stanford. Charlie was also very circumspect, in spite of reports to the contrary.

This year's Legislature has passed a bill, making it unnecessary for doctors in military service to pay their annual license fee, this to be in force for six months after they receive an honorable discharge. Big-hearted bunch, what? Imagine our lads in Africa or the Solomons caring a damn about whether they are licensed here or not, at a time like this. Well, it's a fine gesture, anyway.

Jack Gullikson and Cy Lundvick have also been "resting" at Palm Springs for a short vacation. We wonder what this "resting" is. Seems to be an epidemic of it lately. Well, they all come back with a High-yaller tan, anyway.

Ralph Schaeffer plans a California trip, leaving April 10th.

Richard B. Link, now a major, is about all that is left of the original bunch at Fort Worden, caring for the Coast Artillery troops. We had a newsy letter from him recently. Thanks, Dick, come again.

Leo Scheckner has opened offices in the Washington Building. He is willing to make night calls. As soon as this news gets around, he should have plenty of them.

We are flattered to have the Library of the Surgeon General's Office ask to be put on our mailing list. Do you suppose they are snooping to see if we have any more possible inductees left among us?

During March, a number of doctors, the editor among them, were given an exam at Tacoma General for possible service in the USPHS forces. Chest X-rays, Wassermanns, blood counts and everything. Jack Steele, Pat Crowe, Treacy Duerfeldt, Chris Quevli, Tom Murphy and other flotasm and jetsam, all put through the mill. No inductions to date.

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Personal Notes on The Home Front

We are in receipt of the following:

Dear Editor—Now that the doctors are so busy, a new problem arises, Telephone! People call and want a prescription and proceed to tell you all their symptoms. To give one over the telephone is dangerous, especially to prescribe the sulpha drugs but what are you going to do? Are you going to give your valuable time during office hours to diagnose and prescribe over the phone? Are you going to give precious minutes of your time at home to do it? Should a charge be made to discourage it? I wish the doctors would discuss and come to some agreement about what should be done, for its a problem every doctor is facing daily.

Sincerely, Office Nurse.

We confess we are stumped. No glib remedy springs ready-made to our lips. Now if we only had this young lady's name, (and possibly a late photograph) we might go into the process of working out an answer to this distressing problem. We have given advice, in the past, to the lovelorn but not yet to the over-worked.

The Entertainment Committee is dubious about having the annual dinner in May, unless they can buy a horse.

Dr. Nelsen has resigned as chairman of the State Horse Racing Commission.

Dr. Janes acquired temporary fame attending Paul Robeson during his illness while in Tacoma.

The Lawrence McNerthney's take advantage of Dr. Will's return to practice by taking a vacation of several weeks in California.

Dr. Herrmann has returned from a trip which included a visit in St. Louis with his brother and nephew, who is interning prior to entering the army. Mornings were spent at the Barnes Hospital attending surgical clinics. Dr. Herrmann then joined Mrs. Herrmann, who accompanied him as far as Chicago, where he visited the Illinois Research Hospital, which he describes as being ideal in the way of equipment and offering wonderful opportunities in neurosurgery and neurodiagnosis. While there he spent time with Dr. J. R. Green, a son-in-law of Dr. Hillis, who is a resident at the hospital. After crossing the mountains the Herrmanns encountered snow all the way and are delighted to get back to the green Puget Sound country.

Looking Back . . . with Satisfaction

All too often one looks back many years to one particularly dark day. This memory can be made lovelier, more tender, through the knowledge that the final tribute was as beautiful as it could be made.



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THE ARMY DOCTOR—A Tribute

By MR. DAMON RUNYON

One of the least publicized, yet surely one of the most valuable of all soldiers in time of war is the army doctor.

His role lacks the dramatic flourish of the combatants yet without the doctor the fighting men would be out of luck. My remarks also apply, of course, to the navy doctor.

Few realize, perhaps, that this war calls for thousands of doctors. They must be men thoroughly qualified in their profession which as you know takes years to learn. Almost any man can be made into a soldier or sailor with a little instruction but a doctor is developed only after long study and practice.

And the irony of military or naval service to a doctor is the fact that he becomes useful for that purpose just about as he has established himself in private practice and is commencing to make a living.

Our armed forces require many medical men of experience and of considerable physical activity.

That kind are usually men who are verging upon the recognition and success in their chosen fields to which their long preparation entitled them.

It has been my observation that the average service doctor makes a greater sacrifice of opportunity on joining up than the member of any other class of professional men.

I must say I have never heard a service doctor complain on this particular point.

In war the doctor's service is nearly always extremely hazardous.

In sea battle, his risk is exactly that of every other man aboard his ship with the difference that he must remain calmest of all.

On land he often has to perform his delicate work close behind the fighting lines with the wounded coming into the dressing station by the hundreds.

There, too, the doctor must preserve the poise of the hospital operating room, must function with unflinching hand.

I have seen the medicos in the field with the shells falling around them and confusion everywhere except in their immediate presence and I have marvelled at their calm. I call it bravery of the highest type. It's not as difficult to be brave under the impulse of excitement as it is when excitement is exactly the emotion that must be restrained.

I doff my lid to the service sawbones.

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Rich, creamy flavor . . . added digestibility . . .
economy in use . . . are direct results
of cream being evenly blended
throughout an entire bottle
of Kreamilk.



MEDOSWEET KREAMILK

MEDOSWEET DAIRIES, INC. — TACOMA, WASH.

Physicians Used As Cat's Paws

Hunt Albert, vice-president of Mountain Valley Mineral Water has written to all physicians, requesting them to fill out a card stating the reasons they use this bottled water, sign it, and return it to the company.

The medical profession was exploited a few years ago with a similar statement by physicians as to the non-irritating qualities ??? of a certain advertised brand of cigarettes. We all know how the radio blared forth "*Doctors Approve, Blab-blab Cigarettes,*" until the government called the manufacturers' advertising erroneous and misleading.

Mr. Albert assures us that "*Your Name* will not be used in any way for advertising purposes." But this does not assure the doctors that again we will not have the radio telling every listener that "? per cent of all physicians use or recommend the use of this water, etc." Of one thing the doctor can be certain and that is that the alert advertising agency will use this material for advertising in some manner. Again we will find that the physician has been used as a cat's paw to further the private interests of this concern. *Do not sign or return the card, doctor.*

In his letter to the physician, Mr. Albert

states, "A large percentage of our business comes from the recommendation of physicians who prescribe Mountain Valley Water." He also states that there may come a time when priority will be necessary to obtain the freight cars, bottling supplies, etc., so that they may use us to obtain this priority. Our armed forces need supplies more than anybody needs this water.

Then to add insult to injury, he offers to send the doctor a supply of the water, a desk set of a decanter, glasses and a glass tray. If any physician falls for this cheap bribe to help a questionably necessary commercial organization obtain priority, then he is lacking in a lot of patriotism as well as common sense.

Advertising columns of all of our medical bulletins are open to this concern, but they have not seen fit to use them. Now they admit the value of the doctors' co-operation but they have not co-operated with the medical publications. It would be just as questionable to support this questionnaire if this concern were an advertiser, as it is when they are not advertising. Again I say, do not sign this card and make the medical profession a cat's paw for this or any other concern.—C.P.D.—St. Louis Medical Journal.

Taxicabs - Ambulances for your Patients

The Finest and Only . . .

AIR CONDITIONED AMBULANCE

IN THE NORTHWEST

YELLOW CAB CO.

740 Commerce Street

MAin 1122

MAin 1200

Mackenzie's Pharmacy

We specialize in
Prescriptions

30 YEARS IN THE SAME
LOCATION



2401 Pacific Avenue
Tacoma, Wash.
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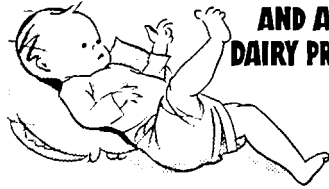
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PRoctor 6536

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AND ALL
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Careful Mothers use Pro-
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and Homogenized Milk
from our own contented
cows can be delivered
to your home or your
grocer



A Favorite Dairy for over
25 years. Recommended
by doctors and dietitians



CALL

ATlas 8354



Direct from Our Farm to You

From A Doctor's Scrapbook

Of those diverse gifts which, our Apostle Paul saith, God hath bestowed on man, this of Physick is not the least, but most necessary, and especially conducing to the good of mankind. Next therefore to God in all our extremities, (*for of the Most High cometh healing, Eccclus. 38. 2.*) we must seek to, and rely upon the Physician, who is *Manus Dei*, (the Hand of God), saith *Hierophilus*, and to whom he hath given knowledge, that he might be glorified in his wondrous works . . . It is not therefore to be doubted that, if we seek a Physician as we ought, we may be eased of our infirmities, such a one I mean as is sufficient, and worthily so called; for there be many Mountebanks, Quack-salvers, Empiricks, in every street almost, and in every village, that take upon them this name, make this noble and profitable Art to be evil spoken of, and contemned, by reason of these base and illiterate Artificers: but such a Physician I speak of as is approved, learned, skilful, honest, &c.

When these precedent cautions are accurately kept, and that we have now got a skilful, an honest Physician to our mind, if his patient will not be conformable, and content to be ruled by him, all his endeavors will come to no good end. Many things are necessarily to be observed and continued on the patient's behalf. First that he be not too niggardly miserably of his purse, or think it too much he bestows upon himself, and to save charges endanger his health. The *Aberites*, when they sent for *Hippocrates*, promised him what reward he would, *all the gold they had; if all the City were gold, he should have it.* *Nauman* the Syrian, when he went into *Israel* to *Elisha* to be cured of his leprosy, took with him ten talents of silver, six thousand pieces of gold, and ten changes of raiments (*2 Kings, 5. 5*) . . .

(Another) thing to be required in a patient is confidence, to be of good cheer, and have sure hope that his Physician can help him. As *Galen* holds, *confidence and hope do more good than Physic*; he cures most in whom most are confident. *Paracelsus* assigned it for an only cause why *Hippocrates* was so fortunate in his cures, not for any extraordinary skill he had but *because the common people had a most strong conceit of his worth.* To this of confidence we may add perseverance, obedience, and constancy, not to change his Physician, or dislike him upon every toy. It was a chief caveat of *Seneca* to his friend *Lucilius*, that he should not alter his Physician, or prescribed Physic: *nothing hinders health more; a wound can never be cured that hath several plasters* . . . Last of all, it is required that the patient be not

too bold to practise upon himself, without an approved Physician's consent, if he read a receipt in a book; for so many grossly mistake, and do themselves more harm than good.

Robert Burton (1577-1640)
"Anatomy of Melancholy"

The LARRABEE NURSING HOME
 IS NOW PREPARED TO CARE FOR
POST-OPERATIVE and CONVALESCENT
 Good Food CASES Good Care
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RIGGS OPTICAL CO.
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 Established in 54 Cities
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Lowe's
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Elderly People
 The beautiful Wallace Estate
 10 lovely bedrooms
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 All guests have private rooms; a home in which your parents receive the personal care we gave our own. We pride ourselves upon the food served—
 all tray service.
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LINCOLN PHARMACY

Professional Prescription Pharmacists

Phone GARland 1180 — If No Answer Call GARland 9927

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One block south of Lincoln High

We shall always use our best efforts to merit the confidence
of the Doctor and his patients

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W. H. VAN HORN, *Vice President*

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See **JEFF (W. O. JEFFERY)**

For All Kinds of . . .

I N S U R A N C E

R. E. Anderson & Co. Inc.

Fidelity Building, Tacoma, Wash.

Telephone BRoadway 3255

Professional Obligations

The task of meeting present war conditions and at the same time planning for the peace that is ahead is no easy one. For the doctor of medicine the problem is exceptionally difficult. Faced on the one hand with the added task of caring for patients of those doctors who have enlisted in the armed services of the country, and on the other hand encompassed with the same regulations relative to the use of automobile, gasoline and fuel oil as imposed on any other citizen, the doctor of medicine is truly hard pressed to meet all the demands for his services that are made, or may be made in the coming months. Even his periods of relaxation or recreation have been practically eliminated, and his leisure time is all too limited.

In spite of this situation, there is one obligation that every doctor owes to himself, to his colleagues, and to his Profession. That duty is the continued support and interest of the activities of his medical society. If ever the association of men of kindred spirit and intent

was important, today is that time. Beset with problems of national as well as local importance, problems offering new theories in the administration of government—theories of social reorganization, security, administration of medical care — the doctor of medicine truly needs the counsel and support of his fellow doctors now and in the days ahead.

The finest expression of support that can be shown at any time by a doctor is that of active membership in both his county and his state medical societies. Today's problems extend far beyond the scope of each small district and it is not sufficient that the doctor merely assume an interest in local community situations. He must also take an active part in the solution of state and national issues if he hopes to play other than a passive role in future social reorganizations affecting all our people. His membership in the State Medical Society will go far towards assuring that participation so necessary for the progress and advancement of organized medicine.—*Providence Medical News.*

AI'S
HARMACY

Pharmacists
Garland 9927

G STREET
High

to make confidence
patients

WILLIAM T. MALLERY, Vice President
ROBERT F. SYFORD, Secretary



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& Co. Inc.

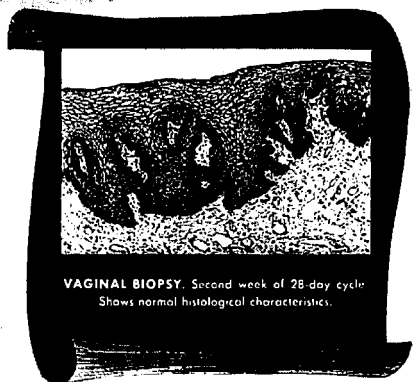
oma. Wash.
ay 3255

A Camp Maternity a Boon to Expectant Mothers

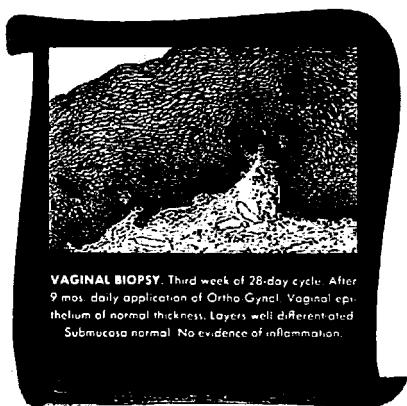


Correct support is necessary before and immediately after childbirth in order to secure comfort for the mother and guard her health and that of the child. Laura Churchill carries a complete line of surgical garments for all the doctor's needs. Belts fitted by experts and rechecked every two weeks.

Churchill's Corset Shop
904 BROADWAY (opposite the Roxy)



VAGINAL BIOPSY. Second week of 28-day cycle.
Shows normal histological characteristics.



VAGINAL BIOPSY. Third week of 28-day cycle. After
9 mos. daily application of Ortho-Gynol. Vaginal epi-
thelium of normal thickness. Layers well differentiated.
Submucosa normal. No evidence of inflammation.

Tissue Tolerability

- Ortho-Gynol is non-irritating and non-toxic in long-continued use.

A recently-completed study involving the daily intravaginal application of Ortho-Gynol in 100 normal women over a period of 6 to 11 months, revealed no irritation in any patient. In no instance did Ortho-Gynol disturb the normal pH, glycogen content or bacterial flora. In every instance, the normal histologic characteristics of the mucosa were maintained.



ONE OF OUR BOYS COMES HOME

Continued from Page 2

wounded. They use spinal anesthesia almost altogether, for obvious reasons. The half-grain hypo of morphine is also one of their most satisfactory remedies, to combat shock and put the patient at ease until he can be cared for more adequately. As the sick-bay is usually deep within the ship and as they were in the tropics anyway, the perspiration simply rolled off them, while working, so the common costume worn was trunks and tennis shoes, with sterile gowns and gloves added for operating. Men swimming face down in the sea, near an exploding shell in the water, were found to have innumerable intestinal perforations, due to the exploding force being transmitted by the non-compressible water. Those who floated on their backs sustained little injury under similar circumstances. The flash of an exploding shell will produce burns on the skin of persons quite a distance from the explosion so some of his patients had completely burned bodies, except where their trunks, all they were wearing, had covered them.

Doubtless, when the war is ended and censorship is lifted, we shall hear much more from Larry Joers. He has been at sea practically

a year, right in the thick of it most of the time and still able to smile at some of his own early experiences. He has matured indeed, as anyone would who had gone through the hell he has. With it all though, he is still the same quiet-spoken, modest chap he was. He has left Tacoma, probably to rejoin his ship. Wherever he is, we are proud of him, we wish him the best of luck and hope to have him come home again, safe and well. In the meantime, Larry, we wish you to know how proud we are of you. We salute you as a Christian gentleman and a first-class fighting man.

Just Reward

It is encouraging to learn of a certain doctor who has just completed forty years of practice and is retiring with a comfortable fortune of \$80,000.00, amassed through his courage, enterprise, initiative, hard work, professional ability, the careful investment of his savings and the death of an uncle who left him \$79,999.00.

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Physician's scales for sale. Inquire at Medical Library.



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Physician's and Hospital Supplies

1015 SOUTH 12TH STREET

TACOMA, WASH.

MAin 7852



Oldest and Largest in Pacific Northwest
ESTABLISHED IN 1905

SURGICAL & HOSPITAL SUPPLIES

Physicians' Office Equipment . . . Trusses

Surgical Belts . . . Elastic Hosiery

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fitted by specialists

Shaw Supply Co. INC.
"SHAW SERVICE SATISFIES"

GLYKERON

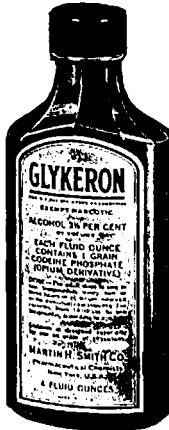
A Bronchial Sedative

Control the cough that weakens your patient.

GLYKERON quickly relieves this distressing symptom because it contains medically approved respiratory sedatives.

Your patients with respiratory affections do better when they sleep better—*without coughing.*

GLYKERON is an ethical product in origin, in development and distribution. It deserves your full confidence.



THE 4 OZ. B. BOTTLE

The label is easily removed by the pharmacist and your prescription directions affixed.

Stimulating Expectorant

GLYKERON loosens the mucus in the bronchial passages and aids in its expulsion.

It lessens the hazard of complications by getting rid of germ-laden secretions.

Prescribe it for the symptom of cough. Very palatable.

GLYKERON now supplied in 4 oz., 16 oz. and half gallon bottles.

Literature on request

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Bacteriologist

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Tacoma's finest funeral facilities. 24 hour service.
Home located at beautiful Mountain View Memorial Park.

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Carbon trouble? **Try Triton!**

Triton Motor Oil—100% pure paraffin base — 100% pure lubrication — so pure, in fact, that even the little carbon it does form is practically harmless. Triton means better all-around performance—reduced engine wear.



UNION OIL COMPANY

A Message to the Medical Profession

For thirty-five years we have consistently cooperated with the medical profession of this locality. Advertising during this period of years has always been fully as beneficial to the medical profession as it has been to ourselves.

The prescription business has never been a side line in our store. At the present time we are carrying one of the largest stocks of biologicals and prescription supplies in the Puget Sound area.

Our store is centrally located and easy to

find, and we have five competent registered men in charge. Some of these men are graduates of colleges of pharmacy.

In addition to our prescription department, we have a few other lines which do not conflict in any degree with the medical profession, such as toiletries, sundries, fountain pens and tobacco.

It will always be our policy to continue putting our best efforts into our prescription department.

McMILLAN BROTHERS, Inc.
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Professional Pharmacists

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Phone MAin 2726

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Tacoma, Washington



SIMPLE ARITHMETIC

That A Doctor Appreciates



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BRALEY'S, Inc.

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his Patient*

Free Delivery

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Integrity . . .

proven by over a half-century's faithful service to the Tacoma community distinguish our services. Here at C. C. Mellinger, the finest of facilities are available to all, regardless of income.



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Breaks the vicious circle of perverted menstrual function in cases of amenorrhea, tardy periods (non-physiological) and dysmenorrhea. Affords remarkable symptomatic relief by stimulating the innervation of the uterus and stabilizing the tone of its musculature. Controls the utero-ovarian circulation and thereby encourages a normal menstrual cycle.

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Dosage: 1 to 2 capsules 3 or 4 times daily. Supplied in packages of 20.

Ethical protective mark MHS embossed on inside of each capsule, *visible only* when capsule is cut in half at seam.

Full formula and descriptive literature on request

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Emergency of too many
Patients, too few Doctors—



CUTTER'S *New* *Triple Combined Vaccine*

DIPHTHERIA, TETANUS AND PERTUSSIS
and other diphtheria, tetanus and pertussis prophylactic combinations

Clinical series, published and unpublished, indicate that results with the various combined vaccines available are at least as good as when the vaccines are given alone and there are indications that they may be bet-

ter. Reactions appear to be no more frequent or severe, and the use in Cutter's preparations of aluminum hydroxide adsorption instead of alum precipitation greatly reduces the occurrence of persistent nodules.

Available:

"Triple"—Diphtheria Toxoid, Tetanus Toxoid, Pertussis Phase 1 Combined (Fluid)—2½ cc. (1 immunization), 10 cc. (4 immunizations).

Diphtheria Toxoid, Pertussis Phase 1 Combined (Fluid)—2½ cc. (1 immunization), 10 cc. (4 immunizations).

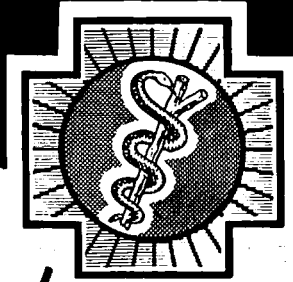
Diphtheria Toxoid, Tetanus Toxoid Combined (Aluminum Hydroxide Adsorbed)—2-1 cc. (1 immunization), 10 cc. (5 immunizations).

CUTTER Laboratories • Berkeley, Calif.

The BULLETIN

Official Publication - Pierce County Medical Society

VOL. XIII - No. 5



MAY - 1943

Programs

ANNUAL DINNER — MAY 11

University-Union Club — 6:30 p. m.

Installation of new officers

Wound ballistics Lieut. Col. Elbert DeCoursey

Radio presentation, through the courtesy of KTBI, of an episode from "Doctors Courageous," a series of broadcasts dramatizing outstanding events in the history of medicine. This series will be broadcast over KTBI each Sunday evening at 8 o'clock under the sponsorship of the Shaw Supply Company.

The Entertainment Committee announces that an especially fine dinner will be provided, as extra ration points have been made available, and that reservations must be made not later than May 8th on account of point rationing.

Tacoma, Washington

Pierce County Medical Society

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Vice President.....	R. D. MacRae
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W. W. Mattson	Business Manager

With this issue of the Bulletin, comes the end of the publication until fall, as is usual. We hope the doctors in military service have been getting their copies regularly as we have made every effort to forward them to the changing addresses, as we have able to learn them. We thank those who have aided in this plan by giving us information of those who are away and we deeply appreciate the letters that have come to this office, from the men themselves. Apparently, the authorities who are directing the war, have felt it necessary to shift our doctors here, there and everywhere, getting them trained for the special tasks to be done. Some, like Bill Goering, have stayed put from the beginning, others, like Walter Cameron, have been shunted from one station to another, any number of times, making it difficult to keep up with their movements. Some are far away, in Africa, New Caledonia, Alaska, Hawaii, some in distant parts of the United States. To all of you, wherever you may be, we send best wishes and assurances that you are not forgotten. We expect you to do the job you are on, in a creditable manner and when the big fuss is over, we will welcome you back home again, to take up where you left off.

FIRST AID

First Aid Instructor: "Suppose the victim was bleeding profusely, had a broken leg, was extremely pale and showed no pulse. What would you do?"

Student: "Doc, I'd bury him."

YOU'RE IN THE ARMY NOW

"I have a pain in my abdomen," said the trainee.

"Young man," said the army doctor, "officers have abdomens, sergeants have stomachs—YOU have a bellyache."

In Memorium

In memory of a very dear friend, we offer the following resolution:

Dr. Clarence Pearl Gammon

Dr. Clarence Pearl Gammon was born in Missouri on January 4th, 1870. He was a man of wide experience in various fields of endeavor. As a boy, he was a farmer and rancher, a clerk in a hardware store and later a cashier in a bank, a school teacher and a student of medicine and surgery, which course was interrupted by his volunteering and serving in the Spanish-American War, where he saw service in Cuba, Puerto Rico and the Philippines, holding the rank of Captain. He received his diploma from Rush Medical College in 1899 and then became a student of the famous surgeon Nicolas Senn for four years. He practiced medicine in Walla Walla and the last thirty three years in Tacoma.

He again volunteered for service in World War One and was placed in charge of a 3,000 bed hospital in France. He was honorably discharged at the end of the war with the rank of Lieut. Colonel. He served as surgeon for the Union Pacific Railroad for about twenty years, was an honorary member of the Pierce County Medical Society, the State Medical Society, the American Medical Association and a Fellow of the American College of Surgeons. He was a member of the First Congregational Church and various fraternal societies, and on the staffs of the several Tacoma Hospitals.

Dr. Gammon was a physician, true to the highest ideals of his profession. He made friends easily; to meet him was to like him; to know him, to love him. We who knew him best shall miss him most. He leaves hosts of friends among his railroad associates, fraternal friends and the physicians and nurses of Tacoma, who will long cherish his memory.

He is survived by his widow, Mary Helen, his son, Capt. Francis D. Gammon, Administrative Inspector Army Air Base, Clovis, N. M., and a sister, Mrs. Lucy Barnes of Berkely, Calif., to whom the members of the Pierce County Medical Society extend their sincere sympathy.

BE IT RESOLVED that a copy of these resolutions be spread upon our minutes, and a copy sent to the immediate relatives.

CLYDE E. GRAY,

T. H. LONG, *Committee*

THE ANNUAL DINNER

Well, it looks as if we are to have our annual dinner just the same, in spite of the shortage of meat. The committee announces a steak dinner at the University Club, with all the trimmings, on Tuesday May 11th, at which time the new officers take over. Whether the liquor shortage will have any bearing on this event remains to be seen. Our retiring president has been known to be somewhat more eloquent, or at least loquacious, when his inhibitions have been partially released by the influence of a slight binge, so we hope the committee has arranged for a good snort for him.

The incoming president has also demonstrated his ability as a raconteur, both cold sober and otherwise, so we may expect a few snappy stories from him. There will also be an episode of "Doctors Courageous" as it will sound coming over the air in the new broadcasting program to begin over KTBI soon, sponsored by our friend Henry Shaw. A noted speaker on a scientific subject will also grace the meeting, so it all looks very attractive.

As this will be the last meeting until September, a large attendance is expected. Extemporaneous vocalists will not be suppressed as long as they stay on the key, in fact, they are expected to furnish most of the music for the occasion. So, let's forget the war and overwork for one evening and just relax and have a good time.

During Food Shortages

It is well to bear in mind that dried brewers yeast, weight for weight, is the richest food source of the Vitamin B Complex. For example, as little as one level teaspoon (2.5 gm.) Mead's Brewer's Yeast Powder supplies: 45% of the average adult daily thiamine allowance, 8% of the average adult daily riboflavin allowance, 10% of the average adult daily niacin allowance.

This is in addition to the other factors that occur naturally in yeast such as pyrodoxin, pantothenic acid, etc.

Send for tested wartime recipes, the flavors of which are not affected by the inclusion of Mead's Brewers Yeast Powder. Mead Johnson & Company, Evansville, Ind., U. S. A.

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We had a brief visit in the billiard room with Bill Norton recently, while he was up here from California on an official trip. Looking big and handsome in his uniform. Come again, Bill, when you can stay longer.

Bob Brooke, now a Captain, has been shuttled around, east of the mountains, California, etc. He is back at Fort Lewis for the present.

Forrest Monzingo is now a Major, being toughened up at San Antonio, Texas with the First Auxiliary Surgical Group, some 130 surgeons, undoubtedly for over-seas duty. Our guess is Africa. They have been hiking these lads uncounted miles, sleeping them out on bivouac, among the rattle-snakes and ticks. Down there, they cook the rattlers and they come out all same fried chicken. For the ticks, Monty, try the old logger trick of leaving your shirt on an ant-hill, the ants will soon clear out the ticks. Anyway, congratulations on the promotion and good luck.

Bruce Milligan is now a naval Lieutenant, somewhere in the South Pacific. We would like more definite information if anyone knows his whereabouts.

Chris Reynolds and West G. McElroy, both of Tacoma, graduated from Carlisle Barracks recently, Chris to go back to Alamogordo for further duty.

Walter Cameron has been ordered to Orlando, Florida for further training with the School of Applied Tactics. This may be Walter's last stop before going abroad. Our guess is Africa for this lad.

Carl McCandless, in Key West, is getting married to one of Tacoma's fairest daughters. We've only seen her picture but she's a pippin for looks. Congratulations, Carl.

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- Cancer Control*—Mrs. Clifford Halvorsen, Steilacoom, L A k e w o o d 2048.
- National Bulletin*—Mrs. Lewis Hopkins, 3718 North Mason, P R o c t o r 6340.
- Historian*—Mrs. Don G. Willard, 1001 North Eye, M A i n 2014.
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- Exhibits*—Mrs. Karl Staatz, 3408 North 29th, P R o c t o r 1550.

The last meeting of the season will be at the home of Mrs. J. Benjamin Robertson, 301 North J street on Thursday, May 13, at 2 p. m.

Following the business meeting and annual reports of Committee Chairmen, tea will be served and Mrs. T. J. Loonan will give harp selections. The program will be in charge of Mrs. G. A. Moosey, social chairman.

ANNUAL DINNER OF MEDICAL BUREAU

The Pierce County Industrial Medical Bureau will entertain its members at a banquet at the University-Union Club on the evening of May the 25th.

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The importance of saving waste household fats in order to salvage their glycerine content should be apparent to every physician. The doctor's kitchen, like that of every other family in town, can supply at least a tablespoonful of fat a day—from meat drippings, from rendered trimmings or fat skimmed from the soup kettle and no longer good for food. If that much were retrieved in every household and taken to the meat stores which collect the fat for the renderers, the amount saved would exceed the national goal of 200,000,000 pounds for 1943.

Why must we go to this trouble, in a land where more than a billion pounds of fat used to be wasted every year down the kitchen drain or into the garbage can? Because glycerine is desperately needed to feed the United Nations war machine, and because many of America's outstanding sources of fats and oils have been cut off by the war.

Glycerine is indispensable in the manufacture of munitions, because it is the source of

both nitroglycerine and dynamite, the first of which provides the explosives for propellants, and the second the means of military demolition. Tanks, ships and planes last longer because of paints containing glycerine. It is used as an anti-icing fluid for the propellers of fighter and bomber planes. The shock absorbers of jeeps and half-tracks, the recoil mechanisms of big guns and the firing mechanisms of depth bombs all contain glycerine.

Glycerine has an important place on the medical front, too, in both war and peace. It is one of the best known and widely used medical materials. There is scarcely a branch of therapeutics in which glycerine does not play a part. An average of more than three pounds of glycerine per hospital bed per year is used in our American hospitals. And an analysis of 15,063 prescriptions made prior to the war in a single American city showed that, with the sole exception of water, glycerine was the most-used liquid ingredient.

In military medicine the role of glycerine continues to grow. Even before we entered the war, large quantities of glycerine were shipped by the American Red Cross to England. In the requests made to organized medical groups in the United States for medical supplies, British authorities rated glycerine as equal in importance to surgical instruments.

Practically all the liquid sulfonamides call for glycerine. The war has given increased emphasis also to the long-established value of glycerine itself in burn therapy and surgical treatment, as well as for wound dressings. Dressings can be changed with less discomfort to the patient when they are soaked with glycerine.

The War Production Board is urging all Americans everywhere to help save the fat from which this precious liquid is made. The meat dealer from whom you purchase food will be glad to pay the prevailing rate for the kitchen fats YOUR household conserves. The pennies will buy War Stamps—and every pound of waste cooking fats turned in will provide enough glycerine to make a half-pound of dynamite or four 37-mm. anti-aircraft shells, or their equivalents in other badly-needed materials. Doctors, set an example in your community: start YOUR household saving waste kitchen fat today!

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Minutes of the Regular Meeting of The Pierce County Medical Society

April 13, 1943

The regular meeting of the Pierce County Medical Society was held on April 13, 1943, with Dr. Clyde Magill in the chair. Minutes of the previous meeting were read and approved.

A communication was read from the District Nurses' Association, giving notification of raise of nursing fees to \$8.00 for eight hours and \$12.00 for a twelve hour day.

The application of Dr. Arthur P. O'Leary was read and referred to the Trustees.

Dr. Murphy reported on the possible holding of the annual dinner at the University-Union Club. Motion was made, seconded and carried that the annual dinner be held if arrangements could be made.

The following officers were elected for the ensuing year:

President-ElectJ. W. Gullikson
 Vice President W. H. Ludwig
 Secretary-Treasurer.....W. B. Penney
 Trustees.....E. W. Janes, S. M. MacLean
 T. K. Bowles, R. D. Wright

Delegates to State Association—

C. R. McCreery, W. W. Mattson
 E. W. Janes, C. F. Engels

Alternates, C. V. Lundvick, S. M. MacLean
 Clyde Magill, T. K. Bowles

Business Bureau Trustees—

W. B. McCreery, L. A. Hopkins
 R. D. MacRae, Clyde Magill

Dr. William B. Hutchinson, of Seattle, gave a graphic and detailed description of the care of injuries of the hand as practiced by the Hand Service Group as used in the King County Hospital. This paper was dramatically discussed by Dr. Homer Dudley, of Seattle, who demonstrated the proper method of obtaining

rest and moist treatment in injuries and infections of the hand. The paper was discussed by Dr. Wright.

Captain L. M. Farner, of the United States Public Health Service, explained the activities of the Industrial Hygiene Committee that is working under the State Department of Health. This committee was set up by Governor Langley and consists of representatives from the United States Public Health Service, the Department of Labor and Industries, the State Department of Health, physicians and employers. Dr. Farner stated that he was loaned by the United States Public Health Service to do this job. He asked that a committee on Industrial Hygiene be appointed by the President of the Pierce County Medical Society.

Dr. Whitacre told of the work that is being done in industrial surgery.

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ON THE HOME FRONT

Dr. Haskell F. Maier, a newcomer, has opened offices in the Medical Arts Building for the practice of EENT.

The Duerfeldts returned from California, after seeing new plays, nite spots, etc., and going for four days without meat. Back within ten days.

Our lod friend, Henry Rhodes, has just married. Trust these old lads to get into something when they have too much time on their hands. Anyway, we wish him well. He's a grand fellow.

Harry Allison has sold his place on Clover Park and bought a home on North Tacoma Avenue. Harry got fed up with those long cold rides in the winter.

Ralph Schaeffer has returned from seeing his son graduate at Pomona, California. He has

quite a sunburn; he didn't spend his time in nite spots.

We are in receipt of a copy of the Journal of Electronic Medicine for January, issued by the College of Electronic Medicine in San Francisco. This seems to be redolent of the late Albert Abrams. The whole journal is devoted to the sale of the ossiloclast, which makes the diagnosis and also treats the patient. Medicine simplified.

Warren Penney is off again, this time to Chicago and New York, attending T. B. meetings. To be gone two or three weeks.

We are to have a program over KTBI every Sunday night at eight, entitled "Doctors Courageous," sponsored by Henry Shaw, of the Shaw Supply Company.

The new management of the Medical Arts Building is raising rents of most of the tenants, ours among them. If this means improved elevator service, we may become reconciled.

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— in addition to the other factors that occur naturally in yeast such as pyridoxine, pantothenic acid, etc. Following are suggestions for palatably mixing 1 level teaspoonful Mead's Brewers Yeast Powder:

- (1) Shake in cocktail shaker with 4 ounces of milk (with or without 1 level teaspoonful sugar and cocoa).
- (2) Stir with fork into $\frac{3}{4}$ ounce of ketchup or chili sauce. Optional, add a few drops of lemon juice.
- (3) Stir with fork into 3 ounces of soup (preferably thick soups such as bean, pea, oxtail, beef, etc.).
- (4) Spread on bread with 2 to 3 times the amount of peanut butter.
- (5) Add 1 level tablespoonful (and a little extra salt) to 2 cups of meat stock gravy. 



Mead's Brewers Yeast is supplied in 6-oz. bottles, economically. At the rate of even 2 level teaspoonfuls per day, per adult, a bottle should last over a month. Also supplied in 6-grain tablets, 250 and 1000 tablets per bottle. All Mead Products are advertised only to the medical profession.

Why not try this recipe at home? It makes good gravy taste meatier. Send for tested wartime recipes containing yeast.

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ABSENTEEISM IN INDUSTRY

In the beehive the individual is recognized either as a worker or a drone, and is promptly and appropriately dealt with on that basis. Thus the hive is not plagued by absenteeism in any form. Fortunately or unfortunately, human beings have not evolved the social insight of the bees, and they must consequently cope with this distressing quirk of human behavior whenever and wherever groups of persons gather and attempt to correlate their efforts. Absenteeism has long been recognized as a phenomenon of school life, college life and adult life. One would like to believe that it is progressively outgrown and appears less frequently in adolescence and maturity, but such is probably not the case.

One might like to assume that human beings could be separated, like the bees, into groups that could be defined and labeled as workers or drones. Although there are undoubtedly many human beings in both categories, there also are many who are subtly placed in be-

tween such groups. As one visualizes the various shades of people represented among his acquaintances he discerns certain behavioristic patterns that would bear heavily on the incidence of absenteeism in their industrial employment. There are the hard workers, those who—sick or sore—report for duty punctually, and, so long as they can stand on their feet, deliver their full measure of effort. Next there are those who absent themselves only when they are definitely sick and who return at the earliest possible moment to steady employment—the “conscientious” people. Next are those who are “spleeny,” who make the most of whatever illness they have and manage to make a good deal of some illnesses that they do not have. Then come the willful absentees—those who cannot recognize either our national perils or our national opportunities as their own. They may be motivated by excessive selfishness or deficient intellect, and they rationalize their absenteeism by all sorts of sophistries. For example, one is quoted as say-

Continued on next page

Looking Back . . . with Satisfaction

All too often one looks back many years to one particularly dark day. This memory can be made lovelier, more tender, through the knowledge that the final tribute was as beautiful as it could be made.



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ABSENTEEISM IN INDUSTRY

Continued from page 15

ing, "They won't give me a vacation, so I've got to take it myself." Many are undisciplined, unaccustomed and frankly unsuited to the work they are attempting to accomplish in industry, including those who are laboring in factories for the first time and those who are desperately trying to make themselves useful in fields to which they have not been and never will be naturally adapted. Lastly come those on whom the world has bestowed such adjectives as "lazy," "incompetent" and "inadequate"—the people who in normal times are unable to obtain or hold a job of any sort.

Because sickness is the only indisputable status with which to explain most absenteeism, the physician's association with all these factors is close and decisive. Doctors have long been called on to certify that overwrought students are nervously or otherwise ill at the moment they face a critical examination. The cutting of classes for hours and sometimes for days preceding an examination has been frequently ob-

served in school and college. There is a sort of epidemiology to this kind of behavior, academic outbreaks of which can often be satisfactorily analyzed. Industrial absenteeism is not so readily studied or understood, however, because the basic groups concerned have fewer common denominators than have the semidisciplined student bodies. The rapid labor turnovers of today also mitigate against an understanding of the underlying mechanisms. Nevertheless, alarm is being expressed over the effect that absenteeism is already having on war production, and an effort to deal sternly with it may come at any time. When it does appear, the physician is apt to find himself in the vortex of many a little cyclone.—*New England Journal of Medicine.*

Only those are fit to live who do not fear to die; and none are fit to die who have shrunk from the joy of life and the duty of life. Both life and death are part of the same great adventure. Never yet was worthy adventure worthily carried through by the man who puts his personal safety first.—*Theodore Roosevelt.*

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Some Facts About Organized Medicine

"To hell with organized medicine!" Not a pretty speech but one I overheard expressed by a young physician at a recent Medical State Convention.

Young man, what do you know of organized medicine? Do you know of the work of your County, State and National Societies?

We are most nearly related to the county organization. What does this society do for us? Let us pause and discover?

Are you interested in postgraduate education? Our progress and the wonderful strides in medicine have only come through the exchange of ideas and the work of our colleagues along their several special lines.

Have you ever needed a reference book in a hurry? Your county society with its wonderful library, and trained staff of assistants, stand ready to offer any book of reference you may need.

We accept pure water, pure milk, pure food in all its many branches, but who is the watch dog? Your medical society.

What about infant mortality—in relation to the same subject twenty-five years ago?

How about maternal welfare? This reads like a fairy tale, when we study the graphs and work done by these busy people.

Who looks after the impostor? To see that he does not flourish in your community.

At any regular society meeting we all receive more than we give, and we are always able to express any opinion of our own. This is a big factor in our constant education.

Have you ever been privileged to join a little group after the meeting for sandwiches and talk far into the night about some phase of medicine, and perhaps be present at the birth of some great idea of either medicine or surgery? You may have diagrammed the operations on the tablecloth and wearily gone home in the wee hours. Young man, this is a rare privilege.

Of course, we have not reached our perfect stage of development and I am afraid organized medicine, like marriage, may have its faults, but it does give us one and all a very fine rule of thumb for the ethical conduct of medicine.—Bulletin, Medical Society, County of Kings.

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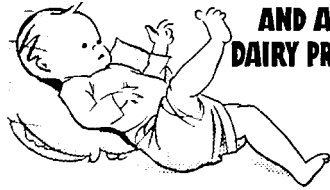
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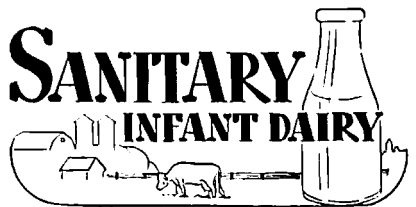


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TROPICAL MEDICINE

The present war bids fair to change the character of medical practice in the United States. Aside from many economic and social changes, there will be new problems in diagnosis presented to the physician.

Through the constant vigil of the United States Public Health Service, so-called tropical disease has been kept from this country. Even the few tropical diseases which are indigenous—malaria, hookworm disease, sylvatic plague and others—have been controlled to the point that they are not serious threats to the economic life of the nation except in a few scattered regions.

However, participation in a global war opens up entirely new contingencies. A study of the Public Health Reports (57:2000-2002, 1942) reveals that for the first nine months of 1942 there were 837 cases of plague in India; 22,380 cases of smallpox in India; 34,913 cases of typhus fever in Algeria, 22,653 in Egypt, 25,666 in Morocco, and 16,152 in Tunisia. Thanks to the service of the Rockefeller Foundation, yellow fever is relatively infrequent. Only 19 cases were reported in Africa and 23 in South America. This does not, of course, mean that yellow fever might not again become an important disease. The United States has troops stationed in India, North Africa, the Southwest Pacific and in many other places. These men will be exposed to the etiologic agent or to the vector that disseminates the virus, bacterium or rickettsia of these diseases. Many of these diseases pass into a latent stage. The etiologic agent remains in the body and a month or a year later may be passed on to another person.

These facts point to the necessity of more adequate teaching and knowledge of tropical medicine in the United States. Medical schools have been asked to increase the time allotted to the subject and to give more adequate courses in parasitology and public health. When

United States soldiers return from the far corners of the earth, the responsibility of diagnosing and treating the diseases they may bring back with them will fall on the medical practitioner in both the large and the small town. Would it not be well to include papers on amebiasis, yellow fever, typhus fever and similar diseases in the programs of our state and county medical societies in the next few years?

—*Missouri State Medical Journal.*

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Juvenile Crime Shows Increase Over The United States

Fifty-five and seven-tenths per cent more girls under 21 were arrested last year than in 1941, FBI Director J. Edgar Hoover reported. It indicated a deplorable lack of parental guidance and discipline in many homes.

"Boom conditions in many communities and easy money in youthful hands are contributing to the general letdown in moral standards among juveniles."

The number of boys under 21 arrested last year increased 17.1 per cent over 1941 despite

the removal of large numbers from civilian to military life.

Mr. Hoover reported that arrests of girls under 21 for prostitution and commercialized vice increased 64.8 per cent last year; arrests for other sex offenses were up 104.7 per cent; drunkenness arrests increased 39.9 per cent, and disorderly conducts arrests, 69.9 per cent.

Among boys under 21, arrests for assault increased 17.1 per cent! for rape, 10.6 per cent; disorderly conduct, 26.2 per cent, and drunkenness, 30.3 per cent.

The age of most frequent arrests was 18, a drop of one year from the level which predominated from 1939 through 1941.

I do the best I know how, the very best I can; and I mean to keep on doing it to the end. If the end brings me out all right, what is said against me will not amount to anything. If the end brings me out all wrong, ten angels swearing I was right would make no difference.

—Abraham Lincoln.

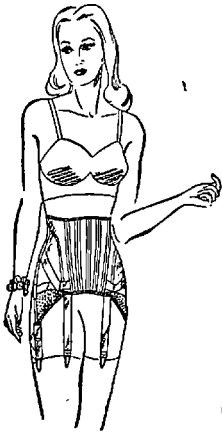
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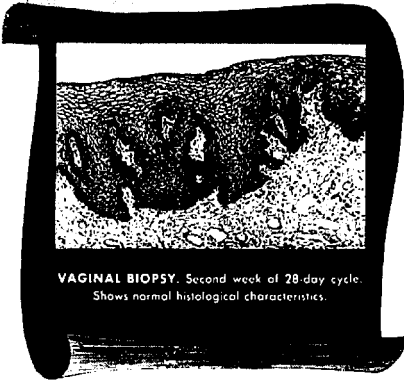
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A Camp Maternity a Boon to Expectant Mothers

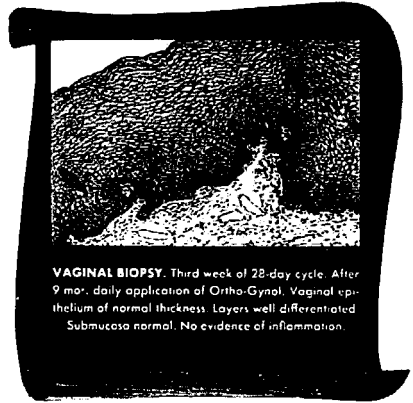


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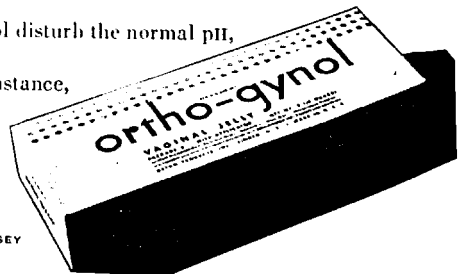


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THE MEDICAL CITIZEN OF 1943

NATHAN B. VAN ETEN, M. D.

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APRIL - 1943

Chickenpox	67
Diphtheria	3
Meningitis	2
German Measles	54
Measles	56
Mumps	59
Scarlet Fever	7
Tuberculosis	3
Whooping Cough	7

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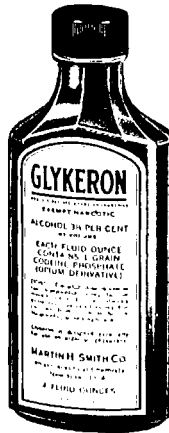
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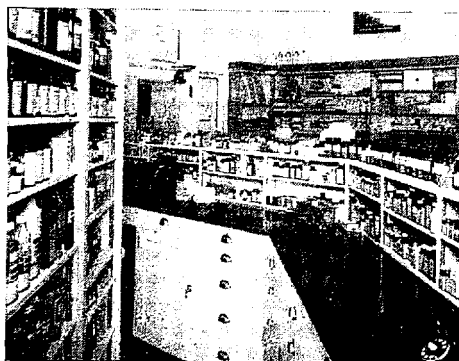
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With September morn in the offing, we come again to the official end of summer and the beginning of another year of medical activities, Society meetings, getting out the Bulletin and preparing an income tax statement by September 15th. As Badoglio said, "The war continues." What with a government budget estimate of 95 billions for 1944, the latest convulsion of Senator Wagner, who has introduced a bill putting us all on salary as government employes and providing free medical services for everybody, we may well pause and contemplate the future. Six thousand more doctors needed for the armed forces, with some sixty-five thousand nurses, is going to make a large dent in civilian needs. For those already in military service, there seems to be no telling when they may again be released to resume private practice; certainly the time must be estimated in years rather than months. Later will come the task of feeding the world and coddling the war-stricken nations back to the standard of the four freedoms, all of which will be expensive. So it seems unlikely that any of us may hope to live long enough to see this war paid for, in full.

We seem to be bombing Germany sufficiently to crimp their industries but at a considerable cost in Flying Fortresses lost. We also are beating the Japs in the South Seas but a glance at the map shows the conquered territory to consist of almost infinitesimal dots of land in a limitless expanse of ocean, just the fringes of their own empire. All adding up to the net result that we must be reconciled to continue the fighting indefinitely, with consequent civilian effort expanded even more in buying war bonds, paying increased taxes, having our supplies of food and goods still further decreased.

However, we can do it. If we will not allow ourselves to be discouraged by the magnitude of the job but just go on doing the best we can from day to day, preserving a certain equanimity, we may find ourselves strengthened by having overcome difficulties and so, more fit to enjoy the post-war life than we were before.

The Physicians & Dentists Business Bureau

MYRTLE CHRISTOFERSON, Manager

The following article is reprinted from the Jackson County Medical Society Bulletin, Kansas City, Missouri, of August 28, 1943. It is a splendid discussion of what might appropriately be said in behalf of the services rendered by our own bureau. It is worth reading and the plan fits almost exactly with our plan and the treatment of accounts is almost identical.

To collect accounts owing to the doctor—but to collect them in such a way that any possible misunderstanding which might have arisen between the patient and the physician is eliminated; to return the patient to the physician and retain the proper patient-physician relationship; this is the purpose and motive of the Business Bureau of the Medical Society of Milwaukee County.

Every doctor realizes that the profession of medicine would deteriorate rapidly if it were commercialized. And many doctors are prone to associate the systematic collection of bills owing them (if the patient is at all reluctant to pay) with a kind of commercialism unfitting their professional status. True, medicine cannot be allowed to become a "business." It must remain a science and an art. However, applying basic business procedures in their proper relation to medical practice is an altogether different matter. Patients expect physicians to deal with them in a businesslike manner—and patients, for the most part, want to pay for what they get.

"Delinquent" Accounts

For the physician who keeps adequate records of his accounts and follows a systematic routine of sending out itemized statements on the first of every month, the payment of bills is much simplified. Nevertheless, every doctor has a certain percentage of bills that will have no return, either because of the patient's inability to pay or because of his reluctance to pay. This latter attitude results from an idea the patient has built up in his mind that a doctor's bill is a negligible obligation that can be fulfilled or not as he sees fit.

To relieve the doctor of the settlement of such accounts, the Medical Business Bureau stands ready to "take over."

The bulk of the accounts that are delegated to the Business Bureau by doctors are delinquent. The word "delinquent" tends to imply a malicious refusal to pay. This is not at all true. Most patients' accounts become delinquent because they are not given proper attention and often the doctor is as much at fault as the patient.

The doctor's disinclination to discuss pay-

ment for his services is proverbial. If the matter is referred to at all, he will say, "Never mind about the cost; pay it when you can." And the patient takes him at his word. Later when repeated billings are ignored, the doctor may resort to collection methods which alienate the patient. Or he will, perhaps, cancel the account, dismissing the matter from his mind.

There is, too, the patient who will not pay unless pressed to do so. And there is the "dead-beat." But the experience of most physicians is that the majority of the patients with whom they deal are honest and expect to pay if it is at all possible.

Bureau Procedure

Realizing the innumerable causes that stand between the patient and the payment of his bill, the Business Bureau undertakes the investigation of slow accounts with a procedure that is both scientific and human. Unlike some unscrupulous private collection agencies that have unfortunately attached a stigma in the minds of many physicians to any kind of collection service, the Business Bureau is keenly alert to the personal element that must be connected with any phase of the practice of medicine. Simon Legree tactics have no place in the Business Bureau. This does not mean, however, that all accounts can be settled by sweet talk. The point is that the Bureau fits its method to the individual case.

Consequently the procedure of the Bureau is elastic. It starts with the proposition that its basic purpose lies in explaining to the patient the professional side of the matter by answering any questions the patient may have and convincing him of the necessity of remitting his payments. This is done through letters and through personal contact by experienced investigators.

It is important to note that the Bureau does not demand or require payment of the bill in full, but suggests the possibility of an equitable arrangement of weekly or monthly payments. As a social service agency, it is well aware of the fact that every patient's ability to pay is not the same. By determining this ability, the Bureau can make arrangements accordingly. No hardship befalls the patient and a mutually satisfactory relationship continues between him and his doctor. If the patient can show adequate reason why he is unable to pay, the Bureau is happy to extend whatever time is needed before asking any payment.

Continued on page 19

The LIBRARY

MRS. BLANCHE L. DEWITT, *Librarian*

Poliomyelitis

In view of the present prevalence of infantile paralysis, the library offers the following abstract of an article by Don W. Gudakunst, of the National Foundation for Infantile Paralysis, published in the August 15 issue of the New York State Journal of Medicine, together with a list of additional articles available in the medical library:

The past few years have brought to us more knowledge of poliomyelitis than all the previous generations in which it has been known to man. The common concept that the polio virus used the olfactory nerve as its portal of entry, producing death of anterior horn cells of the cord, with resultant paralysis, was a dangerous half truth. There was little appreciation of the extensive pathologic changes and consequently a poor understanding of the complete symptomatology.

While the virus can retain its infectious and invasive powers for extremely long periods of time, under adverse conditions, it cannot multiply except when it draws upon the substance of particular nerve cells. Though it has been found in the blood stream, the so-called "general systemic" stage of the disease is not due to such infection but is dependent upon a much more complicated mechanism resulting from central and brain nerve cell invasion.

The normal and usual method of travel of the virus through the body is reported to be by the pathways provided by the nerves. It leaves no demonstrable histologic changes as it travels, yet its spread is dependent on healthy normal nerve cells, both motor and sensory.

The portal of entry therefore becomes important in determining which portion of the central nervous system will be first invaded and what train of symptoms will develop. Laboratory evidence fails to show that the olfactory route is common in man. In the experimental animal clinical disease may be produced by many portals. Any method that allows the virus to come in contact with nerve tissue

Continued on next page

In Memoriam

Arthur S. Monzingo, M. D.

The Northwest has suddenly lost another fine lovable pioneer physician. Death was hastened by faithful, stubborn devotion to professional duties. When younger men left, the old doctor carried on. Let us review the attributes which endeared him to us.

A pioneer spirit of independence and self-reliance led him westward. Out-spokenness, intolerance of sham, pretense and frills may sometimes have offended but always commanded respect. He was an individualist. His best work was done alone in his own little hospital, in his own community, in his own resourceful way. His contributions were not those of a scientific scholar but consisted rather in the practical help given to all who called upon him each day. Never averse to consultation, he still had the innate good judgment to meet emergencies well. Active interest in civic affairs made him a leader in his community. Gregariousness when off duty made him good company at the dinner or bridge table. He loved to excel. During depression years when returns from practice were poor he showed his resourcefulness by branching out into horticulture and deriving an income from the sale of his own holly. During my last conversation with him he was boasting of his chickens and fine victory garden. He was an indulgent husband and father. In short, he was not only a doctor but a man who lived a full, useful life.

Arthur Monzingo, we salute you as one of the vanishing type of pioneer physicians. You will ever live in the hearts and lives of your patients. Your sons will carry on in your tradition. May oncoming generations of the medical fraternity never cease to emulate your many good qualities. S. F. HERRMANN.

In Memoriam

Edgar F. Dodds, M. D.

The passing of Dr. Edgar F. Dodds is a real loss to a large circle of friends and especially to his patients and his fellow physicians.

Dr. Dodds prepared himself with a thorough, well-rounded college education before beginning his medical work and this fact contributed in no small measure to his ability to appreciate the problems of those whom he later served.

Following his graduation from Northwestern Medical College he interned at Mercy Hospital, in Chicago, Illinois, where he was privileged to serve under some of America's truly great physicians and surgeons. Better equipped than most young doctors during those years, he came west to Colorado and then to Montana. Practice there and at that time required much native skill and ingenuity to meet the difficult situations that necessarily arose in practice that was a far cry from what the young doctor experiences today.

In 1903 he and Mrs. Dodds went to Europe, where Dr. Dodds spent a year at Berlin, Vienna and London and then returned to Montana to practice until World War I. After serving in several army hospitals in the United States, he was sent to France, where at two base hospitals he had intensive experience doing reconstructive orthopedic surgery.

Since that time Dr. Dodds has practiced in Tacoma, where he was always a careful, conscientious worker, with the patient's welfare his first concern.

To an unusual degree he had an intelligent appreciation of current national and world problems.

Dr. Dodds waged a long brave fight against an insidious form of anemia and through it all he would smile and joke with never an expression of self-pity. A constant regret during the past year was his inability to make use of his orthopedic knowledge.

As a friend with broad sympathies and understanding, those of us whose privilege it was to know him will always cherish his memory.

L. A. H.

THE LIBRARY

offers a means of infection in the animal and there is no reason to think that this does not hold true in man, with a vast amount of evidence pointing to the gut as the common gateway. Virus can be demonstrated with present-day methods in the stools of all patients and frequently in those of many contacts.

Appreciation of these findings, which depend on the more recently developed and more nearly exact methods of detection and study, gives a much better basis for understanding infantile paralysis.

In all diagnosable cases of poliomyelitis, with the possible exception of early nonparalytic types with complete, spontaneous arrest of symptoms, there is an encaphalitis and commonly an accompanying meningitis, with or without clinical symptoms. Examination of autopsy material commonly reveals extensive pathology totally unsuspected and unpredicted by clinical symptoms alone, though at times clinical manifestations are out of all proportion to the severity of manifest lesions. The simple concept of paralysis as the sole or main symptom is no longer reasonable. With massive and extensive involvement it is apparent that pain, hyperirritability and increased muscle reaction can all be expected.

With these thoughts in mind, it is apparent that the medical profession was more than ready for some change in the system of therapy.

The Kenny method of treatment is based on a concept of poliomyelitis that differs from the former one of flaccid paralysis as the predominant symptom. According to Kenny, much that has been called paralysis and thought to be due to anterior horn-cell damage is not flaccid paralysis but spasm in the opposing muscle, due, probably, to lesions at some level higher than the anterior horn cells, or due to other changes in the neuromuscular structure and function.

Treatment is aimed first at overcoming pain and spasm and providing early muscle training to re-establish muscle function and motor pathways. The application of heat by use of compresses at unusually high temperature re-

Continued on page 23

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The first meeting of the season will be held on Thursday, October 14. Time and place to be announced later.

Mrs. T. H. Duerfeldt, Mrs. D. H. Bell and Mrs. C. G. Trimble attended a meeting of the State Board held at the Olympic Hotel in Seattle on September 2, at which the president of the State Auxiliary, Mrs. David J. Lawson, of Mt. Vernon, presided.

Mrs. Eben Carey, Wauwatosa, Wisconsin, president of the National Auxiliary, and Commander M. E. Lapham, head of the Procurement and Assignment Service, addressed the meeting.

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JULY, 1943

Chickenpox	8
Mumps	8
German Measles	1
Measles	3
Scarlet Fever	3
Whooping Cough	18
Tuberculosis	12

AUGUST, 1943

Chickenpox	5
Diphtheria	1
German Measles	1
Measles	3
Mumps	1
Scarlet Fever	2
Tuberculosis	6
Whooping Cough	10

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Down to the Sea

We have gone to the sea, 'way down to the sea
In ships that were made for war.
We are men who are sailing the seas for peace,
A peace some are dying for.

Behind us our homes in the land of the Free,
Our loved ones, faithful, who grieve,
Our wives, and our sweethearts, our families,
and friends,
And jobs we all had to leave.

We've gone to the sea but we'd rather be home
With things as they used to be.
But we'll never come back until we have won
And know we will all be free.

Behind are our homes and the things that we
love;
In front are the foes we fight.
They threaten our all with aggression and greed;
We go to defend with might.

Our cause it is just and we're free men, not
slaves,
Fighting for things we can see.
We fight for equality, justice and peace.
We fight that all may be free.

We fight that our loved ones, our friends, and
ourselves
May have the freedom of choice
In service to God, and in service to man,
And in our Nation a voice.

We're a people of peace; we don't like to fight;
Treachery forced us to war.
"In God is our Trust," and with right on our
side
The battle will soon be o'er.

Then we'll come from the seas,—from all of
the seas
In ships that have won with pride,
And we'll dip their stars with the blood-red
bars
For the men who have fought and died.

And then to our homes in the land of the Free,
And to love around each hearth,
And to the joy of knowing our hard-won fight
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The September Meetings

Under the auspices of the Committee on Industrial Hygiene of the Washington State Medical Association a program featuring L. W. Farner, M. D., will be given in the Medical Arts Auditorium on September 14.

Dr. Farner will discuss the industrial hygiene program as it is being developed in the state of Washington. A. P. Duryea, M. D., President of the Washington State Medical Association, will discuss the placement of workers with physical deficiencies, as worked out by the Snohomish County Medical Society. H. J. Whitacre, M. D., will outline the program of the Committee on Industrial Hygiene. Dr. Whitacre is chairman of this committee.

A special meeting will be held on Friday evening, September 17, in the auditorium, sponsored by the Washington State Medical Association in co-operation with the State Office of Civilian Defense and the University of Oregon Medical School.

This will be a symposium on "The Medical Aspects of Chemical (Gas) Warfare." It will be a district meeting and will be attended by the physicians of Pierce, Thurston and Mason Counties. The program will be given by four faculty members of the University of Oregon Medical School, Edward S. West, Ph. D.; Charles P. Wilson, M. D.; Charles E. Gurney, M. D., and Vernon A. Douglas, M. D. Major Arthur E. Lewis, M. D., Medical Director for Civilian Defense, will act as chairman.

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With the Armed Forces

Capt. Don Willard, who was at Randolph Field for six weeks, is now at Kelly Field, San Antonio. Katherine and the baby have just joined him there, after a visit with the Sames at Fort Smith, Ark.

Capt. Brooke now in the northwestern part of the state, where he is associated with the searchlight battery. He is kept extremely busy and finds the work most interesting.

Albert Ehrlich and Les Baskin still in the Aleutians, doing a wonderful job.

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On the Home Front

We have been trying to get news of our boys in service, with current addresses, to help all of us keep more in touch with each other. Any information to make this effort more completely successful will be appreciated by the editor.

Dr. Lee Powers has resigned as Director of Health of Tacoma to accept the position of State Director of Health. He has moved to Seattle. Dr. Cecil R. Fargher, formerly Health Officer of Clarke County, has taken over the City Health Office, succeeding Dr. Powers. Dr. Fargher has had special training in Health Department work and we know he will make an excellent director.

Dr. Raymond J. Bennett has associated himself with Dr. A. C. Stewart, in the practice of Psychiatry in the Medical Arts Building and in the operation of the sanatorium in Puyallup.

Some new names in the telephone directory include J. O. Lasby and A. P. O'Leary of the Western Clinic, and L. J. Bland in the Washington Building.

The Fay Naces welcomed a baby into the family, born June 23rd, their first. "First" means the beginning of a series, doesn't it?

Dr. John A. Sheppard has also become associated with the City Health Office, in charge of the Division of Contagious Diseases. He is also in charge of the V. D. Clinic for both the city and the county.

Labor Day was fittingly celebrated by a number of patients in our hospitals, under the supervision of the obstetricians. The crop is continuing plentifully.

Vacations this year were shorter and much nearer home than usual, due to the press of work and the gas rationing.

Sydney MacLean vacationed in Victoria, playing at bowling on the green, during the Senior's Golf Tournament.

Don Willard, Carroll Carlson, Mac Benjamin have been home for visits since our last publication. Also Walter Cameron. Jess Read was in Sicily the last we heard from him.

Income tax returns due Sept. 15.

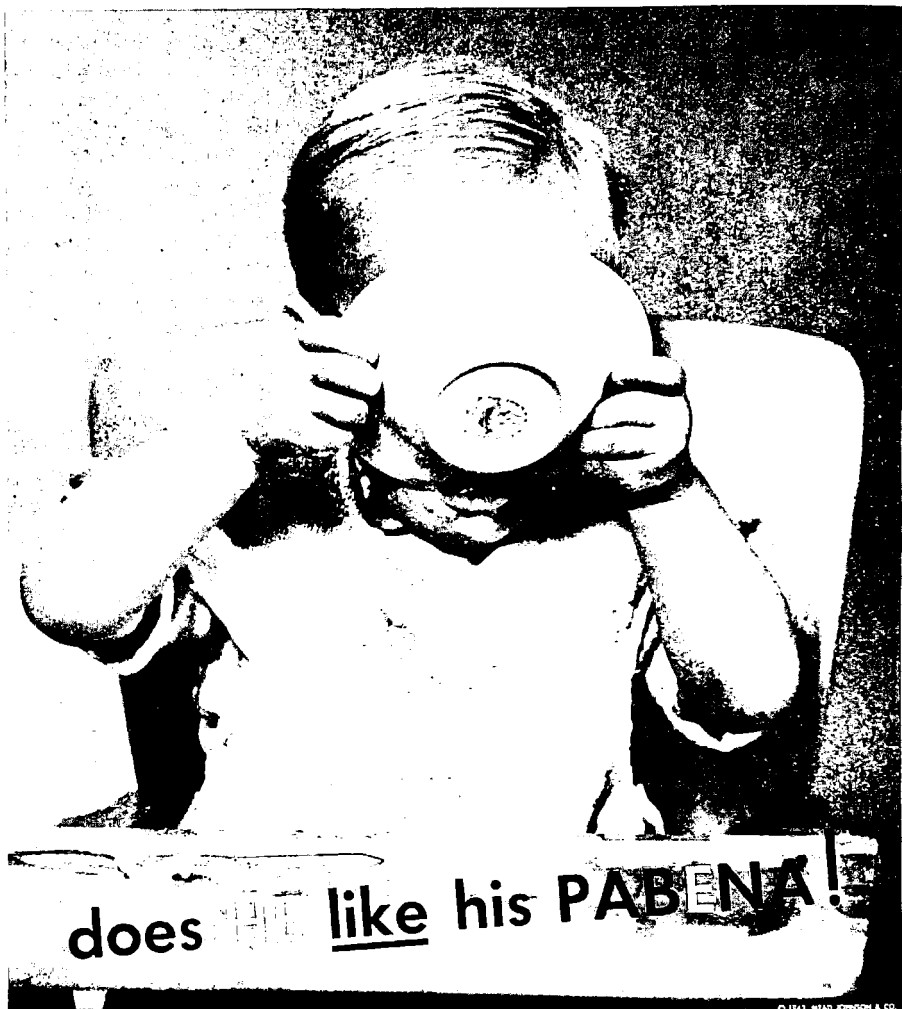
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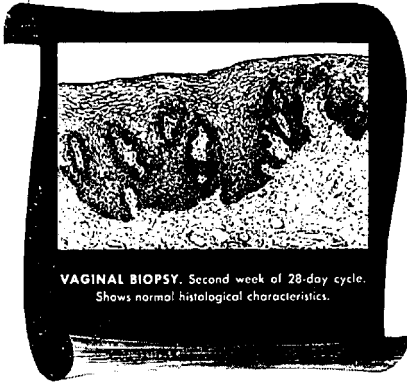
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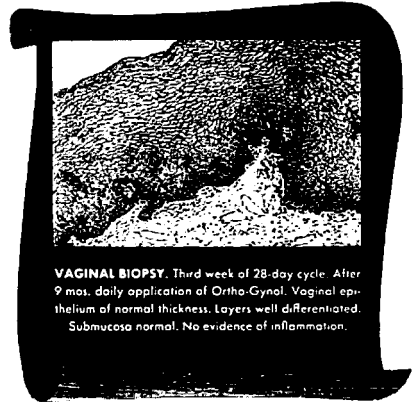


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Shows normal histological characteristics.

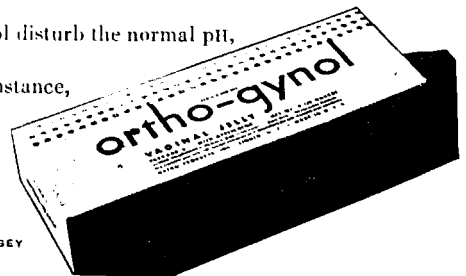


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With the Armed Forces

J. W. Bowen, flight surgeon, finished school of aviation medicine at Randolph Field. Now at Esler Field, La.

John R. Flynn was made a Lieutenant Commander on July 1. A recent cablegram indicates that he is probably in Iran.

Maj. Harrington happily situated at Greenville, S. C.

C. P. Larson probably overseas.

It is now Captain Miles Parrott. Now engaged in extensive army maneuvers at Bend, Oregon.

E. J. Fairbourn taking a three-month course on internal medicine at the Mayo Clinic.

Hillis Griffin in Washington, D. C., for September and October, studying tropical diseases at the Army Medical School.

It is now Captain Gerald Kohl. Still at Reception Center, Fort Lewis.

Major Monzingo still at San Antonio but expects to go overseas any moment.

Lieut. F. W. Hennings became ill while on duty in Alaska and was flown to Seattle, where he is still in the hospital.

Homer Humiston writes from somewhere in the South Pacific that he is working 10 to 15 hours a day but finds time to do some deep sea swimming around coral reefs, looking at tropical fish, has taken up golf again and is converted to avocados, which he picks off his own trees.

Jess Read writes from Sicily that the towns there are much dirtier than in Africa but not so many flies. He and some of the boys had a real meal when they found a place that had some fresh eggs and they had two fried eggs, two pieces of bacon and some crackers.

Capt. Fordyce Johnson is now at Pasadena Area Station Hospital, one of the swank Army hospitals, quite a change from McCaw. Mrs. Johnson and the children left on August 27 to join him.

Lieut. R. A. Norton finished at Randolph Field and transferred to the Santa Ana Air Base.

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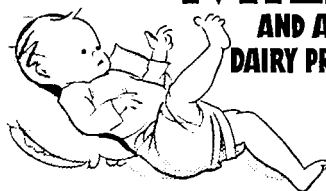
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PHYSICIANS AND DENTISTS' BUSINESS BUREAU

Continued from page 5

Methods of Collection

If the first notice to a delinquent has been disregarded after a week's time, another is sent and another seven days allowed for an answer. If there is no response the case is turned over to a Bureau investigator who telephones or calls at the home to determine whether or not the client intends or refuses to pay. If he does intend to pay but has merely overlooked the advance notices, the investigator arranges the method of payment.

The Bureau does not discourage payments direct to the doctor, but it does ask that the doctor report them immediately when received. It is easy to see that should the doctor receive a payment and fail to report it, he may be putting himself and the Bureau to added trouble besides risking ill feeling on the part of his patient who will continue to receive letters from the Bureau or calls from an investigator.

The Bureau is proving every day to its Society that the collection of accounts is a legitimate and respectable business and that the successful operation of the services it offers is a highly specialized work.

Supplementary Services

The advantages the Bureau offers to members of the Society are many. Besides being relieved of the task of collecting his own bills, the doctor has the advantage of the credit file which is constantly being augmented and kept up to date. It now contains more than 125,000 names of medical delinquents in Milwaukee. The information obtained about these people is available to every member of the Society.

This listing of delinquent accounts does not by any means insinuate that the doctor who used it to check on his patients is more interested in collecting his bill than in treating the patient. But it is true that the doctor has the right to know, and know immediately, whether or not he is treating a charity case. The charity case is of concern to the private practitioner, for despite numerous organized medical services the burden of the care of the indigent falls heavily upon him. Most physicians have many

families whom they gladly serve without compensation.

Through its affiliation with National Association of Medical-Dental Bureaus, the Medical Business Bureau also has the key to out-of-town accounts. These reciprocal associations range from one end of the United States to the other.

Besides these services, the Bureau stands ready to assist the doctor in his office problems and the preparation of new record forms, to counsel him on insurance questions, to help him estimate his taxes, and to audit his records so as to determine the age and consequent collectibility of his accounts.

Society members who take full advantage of the Bureau services have come to realize that there is a definite place in the physician's office for the services of a reliable agency. To neglect the proper use of these facilities only contributes to the widespread abuse of the public's financial dealing with the professional man.

The Milwaukee Medical Business Bureau ranks high among other such agencies in the country. To the members of its Society it offers service and aid through methods congruous with the standards of the medical profession.

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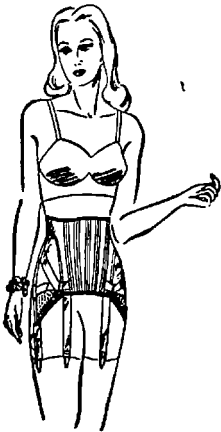
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Continued from page 3

lieves pain. As soon as motion can be performed without discomfort the affected parts are moved through their utilizable arc of motion, not so much to restore strength as to secure a rhythmic and co-ordinated action of all muscles concerned with any motion. Weakened, inco-ordinated or "alienated" muscles (to use her term) are stimulated and directed by individual attention to resume their correct function, normal in point of time and direction of action. Other muscles not involved or involved to a lesser degree are discouraged from assuming any abnormal action as the result of the patient's conscious or unconscious effort to effect a desired motion.

Patients under the Kenny treatment show many benefits as a result of the combination of heat, regulated exercise, the direction of motor impulses and the absence of long periods of immobilization. There is much yet to be done to lessen the time and amount of work now required to apply the method to any large

group of patients but few will deny that Elizabeth Kenny has made a great contribution in this field.

The present-day treatment of early poliomyelitis, P. M. Stimson; *Clinics*, 2:309-322, August, 1943.

A diagnostic cutaneous reaction in acute poliomyelitis, E. C. Rosenow; *Proceedings of Staff Meetings of the Mayo Clinic*, 18:118-128, April 21, 1943.

Observations on the Kenny treatment for poliomyelitis, F. H. Krusen; *Medical Clinics of North America*, 27:883-902, July, 1943.

The use of prostigmine in the treatment of poliomyelitis, Herman Kabat and M. E. Knapp; *Journal of the American Medical Association*, 122:989-995, August 7, 1943.

The Kenny versus the orthodox treatment of anterior poliomyelitis, J. A. Key; *Surgery*, 14:20-31, July, 1943.

Insect vectors of poliomyelitis (editorial); *Journal of the American Medical Association*, 122:1250-1251, August 28, 1943.



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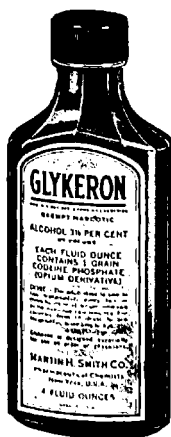
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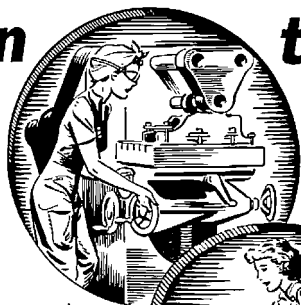


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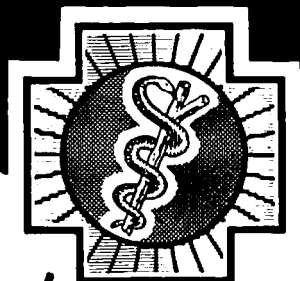
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The BULLETIN

Official Publication - Pierce County Medical Society

VOL. XIII - No. 7



OCTOBER - 1943

Programs

OCTOBER 12

Medical Arts Auditorium — 8:15 P. M.

- Cerebrospinal Meningitis.....W. J. Lightburn, Major, M. C.
Station Hospital, Fort Lewis
- Recent Surgical Advances.....C. B. Ritchie



See page 3 for details of a special Poliomyelitis Clinic, with demonstration of the Kenny treatment, at County Hospital on October 16 at 8:30 A. M.

See page 4 for notice of proposed change in By-Laws of Pierce County Medical Society.

Pierce County Medical Society

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Vice President.....	W. H. Ludwig
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Military

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W. B. Penney		E. C. Yoder

Public Relations

W. B. McCreery	S. E. Light, Chairman	A. E. Hillis
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N. E. Magnusson	B. A. Brown, Chairman	J. F. Steele
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Industrial Hygiene

A. B. Heaton	R. D. Wright, Chairman	G. J. Vandenberg
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Editor.....	C. F. Engels
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EDITORIAL

Senator Robert Wagner, of New York, author of the bill creating the National Labor Relations Board, which was to do away with strikes but which, in effect, has been the most one-sided and unfair law ever put on the statute books and under the operation of which the country has been sold down the river to the labor-union racketeers, has had another brain storm and produced another bill, this one to sell the medical profession to the politicians. It is officially known as Senate Bill 1161.

Under this bill, if it should become law, there would be collected, in taxes, \$3,048,000.00 annually. This tidy sum would be placed at the disposal of the Surgeon-General of the Public Health Service giving him also the power to hire doctors, own or lease hospitals and take over the practice of medicine in nearly any way he saw fit. All this to bring free medical service to practically everybody in the country. If this becomes the law of the land, we may as well consent to be hired men, working for the government, taking the salaries they think we should have, doing the paper-work they think we should. Our men in the armed forces will appreciate this best.

This measure will come up for passage this session of Congress. If that's the way you wish to practice, fine, just don't do anything about it and you'll eventually have the chance. If it does not please you, write to our congressmen and senators and tell them so. You men in service particularly. You're the lads who will wield a tremendous influence with the politicians after the war. A politician's first thought about any legislation is, "How will this affect my job?" Just drop him a note, saying, "Look, congressman (or senator), if you try to do this to us, while we are away fighting your war, so help us, when we get back, we will have things to do to you and believe me, we will do them." The soldier vote, after any war, is the one thing the politicians play us to, so put in your rank with your signature, so he'll know you're not fooling. Tell him you're going to watch his vote on this bill and pairing off with some other legislator, or being absent, or any other of those subter-

Continued on Page 23

Bubonic Plague in Tacoma!

C. R. FARGHER, M. D.

It is traditional that control of epidemic disease is difficult in time of war. This war has been no exception and has demanded the utmost effort of physicians and health authorities to keep this nation one of the healthiest in the world.

During the present war Tacoma has the dubious distinction of writing another chapter in the history of Bubonic Plague. Late in 1942 it was discovered that a large population of rats in the waterfront sections was infected with Plague. Since it is known as a scientific fact that Plague in rodents always precedes appearance of the highly fatal disease, it was considered imperative that immediate steps be taken to eradicate this menace.

It is no accident that not a single human case of Plague has occurred. The Tacoma Health Department in cooperation with the U. S. Public Health Service and the Washington State Department of Health quickly and quietly set in motion an organized campaign of control, which had as its objective elimination of infected rats and their fleas which transmit the disease to man. In addition, strenuous efforts were directed toward preventing the spread of the disease from the waterfront into residential areas and preventing its spread from Tacoma to other cities and states through rail or water shipping.

Very shortly after discovery of the disease, a group of 25 people was engaged in this pro-

gram and a special laboratory was built. Rats were killed by every known means, their sources of food were removed and their nesting places were destroyed. More than 250,000 poison baits have been prepared and distributed. Of 25,000 rodents collected and examined in the laboratory, eighty groups or "pools" of specimens were found positive for Plague. Additional untold thousands of rats were killed by home owners, commercial exterminators, and other agencies but were not examined in the laboratory.

Within six months of the start of the campaign control had been achieved and on May 4, 1943 the last infected rat was found.

Control efforts are continuing as it is too early yet, to be sure that no further danger from the disease exists. It is known from past experience that continuous control must be conducted for at least six months after the last infected rat has been found before it is reasonably certain that control of the outbreak has been attained.

The institution of a permanent program which will prevent the recurrence of Plague is being considered by the Tacoma Department of Health.

Poliomyelitis Demonstration and Clinic

A demonstration and clinic on anterior poliomyelitis will be held at the Pierce County Hospital Saturday, October 16, at 8:30 a. m. There are a number of cases of varying degrees of paralysis to be reviewed. The details and technique of the Kenny treatment will be demonstrated by Miss Loretta Botto, physiotherapy technician. The Kenny conception of the disease will be discussed, and a general discussion of any aspects of the disease can be entered into by those present. A cordial invitation is extended to all members of the Pierce County Medical Society.

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Minutes of the Regular Meeting of The Pierce County Medical Society

September 14, 1943

The regular meeting of the Pierce County Medical Society was held in the Medical Arts Auditorium on September 14, 1943, with Dr. S. F. Herrmann in the chair. Forty-eight members were present.

Mr. Fowler made a plea for the members' participation in the bond drive now under way.

Minutes of the last meeting were read and approved.

The secretary stated that he understood that an annual meeting had been held in May, 1943, but found no evidence in the minutes.

The scientific program was presented under the auspices of the Committee on Industrial Hygiene of the Washington State Medical Association.

Dr. L. W. Farner described the development of the industrial hygiene program in the state. He particularly recommended a book on occupational hazards and diagnostic signs that was put out by the United States Department of Labor. It was stated by the president that the society would buy fifty of these books and they would be available for anyone who desired one.

Dr. H. J. Whitacre presented the program of the Committee on Industrial Hygiene of the Washington State Medical Association.

These papers were discussed by Drs. Murphy, Wright, Herrmann and Yoder.

The following applications for membership were read: C. R. Fargher, L. J. Bland, H. L. Maier, C. E. Wiseman, G. F. Dillon and G. A. Drucker

Dr Arthur P. O'Leary was elected to membership in the society.

Letters of appreciation were read from Mabel P. Dodds and Bernice Monzingo.

Report of the Hospital Fund as presented to the Trustees was read.

The Secretary stated that the State Association had raised the dues to \$20.00 for next year.

Dr. Herrmann stated that Dr. Wright had asked that letters of availability and disability of employees of the Seattle-Tacoma Shipyards be sent to the Personnel Department direct instead of being given to the employees.

There being no further business, the meeting adjourned.

Proposed Changes in By-Laws

Notice is hereby given of proposed changes in the By-Laws of the Pierce County Medical Society, which will be voted upon at the regular meeting of November 9, 1943, as follows:

Section 3, Chapter 1, to be amended to read, "The annual dues of this society are due January 1, annually, from each member, excepting those specifically exempted. The dues shall be \$40.00 for members practicing in the city of Tacoma and \$27.50 for those practicing outside of the city."

Paragraph a, Section 4, Chapter 1, to be amended to read, "Graduates in medicine granted membership within five years following completion of their internships shall pay dues amounting to \$25.00 per first year of active practice, \$30.00 per second year, \$35.00 per third year and regular dues thereafter."

Community Immunization Program of City Health Department

A few weeks ago the Tacoma Housing Authority asked the Health Department to consider making their services available to occupants of the Salishan and Lincoln Heights areas, indicating a specific desire for immunization services.

As a result of this request, a survey of the immunity status was made. Of the 2400 homes to be completed at Salishan and Lincoln Heights 1050 were occupied at the time of the survey, and 100 homes were surveyed at Salishan, none at Lincoln Heights. The survey is as follows:

	CHILDREN SURVEYED	IMMUNE		ESTIMATED NON-IMMUNE IN AREA	
		No.	%	At time of Survey	Complete Occupancy
<i>Diphtheria</i>					
Pre-School	115	42	37	464	1058
School	130	88	68	273	623
<i>Smallpox</i>					
Pre-School	115	33	29	533	1216
School	130	102	79	182	415
<i>Whooping Cough</i>					
Pre-School	115	*42	37	464	1058

*½ were given active immunization, ½ had experienced the disease.

The proportion of pre-school children protected from Diphtheria and Smallpox is not sufficient to prevent occurrence of these diseases in epidemic proportions.

Due to the endemic incidence of Diphtheria and the length of time required to produce active immunity, Diphtheria should be given the greatest consideration.

The following program has been planned

with the endorsement of the Board of Directors of the Pierce County Medical Society:

1. The family physician should encourage immunization of his own patients.
2. The City Health Department will conduct mass immunization clinics at Salishan and Lincoln Heights housing areas.
3. The Tacoma Health Department will give a special emphasis to the promotion of immunization by the family physician in news releases.

Tuberculosis Symposium

The Heart Committee of the San Francisco Tuberculosis Association will hold the fourteenth annual post-graduate symposium, with Dr. Tinsley R. Harrison as guest speaker, in San Francisco, November 4, 5, 6, 1943. A complete program may be seen in the library by anyone wishing to attend.

Resolutions

Kind Fate will soon decide my time to go;
I'll say, "So long," and add this one request:
No resolutions, please, if you would know,
Just pass them up and that will suit me best.

For resolutions give a futile note,
Of praiseful words possessed of empty sound;
A patterned eulogy addressed by rote,
To fresh laid sod upon the mounded ground.

So skip the resolutions you would frame,
Remember my good share of work and fun;
From here in resolutions sound so lame,
All I can offer now is what I've done.

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4th Vice President.....	Mrs. George Smith
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COMMITTEE CHAIRMEN
(Incomplete listing)

Program.....	Mrs. T. H. Duerfeldt
Social.....	Mrs. J. W. Gullikson
Publicity.....	Mrs. J. B. Robertson
Cancer.....	Mrs. Clifford Halvorsen
Historian.....	Mrs. Lester Baskin
Telephone.....	Mrs. Clyde Gray
National Bulletin.....	Mrs. L. A. Hopkins

The October meeting will be a tea at the home of Mrs. W. B. Penney, 3018 North Puget Sound, at 2 o'clock on the 14th.

Reports will be made on the State Auxiliary meeting which was held in Seattle in September, followed by a general discussion. Mrs. T. H. Duerfeldt will be in charge of the program.

Mrs. J. W. Gullikson, social chairman, has arranged for tea and a social hour following the business meeting.

Unsung Heroines

Mothers and wives such as we have in our Auxiliary are the unsung heroines of the hour. They carry on the fundamental and perhaps less exciting roles that hold home and family—and therefore society—together. Sons, husbands, fathers, brothers, and now even sisters and daughters too, are in uniform. Additional millions are dislocated to work in war production. The center of these depleted families is mother and wife. Because she is here, at home, and on the job, these dislocations and depletions, in major degree, will be only temporary.

This is more than merely war effort, as important as that is; it is human effort rooted in woman's sense of values that transcends today's problems and expresses itself in terms of mankind, and evolution and civilization.

In sharper focus, the Woman's Auxiliary of the Wayne County Medical Society is assisting materially in a big and most difficult job—the establishment of scientific truth. More truth, and adherence to it, is what the world needs today. The process is sometimes slow and discouraging, but the satisfaction that comes from working for the truth is the greatest of compensations.

We want our Woman's Auxiliary to know their work is deeply appreciated.—*Detroit Medical News.*

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PUBLIC RELATIONS

In a recent book under the title of "Public Relations for Business," Milton Wright presents some ideas which seem particularly appropriate for the consideration of organized Medicine and every one of its members at a time when certain groups are clamoring insistently for a radical change in our system of medical care.

In one chapter of this book, "Reorganizing for Good Will," emphasis is laid upon the necessity for removing all causes of public irritation and dissatisfaction with the product or services rendered by the particular industry in question.

While Medicine could hardly be considered an industry yet it does render a service vital to the public, and the attitude of the public toward the profession is the sum total of the impressions it receives as individual patients under treatment or as friends, or relatives of those patients; and finally, of the accuracy of its information concerning the broad social value of those services to the nation as a whole.

Leading business concerns such as the American Telephone and Telegraph Company, the International Nickel Company of Canada, and the General Foods Company, to mention only a few, have long recognized the value of public opinion. They have employed specialists in public relations activities to analyze corporations' contacts with the public. Where causes of irritation have been found these causes have been

removed. In other words, these business organizations have set their own houses in order first, in order that they might be in a position to go before the public with clean hands to tell their story by all the modern means of communication, the printed word, the billboard, the radio—and, what is more important, satisfied customers.

Is there something wrong with the "house of Medicine" that is responsible for the insistence on the part of a small number of individuals that some radical change be made in the way we conduct our business? Are our relationships with our employees—nurses, technicians, clerical workers—conducive to building their good will toward us? Do we pay them decent living wages; make their working conditions as pleasant as possible; do we attempt to give our patients the best we have at a price they can afford to pay? Or, do we sometimes exploit them for a fee; do we take full advantage of our opportunities to develop good will by our contacts with hospital executives, private and general duty nurses, and all of the public with whom we associate?

These are some of the questions that a public relations counsel would ask us as individual practitioners and our medical organizations representing us, if we were to employ such a counsel to analyze public opinion and tell us wherein we had failed in the past and what we might do to correct such failure.

Your committees on Professional Conduct and on Fee Complaints have been doing some
Continued on Page 19

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PERSONALS

The G. M. Steeles have moved into their new home at 3602 North 36th street.

Dr. George Kunz, Jr., and Miss Lorraine Barkost were married on September 10. George is now in active practice, officing with his father for the present.

Dr. Baskin writes from somewhere in Alaska that he is becoming a very accomplished carpenter, furniture maker and plumber and will be able to enter any of these unions when he returns home.

Don Willard and Glen McBride are both captains now. Congratulations.

The Kenneth Douglases have a new baby boy, Harry Greg, born Sept. 20. Another potential interne. Keep up the production, Ken.

Dr. MacLean has moved into new offices at 903 Medical Arts Building. The MacLeans are receiving congratulatory notes upon the arrival of a new granddaughter, the child of Dr. and Mrs. Vincent Sneed, of Portland.

Major Clifford Halvorsen gave a paper on "Some Neurophysiologic Problems in the Military Service" at the regional meeting of the American College of Physicians, which was held in Seattle on September 24. Others attending from Tacoma were Drs. B. A. Brown, W. B. Dublin, Robert W. Brown, W. B. Penney and T. H. Duerfeldt.

Appearing on the program at the meeting of the North Pacific Society of Internal Medicine

in Seattle on September 25 were Dr. J. R. Turner, who presented a case report of herpes simplex, and Dr. W. B. Penney, who presented a case report of Addison's disease.

What sounds like rather a strenuous vacation was spent by Dr. Duerfeldt in California. He spent some time at Dr. Addis' Bright's disease clinic in San Francisco, taking charge for a week while Dr. Addis was away on vacation, and attended various clinics at the University of California hospitals. He was in Modesto for two days with Captain Frank Maddison, who is still at the Hammond General in charge of the cardiovascular wards, feeling fine, doing lots of work and seeing many interesting patients. He walked Dr. Duerfeldt around the hospital for about three miles, showing him his pet cases and altogether the two had a good visit. Captain Maddison spoke of the value of the Bulletin in keeping men in the service informed on local matters and said he missed it during the summer suspension.

It is now Lieut. G. A. Drucker, M. C., Army of the United States, stationed at Fort Beale, California, a full-fledged American citizen.

Clara Llewellyn, former office attendant with Dr. Rich and later with Dr. Goering, was married to Leslie T. Stephenson in Ketchikan, Alaska, August 24th, 1943.

Mrs. Jean Hawley, technician in Dr. Sander-son's office, has her son visiting at home, on leave from service in the Solomons for many months with the U. S. Navy.

Dr. Robert O. Ball, one of Tacoma's old-time physicians, died June 18th, aged 75. He had been retired from active practice for some time before.

We had a nice visit with Maj. Bill Goering at Barnes Hospital in Vancouver recently. Bill is certainly busy, with some 600 beds of orthopedic cases to look after. Looks just as big and handsome as ever.

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America at War Continues in Good Health

It is now 19 months since the United States entered the second World War, a period equal to that of our participation in the first World War. Fortunately, the health of the civilian population has continued on a high level during this trying period. As a matter of fact, the mortality among the many millions of Metropolitan Industrial policyholders in 1942 was the lowest ever recorded for any year. And although since October of last year the monthly rates have exceeded those of the preceding year, month by month, the rise in mortality has not been serious. The death rate for the first six months of 1943 is only 8.2 per 1,000. While this is 7 per cent higher than the comparable rate for last year, it is appreciably lower than that recorded in any year prior to 1938. Restrictions and difficulties incidental to a global war have not as yet seriously affected the health of the American people.

Part of the recent rise in mortality is due, of course, to the increase in deaths from enemy action. For although the fatalities are low in this war as compared with the first World War, they are increasing in number as more and more of our men become engaged on various battlefronts of the world. The rate for deaths from enemy action is 11.2 per 100,000 policyholders of both sexes for the first half of 1943, as compared with 4.5 in the like period a year ago. The largest part of this increase has occurred among military personnel. The war deaths of civilian policyholders, largely in the Merchant Marine, have remained fairly stable from month to month. Greater losses will undoubtedly occur as our forces advance on the various fronts. Modern surgery, the use of the sulfa drugs, and the blood bank will save many thousands of lives; nevertheless, deaths on the battlefield are likely to be high in coming months under the conditions of modern warfare.

Outside of these direct losses from enemy action, the health prospect of the country remains comparatively favorable. One fortunate factor in this situation is the absence of any widespread epidemic of respiratory disease, such a developed toward the end of the first World War. Because of the increased prevalence of the virus pneumonias, which are not amenable to chemotherapy, the mortality from pneumonia has been higher so far in 1943 than in 1942. It is lower, however, than in 1940 or in any prior year.

The low level of the tuberculosis death rate, despite war conditions, is an outstanding feature of the period. The United States is unique among the belligerent nations in this respect. England, for example, reported an increase of 6 per cent in respiratory tuberculosis in the first year of the war, and 10 per cent in the second year. The condition there has improved, however, with the letup in enemy air raids. Among Metropolitan Industrial policyholders the tuberculosis rate for the first six months of 1943 is 4.6 per cent below that of 1942, which in turn was down 2.7 per cent from 1941. As yet, the longer hours of employment, the congested living conditions in defense areas, and the curtailment of food supplies have not affected adversely the tuberculosis mortality rate. The continuation of these war conditions is, of course, potentially dangerous, and calls for great vigi-

Continued on Page 16

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America at War Continues in Good Health

Continued from Page 13

lance on the part of those working in the field, to detect cases early and to bring them under adequate treatment.

At the beginning of the war it was feared that the migration of large numbers of workers into defense areas, and the concentration of new recruits in training camps, might provide fertile soil for such diseases as measles and scarlet fever, which play havoc with susceptible adult populations. It is, therefore, noteworthy that the mortality from these diseases remains below prewar levels. Cerebrospinal meningitis, however, has shown an increased prevalence. The death rate for the first six months of 1943 is 2.7 as compared with less than one per 100,000 in 1942 and 1941.

Despite the marked rise in the birth rate during the war and the consequent increase in

the number of women exposed to the hazards of pregnancy and childbirth, and the shortage of medical personnel, the death rate from the puerperal causes has reached a new minimum for the first half of 1943.

The usual tendency for the suicide rate to decline in wartime is again evident. The rate for the first six months of 1943—6.5 per 100,000—is the lowest in more than two decades. It is 15.6 per cent below last year's rate, and 23.5 per cent below the average for 1917-1918.

The great decline in deaths from motor vehicle accidents has resulted in bringing down the total accident rate to 48.6 per 100,000, or under last year's figure, despite the increase in some other types of accidents.

Among the unfavorable features of the year's record, aside from the mounting toll of war deaths, is the continued high level of mortality from the diseases of middle and later life. Cancer, cerebral hemorrhage, and diseases of the heart and arteries, all record higher rates than ever before. Diabetes continues the trend of 1941 and 1942. Chronic nephritis alone, of the degenerative diseases, records a lower mortality than in the years prior to 1942.—*Statistical bulletin of Metropolitan Life Insurance Co.*

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Unwanted Freedoms

Four freedoms have been widely advertised to the world as having originated in the Atlantic Ocean. Two of these freedoms are positive—Freedom of Speech and Freedom of Religion or Faith. These two freedoms are sufficient for Victory. These two freedoms give the widening perspective and the far view.

Speech gives opportunity for discussion, study, deliberation and argument. It gives latitude to those who teach and those who listen. Faith is a precious quality that lends courage to the possessor. Faith is an important part of every religion. One may have faith without religion but one cannot have a religion without faith.

Freedom from want and freedom from fear are negative quantities. There is no glory in these freedoms. There is no particular virtue in them. They may be useful slogans for attracting political support, but they are weak arguments. They may just as well be left in the Atlantic for all the good they will do.

If one indulges in Freedom from Want, he does not strive, think, save, budget, study nor work. One will do all of these things to escape want. Then, why ask for freedom from want?

If one insists upon Freedom from Fear, he can then burn himself in his innocence and indulge in a confident future that planners are willing to arrange without guarantees.

There are two groupings of people who have freedom from fear and have security. Group 1—Those in asylums. They have security, food, bed, clothing. They have no liberty and no

chance to move beyond their walls and fences. Group 2—Those in prisons and penitentiaries. They have freedom from want and fear. They have security and all of its implications. They are guarded in their security. They have no liberty.

Thus, those with no mind and no liberty have security.

Give me want and I will strive for my own security. Give me fear and I will fend for myself. Give me freedom of speech that I may be educated and acquire intelligence and wisdom enough to protect myself and my brother. Give me freedom of faith so that I may pray to be delivered from planners. I will make my own arrangements. The only arrangements willingly left to planners will be my funeral arrangements—for then I will be secure, settled and dead.—E. H. S. in *The Kansas City Medical Journal*.

Communicable Diseases

SEPTEMBER 1943

Chickenpox	6
Diphtheria	1
German Measles	1
Measles	1
Mumps	4
Poliomyelitis	8
Scarlet Fever	7
Tuberculosis	3
Whooping Cough	26

Doctors Courageous

Don't forget to remind your patients to listen in to "Doctors Courageous," which is broadcast over KTBI every Sunday evening at 8 o'clock.

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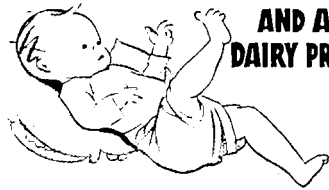
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Public Relations

Continued from Page 9

excellent public relations work although they may not have realized just how important their work has been. The complaints that come into your Association headquarters from individual patients against Association members strangely enough are rather few in number and most often center around some disagreement over a fee or the belief on the part of the patient that his physician has failed to give him proper and considerate treatment. Your committees have accomplished some excellent results in reconciling these differences between patients and physicians and in the long run improving our relations with the public.

Eliminating the just causes for public complaint against us, and this elimination must be sincere, prompt and thorough, what is the next step?

We too, as a sound, going concern, contributing an essential service to American society in a manner that is admittedly not perfect, but on the record, always improving, must now go before the people in an aggressive, up-to-date manner, informing them just what has been accomplished in their behalf and how.

To do this we must employ every modern means of communication directed by those skilled in the analysis of public opinion and the manner in which that opinion can be made to respond to the accurate representation of facts.

The story of American Medicine and its accomplishments has never been told to the American public. The organization of medical schools, supervision of medical education, the direction of hospital staffs, the careful search for and experimentation of new drugs, therapeutic appliances, are only a few of the many services Medicine renders daily and of which

the public is entirely unaware. The services of our members, rendered freely and cheerfully in clinics and county hospitals throughout the land without thought of recompense, the vast amount of part-paid services rendered in our offices, are all activities which a skilled public relations counsel can and will depict in such a manner as to demonstrate to our patients as a whole the fact that the system under which they have received their medical care is not so bad as some of its detractors have implied.

The truth should be known about the overwhelming favorable comparison of our American system with any other type of medical care as practiced elsewhere about the world. When properly presented by those skilled in portraying facts to an intelligent public there will be no doubt about what the decision will be.

Admittedly the hour is late, but not too late.
—*The Bulletin of The Los Angeles County Medical Association.*

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Editorial

Continued from Page 2

fuges won't go this time. Tell him you expect him to be on hand and vote "NO" or else. Remember the chap is working for you, you hired him and are paying him, ten thousand good smackers a year, AND extras, plenty of extras.

For the benefit of those who will really write, here is a list of the Washington legislators. Write all of them, you can't miss. Homer T. Bone and Mon C. Wallgren, U. S. Senate, Washington, D. C. Warren G. Magnuson, Henry M. Jackson, Fred Norman, Hal Holmes, Walter Horan and John M. Coffee, all House of Representatives, Washington, D. C.

Get the doctors in your outfit to write to their representatives too. Our State Society has just passed a resolution against this bill, to be forwarded to all our legislators but the individual letters carry more weight, so let's all write. Now.

Hospital Merger

Mrs. Henrietta Palmer of the Washington Minor Hospital and Dr. R. A. Button of the Button Veterinary Hospital were married in September. We were not invited to the wedding so can give no details.

A Doctor Is a Funny Guy

A doctor is a funny guy;
He tells us that we're sure to die,
If we don't hustle into bed
The minute that our throats get red,
And temperatures rise two degrees,
And we begin to cough and wheeze.

But when he gets the selfsame way,
He thinks he's made of tougher clay;
That he can gambol in the rain
In spite of fever, cough and pain.
His rules, when other folks are ill,
Applied to him are simply nil.
He's different; tho' he can't tell why.
A doctor is a funny guy.

—Exchange.



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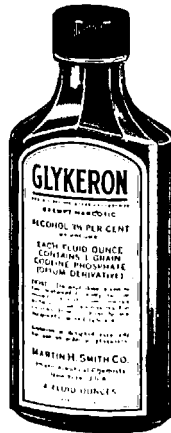
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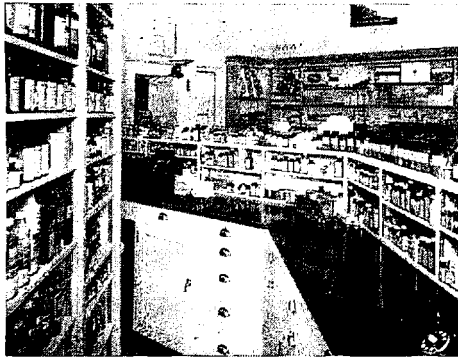
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The BULLETIN

Publication - Pierce County Medical Society



Vol. 11, No. 8

NOVEMBER - 1943

Programs

NOVEMBER 9

Medical Arts Auditorium — 8:15 P. M.

Reports on Meeting of the Inter-
state Postgraduate Medical Asso-
ciation of North America, Chicago,

Nov. 26-29

R. C. Schaeffer
B. A. Brown
E. C. Yoder
R. D. Wright
S. M. MacLean



See page 11 for details concerning a dinner to be held in honor of
Dr. P. S. Pelouze

Pierce County Medical Society

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Industrial Hygiene

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Business Manager.....	W. W. Mattson

sional conduct entitle him to recognition. It places him in the fold of organized medicine. Mere membership, however, it not enough. A society can function and continue to survive only if it remains alive. Are you doing your duty or are you even looking out for your own interest if you fail to remain an active member who attends meetings? Trustees and officers cannot make a society. Your attendance is needed.

These are strenuous times. We who remain at home are entrusted with many responsibilities. We must keep the civilian population well and must help solve complex problems of medical care now and in the future. Individuals cannot work effectively; only organized effort can meet the challenge. When the boys come back from the war let us be able to tell them that we have kept the faith. Or shall we give up because we are too busy? A concession has already been made by reducing the number of meetings to one per month instead of the former two. Your voice, your vote and your attention are needed at each meeting. There may even be something of scientific interest which you should learn. Will you come?

S. F. HERRMANN.

During the past year we have had, at our medical meetings, twenty-one speakers from outside the city and twenty local men. Some of these were men with international reputations in medicine. Certainly, all this material was equal to what one might expect at some famous clinical course, yet we have any number of members who have not sufficient interest to turn out for two hours of an evening, to take advantage of these opportunities. Medicine is a living, growing science and those who do not keep up find themselves outdistanced and left behind. How is it possible that we have members who do not realize this? Some of our members have not attended a single meeting for a year. Our medical society is not like a labor union or a lodge, which one may join and then enjoy certain benefits, without further attendance. The old lumber-camp cook's call of "Come and get it" applies here. You must at least come to the table if you wish to enjoy the feast.

Not one of us would lightly give up his membership in the medical society. It means that he is accepted by his fellows as one whose educational attainments, ethical ideals, and profes-

The Lake County Resolution

(Adopted by unanimous vote of the Lake County, Indiana, Medical Society at its meeting of September 8, 1943.)

WHEREAS, we, whose medical practices place us in intimate daily contact with the rank and file of Americans, know that the public has reacted against the policies and actions of the American Medical Association and its representatives, and that the public is reacting favorably toward the Wagner-Murray Bill S-1161; and

WHEREAS the high standards of practice and the unparalleled achievements in public health that have resulted from the American system of private medical practice are threatened with destruction because much of the American public and many of its congressional representatives misunderstand and are therefore prejudiced against organized medicine; and

WHEREAS we are, to medical history, the temporary custodians of the practice of medicine

and have therefore a grave responsibility to our members in the armed forces, to the public, to our predecessors and teachers, and to the future generations of physicians and their patients—an inescapable responsibility not only to preserve but to improve both the quality and methods of medical care; and

WHEREAS organized medicine is entirely without voice or representation at the national legislature, presumably because the American Medical Association seeks to preserve a tax-exempt status by refusing to engage openly in legislative work at a time when the future of American medicine is at stake; and

WHEREAS we are not now organized to meet our responsibilities because, for example, such dangerous legislation as that portion of the First Deficiency Appropriation Act of March 18, 1943 which established the program for the obstetrical and pediatric care of families of men in the armed forces, has only recently slipped through Congress without the constituent state associations and county medical societies even being advised of the bill or its implications, and without well-intentioned legislators who voted for it being informed regarding the bill's medically vicious features; and

WHEREAS we are not now organized to protect the public or the profession, because actions taken and public health measures recommended by the House of Delegates of the American Medical Association remain only words on the record and are not translated into action or successfully enforced in the public interest upon the elected servants of the public; and

WHEREAS damaging and oppressive legislation is seldom, if ever, imposed upon an American industry, business or profession that has earned good public relations, seldom imposed upon any well-organized group that not only serves the best public interest but is understood, respected and admired by the public because of its *known* unselfish public service; and

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Continued on Page 23

The Physicians & Dentists Business Bureau

MYRTLE CHRISTOFERSON, *Manager*

Debtors in Military Service

What do you do with bills against debtors in Military Service?

This is one of the present-day problems that add to the collector's many headaches. We all have our own method in handling accounts against men and women now in military service. Some collectors say that when they find a debtor in service they immediately forget the account, that it is not worth the time and effort to attempt liquidation. Others immediately cancel these accounts back to the client and let him either charge it off to profit and loss or let him hold it in his own files.

When an account is assigned to the Bureau, it is not filed away unless it is definitely proven that the account is uncollectible at the present time. There have been a few accounts collected against service men, but this percentage has been small in comparison to the number of accounts which have been assigned against these men. It is a known fact that many men in service have families at home whose wives are unemployed and are financially not able to make payments on outstanding obligations. However, on the other hand, we have found many instances where the debtor is in service and the account being of such nature that the wife is equally liable, and upon investigation found her to be employed. In cases of this kind, we have not hesitated to make demands on her for payment.

When we receive an account for collection and the creditor advises that the man is in military service, we immediately attempt to get his present address, then write him asking for a systematic liquidation, and if we do not receive a reply may write one or two more letters and if we still do not receive a reply, and there is no chance of collecting from his wife, if he is married, then the account is deferred for the duration, unless we have reason to believe or receive information the man has been or may be discharged. We do not feel that it is quite the thing to write any threatening or hard-

boiled letters in these cases, as we believe they are more or less antagonistic and knowing as well as the debtor that we are not able to carry out our threats.

It sometimes helps to contact the Commanding Officer. This has brought results in some cases, especially where the man is attached to permanent personnel, but in the majority of cases, under present-day conditions, by the time a letter is written to the Commanding Officer of a certain detachment, the debtor has been transferred to another camp, consequently the letter finds its way to the waste basket.

All this has to deal with obligations incurred before the man entered military service, as it is customary for the Finance Officer to bring pressure to bear when a soldier receives his pay providing it is an account that has been incurred since the man entered military service and it is brought to the attention of the Finance Officer through proper channels. However, even then there is no way, to the best of the writer's knowledge, even for the Finance Officer to make it absolutely compulsory that the obligation be paid.

After all, it is more or less up to the debtor himself whether or not he can afford to pay and has the desire to pay or whether he is one heavily burdened with present family expense or who has an indifferent attitude.

* * *

Do you know that there was no new City Directory published this year? Because of this it is apparent that you instruct your office assistant to gather much more information from your new patients than she did months ago. If you do this it will make the task of collecting from these people a lot easier. Be sure to get their new business connections, address and above all, some reference. The people are on the move and in the last several months we have noticed that some families are already going back home. Where "back home" is, chances are

Continued on Page 27

Minutes of the Regular Meeting of The Pierce County Medical Society

October 12, 1943

The regular meeting of the Pierce County Medical Society was held in the Medical Arts Auditorium on October 12, 1943, with Dr. S. F. Herrmann in the chair. There were 47 members present.

Mr. Gerry Waechter, head of Ration Board No. 1, Tacoma, spoke of changes to be made in the blank for physicians to fill out in regard to special orders for rationed foods.

Minutes of the previous meeting were read and approved.

The scientific program was then presented.

A paper on Cerebrospinal Meningitis was given by Major W. J. Lightburn, of the Station Hospital, Fort Lewis. Major Lightburn gave a detailed report, illustrated with slides, of 186 cases which occurred at Fort Lewis during the last two years. This paper was remarkable in demonstrating the difference in the treatment of these cases by chemotherapy, the death rate being less than 3% in this series.

Dr. C. B. Ritchie gave a paper on Recent Surgical Advances, which was very instructive. He dealt mostly with the treatment of burns.

In the business meeting the following courtesy members were accepted after approval by the Trustees: Drs. F. J. Schwind and R. J. Ramquist.

The following doctors on ballot were elected to membership in the society: Drs. C. R. Fargher, Leland J. Bland, H. L. Maier, C. E. Wiseman, G. F. Dillon and Gerhart A. Drucker.

The application of Dr. F. E. Shovlain, located at the Western State Hospital, was read and referred to the Board of Trustees.

A communication from the State Medical Society was read, in regard to change in by-laws concerning dues of disabled members.

A communication stating that the group disability insurance policy taken out with the Commercial Casualty Company was now in effect was read.

The following change in By-laws, which had been approved by the Trustees, was read and will be voted upon at the next meeting:

Section 3, Chapter 1, to be amended to read "The annual dues of this society are due January 1, annually, from each member, excepting those specifically exempted. The dues shall be \$40.00 for members practicing in the city of Tacoma and \$27.50 for those practicing outside of the city."

Paragraph a, Section 4, Chapter 1, to be amended to read "Graduates in medicine granted membership within five years following completion of their internships shall pay dues amounting to \$25.00 per year per first year of active practice, \$30.00 per second year, \$35.00 per third year and regular dues thereafter."

The following resolution was read and adopted, honoring Dr. E. F. Dodds:

WHEREAS: It has pleased the Almighty to remove from our midst our esteemed and valued friend and co-worker, Edgar F. Dodds,

THEREFORE: Be it resolved that in the death of Dr. Dodds we have sustained the loss of a faithful and conscientious friend, one who was trusted and honored by all.

We wish to bear witness to his steadfast and careful work in his profession. His patients were always sure of receiving his most careful and considerate judgment. We feel honored to have enjoyed his fellowship and friendship.

We offer to his bereaved family our heartfelt condolences and sympathy.

RESOLVED: That these resolutions be spread upon the minutes of the Pierce County Medical Society and a copy be presented to his family.

(Signed) RALPH C. SCHAEFFER
WILLIAM H. LUDWIG

The following resolution honoring Dr. A. S. Monzingo was read and adopted:

WHEREAS: It has pleased the Almighty to remove from our midst our esteemed

Continued on Page 25

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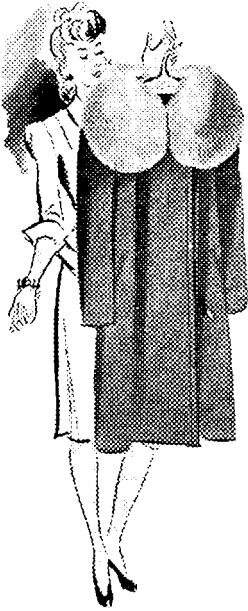
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Social.....	Mrs. J. W. Gullikson
Publicity.....	Mrs. J. B. Robertson
Cancer.....	Mrs. Clifford Halvorsen
Historian.....	Mrs. Lester Baskin
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National Bulletin.....	Mrs. L. A. Hopkins
Membership.....	Mrs. H. F. Griffin

The Auxiliary will meet for luncheon at the home of Mrs. C. G. Trimble, 620 So. Union, on November 11. Luncheon will be served at 12:30 by the Social Committee, Mrs. J. W. Gullikson, chairman. Coffee, tea and dessert will be provided, and members are asked to bring their own sandwiches.

Mrs. T. H. Duerfeldt, program chairman, has secured as speaker Miss Kathleen Leahy, state chairman of the Division of Nursing, Procurement and Assignment Service, from the University of Washington, who will discuss the accelerated training course for nurses.

Take Sixth Avenue bus and get off at Union. All physicians' wives are urged to attend.

It would be a fine thing if other members of the Auxiliary would follow the example of Mrs. I. P. Balbanoff in writing our Congressmen regarding the Wagner-Murray bill. These men always have their ears to the ground for indications of how their constituents feel about proposed legislation, and Mrs. Balabanoff has

brought in to the Editor's office a sheaf of replies to her letters.

Doctor's Wife

Dr. M. H. Kettle used to say that the biggest handicap of a woman doctor was that she could not have a wife. For no housekeeper or secretary or dictaphone, companion or detective service can quite take the wife's place, and so far no husband has ever tried. A doctor's wife can make or wreck his career, but she can do far more—bring him misery in the midst of success or happiness in spite of failure. What qualities should she have if she is to give him—and therefore herself—both success and happiness? First among them McClinton of Ontario puts good health not only for the reasons which apply to anyone's wife but because her lesser ailments will never receive the attention they deserve; she can only mention them when her husband is hurried over breakfast or tired over dinner, and she must subsist mainly on samples from his dusty shelves. It is her job to know as much as he does though not of the same subjects. She needs not skill with the stethoscope, but must master the telephone. In two minutes she must learn the patient's name and social status, his address and how to get there, what he has and how long he has had it, and she must bear the blame if her assignment of urgency based on the distorted tone values of a few hasty words, turns out wrong. Moreover her reply to the message must be neither alarmingly sympathetic nor unkindly terse. She must know how to entertain their friends, remembering that too much entertainment in the doctor's home becomes obvious and odious. She is fortunate if he worries, for if he does not he burns with no creative fire. The good doctor will often sweat when the phone rings at night, for fear of something he has left undone, while the bad one snuggles dry beneath the blankets knowing that most people get well anyhow. Last of all—she must love the doctor. To act as such a combination of doormat and poultice she will have to.—*Lancet*.

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ARMY NEWS

Frank Maddison was in town for a few days recently, on leave from his station at Hammond General Hospital at Modesto, California. Army life has certainly done wonders for this lad. Frank has gained fifteen pounds, his filled out something like Bill Goering and now looks like a regular he-man, with even a suspicion of beginning a double chin. He is still chief of the medical service and general consultant at Hammond, has his family with him, enjoys his work and his environment. He has as many as three hundred electrocardiograms a week to read, among his other duties. Some P. G. course he's getting. About time for his majority to be coming through, too.

George Moosey is in town at this writing on a short leave from his station at Oceanside, California, where he will return to await assignment to duty elsewhere. About 125 doctors at the same post, none of them doing much work, apparently waiting to be assigned to service as needed. George got a lot of hiking out in the hills to toughen him up. Was thrown out of a jeep in June and has had some sacro-iliac disturbance since but manages to get around.

Don Willard was taking training in San Antonio, Texas, School of Aviation Medicine and the Aviation Cadet Center near Kelly Field the last we heard from him but was moved to Delhart, Texas two weeks ago where he is now Squadron Surgeon with the 333rd Bomber Group. Katherine and the baby in Tacoma for the time being.

Glenn McBride writes, from Camp Luna, New Mexico:

"I have meant to write to you for quite a while. I hope that you fellows are not working yourselves too hard. Needless to say, I'd like to be there to help out, but things here need a little attention. This old rumor about army medics sitting on the "one spot" and not doing anything may apply in some places but not here. We are short handed and all of us have about six jobs. Of course much of the work is not exactly medical—in the sense of private practice—but it does keep us busy and, as far as the army is concerned, is a necessity. I have been on surgery since arriving here last September. We do a lot of corrective work such as hernias, bunions, hemorrhoids, etc., and have the usual run of acute belly work. We don't see many carcinomas of the bowel, or fibroid uteri however. All in all the work is quite satisfactory and as far as I'm concerned, I have a desirable set-up.

"My main concern and reason for writing at the present time is this damn Wagner-Murray-Dingell bill. Naturally, you know how all of us fellows in the army feel about this thing. Because of our position in the army and our isolation from our local societies, we feel more or less impotent to act on our own accord. However, I am sure that all of the men on army or navy duty would like to help out in some way in the fight against this bill.

"I am confident that you at home have mapped out some plan of action regarding this. If there is anything that I can do to help, please let me know. In California I understand that the local societies are calling for a five dollar contribution from all their members both in and out of the armed forces for a fund for the fight.

"Also I would appreciate it if you would send me a complete list of the names and addresses of all of our Washington congressmen so that I may write to them.

"Please give my regards to all my friends in the building."

Chris Reynolds is still at Clovis, New Mexico, has his family with him and is working hard and enjoying life.

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Authority on Gonorrhea To Visit Tacoma

On Tuesday, November 30th, Dr. Percy S. Pelouse will be in Tacoma. Dr. Pelouse is assistant professor of urology at the University of Pennsylvania, Fellow of the Philadelphia College of Physicians, member of the Board of Directors of the American Neisserian Medical Society, member of the Board of Directors of the American Social Hygiene Association and is at present serving as full time consultant of the USPHS in connection with the gonorrheal control program. Dr. Pelouse has written a book on the treatment of gonorrhea, which is regarded as a standard work and is currently recognized as a national authority on the subject.

We are interested in knowing whether a sufficient number of doctors would turn out to a special meeting to hear Dr. Pelouse. If there is enough interest displayed, we will try to arrange such a meeting. If not, we will have a small group entertain the doctor at dinner and have him talk to us at that time. We would like to have such of you as wish to attend either of the above planned meetings communicate with the Librarian and arrangements will be made in concordance with the number who respond. Please consider this a personal invitation; no other will be issued.

Bulletin on File in Washington

We are rather flattered to be informed that our Bulletin is now currently on file and may be read at the Army Medical Library of the Surgeon-General's office in Washington, D. C. If any of you get to Washington, you might go in and ask to see the current copy, just to show them we do have an occasional reader.

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TACOMA

Teachers for Wagner Bill

At a recent meeting in Seattle, the Washington State Federation of Teachers was urged by its retiring president, Henry G. Weeks, principal of our own Edison School, to work for passage of the Wagner Bill, which would assure all teachers, among others, free medical service. If any of you know Mr. Weeks, it might be a good idea to call his attention to the "free" part of this program, which is like the old "free" lunch we used to get. Over three billion dollars collected in taxes to pay for this "free" service won't set any too well on these teachers and their ill-informed advisers, remembering also that out of this fund will have to be paid a swarm of new government officials to administer the act. Another vain hope of getting something for nothing, another shackle to bind us to national bureaucracy.

Mrs. Scott, manager of the first floor lunchroom in the Medical Arts Building, has recovered from a fractured scapula and the lunchroom is again open for business.

The International Post-Graduate Assembly in Chicago is the attraction this week for a number of tired and overworked Tacoma doctors, Penney, Schaeffer, MacLean, Wright, Burton Brown, Nelsen and Yoder among others. The two McCreery's are also away, New York being their destination. Burton Brown has an extra problem, the difficulty of getting internes for the County Hospital for next year. At present, his internes are due to leave on January first, with no new ones signed up to take their places.

Joe Hanson has spent his vacation taking a five-week post-graduate course in surgery, gynecology and obstetrics in Cook County Hospital, Chicago.

Lewis Hopkins has generously presented to the Medical Library framed pictures of the old Fanny Paddock and St. Joseph's hospitals and professional cards of Tacoma doctors issued by the fire department in 1902.

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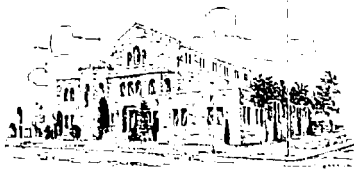
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Letter From Fordyce Johnson

The following letter, just received from Fordyce Johnson, is worth printing in full. It speaks for itself. What we need is more zealots like him.

October 25, 1943.

Dear Charlie:

The receipt of the last issue of the *Bulletin* was a real pleasure for the editorial it contained.

The seriousness of the threat to medicine by the Wagner-Murray Bill, No. 1161, has many of the men in service concerned. Your editorial is an effective drive in the proper direction.

Here in Pasadena Area Station Hospital I have been talking it up to the men as well as writing to Bone and Coffee.

Could we have reports in the *Bulletin* on what progress is being made by the State Medical Society, as well as individual members at home—and a little more prodding along this same line to the men in service?

In the Los Angeles area many M. D.'s are placing inserts in with their mail and monthly statements.

One of the officers here received a letter from his state medical society (New Jersey) asking him to write his congressman. This he did. However, on the whole there seems little that is being done actively and it has me concerned. If I can be of any help, please let me know.

To the more pleasant side of life—we have been enjoying our stay in Pasadena. So far, since Aug. 1, we have had a slight rain one day, otherwise clear skies day and night with the entire family acquiring a fine California tan.

This is quite a change from Walla Walla, Wash., a standard barracks type hospital, to the finest Army hospital in the United States. The Pasadena Area Station Hospital was formerly the Vista Del Arroya Hotel, the show place of Southern California, a half mile from the Rose Bowl in Pasadena. We have two swimming pools, one for service men and one for officers, a beautiful landscaped lawn with tennis courts, badminton court and access to the Avondale Golf Club at no charge.

The hospital has facilities for 750 beds with a large outpatient clinic—and if this war con-

tinues very long don't believe for a minute that dependents of service men are going to be reluctant about asking for and even demanding medical care.

I am in charge of the E. N. T. Clinic and E. N. T. and Bronchoscopy at this hospital, and hardly a day passes but what requests for care are made upon me.

Oh, yes! If any of the men back home comment they would like to trade places; I will be more than willing any day of the year.

Best of luck in your work.

Sincerely,

FORD.

P. S. Enclosing a copy of the letter I wrote Washington, D. C.

P. S. Scott Jones is stationed in Pasadena. He is a Lt. Col. and 2nd in command of the Southern California Sector, Medical Administration, with headquarters at the Huntington Hotel, Pasadena.

Honorable Homer T. Bone,
U. S. Senator,
Washington, D. C.

Dear Sir:

As a resident of Washington state, I wish to loudly voice my objections to Senate Bill 1161 (the Wagner-Murray Bill).

May I ask that you exert every influence in your power in opposing this bill.

Sincerely yours,

FORDYCE JOHNSON,

Captain M. C.

P. S. This is a copy of the letters I wrote to Senators and Representatives. F. J.

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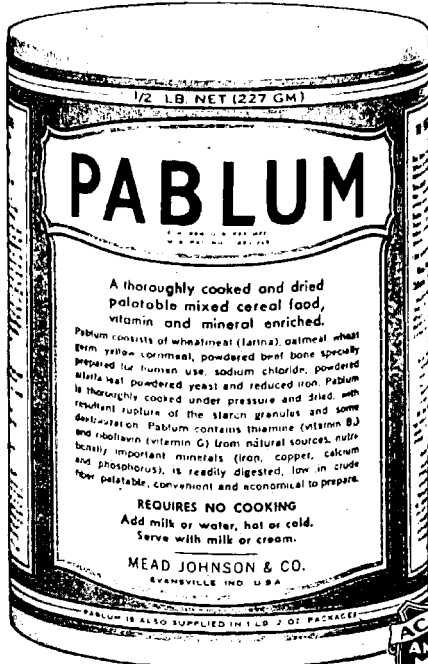
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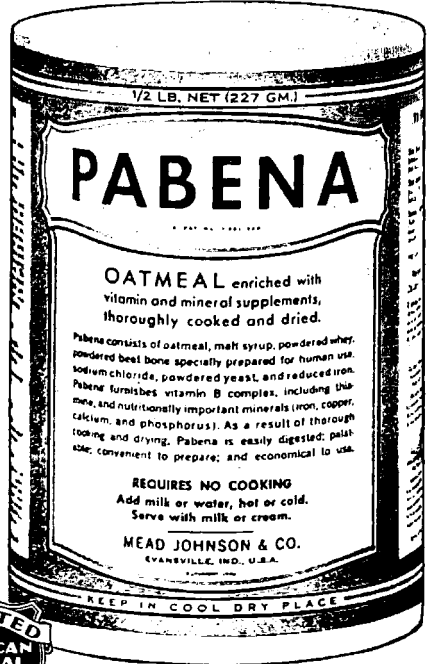
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The Wagner-Murray-Dingell Bill

It is most important that every physician study the Wagner-Murray-Dingell Bill (S. 1161) to learn what the Bill proposes, how it will be administered (see pages 1355-59, September *Pennsylvania Medical Journal*) and how much it will cost, in order that he may tell his clientele or neighbors why the medical profession is against this type of legislation as well as why we believe the public should be equally interested in opposing it and favoring, preferably, the gradual evolution of changes in the existing forms of medical practice which have to date developed an ever-improving type of service *free from bureaucratic regimentation* of the individuals or the groups which render the service or the patients that receive it.

* * *

While it may be true that 10% to 15% of the people in the United States do not receive adequate medical service, the view is held by most physicians and many lay editorial observers that it is very unwise to scrap the entire system of practice now in operation which gives 85% of the population satisfactory medical service.

* * *

How many of the millions of persons, now so happily employed in the United States give any thought to the fact that a 6% deduction from their pay envelopes to supply medical and hospital service under S.1161, *have stopped to think*—if they are earning \$2,000 a year that a 6% deduction means \$120 a year for a sickness service which they may never need or perhaps has never heretofore cost them over \$10 or \$12 in any given year. Since this same percentage may be deducted from each employed member of a family household who is more than 18 years of age, in many instances it may total a tremendous deduction from the family income for medical and hospital service. From the self-employed—the doctor, the farmer, merchant—it will take 7% up to \$3,000, or \$210 a year.

Three billion dollars of the money thus collected has been definitely allotted to medical and hospital service making no provisions for drugs, etc.

Three billion dollars is a lot of money. It is enough to hire every doctor in America at a salary of \$5,000 a year; to hire every bed in every privately operated hospital every day in the year at the rate of \$5 a day; to pay \$2.50 a day every day in the year for each bed in government-owned hospitals; to spend over \$250,000,000 a year for medicine and supplies, and still leave half a billion for political job-holders. (The Bill generously permits each of us to choose his own doctor, but not if the one of our choice already has his allotted number of patients.)

Too many propagandists of socio-economic changes are intellectually dishonest, and will seize upon a popular movement of the public as a kite upon which to tie a tail of their own pet schemes. The question as to whether or not they thus contaminate an otherwise wholesome movement is beside the point, if they can only gain their end.

The fundamental logic which all doctors, officials and the public must keep in mind stems from the following question: *Will any of the*

Continued on Page 25

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The Old Doctor

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As majors and as captains all the young have gone to war
And the doctor, long past 50, is on duty night and day
Taking care of all us patients in his good old-fashioned way.

There is something in his manner reassuring to the sick.
Is it age or is it wisdom? Is it just a doctor's trick?
But his speech has comfort in it and it's good to hear him tell
If we'll carry out his orders we will pretty soon be well.

The little grip he carries shows the signs of wear and tear.
Like the doctor it has labored long, through weather foul and fair,
And the same things still are in it. All the remedies of old,
The pink or crimson tablets good for breaking up a cold.

The young and modern doctors now are working land and sea
For our forces who are fighting in the cause of liberty;
And until the war is ended, here at home I'm very sure
The old-time family doctor every ill that comes will cure.

—Edgar Guest, *Observer-Dispatch*.

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A Letter From a Mountain Woman To Her Son in the Army

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We went to Sears Roebuck for one of them thar new bath rooms you hear about in some houses—it took a plumber to put it in shape. On one side of the room is a great big long thing, something like the pigs drink out of, only you get in it and wash all over—over on the other side is a little white thing called a sink—this is for light washing like face and hands—but over in the corner NOW we really got something thar—this darn thing you put one foot in, wash it clean and then you pull a chain and you get fresh water for the other foot. Two lids came with the darn thing and we ain't had any use for them in the bath room so I am using one for a bread board and the other we framed your Grand pap's picture in. They are awful nice people to deal with and they send us a roll of writing paper with it.

Take care of yourself.

MOM.

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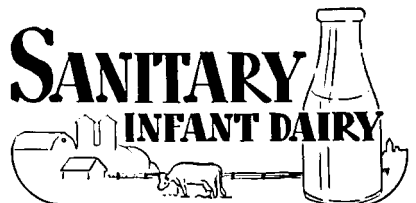


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That same day I took a pair of shoes to the shoe repair shop and figured on leaving my watch to be cleaned at the jewelers. The shoe repair man told me to pick up the shoes in about three weeks. The jeweler estimated I could get the watch in two months.

We put in a new tile floor here in our building and were in need of a carpenter to plane down and rehang the doors. So I called four carpenters recommended by a lumber company and asked if they could put in a few hours in the evening or on Sunday. All I got was "No, too busy now to take on any extra work."

Then the next morning I stopped at the cleaners to leave a suit and found that they couldn't take any more clothes that week.

On my desk when I returned to the office was a note from the stoker company to the effect that it would be about a month before they could get around to cleaning and oiling our equipment.

And about 2:30 p. m. my phone rang and some fellow jumped on me with all fours. "I asked for a Doctor over half hour ago. What in H— is wrong with the medical profession these days? You send a Doctor here D— quick or I'll see that the newspapers hear about this." "What's wrong there," I asked, cautiously. "My wife has been sick for a week and it looks plenty bad," was the reply. "Have you had a doctor before," I replied. And when he said no—what do you think I told him?

—Bulletin of The Toledo Academy of Medicine

The Mead Johnson Vitamin B Complex Award

Nominations are solicited for the 1944 award of \$1,000 established by Mead Johnson and Company to promote researches dealing with the B complex vitamins. The recipient of this award will be chosen by a committee of judges of the American Institute of Nutrition. The award will be given to the laboratory (non-clinical) or clinical research worker in the United States or Canada who, in the opinion of the judges, has published during the previous calendar year January 1 to December 31 the most meritorious scientific report dealing with the field of the B complex vitamins. While

the award will be given primarily for publication of specific papers, the judges are given considerable latitude in the exercise of their function. If in their judgment circumstances and justice so dictate, it may be recommended that the prize be divided between two or more persons. It may also be recommended that the award be made to a worker for valuable contributions over an extended period but not necessarily representative of a given year. Membership in the American Institute of Nutrition is not a requisite of eligibility for the award.

To be considered by the committee of judges, nominations for this award for work published in 1943 must be received by the secretary, Arthur H. Smith, Ph.D., Wayne University College of Medicine, Detroit, by Jan. 10, 1944. The nominations should be accompanied by such data relative to the nominee and his research as will facilitate the task of the committee of judges in its consideration of the nomination.

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The Lake County Resolution

Continued from Page 3

WHEREAS the actions and policies of the American Medical Association have been interpreted to the public in a manner that has given a dangerously large part of the public the erroneous impression that American medicine is reactionary and not in step with social and economic progress, that American medicine is identified with capital as against labor, with conservatives as against liberals, with Republicans as against Democrats, whereas the only identification the organized American physician wants, and the only identification he should have, is with the best public health and the best treatment of his individual patients; and

WHEREAS the American Medical Association has created the public impression that it opposes the reasonable public desire for an application of the insurance principle to the costs of medical and surgical care, whereas, both in the public interest and as a preventive measure against state medicine, it should itself have established, or at least cooperated actively in the establishment of, the kind of voluntary health insurance plans that do not interfere with the delivery of the best medical and surgical service; and

WHEREAS the American Medical Association has not represented to the public the true and unselfish character of the organized American physician, and has not delivered to the organized profession the good public relations it so richly deserves; and

WHEREAS the application to the American Medical Association of the philosophy and methods of sound public relations would not only have obviated the legislative problems of the moment, but would have given to the organized profession the security guaranteed by a deserved position of public understanding and confidence; therefore be it

RESOLVED, That the American Medical Association immediately submit itself to the treatment and unhampered guidance of the best-qualified public relations counsel available; and be it further

RESOLVED, That an office of the American Medical Association immediately be opened in Washington, with a staff headed by a capable

full-time representative who will advise with members of the Congress regarding the health implications of bills presented to them, and who will maintain close contact with state associations and county medical societies so that they may join in an effective legislative activity for the organized profession; and be it further

RESOLVED, That the American Medical Association headquarters office be reorganized and its staff expanded so that it will not only make studies and recommendations, but, in the public interest, will succeed in the actual accomplishment of the things American physicians want, and for which they have organized themselves and established a headquarters office.

Tumor Clinics Slated

Tacoma General Hospital will hold its staff meeting on Thursday, November 4th, in connection with the Tumor Clinic meeting, as the regular staff meeting will fall on the same evening as the appearance of the Don Cossack Chorus at the Temple Theater. This arrangement will leave Dr. Terry and the other medics free to hear the Cossacks, who will doubtless put on a livelier show than the staff would. Good arrangement, we say, as we were going to the Cossacks anyway. The Tumor Clinics will be held regularly from now on, 9:30 A. M. every Thursday, Drs. Rigos and Terry officiating.

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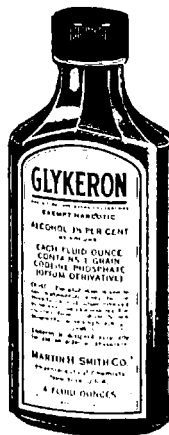
A Bronchial Sedative

Control the cough that weakens your patient.

GLYKERON quickly relieves this distressing symptom because it contains medically approved respiratory sedatives.

Your patients with respiratory affections do better when they sleep better—*without coughing.*

GLYKERON is an ethical product in origin, in development and distribution. It deserves your full confidence.



THE 4 OZ. B. BOTTLE

The label is easily removed by the pharmacist and your prescription directions affixed.

Stimulating Expectorant

GLYKERON loosens the mucus in the bronchial passages and aids in its expulsion.

It lessens the hazard of complications by getting rid of germ-laden secretions.

Prescribe it for the symptom of cough. Very palatable.

GLYKERON now supplied in 4 oz., 16 oz. and half gallon bottles.

Literature on request

MARTIN H. SMITH COMPANY · NEW YORK

The Wagner-Murray-Dingell Bill

Continued from Page 15

proposed economic changes improve the medical services? The ultimate fate of any group of doctors or of any set of officials is obviously of minor consequence.

The medical men and the hospitals of this country, over the years and through the American system of free enterprise have evolved the most enviable record of national health of any major nation. *Any change to a European pattern of medical care such as underlies the second Wagner Bill (S.1161) is subject to fatal challenge.*

* * *

The House of Commons in England has voted to postpone action on the Beveridge Plan (cradle to grave social security) until the war is over.

In this country, Congress should handle the Wagner-Murray-Dingell Bill in like manner. This would be not only fair to millions of Americans fighting overseas, but it also is common sense.

Minutes of Regular Meeting

Continued from Page 5

and valued friend and co-worker, Arthur S. Monzingo,

THEREFORE: Resolved that in the death of Dr. Monzingo the medical profession has lost a tireless and faithful worker in a field of practice where his services will be greatly missed.

We bear witness to his interested activities in the life of his community and to his honest and steadfast work in his profession. We are honored to have enjoyed his friendship and good fellowship.

We offer to his bereaved family our heartfelt condolences and sympathy.

RESOLVED: That these resolutions be spread upon the minutes of the Pierce County Medical Society and a copy be presented to his family.

(Signed) RALPH C. SCHAEFFER
WILLIAM H. LUDWIG

There being no further business, the meeting adjourned.

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Serology - Bacteriology - Hematology - Blood Chemistry - Skin Tests
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Referred Work Only

718 Medical Arts Building

Tacoma, Washington

Physicians and Dentists Business Bureau*Continued from Page 4*

we'll never know, unless more information is obtained at the time you have them at hand in your office. If the Business Bureau cannot find these people for you after the account has been turned over, don't blame us entirely, because in most cases the neighbor on either side of your debtor is also a stranger in town and they do not stay here long enough to become acquainted with anyone. The grocer is unable to get a line on these people because the old time grocer is no longer in existence and he doesn't have the time either to visit with his customers and we are unable to get information from him, which in the past was a source of valuable information to a collector. Collectors have had to change their methods and work out new ideas and procedures as a result of this war.

ANNOUNCEMENT

Almost every day the Physicians & Dentists Business Bureau takes some applications from girls who are seeking positions in doctors' of-

fices. Are you in need of office help at this time?

At the present time we have on hand several applications which we consider very good people and who would without a doubt be able to assist in a helpful way. Some of these people are from out of town but their qualifications are adequate.

A solemn-looking man was seen riding continuously on a merry-go-round at an amusement park. A fellow passenger said to him, "My but you must be enjoying yourself, you have taken so many rides!"

"I don't like it at all," replied the sad-faced one. "In fact it makes me dizzy and gives me a headache, but the owner of this outfit owes me ten dollars and this is the only way I can collect the money."

Mrs. Jones had at last paid the final installment on her baby carriage.

"Thanks, madam, and how is your baby getting along?" asked the smiling collector.

"Oh, simply fine," replied Mrs. Jones, "he is graduating from high school next week."

South Tacoma Drug Company

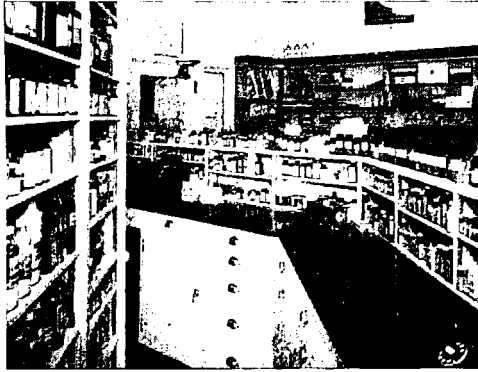
Fred Ludwig

Prescriptions - Delivery Service



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Lakewood Center - Tacoma, Wash. - Phones Lakewood 2191-2192

A Message to the Medical Profession

For thirty-five years we have consistently cooperated with the medical profession of this locality. Advertising during this period of years has always been fully as beneficial to the medical profession as it has been to ourselves.

The prescription business has never been a side line in our store. At the present time we are carrying one of the largest stocks of biologicals and prescription supplies in the Puget Sound area.

Our store is centrally located and easy to

find, and we have five competent registered men in charge. Some of these men are graduates of colleges of pharmacy.

In addition to our prescription department, we have a few other lines which do not conflict in any degree with the medical profession, such as toiletries, sundries, fountain pens and tobacco.

It will always be our policy to continue putting our best efforts into our prescription department.

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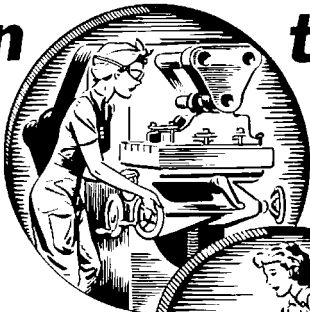


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Its sustained tonic action on the uterus provides welcome relief in many cases—by helping to induce local hyperemia and to stimulate smooth, rhythmic uterine contractions, and by serving as a potent hemostatic agent to control excessive bleeding.

May we send you a copy of the booklet "The Symptomatic Treatment of Menstrual Irregularities."

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Supplied: In ethical packages of 20 cap.

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THE PREFERRED UTERINE TONIC

Ethical protective mark, M. H. S., visible only when capsule is cut in half at seam.

The BULLETIN

Official Publication - Pierce County Medical Society



VOL. XIII - No. 9

DECEMBER - 1943

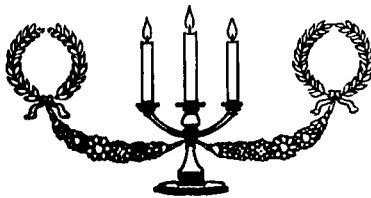
Programs

DECEMBER 14

Medical Arts Auditorium - 8:15 P. M.

A Review of Recent Literature on Internal Medicine...E. W. Janes

Tumors of the Spleen.....S. F. Herrmann



Pierce County Medical Society

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We see by the papers

Mr. Eric Johnston of Spokane, president of the U. S. Chamber of Commerce, made one of his famous speeches in Tacoma recently, in which he said that industry, labor, agriculture and government would all have to do their share in reconstruction after the war. Industry would have to accept collective bargaining as normal, labor would have to modify its demands, agriculture would have to produce in quantity without subsidies and the government would have to be reasonable with business which, in the last analysis, will have to provide jobs so everyone can earn a living without WPA methods and will also have to pay the major part of the national debt. A brilliant speaker with vision, Mr. Johnston will yet go far.

The third bond sale having gone over in a big way and our local War Chest having collected over half a million dollars, our next job is to make out our December 15th tax statement and pay the balance of our estimated 1943 tax. We now have the spectacle of some of our members paying more income tax than their total receipts for previous years. We would not mind paying if these bureaucrats would stop wasting so much of the money. As an example, there has recently been set up, in Washington, a bureau. The chief draws \$7500 a year, his assistant \$5000 and they have 108 employees. The purpose of this bureau is to teach us to pronounce correctly, such words as Kharkof, Amchitna, etc. This bureau was set up by presidential decree against the wishes of Congress.

Senator Byrd of Virginia has been sniping at the government to reduce civilian personnel in Washington, so 131,058 employees were discharged from June to September this year. However, during the past year, in spite of the foregoing discharges, there was a net increase of 260,649 employees. Senator Byrd wants 300,000 more fired. So do we.

Our Congressmen get a dinner of turkey with all the trimmings in the House restaurant for sixty cents, less than half what we would have to pay for a similar meal. This feat is accomplished by the passage of a subsidy annually, to take care of the difference. This year is \$85,000, which works out to \$160 per Con-

gressman. This also provides all the free mineral water they care to drink. Of course the poor lads only draw ten thousand a year salary, plus a few other extras.

Life magazine recently published a list of Governors, by political parties, as compared with 1939. At that time, there were 30 Democrats, 18 Republicans. Today there are 22 Democrats, 26 Republicans. The electoral vote of these 26 Republican states would be enough to elect a president.

Our Governor Langlie has set aside a week to be known as "Bill-of-Rights Week," to refresh our memories about the privileges assured us under the first ten amendments to the Constitution, known as the bill of rights. Possibly also to give us time to think about how many of these rights we are still permitted to enjoy, to the full.

Our enemy Japs in concentration camps were fed turkey on Thanksgiving. In Japan, they are threatening to make reprisals for the poor treatment we are giving these Japs we are holding.

We note occasionally, newspaper reports of the induction into the armed forces, of men with large families, the families immediately being given allotments of over three hundred dollars a month. The latest of these draws \$320 monthly which, with the inductee's pay of \$50, just about balances the purchase of a five hundred dollar war bond by one of us at \$375. Wouldn't you think the draft boards would consider the fighting value instead of the stud value of these men and leave them at home an economic saving?

In spite of all this, it's still the best country on earth.

JORDAN'S

The Fresh-As-A-Daisy Bread
—now enriched with—

Vitamin B-1

450 International Units per pound—the
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Personals

Lieut. Francis Hennings, U.S.N., is the father of a brand new son. Lieut. Hennings has just left Tacoma to report at Pensacola, Florida.

Dr. W. K. Sullivan has recently joined the staff at Western Clinic. Dr. Sullivan, who is a graduate of Vanderbilt University, Nashville, Tennessee, was formerly connected with the Permante Foundation, Vancouver, Washington.

Jack Karel, our former pediatrician, after serving in the army in Alaska for two years, has been promoted to major and assigned to duty in Arizona. Jack has also taken unto himself a wife.

Les Baskin has been promoted to captain and is still in the Aleutians somewhere, as is Al Erlich. We have heard indirectly from both of them but would appreciate a letter relating their experiences, which we could publish in the Bulletin. Come on, you two sourdoughs, the boys would like to hear from you.

William Deering has also been promoted to captain and is off to Florida for duty.

There is now an Edwin W. Janes, second, a son born to Mr. and Mrs. Marc Janes at Weiser Park, Pennsylvania, November 27th.

Marshall Mattson, nephew of Bill Mattson, is our newest addition to the profession. Marshall graduated from the University of Pennsylvania in 1939, had two years of internal medicine at the Scott and White Clinic at Temple, Texas, is married and has two children. He will limit his practice to internal medicine, offices in the Medical Arts Building.

The McCreery's must have been stepping around some, on their recent visit to New York as we note them mentioned in Fishbein's column in the AMA Journal. Charlie probably slipped Fishbein some of his good ones.

Just as we go to press, here comes a card photo of Jesse Read, from Sicily, mailed Nov. 23rd and expressing Christmas sentiments. Jesse is now a major and has certainly earned his promotion. Thank you, Jesse, and we hope this reaches you in time to convey our holiday greetings to you, too.

Christmas Message

Christmas is a day usually celebrated in the bosom of one's family, with gifts and feasting, with joy and happiness. This year, many of our men will be far from home. They will miss the usual good food, the presents, the hilarity of their children, their families and familiar friends. We cannot substitute anything that will be as satisfactory but we can, at least, express to them our appreciation and gratitude for the work they are doing. We can let them know they are remembered and missed and wherever they are—Italy, China, the Aleutians, the south seas, in the distant parts of our own country, ashore or afloat—our hearts go out to them and with all sincerity and fraternal good will, we wish them well and when Christmas Day comes we will not forget to drink one toast at least, "To our fellows in the war. God keep them safe and bring them home again."

With that thought in mind, we wish you all a happy Christmas.

Minutes of the Regular Meeting of The Pierce County Medical Society

November 9, 1943

The regular meeting of the Pierce County Medical Society was held in the Medical Arts Auditorium November 9, 1943, with Dr. S. F. Herrmann presiding and Dr. C. F. Engels secretary pro-tem.

Minutes of the previous meeting were read and approved.

The scientific program consisted of reports by Drs. R. C. Schaeffer, E. C. Yoder and R. D. Wright on highlights of the recent meeting of the Interstate Postgraduate Medical Association in Chicago.

Those who would attend a special meeting of the society to hear Dr. Pelouze on November 30 were asked to sign up to that effect.

Dr. F. E. Shovlain was elected to membership in the society.

It was announced that a copy of the Wagner Bill S1161 would be on file in the library, where it could be seen by anyone interested.

Proposed amendment to the By-Laws in regard to increase in dues was passed.

We are in receipt of some literature from the Committee for Congressional Government from New York, who have as their objective passing legislation to limit the taxing power of our government on incomes, inheritances and gifts to 25 per cent. Something like our 40-mill tax limit in this state. While this might make it awkward for the present war-time expenses, they might have something there, at that.

When Johnny Comes Marching Home

"Never," said Winston Churchill, coining one of his most famous epigrams, "have we owed so much to so few." He referred, of course, to the defense of England by the Royal Air Force in those desperately heroic days of 1940. The tribute was sincere—it was deserved—and no reward was offered.

We Americans, more mercurial and having suffered so much less, find it necessary to twist our eagle's tail feathers quite frequently, to hear him scream. True, we also have an aggregation of stout-hearted young men in our services who are rendering excellent accounts of themselves wherever they may be—in the air, on the land, on the restless surface of the ocean and in its waveless depths. They are for the most part modest youths, but by our very idolization of them we are making their eventual return to civilian status doubly difficult.

It has been the grim duty of occasional generations of youths, in peace-loving countries, to forsake their normal ways of life and to assume the unaccustomed burden of arms, for a time, in defense of the peace that they have always cherished. Their countries owe them a great debt of gratitude for their sacrifices, but they owe them an additional and still greater practical debt—that of helping them eventually to return to useful citizenship so that they may at last enjoy the benefits for which they fought.

The very nature of the hero-worship, for the most part unwelcome and unsought, to which they are subjected tends to unsettle them and unfit them for the necessary readjustment to life on Main Street. As one of our more youthful senators recently remarked to the personnel of a bomber station somewhere in England, "When you come back there'll be nothing too good for you!" We all agree with the enthusiastic young senator, but we wish that his vague promise might have been left unvoiced, and we should like, incidentally, some clear exposition of what we really do owe our men when they return from their complex battle fronts.

The discharge of this debt should certainly

assure them peace and security, for that they will have won for everyone, but above all it should extend the opportunity to become rehabilitated as useful, contented, contributing members of a society that they have helped not so much to preserve as to remake, we trust, on a better plane. We do not want them to have a month of adulation followed by a long period of idleness and gradual deterioration punctuated by bonuses, nor do we have the present intention of forcing this year's heroes back, next year, into the adolescent's social and economic status—although in the past this also has been done.

The conspicuous advertisement of a well-known industry now engaged in war work features the thoughts of a young bombardier projected forward to the time when his last bomb is dropped and "tyranny is purged forever from the world." Then he will return to his country and his home, where he wants to find everything exactly as he had left it—even to the missing picket in the fence. Here we have pictured, with the misleading cleverness of the copy writer, the crystallized nostalgia of the boy who is longing for his home as he had known it, with all its faults and its imperfections. This may be what he believes that he is fighting for, but actually it must not be. We cannot let him waste his time and risk his life to preserve a *status quo*, nor are we at home leaving our fences unrepaired for him to come home and hang over. Our hopes must be that out of a sorry and shaken world will emerge, through his efforts and our own, a brave new one in which each will have a part to play. That is the best that we can offer our returning men when the time comes, and it will not be too good for them!

—*New England Journal of Medicine*

Son: "Say, dad, what does it mean when the paper says some man went to a convention as a delegate-at-large?"

Dad: "It means his wife didn't go with him, son."

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The Auxiliary met for luncheon at the Dalhem on Thursday, December 9.

Mrs. T. H. Duerfeldt, program chairman, arranged for a reading of "The Eldest Born," a poetic drama, by its author, Mrs. Hunter Kennard. This play will shortly be printed in Braille and placed in libraries throughout the country.

Prepare to renew your Hygeia subscriptions. Mrs. R. H. Rea, Lakewood 2163, is the new Hygeia Chairman.

Karen Rynning

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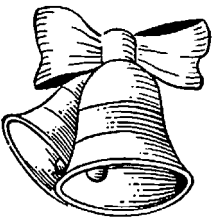
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24-Hour Service

Tomorrow's Children

In order to improve health and control disease it is necessary to solve existing problems and anticipate new needs before these needs become problems themselves. The present health status of our community appears to be well controlled by the responsible agencies. There has been no cause for alarm in the recent spasmodic increase in poliomyelitis; the death rate from pulmonary tuberculosis continues to decline; venereal diseases do not constitute an unsolved problem; our usual seasonal epidemics of measles, whooping cough and chickenpox are no more alarming than before. It is obvious that to improve community health, efforts should be directed to the expectation of needs that will arise during the next few years. In anticipation of future problems, it would seem that strong consideration should be directed to the needs of children.

One of the most startling results of the present conflict is the definite sharp increase in the number of births throughout the United States. Rhode Island has kept pace with this national trend. In 1933 the number of resident live births recorded in the State was 10,341; in 1939 there were 10,368; in 1941, 11,430; in 1942, 14,105. The 1942 figure is approximately 36 per cent more than that of 1939. This is indeed startling. It calls for serious thought about the health and welfare of these children.

To consider the problems that might be presented by a sudden large increase in children we must weigh the ability of the parent and the community to fulfill their respective obligations. The health of the child depends upon the social condition of the family which in turn depends upon the health of the parent. The parents of many of these births will necessarily comprise members of the armed services. The devastating effect of war will leave its impression on many of the fathers in service. It is inevitable that a number will return unable to dispense satisfactorily their responsibilities over the formative years of the children. Their defects will be manifested as traumatic disabilities,

psycho-neurotic states and infectious or parasitic diseases. The major responsibility will then often fall upon the mother.

Here again, we will find a group who themselves, for one reason or another, will be unable to advance their child physically, morally and mentally along the ideal path to proud manhood and womanhood. In some of these instances the community itself will have to assume the entire burden for the care and development of the child. In the greater majority, however, the community will have to assume only part of the responsibility. It behooves us to examine our community facilities and determine if we are now able to help in solving these problems which are justifiably anticipated.

To breakdown anticipated needs of children, we might consider into what groups they themselves will fall. First, there will be children who, as mentioned above, will be thrown entirely upon the community for support. A second group might be those whom the community will have to share in developing. A third group will be those who are afflicted with one of the disabling diseases or deformities and who primarily will need health correction. Another group will be such as need care for certain periods in the year in order to improve their health. And, finally there will be some who should be removed from the home for certain lengths of time during the year, to provide a harassed and hard-working, or an ill mother, an opportunity to obtain for herself an essential vacation, rest or convalescence.

The problems of the first two mentioned groups are well recognized and certainly have been adequately cared for during recent years. We anticipate that the responsible groups will themselves foresee future needs and be prepared to handle the increased problems satisfactorily. The demand for the facilities which are now available for the second group might be taxed when the new births advance in age and become more susceptible to the menace of disabling ill-

Continued on Page 27

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Dr. Pelouze Addresses Society

The County Medical Society was addressed on November 30th by Dr. P. L. Pelouze, assistant professor of medicine at the University of Pennsylvania, on the subject of gonorrhoea. A full attendance was registered and the audience heard a very complete and practical lecture on this subject. The idea that sulfa drugs would automatically clear up any case of this infection was dispelled and Dr. Pelouze showed lantern slides covering the anatomy of the uro-genital tracts in the male and female, showing why internal medication alone often fails and what should be done to promote a cure. Before the lecture, Dr. Pelouze was entertained at dinner by the local urologists. The Seattle Urological Society also gave a dinner for Dr. Pelouze on December 4th, which was also attended by some of our urologists.

We are in receipt, from time to time, of various items of a humorous nature, some of which we cannot use on account of the censor, some of which must have an illustration to bring out the point. The latest of these shows a doctor at his desk in a hospital, looking up as a nurse, armed with a large pair of scissors, is chasing a patient, clad only in a short hospital shirt, through the room. The doctor raises his hand and exclaims, "No, no, Miss Brown. I said to just slip off his spectacles."

Doctor: "Good heavens! Who stuffed that towel in the patient's mouth?"

Husband: "I did, Doc. You said the main thing was to keep her quiet."

Planning for Post-War Medical Service

During recent months since the allied forces have assumed the offensive on all fronts, much consideration has been given to the many problems in connection with post-war planning. For many years we have heard the slogan, "In time of peace, prepare for war," and it is quite obvious to all that during war time it is highly essential that much consideration be given to the many problems which will come to this (as well as other nations) immediately following the successful conclusion of the present world wide conflict.

One highly important subject is that pertaining to the many problems which the medical officers with our armed forces will be facing upon their return to civilian practice. Surgeon General Ross T. McIntyre stated recently that it may be necessary to retrain one-third of the physicians in service following the conclusion of the war so that they may aid in the giving of medical care that will be required in many parts of the world. So, perhaps many of those physicians now in service will not return to civilian practice for a considerable length of time.

One of the present duties of the physicians remaining at home is to see that those returning to their former field of endeavor actually have something worth returning to—so that they may begin at once to render civilian care with a minimum loss of time. The practice of many of these physicians now at war will have been absorbed by one or more physicians who have remained at home. It is natural to assume that these physicians will willingly relinquish the patients so that they may again be under the care of the one formerly responsible for their well-being.

The problems relative to relocation of returning physicians is another which must be given serious consideration, for no doubt many of the demobilized physicians will prefer to enter practice in another field. Places should be made available so that they may open an office and establish a practice according to their in-

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Continued on Page 23

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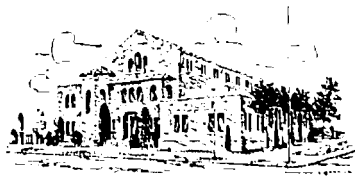
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Those Draft Rejection Figures

There must be something particularly intriguing about the fraction "one third." The changes have been rung over and over again upon our President's appeal for the submerged one third of our population who are ill fed, ill housed and ill clothed. At the Raleigh meeting of our State Medical Society, Governor Broughton bemoaned the high proportion of North Carolinians who have been rejected for military service because of physical defects, and pled eloquently for improving in our public health program, since "from the standpoint of the nation's safety we cannot progress with a population only two-thirds fit."

The high number of draftees rejected for various causes is being exploited for all it is worth by those who would have the politicians take over the practice of medicine. Before we accept the figures at face value, however, we should be sure of their real significance. First, it should be recalled that the figures quoted are rejections for *unlimited* military service, and that more than half of those reported as rejected were found fit for *limited* military service. Only those who can stand up to the most grueling punishment are chosen for unlimited military service. It has been pointed out—but overlooked by social reformers—that "The standards by which our armed services pick and choose are the highest in the world; and a large percentage of those rejected on physical grounds here would be considered acceptable in nearly every other country."

Another fact usually overlooked is that 10 per cent of those rejected fail because of deficient education. Other principal causes of rejections are defects of teeth and eyes, abnormalities of height and weight, flat feet, and perforated ear drums. That rejection for military service does not necessarily imply absolute decrepitude is shown by the fact that two of Carolina's greatest basketball players, Glamack and Nagy, were both turned down by the army, while George Stirnweiss, although not wanted

by Uncle Sam, manages to hold down the regular shortstop position with the New York Yankees.

Another fact not mentioned by the prophets of gloom is that the records show the average soldier of this army to be a decidedly huskier physical specimen than was his father in the first World War.

It is perhaps beside the point, but nevertheless of interest, to recall that many of our greatest military heroes—including George Washington and Andrew Jackson—would not have made the grade in our army today.

The Metropolitan Life Insurance Company has aptly said: "It is evident, then, that great caution must be used in drawing conclusions from the crude statistics of physical defects disclosed by the Selective Service examinations, and in comparing them with World War figures. The data do not in any way support assertions that there has been deterioration in our national health. Even where comparative data show improvement, they fall far short of measuring its amount. Actually, the causes of most rejections today for military service do not seriously impair the individual for ordinary civilian occupations, nor do they have markedly adverse effects on his health and longevity . . .

"A good indication of the greater strictness of selection for military service today is that the rejection rate is far higher than in the selection of risks for ordinary life insurance."

No one would claim, of course, that we have yet arrived at a medical Utopia where all our population are perfect physical specimens; but let us not be stampeded into thinking that health conditions in the United States are inferior to those of any other country in the world, or that the health of our people would be materially improved if politicians took over the practice of medicine.

—North Carolina Medical Journal

We note that Mexico has adopted as its slogan, "Peace is respecting the rights of others."

"A Poor Scholar . . . because of a Poor Breakfast"

MANY a child is scolded for dullness when he should be treated for undernourishment. In hundreds of homes a "continental" breakfast of a roll and coffee is the rule. If, day after day, a child breaks the night's fast of twelve hours on this scant fare, — or less — small wonder that he is listless, nervous, or stupid at school.

Pablum offers a happy solution to the problem of the school-child's breakfast. Mothers who learn about Pablum from their physicians are delighted to serve it, for it needs no cooking and can be prepared in a minute at the table — more quickly than many less nourishing foods. Right now, this feature is especially valuable in homes where the mother is engaged in war work. Pablum not only ends the bane of long cooking of cereals but in addition furnishes a variety of minerals (calcium, phosphorus, and iron) and the vitamin B complex. It is an excellent vehicle for milk.

PABLUM is rich in calcium and iron, minerals likely to be deficient in the school-child's diet yet needed in more than average amounts during childhood. Numerous clinical studies have demonstrated that Pablum gives good weight gains and increases hemoglobin values in both normal and sick infants and children. Reprints on request of

physicians. Pablum (Mead's Cereal thoroughly cooked) is a palatable cereal enriched with vitamin- and mineral-containing foods, consisting of wheatmeal, oatmeal, wheat embryo, cornmeal, beef bone, alfalfa leaf, brewers' yeast, sodium chloride and reduced iron. (The oatmeal form of Pablum is called Pabena.) MEAD JOHNSON & COMPANY, EVANSVILLE 21, INDIANA, U.S.A.

"TOMMY, that's the third time this week you haven't learned your lesson! Why don't you listen to me when I tell you how to work the problems?"



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Christmas Delirium

The time has come the Walrus says
To write another column.
It's only fifteen hundred words
So don't bother to make things rhyme.
Only fifteen hundred words, I says,
And an hour'n a half to do it.
You heard me, says the Walrus;
Go ahead, there's nothing to it.

Hark the Herald Angels sing
Bells, bells, bells.
The needy have their pots out,
On the corners hear the bells.
A car in every parking space
And every parking lot.
No chickens in but chicken wire
On top of every pot.

The wind is cold, the streets are bare
O hear the retail merchants wail
Please carry home small packages
And don't forget to mail.

O little town of Bethlehem,
I envy you your silence.
There's not much time, and the five and dime
Is now the scene of violence.

Good King Wenceslaus look out
On this feast of Stephen
Which of us will lose his shirt
And which will come out even.

Christmas cards, Christmas cards,
Jingle all the way.
Thanks for yours and yours and yours,
I'll send you one some day.

It comes upon a midnight clear
The twenty-fifth of December
The only ones I can't forget
Are the ones I forgot to remember.

The gift without the giver is bare.
How brightly shines yon star,
But the bareness of giver without a gift
Outshines it now by far.

O the moon on the breast of the Christmas
eve snow

May bring happiness to the fore-handed,
But it only means coal in the furnace below
To shoppers whose shopping is stranded.

—Exchange.

The Saturday Evening Post, in a recent issue, carried an elaborate article describing the blessings of the Blue Cross, national organization for providing prepaid hospital benefits. Our own State Medical Association has already taken steps to supply this need in Washington, under the direction of organized medicine. Apparently this is inevitable, so we might as well have it in a form which we may hope to control.

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Medical Research in Wartime

The facts given in the recent John Wykoff Lecture by Brigadier General James Stevens Simmons should be most gratifying to the American people and those who are proud of American medicine. There has not been a single case of tetanus among the troops immunized. The annual rate for dysentery and diarrhea in 1941-1942 was 10.19 as compared to 18.45 in 1917-1918. There have been less measles, mumps and scarlet fever than in the last war. The present outbreak of meningococcal meningitis apparently has reached a peak at about 2.7 cases per 1,000 per annum, while the peak in January, 1918, was 4.5. Despite the disposition of American troops in all parts of the world "no authentic reports have been received of yellow fever, plague, trypanosomiasis or relapsing fever."

These remarkable accomplishments have been made possible in part by the basic medical and chemical research of the last two decades. In wartime there is a tendency, fostered by patriotism and emotional stress, to push aside all things not directly connected with the war effort. The fallacy of this attitude is well shown in a statement in the annual report of the John and Mary R. Markle Foundation for 1942. "It is interesting to note that the first and third of these developments (plasma transfusion and the sulfonamide drugs) originated in basic non-war-connected investigations, although they were later stimulated and accelerated by the war emergency. If fundamental studies of this nature had been restricted in the past, as at present, the war medicine of today would be lacking in some of its most important attributes."

Let us not be nearsighted. We are fighting for a better world in which to live. A part of this better world is freedom from disease. This freedom in the field of medicine which is destined to take its place beside the other Freedoms of the Atlantic Charter can be obtained only by the continued search for the basic phenomena of disease. The curative and preventive medicine of the future depends on the basic research of today. Time, money, and man power must and can be found, even in the midst of an economy converted to the needs of war, to continue the march of medical research and preparation for the future.

—*Journal of Missouri Medical Association*

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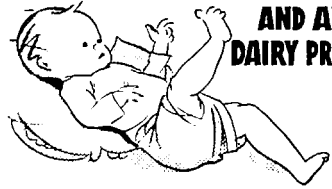
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I gather from the A.M.A.
That vitamines have had their day.
(I hope that vitamine's the way
One should in fact pronounce it:
I call it that in this my song
Because it helps the verse along:
If my pronunciation's wrong,
Well, let the pundits trounce it.)

The point is this: the vitamine,
Which has for several seasons been
What one might term the Fairy Queen
Of dramas dietetic,
Has come unstuck; the praise it won
Has been, I gather, overdone;
I see its virtues (gee, what fun!)
Described as hypothetic.

For lo! the rival bigwigs come,
Observing darkly, "Fee, foe, fum!
Not vitamines but calcium
You need on this our showing."
So I suppose it must be time
To sally forth and find some lime,
And eat a lump or two if I'm
To keep my works a-going.

I shan't; but, oh, I hope there'll be
A good old row; I love to see
The learned experts' disagree
With tempers dark and hellish,
While I sit tight and put on weight
By eating what I always ate
And heaping up upon my plate
The things I like and relish.

The Murray-Wagner-Dingell Bills

Have you written your senators and congressman how you feel about the Murray-Wagner-Dingell Bills? We have seen replies to some of the letters and believe our representatives are going to oppose its passage. The fight they put up will depend on the pressure from home.

We know you are busy, but if you thought your house was on fire or your insurance would lapse today, you would get busy and do some-

thing about it. This is urgent too. Don't delay! Write them, and remember these are some points to stress.

Medicine today has reached its high standard because of freedom for study and research and private practice. We see its results among our war wounded. Our generals have paid compliments to the fine work of the medical officers. We only ask to practice medicine in a democratic way without political dictation. The unfairness of presenting such a bill when nearly one-half of our young, able-bodied physicians have given up their practice, left their families and homes as a patriotic duty to save Democracy.

Doctor, as a member of the great profession of medicine, as a protection of Democracy and as your patriotic duty to those who are serving on the battlefield for you today, won't you take time to write your senators and congressmen your protest of this bill?—*Fulton County Medical Society Bulletin.*

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The Family Doctor

By Edgar A. Guest

I've tried the high-toned specialists who doctor folks today;
I've heard the throat man whisper low, "Come on, now let us spray."
I've sat in fancy offices and waited long my turn,
And paid for fifteen minutes what it took a week to earn,
But while these scientific men are kindly, one and all,
I miss the good old doctor that my mother used to call.
The old-time family Doctor! Oh, I am sorry that he's gone;
He ushered us into the world and knew us every one.
He didn't have to ask a lot of questions, for he knew
Our histories from birth and all the ailments we'd been through.
And though as children small we feared the medicines he'd send,
The old-time family doctor grew to be our dearest friend.
No hour too late, no night too rough for him to heed our call;
He knew exactly where to hang his coat up in the hall;
He knew exactly where to go, which room upstairs to find
The patient he'd been called to see, and saying:
"Never mind,
I'll run up there myself and see what's causing all the fuss."
It seems we grew to look and lean on him as one of us.
He had a big and kindly heart, a fine and tender way,
And more than once I've wished that I could call him in today.
The specialists are clever men and busy men, I know,
And haven't time to doctor as they did long years ago.

But some day he may come again, the friend that we can call,
The good old family doctor who will love us, one and all.

Planning Post-War Medical Service

Continued From Page 11

dividual preferences. Many of the younger physicians will desire to complete their internships and residencies, and efforts should be made to have the available positions properly indexed so that, with but little confusion, places may be made for this group of returning physicians after the war.

With the war ended, perhaps many physicians will believe that it is essential for them to take postgraduate work before re-entering private practice. Plans will no doubt be made everywhere to make such courses available. This can easily be a function for organized medicine to assume, or at least supervise, with the cooperation of the large hospitals, medical educational institutions, and various clinical centers.

Those physicians who have been with the armed forces formerly enjoyed a practice in a country where free enterprise, through the classical physician-patient relationship, was enjoyed. It is hoped that they will be permitted to re-enter a practice with this same type of initiative and endeavor still prevailing.

With the United States enjoying the lowest mortality rate of any of the major countries of the world, and with the best health record anywhere, there are no statistics yet available which will prove that the American people will be more healthy under any new type of medical care system which has, to this time, been recommended.

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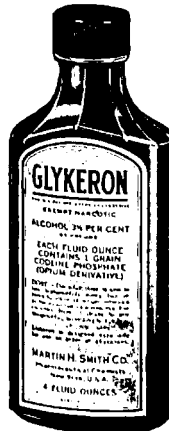
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Communicable Diseases

NOVEMBER, 1943

The following is a report on the number of contagious diseases in the City of Tacoma for the months of November, 1943:

Gonorrhea	30
Chickenpox	40
Diphtheria	3
German Measles	6
Measles	6
Mumps	9
Poliomyelitis	3
Scarlet Fever	35
Tuberculosis	7
Whooping Cough	4
Syphilis	17

Jones: "An apple a day keeps the doctor away."

Smith: "Well, at the present price of apples it would be cheaper to have the doctor."

Tomorrow's Children

Continued From Page 9

ness and injury. Obviously we expect an increase of disease proportionate to the increase in children. The last mentioned group, however, may be that which could be given greater consideration than previously. In the more fortunate walks of life it is customary for the parents to take a vacation each year, frequently away from their children. It is obvious that an equal or greater health taxing burden is placed upon the less fortunate parent caring for several children. It is equally important with other problems that we provide opportunities for such mothers to obtain vacations several weeks each year, knowing her children will be placed in suitable environment.

Much of the national post war planning has appeared to devote itself to finances, the rehabilitation of soldiers and the return of industry and labor to peace time production, but little has been said of what we shall do to solve the problems of the vastly increasing number of children.

—Rhode Island Medical Journal

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find, and we have five competent registered men in charge. Some of these men are graduates of colleges of pharmacy.

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