The

PIERCE COUNTY MEDICAL SOCIETY



BULLETIN

VOL. XXXV—No. 1

TACOMA, WASH.

JANUARY - 1964



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PIERCE COUNTY MEDICAL SOCIETY

REGULAR MEETING JANUARY 14

Pierce County Medical Society

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HAVE YOU SENT IN YOUR **UGN CONTRIBUTION?**



January Birthdays

- 1 George G. R. Kunz
- Stevens Dimant Hillis Griffin
- Burton Brown Ralph Huff
- Robert A. Baird Edmund A. Kanar
- Norman Magnussen Bernard N. Ootkin Paul B. Smith
- Robert M. Ferguson George H. Hess George A. Race
- Carlisle Dietrich
- 10 William Burrows D. A. Marlatt
- William Todd 12
- 16 Robert Gibson Leo Sulkosky
- 18 R. A. Norton James Ward
- 19 Ted Apa Don Cummings
- 20 Ralph Johnson Ronald T. Spangler
- 2.4 Rene Gay-Balmaz
- 26 Raymond Ellis
- 27 John Havlina
- William L. Spaulding 30
- Virginia Larsen 31 Robert Truckey

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January Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	Pierce County Pediatric Society 6:00 p.m.	C.P.C. of St. Joseph's—9 a.m.	C.P.C. of T.GM.V.G.H. (M.V.G.H. Classroom) 8 a.m.
6	7	8	9	10	11
Tacoma Acad. of Psych. & Neurol. 8 p.m. Tacoma Orthopedic Society 8 p.m.	C.P.C. of Mary Bridge—8 a.m.			C.P.C. of St. Joseph's—9 a.m.	C.P.C. of T.GM.V.G.H. (M.V.G.H. Classroom) 8 a.m.
13	14	15	16	17	18
	PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M. C.P.C. of Mary Bridge—8 a.m.			C.P.C. of St. Joseph's—9 a.m.	C.P.C. of T.GM.V.G.H. (M.V.G.H. Classroom) 8 a.m.
20	21	22	23	24	25
	Tacoma Surgical Club—6:30 p.m. C.P.C. of Mary Bridge—8 a.m.			C.P.C. of St. Joseph's—9 a.m.	C.P.C. of T.GM.V.G.H. (M.V.G.H. Classroom) 8 a.m.
27	28	29	30	31	
Pierce County Academy of General Practice 6:30 p.m.	Tacoma Acad. of Internal Medicine 6 p.m. C.P.C. of Mary Bridge—8 a.m.			C.P.C. of St. Joseph's—9 a.m.	

Grand Rounds-Mt. View General Hospital-Every Saturday 9 to 10 a.m.

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CAUTIONS: Use with caution in patients hypersensitive to sympathomimetics or barbiturates and in coronary or cardiovascular disease or severe hypertension. Excessive use of the amphetamines by unstable individuals may result in a psychological dependence; in these rare instances withdrawal of medication is recommended. It is generally recognized that in preg-nant patients all medications should be used cautiously, especially in the first trimester.

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PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, January 14

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

"MEDICINE AND MAMMALOGY"

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Social: 6:00 Dinner: 6:45 Honan's Restaurant

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President's Page



The first official act as newly installed president was the presentation to Stan Tuell of a certificate from this Society thanking him for his service and efforts during the past year. Certainly he deserves our thoughtful appreciation for a job well done .

The second task was the appointment of the chairmen of the various committees. Many of these are reappointments who willingly agreed to serve again. The idea behind reappointment was in keeping with the idea of

continuity as suggested by the A.M.A. in organizing Operation Hometown whose officers were asked to serve until 1964. We cannot afford time this this year to train new people for various positions. This year may well be the year of decision for medicine. It was with this philosophy in mind that men were asked to serve again and it was not to stifle latent talent or create a dynasty.

Every effort will be made by the administration to enact some sort of a compulsory health scheme under the social security plan. The future of medicine as a profession is directly proportionate to our success in defeating this sort of planning and to our success in electing men opposed to this philosophy.

Our task then remains unchanged. We must keep our unity, continue to educate ourselves and the public, and finally, make every effort to become active in the political party of our choice. These things will require time and effort. They may not be to your liking and may even be unpleasant. You, however, have little choice if you read the words of Mr. Willard Wilson who said, "If you are too busy to take an interest in government, feel that getting mixed up with politics is bad for your business or beneath your dignity, then at least take time for one thing—teach your children to count in rubles; they'll need to with the inheritance you're leaving them."

-Frank J. Rigos, M.D.

STOWELL'S ... Prescriptions

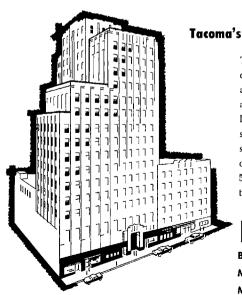
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Editorially Speaking



Christmas was great! The decorations were beautiful, the kids were thrilled, the food was good, the family reunions were many, the Christmas cards were abundant, and if one search uncritically, the true Spirit of Christmas could almost invariably be seen shining through these more superficial expressions of the season.

About those Christmas cards, though. I like cards. I read every one. But if we took a poll this week to see how many doctors could list the doctors from whom they

received cards, I'm sure the result would be embarrassing. This doesn't mean the cards weren't worthwhile. The moment of pleasant thought evoked by viewing a pretty card or knowing that at least for a few moments "Dr. and Mrs. John Doe and family" turned some of their Christmas thoughts toward you, certainly can make it worthwhile for the recipient, even though the message comes in a form with all the personality of a printing press that stamps out a few thousand of the same item in a few minutes.

Cards are particularly memorable and meaningful when they bring or send a message between old friends who are miles apart, from whom we haven't heard for the past year, and with whom contact might be lost if it weren't for the annual Christmas greeting. But perhaps the professional community might wonder if an exchange of the above "John Doe" type of card between doctor-friends with whom we already exchange "good morning" 365 days per year is fully justified. Each doctor who sends this type of card probably spends \$25.00 to \$75.00 on the effort each Christmas, bless him and his thoughtful wife. For some of these, the spirit of Christmas might be just as appropriately observed by a small insertion in the Bulletin reading as follows:

This suggestion is intended only as food for thought, not a crusade. It would be tragic, indeed, if such a thought should suppress in any way the sending out of such wonderfully expressive cards as those of the McPhee's, the Osborne's or the Marlatt's. These are like presents under the tree, and I'd hate to see them stop coming. We're equally impressed by the personal interest and effort that go into cards like those prepared by the Hosie's and the VanDooren's. (I could name several more, but those are examples.)

The notice-in-the Bulletin method is only suggested for use where applicable, not as a general substitute for Christmas cards.

Meanwhile, thanks a lot for the wonderful Christmas cards you sent—or didn't we get one from you?

—S.W.T.

PLEASE SEND IN THE NUMBER OF PAMPHLETS you desire for the second round of Operation Hometown. Fill in the form below and mail it to the Medical Society office (113 Medical Arts Bldg.), or call the office (MA 7-2020) and leave word.

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We would like to have this mailing coincide with Dr. Annis's' visit in Tacoma, January 30.

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No. of Pamphlets	

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Dr. Rigos President for 1964 . . Schwind New President-Elect

New President of the Pierce County Medical Society for 1964 is Dr. Frank J. Rigos, a radiologist of 20 years experience in practice in Tacoma. Elected at the December elections to serve in that office in 1965 was Dr. Fred Schwind, prominent general practitioner. Dr. Schwind will be a member of the Board of Trustees during the coming year, prior to taking office as president.

Dr. Rigos was born and raised in St. Paul, Minn., attended medical school at the University of Minnesota and took his graduate work in radiology at the Mayo Clinic. He has been a trustee of the Society during 1963 and also has served in this capacity on previous occasions. He was formerly President of the Board of Trustees of the Washington Physicians Service. For recreation, he flies, hunts and fishes, and finds time at home to grow orchids in his two greenhouses he maintains in his yard. His wife, Florence, is active in the Women's Auxiliary of the Society, and they live at 1716 North Jackson Street.

Other new officers elected in December by mail ballot were Dr. George Kittredge, Vice-President; Dr. Arnold J. Herrmann, Secretary-Treasurer; Trustees: Drs. Richard F. Barronian, J. W. Bowen, Jr., Robert R. Burt and James D. Lambing; Delegates: Drs. Robert M. Ferguson and Robert W. Florence; Alternate Delegates: Drs. Richard F. Barronian, Charles J. Galbraith and Charles C. Reberger.

5 Guest Speakers Due For Symposium on GI Disease, Feb. 8

Noted physicians and surgeons from 5 different states will be the featured speakers at the all-day "Symposium on Gastrointestinal Disease" to be held on Saturday, February 8, 1964, in the Winthrop Hotel in Tacoma. The symposium, co-sponsored by the Pierce County Medical Society and Lederle Laboratories, should attract general practitioners and members of virtually all specialties from a wide area in western Washington. The morning session will begin at 10 a.m. and will include papers by James R. Lloyd, M.D., Instructor of Surgery at Wayne State University College of Medicine, and John T. Reynolds, M.D., Clinical Professor of Surgery at the University of Illinois College of Medicine. A panel discussion will follow the morning session.

Luncheon in the Crystal Ballroom will be served courtesy of Lederle Laboratories. Wives also are invited to the luncheon, which will feature as guest speaker, Dr. Walter G. Alvarez, Emeritus Professor of Medicine at the University of Minnesota Medical School.

At the afternoon clinical session, speakers will be Dr. Paul Sherlock, Assistant Professor of Medicine at Cornell University Medical College, and Dr. James A. Clifton, Professor of Medicine at the State University of Iowa. Another panel discussion will follow. A reception at 4:45 p.m. will complete the day's activities. No fee will be charged for the scientific session, the luncheon or the reception.

Dr. Frank Rigos, President of the Society, will be chairman at the luncheon, Dr. Richard F. Barronian will be moderator for the afternoon session, and Dr. Stanley W. Tuell will moderate the morning session.

All physicians will receive post cards for making reservations for the meeting. The program is as follows:

MORNING SESSION

Bayview Room

9:00—Registration - All Day Moderator . . . Stanley W. Tuell, M.D.

10:00-10:40—Surgical Problems of the Gastrointestinal Tract in Infants and Children — James R. Lloyd, M.D.

- 10:40-11:20—Principles in the Role of Surgery in the Treatment of Biliary Tract Disease —John T. Reynolds, M.D.
- 11:20-12:00—Questions and Panel Discussion
- 12:15-1:45—Luncheon for physicians and wives — Crystal Ballroom Chairman: Frank J. Rigos, M.D. Speaker: Walter C. Alvarez, M.D. "Diseases of Medical Progress"

AFTERNOON SESSION Bayview Room

Moderator: Richard F. Barronian, M.D. 2:00-2:40—The Familial Occurrence of Gastrointestinal Disease and Some Unusual Aspects of GI Malignancies — Paul Sherlock, M.D.

2:40-3:20—The Differential Diagnosis of Prolonged Jaundice — James A. Clifton, M.D.

3:20-3:40—Recess

3:40-4:30—Questions and Panel Discussion

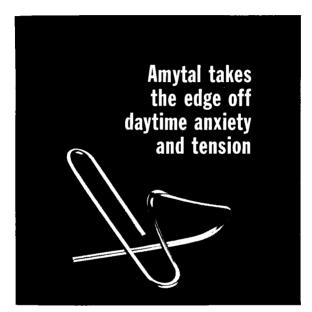
4:45-5:45—Reception . . . Bayview Room

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may produce excitement. WARNING-May be habit-forming.

Dosage: Doses should be individualized for each patient. The usual adult sedative dosage ranges from 30 mg. (1/2 grain) to 50 mg. (3/4 grain) two or three times daily.

Additional information available upon request. Eli Lilly and Company, Indianapolis 6, Indiana.





New Officers Head All Hospital Staffs

New staff presidents took office in all local hospitals as of January 1. In most instances, the new presidents had a year's advance notice of their responsible positions, having served as presidents-elect during the past year. All other staff officers, in all hospitals, were elected in December, and have taken office now for the year of 1964. The presidents-elect, who will serve as presidents of their respective staffs in 1965, will be automatic members of their respective executive committees during 1964, a measure in keeping with a recent trend aimed at giving each future president a better background for his assignment.

Newly elected officers at each hospital are as follows:

DOCTORS HOSPITAL

President	Paul E. Bondo
President-Elect	
SecyTreasurer	
Representative, Activ	
-	L. M. Rosenbladt

GOOD SAMARITAN

President	John F. Kenman
Vice-President	Thomas H. Clark
SecyTreasurerVir	cent M. Murphy
Ch. Credential Commit	tee Sidney Kase
Ch. Community Relation	ons
Committee	K. H. Sturdevant

LAKEWOOD GENERAL

Chief of Staff	Louis P. Hoyer, Jr.
President-Elect	Robert R. Burt
Secretary	Robert D. McGreal
Committeemen	Joseph Vozenilek
	John F. Comfort

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Vice-President Martin C. Eltrich
Secy-Treasurer Robert M. Chambers
Chairman, Credentials

Committee James E. McNerthney Members-at-Large John R. Alger John F. Comfort

TACOMA GENERAL

President	Murray L. Johnson
President-Elect	G. M. Whitacre
Vice-President	Robert R. Burt
SecyTreasurer	Robert M. Ferguson
Members-at-Large	Philip Grenley
	Chris C. Reynolds

NOTICES

The Society and the Auxiliary will have a joint dinner meeting in place of our regular Medical Society meeting in February. This will be held in the Crystal Ballroom of the Winthrop Hotel, Tuesday evening, February 11. The Auxiliary has provided the speaker. He is Mr. Max E. Benitz, President of the Washington State Farm Federation Bureau. According to those who have heard him, Mr. Benitz is a marvelous speaker with a forceful and dedicated message.

This is something new in our Society—a dinner meeting with the Auxiliary. (The dinner-dance will come later.) It appears to be an excellent idea and merits the support of all. The Auxiliary will contact your wife later for reservations and additional details.

Dr. Gordon Leitch of Portland, Oregon, author of the "Saskatchewan Story", will speak to the Auxiliary at the January 17 meeting. Following this, he will tape an "Ask Your Doctor" program.

Dr. Edward R. Annis, President of the American Medical Association, will address a service club meeting in the Crystal Ballroom Tuesday afternoon, January 30. He then will also tape an "Ask Your Doctor" program.

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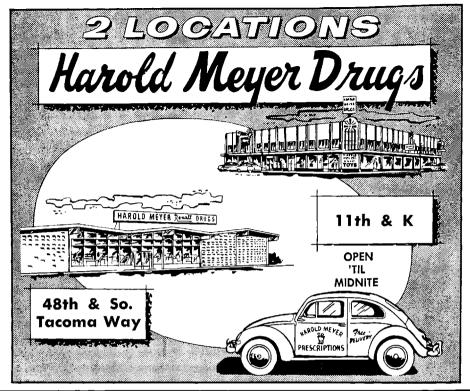
On Tuesday, December 17, the Departments of Surgery and Anesthesiology held their annual Christmas dinner in Jackson Hall. A special highlight at this party was the return of Dr. John J. Bonica as their honored guest. Dr. Bonica had resigned as Director of the Department of Anesthesiology, effective August 31, 1963. He had been with the Department since 1947, for a total of 16 years.

As a departing gift the Departments of Surgery and Anesthesiology gave Dr. Bonica a lovely Japanese teakwood jewelry box, and gold cuff links. The teakwood box had a plaque on the inside with the inscription for his years of service.

During 1963 the Scholarship and Public Relations Committee of the faculty at the School of Nursing conducted an active recruitment program. The purpose of the program was to bring information about the school of nursing to students who are interested in nursing as a career.

Letters were sent to 100 high schools in the western part of the state requesting an opportunity to visit the high school and speak to the students. Thirty high schools responded with invitations to visit their schools either on Career Day or for a special program designated by the high school. Twentyfour visits were made during the first five months of the year. Each program was given by a faculty representative and a student. They presented a description of nursing education as it is today and explained the school of nursing program at Tacoma General Hospital. A total of 1,107 students attended these programs.

Members of Future Nurses Clubs who have visited the school of nursing for (Continued on Page 19)





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(Continued from Page 17)

similar programs total 87. Tours through the hospital and residence were included for these students.

Sixty junior volunteers who spend their extra time in giving many services to the hospital were given a tour through the residence by student nurses. A program to acquaint them with the school's educational program was also included.

Of the 365 students who attended Health Careers Day last February 22. 119 attended the program for professional nursing.

Fourteen student nurses from our school of nursing and an instructor attended the SWANS convention in Spokane November 22 and 23. During this meeting, the TGH students were presented the Spirit Award, for the past year. This makes the second time in success this school has been so honored.

Saint Joseph's

Surgery is proud to announce, one of our newest nurses Mrs. Noreen Young-blood won \$25 at the lovely Christmas Party given to us by the Sisters. Noreen is leaving us temporarily to take a course in Psychiatry.

Our newly-wed, Mrs. Glen Weise nee Katie Coleman, has returned after a two week honeymoon tour of Colorado, Nevada, and the Southwestern states. Our congratulations to both Mr. and Mrs. Weise.

After 10 years Ruby Burnett has earned the privilege of semi-retirement. We miss her cheery greetings and ready assistance in our work.

Dorothy DiRe is the proud mother of a son; we send our best wishes to the entire family.

Jackie Blakely Helvig is working part time until they move to the south; Portland, Oregon. A tanned, Spanish speaking nurse has returned to our midst from sunny Mexico. Mrs. Alma Thomas enjoyed her vacation in Acapulco and we are happy to have her back.

Many thanks to all the generous doctors for our lovely and delicious gifts.

Three North had a Christmas party at the Top of the Ocean December 5. They all had a gay time and exchanged gifts.

Mrs. Ethel Paisley, R.N., is taking a leave of absence through to March. She is expecting another addition to the family.

Rosalie Wingett is leaving the 24th to have her first baby.

A Christmas party was enjoyed by the Second floor on December 16. The two chairmen were Mrs. Sylvester and Mrs. Ramsey. Mr. Blalock was Santa Claus. They had a very nice luncheon and exchanged gifts.

Pediatrics would like to wish for each of you a Happy New Year—may it bring peace, health, and prosperity throughout all of 1964.

We extend our heartfelt thanks to all the many generous groups and individuals who contributed so abundantly of their time, talents and gifts which helped to make Christmas on the ward more pleasant.

Our very special thanks to the Hospital Auxiliary for all their many contributions not only this Christmas but all throughout the year. The toys fill the beds of the little ones and soothe many a child during his hospital stay. It is also a real thrill to have a special note of interest on each tray as the holidays roll around.

We welcome a new group of professional students to the area. We hope you will find your stay with us both educational and enjoyable.

Congratulations to Mrs. V. Walters, Staff Nurse on her 25th wedding anniversary. Our wish for you is for many

(Continued on Page 21)

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(Continued from Page 19)

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"The Case of the Child with Congenital Malformations" was the title of the institute attended by Mrs. Reidinger and Mrs. Rumpf at the University of Washington on the 12-13. The material which was very pertinent to our work in Pediatrics will be reviewed in the Nursing service program of the department in the near future.

December 15 'was the student Christmas Party. Santa (Miss Karen Fredrikson) did a lovely job of distributing the gifts to all of the students. This was followed by dinner in the colorfully decorated fundamentals laboratory, which had been converted to dining facilities for this evening. Our thanks to the Sisters and the faculty for such a delightful party.

The Christmas Ball at the Dash Point Community Club was well attended by the students and their dates, faculty and chaperones. The music was marvelous and a good time was had by all. Our congratulations to Queen Dorothy Costello and her princesses Margaret Rawlings and Ruth Vanasse.

We have had several interesting guest speakers for home night. In December Doctor Kass spoke to the student body. In November Mr. Manuel from the 6th Avenue Styling Salon demonstrated several simple but fashionable hair styles. We are very fortunate to have such interesting guest speakers.

The School of Nursing is busy these days getting ready for a survey for National Accreditation. The visitor is expected to be with the school and the hospital the week of January 6.

The x-ray office was gaily decorated with a small white Christmas tree surrounded with delicate angels. Giant red velvet poinsettias and elaborate Christmas balls completed the office regalia.

The viewing room also had a small Christmas tree and angels guarding the door. The entire department was bedecked with holly.

This industrious group sold \$60 worth of Christmas fruit cakes for the Washington Society of X-Ray Technicians.

Dolores Hebert had Christmas just a little early—but what girl would object—she is wearing a beautiful diamond ring—on the correct finger. We are all happy for her and figure Mr. Arvon Agren of Seattle is a lucky fellow. Good luck and happiness.

Bena, one of our students enjoyed two weeks vacation in California and Michigan. Cora went to California for one week also.

Carol, Mrs. Costella, a former student, stopped in the lab with exciting news. She and her husband and beautiful baby will leave for Samoa in February where her husband will be employed by a local radio station. It is a long way from home and we hope to receive interesting letters from our former student.

Medical Record Department PHYSICIANS RESPONSIBILITY OF THE MEDICAL RECORD

"There are three major problems which face the physicians working in our hospitals. These problems are universally distasteful to them, yet they cannot be evaded because they are of vital importance to the physician. They are: Socialized medicine, the income tax return and the medical record."

(David E. Booker, M.D., The Physicians Responsibility for the Medical Record: Journal of AAMRL, June, 1950.)

The medical record consists of three parts:

- 1. Sociological
- 2. Medical
- 3. Nurses' Sections

Sociological and nurses' sections are completed by the hospital personnel. The medical section is the physicians re-

(Continued on Page 23)

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(Continued from Page 21)

sponsibility. He has the aid of the hospital staff in completing his part. All orders for medication, diet, x-rays, numerous laboratory procedures, and various requests are executed promptly and accurately by the respective departments.

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Why, then, does the physician procrastinate in completing his small share of the record? —Sister Mary Emmanuel Medical Record Librarian.

Good Samaritan

DR. KEMMAN NAMED CHIEF OF STAFF
Heading the Medical Staff at Good

Heading the Medical Staff at Good Samaritan Hospital for the coming year is Dr. John F. Kemman of Sumner who succeeds Dr. John M. Kanda, also of Sumner. Other officers elected are Dr. Thomas H. Clark, vice-president and Dr. Vincent M. Murphy, secretary-treasurer. Serving on the Executive Committee along with the new officers and the past president is Dr. Sidney Kase, chairman of the Credentials Committee.

Other physicians appointed as committee chairmen are: Dr. John M. Kanda, Medical Audit Committee; Dr. Kenneth Sturdevant, Community Relations Committee; Dr. Merrill J. Wicks, Clinical Pathological Conference; Dr. Vincent M. Murphy, Disaster Committee; Dr. Joseph B. Jarvis, Building Committee; Dr. C. H. Denzler, Library Committee; Dr. Arnold W. Johansson, Medical and Infection Committee; Dr. James P. Duffy, Obstetrical Committee; Dr.

Leo F. Sulkosky, Pharmacy Committee; and Dr. Wallace P. Hoyt, Surgical Committee.

PERSONNEL CHANGES

Newest member of Good Samaritan's Rehabilitation team is Joann Greengard, RPT, of Chicago, Illinois. Miss Greengard, a graduate of the University of Wisconsin in physical therapy, worked most recently as physical therapist at the Swedish Hospital in Seattle. She replaces William Hammond who resigned recently.

Several changes taking place in Medical Records are the addition of Mrs. Mary McKee who replaces Mrs. Sharron Vigil who left to be at home with her family. Miss Pat Stoker, consulting medical record librarian, leaves December 19 to be married. Mrs. McKee and her family have just moved to Puyallup from California. She has 6 years of experience in hospital and medical office work.

CHRISTMAS PARTY

Laughter and gaiety on the part of both the cast and audience were evident at Good Samaritan's annual Christmas party on December 10. Over 300 personnel, family, medical staff, auxiliary and friends attending were entertained by a riotous comedy play featuring over 30 hospital personnel and medical staff. Music, authentic costuming and adlibbing were ingredients which added to the fun.

Again this year, Mrs. Dorothy Bradley, pharmacist, directed and played the leading role surrounded by some of her regular cronies as well as several newcomers. Stealing the show, as always was Dr. Duffy as Buck. Dr. Johansson as the wolf, Dr. Clark, the oldtime bartender, Mrs. Luhtala and Mrs. Thun as a couple of Irma la Douces, and others too numerous to mention. New performers this year uncovered talent which surprised the audience. Dr. Gerstmann as Jerky was a standout,

Dr. Watkins, the naughty piano player, demonstrated a fine talent that we all want to hear more of, and Dr. Kanda came off very well both as a little Lord Fountleroy and as the medicine man. Dr. Arthur at school in short pants, and again as Hoot, the gunman, also had his moments. All in all, the chaos and bedlam were well accepted by an appreciative audience. The many unexpected incidents occuring in various parts of the auditorium brought about the atmosphere of a three ring circus. In fact, it began to take real circus effect with the arrival of Mrs. Applegate on a real live show horse.

All of the above fanfare finally culminated in the entire audience singing Christmas carols after which Santa Claus, alias Dr. Kase, presented a bouquet of flowers on behalf of the staff and cast to Mrs. Bradley in recognition of her tremendous effort. A gift exchange followed and the evening ended with refreshments served in an atmosphere of Christmas music and Christmas greetings.

CONSTRUCTION OF NEW ADDITION UNDERWAY

The overall effect was extremely enjoyable for everyone in attendance.

Bulldozers and workmen commenced work on Good Samaritan's south wing addition on Monday, November 4, 1963, and although the noise of jackhammers and bulldozers is disconcerting, it is music to the ears of those who realize the need for expansion. Expected completion date is September 1, 1964.

The general construction contract in the amount of \$420,019 was awarded to the low bidder, the Bonnell Construction Company of Tacoma. Architects are Worthen, Wing, Seifert and Forbes. It is estimated that the total cost of the project will be \$580,000 including equipment.

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January meeting will be a luncheon at Bart Huff's at noon on the 17th. The January and February meetings have been switched, and our meeting with the husbands takes place next month, not this. Luncheon committee for this January meeting includes some of our outstanding cooks . . . Jean Malden, Elvina Brokaw, Keaty Gross and Wibby Bischoff; chairmanned by the culinary excellence of Helen Florence and Dee Wickstrom, and we look forward to something special for lunch.

We also anticipate an interesting speaker at January meeting . . . Doctor Gordon Leitch from Portland, author of the article which appeared in Northwest Medicine last summer entitled "Saskatchewan's Great Confidence Game". Doctor Leitch, who is a former resident of Saskatchewan and a graduate of the University there, is an accomplished journalist as well as

physician, as is indicated by the title of his talk, "What Has Happened To America, Where Did It Go?"

The telephone committee will be busy this month taking reservations for February meeting, which will be dinner with the Medical Society on February 11 at the Winthrop Hotel. The program for this meeting will also be a speaker of political interest, Mr. Max E. Beritz, president of the Washington State Farm Bureau Federation. Mr. Beritz is described as being the man most instrumental in the defeat of the Wheat Referendum, a measure of significant similarity to the medical legislation we oppose. As Auxiliary President Katharine Humiston tells us, knowing about the farm problem helps us to understand better the whole picture of socialization, and the direction in which our opposition might be most effective.

AUXILIARY'S PAULINE REVERE

Feeling that our own understanding of the Medical-Political situation was perhaps something less than comprehensive, Kathleen Skrinar took it upon herself to get on her horse and gallop when she saw an opportunity to augment the program Auxiliary has this year. Attending the AMPAC meetings in Seattle, Kathleen thought it best to present this information to Auxiliary through a Workshop. There being no precedent for this type of presentation, she then gathered up cartons of material from the State AMPAC office and went ahead and planned a workshop on her own. Ably chairmanned by Florence Rigos, and assisted by Katharine Humiston, Ruth Sames, Lorraine Adams, Ellen Pinto, Ruth Zimmerman. and Lorna Burt, the Workshop on December 6 was a huge success in every way except in attendance. Since so

many Auxiliary members were still down in Portland, or were out shopping for their Christmas Survival Kits, only a small percentage of the medical wives had the opportunity to hear this wonderful presentation on Medical Legislation.

UPON A MIDNIGHT CLEAR

Although Auxiliary did not meet in December, the membership probably saw more of each other during the holidays than they have all year. Beginning with the very successful party the Florences and Petersons gave to introduce their new associates, Doctors Lyle and Mueller, the parties ranged large and small, loud and ladylike, and all in the friendlicst spirit.

Loudest on the list of holiday parties was the annual Internists get-together. The hosts for this spectacular affair were Academy President Ted Smith and his attractive wife Margaret, who is a C.P.A., with her own office in Lakewood besides being a most efficient partygiver. Preceding the strenuous part of the party, the Internists and their wives were elegantly entertained at cocktails at the Smith's estate-type home in Lakewood. With the sound of the dinner gong, guests moved on to the Terrace. to the Tango and to the Twist. Even without our most devout dancers, the Marshall Whitacres, who were in California that week and missed the party. the Internists really cut hardwood to the music of Mr. Meltaurus Washington. The Del Lambings also missed the party as Jane was already at home on crutches, after a fall by their new pool.

LADIES IN RED

One of the prettiest parties of the holiday season was the delightful small luncheon given by Merle Herrmann and Evelyn Osborne at the Herrmann's view home on Prospect Hill. Arriving guests were faced by a most impressive

tree-sized treat tree, with levels of cookies the mother-daughter team had baked, just as good eating as looking. The guests themselves provided part of the Christmas decoration with many of the ladies in red, including hostess Ev Osborne, Peg Haley and Dee Wickstrom in red-red. Bonnie Jean Stagner in coral red, Ruth Murphy in redpink, Marcy Peterson in tile-red tweed, Gladys Hansen in pink-red with a gorgeous matching lace hat, and Billie Murphy in a cranberry dress with matching net hat covered with tiny cranberry birds. To complete the Christmas picture were Nadine Kennedy in a snowflake white suit and Jeanne Vadheim in beautiful bright green.

The most beautifully decorated home during the holidays must have been Billie Murphy's, in every way the traditionally perfect house to enhance at Christmas. Most conscientiously decorated home was the Kunz's, with George and the children doing all the decorating while Lorraine was in the hospital recovering from surgery. She returned home three days before Santa's arrival to find the trees up and decorated, the house clean and the girls busily preparing for Christmas dinner.

Lights were out at the Robert Florence and Charles Reberger homes during the holidays, as they all flew to Hawaii for Christmas vacation. Lights were on at the John Colen's the Saturday night before Christmas when they entertain-

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ed most of Tacoma's doctors and their wives at open house at their large and lovely home.

LADY NOT IN THE RED

While just about everybody was making Christmas cookies last month at least one Auxiliary members was making money. Those elegant long 'at-home' skirts worn by fashion-minded hostesses during the holidays are really perfect cover for a leg cast, were stuffed into a lot of skiler's Christmas stockings. and will appear most elegant at ski lodges all over the country this month and next. Manufacturer of the elaborately casual skirts labelled Mikki is none other than Gypsy Hoyer, who, with her next-door neighbor and some part time help, has been whipping these up at home and sending them off to specialty shops all over the country. You can see them in Ski magazine, at the Ski Shop in Lakewood, and on romantically inclined skiiers after dark.

49th Annual Clinical Conference of ACS

October 28 to November 1 was a time for refreshing and renewing for many of the surgeons in Tacoma. The 49th annual Clinical Congress of the American College of Surgeons held in the San Francisco Civic Center and selected major hotels was successful in many respects. So many things were going on simultaneously that it was, of course, impossible to cover the entire meeting. Post graduate courses, which were composed of three-hour sessions for each of four days, were conducted in ten subjects and were well worthwhile (for reports on progress as well as to assure the attendings that their methods were current. Color television, with surgery on a variety of subjects, was presented each day and proved to be an excellent springboard for a three or four man panel to discuss the merit or disadvantages of the individual operation being performed. The cine-clinics were composed of brief motion pictures in color produced for the Clinical Congress by the surgeon presenting his film. Scientific exhibitions were usually crowded (and not just by those going for free Cokes!) and it was here that the imagination and ingenuity of the individual exhibitor made full impact upon the viewer.

An undercurrent of optimism and despair was apparent many times during the proceedings: the optimism particularly with regard to limited success in organ transplant; the despair, with regard to the multiple problems still to be conquered in determining how best to combat the rejection phenomena.

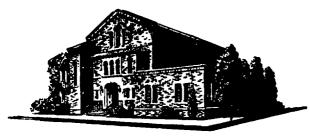
The general and specialty sessions were uniformly excellent and on Thursday afternoon the opportunity to hear General (retired) Loris Norstad discussing the Atlantic Alliance did much to emphasize the place of the physician as a civic leader.

Many of the major university residency groups held reunions of a sort for their members and I was privileged to attend our reunion from the University of Iowa where Dr. Ed Yoder of Tacoma was introduced as the first graduate of that residency training program. Prior to that time, surgical Internships of varying length had afforded the opportunity for surgical training of a less formal nature.

Considerably greater detail could be used with regard to the specific content of the various presentations. However, most of them will be available in publication form within the next several months and any attempt to launch into statistics with regard to cardio-vascular surgery or to specific types of treatment for any process would entail more than the space allotted for this brief summary. In essence, it was an excellent meeting and San Francisco was a splendid place in which to hold it.

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PHYSICIANS' AND HOSPITAL SUPPLIES

Prognosis: Good for Life, Poor For Living

By the remarkable advances in treatment of acute illness in the last few decades, physicians have saved the lives of many patients although in so doing they have substantially altered the health picture of our population and helped to create other problems. One of these, chronic illness, has emerged as the health problem of our time. This includes heart disease, arthritis, mental illness, orthopedic and back problems, paralyses, emphysema, visual and auditory impairment, loss of limb, and alcoholism. Few of these can be cured as can pneumonia or appendicitis; almost all present residual disability after the best medical efforts and require continued medical and other health care.

Adequate care of the chronically ill is time consuming, not exciting by usual medical standards, and does not produce immediate and definitive results as in the treatment of acute disease. It requires unhurried attention to such non-medical problems as the patient's work, his emotional and financial status, and the reaction of his family to his illness. There is no short cut in the mangement of the chronically ill, usually no cures. Nevertheless these kinds of chronic problems are an increasing proportion of the physician's patients.

The physician may choose to care for the chronically ill person by himself handling both his medical and non-medical problems. His rewards in terms of gratitude from patient and family are considerable. The perceptive physician, however, discovers that there are resources in the community which can aid him, can reduce his own commitments in time and do interfere with the physician-patient relationship. These resources are represented by a number of the allied professionals as nurses,

vocational counselors, medical social workers, physical therapists, occupational therapists, speech therapists, and others practicing by themselves or in private or official groups and agencies. To the extent that these individuals are available, the physician is well advised to consider using their skills in behalf of his chronically ill patient.

The visiting nurse, for example, provides an extension of professional care into the home which can be of great assistance to the physician and yet is often overlooked. The vocational counselor is a professional utilized by few physicians, yet one with indispensable skills in returning the handicapped to a useful life. The speech therapist can provide unexpected assistance to the aphasic and individuals with other speech problems, and is not consulted often enough.

The benefits which accrue from the single or combined efforts of such paramedical professionals, with the physician as captain of the team, are often dramatic although they may take time to accomplish. This combination of the efforts of a number of disciplines in returning the disabled to maximum function is a part of rehabilitation.

The physician will be gratified by the assistance of these allied professionals and in cases of severe or multiple disability will find the integration of their several disciplines into a team, as in a rehabilitation center, a most effective process. Whatever the case, the physician should remain in charge of the efforts to rehabilitate his patient and should not abdicate his responsibility.

If the medical profession, as individuals and through its organizations, will modify the traditional concept of medical care so as to include these paramedical skills, when indicated, our present system of private patient care will be strengthened. The alternative is a surrender of more and more of the

physician's effectiveness in relation to the large number of chronically ill.

The writer believes that doctors generally do not recognize "rehabilitation" has captured the imagination of the workers in many health fields. The general public also is increasingly aware of rehabilitation as a part of the answer to chronic illness. Chronic disease hospitals, nursing homes, and the welfare rolls contain large numbers of men and women in a condition of invalidism and dependency at great public expense and often because basic rehabilitation services have not been made available to them. There is evidence that the comprehensive needs of the long-term disabled have been more clearly reognized by some non-medical groups than by the medical profession itself. These groups are seeking ways to improve the care of the chronically ill. These groups are looking for medical leadership. If they do not find it, the physician will default his place as leader of the health team. Moreover, the movement to meet the needs of the chronically ill will lose the irreplaceable benefit of the physician's experience, prestige, and skills.

The problem has large proportions. Thirteen million Americans are limited in the amount and kind of activity they can perform. It is estimated that 1.5 million of these long-term disabled could benefit from vocational rehabilitation services. If this national figure applies in the same population ratio to the State of Washington, we have more than 28,000 individuals who would benefit from vocational rehabilitation services. Their prognosis for staying alive is good but their chances of leading independent, purposeful lives is poor. As leaders in the care of and the community planning for the chronically ill, the medical profession has the responsibility to see that such handi-

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capped individuals have an opportunity to realize their full potential.

In the next several issues of the Pierce County Medical Society Bulletin will appear a series of articles relating to rehabilitation.

DONAL R. SPARKMAN, M.D. State Medical Consultant Vocational Rehabilitation

Office space suitable for solo practice available after January 1. Call FU 3-4661 if interested.

County Societies . . . IN THE NEWS

KENT COUNTY, MICHIGAN Medical Society is sponsoring an Automobile Safety Seminar in early December. Among the speakers at the Seminar will be Col. John Paul Stapp of rocket-sled fame; Dr. Fletcher Woodward, originator of the seat-belt; Dr. Horace Campbell, Denver, Colorado, authority on the drinking driver. Study groups will seek solutions to such problems as: Driver Efficiency Test; Drinking Drivers; Limited Licenses; Vehicle Inspections; and Survival Car Features. An evening meeting, open to the public, will feature a documentary film of "The Anatomy of an Accident." Service organizations, law enforcement officers, safety personnel will be invited to attend the Seminar along with lawyers, dentists, engineers, nurses and doctors.

HAMPDEN DISTRICT, MASSACHUSETTS physicians recently collected a large number of used medical instruments for the USS Springfield, flagship of the Mediterranean, to be delivered to needy countries in that area. The instruments were presented to the ship at the Brooklyn Navy Yard by officers of the Medical Society's Women's Auxiliary. The USS Springfield sailed in November.

WINNEBAGO COUNTY, ILLINOIS members have undertaken the financial support of Hoang van Ngoan, an interpre-

ter for the late Dr. Tom Dooley, while he is in Rockford College taking his premedical studies. Dooley's example became an inspiration to Ngoan, that he acquired a burning interest in becoming a doctor. Dr. Dooley's untimely death only served to galvanize this interest further with the resolve to return to his people with his skills.

TRAVIS COUNTY MEDICAL SOCIETY, Texas recently donated a metal bookdrop to the Texas Medical Library. The book-drop, similar to those found outside most public libraries, offers a con-

T

venience to the doctors who are rushed and the Medical Librarian has found that she gets her books back much more consistently on time since the book-drop was installed.

QUOTE OF NOTE . . .

"You must always be students. learning and unlearning till your life's end, and if, gentlemen, you are not prepared to follow your profession in this spirit, I implore you to leave its ranks and betake yourself to some third-class trade."

LISTER



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STAFF OF DOCTORS HOSPITAL OF TACOMA Second Monday of March, June, Sept., Dec.—7:30 p.m.

Auditorium of Medical Arts Bldg. STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSÉPH'S
Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL
Last Monday of February, June, September and November

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS
First Monday of each month—8:00 p.m. at 424 South K Street
TACOMA ORTHOPEDIC SOCIETY

First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and August

—8:15 p.m. STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB
Third Tuesday of each month—6:30 p.m. at Tacoma Club

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL
Third Friday of March, June, September, December—7:15 a.m. at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m. LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December—7:30 p.m. Dinner—6:30 p.m.



BULLETIN

VOL. XXXV—No. 2

TACOMA, WASH.

FEBRUARY - 1964





ERCE COUNTY MEDICAL SOCIETY

REGULAR MEETING FEBRUARY 11

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February Birthdays

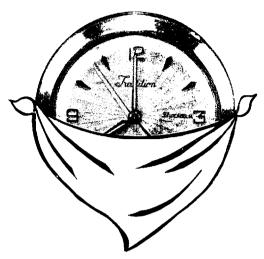
- Chares B. Arnold
- Arthur P. Wickstrom
- 3 Wililiam P. Hauser
- 6 Herbert C. Kennedy Alfred E. Schultz Don Willard
- Donald A. Graham
- Paul E. Bondo 15 Thomas R. West
- Scott S. Jones 16
- 20 G. A. Delaney
- 22Charles J. Galbraith
- 23 Philip C. Kyle Frank J. Rigos
- 24 James E. Hazelrigg
- 25 Axel Lindstrom

Opinions expressed in this Bulletin do not necessarily represent the official opinions of the Pierce County Medical Society.

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February Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1
3 Tacoma Acad. of	4	5	6	7	8 "Symposium on GI Disease" Winthrop Hotel All Day
Psych. & Neurol. 8 p.m. Tacoma Orthopedic Society 8 p.m.	C.P.C. of Mary Bridge—8 a.m.		Pierce County Pediatric Society 6:00 p.m.	C.P.C. of St. Joseph's—9 a.m.	C.P.C. of T.GM.V.G.H. (M.V.G.H. Classroom) 8 a.m.
10	PIERCE COUNTY MEDICAL SOCIETY AND AUXILIARY Dinner Meeting 7 p.m. Winthrop Hotel C.P.C. of Mary Bridge—8 a.m.	12	13	C.P.C. of St. Joseph's—9 a.m.	C.P.C. of T.GM.V.G.H. (M.V.G.H. Classroom) 8 a.m.
17	Tacoma Surgical Club—6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	19	20	C.P.C. of St. Joseph's—9 a.m.	C.P.C. of T.GM.V.G.H. (M.V.G.H. Classroom) 8 a.m.
Pierce County Academy of General Practice 6:30 p.m.	Tacoma Acad. of Internal Medicine 6 p.m. C.P.C. of Mary Bridge—8 a.m.	26	27	C.P.C. of St. Joseph's—9 a.m. PCMB Board 8 p.m.	C.P.C. of T.GM.V.G.H. (M.V.G.H. Classroom) 8 a.m.

Grand Rounds-Mt. View General Hospital-Every Saturday 9 to 10 a.m.

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PIERCE COUNTY MEDICAL SOCIETY MEETING JOINT MEETING WITH THE AUXILIARY

Tuesday, February 11

Crystal Ballroom - Winthrop Hotel

Dinner: 7 p.m. \$4.50 per person

Speaker

MR. MAX BERITZ

President, Washington State Farm Bureau
Association

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President's Page



It is appropriate that I extend the thanks of the Pierce County and neighboring medical societies to the Lederle Laboratories for the Symposium on Gastrointestinal Disease on February 8, 1964. The idea of bringing modern medical thought and current therapy to the busy practitioner right in his home grounds is both appealing and practical. The concept of upgrading and promoting continuous education of the doctor is now firmly established. Lederle Laboratories is to be congratulated for their pioneer efforts along this line.

Actually, this is not surprising, since ethical pharmaceutical companies have always performed services for the public good. As physicians, we must do our part in presenting these facts to the public. This is particularly important now in view of the poor publicity given to the drug companies during the past two years. Much of this was completely undeserved and unjust. It culminated in rather poor legislation that actually accomplishes little except to make progress slower and more difficult.

We must make it clear to the patient that he receives more for his money in drugs today than ever before. He must be made to understand why certain drugs are expensive and also how essential modern pharmaceuticals are to medicine. In the final analysis, in terms of time loss, lives saved and pain eased, modern drugs are inexpensive indeed. The public must understand that every legitimate precaution is being taken by ethical concerns to insure safe and pure products.

We must strive to promote an atmosphere in this country free of undue restraint and fear. All segments of our economy must be encouraged to continue their functions of inventing, discovering, producing and selling new and better products. No other country and no other system of government has ever done as well.

Perhaps we can best express our personal thanks by giving time, courtesy and consideration to the local representatives of the Lederle Laboratories.

Frank J. Rigos, M.D.

STOWELL'S ... Prescriptions

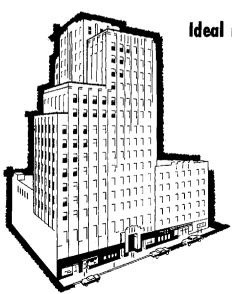
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Editorially Speaking



Something new has been added to the bottom of page 2.

It is a statement that "opinions expressed in this Bulletin do not necessarily represent the official opinions of the Pierce County Medical Society." This statement is not intended to lessen the authoritative nature of the Bulletin nor to relieve the editor of responsibility, but rather to open the literary door to any member who would like to express his opinion to the rest of the mem-

bership through these pages. Guest editorials and letters to the editor are welcome at any time, as long as they are not inflammatory or libelous, and provided they are signed by the author in each instance. The editor does reserve the right to exercise the function that his title implies, but it is unlikely that a sincerely-expressed opinion would be suppressed, no matter how small a minority it might represent.

The primary functions of the Bulletin—to circulate news about physicians, their families, the hospitals, and to provide official information concerning meetings and other medical activities in the community, should serve to unify the Society. A secondary function might be to permit individuals to express opnions on controversial issues, as indicated by the invitation extended above. But if such a privilege degenerates into acetic give-and-take of petty personal antagonisms it could reduce the Bulletin to an instrument of cleavage. This is not our goal.

In the future, no controversial opinion will be printed in this Bulletin without identifying the contributor by name. Thoughtful contributions, properly signed, will be printed, as exemplified by the letter on page 29. Again, primarily, this is a local news media, not a collection of editorials. We really need more reporters, not more editors.

-S.W.T.

PLEASE SEND IN THE NUMBER OF PAMPHLETS you want for the second round of Operation Hometown and for your office, your waiting room and dressing rooms. One way or another, EVERY patient should receive one of the "Question and Answer" pamphlets. Please fill in the form below (NOW) and mail it to the Medical Society office (113 Medical Arts Bldg.), or call the office (MA 7-2020) and leave word.

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ANNOUNCEMENTS

For your information (and safety) the door to the Pierce County Medical Society office has been changed from wood to glass.

Dr. Tom Skrinar is now congressional representative for AMPAC in the Sixth District. You can help him, and yourself and the nation by paying your 1964 dues now.

We have an excellent very well done 30-minute movie on the King-Anderson Bill that is available for loan to any group so desiring same.

Tuesday, February 11 the combined Medical Society and Auxiliary meeting will be held at the Winthrop Hotel. Dinner (\$4.50 per person) will be at 7 p.m. followed by the speaker, Mr. Max Beritz. president of the Washington State Farm Bureau Federation.

February 11 is also the day of the primary election. Vote before you come.

Patients Contented, 1963 Complaints Few; Grievance Rate Low

The Grievance Committee of the Pierce County Medical Society had a relatively peaceful year in 1963, according to the annual report filed by the 1963 chairman of the Committee, Dr. G. M. Whitacre.

Only six complaints were registered with and considered by the Committee during the year, three of these relative to fees and three relative to professional conduct. All cases were settled amicably and no cases required consultation with the State Grievance Committee, nor any action by the Board of Trustees of the Society. Thus far in 1964, one complaint has been considered by the new Grievance Committee, this a minor complaint relative to a fee.

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processing center
the week of February 3rd
9 a.m. to 9 p.m.

WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

AUXILIARY OFFICERS - 1963-1964

MONICIANI OIII	
President	Mrs. Homer W. Humiston
President Flect	Mrs. Sherman S. Pinto
1ct Vice P esident	Mrs Arthur P Wicktsrom
and Vice President	Mrs. Arthur P. Wicktsrom Mrs. Dale D. Doherty
2nd Vice-President	Mrs. Axel Lindstrom
3rd vice-Fresident	Mrs. Jack J. Erickson
4th vice-President	Man Debont C Johnson
Recording Secretary	Mrs. Robert C. Johnson
Corresponding Secretary.	Mrs. Galen H. Hoover
Treasurer	
Assistant Treasurer	Mrs. Glenn H. Brokaw
AMAERF.	Mrs. Kenneth E. Gross Mrs. Robert A. Kallsen
National Bulletin	Mrs. Robert A. Kallsen
a	nd Mrs. Richard F. Barronian
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Legislative	Mrs. George C. Gilman and
	Mrs. Samuel E. Adams
Membership	Mrs. Ralph Huff
Paramedical	Mrs. Ralph Huff Mrs. Leonard Morley
Program	Mrs. J. Hugh Kaikus
Publicity	wits, Inomas O. Murdhy
Bulletin	Mrs. Robert A. Kallsen Mrs. Dale D. Doherty
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Social	Mrs. Dudley W. Houtz
Speakers Bureau	Mrs. John J. Bonica and
	Mrs John Colen
Telephone	Mrs. Stanley W. Tuell Mrs. Frank J. Rigos and
Minute Women	Mrs Frank I Rigos and
militate women	Mrs. Wayne W. Zimmerman
Community Service and	Mis. Wayne W. Zimmerman
Council	Mrs. Edwin J. Fairbourn
Heart	Mrs H A Anderson
Cancar	Mrs. H. A. Anderson Mrs. J. Robert Brooke
Finance	
Dance	Mrs. Robert W. Florence
Fachion Chow	Mrs Morrill I Wicks
Montal Hoolth	Mrs. John M. Hoyling
Todow's Woolsh	Mrs. Powerd P. Power
Cook Pook	Mrs. Merrill J. Wicks Mrs. John M. Havlina Mrs. Bernard R. Rowen Mrs. Thomas B. Murphy and
CUUK DUOK	Mrs. Robert A. O'Connell
Davids and the state of	Mrs. Robert A. O'Conneil
international Health	Mrs. Axel Lindstrom

Auxiliary's February meeting will be a dinner with the Medical Society at 7 the evening of the 11th at the Winthrop. The 6:30 social hour will be omitted since this is the evening of an election day. Remember to vote in this important City election, and if your husband hasn't voted by day's end, have him stop to cast his ballot en route to the meeting.

January meeting at Bart Huff's spacious home drew a large turnout for lunch and for the interesting speaker. Doctor Leitch stated that he was "not concerned with whether the house of liberty be set on fire by determined arsonists or by fools playing with matches, but only concerned with preventing the fire, in protecting the American Concept." His talk followed this line in examining the forces of socialism and the stoutly socialistic personalities that have invaded the American scene.

At the January meeting President Katharine Humiston read the recent letter from Doctor Annis alerting us to the renewed hearings on HR 3920, of which our Minute Women had already called to inform us, and asked to us to write again. Katharine also mentioned that our Operation Hometown committee would launch a "soft-sell" on behalf of the Speaker's Bureau, and solicit all the organizations in the County to place our speakers on their programs.

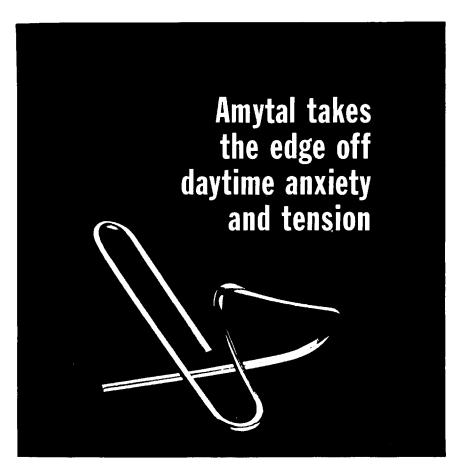
Past - President Jeanne Judd announced that the Nominating Committee . . . Ellen Pinto, Marge Wicks, Irma Wahlberg, Patsy Crabill and Dee Wickstrom . . . had met, and had drawn up the slate of officers to be voted upon this spring. The following slate will be read again at March meeting and voted upon in April . . .

President Ellen Pinto
President-elect Marge Wicks
1st Vice-President Margaret Smith
2nd Vice-President Carol Hazelrigg
3rd Vice-President Loretta Case
4th Vice-President Kay Lueken
Recordin Secretary Kay Liewer
Corresponding Secy. Beth Hennings
Treasurer Kathleen Skrinar
Dues Treasurer Elvina Brokaw

You're Invited

Betty May announced at January meeting that our husbands may not have brought it home to us, but tucked in with the brochure on the Symposium on Gastrointestinal Diseases was an invitation for each one of us. Co-sponsor of the Symposium with the Medical Society, Lederle Lab has planned a wonderful day for the wives on February 8, including free lunch at the Winthrop after a tour of the galleries at Allied Arts, an afternoon demonstration of flower-arranging at Ruth Murphy's, and a reception (cocktails) at 4:45 in the Bayview Room.

(Continued on Page 16)



Amytal is a moderately long-acting barbiturate that takes the edge off daytime anxiety and tension without significant change in mood and attitude. Since Amytal is metabolized in the liver within twenty-eight hours, overlapping of effect is minimized, and renal damage does not constitute an absolute contraindication.

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Dosage: Doses should be individualized for each patient. The usual adult sedative dosage ranges from 30 mg. (1/2 grain) to 50 mg. (3/4 grain) two or three times daily.

Additional information available upon request. Eli Lilly and Company, Indianapolis 6, Indiana.

AMOBARBITAL



(Continued from Page 14)

No Business Like Show Business

At January meeting Hazel Whitacre turned over to treasurer Kathleen Skrinar another hundred dollars our Quartette has earned for Auxiliary's benefit fund. By trouping the big ones, Hazel, Gladys Hanson, Muriel Nelson, Ev Osborne, and their accompanist Sandy Rosenbladt have turned over more than \$350 altogether to Auxiliary, and have had a lot of fun doing it.

Our Quartette has been entertaining clubs and church groups for almost ten years, originally started as a fun thing when Gladys Hanson was Auiliary President. But Gladys herself had sung in Auxiliary first Quartette, which started in 1933, when Auiliary was just two years old. That original group included Mesdames Nelson, Hanson and Whitacre as a trio, and Sandy Rosenbladt accompanying them.

This is one of the better things done on our behalf public relations-wise. So many people hear our Quartette and enjoy them, and are fascinated to learn that these are Doctors' Wives. Last spring the ladies sang for the all-city Orthopedic meeting, and for the Miami Triad in the fall. At Christmas they entertained at Harold Meyer's open house, and for 250 guests at the South Tacoma Kiwanis. Next month they'll entertain at the Women's Club of Olympia's annual party for their husbands, because one

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of the members had heard them at the Fort Lewis Officers' Club, and the word gets around that they put on a good show.

Travelers First Class

In the army of tourists that makes its assault each winter on the sunny places around the globe, Ruth and Tom Murphy seem to know where we want to go before we can even locate it on a map. Up until Sports Illustrated's big writeup on the Amphibious Resorts last month, we weren't even sure where the Dutch West Indies were. But the Murphys had seen these pleasant islands before on a Caribbean cruise and wanted to go back for another look. They'll leave February 8 to drive to California, and from there they'll fly to the Dutch West Indies to spend a week each at Aruba and Curacao, and part of a week on Bonaire. They'll spend some more time in California on the way home, and altogether will be travelling about six weeks.

George and Lorraine Kunz went to Las Vegas for ten days last month. Jim and Anne Fairbourn will go to San Francisco for a medical meeting and a week's vacation the end of this month. Washington's Birthday weekend will find the Mays, Wickstroms, Kennedys and Maldens and all their children on a four-day skiing holiday at Hurricane Ridge.

Whistle In The Woods

When you hear Doctor Sam Adams talking up a high lead, he's not talking about a card game. He knows hayracks and crummies, and that a Mallet is a real compound articulated hog. This is the language of the new elite . . . the men to whom a donkey show is the greatest show on earth. Watch something new and different going on, as the loggers, including some Auxiliary husbands, take to the woods, and their Camp Six comes out of the past and into your Park.

A Problem of Special Importance

There are so many problems in this world demanding our help, understanding and intiative, that we hardly know where to begin. There is one, however, that looms much bigger than most and, therefore, deserves our special consideration.

Do you know, for instance, that many patients discharged from Western State Hospital as recovered, have to return after a few weeks or month just because they cannot find the way back to a normal life and to society? This is not only tragic from the medical viewpoint, this is a tremendous expense and burden on our tax money.

Many patients who have no family to return to, are discharged to local boarding and nursing homes with very few personal belongings. It was brought to our attention that a KIT containing toilet articles is not only essential, but plays an important part in giving them a feeling of owning a tangible possession. These KITS are made of plastic by the patients at the hospital, but the contents are donated by groups such as our Medical Auxiliary and others. So please, if you have articles such as: toothpaste, toothbrushes, soap, washcloths, combs, shampoos, curlers, liplotions, deodorants, shaving cream, safety razors and blades, etc., bring them to our next Auxiliary meetwhere we will collect them.

Another important need is CLOTH-ING of any kind, especially men's clothes and shoes. If you are unable to attend the meeting, call Dolores Havlina and she will arrange to have your donation picked up.

Another contribution you can make is: COOKIES. You can bring them to the office of the Mental Health Association, 111 North Tacoma Avenue, where discharged people meet twice a week for social gatherings.

One of the most important helps, we were told, is "PEOPLE-TO-PEOPLE" contact between one of these discharged patients and a person in the community. They need responsible people who will show a personal interest in them and help them in their effort to readjust and get a new start in life. If you could find the time, interest and charity in your hearts to establish such a contact it woul be rewarding in many ways. Most of the discharged people not only want to work, they SHOULD work, but they cannot find jobs easily. A great help and a good start for them would be small chores in the house (cleaning, ironing, polishing silver, etc.) or gardening once or twice a week for a few hours, for which they could be paid a small sum. In our estimation, this would be the best way to establish an interest in these people and give them a feeling of self-confidence and accomplishment. We all need the security of knowing that we are wanted and needed and that our efforts and works are valued by someone.

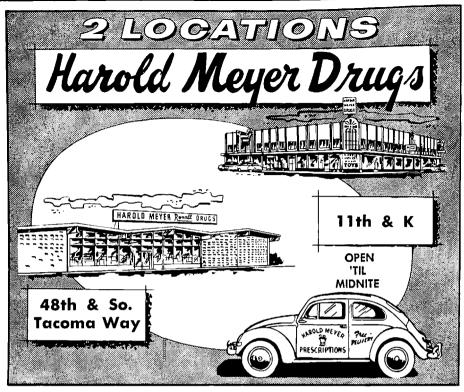
Please give this your special consideration and help someone to return to a normal, useful life by a little encouragement and though. Call Mrs. Helen Stafford at the Department of Public Assistance, MA 7-9141, best between 8 and 9 a.m. She is in charge of 85 men and women living in local boarding homes (after they were discharged from Western State Hospital) because they had the greatest chance of a complete recovery.

Dolores Havlina Mental Health Chairman

MEDICAL BOWLERAMA February 21

Tower Lanes - - - 9 p.m.

All doctors are welcome





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HOSPITALS

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Pathology Department

Charlotte Cooper will be leaving us on January 31st. She and her husband are moving to Portland, Oregon. All of us are certainly going to miss her.

The new secretary in the Pathology Department is Kathy VanGriffin, who started work January 23.

Third Floor

Mrs. Benjamin and Mrs. Roy have both returned to work after a week of illness.

Sister Cuniberta is improving and feeling a lot better.

Mrs. Bonawits drove down for a visit from Seattle. She is now working in the Surgery Department at Providence Hospital.

Mrs. Esche, R.N., is back in school! She is attending P.L.U. and working towards her BA degree in nursing.

Sewing Room — Mrs. Jensen finally has received the new High Power Singer sewing machine, and is putting it to good use already.

Mrs. Sylvester, R.N., and Head Nurse on 2nd North, had surgery on her toe. Quote: "This how I celebrated New Year's Eve."

Interns

From our special correspondent from India.

Dr. Basavana Goud, one of the six interns from India, became a proud father of a baby boy on January 5, 1964. This is his first child.

Congratulations to you both, Doctor and Mrs. Goud.

Dietary Department

Rosy Reminto visited friends in Denver, Colorado, over the holidays.

Antonette Chambers is once again working with us in the kitchen, welcome back!

The dietary staff is preparing a new diet manual which should be up for the doctors' review by May.

Our new dietician's name is not "Craig" as was printed last time, but rather "Cruz".

The dishwashing room is being retiled.

Library

Missing books!!!

- 1. Massie "Clinical Vectorcardiography and Electrocardiography".
- 2. Cantarow "Clinical Biochemistry".
 - 3. Cantarow "Biochemistry".
- 4. Woodburne "Essentials of Human Anatomy".
- 5. Wright "Textbook of Pharma-cology and Therapeutics".
- 6. Statland "Fluid and Electrolytes in Practice".
- 7. Wintrobe "Clinical Hematology, 4th Edition".

Your cooperation with regards to finding the above lost books will be very much appreciated.

Pediatric Department

At the January Inter-Departmental meeting for pediatrics, a panel discussion group presented "Care of the Child with Congenital Defects". We all found it most interesting and informative.

The Senior Pediatric students have been busy with classes and special trips to Community Agencies, Tacoma Day Nursery and Truman School of Exceptional Children.

(Continued on Page 21)

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(Continued from Page 19)

They are also engaged in a teaching program for the new diabetic and his family, Billy Lee. All attending the classes are learning new things and reviewing those items that we have forgotten.

A zippy and enthusiastic letter from Miss Nicki Trunnell, graduate of '63, tells us she is working in the small town of Wheeler, Oregon. She states there are many arthritic patients there and she "loves it." Her most prized acquired jalopy — "Pinelape" is described as hopping all over the road, gobbling gas, blowing lines every seven miles and the nose (Hood) files up in your face occasionally. Sounds great — and it only rains 26 hours a day, too!

Congratulations to all those who received their "RN"—from the Pedi Staff, especially to our own Mrs. Gowin from Pennsylvania.

We have had a review of operating the "Iron Lung" while it stayed on call for one of our little patients. Fortunately, it was not necessary to use it.

Medical Records Department

The Medical Record students went home to visit their families during the holidays. They returned full to the brim with Christmas goodies and with a New Year's Resolution for full forced diets, which lasted only a week. Word got around somehow and Sister Mary Emmanuel found out, so our beautiful plans were stopped very abruptly! For Punishment: each student has to have her menu checked before entering the Cafeteria at lunch time.

Doctor Cordova took Dana Lerfeld and Kay Williamson with him last week to observe an autopsy. Things seemed to go along a lot better this time, for both of the girls were full of enthusiasm and had lots to tell at coffee breaks for the past two days. The rest of the students can hardly wait for their turn!

HAVE YOU PAID YOUR AMPAC DUES?

Surgery Department

Our Surgery New Year began with the timely arrival of the first group of students of the class of '65. We are happy to welcome Misses: Molchan, Wiggins, Tweiten, and Pettit. Misters: Bagley and Cox.

Also new in the department are Mrs. Kathy Pfeifer from Providence Hospital in Seattle and Mrs. Becky Becker, who really came up in the world—from second floor to us. It is grand to see so many new faces!

We are sorry to lose a valued friend in Janet Rinkel who is retiring after seven years here. Hope you come see us occasionally, Jan! We will certainly miss you.

Our donation to Nursing is Betty Kolling, who began January 27 her education at the Tacoma Vocational School in Practical Nursing. Good luck to you, Betty! We will look forward to seeing you in uniform.

We enjoyed coffee and cake as a send off to our extern Doctor David Grube, who returned for his last year of Medical School in Iowa.

We are happy to see Doctor Baskin back from his European vacation. It means back to the waistline watching for all of us, but we love his "Homemade" goodies.

What is the . . .

"STAR OF LIFE"

See Page 31.

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14th Annual Meeting Tacoma Academy of Internal Medicine

Three noted internists whose main interests have been directed toward the field of applied immunology, will form the panel of guest speakers at the 1964 Annual Meeting of the Tacoma Academy of Internal Medicine to be held Saturday, March 14, 1964 at Jackson Hall in Tacoma General Hospital. Carl E. Arbesman, Associate Clinical Professor of Medicine, Assistant Clinical Director of Bacteriology and Immunology, State University of New York at Buffalo, School of Medicine; Seymour B. Crepea, formerly Associate Professor of Medicine, University of Wisconsin and currently Medical and Research Director, Sahuaro School of Asthmatic Children, Tuscon, Arizona; and Paul P. VanArsdel, Jr., Associate Professor of Medicine, University of Washington School of Medicine, Seattle, will discuss patients and present papers during the day.



Doctor Arbesman obtained his medical degree at the University of Buffalo and most of his postgraduate training at Johns Hopkins Hospital. . . . Through his research, teaching, and publication of

over 100 articles, textbooks and monographs, he has become an outstanding authority in his field. He is Program Director of the Allergy Training Program and a past member of the Training Grant Committee, Institute of Allergy and Infectious Diseases, National Institutes of Health; past president of the American Academy of Allergy; member of the Editorial Board of the Journal of Allergy; attending physician, consultant and Research Director, School of Medicine and other hospitals in Buffalo, New York. He will discuss practical implications of Serum Reac-

tions during the afternoon session and will give the banquet address on the subject of Drug Reactions.



Doctor Crepea is a graduate of Tulane University. His post-graduate training was obtained at Columbia University, Bellevue and Roosevelt Hospitals. He came to the Sahuaro School in 1960. He has pub-

lished numerous papers on immunology as well as on the use of various drugs in the treatment of hypersensitivity disorders. He will review the pathophysiology of severe asthma.



Doctor VanArsdel is particularly interested in and doing research regarding histamine metabolism and drug sensitivity. He is Head of the Division of Allergy and Immunology at the University of Wash-

ington Medical School. He graduated from Columbia University and has published numerous papers in the field of Endocrinology and Immunology. He will discuss the Role of Histamine in Hypersensitivity.

All members of the medical profession are invited to attend. The registration fee of \$7.50 includes the banquet.

Those wishing additional information are asked to contact the 1964

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Tacoma

Meeting Chairman, John Colen, M.D., 1207 Medical Arts Building, Tacoma, Washington.

ANNUAL MEETING TACOMA
ACADEMY OF
INTERNAL MEDICINE
Jackson Hall . . .
Tacoma General Hospital

MORNING SESSION

9:00 a.m.—Registration Fee: \$7.50 Morning coffee. (includes banquet).

Presentation for Discussion by the Guest Speakers

Moderator: Bernard R. Rowen, M.D. 9:30 a.m.—Acute Collagen Disease James D. Lambing, M.D.

10:00 a.m.—Intestinal Obstruction with Eosinophilia Robert E. Lane, M.D.

10:30 a.m.—Auto-Immune Hemolytic Anemia G. Marshall, Whitacre, M.D.

11:00 a.m.—Rheumatoid Arthritis with Periarteritis Nodosa Rodger S. Dille, M.D.

11:30 a.m.—Penicillin Sensitivity George A. Race, M.D.

12:00 noon—Lupus Erythematosus Disseminata Ralph H. Huff, M.D.

AFTERNOON SESSION

Moderator: John Colen, M.D. 2:00 p.m.—The Pathophysiology of Severe Asthma Seymour B. Crepea, M.D.

:50 p.m.—Practical Implications of Serum Reactions Carl E. Arbesman, M.D.

3:40 p.m.—Coffee Break

3:55 p.m.—The Role of Histamine in Hypersensitivity Paul P. VanArsdel, Jr., M.D.

EVENING SESSION

Bayview Room, Winthrop Hotel
6:30 p.m.—Social hour
7:30 p.m.—Banquet
Theodore J. H. Smith,M.D., presiding
Address . . . Reactions to Drugs
Carl E. Arbesman, M.D.

Arnie Herrmann Wins Las Vegas Jaunt

Using a few spare moments to answer some quiz questions proved valuable for Arnie Herrmann when he earned first prize in the quiz in the November issue of Washington Motorist. The prize was a trip to Las Vegas for two and, as an additional bonus, Dr. Herrmann had his picture in a subsequent issue of the Motorist, simling cozily with an attractive girl from the travel agency arranging the trip.

What is the . . .

"STAR OF LIFE"

See Page 31.

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Dr. Altemeier Due For U. of W. Strauss Lecture



DR. WILLIAM A. ALTMEIER

Dr. William A. Altmeier, world renowned surgical bacteriologist, will deliver the Fourteenth Alfred A. Strauss Lecture sponsored by the Department of Surgery of the University of Washington School of Medicine. Dr. Altmeier is Christian R. Holmes Professor of Surgery and Chairman o fthe Department at the University of Cincinnati. He will speak on "Hospital Acquired Infections in Surgery and Their Significance." The lecture will be held in the Auditorium of the Health Sciences Building, University of Washington on Friday, February 7, 1964 at 8:15 p.m.

Dr. Altmeier will spend February 6 to 8, in the Department of Surgery, participating in ward rounds and conferences at the various teaching hospitals. All physicians are welcome to attend these functions also.

He will greeted at the University of Washington School of Medicine, Department of Surgery, by Dr. Henry N. Harkins, Professor and Chairman of the Department and by Dr. Alfred A. Strauss of Chicago, who makes the annual lectures possible through an endowment.

PATRONIZE YOUR ADVERTISERS

Members Hear About Aardvarks and Bats At Society Meeting

To his medical colleagues, Dr. Murray Johnson is a surgeon whose hobby is mammalogy, but according to mammalogists, he is primarily a mammalogist who happens to spend some of his time performing surgery on one of the more common species of mammals, Homo sapiens.

The 81 members of the Pierce County Medical Society who attended the January meeting had a fascinating glimpse into Dr. Johnson's "other life" when he addressed the membership on the subject, "Medicine and Mammalogy." The presentation was particularly well adapted to the use of color slides and Dr. Johnson had over 100 slides of mammals of all varieties, including numerous interesting views of new-born litters of such animals as bats, mice and rabbits. Rare animals and mammals peculiar to the Pacific Northwest rated special attention.

Dr. Johnson is nationally known for his work in mammalogy and has taken field trips to various parts of the world in search of specimens and to study the lives of mammals in their natural surroundings. Since 1948 he has been Curator of Mammals at the University of Puget Sound. The University has one of the 20 largest collections of mammals in the United States, rivalling the collections of some of the large universities around the country.

Despite the number of color slides, the material was presented in a concise and rapid-fire manner so that the scientific program was completed in 45 minutes and all members were homeward bound at a reasonably early hour.

The February meeting will be the first annual joint meeting of the Society with the Woman's Auxiliary and will be held at the Winthrop Hotel, featuring Mr. Max Beritz as the main speaker.

"STAR OF LIFE"

See Page 31.

Tacoma Physician To Join Project Hope in Ecuador

Dr. Dumont Staatz left for Guayaquil, Ecuador on January 29 to begin a two-month tour of duty aboard the teaching-training hospital ship S.S. Hope. He is one of 32 physicians and dentists who will comprise the second group of rotators. Rotators serve for periods of approximately 2 months without pay and augment the vessel's permanent medical corps of more than 80 physicians, nurses and paramedical personnel who remain aboard the ship for the duration of the voyage.

The S.S. HOPE arrived in Guayaquil December 2 and is expected to be there until the Fall of this year when it will leave for the Republic of Guinea.

Dr. Staatz is the second Tacoma physician to serve aboard the S.S. HOPE. Dr. S. F. Herrmann was a member of the ship's medical staff during its first voyage to Indonesia and South Viet Nam.

Project HOPE is a non-profit organization formed in 1958 to bring medical education and care to newly-emerging nations. To date, the hospital ship has visited Indonesia, South Viet Nam and

Peru where her volunteer staff has taught and trained nearly 2,000 of their counterparts. In addition, over 4,000 major operations have been performed aboard the ship and nearly half a million people have been examined and immunized by the medical staff.

Order Hometown Pamphlets NOW!

Recently, Judy called rather frantically saying, "Help! They're walling me in!" I rushed down to the library and

sure enough, they were.

The Washington State Medical Association office had ordered some pamphlets for Pierce County Operation Hometown and a truck driver was unloading two thousand five hundred and fifty POUNDS of pamphets. A rough calculation shows that if they were laid end-toend, they would stretch from here to the Tyee Motel on the other side of Olympia.

Please, if you haven't ordered your pamphlets for the second phase of Operation Hometown, do so now. We would like to be able to use the Medical Society office again.

—F.J.R.

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PHYSICIANS' AND HOSPITAL SUPPLIES

New Bulletin Editor For 1964

Starting with the January issue, the new editor of the Bulletin is Dr. Stanley Tuell. He replaces Dr. Ted Haley who was editor for the year 1963.

All physicians with news items of general interest to the membership are urged to submit them either to the editor or to Judy Gordon at the Society office. (Deadline for copy is the 20th of each month.) Physicians' wives should call Mrs. Robert Kallsen if they have family news of interest. Achievements or accomplishments of a physician, or members of his family, in his avocation or hobby, or in fraternal or civic organizations, is always good material for publication in the Bulletin.

Letter to Editor

To the Editor:

When the Bulletin receives a letter from "an ordained minister of a major Protestant Church for publication", we would do well to evaluate the validity of his implied charge of our lack of interest, in the welfare of our patients and his direct charge of our failure to serve that welfare, because of fear.

One of the doctors consulted by the gentleman of the cloth talked with him for at least thirty minutes—another for about five minutes. These doctors were left with identical impressions. This pastor came to tell the doctor what was to be done to his wife. He was not inclined to discuss the pros and cons of his demands.

The "we" used generously in the pastor's letter was apparently rhetorical since his wife, though present, had little voice in the interview.

It is interesting to note that he mentioned no inconvenience or risk as long as his wife was the one to undergo surgery. He grossly magnified the inadequacy and undesirability of other methods of contraceptions. He carefully avoided mention of a far simpler and safer alternative—that of the sterilization of the male. We might ask—why?

Pastor—we, as doctors, must constantly make the decisions we believe are in the best interest of our patients. Have you considered the possibility that the doctors you consulted, declined a remunerative operation on your wife through the courage of their convictions rather than through fear of any sort?

Editor of the Bulletin—we, as doctors would welcome any criticism that can point the way to improve service to our patients, but I wonder if publication of this anonymous, emotionally disturbed letter, has furthered the cause of the patient, the doctor, or the clergy.

Sincerely, M. R. Hosie, M.D.

Attention Newcomers! Pictorial Rosters Still Available

New members of the Pierce County Medical Society should be especially interested in knowing that pictorial rosters of the Society membership are still available. The roster is the answer to the problem of trying to associate all the names and faces of the 300 members of the Society. Such a roster is printed only once every several years, and the current one was printed just last year so it is up-to-date and several copies are still available at the Society office. Besides individual pictures of each member, the roster includes the name, type of practice, office phone number, name of medical school and date of graduation for each member. Also included as a public relations memory aid is the name of each physician's wife.

The 3½ by 6 inch booklet is durably clothbound in deep blue with gold lettering on the front cover. Included is a list of all Presidents of the Society from its founding in 1888 through 1964. The Rosters are available at cost, \$4.50, and can be ordered by calling MArket 7-2020, or by picking one up at the Society office on the first floor of the Medical Arts Building. Many physicians have ordered 2 rosters—one for at home and one for the office.

Letter to Secretary

Dear Judy:

If any internists might be interested in partial retirement in Arizona, there is an opening here in Sun City.

Sun City and Youngtown are adjacent towns exclusively for people over age fifty, situated twelve miles northwest of Phoenix which is now a city of five hundred thousand people. The present estimated population of the Sun City-Youngtown area is ten thousand but it is growing very rapidly, six thousand in the last three years.

There are two good hospitals within ten miles. At present there are five general practitioners full time here, two osteopaths, a part time surgeon, part time dermatologist (me), part time optician, and part time chiropodist besides a chiropractor or two and some dentists. Glendale is the nearest town of any size with a good complement of physicians.

The present part time internist is a young man from Phoenix and his Phoenix practice is growing so rapidly that he wishes to devote full time to it.

The office space is controlled by the surgeon, very adequate with reception room, four examining rooms, X-ray room, full time receptionist-nurse and part time X-ray technician. The surgeon owns the space and office equipment, pays the personnel, etc. Time is arranged so that no two doctors occupy the space at the same time. I pay \$75.00 a month for two half days a week and only provide my own drugs and any special equipment that I want.

There is no lab technician except for urinalysis but the Northwest Hospital Lab is only six miles away in the outskirts of Glendale.

People here are in active retirement, all either owning their own house or a few living in sort of duplexes and cooperative apartments. If desired by paying a \$40.00 fee each year they can have the club house privileges, swimming, hobby shops, etc.

Golf fees are separate. We are complete towns, with essentially country club type of living or small town as desired. There is no lack of friendship

and activity, and of course the weather is for year 'round out-door activity.

Arizona has reciprocity with Washington, so except for a lot of red tape, it is not difficult to obtain a license to practice here. Also the hospital appointments are not difficult for a qualified person.

If you think anyone in Tacoma would be at all interested, please tell them, to write me and I will send more information.

Kindest personal regards to you, and I hope the New Year brings you much happiness.

Sincerely yours, S. E. Light, M.D.

Heart Offers Grants, Scientific Sessions

Applications for short-term grants for medical education and for the 1964-65 award as Associate in Research in Medical Education are now being accepted by the American Heart Assn.

The short-term grants which carry a \$2,500 stipend, are available to physicians who wish to devote perhaps two months to learning techniques for analyzing specific problems which may arise at their institutions.

The Associate in Research Award is designed to stimulate careers in post-graduate medical education.

The American Heart Association is serving as a clearing house for papers to be presented by U. S. residents at the Third Asian-Pacific Congress on Cardiology in Kyoto, Japan, May 10-14.

The American Heart Association Annual Scientific Sessions are scheduled for October 23-25 in Atlantic City. The Council on Arteriosclerosis will meet October 21-22 just prior to the Scientific Sessions.

American Heart has published a presentation of the practical, clinical aspects of peripheral vascular disorders.

Application forms for grants, information on submitting abstracts and American Heart publications are available by writing to American Heart Association, 44 East 23rd Street, New York City.

Physicians Urged To Memorize and Heed "Star of Life" Symbol

This is the universal emergency medical identification symbol devised by the American Medical Association.



The person who displays it carries information which should be known to anyone helping him during an accident or sudden illness.

First announced in June, 1963, this symbol is already in such general use that it is essential that it be recognized by all emergency personnel who care for the ill or injured. It means, "Look for medical information that can protect life." Failure to recognize this symbol and to heed its vital message could be disastrous.

This symbol has been freely offered by the A.M.A. to manufacturers and distributors of emergency medical signal devices and the publishers of medical identification cards. Thirty corporations and associations have adopted the universal symbol for use on their identifications and the number is increasing continuously. The A.M.A. neither manufactures nor distributes signal devices.

Many signal devices of metal or plastic will bear this symbol one side with a few words of vital information on the other. Other devices will have a pocket within which more detailed information can be found. Still others may consist of the symbol alone—a suggestion to look elsewhere in purse or pocket for important information or identification.

Fix this symbol in your memory—the star of life (or the asterisk of reference), bearing the snake entwined staff of Aesculapius, the mythical Roman god of medicine—taken from the seal of the American Medical Association, and all contained in a hexagon. This symbol may appear in any size or color. It is most likely to be found on the wrist or about the neck, though it may identify the presence of information in other locations.

Recognizing it as the universal symbol of emergency medical identification will help you to locate information that may protect life in an emergency.



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MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.

Auditorium of Medical Arts Bldg.

STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m. STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Monday of each month—8:00 p.m. at 424 South K Street TACOMA ORTHOPEDIC SOCIETY

First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August

—8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month—6:30 p.m. at Tacoma Club TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Tacoma Club

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m. at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December—7:30 p.m. Dinner—6:30 p.m.



BULLETIN

VOL. XXXV—No. 3

TACOMA, WASH.

MARCH - 1964



PIERCE COUNTY MEDICAL SOCIETY

REGULAR MEETING MARCH 10

Pierce County Medical Society President Frank J. Rigos
President-Elect Frederick J. Schwind
Vice-President George S. Kittredge
Secretary-Treasurer Arnold J. Herrmann
Executive Secretary Judy Gordon TRUSTEES Lester S. Baskin Richard F. Barronian J. W. Bowen, Jr. Robert R. Burt James E. Hazelrigg Arnold J. Herrmann George S. Kittredge James D. Lambing Frank J. Rigos Frederick J. Schwind Govnor Teats Stanley W. Tuell DELEGATES Frank J. Rigos Frederick J. Schwind Stanley W. Tuell Robert M. Ferguson Robert W. Florence Arnold J. Herrmann ALTERNATE DELEGATES
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Business Manager Judy Gordon
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HAVE YOU SENT IN YOUR **UGN CONTRIBUTION?**



March Birthdays

- Ernest L. Randolph 2
- 3 Franz P. Hoskins
- 4 Louis M. Rosenbladt Govnor Teats
- W. Howard Pratt 5
- 6 Edward F. McCabe
- 9 Ross E. McPhail Phillip B. Smith Douglas A. Tait
- 11 J. Edmund Deming
- 15 Bryce Betteridge
- 17 Russell Q. Colley
- 18 Robert A. O'Connell
- 20 Albert A. Sames
- 22 Robert Klein John P. Liewer Charles E. Marshall
- 24 Robert P. Crabill
- Robert R. Burt 25 Gerald C. Kohl
- 26 Ross D. Wright
- 31 Frederic O. Paine

Cover Picture . . .

PSH 15—Stevens Pass—Moving snow on west side of summit January 24, 1964. —Photo by Lloyd Wilbanks.

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March Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7
Tacoma Acad. of Psych. & Neurol. 8 p.m.	Staff of Tacoma General 6:30 p.m. Tacoma Orthopedic Society 8 p.m.		Pierce County Pediatric Society 6:00 p.m.	C.P.C. of St. Joseph's—9 a.m.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
9	C.P.C. of Mary Bridge—8 a.m.	11	12	13	Annual Meeting
Staff of Doctors Hospital 7:30 p.m. Staff of Good Samaritan 6:30 p.m.	PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M.			C.P.C. of St. Joseph's—9 a.m.	Tacoma Acad, of Internal Medicine Jackson Hall C.P.C. of TGH-MVGH (MVGH Classrm.)
16	C.P.C. of Mary Bridge—8 a.m.	18	19	20	<u>8 a.m.</u>
Staff of St. Joseph's 6:15 p.m.	Tacoma Surgical Club—6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	Staff of Lakewood Gen.—7:30 p.m.		Staff of Medical Arts Hospital 7:15 a.m. P.C.M.B. Board 8:15 p.m. C.P.C. of St.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
_23	24	25	26	Joseph's—9 a.m.	28
Pierce County Academy of General Practice 6:30 p.m.	Tacoma Acad. of Internal Medicine 6 p.m. C.P.C. of Mary Bridge—8 a.m.			C.P.C. of St. Joseph's—9 a.m.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.

Grand Rounds-Mt. View General Hospital-Every Saturday 9 to 10 a.m.

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A simple will leaving everything to your wife may be perfectly all right. But have you checked it with your lawyer lately?

Conditions change, and perhaps your will should be brought up-to-date or re-written.

We strongly urge you to review your present will with your attorney, or to use his experience in drawing a will if you do not now have one.

And we suggest you learn the many advantages of a trust at our bank. We welcome the opportunity of talking with you and your attorney about your estate plan. There is no obligation . . . come in anytime.



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PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, March 10

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

"THE DOCTOR AND THE NEW TAX LAW"

Mr. Charles C. Thomas

Dinner: 6:45

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President's Page



Now that Congress is nearing final approval of the tax reduction bill, it is well that we become informed as to its contents. The private practice of medicine is a small business complete with the problems of overhead, rising costs, capital expenditures and income. As owners of small businesses, our incomes have risen considerably during the past 25 years. At the same time, overhead has increased relatively faster than income. The net result is that our margin of profit has been slowly falling, and that

our increase in income has been relatively less than many other groups.

Our income has increased because of three reasons. One, increase in fees—however, to our credit, this has not kept pace with the rising cost of living index. Two, increased utilization of our services and new and more efficient means of seeing and treating more people. Finally, a greater percentage collection of our fees because of the relative prosperity of the times and a greater utilization of prepaid insurance.

At the present time, however, the established doctor finds it hard to significantly increase his income. He finds it hard to see more people, increase his collection percentage and to raise his fees. The busy man can see only so many patients a day and practice good medicine. He finds it hard to increase his percentage of collections beyond a certain point and still retain good will. He also finds it more difficult to increase or vary fees with the standard fee schedules, relative value scale and the various insurance schedules combining to set one price and one price only.

The one area left is overhead. Taxes are part of overhead. This being the case, it behooves us as prudent individuals to make the best use of our income by knowing and utilizing the tax rules to our advantage. With this in mind, Dr. Rohner, our program chairman, has responded to several requests and arranged to have Mr. Charles Thomas speak on the New Federal Income Tax Law at the March meeting.

—Frank J. Rigos, M.D.

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Editorially Speaking



The next worse thing to the patient who calls his doctor at 2:00 a.m. to report a sore throat of a week's duration . . . is the night duty nurse who calls at 3:00 a.m. for renewal of a narcotic order that "ran out" at midnight.

I just said it, but I don't believe it.

Perhaps the extremes used in this example make the statement a valid one, but in general, we're too quick to criticize the nurse who calls at night to report an insig-

nificant symptom. Generally, we're quite insistent that nurses not diagnose—not treat patients. They're not to invade our realm! We've impressed them as students with the fact that the burden of responsibility lies on our shoulders. But at the time of that night phone call, many of us suddenly become strangely lenient with this responsibility. We suddenly feel the nurse should carry more of the load. In many instances, the seemingly unimportant message that irks us at 3 a.m. is virtually the same one that earned the nurse a reprimand for not delivering to some other doctor a few nights previous. True, the doctor's too-often-interrupted slumber is precious to him, and some doctors unfortunately find return to dreamland more difficult than others. But no nurse makes such a call with intent to antagonize, or rob the doctor of his sleep—even though it may seem that way to him at the moment!

No chance nurse-reader should use the following comment as a substitute for using good judgment in night-call decision. It is better to risk several instances of doctor-irritation by phoning, than to jeopardize the recovery of a single patient by not phoning for fear of a subsequent reprimand, if the nurse feels in her own mind that the message is one of importance. If nurses can pause for thoughtful evaluation of the gravity and urgency of the situation, there should be very few unnecessary night phone calls.

But, doctor, when such a call does come through, be slow to anger and quick to forgive. Your own tolerance will be the tranquilizer that will induce sleep all the sooner.

-S.W.T.



"MARVELOUS MEMORY, GIFTED AT GUESSWORK, A WAY WITH WOMEN - HAVE YOU EVER CONSIDERED THE CHALLENGING FRONTIERS IN A MEDICAL CAREER?"

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WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

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Mental Health Mrs. John M. Havlina Today's Health Mrs. Bernard R. Rowen Cook Book Mrs. Thomas B. Murphy and Mrs. Robert A. O'Connell
Parliamentarian Mrs. William Goering International Health Mrs. Axel Lindstrom

Auxiliary's March meeting will be a coffee party at 10 a.m. Friday the 20th at Billie Jean Murphy's home. "Politics or Perish" is the title of the program planned for that morning, and the speaker will be Dr. Albert Cooper, a physician from Seattle who is very active in AMPAC.

The February meeting with the Medical Society proved to be a successful idea and drew a large turnout for dinner at the Winthrop. Most Auxiliary members attending found it interesting to hear about the farm program. The highlight of the meeting's entertainment was the unexpected two-piano musicale by Ev Osborne and Jean Colley.

Auxiliary President Katharine Humiston announces that the State Auxiliary's mid-year conference will be held March 18 and 19 at the Chinook Hotel in Yakima, and those who plan to at-

tend should contact Jeanne Judd for reservations and to arrange for transportation.

Fashion Pates At The Table

February was a busy month for Auxiliary. A large portion of the membership turned out for the free lunch hosted by Lederle Labs on the 8th, mostly to hear the famed Doctor Alvarez.

As is generally the case when the husbands are along, Auxiliary was especially well-dressed for the Lederle luncheon. In high fashion were Dee Wickstrom and her bright red dress with hat traced in red, Helen Kittredge in a peach-textured mink-trimmed suit. Cris Kanar in a tweed chesterfield, and Rosemary Dye in a very smart white cardigan suit with black semi-turle neck. Our spies had encountered Rosemary downtown Tuesday before the luncheon when she was buying the suit fabric, and this was really a bomb seeing the finished product materialize so quickly and so expertly.

Rosemary Dye dresses like a rich Doctor's wife should, and she makes everything. Donna Gilman is another one who sews fast and well, and when you see her in something beautiful she must have bought in New York, she made it. Last fall Donna was spectacular at Symphoneve in an empire-line long brocade everyone was turning around to look at. Donna had whipped it up herself like Scarlett O'Hara's, out of some drapery fabric she'd had around the house. Dee Wickstrom does most of her own flattering dresses. Jean Eylander whips up a neat French copy, as does Jane Lambing. Janet O'Connell builds most of her own, so does Beth Pratt, Bianca Mattson, Peg Haley, and many others of our best-dressed members. This is a specialty that brings fun into people-watching. Does

doesn't she? . . . and how can you tell from Chanel?

Many Auxiliary members don't sew them, but knit ethereal stuff of which they're made. Jeanne Vadheim has been knitting those fabulous things herself, and Lorraine Kunz knits the beautiful things she wears. Elvina Brokaw outknits the experts, and Bart Huff has some beautiful custom knits by Huff. Gloria Virak's angel-pink mohair dress and jacket ensemble is her own handwork. Dozen of Auxiliary members knit their ski sweaters. Florence Rigos ambitiously plans to take next year off from clubsmanship and learn to knit.

The Year of the Big Ski

With the season just about over, Auxiliary can breathe a little easier . . . as Bulletin goes to press, we haven't a single member in a leg cast this year. And there are about three times as many Auxiliary members on the slopes this year as ever before.

Formerly fractured Nadine Kennedy is back battling the big runs again, has now persuaded her husband, who bought himself real skis last month to replace the hindged Heads he had. Bev Graham and George Race were in shopping for skis the same day.

A whole team of Auxiliary's members have made Wednesdays their learn-to-ski days this season . . . Ruth Houtz, Dee Wickstrom and Carol Hazelrigg were on the bunny tow Wednesdays, as were the Robert Kleins, the George Gilmans, the Marcel Maldens. Farther up the hill the Algers, Osbornes, Crabills, Haleys, Durkins, Delores Havlina and Billie Murphy have made Wednesdays a regular thing.

The Kleins also ski on Sundays with their five little ones. Ruth Sames makes it to the mountain once a week, and the Sames family plan to ski Big Mountain at Easter. The Rigos family, pioneers in the panic for skiing, still go at least weekly, and Keaty and Ken Gross made

their annual pilgrimage to Sun Valley last month.

Thursdays have seen some more regulars on the hill from our roster . . . the Robert Fergusons, the Bischoffs, the George Kunzes, the John Mays, the Fairbournes, Bob Chambers and Joann Johnson, to mention a few.

Only injury reported so far has been Robert Ferguson, who injured his ego fairly seriously once icy afternoon last month, when it took him an hour and twenty minutes to make it down beginner's hill.

Please don't forget our Mental Health program. Men's clothing and shoes are especially needed for patients at the Western State Hospital. Bring them to our meeting on March 20 or call Dolores Havlina, SK 2-1426, and she will pick them up at your home.

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Dr. Walter Alvarez Jolts Overflow Crowd At Tacoma Meeting

An attentive audience of 235 physicians from all parts of western Washington crowded into the Bayview Room of the Winthrop Hotel for the clinical sessions of the highly successful Symposium on Gastrointestinal Disease on Saturday, February 8, 1964, co-sponsored by the Pierce County Medical Society and Lederle Laboratories. Most startling event of the day, however, was the address delivered by internationally known Dr. Walter C. Alvarez at the luncheon meeting in the Crystal Ballroom. Extra tables were needed to take care of the overflow crowd as Dr. Alvarez eased into his speech subject, "Diseases of Medical Progress," then blasted off with some bluntly expressed but challenging and thought-provoking opinions. He decried the practice of spending thousands of dollars and years of effort to maintain life in the vegetable-like victim of a severe cerebrovascular accident, the congenital idiot, or some other human form virtually devoid of soul or personality. Though not quite following the theme of the symposium's gastrointestinal title, the address provided a stimulating recess from the clinical sessions and held the attention of the approximately 95 wives who were present, as well as the overflow crowd of physicians.

The importance of early diagnosis was stressed by Dr. James R. Lloyd of Detroit, in his paper on surgical problems of the gastrointestinal tract in infants and children. The incidence of intestinal atresia is so high in infants born of mothers with hydramnios that all mothers with this condition deserve especially alert observation. He also described his method of determining parenteral fluid needs in infants, which

involves only periodic weighing of the child, eliminating all other tests.

Dr. John T. Reynolds of Chicago implicated the law of gravity in the precipitation of attacks of acute obstruction of the cystic duct on patients with gallstones. While waiting for elective surgery, such patients should be instructed to sleep in the prone position so that stones tend to remain in the fundus of the gallbladder rather than gravitating into the duct as might happen if the patient is supine.

Dr. Richard Barronian moderated the afternoon session in which Dr. Paul Sherlock of New York reviewed the significance of genetic factors in the etiology of regional enteritis. The final guest speaker of the symposium was Dr. James A. Clifton from the State University of Iowa who discussed modern concepts of bilirubin metabolism as they relate to the diagnosis of prolonged jaundice.

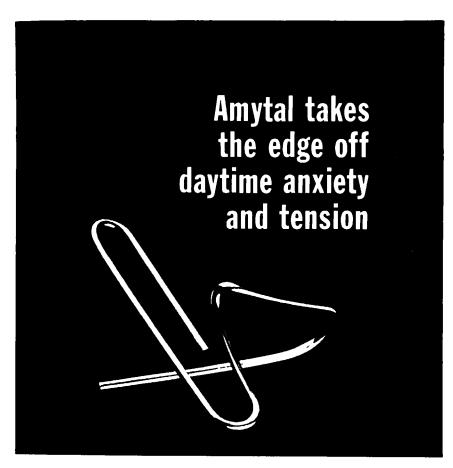
Dr. Frank Rigos, Society President, presided at the luncheon meeting and gave due credit to Lederle Laboratories for their willing cooperation and for the financial grant that made the meeting possible.

"Hypersensitivity and Immune Mechanisms"

This is the subject of the all-day 14th Annual Meeting of the Tacoma Academy of Internal Medicine on Saturday, March 14th. The banquet address will deal with Drug Sensitivity.

You are cordially invited to attend.

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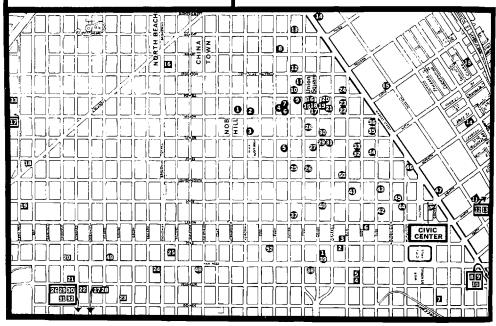
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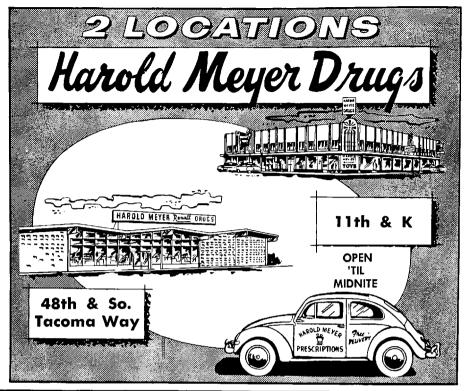
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No refunds for cancellation after June 5. S. Confirmations will be mailed up to June 12.	check pa	ayable to AMA HOUSING	BUREAU enclosed.
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Dr. S. F. Herrmann New State Chairman of World Medical Ass'n



Selection of Dr. Siegfried F. Herrmann of Tacoma as Washington State Chairman for the United States Committee, Inc., of the World Medical Association has been announced by Gerald D. Dorman, M.D., Secretary-Treasurer of the U. S. Committee. As State chairman, Dr. Herrmann will be responsible for directing programs and activities of the U. S. Committee in Washington State. He has been a member of the U. S. Committee since 1948 and has practiced in this State for 34 years.

The World Medical Association is an organization of national voluntary medical associations in 58 countries representing over 700,000 physicians. It links American physicians with doctors around the world through international health programs which it sponsors, and through U. S. observer delegations attending annual World Medical Assemblies in various member countries. Membership in the U.S. Committee is open to persons and groups interested in improving world health conditions through non-governmental means.

Dr. Edward R. Annis, President of the Amreican Medical Association, is currently President of The World Medical Association.

HOSPITALS

Tacoma General

Mr. W. L. Huber, Administrator, was in Chicago on February 3 to attend the mid-year conference of the American Hospital Association. The mid-year conference is a meeting of presidents and executive secretaries of state hospital associations, called to hear reports on the activities of the Hospital Associations.

The date for the dedication of the new hospital facilities has been set for April 29. Plans are being made for a dedication ceremony to be held on that date which is also the anniversary of the hospital, which was organized in 1882.

On February 13 the blood bankers of Southwest Washington met here for an evening workshop on crossmatching and antibody techniques presented by Mr. Dick Jenny of the Dade Laboratories of Miami, Florida, in cooperation with Scientific Products. Crossmatching has come a long way since the old slide test in saline. With demonstrations, questions and answers, the pitfalls and advantages of the newer tube, high protein, enzyme and Coombs' tests were thoroughly explored. Those who came all the way from Aberdeen and other such distant points declared that this was one of the most informative and provocative workships which has been held in these parts.

Our chief technologist, Miss Lucille Larson, has started a one month vacation by attending the joint ASCP-ASMT Directors Meeting in Houston, Texas, Two doctors and two technologists are attempting to keep up with her many duties.

On February 14, the Vocational Guidance personnel from the 53 junior and

(Continued on Page 21)

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(Continued from Page 19)

senior high schools in this area attended a special session held at Jackson Hall. Representatives from 12 professions and technologies were present to tell the counselors about their professions, the need for continuing recruitment, the education, training and expense involved in training for this profession. This information is needed by the Vocational Counselors to properly advise their students in a choice of careers. There was also an opportunity for personal conversation with these representatives to ask further questions if desired.

On February 22, Health Careers Day for students is scheduled. Students from 18 schools will convene at Jackson Hall to learn about various health professions. They will hear representatives discuss their careers and answer questions about the various health fields; take tours through departments of the hospital; examine exhibits prepared for them and learn as much as they can in the conference periods about the careers available in hospitals today. Last year about 300 students were in attendance at this event.

Virginia Davies, R.N. and Edith Westlin, R.N., instructors at the School of Nursing were awarded their B.S. degree from the University of Puget Sound in January.

Thursday, February 13, the junior students of Tacoma General Hospital School of Nursing held their Class Outing at the Aqua Barn near Seattle. The girls, accompanied by two of their instructors, enjoyed a fun-filled day of swimming, horseback riding, hiking and picknicking.

Professional Staff News

It is planned that the medical library of Tacoma General Hospital will be moved from the nurses' home to the 3A area (old one north). There has been a general feeling among the physicians that there is little use of the library in its present location because it is out of the way. So that the library could be more valuable to the attending staff, and because it is hoped that there will be a house staff (which will need a more adequate library), it was voted by the Executive Committee to raise the library dues from \$1 per year to \$5 per year. More books will be purchased.

Dr. Mason reported that four medical school seniors have mentioned Tacoma General in the interne matching program. Plans for an interne training program have been drawn up by Dr. Mason. The present chiefs of service have accepted appointment for 3 years to establish continuity of any training program which may be instituted.

Saint Joseph's

Pathology Department

The new secretary in the Pathology Department, Miss Kathy VanGiffen, started to work with us on January 23. We are all very happy to have you aboard, Kathy!

Pharmacy Department

The Pharmacy Department held a very "edible" open house, to give the Hospital personnel an opportunity to share with them, their pleasure in the completion of the "New Look" in this Department.

Third North

Mr. Cleo Parrish, who has been a patient in this Hospital since July 21, 1963, and his family gave the 3rd North nursing staff a beautiful coffee pot, which must hold at least 16 cups! We all know that the nursing staff are very grateful to Mr. Parrish and his family for this lovely gift.

Mrs. Buscho, Mrs. Hermson and Sister Paul attended an institute at the

(Continued on Page 23)

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(Continued from Page 21)

University of Washington titled "Long Term Patient Care."

There have been two new employees added to this station. The new day nurse is Mrs. Ruth Cross and the evening nurse is Mrs. Nupen.

Miss D'Andrea, a Student Practical Nurse, working on this floor has just announced her engagement. Congratulations and best wishes to you both, Miss D'Andrea!

X-Ray Department

The X-ray Department is happy to welcome back their chief technician, Jack McDonald!

He was recently called to his former home in Portage, Wisconsin, due to the death of his aunt. During Jack's visit in Portage, his father was taken ill with a stroke; thus his return to Tacoma was delayed. We were glad to welcome him back, after his week and a half of absence.

Something new is coming! The X-ray requisitions have been restyled to correlate with the Addressography system being installed in the Hospital.

Medical Records Department

There is great rejoicing and anticipation of the newly acquired real estate for the Medical Records Department! Due to the volume of work that has been placed on the Department during the past few years, and loss of the valuable floor space in the old record room for a badly needed conference room, we have had to retrieve this loss of space. Of course, this gives all of us in the Medical Record Department a strong boost to our morale.

The employees of the Maintenance Department have been working on our new area for the past two weeks and progress seems to be moving very steadily.

So far, the room has received a new floor, paint job, etc. Four new desks are now being constructed, which will be used for transcription purposes only. Therefore, the Medical Record Department crew, are going to have to have an awfully sound excuse, not to have the H & P's, consultations, etc., on the charts as soon as possible.

In a couple of weeks, please stop by for a visit. All of us will be more than happy to show and explain some of the functions in running this Department, and coffee will only be served in the Cafeteria, after the tour.

"Coding" charts by using the Standard Nomenclature is difficult enough for each and every one of us to grasp, now the Hospital Accrediting Agencies are recommending another type too, which is called "International Classification of Disease, Adapted" or what we in the Department just call, "ICDA". Both ways are acceptable, but will be very beneficial to all of us to know both methods.

The Medical Record Librarians and Technicians in the Tacoma area, have set up certain evenings during the month in which they will learn this new type of coding (ICDA). On February 20, the first meeting was held here at St. Joseph's Hospital.

Prognosis is favorable: With a little patience, reason, and good will and maybe some shouting, all persistently applied, we will achieve the ability to effortlessly and efficiently use either method.

Keep your fingers crossed!

School of Nursing

Doctor Smeall has once again shown his paternal and continued interest in the School of Nursing. Through his efforts, a local industry has contributed a 1964 edition of the Encyclopedia Britannica for our school library.

I am sure that Doctor's name has become synonymous with health to the students in the School of Nursing. Two daughters of his own, about the age of many of the students, have given him keen insight into the problems of young

ladies. He has also inherited from his father, Doctor Joseph Smeall, a real interest in others and the willingness to be of service to nurses and nursing. He has given his valuable time to this service over the years.

Doctor Smeall's interest in the School hasn't stopped with the health program, for he is an active member of the Nursing School Council and also Student Health Director.

For all of the above mentioned and countless other projects and assists, we of the School of Nursing say, "Thank you, Doctor Thomas Smeall."

Lakewood General

Mrs. Morley Honored

To her hospital colleagues enjoying a reception in her honor given by the staff doctors, Lakewood General won't be the same without Mrs. Leonard Morley who has retired as Director of Nursing and turned over her duties to Mrs. Orpha Noble.

But to Mrs. Morley, it is the opening of an enchanted door to a world of fascinating hobbies and things she has long looked forward to doing. She intends to organize all the recipe clippings she has saved for years and extend her skill in the culinary arts. A brand new sewing machine that has never been uncrated will soon be humming as Mrs. Morley creates new fashions. Also, she plans to spend many pleasant hours working in the garden of her lovely home, perhaps take some music lessons and raise the three month old miniature French poodle, Gypsy, a gift from the hospital staff upon her retirement.

Mrs. Morley, who has been in administrative work since 1939, graduated from Tacoma General School of Nursing. After staying on there a few years, then a year at Aberdeen General Hospital in Aberdeen, she entered the Army

Nurse Corps in 1943. She left the Army in 1946 as a Captain but has stayed in the Reserves and now holds the rank of Lieutenant Colonel.

After returning to Tacoma, Mrs. Morley was Director of Nursing Service at Tacoma General Hospital from 1947 to 1958. The next two years she spent operating a Nursing home.

On February 15, 1961, she came to Lokewood General as Director of Nursing "for just one until the hospital was established," but stayed on for three years.

"It was an outstanding experience," she said, "and I feel privileged to have been there and to have worked with so many fine people."

Valentine Tea

A "Get Acquainted" Valentine tea for Doctors and their office nurses, receptionists and bookkeepers was held February 13, in the Staff Library by the Lakewood General Hospital staff.

Mr. Wilhelm, Assistant Administrator, and Mrs. Sawyer of the Nursing staff formed the official welcoming committee, guiding guests to the library where they were presented with red paper hearts trimmed in white lace as name tags and greeted by Mrs. McIlraith and Mrs. Studebaker.

The tea table, covered with a white lace cloth and centered with a beautiful arrangement of red and white roses, was under the skillful direction of Mrs.

(Continued on Page 26)

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(Continued from Page 24)

Virginia Rhodes, Chairman of the affair. Trays of tea dainties and heart-shaped petits fours decorated with tiny red roses were as tasty as they were lovely to look upon. Presiding at the tea table was Mrs. Orpha Noble, new Director of Nursing at Lakewood General.

More than thirty guests were present, and those who had not had an opportunity to see Lakewood General Hospital before were conducted on a tour of the Hospital by Mrs. Jean Miller.

Gift Cart Pleases Patients

Mrs. Gerald Raymond, president of the hospital auxiliary, reported that the auxiliary had sold 132 boxes of candy this month making a profit of \$42.00.

Patients and visitors at Lakewood General are always pleasantly surprised by the auxiliary's gift cart as it rolls into the room with a gay array of treasures from lovely bedjackets to colorful stuffed animals.

Ladies of the auxiliary meet often at the home of Mrs. Raymond to sew and they make most of the stuffed toys, clown dolls and cuddly baby things sold on the cart.

Also aboard the gift cart are new books and magazines for sale or books with cards to be loaned to the patients.

Annual Meeting

The annual meeting of the Washington Thoracic Society will be held at the Davenport Hotel, Spokane, in June. Clinical sessions are scheduled for the afternoon of Friday, June 12th, and the morning of Saturday, June 13th.

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AMA Announces Highlights of Annual Convention in June

The AMA Council on Postgraduate Programs announced that the scientific program for the 113th Annual Convention in San Francisco, June 21-25 is virtually complete, and that an attendance of between 15,000 and 16,000 physicians is anticipated.

When the AMA held its last convention in San Francisco, in June, 1958, the total physician registration was

13,997.

Dr. J. Arnold Bargen, Temple, Texas, chairman of the Council on Postgraduate Programs, which plans the scientific programs for the Association's two conventions, the annual and clinical, said that the San Francisco program will be most comprehensive, including lectures,

scientific exhibits, preview showings of medical films, and color television.

"The combined efforts of many people, particularly the Section Secretaries, have helped to formulate a program that will be an outstanding contribution to graduate medical education," Dr. Bargen said.

Dr. John Hickam, Indianapolis, chairman of the program planning committee of the Council, said that the following general scientific meetings have already been coordinated by section

secretaries:

Differential Diagnosis of the Liver and Pancreas; Hyperbaric Oxygen Phenomena; Computers in Medicine; Autoimmune Mechanisms and Disease, Cardiovascular Opacification, and Tumors of the Endocrine Function.

In addition, a special half-day program on various aspects of heart dis-

(Continued on Page 29)

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COMPANY

PHYSICIANS' AND HOSPITAL SUPPLIES

(Continued from Page 27)
ease will be offered by the American
College of Cardiology and the American
Heart Association.

The popular and interesting Research Forum program, under the chairmanship of Dr. Edwin H. Ellison, Milwaukee, will be offered again at the San Francisco meeting. Sixty papers, based on new and original work being done in the nation's medical schools, will be delivered by young, outstanding researchers. In contrast to previous forums, one or two major areas of research, possibly organ transplantation and hyperbaric oxygen in the treatment of disease, will be covered in a symposium presentation.

All of the 21 Sections, representing various specialties in medicine, are formulating interesting and educational programs for the San Francisco Convention. Subjects include toxicants and insecticides, chronic ulcerative colitis, psychiatry in general practice, gynecology for the general practitioner, ecology to closed environments (submarines and space craft), basic courses in hand surgery and common foot problems, prosthetics, differential diagnosis of the liver and pancreas, management of lower extremity amputees in the light of recent research, procedures for the treatment of ancrectal diseases, and contamination and infection of the bladder and kidney.

San Francisco's Civic Auditorium has been completely modernized at a cost of more than 7 million dollars and will be ready for the AMA convention in June.

The AMA scientific exhibits will be set up in the auditorium. The exhibit hours will be 8:30 a.m. to 5 p.m., Monday through Thursday and 12:00 noon to 5 p.m. on the opening day, Sunday. The industrial exhibits will occupy adjoining Brooks Hall under the north half of the Civic Center Plaza.

San Francisco, in keeping with its growing attractiveness as a vacation

and convention center, has increased its housing capacity since the AMA last met in the Pacific coast city six years ago. Several major new hotels have been constructed, existing ones have greatly expanded their accommodations, and hundreds of fine motels now encircle the entire bay area. Complete forms for hotel reservations, as well as for advance convention registration, appear periodically in all AMA publications. The entire scientific program and all essential information for attendance will be published in the Convention Issue of The Journal of the American Medical Association on May 9.

Medical Secretarial Course

A ten-week evening course in MEDI-CAL SECRETARIAL PRACTICE is again being offered for persons employed in doctors' offices, in hospitals, and clinics, as medical librarian assistants and medical stenographers. The course is also designed to be especially helpful to those who are preparing themselves for employment in these fields.

The course consists of: Duties and responsibilities of the receptionist, keeping of records, handling of insurance forms, billing and collection procedures, filing, and medical dictation. Mrs. Doris Watters, an experienced medical stenographer, is the instructor.

The class will be held at Clover Park Education Center (Clover Park Vocational-Technical School), 4500 Steilacoom Blvd., S.W. The class will meet 7:00-9:30 p.m. each Tuesday and Thursday for ten weeks beginning March 24, 1964. Registration hours are 9:00-5:00 p.m. daily and before class.

In addition to the MEDICAL SECRE-TARIAL COURSE, the school offers the following two courses during the year:

MEDICAL VOCABULARY, Fall Quarter, September.

ANATOMY - PHYSIOLOGY, Winter Quarter, January.

CALVIN M. WATNESS, Director of Adult Education

The Division of Vocational Rebabilitation

In the December issue of the Pierce County Medical Society Bulletin the first of a series of articles on rehabilitation pointed up the comprehensive needs of the chronically ill patient, and the existence of community resources which can assist the physician in meeting these needs. The following is a brief description of one agency, the Division of Vocational Rehabilitation (DVR), which can provide such assistance:

This is a Federal-State agency, in existence nationally since 1920, and in the State of Washington since 1933, specifically set up to assist the individual with a disability causing a vocational handicap to find suitable employment. Any disability, physical or mental, which causes a substantial vocational handicap, constitutes eligibility for Vocational Rehabilitation services when there is a reasonable expectation that Vocational Rehabilitation services will lead to appropriate employment. These services include medical diagnosis and treatment, vocational counseling, testing, training, provision of prostheses and business equipment, and placement.

Orthopedic problems . . . including "backs", fractures and amputations make up the largest segment of disabilities handled by this agency. Mental illness, heart disease, and neurological disorders are next in frequency and the numbers of rehabilitants in these categories have been gradually increasing. Also seen in significant numbers are patients with tuberculosis, arthritis, hearing and visual impairments, and mental retardation. The balance is made up of the gamut of disabilities—physical, mental, and emotional.

The key person in the Vocational Rehabilitation program is the vocational counselor or as he is called in this States, the vocational rehabilitation officer. He is a specialist in evaluating employment potential in his clients, the physical and intellectual demands of jobs, and the employment possibilities in his community. The vocational rehabilitation officer coordinates the several services provided by Vocational Rehabilitation in a manner most likely to return his client to a job. Health officers in their respective counties serve as local medical consultants to the vocational counselors.

In this State 1,009 disabled individuals were returned to work during fiscal year 1961: 1,192 during fiscal year 1962, as the result of Vocational Rehabilitation services. If national figures* on the number of disabled persons who would benefit by such assistance are applicable to the State of Washington, there are 28,000 in this State who could use Vocational Rehabilitation assistance with benefit. Based on similar estimates 3,000 Washingtonians needing vocational rehabilitation services are added to the disabled list each year.

Twelve per cent of DVR clients are referred by physicians — if physicians kept the agency in mind as an adjunct in management of their chronically disabled, jobless patients, or those in whom job change seemed desirable, the percentage of physician referrals would undoubtedly rise considerably. It should be stressed that the services of the agency augment those of the physician; that every effort is made to maintain and strengthen the physician-patient relationship.

There is good evidence that rehabilitation efforts are more effective when begun soon after disability occurs and conversely that attempts to rehabilitate are seriously hindered or made impossible when dependency is prolonged. In 75 per cent of DVR rehabilitants (1955) the average time between onset of disability and DVR referral was nineteen months. In the remaining 25 per cent this time was in excess of five years.

A second article on DVR, its cost and value, will appear next month.

^{*}National Health Survey, U. S. Public Heath Service, 1960.

Computers' Role in Medicine To Be Reviewed at Convention

The computer's potential role in detecting, amplifying, measuring, analyzing, correlating, communicating, controlling, and forecasting the manifestations of the human organism will be explored during a half-day scientific program at the American Medical Asosociation's 113th Annual Convention in San Francisco, June 21-25.

"Computers In Medicine" will be the subject title, and the presentation will be made on the last day of the meeting —Thursday, June 25.

Dr. Lemuel C. McGee, of Wilmington, Del., Secretary of the AMA Section on Preventive Medicine, announced that seven of the country's top computer experts will serve on a panel to discuss the instrument's role in the field of medicine.

"The computer was selected as a subject," Dr. McGee said, "because every medical researcher, every physician, every clinic and every hospital has been struggling for some time with moun tains of data requiring classification, analysis and storage. A half-day study course by a panel of experts may point the way of shifting this burden to modern electronic data processing equipment with tremendous economies in time and gains in precision."

The following will make up the panel: Roderick E. Jensen, Ph.D., International Business Machines Corporation, New Orleans.

Dr. Mark S. Blumberg, Stanford Research Institute, Menlo Park, California.

Dr. Robert F. Rushmer, Department of Physiology, University of Washington School of Medicine, Seattle.

Dr. William A. Spencer, Baylor University School of Medicine, Houston, Texas.

Dr. Charles E. Kossmann, New York City.

Dr. Howard P. Rome, Mayo Clinic, Rochester, Minnesota.

Dr. A. H. Schwichtenberg, Head of the Department of Aerospace Medicine and Bioastronautics, The Lovelace Foundation, Albuquerque, New Mexico.

Dr. McGee said that nearly every possible use of a computer in medicine will be covered in the lectures.

Dr. Blumberg, for example, will discuss the present status and future prospects of computers in short-term community hospitals. Emphasis will be placed on systems for processing physician orders. Topics will include the securing of machine readable orders from physicians, reviewing the accuracy and logic of orders, identifying patients, automatically reminding hospital personnel of obligations, and machine control of hospital supplies, particularly individual drug doses.

Dr. Schwichtenberg will discuss the nature and characteristics of computers in medicine.

He believes that computers will become "enormously useful instruments in medicine of the future."

"Special efforts at increasing training and understanding in their use is essential, especially for younger physicians," Dr. Schwichtenberg said in discussing his part on the AMA program. "Undreamed of application will become manifest both in research and practice. Diagnoses will be more precise and patient care markedly improved on the basis of objective analyses both of diagnostic critteria and results of treatment."

Dr. J. Arnold Bargen, Temple, Texas, chairman of the AMA Council on Post graduate Programs, under whose sponsorship the program is being offered, said that "physicians, generally, are 'hungry' for information about computers in medicine and how they work since these electronic instruments have already become fairly well established in medical practice."

Pierce County Medical Society

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MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m. Auditorium of Medical Arts Bldg.

STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Monday of each month—8:00 p.m. at 424 South K Street TACOMA ORTHÓPEDIC SOCIETY

First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August -8:15 p.m.

STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August— 6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August— 6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December-7:15 a.m. at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

LAKEWOOD GENERAL HOSPITAL Third Wednesday of March, June, September, December—

7:30 p.m. Dinner-6:30 p.m.



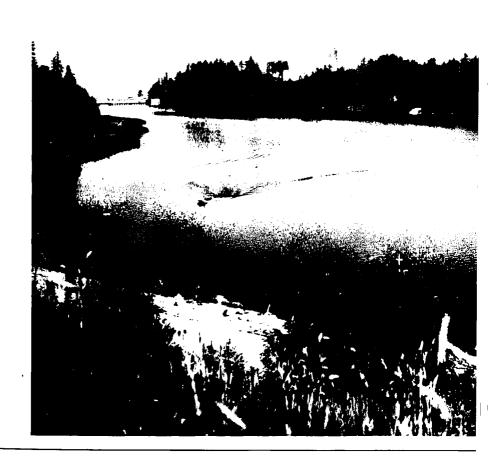
The

BULLETIN

VOL. XXXV—No. 4

TACOMA, WASH.

APRIL - 1964



PIERCE COUNTY MEDICAL SOCIETY

REGULAR MEETING APRIL 14

Pierce County Medical Society

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Poison Control Claris Allison, Chairman Bulletin Staff

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Business Manager Judy Gordon
Auxiliary News Editor Mrs. Robert A. Kallsen

HAVE YOU SENT IN YOUR **UGN CONTRIBUTION?**



April Birthdays

- Lawrence E. Skinner
- Edwin J. Fairbourn William W. Mattson, Jr.
- 4 B. D. Harrington
- 5 Clinton A. Piper
- Everett P. Nelson
- 10 James M. Blankenship David N. Goodson
- 11 Lawrence Brigham
- 12 Charles W. May Z. J. Vozenilek
- 15 Leo J. Hunt
- 16 Robert W. Osborne Charles G. Trimble
- 20 John F. Comfort
- 21 Harold B. Johnston
- 22 William E. Avery Richard T. Davis
- 23 Richard E. Huish
- 24 Eugene W. Hanson
- 25 Rodger S. Dille
- John W. Gullikson 27
- 28 James T. Boudwin Louis P. Hoyer, Jr. Richard B. Link
- 29 A. W. Howe
- 30 Nicolas Godfrov Donald F. McKay

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April Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4
			Pierce County Pediatric Society 6:00 p.m.	C.P.C. of St. Joseph's—9 a.m.	C.P.C. of TCH-MVCH (MVGH Classrm.) 8 a.m.
6	7	8	9	10	11
Tacoma Acad. of Psych. & Neurol. 8 p.m. Tacoma Orthopedic Society 8 p.m.	C.P.C. of Mary Bridge—8 a.m.			C.P.C. of St. Joseph's—9 a.m.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
13	14	15	18	17	18
	PIERCE COUNTY MEDICAL SOCIETY 8:15 p.m. C.P.C. of Mary Bridge—8 a.m.	i		C.P.C. of St. Joseph's—9 a.m. P.C.M.B. Board 8:15 p.m.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
20	21	22	23	24	25
	Tacoma Surgical Club—6:30 p.m. C.P.C. of Mary Bridge—8 a.m.			C.P.C. of St. Joseph's—9 a.m.	Medical Auxiliary Dinner Dance Top of the Ocean C.P.C. of TGH-MVGH (MVGH Classrm.)
27	28	29	30		8 a.m.
Pierce County Academy of General Practice 6:30 p.m.	Tacoma Acad. of Internal Medicine 6 p.m. C.P.C. of Mary Bridge—8 a.m.				

Grand Rounds-Mt. View General Hospital-Every Saturday 9 to 10 a.m.

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time-consuming task of managing your investments.

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PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, April 14

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PROGRAM - - - 8:15 P.M.

"THE BATTERED CHILD SYNDROME"

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President's Page



About once a week the Pierce County Medical Society is asked to give money, or to support some organization or proposal. These are often of a non-medical nature and most of these requests have to do with spending someone else's money. At the present time, our policy has been to politely acknowledge the request and in most instances take no other action.

The reasons for acting in this way are quite simply explained. First, your Society has no excess money - none.

Secondly, this is a medical society and what we approve must be along medical lines. If our collective opinion is to have real value and stature it must be on medical or closely related subjects. On these we are acknowledged as being eperts. Be an amateur as an individual, if you desire, but as a medical society be professional.

Thirdly, we are a county society and not a Tacoma, Lakewood, Gig Harbor or Puyallup society. For your information 112 of our members—almost half—live outside the City of Tacoma. If we, as a county society approve some local request, the impression would be given that all of us would participate and such, of course, would not be so. Therefore, the proper thing is for the individuals in the town or village in question to give their approval, if they so desire, but not the county society.

Finally, there are enough problems and programs of a medical nature that need our help and support. The subject for this month's meeting deals with one. In areas such as this, it is for us as a county society to use our prestige, knowledge, energy and influence to do what must be done. This is our function; this is our area, and this is where we belong.

-Frank J. Rigos, M.D.

STOWELL'S...Prescriptions

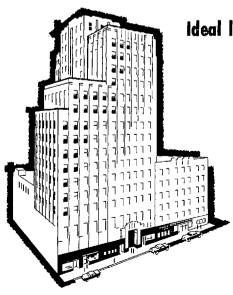
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Editorially Speaking



Now that "exercise" has become at least half-established as a respectable and sensible activity indulged in by ordinary, stable people, some authority has come along and made headlines by saying that maybe it's not so good for the health after all.

That's too bad.

It's taken quite a while for exercise to gain its present status of acceptability. Not too many years ago, if a person mentioned that he did 10 push-ups every morning

or jogged 2 miles every evening, he was looked upon as some sort of a health "nut". Everybody thought muscles were fine things to have and liked to look vigorous and healthy, but few people were anxious to admit that they had a planned routine of exercises. They were too likely to be classed alongside the carrot-juice drinkers and other health faddists. Doctors started telling patients, "You should get more exercise," but rarely would have, or admit to, a specific daily exercise program for themselves.

Now, however, even to status-seekers, exercise has become as acceptable as not smoking or driving a small, cheap car— a couple of other late-comers. Some exercising doctors even get their pictures in the paper. (Is it significant that the doctors who exercise the most look like they need it the least?)

Let's not be discouraged by a single disparaging headline. The popularity of exercising has led to numerous gimmicks to help us out. Calling them gimmicks doesn't detract from their usefulness. We can join the fitness program at the Y, join a commercial physical fitness club, read and follow the rules for making like Canadian Air Force men, and so on. I call them gimmicks because they're not really necessary. With a little common sense anyone, a doctor especially, can plan an exercise program that will be adequate if he has only a few feet of extra space in his bedroom or recreation room. Start easy and work up to a more strenuous routine, and if you can get some of the rest of the family to join you, it might even be fun! (That's what it says here in the ad.)

Pardon me. Iit's time for my yogurt.

—S.W.T.

OBSCURE FACTS ABOUT MEDICINE

No. 2

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°(The editor of the Bulletin assumes no responsibility for the factual or cultural content of these ads.)

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To The Pierce County Medical Society

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Legislative	Mrs Coorge C Gilman and
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reiepnone	
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Council	Mrs. Edwin J. Fairbourn
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Cancer	Mrs. J. Robert Brooke
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rasmon Snow	Mrs. Merrill J. Wicks
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Today's Health	Mrs. Bernard R. Rowen
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	Mrs. Robert A. O'Connell
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International Health	Mrs. Axel Lindstrom

Auxiliary's April meeting, a luncheon at noon on the 17th, will not be held at Dorothy Grenley's home in Lakewood as is scheduled in our handbook. The luncheon meeting will take place at Jean Malden's home on Madrona Way in town instead. As is often the case, the decorators are way behind on the job at the Grenley home, and if work continues at its present pace the lunch table there will be set with paint cans on that April date.

State President of Auxiliary, Mrs. Erwin Slade, will be honored guest at the April meeting for her annual visit.

The program at April meeting will be the announcement of the winners of our Essay Contest, sponsored by the American Association of Physicians and Surgeons. The AASP should not be confused with the ACPS, the American College of Physicians and Surgeons, and perhaps should here be defined as being a political group and not a medical group as some of us have assumed. The AASP is a group in some ways similar to the AMPAC organization, except that it is not operating as an off-shoot of the AMA, and is not intended to operate as a framework for political action on the part of the profession, but more as an organ for political persuasion. Just what position it holds will be defined for our information at the April meeting.

There have been eleven essays submitted, and as Bulletin goes to press, our Executive Committee is considering inviting all eleven essay-writers to our meeting. The winners, selected by the Essay Committee judges, Dr. Frank Rigos, Ruth Sames, and Mr. Frank Bowen, who is Social Studies teachers at Lincoln High School, will receive prizes totalling \$105 contributed by the Medical Society and the Auxiliary together.

Of the eleven essays submitted, six are on the Advantages of Private Practice of Medicine, and five are on the Advantages of Free Enterprise Over Communism. The quality of the essays is evidently far above what was anticipated, and we look forward with interest to hearing the winning essays read at the April meeting.

March meeting, a coffee party at Billie Murphy's home, provided an interesting informal talk for over an hour by Dr. Albert Cooper from Seattle, one of the local organizers of AMPAC. As both Doctor Cooper and his wife are very actively engaged in conservative politics in the area, his talk was perhaps better phrased for an audience of wives than most, or at least more easily understood.

At March meeting, the recommenda-

tions made by our Finance Committee and approved by the Board were brought to vote, and those receiving an affirmative vote were 1. That we continue our \$1200 Nurses Scholarship fund next year; 2. That we increase our gift to AMAERF for next year to \$800; 3. That we give \$100 to Faith Home; 5. That an additional \$35 be added to the Essay Contest Prize. Also recommended by the Finance Committee, but tabled for further information, was a proposed scholarship fund of \$400 for Medical Technology students.

President Catharine Humiston reported briefly on the State Mid-Year Conference held in Yakima March 18 and 19, that it really was more worthwhile and our delegates had real fun. Our county had the largest per capita delegation at the meetings, seven of our membership attending, including besides Catharine as head of the delegation, Jeanne Judd the State Auxiliary Secretary, Dorothy Maier the Chairman of State Finance Committee, Ellen Pinto, Marge Wicks, Kathleen Skrinar and Donna Gilman.

By way of learning a lot and having real fun, Catharine tells us the food was elegant at the Chinook; the banquet buffet on Thursday night featuring such elegance as roast beef au jus, lobster newberg, shrimp creole, marinated mushrooms, pickled kumquats, and a centerpiece of a huge carved-ice vase filled with fresh flowers. Delegates to the Conference had a rare treat when they attended the Yakima Little Theater's production of The Little Foxes, with one of the starring roles played by the Yakima County Auxiliary's president. Catharine describes the production as being "very superior" and much enjoyed.

The format of Mid-Year Conference differs from Annual State Meeting in that instead of each county president reporting, each State Committee reports on State Auxiliary business. This, Catharine says, is pretty representative, and gives a very clear picture of Auxiliary workings. Aside from an entertaining skit put on by Spokane, the meetings were all business. Dick Gorman from AMPAC spoke to the delegates at the luncheon meetings.

Jeanne Judd seconds Catharine's enthusiasm for the Mid-Year Conference, and says it definitely gives one an appreciation of what Pierce County is doing a little ahead of Auxiliaries statewide, and how in some ways we could be doing a lot more.

The State Finance Committee recommended, and it was voted affirmatively by the Board, that the surplus of \$750 in the State funds be given as an outright donation to the Kidney Center at Swedish Hospital. This gift is of special interest in view of Auxiliary's personal involvement in the Center, as one Doctor and one Auxiliary member are receiving treatment there.

Auxiliary members are asked to watch for the free copy of our National Bulletin, which is being mailed to each member to acquaint the full membership with this important publication. At the National Annual Conference in Chicago in October it was suggested that perhaps local dues should be increased by \$1.00 to include a subscription to the National Bulletin in with each membership.

Our local Bulletin in February's issue aroused a great deal of interest in the Mental Health Program by way of the very expertly-written article titled "A Problem of Special Importance," by our Mental Health Chairman, Delores Havlina. That it was very nicely composed and of compelling interest has evidently been apparent to others besides our own membership, and the articles will very soon be re-printed in our local newspaper.

Available for rent or will build to suit tenant, Basement on desirable corner of Medical Center; Approximately 350 square feet. Contact—George Kunz, M.D.

Dr. Staatz Improves In Ecuador Hospital; Now Homeward Bound

Dr. Dumont Staatz's two-month tour of duty in Ecuador on the S.S. Hope has been marred by an attack of pneumonia which led to his hospitalization in Guayaquil. Unaware of his illness, his wife Marian, had taken a trip east and then headed southward to join Dumont in the South American country. Fortunately, he was on the mend by then and at this writing is ambulatory and making a good recovery. His return to Tacoma is scheduled for the first week in April.

Fast-Eating Termites Formerly Preferred; Now . . . Who Cares

If fast-eating termites dined on your house last year, you were lucky. At least, you were luckier than if your guests had been slow-eating termites. Damages resulting from the former type were deductible, but those from the slow feeders were not. Even this differentiation goes for naught under the new tax law. If termites devour your house from now on, you're just plain unlucky, for such expenses are no longer deductible. So said Charles Thomas, prominent Tacoma attorney, who addressed 75 members of the Pierce County Medical Society at the monthly meeting in March. Though the law is much too long and complex to explain in one evening, Mr. Thomas gave the doctors many pointers on what to expect, and what not to expect, with the new law in effect.

Charitable contributions have previously been deductible only up to an amount equal to 30 per cent of income. However, if contributions go over this amount in any one year, the excess over 30 per cent can now be carried over

and distributed over the next 5 years as part of the deductible portion for those years. Another change that will be of benefit to some doctors is the new ruling on transportation expense to out-of-town meetings. Formerly, if part of a visit to a vacation spot was spent at a meeting and the rest as a vacation, only the proportionate amount of the transportation expense could be deducted. From now on, the entire transportation expense, for the individual can be deducted, even if a part of the stay is for vacation or recreational purposes.

A well-kept record of all expenditures remains the key to unimpeachable deductions. Mr. Thomas' talk was followed by a spirited question and answer session with many doctors putting the guest speaker on the spot with their individual tax problems.

Without labor there is no rest, nor without fighting can the victory be won.

—Thomas A. Kempis

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Racemic)		
Vitamin B ₁₂ (Activity Equivalent)*	4 mcg	
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San Fr<u>ancisco</u>,

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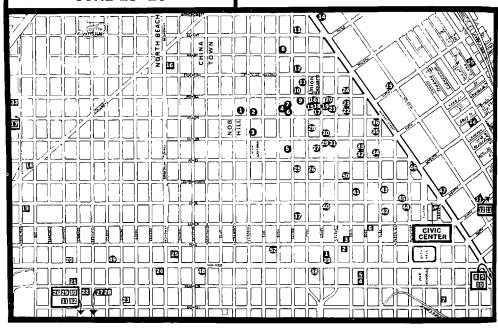
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AMERICAN MEDICAL ASSOCIATION C/O SAN FRANCISCO HOUSING COMMITTEE 1375 Market Street, San Francisco 3, California

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Please print or type six choices.		\$	10 DEPOS	SIT PER ROOM
1st	4th			
2nd				
3rd	6th			
Please enter my reservation at the above hotel for	□ single	☐ double	twin	☐ suite at \$
Date Arrivinghour	a.m	p.m.	Leaving	
Room will be occupied by: Name (Please Print)				
Street Address City		State		Zip Code
Additional Occupants:				

Please attach list of additional names if you do not have sufficient space here. Also list ages of children if any.

No refunds for cancellation after June 5.

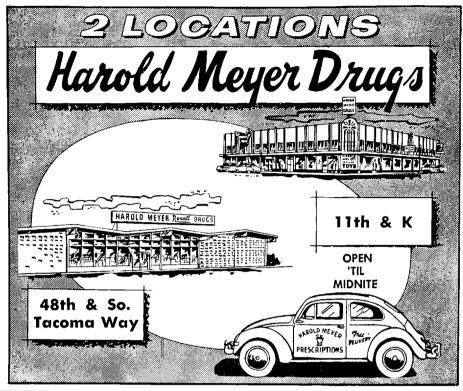
Confirmations will be mailed up to June 12. (Enclose self-addressed, stamped envelope for confirmation)

This form may also be used for meetings (June 17-21), prior to AMA Convention, but rooms must be released on date indicated.

If you are an industrial exhibitor, be sure to give name of firm and individuals to occupy room or rooms reserved. Please make all changes and cancellations through the Housing Bureau. Hotel reservations will be held only until 6 p.m. unless otherwise specified.

Hotels, Motels and Motor Hotels held for American Medical Association

Q.	Name	Singles	Doubles	Twins	No	. Name	Singles	Doubles	Twins
). A	Arlington Hotel		6.00 - 8.00		44.	LaSalle Hotel	6.50	7.50	8.50
. B	Bellevue Hotel Reveriy Plaza Hotel		11.00-12.00 11.00	12.00-15.00* 13.00*	52. 20.	Leiand Hotel Manx Hotel	8.00- 9.00	20.00 10.00-11.00	20.00 12.00-16
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	Canterbury Hotel Carlton Hotel	12.00-18.00 6.00	7.00	14.00-20.00 8.00	26. 33.	Maurice Hotel Olympic Hotel	8.00- 9.50	11.00-12.00 10.00-12.00	13.00-15 12.00-13
Ċ	Cartwright Hotel Cecil Hotel	10.00	11.00		36.	Oxlord Hotel	9.00	11.00	12 00
i. C	Cecil Hotel Chancellor Hot e ?	10.00 8.50	12.50 10.50	14.00 12.50	51. 11.	Pickwick Hotel Plaza Hotel	8.00	12.00	13.00 12.50-14
ı r	Clift Hotel	16.00-21.00		18 00-23 00	22.	Ramona Hotel		8.00	10.00
i. C	Commodore Hotel		12.00-16.00 16.50-18.50	14.00-20.00 18.50-20.50	6. 39.	Regent Hotel Richelieu Hotel	10.00-14.00	6.00 12 00-18 00	14.00-18
1	Continental Lodge Del Webb's Towne House Drake Wilshire Hotel	14.00-16.00	16 00-22 00	18 00-22 00+	32.	Roosevelt Hotel	7.00	10.00	13.00 17.00-28
	Drake Wilshire Hotel El Cortez Holel	10.00	12.00 10.00-12.00	16.00 · 12.00 · 16.00 ·	16. 40.	SI. Francis Hotel San Carlos Hotel	12.00-25.00 6.00	15.00-24.00 8.00	17.00-28 10.00
- 6	Fairmont Hotel (HEADO)	JARTERS HOTI	EL-NO ROOMS	AMAIL ADLES		San Francisco Hilton Hotel	12.00-23.00	16.00-23.00	18.00-27
. F	Fielding Hotel Franciscan Hotel	9.00-12.00 7.00-8.00	12.00-14.00 9.00-10.00	14.00-18.00 10.00-20.00* 6.50 12.00	42.	(Mason & Ellis near location (2)) Senate Hotel	6.00 - 6.50	7.00- 8.00	9.00-10
3. G	Gales Hotel	4.00	5.50	6.50	41.	Senator Hotel	5.50	6.50	7.50 9.50
). G	Golden State Hotel Governor Hotel	8.60	9.00 10.00	12.00 12.00	46. 14.	Shaw Hotel Sheraton-Palace Hotel	6.50 19.00	8.50 15.50-19.00	9.50 15.50-19
l. G	Grant Hotel Holiday Lodge	6.00	7.50 - 8.50 20.00	10.00	10.	Sir Francis Brake Hotel	12.50-16.50	14.50-18.50 8.50-10.50	17.50-21
i. h	Holiday Lodge Huntington Hotel (HEADQI Jack Tar Hotel	JARTERS HOTI	EL-NO ROOMS	AVAILABLE)	21. 19.	Spaulding Hotel Stewart Hotel	7.50- 8.50 8.00-14.00	8.50-10.50 12.00-26.00	10.00-11 14.00-26
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Ċ	Capri Motel	12.00	14.00	16.00 **	25, 4.	Oasis Motel	10.00 14.00	12.00-14.00 16.00	16.00-18
. C	Caravan Lodge Civic Manor Motel		15.00	20.00 16.00-20.00	22. 1.	Rancho Lombard Motel Richelieu Garden Court		16.50	16.00-18 18.50-2
	Coronet Motel		13.00	14.60	16.	Royal Pacific Motel	22.00-25.00 14.50	18.00-20 00 16.50	18.00-20
I. D	De Ville Motel Downtown Motel		14.50 10.00	16.50-18.50 14.00	5. 33.	Safari Motel San Francisco Travelodge	•	12.00-14.00	16.00
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	Executive Motel Francisco Civic Cente r	10.00	12.00 12.36	14.00+	20. 18.	Van Ness Molel Villa Roma Motel	14.00-16.00	14.00-15.00	16.00.18
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5 R	Beach Motel	9.50 սբ	11.50 up	12.50 up		(Motor Hotel) IOI Rayshore	12.00-15.00		10.00-15
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Saint Joseph's

The physical therapy department has moved its parallel bars from the hall -way where they have always been, and they are now in use in the north room of the department. This meant sacrifice in walking length of several feet but made more room for the heavy traffic in the hall.

Added to its equipment this week is a LeNair Tip Table. This will enable patients to be changed from a supine to an upright, weight bearing position without risk of falling during the transition. It will serve also as a cart for transporting bed rest patients.

March was a month for meetings.

Several of the Sisters attended the Mid-year Meeting of the Washington State Hospital Association March 20 in Wenatchee.

March 17-19, Sister Martha Joseph and Sister Helene were present at the Catholic Hospital Association meeting for Directors of Nursing Service and Nursing Education held in Portland.

Sister Emmanuel accompanied Sister Rose Eileen to a workshop on executive housekeeping. The meetings were held at the University of Washington on March 20 and 21.

It is reported that the time taken to attend these meetings was profitably spent and much worthwhile information was acquired.

A party co-sponsored by Surgery and Maternity was given for Sisters Seraphina and Emelia who had spent three months with us.

Congratulations are sent to Mrs. Geraldine Prouty and Mrs. Sarah Smith, mothers of baby boys.

The medical record department welcomes Mrs. Dolores Williams who recently joined our transcription corps. She replaces Mrs. Jeanette Horner who is leaving us for reasons of pregnancy.

The corps' industriousness — sparked by their new work environment — has reached an all time high.

Mrs. Crouch, A.R.T., is scheduled to attend a workshop in Seattle concerned with International Classification of Diseases Adapted — I.C.D.A. The use of I.C.D.A. for coding and indexing began with January's charts. Mastery of the method is nearly ours and the Olympus of records is dwindling to normal size — i.e. it won't require so much time to locate the charts you request.

Students in the department have been enjoying the very worthwhile and informative lectures given by several of the interns. Each talk covers the anatomy and physiology of a particular system, and not only gives instruction a thorough review, but affords a means of correlating material for a better understanding.

Medical record students cast aside books and brought out spring bonnets for Easter Vacation. Several migrated homeward to drier climes for the holidays. They're expected to return replete with ham, Easter eggs and diet resolutions.

After a relaxing, but too short vacation, the Junior Nursing class has begun new rotations. We welcome back the girls from American Lake — the Misses Lysne, Robbins, Setzer, Shumate and Johnson.

The Junior-Senior Prom is approaching and we are busily preparing for a spectacular affair.

What an optimistic class we are, already planning for our senior sneak. A car wash is on the April agenda, in hopes of adding to our nest egg.

Tuesday, March 24, marks the half-way point in our training. To celebrate the occasion the entire class is going out to dinner.

"Spring is bustin' out all over" in the form of new projects for the Freshman class.

(Continued on Page 21)

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(Continued from Page 19)

Our class voted to adopt a foster child in India and plans to correspond with him throughout the remainder of our training.

A party to celebrate fellow students' birthdays will be held each month. Birthday cake and festive spirits will be the order of the day.

Plans are now in full swing for the open house to be held on April 5 for the benefit of all interested in nursing.

The first and second year X-ray students are having classes in preparation for their registration examination.

Nancy Caton became Mrs. Burkholder on March 13. Best wishes, Nancy! An informal shower was held in honor on March 19.

Lakewood General

A new Board of Governors was elected Wednesday, March 18, at meeting of the board.

Dr. Richard I. Rich was re-elected President; Mr. Leslie M. Potter, Vice-President and Mr. Harry V. Sanislo reelected to the office of Secretary.

The Ladies Auxiliary also reported an election of officers at their March meeting.

Elected President of the group was Mrs. Lola Ritter, who will be taking over the duties of Mrs. Gerald Raymond, past President. Mrs. Raymond will remain as Advisor to the President and chairman of the Gift Bar and Traveling Cart.

Other new officers are as follows: Mrs. Zeal Sominis, Vice President, Mrs. La Verne Steffer, Secretary and Mrs. Walter Wilhelm re-elected Treasurer.

Future plans include remodeling of the Gift Bar to make gift items more accessible and easier to view in glass cases.

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AAPS Essay Contest Winning Entry

Note: This is the winner of the AAPS essay contest which was conducted locally by our Medical Auxiliary with the approval of the Board of Trustees of the County Society. As you may judge for yourself, the effort expended to conduct this contest would appear to be well spent. Certainly, if a sufficient number of our high school students can be induced to think and organize their philosophy of government and life as well as this girl has, the country is in good hands. It is hoped that the Auxiliary will continue this work next year.

"THE ADVANTAGES OF THE AMERICAN FREE ENTERPRISE SYSTEM OVER COMMUNISM"

> by Jennifer Blake Gig Harbor, Washington

Our forefathers believed that all men were endowed by the Creator with certain natural rights and freedoms. Among these we, as Americans, have the personal and individual right to worship. We have the privilege of voting. We have freedom of speech and of the press. Each of these liberties is of great value to us. We would never knowingly give up any of them.

All of the freedoms mentioned, however, are made available in the Russian Constitution, the constitution of the leading Communist nation.

In Chapter X, Article 135, is stated, "All citizens of the U.S.S.R. who have reached the age of 18, irrespective of race or nationality, sex, religion, education, domicile, social origin, property status, or past activities, have the right to vote."

Chapter X, Article 124, reads, "Freedom of religious worship, and freedom of anti-religious propaganda is recognized for all citizens."

Again, in Chapter X, Article 125, is

found the statement, "In conformity with the interests of the working people, and in order to strengthen the socialist system, the citizens of the U.S.S.R. are guaranteed by law: a) Freedom of speech; b) Freedom of the press; c) Freedom of assembly, including the holding of mass meetings; d) Freedom of street processions and demonstrations."

What is it, then, that makes the difference? Why does our version of "freedom" work, while theirs fails?

Chapter I, Article 4, of that same Constitution clearly provides the answers. "The economic foundation of the U.S.S.R. is the socialist system of economy and the socialist ownership of the instruments and means of production firmly established as a result of the liquidation of the capitalist system of economy, the abolition of private ownership of the instruments and means of production, and the elimination of the exploitation of man by man."

This, then, is Communism's glaring "Achilles' heel."

The Russian Constitution has no provision for private ownership. In fact, Soviet law makes it a criminal offense to privately own any facilities for production and distribution. Communism offers no incentive or encouragement for initiative or exercising inventiveness and personal talents in the field of economics. It works on the basis, "from each according to ability, to each according to need."

Since part of man's drive is to live creatively, Russia's hostile philosophy has little to offer of real and lasting value. It is sophistic in its promises of greater security, contentment and material goods, for the sacrifice is your Godgiven right of individual freedom.

We yet enjoy this birthright of liberty. We may own property and do with it what we please. We may work as we please and for whom we please. As employees, we have the right to organize with others and even to use the powerful weapon of the strike in order to defend or improve our position. We may be proprietors and build our own businesses.

There is a very important product of these freedoms. This product is competition. Under competitive private enterprise, businesses are free to produce what the consumer wants or needs at a price that he is willing to pay. This is our "law of supply and demand," and it has proved itself many times. The hope for profit provides incentive, a zest that must be present in a business or indusendeavor. With Communism. people may want or need a product, but they get it only if a government planning group approves. Further, in the collective government of Communism, the state controls the means of producing approved products. With no real profit incentive to motivate the planners or the producers, approval, even when granted, is economically meaningless.

Under private enterprise, business must compete for workers, since a worker is always free to seek another job if he thinks that by doing so he can better himself. Communism, of course, permits nothing like this. A worker's freedom to choose or change his job is regulated and restricted.

An important factor of competition is that of choice. When faced with buying a product, a person has a choice of buying the one best suited to his requirements. The Darwinian Theory is often associated with this element; the struggle for existence in which the least fit or acceptable go under the best survive. Not only is competition the basic regulator of our economy, but it is a guaranteed natural protection of the public from unfair treatment by business. Communist economies put a product on the market at a controlled price which usually has nothing at all to do Rather, its price is based on inefficient with its value or the demand for it. production by unmotivated workers. The competition within our economy forces improvements of goods. Communism offers no incentive to improve goods or the standard of living.

The advantages of the free enterprise system are illustrated not only in their effectiveness, but in their failures as well. "The very failures of private enterprise are a powerful argument in favor of maintaining as much freedom as possible. In our economy, if a business fails, those who have taken the risk lose their investment. However, they as individuals, have an opportunity to try again. by benefiting from their mistakes.

"Governments do not have the same pressures or real incentives to succeed. When they fail, they can only conceal the results of their failures by using their power to force the rest of society to subsidize certain parts of it. The result of this is an economy where 'nobody fails and nobody succeeds—but everybody stagnates'."

In the free enterprise system the future depends on the individual and his ambition. The individual is free to make something of himself if he has the enterprise to do it.

Things might have been different in the Communist countries if Lenin had had the wisdom of Lincoln. It was his well-founded belief that you could not bring prosperity by discouraging thrift, nor could you strengthen the weak by

(Continued on Page 26)

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(Continued from Page 24)

weakening the strong, or help the weak by weakening the strong, or help the poor by destroying the rich, or keep out of trouble by spending more than you earn. You could not build character and courage by destryoing man's initiative and independence, nor could you help a man permanently by doing for him what he could and should do for himself.

The competitive system and its consquent rewards spur the laggard and lazy, because he gains only what he produces. Very important also is the fact that it gives satisfaction to the industrious and provides spiritual as well as material benefits.

As the Pilgrims, themselves, discovered in their little Massachusetts settlement, Communism just doesn't work! As our history books tell the story: provision to individual families during the first year was based on need, rather than each person's personal participation in the production of food.

Many starved that first winter because insufficient food had been grown, and rations were consequently inadequate. As religious as they were, the settlers took to stealing from each other. The following spring, however, was far different, for each person's share of what was produced was directly related to what he had contributed in labor and resources.

It is one thing when a country or system *claims* advantages, but is an -other thing when it "passes the test in the market place." Does it not seem strange that while Communist states must lock their doors to keep people from leaving, we must lock ours to prevent too many people from coming in.

"The bond which holds men together is morality and not brutality. When a nation builds walls to contain the people, morality fades, and in time that nation dies behind its own barriers."

Joint Meeting With Madigan General May 12

The Pierce County Medical Society will hold a joint meeting on May 12th with the staff of Madigan General Hospital either at Fort Lewis or Madigan. This will be preceded by a no-host social hour and dinner.

It is vital that General Steger know how many of our members plan to attend the dinner and meeting. Please cooperate and fill out the form below and return it promptly to the Medical Society office, 113 Medical Arts Building. (Details of the meeting will follow.)

I PLAN TO ATTEND THE DINNER MEETING WITH THE MADIGAN GENERAL HOSPITAL STAFF ON TUESDAY, MAY 12TH.

SIGNED.....

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Annual Meeting of Surgical Club To Feature Canadian

Anatomical dissections and demonstrations will again be featured at the morning session of the annual meeting of the Tacoma Surgical Club scheduled for Saturday, May 2, 1964, according to Dr. Robert Osborne, Club President. Guest speaker for the afternoon sessions will be Dr. Lloyd Douglas MacLean, Professor of Surgery at McGill University and Surgeon-in-Chief at the Royal Victoria Hospital in Montreal. Dr. Mac-Lean's afternoon paper will concern "Experimental Kidney Transplantation" and the title of his address at the Saturday evening banquet at the Winthrop Hotel will be "Hemodynamics Treatment of Shock in Man."

There will be 26 anatomic dissections and demonstrations presented by members Saturday morning starting at 9 a.m. in the basement of Jackson Hall.

Besides the guest speaker, the afternoon meeting will include five papers by club members:

Channel Ulcer — Kenneth E. Gross. The Use of the Temporary Tube Gastrostomy in Abdominal Surgery — Robert H. Gibson.

Arterial Changes in the Presence of Arteriovenous Fistula — Carl W. Hughes.

Multiple Endocrine Adenomas—Familial Occurrence — Thomas R. Hazelrigg.

Use of the Caval-Plication Operation in the Treatment of Pulmonary Emboli — Clinton A. Piper and Thomas O. Murphy.

David L. Bassett, Professor of Anatomy at the University of Washington, will again present a program of stereoscopic projection of anatomical slides during the morning session. There will be three separate showings for a limited number of observers. The subject

will be "Anatomy of the Heart and Mediastinum."

At the evening banquet session, new members will be inducted and a special award will again be made to the member with the best anatomic dissection demonstration.

THE TACOMA SURGICAL CLUB THIRTY-THIRD ANNUAL MEETING Saturday, May 2, 1964 Presents

ANATOMICAL DISSECTIONS, DEMONSTRATIONS and SCIENTIFIC PAPERS

Jackson Hall Tacoma General Hospital School of Nursing

A.A.G.P. Credit—6 Hours

Morning Session—
Theodore R. Haley, M.D.

Afternoon Session— Charles J. Galbraith, M.D.

Evening Session— L. Stanley Durkin, M.D. Saturday, May 2, 1964

> Tacoma General Hospital School of Nursing MORNING SESSION 9:00-12:00 NOON

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ANATOMICAL DISSECTIONS AND DEMONSTRATIONS

In Main Floor Auditorium at 9, 10 and 11 a.m.

Anatomy of the Heart and Mediastinum in Stereoscopic Projection
David L. Bassett, M.D.
Professor of Anatomy U. of W.

In Downstairs Main Hall Recreation Room

 Neck Dissection Warren F. Smith

2. Anatomy of the Shoulder Robert W. Florence Stanley Mueller*

(Continued on Page 29)

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PHYSICIANS' AND HOSPITAL SUPPLIES

(Continued from Page 27)

3. Exposure of Lower Ureter Herbert Kennedy Weymar Rosso

4. Atraumatic Hernia Repair C. L. Salmon Robert Schutt

 Perineal Approach to the Recto-Sigmoid
 W. W. Mattson, Jr.

6. The Gallbladder and Bile Ducts Stanley W. Tuell

7. Femoral Hernia E. R. Anderson

 Surgical Procedures and Anatomy Hand and Forearm
 E. E. Banfield
 John R. Alger

9. Surgical Anatomy of Parotid Gland

Robert R. Burt

 Surgical Anatomy of Female Pelvis Woodward A. Niethammer Gerald C. Kohl

11. Surgical Anatomy of Male Perineum

Philip G. Grenley Leo Annest*

12. Surgical Anatomy of Knee

George C. Gilman

13. Approaches for Extremity
Sympathectomy

Thomas O. Murphy

Clinton A. Piper

 Anatomy of the Brachial Plexus (Nerves of Upper Extremity)
 W. Howard Pratt

Edward S. Eylander*
G. E. Dean*

Dale Hadfield*

15. Hiatal Hernia

William E. Avery Ralph A. Johnson*

16. Surgical Anatomy of the Hip Dumont S. Staatz

17. Selective Vagotomy

Daniel J. Thomas

18. The Mediastinum
Arthur P. Wickstrom

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Frank J. Rigos

4. Demonstration of Marshall-Marchetti Procedure

> Douglas P. Buttorff Myron A. Bass*

5. Surgical Anatomy of the Hand Jess W. Read

6. Anatomy of the Diaphragm John M. Donnell

Thomas R. Hazelrigg 7. Surgical Anatomy of the Thyroid

Frank Asbury
Arpad L. Masley

Richard O. Diefendorf

8. Ulnar Innervation of the Hand Carl W. Hughes Bohn D. Allen*

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SCIENTIFIC PAPERS 1:50 P.M.

Channel Ulcer

Kenneth E. Gross, M.D. 2:20 P.M.

The Use of the Temporary Tube Gastrostomy in Abdominal Surgery

Robert H. Gibson, M.D.

2:40 P.M.

Arterial Changes in the Presence of Arteriovenous Fistula

Carl W. Hughes, M.D. Intermission — 10 Minutes 3:15 P.M.

Experimental Kidney Transplantation Lloyd D. MacLean, M.D. 3:45 P.M.

Multiple Endocrine Adenomas — Familial Occurrence

Thomas R. Hazelrigg, M.D. 4:05 P.M.

Use of the Caval-Plication Operation in the Treatment of Pulmonary Emboli Clinton A. Piper, M.D. Thomas O. Murphy, M.D. 4:30 P.M.

Discussion of the Afternoon Papers Lloyd D. MacLean, M.D. EVENING SESSION

Crystal Ballroom—Winthrop Hotel 6:30 p.m.—Social Hour 7:30 p.m.—Dinner

Tickets—\$7.50

Dr. Robert W. Osborne, *Presiding* PRESENTATION OF CERTIFICATES

- 1. New Members of the Tacoma Surgical Club
- 2. Gross Anatomy Student Awards, U. of W.
- 3. Annual Meeting Anatomic Dissection Award

ADDRESS

Hemodynamics and Treatment of Shock in Man Lloyd D. MacLean, M.D.

MEDICAL-AUXILIARY
DINNER DANCE

April 25th

Heart Assn. Executives To Speak May 1

Two American Heart Association executives will speak at the Annual Meeting of the Washington State Heart Association Friday, May 1, 1964, at the Washington Athletic Club, Seattle.

They are John D. Brundage, Short Hills, N.Y., Chairman of the Board of Directors, who will speak at the dinner, set for 7:30 p..m His topic will be ::The Heart Association — Unique — Indispensable — and Made in America!"

William W. Moore, Jr., Garden City, N.Y., A.H.A. Associate Director, will be guest speaker on a panel, a feature of the afternoon program. Topic will be "We Take a Look at Ourselves."

The meeting, planned as a half-day session, will start with a noon luncheon. Featured speaker will be Dr. Dale E. Turner, Seattle, minister of the University Congregational Church. "Service Above Self" will be his topic. A business meeting, with election of officers and committee reports, is slated following the afternoon program.

Mr. Brundage has been active in the heart cause for more than 16 years. He has been a board member since 1951, and has served as secretary and vice-president, as well as being active in various committees. He has received the A.H.A. Award of Merit in recognition of his "Distinguished service in advancing the association's national program." He has also served as secretary-treasurer and board member of the New Jersey Heart Association.

A Chartered Life Underwriter, Mr. Brundage has been president of Bankers National Life Insurance Company, Montclair, N.J., since 1958. He is a graduate of Princeton University.

Mr. Moore is director of the Office of Affiliate Services of A.H.A., a post created several years ago for assistance to state and local Heart Associations. He previously was National Director of Fund-Raising for A.H.A. A cum laude graduate of Springfield (Mass.) College, has been active in civil defense in New York City and served as supervisor of vocational counseling and rehabilitation for the Regional Office of the Veterans Administration, Albany, N.Y.

County Societies . . . IN THE NEWS

Alameda-Contra Costa County, California, Medical Society's Bulletin has added a new section to their monthly publication. Called "Prize Case", the section deals with true stories by the local county's physicians. These are not technical discussions of medical cases but, rather, cases of the drama and human interest that occur in every doctor's practice. The Bulletin is particularly interested in cases that require the doctor to do detective work or present an unexpected insight into the complexity of his patients. All cases, 600-700 words in length, that are published are awarded a "Prize Case" plaque, suitable for office desk or wall.

Orange County Medical Society, Florida sponsored the Tenth Annual Central Florida Medical Meeting held on February 14 and 15th in Orlando, Florida. This meeting was in conjunction with the Fifth Annual Cardiovascular Seminar sponsored by the Orange County Heart Association and Northeast Florida Heart Association. Some topics featured at the seminar were: "Surgery of the Coronary Circulation", "Curable Causes for Hypertension", Refractory Congestive Heart Failure", "Hepatitus and Its Sequelae" and "Obstetrical and Gynecological Complications".

Marin County, California physicians are taking part in a major new venture in postgraduate medical education — the use of FM radio to reach physician audiences throughout Northern California. Weekly one-hour "Medical Radio

Conferences" are being broadcast from the University of California Medical Center in San Francisco over station KPFA, Berkeley. A special telephone line provides two-way communication with the participating hospitals, permitting physicians gathered at staff conferences to ask questions of speakers at the medical center. An estimated 1500 physicians will attend "Medical Radio Conference" staff meetings at the various participating hospitals and others will listen to the broadcast on their own FM receivers. Marin General is the participating hospital in Marin County.

Multnomah County, Oregon Medical Society and the Portland Retail Druggists' Association recently concluded a very successful diabetes detection campaign. More than 8,000 persons mailed "dreypak" test strips to the Society for free screening by private pathologists. Of these, 426 were found to be positive. This was a considerable increase over last year's screening, which discovered 274 suspected diabetics from a total of 5,316 persons. The test strips were made available at over 200 retail druggists at no charge.

Quote of Note . . . "Some have said that it is not the business of private men to meddle with government — a bold and dishonest saying that is fit to come from no mouth but that of a tyrant or a slave. To say that private men have nothing to do with government is to say that private men have nothing to do with their own happiness or misery; that people ought not to concern themselves whether they be naked or clothed, fed or starved, deceived or instructed, protected or destroyed."

—Marcus Porcius Cato (95-46 B.C.)

Watch May Issue for M.D. BOWLERAMA Information

Pierce County Medical Society

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MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m.

Auditorium of Medical Arts Bldg.

STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSÉPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Monday of each month—8:00 p.m. at 424 South K Street

TACOMA ORTHOPEDIC SOCIETY

First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August —8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August-

6:00 p.m. STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m. at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m. LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December—

The

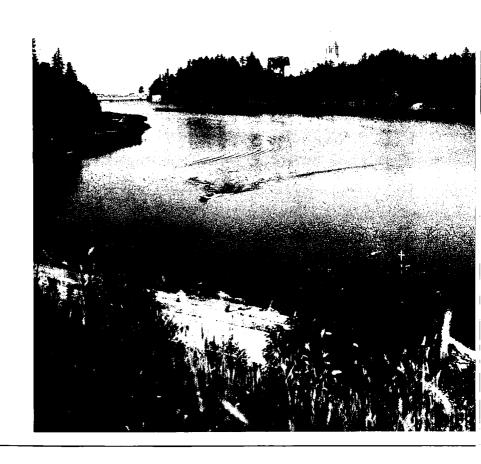
PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

VOL. XXXV—No. 5

TACOMA, WASH.

MAY - 1964



PIERCE COUNTY MEDICAL SOCIETY

REGULAR MEETING MAY 12

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Mental Health Harold B. Johnston, Chairman . Stuen William H. Todd Marcus R. Stuen

Poison Control Claris Allison, Chairman Bulletin Staff

HAVE YOU SENT IN YOUR **UGN CONTRIBUTION?**



May Birthdays

- Bernard A. Bader Herman S. Judd Wendell G. Peterson
- Charles R. Vaught Antone Walloch
- Albert Ehrlich M. R. Stuen
- Richard F. Barronian
- Orvis A. Harrelson R
- S. F. Herrmann 9 Joseph Lasby Roy A. Virak
- Leland J. Bland 11
- C. R. Fargher 12
- Douglas P. Buttorff 19
- Robert M. Chambers 20 Kenneth D. Graham, Jr.
- 22. M. J. Wicks
- 28 George C. Gilman
- 31 Hugh A. Larkin Joseph D. Martin

PHYSICIAN-DENTIST **GOLF TOURNAMENT**

Friday, August 7th

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May Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	-			1	2
				C.P.C. of St. Joseph's—9 a.m.	Tacoma Surgical Club Annual Meeting Jackson Hall C.P.C. of TGH-MVGH
4	5	6	7	8	(MVGH Classrm.) 8 a.m.
Tacoma Acad. of Psych. & Neurol. 8 p.m. Tacoma Orthopedic Society 8 p.m.	C.P.C. of Mary Bridge—8 a.m.		Pierce County Pediatric Society 6:00 p.m.	C.P.C. of St. Joseph's—9 a.m.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
11	12	13	14	15	16
	Pierce County Medical Society Ft. Lewis Officers' Club—6:30 p.m. ———————————————————————————————————		AACP Regional Meeting Winthrop Hotel	AACP Regional Meeting Winthrop Hotel C.P.C. of St. Joseph's—9 a.m.	AAGP Regional Meeting Winthrop Hotel C.P.C. of TGH-MVGH (MVGH Classrm.)
₂ 18	19	20	21	22	8 a.m.
	Tacoma Surgical Club—6:30 p.m. ———————————————————————————————————			P.C.M.B. Board 8:15 p.m. C.P.C. of St. Joseph's—9 a.m.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
25	26	27	28	29	30
Pierce County Academy of General Practice 6:30 p.m.	Tacoma Acad. of Internal Medicine 6 p.m. C.P.C. of Mary Bridge—8 a.m.			C.P.C. of St. Joseph's—9 a.m.	MEMORIAL DAY

Grand Rounds-Mt. View General Hospital-Every Saturday 9 to 10 a.m.

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PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, May 12

FORT LEWIS OFFICERS CLUB

JOINT MEETING WITH STAFF OF MADIGAN GENERAL HOSPITAL and THURSTON-MASON COUNTY MEDICAL SOCIETY

Cocktails: 6:30 p.m. (No-host)

Dinner: 7:30 p.m. (FiletMignon - \$3.25)

SCIENTIFIC PROGRAM - 8:30 P.M.

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President's Page



Much work of this Society is done by committees. Membership on some of these is a little publicized and sometimes thankless job. In the next two issues of the Bulletin, some of the workings of these committees will be very briefly explored since, because of time, it is impossible to do so at the regular meetings. While this is a poor substitute, it is hoped that you will comment your approval or disapproval on matters of personal interest to you.

The Insurance Committee, composed of Drs. Brokaw, Humiston and Peterson, has considered the Company Inquiry Letter. Forty doctors were questioned and the majority of them felt that the minimum insurance fee should be \$5.00. Inquiry to several insurance companies revealed thir concern in the following areas.

- 1. Broken appointments or long waits for insurance applicants at the doctor's office.
- 2. Statements made by the doctor to the applicant regarding the condition of his health.
- 3. Written opinion of the applicant as an insurance risk, offered in the body of the submitted form.

Another committee is the School Health Committee whose members are Drs. Sparling, Fargher, Gilman, Harrelson, Kalkus and Whitacre. This committee has as its function: a) review of routines for health appraisal and care of the school-aged child; b) working toward the goal that all health care of the school-aged child be given by his personal physician; and, c) to provide guidance to schools and agencies. School entrance examinations and camp physical examinations are to be done by private physicians with volunteers agreeing to perform a certain number of these for part pay or no pay, if conditions warrant.

The Mental Health Committee of Drs. Harold Johnston, Boudwin and Blankenship is planning a mental health conference here in Tacoma dealing with all aspects of this problem and including all interested and involved groups. Congress in 1963 passed the Mental Health Bill and it is imperative that the medical profession become concerned and interested in this problem on a community basis.

The last committee to be mentioned is the Public Relations Committee composed of Drs. Gross, Doherty, Ferguson, Lambing, Galbraith and John May. This group plans the weekly "Ask Your Doctor" TV program. After several years of operation, new and interesting subjects are difficult to find—yet, somehow, the committee does just that. The committee and Dr. Arnie Herrmann deserve our thanks and our help.

-Frank J. Rigos, M.D.

STOWELL'S... Prescriptions

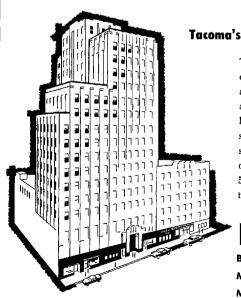
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Guest Editorial

What happens legislatively in Washington, D.C. and in Olympia has a direct effect on every practicing physician. The bad political decisions are the end result of you and other intelligent citizens abdicating your responsibilities.

Probably the die is cast this year for or against King-Anderson at this time. If we slide by, it is only a lull in the battle. Doctors could, with very little daily effort, strongly influence the political decisions that are made.

There are several methods by which they can be more effective.

First, they should do their homework so they actually know the facts—not a lot of loose generalities—and express them in simple examples such as the one which appeared in the April '64 Readers Digest, "The False Promise of Medicine."

Secondly, give concentrated support for actual legislative campaigns. This is probably most effectively done through AMPAC which has proven effective enough to draw the attention of COPE.

Finally, all doctors should become really active in the political parties of their choice so that they help select the candidates.

Remember, if government intervention continues, it is due mainly to your own apathy.

-Douglas P. Buttorff, M.D.

1964 BOWLERAMA

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May 18 - - - 8 p.m.

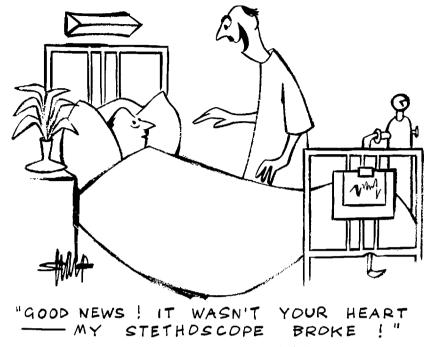
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PHYSICIAN-DENTIST GOLF TOURNAMENT

Friday, August 7th

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WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

AUXILIARY OFFICERS — 1963-1964

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Today's Health	Mrs. Bernard R. Rowen
Cook Book	Mrs. Thomas B. Murphy and
	Mrs. Robert A. O'Connell Mrs. William Goering
Parliamentarian	Mrs, William Goering
International Health	Mrs. Axel Lindstrom

Auxiliary's last meeting of the year will be a no-host luncheon at the Lakewood Terrace at noon on May 15. At this meeting we will have the installation of new officers for the coming year, and President Katharine Humiston will then pass the gavel to Ellen Pinto, President-elect. Concluding this most successful year for Auxiliary, the membership will surely want to show their appreciation for the leadership Katharine has provided for our organization, and demonstrate their confidence in the newly elected officers for the coming year.

The April luncheon at Jean Malden's home featured as special guests the State President and President-elect of Auxiliary, the three winners in our essay contest, and Medical Society President Doctor Frank Rigos.

Doctor Rigos, who is also a delegate

to the American Association of Physician and Surgeons, the group sponsoring the essay contest, introduced the contest winners and awarded the prizes. Prior to his introductions, Doctor Rigos spoke for a few minutes on the AAPS essay contest, how it was conducted locally and the national judgings, and gave a brief explanation of the interrelationship between the two topics chosen this year for the essays . . . Advantages of Private Practice and Advantages of Free Enterprise.

First prize winner Jennifer Blake of Gig Harbor read her winning essay on Free Enterprise, which was published in last month's Bulletin. Second and third prize winners were Byron Cleve Brown and Stan Silvernail.

Doctor Rigos added that all 11 essays were of superior quality, and that a great deal of outside research was evidenced by their scope of material, and he thanked Auxiliary's members for encouraging this worthwhile effort.

Following the essay awards, State President Llona Slade outlined for the membership the Operation Hometown activities some other Auxiliaries were active in, and showed the folios of material which are available for planning such activities.

At the close of the luncheon meeting, many of the membership lingered to admire the Maldens' beautiful gardens, including the tree house with a view, and the spectacular flowering trees along the drive.

Jean related how their new car wasn't currently an attractive item in the driveway, since it had been pretty well bent up in a collision they had on their way to Vancouver the week before. Fortunately neither Marcel nor Jean suffered injuries and continued on to the meetings which the Durkins

and Van Doorens also attended. Steve Dimant also attended the Neurological meetings in Vancouver, flying up at noon, just hours after the Dimant family had returned from their trip to England.

Back to Sorrento

Sheila Dimant tells us it was absolutely necessary to rest a week after their return from the Easter trip to England. In three weeks they toured England and Scotland like a travelling road show, performing for a generation's accumulation of families and close friends, their first re-acquaintance with many of these for many years, and the first acquaintance with any of these for their children.

In many instances a journey into the past, Sheila tells us it was most rewarding to visit again with Steve's grandmother, a Victorian lady of a hundred years, still the matriarch of the family, still very much a part of current events, and completely fascinating for the children to know. The weather was lovely their whole stay in England, and visiting with Steve's mother on the Isle of Wight was very pleasant, as was a visit with friends in the country in Scotland.

With their time for tourism limited, Sheila felt the children got a very good view of England's historic edifices, especially on Easter Sunday when they attended services at Saint Paul's Cathedral, the combination of the ceremonial pagaentry and the awesome cathedral itself being quite impressive.

The children held up very well throughout the rigorous weeks of meetings with friends and relatives, sight-seeing and travelling, Sheila tells us. On their return, a series of misadventures beset the Dimants . . . a car wreck on the way to the airport, bad flying weather and a rough trip home, a plane wreck at the airport which delayed their landing over an hour. Near-exhausted, the

Dimants struggled through customs at International airport.

But the children were still holding up well, and after some particularly brusque treatment by an overbearing customs official, the tired travellers were amused to hear young Martin Dimant, a seven year-old chip off the olde blocke, speak up loud and clear . . . "We thank you sir for your efficient service."

State Assn. Smoking Stand Cited; No Local Society Action

The Pierce County Medical Society has received inquiries as to its position in regard to smoking. The Society has taken no official stand on this. However, in September, 1963, the Washington State Medical Association approved the following resolution:

WHEREAS, the medical profession of the State of Washington is cognizant of the apparent hazards of cigarette smoking to the health of its citizens, and particularly its youth, now therefore

BE IT RESOLVED, that the Washington State Medical Association, (1) Affirm all efforts to educate our citizens and particularly our youth as to the harmful effects of cigarette smoking; and (2) Instruct our Delegates to the American Medical Association to support such efforts.

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Report Each Case of "The Battered Child" Physicians Urged

There are an estimated 10,000 cases of "the battered child" in the United States each year, according to Dr. R. A. Norton, speaking as chairman of a panel which presented this subject to the Pierce County Medical Society at its monthly meeting on April 14. "The battered child" is the child brought to the physician or to the hospital emergency room with multiple injuries after having been assaulted by his parents or some other supposedly responsible person at home. Approximately 50 per cent of these cases are fatal. A false history is usually given and the purpose of the panel discussion was to raise the index of suspicion among Pierce County doctors so that recognition of such cases will be more likely. Dr. Norton reviewed the relatively brief history of the development of this as a clinical entity and its recognition by society as a significant problem. He pointed out that most such incidents occur in families where there is much marital discord. divorce, re-marriage or where the child is illegitimate or unwanted for some other reason. A second smaller group consists of families with over-strict parents who believe so strongly in discipline that they feel obligated to punish an errant child severely. A third group consists of parents who had similar treatment in their own childhood.

Dr. Kenneth Gross showed x-rays of several cases of battered children, pointing out that the films frequently showed healed fractures as evidence of previous attacks. Any child with multiple long bone fractures of varying duration, plus small bowel perforation from blunt trauma, should be considered a probable victim of assault of this nature.

Dr. Stevens Dimant reviewed some of the neurologic findings and Dr. Charles Larson showed slides illustrating several fatal cases. The final panelist was Lt. Anthony Zatkovich, in charge of investigations for the Tacoma Police Department, who urged that doctors call in a law enforcement agency when there was any suspicion that a patient was the victim of this type of assault. He assured the doctors that he would do all in his power to handle such matters with appropriate confidence. Considerable discussion by the members followed, much of it centered around the problem of privileged communications and the legal responsibility of the doctor not to divulge confidential information. While there is yet no absolute legal protection for the doctor who reports such cases, some legislation is now being considered to accomplish this end, and the general conclusion seemed to be that in the meantime, the doctor should be watchful for such cases and use his own discretion in reporting them to the city police, giving due consideration to the moral obligation he has in helping to prevent further attacks on the same victim or by the same assailants.

Discussants from the floor included Doctors Chris Reynolds, Jerman Rose, Gerhart Drucker, William Rohner and Charles Kemp.

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Vitamin B ₁₂ (Activity Equivalent)*	4 mcg
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Northwest Regional Meeting American Academy of General Practice

MAY 14 14, 15, 16, 1964 Winthrop Hotel SCIENTIFIC SESSION

Friday, May 15

8:00 a.m. Registration

8:45 a.m. Welcome— Dr. John F. Comfort President, Pierce County Chapter, A.A.G.P.

Dr. Duncan Robertson President, Washington State Academy of General Practice

Invocation—

Dr. R. Franklin Thompson

9:00 a.m. "Are you A School Doctor?" Dr. Orvis A. Harrelson

9:30 a.m. "Clinical Evaluation of Epilepsy" Dr. Maire McAuliffe

10:00 a.m. Visit Exhibits

10:30 a.m. "Some Observation on the Pathogenesis and Management of Status Asthmaticus" Dr. Samuel Bukantz

11:10 a.m. The Differential Diagnosis of Epigastric Pain"
Dr. Frederic Bentley

12:00 - 1:30 p.m. Luncheon— Bayview Room

Speaker: Dr. Charles P. Larson
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Past President, World Boxing Assn.

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Moderator, Afternoon Session
Dr. Herman S. Judd

1:30 p.m. "Psoriasis and Current Therapy"

Dr. Albert E. Larner

2:00 p.m. "Emergencies in Labor" Dr. Waldo L. Fielding

2:40 p.m. Visit Exhibits

3:15 p.m. "Alcohol—Fact and Fallacies"

Dr. Charles P. Larson

3:45 p.m. "Real vs. Supposed Disturbances of the Endocrine Glands"

Dr. Edward H. Rynearson

4:30 p.m. Questions from the floor

6:00 p.m. President's Reception — Mayfair - Presidential Rooms

7:00 p.m. Banquet— Crystal Ballroom

> Master of Ceremonies— Dr. John F. Comfort

Speaker: Dr. Amos Johnson
"General Practice — Past, Present. Future"

Saturday, May 16

Moderator, Morning Session Dr. Robert M. Ferguson

9:00 a.m. "Common Dermatological Problems in Children"

Dr. Albert E. Larner

9:30 a.m. "Headache, Classification and Treatment"

Dr. Maire McAuliffe

10:00a.m. Visit Exhibits

10:30 a.m. "The Posterior Wall of the Inguinal Canal — Its Action and Its Repair"

Dr. Frederic Bentley

11:00 a.m. "Which Goiters Are Best Treated With Surgery and Which With Radioatcive Iodine"

Dr. Edward H. Rynearson

12:00 - 1:30 p.m. Luncheon—
Bayview Room
Prizes awarded—Golf Tournament
and Exhibit Attendance
Moderator, Afternoon Session
DR. WILLIAM F. MEAD

1:30 p.m. "Medical Schools and General Practice" Robert O. Voy

2:00 p.m. "Nutritional Aspects and Management of Gostrointestinal Disorders"

Dr. Hugo Moeller

2:40 p.m. "The Case Against Natural Childbirth"
Dr. Waldo L. Fielding

3:30 p.m. Convention Adjourns

Proposed Bill Referred To State Association

The Society office has had several inquiries from members regarding a letter sent by Senator John Petrich. This concerns a proposed bill which would require doctors to report to the State Director of Health any persons suffering from a disorder characterized by lapse of consciousness or control, etc., and pertains to motor vehicle licensing.

This has been referred to the Washington State Medical Association and to our Legislative Committee for complete investigation.

-FJR

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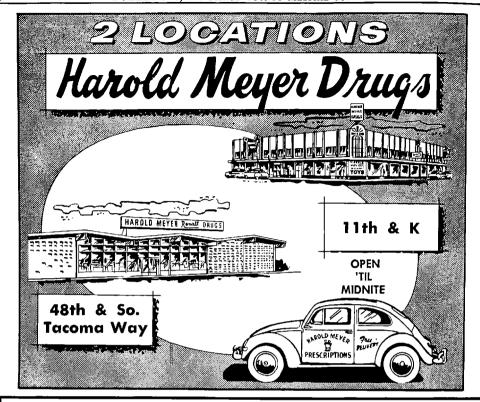
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HOSPITALS

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A new wheechair room has been made out of the alcove.

Mrs. Fjermedal, R.N., just returned from a vacation in Fresno, California, where she attended her daughter's wedding, then traveled to Carmel, San Francisco, Tahoe and Reno.

Newest additions to 3-11 shift are, Miss Kathey Shaw, Miss Carol Turner, Miss Sylvia Heise and Gloria Smith.

Wedding plans are being made for Miss Shaw, Miss Heise and Miss Smith.

Surgery

Mrs. Rauschert, Mrs. Gadbow, and Mrs. Wetsch attended a Symposium in Portland, Oregon.

Mrs. Pierce from O.T. and Mrs. Wetsch attended a Civil Defense directors meeting at the Doric Motel during the week of April 13-17.

X-Ray

Karen Kuhn, 1st year student, has returned from her vacation. Karen was caught in a dust storm, but survived and has returned to resume her duties in the department.

Refresher courses in X-ray techniques and x-ray physics are being attended by the students in X-ray Department on Monday and Thursday evenings, from 7-9.

Dietary Department

The main kitchen is being painted a light pink, to match with the green tile floor.

The new line girl is Joan Martinez.

Evelyn Busher's daughter, who used to work in our Admitting Office is graduating from college in the very near future.

Paulette Haywood from St. Leo's is taking the place of Vicki Laxamana in the main dietary office.

Work on a new diet manual has begun. This includes revising diets and bringing all old diets up to date. The book will involve all of the new aspects of the latest diets. We are in hopes of being finished by early summer.

Demonstrations in the use of fire equipment have been held in the Court Yard

Doctor Dimant will be giving a lecture on Disc Surgery at the Surgery Department In-Service meeting.

Doctor Guilfoil has just returned from her vacation. Two glorious weeks in Hawaii. Welcome back.

A very exclusive yacht club has been formed by Doctor Chambers, Miss Turner and Miss Royse. The most expensive boat in the club cost \$8.50

A new addition to the 7-3 shift is Mrs. Nugen, R.N.

Wedding bells rang for Odessa Prater and George Andrews, April 18, at St.

(Continued on Page 21)

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(Continued from Page 19)

Leo's Church. The honeymoon is being spent in California after which the bride will continue her duties as an L.P.N. and her husband will be leaving for a six month stay in Germany, with the Armed Forces.

Meetings

Sisters Philomene Marie, Michael Catherine, Patricia Francis and Anthony Therese are attending a Hospital Convention in San Francisco. This will last from April 18, through April 24.

Sisters Helene and Joseph Margaret have gone to Denver for a meeting.

Medical Record Department

The Medical Record Technician's course terminates May 31, with exercises in the hospital chapel followed by brunch.

After completing the course the former students will disperse on the West Coast.

The new dictating machines are now ready for use. Doctors may call from their office or home by dialing MA 7-9161. They will immediately be connected to the recording machine.

After the sound of a loud beep he may begin dictating. If for any reason the doctor stops talking for four seconds or more the machine will automatically be disconnected. Therefore, have your material prepared so you can keep talking without being disconnected.

MEDICAL CENTER has space available. Immediate occupancy. Call FU 3-1717, Tacoma, Washington.

Dr. Read Again To Study Medical Cost; Report Due June, '64



Chicago—Jess W. Read, M.D., of Tacoma, Wash., has been reappointed a member of the Commission on the Cost of Medical Care of the American Medical Association.

Dr. Read's reappointment was announced by Dr. Percy E. Hopkins, chairman of the AMA's Board of Trustees.

The AMA Commission on the Cost of Medical Care is examining factors which affect medical care prices, and the total amount spent by the public for medical care, and the availability of the various medical services. The Commission will submit its report in June 1964. Research projects include those on "Changing Patterns of Hospital Care 1946-61," the economic significance of medical advances, and professional review mechanisms. The Commission will submit "Conclusions and Recommendations" as part of its final report.

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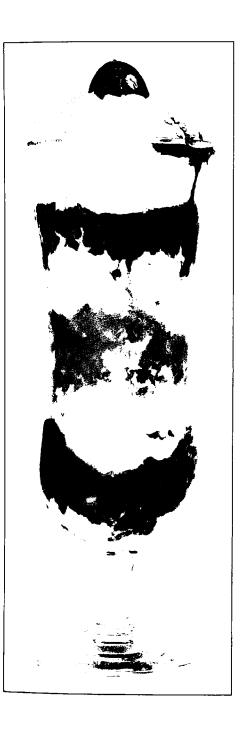
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Dr. Larson Repeats On Nuclear Medicine Committee of AMA



CHICAGO—Charles P. Larson, M.D., of Tacoma, Wash., has been reappointed a member of the Committee on Nuclear Medicine of the American Medical Association.

Dr. Larson's reappointment was announced by Dr. Percy E. Hopkins, chairman of the AMA's Board of Trustees.

The AMA Committee is concerned with the problems of state legislation and regulations as they pertain to the safe and proper utilizations of radioactive isotopes by physicians in the diagnosis and treatment of disease. The Committee is also concerned with the development of ideal curricula for medical students and teaching programs for interns and residents on the use of radioactive isotopes.

PHYSICIAN-DENTIST GOLF TOURNAMENT

Friday, August 7th
TACOMA COUNTRY & GOLF CLUB
DINNER (Informal) at THE TIKE

Cost and Value of Vocational Rehabilitation

In the March issue of the Pierce County Medical Society Bulletin the services of the Washington Division of Vocational Rehabilitation were described and it was indicated that the agency provides assistance to those individuals with a vocational handicap, the result of disability, physical, mental or emotional. Such aid to the unfortunate is a part of our Judaeo-Christian tradition and can be justified on humane grounds. However, it is necessary and proper that an official agency providing such services to the disabled also make an accounting to its Legislature and citizens.

Though Washington DVR includes three programs, the following discussion will relate to the Federal-State program only, since this is the larger, older and the one with which physicians are most familiar.

During the year ending July, 1962, this part of the Washington DVR program returned 1100 disabled individuals to work. The total budget for accomplishing this was \$1,320,784. State funds used for this purpose are matched by Federal, the ratio being approximately 57% Federal to 43% State, and the above total represents the sum of both Federal and State funds.

Were these monies well spent? From a fiscal point of view the facts are as follows:

- 1. Only 7% of the 1100 individuals eventually rehabilitated were working prior to DVR services.
- 2. 332 or 30% of all rehabilitants were on welfare before receiving services. In addition to those on welfare, 262 or 24% of the total were receiving their primary support from other tax supported and public agency sources. All 110 rehabilitants were returned to work, and at a minimum of

(Continued on Page 26)

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(Continued from Page 24)

three months later were still working, their average weekly salary being \$61.

Further information on the cost and value of Vocational Rehabilitation is available in a study, "Vocational Rehabilitation Results in Washington State", published in January, 1961, by the Washington State Research Council, an independent, privately supported organization engaged in fact finding in the field of state and local government. One of the objectives of the study by the Washington State Research Council was a measure of the degree of economic success or failure achieved by DVR rehabilitants. All cases returned to work during the fiscal year 1954-55 were chosen to allow a five year follow-up. Of the 860 cases rehabilitated in this year, it was possible to obtain reasonably complete employment and earnings information on 671 or 78%. A few highlights of this study are as follows:

- 1. "88% of the rehabilitants had remained employed four out of the five years from the time of receiving DVR services."
- 2. "The self-supporting status achieved by most of the cases after closure afforded substantial and significant monetary relief to the private and public sources upon which these cases had previously been dependent."
- 3. "It would be almost impossible to measure in terms of dollars and cents all the direct and indirect benefits resulting when a large group of individuals are raised from a dependent status to a self-supporting status."

The total cost of the DVR program for the six years 1955 to 1960 inclusive was \$6,793,040. Using the beginning payroll figures of those returned to work and the experience of the Wsahington Research Council as to their remaining at work, it can be shown that these rehabilitants paid more than the cost of their rehabilitation in Federal and State

taxes in the seven years after returning to work. Add to this the amount which would have been paid each year to keep these people in dependency, and remember that this bonus to the community increases each year they are paying taxes instead of consuming them.

In summary, Vocational Rehabilitation services removes people from a state of dependency, and provides longrange benefits to them, their families, and the State by creating employed, self-supporting, contributing members to the community.

Arthritis & Rheumatism Foundation Offers Patient Assistance

The Tacoma-Pierce County Branch of the Arthritis & Rheumatism Foundation is pleased to announce that it will now assist needy patients who have arthritis to obtain physical therapy. This is to be on a part pay basis (the patient is to pay half and the Arthritis & Rheumatism Foundation will pay half). In order for this program to provide maximum benefits to patients the Arthritis Foundation requests adherence to the following rules:

- 1. The physician will refer the patient to the physical therapist of his choice for a maximum of 12 treatments on one referral to be given over a period not to exceed one month.
- 2. The physician is to write the referral on one of his prescription blanks listing:
 - a. Diagnosis
 - b. Specific treatment requested.
 - Number and frequency of treatments.
- 3. Limited funds require that assistance be restricted to those patients who show improvement to physical therapy and whose progress indicates a promise of further improvement with additional therapy. It is therefore requested that before any subsequent series of treat-

ments is authorized by the Arthritis Foundation that a brief report of progress be submitted to the Arthritis Foundation by the attending physician and/or the physical therapist. It is urged that *objective* evidence of improvement be submitted as well as any change in subjective complaints. This progress report is to be sent along with the new prescription for physical therapy to:

Tacoma-Pierce County Branch Arthritis & Rheumatism Foundation 1101 North Hawthorne Tacoma, Washington 98406

The report will be evaluated by the Medical Advisory Committee and, if additional treatment is approved, the prescription will be forwarded to the therapist marked approved.

- 4. The patient must report back to the attending physician for his evaluation after each series of therapy treatments.
- Welfare recipients, V.A., and other groups who have medical coverage do not qualify for this program.

For additional information please call Mrs. Donald Furse, executive secretary of the Arthritis & Rheumatism Foundation at SKyline 9-5946.

Frogs and Freedom

There's an old story that says you can't kill a frog by dropping him in boiling water. He reacts so quickly to the sudden heat that he jumps out before he's hurt. But if you put him in cold water and then warm it up gradually, he never decides to jump till it's too late. By then he's cooked!

Men are just as foolish. Take away their freedom overnight, and you've got a violent revolution. But steal it from them gradually (under the guise of "security", "peace", or "progress") and you can paralyze an entire generation. Look at the income tax. It started out at a harmless sounding 1%. It would

have been easy to jump out of water as tepid as this, but like the frog, we waited while it climbed ever higher. (Try jumping now!)

Worst of all, we never learn. Even today we cannot believe that Medicare is the same warm water that will one day boil us in Socialized Medicine. We see no connection between farm price supports and Nationalized Agriculture. And if we draw a parallel between subsidized teachers' pay and federal control of education, we are called "extremist".

The tragedies of history are always repeated by those who refuse to learn them. To seek guidance from the past is not "turning the clock back" as we are so often told. It is merely a good way to keep out of hot water.

YOUR STATE MEETING

A state meeting . . . YOUR state meeting . . . is one of the finest "grass roots" medical meetings which can be developed. It's big enough to provide a stimulating program with out-of-state and home grown speakers, and to encourage the development and presentation of good scientific exhibits. At the same time it's small enough to provide renewed fellowship to a degree which is lacking in many national or even regional meetings.

Your state meeting is worthy of your support . . . and it can only remain a vital factor in the life of your state if you attend and take an active role in all aspects of the meeting.

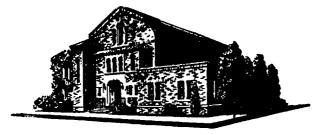
Save these dates — September 13-16 for the 75th Annual Meeting of the Washington State Medical Association at the Olympic Hotel, Seattle.

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PHYSICIANS' AND HOSPITAL SUPPLIES

AMA Auxiliary Meeting To Feature Play, M.D.-Clergy Panel

A frank analysis of problems that are both medical and spiritual, a production of a play about Homemaker Service and a luncheon honoring leaders of women's voluntary organizations are scheduled for the 41st annual convention of the Woman's Auxiliary to the American Medical Association.

More than 2,000 physicians' wives are expected to attend the June 21-25 meeting at San Francisco's St. Francis Hotel. The Auxiliary president, Mrs. C. Rodney Stoltz, Watertown, S.D., will preside.

Monday, June 22, representatives of 45 national women's groups will be guests of honor at a luncheon. At that time, a medicine-religion program, "When Spiritual Guidance Helps," will be presented. The Reverend Paul B. Mc-Cleave, head of the AMA Department of Medicine and Religion, will outline 3 episodes in which people are involved in problems that are both medical and spiritual. What can be done in each case will be discussed by a physicianclergy team. Participating will be: The Very Reverend C. Julian Barlett; The Reverend Raymond Smith; Drs. Joseph H. Kushner, Philip H. Arnot and Samuel R. Sherman, all of San Francisco, and Rabbi Saul White, New York.

Also slated for Monday is a Homemaker Service Session, featuring an original dramatical presentation by Plays for Living division of the Family Service Association of America. Talks on the development, financing and operation of this "substitute mother" service will be given by: Mrs. Lucille M. Smith and Miss Eileen Lester, both of the U.S. Public Health Service; Miss Brahna Trager, executive director, San Francisco Homemaker Service, and Mrs. Asher Yaguda, chairman of the

Auxiliary Homemaker Service Manual Committee.

Appearing on the Tuesday, June 23 program will be Miss Eleanor McGuire, health career coordinator, National Health Council, and G. P. Ferrazzano, M.D., chief, Division of Health Mobilization, Department of Health, Education and Welfare. Dr. Ferrazzano will present the Health Mobilization Award to the Auxiliary for its outstanding civil defense program.

Reports on the Auxiliary's suicide prevention project, international health activities, safety program and service in the rural health area, as well as presentation of outstanding state activities, will round out the Tuesday session.

AMA President Edward R. Annis will be guest speaker at the Tuesday luncheon honoring Auxiliary past presidents. At this time, the Auxiliary's annual contribution to the American Medical Association Education and Research Foundation will be announced. Last year's gift was \$278,000.

Mrs. Stoltz and Mrs. William H. Evans, Youngstown, Ohio, the president-elect, will be honored at a tea and fashion show Sunday, June 21. The show will feature Chinese ceremonial costumes, emphasizing ways they may be adapted for today's wear.

Mrs. Evans will be installed as president at the concluding business session Wednesday morning. Election and installation of other national officers will be held then. Guest speaker will be Ever Curtis, M.D., a member of the AMA Speakers Bureau.

A post-convention conference for all Auxiliary members will be held Thursday, June 25. The 1964-65 programs and chairmen will be presented, and Dr. Ernest B. Howard, AMA assistant executive vice president, will discuss principal actions of the AMA House of Delegates.

The meeting, held at the same time as the AMA's 113th annual convention,

will formally adjourn at noon on Thursday.

All Auxiliary members, their guests and guests of physicians attending the AMA meeting may participate in the general sessions and social functions. A special program has been planned for teenagers.

Local arrangements of the convention are under the direction of Mrs. Eugene S. Hopp and Mrs. Harold Hill, San Francisco. Honorary and vice chairmen are: Mrs. Matthew Hosmer, San Rafael, Calif.; Mrs. Lawrence Custer, San Francisco; Mrs. Homer R. Wolfsen, San Leandro, Calif.; Mrs. Edmund Mahon, Mill Valley, Calif.; and Mrs. Don Musser, San Francisco.

International Health Activities

Through International Health Activities, auxiliaries provide supplies to bring medical relief to a world-wide community. Medical goods for shipment overseas, such as sample drugs, medical supplies, instruments, bandage materials and medical textbooks are needed by medical missionaries. A great deal has been done in our community through various religious denominations and different organizations in order to send medical help to the grateful recipients abroad.

Recently, through the efforts of the Junior Chamber of Commerce, the Shaw Supply Co. in Tacoma sent to India about \$20,000 worth of instruments and equipment. This effort was also supported by the local hospitals.

One of the several AMA-approved agency outlets is the World Medical Relief in Detroit. Our visiting National Chairman was left with tremendous admiration for its founders and their weekly staff of hundreds of volunteer workers. In the West we have the Direct Relief Foundation in California where its dedicated workers have done much

to answer the medical need in 82 countries in the free world. There is a constant need and request for medical supplies and equipment of all kinds to be filled.

Auxiliary members: linen for bandages, used laundered sheets, pillow cases and towels are needed for shipping overseas. Please have them ready for our next Auxiliary meeting.

Doctors, if you have sample drugs or any other kind of medical equipment you do not have use for, please call Laine Lindstrom, IHA Chairman, at TH 5-6452.

Teens to Meet East, West at AMA June Convention

Learning the mysteries of making fortune cookies and ice skating in the summer are just two of the highlights planned for AMA members' children attending the June 21-25 convention in San Francisco.

Arranged by the Woman's Auxiliary to the AMA, the teenagers' program starts Sunday, June 21, with a 1 p.m. ice skating party at Sutro's, a local amusement park. Ticket price is \$1.00.

On Monday, a walking tour of Chinatown, a visit to a fortune cooky factory and lunch at the Four Seas Restaurant are on the schedule. The charge for the 10 a.m. excursion (including lunch) is \$2.00.

At 2:30 that afternoon, there will be a cable car ride to Fisherman's Wharf, then a cruise of San Francisco Bay. Tickets are \$1.30.

A five-hour bus excursion to the San Francisco Zoo, Steinhart Aquarium, Japanese Tea Garden and other points of interest will begin at 9:30 a.m. Tuesday. There will be a stopover for lunch, but the price of lunch is not included in the \$1.50 fee.

At 4 p.m. Tuesday, teenagers will

gather back at the St. Francis Hotel for a hootenanny and refreshments, free of charge.

The program winds up Wednesday with visits to the Tennessee Ernie Ford and Dick Stewart television shows.

Registration and complete details will be in the Teen Room, St. Francis Hotel. Mrs. Fernando G. Gomez, Atherton, Calif., is teen-age chairman. Her cochairman is Mrs. Charles L. Geraci, San Carlos, California.

Free Health Materials Offered Doctors By Dairy Council

The Washington State Dairy Council is offering complimentary health education materials to members of the Pierce County Medical Society. The leaflets being offered have been approved by the American Medical Association. They are designed for individual use with patients in the area of nutrition for prenatal and post-natal care, feeding young children and weight reduction.

A packet of Dairy Council Materials has been left with Judy Gordon at the Pierce County Medical Society office for your review or samples can be obtained directly from the Washington State Dairy Council office located at 2366 Eastlake East, Room 206, Seattle, Washington 98102. You can reach the Seattle Dairy Council office by asking the long distance operator for ZEnith 9568. There will be no long distance charge for your call.

In addition to the printed booklets, the Dairy Council offers two publications to physicians. Dairy Council Digest printed five times yearly, presents interpretive reviews of recent scientific research. Nutrition News reports the application of nutrition to educational and community activities and is released four times yearly.

The Washington State Dairy Council is a non-profit organization offering

health and nutrition education services to residents of Washington. The local organization is affiliated with the National Dairy Council in Chicago and is supported by all segments of the dairy industry in the State of Washington.

County Societies . . . IN THE NEWS

Dade County, Florida, Medical Bulletin has been selected for the 1963 Honor Award for Distinguished Service in Medical Journalism among City and County publications. The citation, presented by the American Medical Writers' Association, read in part, "Its care in editing, the information it contains, its attractive format and the attention given to typography and illustration all contribute to the unusual service it provides its readers."

Broome County Medical Society, New York, physicians are among the voluntary instructors offering the first inservice program for nursing home personnel ever presented on a communitywide basis in New York State. The doctors are participating in the 15 week session which is concentrating on the special needs of aged patients. The purpose of the program is to avail all nursing homes of a training program designed to meet recommendations of the New York State Department of Social Welfare. The sessions are covering such subjects as: Medical and Dental Problems, First Aid in Nursing Homes, Diet and Drug Therapy, and Emergency Procedures.

The Chinese have a story based on three or four thousand years of civilization. Two Chinese coolies were arguing heatedly in the midst of a crowd. A stranger expressed surprise that no blows were being struck. His Chinese friend replied, "The man who strikes first admits that his ideas have given out."

-Franklin Delano Roosevelt

Pierce County Medical Society

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MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

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STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—6:15 p.m.

Third Monday of March, June, Sept., Dec.—6:15 p.m. STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS
First Monday of each month—8:00 p.m. at 424 South K Street

TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August —8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m. at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December—7:30 p.m. Dinner—6:30 p.m.

PIERCE COUNTY MEDICAL SOCIETY

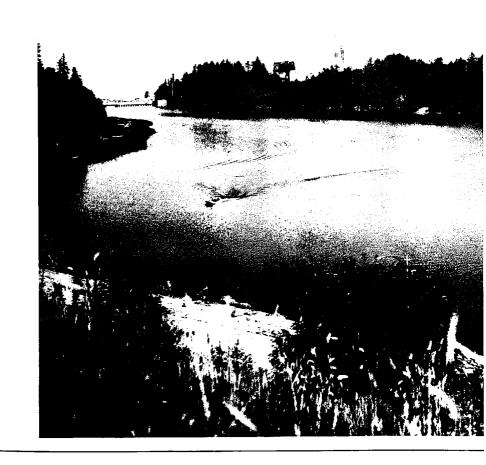


BULLETIN

VOL. XXXV—No. 6

TACOMA, WASH.

JUNE - 1964



PIERCE COUNTY MEDICAL SOCIETY

NO MEETING
JUNE - JULY - AUGUST

Pierce	County	Medical	Society
Dravidant	OF	1964 FICERS	Frank I Rigos
President-Ele Vice-Presider	et	Frederi Frederi Geor Amol	rick J. Schwind ge S. Kittredge
Executive So	cretary	USTEES	Judy Gordon
	. Baskin F. Barronian	George S. James D. Frank J. 1	
1 AV B	owen ir	Frank J. I Frederick	Rigos J. Schwind
Arnold	R. Burt L. Hazelrigg J. Herrmann	Stanley W	J. Schwind eats '. Tuell
Robert	M. Ferguson	Frank J. I	ligos
Robert Arnold	M. Ferguson W. Florence J. Herrmann	Stanley W. EGATES Frank J. I Frederick Stanley W E DELEGATES	J. Schwind '. Tuell
Richard	F. Barronian	Charles J.	Galbraith
Douglas John F.	P. Buttorff Comfort	E DELEGATES Charles J. Herman S Charles C	. Judd . Reberger
	COM	MITTEES Ethics	
Louis N	Frank R. Ma	iddison, Chairmar	Galbrai th
Chris C	Gr Stanley W. . Reynolds	Charles J. ievance Tuell, Chairman G. Marsha	ıll Whitacre
	William L. I	Rohner, Chairman	ı
	Kenneth E.	e Relations Gross, Chairman	
Dale D. Robert	. Doherty M. Ferguson Charles	James D. John May J. Galbraith	Lambing
Robert	Don G. W: M. Ferguson Glenn	.ibrary illard, Chairman T. R. Hal G. McBride	ey
	Publ Lawrence Bi	lic Health righam, Chairman	
Herbert	House ar William W. Ma C. Kennedy	nd Attendance attson, Jr., Chairn John S. M	nan Iay
	Civi Arthur P. Wi	l Disaste r ckstrom. Chairma	.n
Robert E. R. A	R. Burt Inderson	Robert D. T. R. Hal	McGreal ey
Leo An Leo F. Richard	nest Sulkosky l B. Link	attson, Jr., Chaim John S. M I Disaster ckstrom, Chairma Robert D. T. R. Hal David T. Kenneth I Charles E	Hellyer D. Graham . Kemp
	Betteridge	James D.	in Lambing
	Ente	rtamment	
Samuel	Robert W. C	Connell, Chairma eriatrics Osborne, Chairmar Louis P. I gislative	n Hoyer, Jr.
Willian Don Cu	Samuel E. And Burrows ammings	Adams, Chairman Homer W J. Hugh K	. Humiston alkus
	Clinton A. d A. Kanar	Piper, Chairman Bernard P	. Rowen
	Douglas P. I	Buttorff, Chairmar	
Ç. R. F	David L. Sp Fargher	Schools Parling, Chairman Orvis A. l	Harrelson
George	C. Gilman G. M	Orvis A. I J. Hugh I . Whitacre	Kalkus
	Men	tal Health	

HAVE YOU SENT IN YOUR **UGN CONTRIBUTION?**

Mental Health Harold B. Johnston, Chairman Stuen William H. Todd

Poison Control Claris Allison, Chairman

Bulletin Staff Editor Stanley W. Tuell Business Manager Judy Gordon Auxiliary News Editor Mrs. Robert A. Kallsen

Marcus R. Stuen

Editor...



June Birthdays

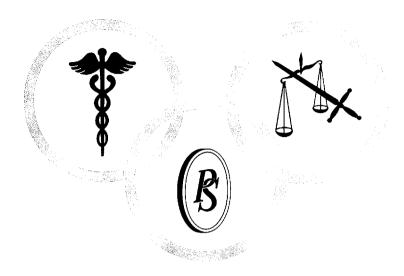
- Treacy Duerfeldt 2 William L. Rohner
- M. M. Campbell 3
- 5 James L. Vadheim
- 7 Joseph B. Harris
- 8 Jack Erickson
- Harold D. Lueken 10
- Jack Mandeville 11
- Erna Guilfoil 13
- Thomas O. Murphy 14 John K. Stutterheim
- 15 Miles Parrott George Tanbara
- Juan Cordova 16
- 20 George Batey Robert Voynow
- 2.1 Leo Annest Jack W. Lee
- 22 Marcel Malden
- 25 James Early
- 28 L. Stanley Durkin M. E. Lawrence Herbert Meier

DOCTOR-LAWYER DINNER

Tuesday, June 30

Fircrest Golf Club

GOLF . . . STARTS AT NOON BRIDGE TOURNAMENT . . . 3 P.M. COCKTAILS . . . 6 to 7:30 P.M. BANQUET . . . 7:30 P.M.



You . . . your lawyer . . . and <u>us</u> . . . partners in matters of trust

A simple will leaving everything to your wife may be perfectly all right. But have you checked it with your lawyer lately?

Conditions change, and perhaps your will should be brought up-to-date or re-written.

We strongly urge you to review your present will with your attorney, or to use his experience in drawing a will if you do not now have one.

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June Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6
Tacoma Orthopedic Society 8 p.m.	Staff of Tacoma General 6:30 p.m.			C.P.C. of St. Joseph's—9 a.m.	C.P.C. of TGH-MVGH (MVGH Classrm.)
Tacoma Acad. of Psych. & Neurol. 8 p.m.	C.P.C. of Mary Bridge—8 a.m.				8 a.m.
8	9	10	11	12	13
Staff of Doctors Hospital 7:30 p.m. Staff of Good Samaritan 6:30 p.m.	C.P.C. of Mary Bridge—8 a.m.			C.P.C. of St. Joseph's—9 a.m.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
15	16	17	18	19	20
Staff of St. Joseph's 6:15 p.m.	C.P.C. of Mary Bridge—8 a.m.	Staff of Lakewood General 7:30 p.m.		Staff of Medical Arts—7:15 a.m. C.P.C. of St. Joseph's—9 a.m.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
22	23	24	25	26	27
	C.P.C. of Mary Bridge—8 a.m.			Staff of Mary Bridge 12:15 p.m. C.P.C. of St. Joseph's—9 a.m.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
29	30				
Staff of Mt. View General	DOCTOR- LAWYER DINNER FIRCREST				
	C.P.C. of Mary Bridge—8 a.m.				
Gra	nd Rounds-Mt. V	iew General Hospit	al—Every Saturda	y 9 to 10 a.m.	

Grand Rounds-Mt. View General Hospital-Every Saturday 9 to 10 a.m.

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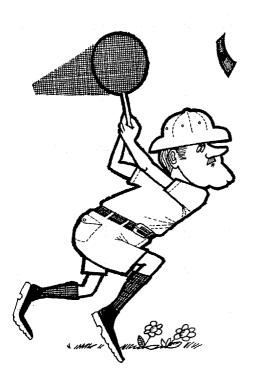
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TRUST DEPARTMENT

Gershom C. Rowland Senior Vice President and Trust Officer





Presidents chat: At the annual dinner-dance, Auxiliary President Katharine Humiston and Society President Frank Rigos are shown discussing the affair. With them are Florence Rigos (left) and Ruth Zimmerman.



Visiting surgeon: Dr. Lloyd MacLean, guest speaker at the annual meeting of the Tacoma Surgical Club in May, inspects the hand and forearm dissection demonstrated by Dr. John Alger during the morning session. Club President Dr. Bob Osborne looks on from the left and Secretary-Treasurer Dr. Ed Kanar is on the right.



Hard workers: Co-chairmen of the annual doctorwives dinner-dance, Helen Florence and Dee Wickstrom, confer during the gala evening at the Top of The Ocean Restaurant on April 25.



Gay Nineties Harmony: Harmonizing on "A Bicycle Built for Two" are the members of Tacoma's famous old-fashioned quartet of doctors' wives. From left to right are Muriel Nelson, Hazel Whitacre, Evelyn Osborne and Gladys Hanson. Extra volume and some impromptu announcing were provided by Dr. Stan Durkin, on the right. It was all part of the show at the 1964 dinner-dance.

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President's Page



Last month was Katharine Humiston's last as president of the Pierce County Medical Society Auxiliary. She, her officers, and the members have been most active. Besides carrying on the customary functions during the past year, three new ones were added. These were: 1) a joint educational dinner, 2) an essay contest, and 3) a program designed to make one think.

Thinking is hard work. Now, as in the past, we are confronted with the self-apopinted, self-anointed and

self-designated so-called intellectual who is most agreeable to do our thinking and assume our responsibilities. All he asks in return is that we turn over our basic rights and freedoms to live also. We congratulate the auxiliary on a job well done and extend best wishes to the new officers for the coming year.

In keeping with the policy mentioned last month, the following committees will be mentioned. The first is the Poison Control Committee composed of Drs. Sparling, Tanbara and Claris Allison. This year 17,000 poison prevention cards were distributed in Pierce County in addition to the usual work.

Two other committees of great responsibility, but fortunately not too much work are the Ethics Committee and the Grievance Committee. Drs. Maddison, Rosenbladt and Galbraith compose the Ethics Committee and the Grievance is automatically composed of the last three presidents of this Society—this year, Drs. Tuell, Whitacre and Reynolds.

Last month we had the pleasure of being the guests of Madigan General Hospital for dinner and program at the Fort Lewis Officers' Club. As usual, both were excellent. This Society signified its approval by turning out over 100 strong.

We also had the pleasure of having the Northwest Regional Meeting of the American Academy of General Practice here in Tacoma last month. This was an excellent meeting. The Friday night dinner meeting was the most enjoyable one that has been held in Tacoma for many years. The local members of the Academy can feel proud of this meeting. Their time and efforts were not wasted.

FRANK J. RIGOS, M.D.

STOWELL'S... Prescriptions

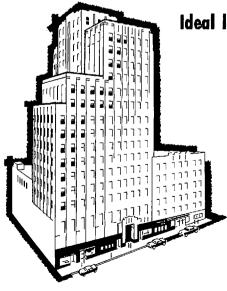
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Editorially Speaking



There IS something good about smoking cigarettes—THE COUPONS! That is, if you smoke the right brands.

I admire their (the tobacco companies') frankness in bringing the truth before the public. They used to woo customers with just pictures and descriptions of valuable prizes that were available for coupons. Now they're actually advertising how many coupons are need for each gift.

Want a St. Bernard pup for your 11-year-old youngster? It's easy. All you do, according to one brand's full-page ad, is save up 18,430 coupons. Now if you can burn a pack a day (naturally you will because you want to be up-to-snuff and fit into the surgeon general's statistics on lung cancer, bladder cancer, emphysema, etc.) it'll only take you 50 years, 5 months, and 28 days to save that many coupons.

Naturally, your wife will be happy to smoke a pack a day also (anything for little Junior), and you can really earn the St. Bernard pup in only 25 years, 3 months and 13 days.

Let's make it even easier! Buy 'em by the carton and you get 4 extra coupons per carton, thus shortening the time down to a scant 18 years and 3 months. Buy a few extra cartons for friends (or in-laws) and you'll have that bouncing pup on hand for the little tot's 29th birth-day party! And you would only have spent \$3,895.36 for the cigarettes—absolutely nothing for the pup!

Now, ladies of the Auxiliary, there's something for you, too. You get a MINK STOLE for only 47,185 coupons. (Honest, it's in the ad!) If you do this on your own, you'll have that stole in only 92 years and 4 months. Now I'm not one to throw cold water on a good deal, but I'd suggest you get 11-year-old Junior to smoke a pack a day too. With Mom, Pop and Junior each on a pack a day, that mink stole will be yours in less than 31 years!

One more statistic: If the cigarettes needed to earn a mink stole were laid end-to-end, they would make a line 202,220 feet long, or enough to reach from downtown Tacoma to one of our nearest cemeteries 9 times—or the equivalent of 4 round trips and 1 one-way trip.

S.W.T.

OBSCURE FACTS ABOUT MEDICINE

No. 3

McBurney tried to name a spot
That could be found without a lot
Of funny doctor talk, and thus
He aimed at the umbilicus



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WILLIAM HAMMAN, Owner-Manager

o(The editor of the Bulletin assumes no responsibility for the factual or cultural content of these ads.)

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African Lungfish Nearly Thwart Tacoma Surgeons

With the words, "We came out smelling like a rose," President Bob Osborne summed up the final outcome of the 1964 major crisis of the Tacoma Surgical Club. The annual meeting ran so smoothly that most of those in attendance were never aware that there had been a crisis. However, after a year's advance planning, the whole annual affair had seemed ready for collapse as of March 23, the fatal day when the pre-arranged guest speaker, Henry Swan of Denver, called Secretary Ed Kanar long distance and informed him that he wouldn't be able to come to Tacoma. The explanation was that he had a government-financed assignment to spend in Africa studying the habits of the lungfish!

With less than 6 weeks until meeting date, the surgeons hastily ran up a fat telephone bill making arrangements with Dr. Lloyd D. MacLean of Montreal, a friend of Dr. Tom Murphy's, who agreed to come on short notice. Dr. MacLean's presentations and reception would indicate that those who attended the 1964 annual meeting of the Tacoma Surgical Club could consider themselves even more fortunate than the African lungfish.

DOCTOR-LAWYER DINNER Tuesday, June 30

Fircrest Golf Club

HAVE YOU PAID YOUR AMPAC DUES?

1964 Surgical Club Meeting Again Draws Big Attendance

With a registered attendance of 256 physicians, plus 100 or more other visitors, the annual meeting of the Tacoma Surgical Club again featured dissections of anatomical specimens in the basement of Jackson Hall on Saturday, May 2. On the preceding afternoon, most of the members were on hand to demonstrate their dissections to para-medical personnel — nurses, student nurses, therapists, etc. — in a 2-hour session from 3 to 5 p.m.

The climax of the meeting was the banquet address at the Winthrop Hotel by the guest speaker, Dr. Lloyd D. Mac-Lean, Professor of Surgery at McGill University. Dr. MacLean spoke on "The Hemodynamics and Treatment of Shock in Man." He criticized the timehonored acceptance of the level of the blood pressure as the major criterion of whether or not a patient was in shock. Shock is more related to the blood flow to vital organs, and this is not always reflected accurately in the blood pressure in the peripheral vessels. Besides the routine blood pressure readings, his group also records the central venous pressure, the cardiac output, the peripheral vascular resistance to the urine output, as indicators of shock level and of the response to treatment. He anticipates greater use of lac-

tic acid levels in the future.

At the close of the meeting, outgoing President Robert Osborne handed the gavel to the new President Richard Diefendorf who is already laying plans for next year's annual meeting and announced that J. Engelburt Dunphy will be the guest speaker at the 1965 session.

PATRONIZE YOUR ADVERTISERS

Report of AAP & S Essay Committee

A meeting was held at the home of Katharine Humiston the evening of May 14, 1964 of members of the Medical Society appointed by Dr. Frank Rigos and members of the Woman's Auxiliary to the PCMS appointed by Mrs. Ellen Pinto. Attending were Drs. Frank Rigos, Fred Schwind, Douglas Buttorff and Mesdames Ellen Pinto, Jeanne Judd, Ruth Sames (representing Ruth Zimmerman), Phyllis Erickson and Katharine Humiston. The purpose of the meeting was to implement the motion passed at the May board meeting of the Auxiliary that a joint committee of the two groups meet to discuss in general the continued sponsorship of the AAPS Essay Contest and specifically the correct method of doing so.

Dr. Rigos emphasized the point that the Society's request that the Auxiliary continue to sponsor the contest was not a mandate, that the Auxiliary is free to vote down the idea, and furthermore, that they should not sponsor it unless they can do so with real enthusiasm.

Everyone agreed that in approaching individual schools the contest should never be pushed if found to be the slightest unwelcome. Our idea is to sponsor it only in those schools where the principals are fully in accord. It should also be made clear that we wish to use the schools only as a means of

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Ground Floor, Medical Arts Bldg. Medical Center Western Clinic Bldg. conveying information about the contest to the students and that we are not asking the time or cooperation of the teachers in promoting it.

If the contest is sponsored, it was decided that material should be distributed in kit form to the individual schools interested instead of informing the schools of the availability of material in the Society library; the reason being that experience has shown that a high percentage of schools participating are in the county rather than in the city.

It was the wish of the Auxiliary members that the kit materials be screened by a committee of doctors. It was agreed that all kits should be identical, that nothing be added to or subtracted from the kits, although we could announce the availability of additional material in the Society Library, and that everyone who distributes material to the schools should have read it in advance.

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AAGP Regional Meeting in Tacoma

The Pierce County Chapter of the American Academy of General Practice hosted the Northwest Regional meeting of the AAGP May 14, 15 and 16 at the Winthrop Hotel.

Three hundred and five physicians registered to hear speakers who came from all sections of the country to present the scientific program. Papers in dermatology, endocrinology, neurology, obstetrics, surgery and gastrointestinal disease were well attended by the registrants. Participating as speakers were our own Orvis Harrelson who spoke on school health, and Charles Larson who spoke on boxing at the Friday luncheon and alcohol at the afternoon session.

The president-elect of the AAGP, Amos H. Johnson of Garland, North Carolina, was the speaker at the banquet Friday evening, May 15 where he discussed "General Practice — Past, Present and Future."

In the annual session of the House Delegates of the Washington Academy of General Practice, Elmer W. Wahlberg of Tacoma was chosen president-elect of the State organization. Paul Bondo was re-elected vice-speaker and John May and James Hazelrigg attended as delegates.

The program for the wives of physicians attending the meeting included a tour of the SAGE facilities at Mc-Chord Air Force Base and luncheon at the Officers' Club.

The arrangements for this highly successful, well-organized and well-attended meeting were accomplished by the General Chairman, Robert C. Johnson. His hard-working committee included: Program, Paul Bondo and Herman Judd; Exhibits, Kenneth D. Graham and G. W. Bischoff; Registration and Housing, Chris Reynolds and Fred Schwind;

Banquet and Luncheons, Robert Ferguson; Publicity, James Blankenship and John May; Women's Activities, Robert Crabill and John Liewer; Business Session, Elmer Wahlberg. John Comfort is president of the Pierce County Chapter.

Dr. McGill Named To Board of IMA

Dr. Charles M. McGill, Tacoma, recently was named to the Board of Directors of the Industrial Medical Association. He is one of five physicians elected to a three-year term on the Board. The announcement of his election was made at the Association's annual business meeting held in Pittsburgh, in connection with the organization's 49th annual business meeting. Nearly 2,000 industrial physicians, nurses and other health specialists were Pittsburgh attending the 4-day American Industrial Health Conference which is comprised of the annual meetings of the Industrial Medical Association and the American Association of Industrial Nurses.

Dr. McGill is Medical Director, Weyerhaeuser Company and also Assistant Clinical Professor of Preventive Medicine, University of Washington Medical School. He received his M.D. degree from Vanderbilt University in 1935 and the Master of Public Health Degree from Harvard School of Public Health in 1945.

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(Vitamin B ₆)	5 mg.
Nicotinamide	100 mg.
Pantothenic Acid	20 mg.
(as Calcium Pantothenate,	_
Racemic)	
Vitamin B ₁₂ (Activity Equivalent)*	4 mcg.
Ascorbic Acid (Vitamin C)	300 mg.
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Most viruses remain untouched by today's antibiotic agents. Once a virus infection has become entrenched, treatment can only be supportive or palliative, and recovery is often slow. To date, the most fruitful means of attacking viruses is by prevention through immunization. Immunizing agents are now available to thwart many of the killers of yesterday. Intensive research in immunology moves toward the conquest of many other viruses—those that kill as well as those that slow us down.

Pfizer's work in the field of immunology is modern and expanding. For all practical purposes, it was launched in 1958 with the licensing by the National Institutes of Health of a monovalent Asian influenza vaccine. Later in the year, influenza polyvalent vaccine, types A and B, containing four virus

strains was licensed and marketed. Two new strains were added in 1963, on the recommendation of the U.S.P.H.S.

In 1959, Pfizer introduced an improved high-potency Salk polio vaccine and rapidly became one of the largest suppliers of this material.

Company virologists, meanwhile, had been working with Dr. Sabin on oral polio vaccine. By the end of 1961, Types I and II had been licensed and they were followed by Type III early in 1962

Research on a measles vaccine had also been in progress, based on the achievement of John Enders and his associates in isolating the virus and in developing the original tissue culture methods needed to grow the virus in quantity. Four years of intensive research bore fruit in March 1963, with the licensing of a killed-virus mea-

sles vaccine. Behind it were two years of clinical testing on more than 17,000 children in nearly 100 cities.

Under Government contract, research is now being pressed toward the development of vaccines for a number of respiratory infections, including the common cold. There are additional projects on infectious hepatitis and the development of viral antigens and antisera for reference standards. These and other programs are part of overall Pfizer research dedicated to the quest of new and effective means of preventing disease.

The story of recent developments in the field of immunology is well told and illustrated in a 20-page color brochure entitled "Smallest Assassin." For your copy, write: Pfizer Laboratories, P.O. Box 1773, Grand Central Station, New York, New York 10017.

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POLIOVIRUS VACCINE live, oral, monovalent strains Types I, II, III (Sabin)

POLIOMYELITIS VACCINE Types 1, 2, 3 (Salk)



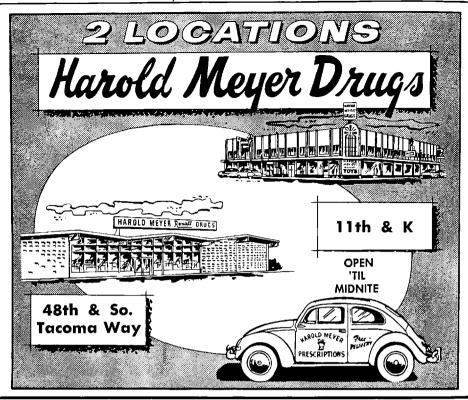




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HOSPITALS

St. Joseph's

Dr. Annest and Dr. Greissinger are again proud fathers—Dr. Annest of a baby boy and Dr. Greissinger, our former intern, of a baby girl.

A tea for the hospital employees was given May 21, 1964 honoring five of our retiring nurses. The guests of honor were Miss Davison, Mrs. Magnusson, Mrs. Nicholson, Mrs. Payne, and Mrs. Sylvester.

Sister Mary Emmanuel and Sister Francis Edwardine, who are celebrating their Silver Jubilee this year will leave on June 10 to return to their Motherhouse in Pennsylvania for the occasion. They plan, also a trip to New York where they will attend the Catholic Hospital Convention and the World's Fair.

On May 25, Doctor Sankar finished his internship and left for Connecticut to serve a residency at Lawrence Memorial Hospital. He plans to go into ophthalmology. We all wish him the best of luck.

The annual Doctors Picnic will be held at Lake Geneva, Wednesday, July 15 beginning at noon. All are invited.

The regular quarterly meeting of the Medical Staff of St. Joseph will be held Monday, June 15 at 7:30 p.m.

Along with the usual annual ailments of spring colds accompanied by spring fever, the X-ray department at St. Joseph Hospital is experiencing another age old ailment, graduatitis. Three senior X-ray students who are victims of this "ailment" received their diplomas May 31. The graduates are Linda Curington, Tacoma; Myrna McDonough, Steptoe; and Linda Skirving, Puyallup. The girls will continue to work at St. Joseph's until June 17.

Combined graduation exercises for Radiologic Technologists and the Medical Record Technician students were held Sunday, May 31, at St. Joseph Hospital. Mass was offered at 8:00 a.m. in the chapel followed by a brunch in the cafeteria. Doctor Walter Sobba, President of the Medical Staff, gave the diplomas to the students and Doctor William Rohner officiated as the Master of Ceremonies. Graduating Medical Record Technicians were: Dana Larfald, Pendleton, Oregon; Sharon Matlock, Colville, Washington; Kay Ramos, San Francisco, California; Marge Turley, Fife, Washington; and Kay Williamson, Gig Harbor, Washington.

June the first will see Mrs. Riedinger, Pediatric supervisor and instructor, on her way to California and accompanied by her husband and mother. They plan to visit her brother and sister and families in Pacific Palisades. Work never done, she will meet with representatives from Baxter, Inc., in Glendale for a plant tour and luncheon, arranged by our amiable Jerry Cawdrey, Territory manager from Tacoma, Miss Hyland will man the forces at the Riedinger residence in their absence.

The staff extends their sincere sympathy to Doctor Raymond Ellis on the passing of his mother.

In Service Programs for the year were ended with presentation of Neurological Disorders and Nursing Care. May we commend Mrs. Ruth Rumpf, our chairman, and the participating staff for their interesting presentations of programs throughout the year.

Best wishes for a pleasant summer.

Mary Bridge Opens New Ward

Mary Bridge Children's Hospital has opened its third floor and added fifty beds. The teen-age ward is a new service being offered. Patients will be admitted to age 18 years. Private rooms will be available upon request of the physician and/or parent.

(Continued on Page 21)

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(Continued from Page 19)

Tacoma General

On April 29, Tacoma General Hospital held the dedication of the new facilities and it was also its 82nd Birthday. The program started at 10:45 a.m., in the front of the hospital. Officers of the hospital spoke; the Reverend Irwin McKinney from Olympia blessed the new facilities; and music was supplied by the 724th United States Air Force Band.

Four hundred people had luncheon at the Top of the Ocean at noon. At the luncheon, Mr. Nathan Stark, Director of Manufacturing and Member of the Board of Directors, Hallmark Cards; President, The Kansas City General Hospital and Medical Corporation, who came from Kansas City, Missouri, for the occasion, spoke on "The Role of the Community Hospital." He pointed out many interesting facts about hospitals, the following is an excerpt from his long speech: "Hospital care is not a production line. It is not mechanized ... nor can its personnel be laid off this week and told to come back later. This is why hospital occupancy becomes such a key factor in costs.

"If hospitals overbuild, and compete with one another for patients, a belowoptimal occupancy or use is the inevitable result. The overhead or fixed costs continue, but the revenue drops. The hospital is forced to make sizeable increases in charges to patients in order to bring in the necessary operating revenue. The cost of the empty bed is a very real and tangible cost which the sick of the community must pay in increased charges for care when they are hospitalized. So it should be remembered that an optimum use of hospital beds brings in a maximum income — and thereby holds back the acceleration of

(Continued on Page 23)

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(Continued from Page 21)

costs. This is a basic fact to remember in the economics of hospital care."

Open House was held from this day until May 3, during which time approximately 2,500 people registered and visited the hospital. One special feature was the "I Was Born at TGH." Over 480 people registered in this special guest book, and were given a blue and white button which read "I Was Born at TGH."

Two areas remain to be occupied before the building program which began in November, 1960, will be completed. Surgery will be in operation by the first of June and X-ray will be fully installed in its new quarters by the first of July.

Mrs Sara Copeland, Surgical Head Nurse for twenty years, resigned from her position to care for her husband who is ill. "Copie" as she is affectionately known to her fellow employees and hundreds of patients she has nursed, graduated from Tacoma General Hospital School of Nursing, in 1917. As a student she helped in the move from the Fannie C. Paddock Memorial to the Tacoma General. After a varied career in nursing, including World War I service, she returned to Tacoma General in 1924. We all regret the circumstances which make it necessary for her to leave at this time.

Lakewood General

In recognition of National Hospital Week with an emphasis on Hospital careers, Lakewood General Hospital held an Open House and Tea, Wednesday, May 13 from 7 to 8:30 p.m.

Honored guests included one hundred Candy Stripers and their mothers who were invited to view the "Presentation of Awards" to the girls participating in the Candy Striper program.

From January, 1963 to May 1, 1964, these girls gave 5,454 hours of volunteer

service to Lakewood General Hospital. Twenty-eight Candy Stripers received certificates for over fifty hours of service, and five girls received an award of a pair of bandage scissors for giving over a hundred hours of volunteer time to the hospital.

The Lakewood Hospital Auxiliary with Mrs. Kenneth Ritter, President, sponsored the Open House. Mrs. Gerald Raymond assisted with the arrangements for the beautifully set tea table.

An interesting display in the hospital lobby depicting the various careers associated with the hospital was under the direction of Mrs. Gerry Sawyer. Dolls dressed as a hospital administrator, a nurse and a tiny patient in bed, added color and a touch of reality to the exhibit.

One pamphlet on the display table stated that there are over 200 different occupations in the health field today and posters beckoned enticingly, "Do You Want to be a Dietician?", "Choose a Career, be a Medical Records Librarian," and many others directly associated with the hospital.

Little Black Sambo's pancake eating record was seriously challenged by those attending the Pancake Supper on May 22 at Spanaway Park. Served up by Lakewood General's Personnel Department were ham, eggs and all the pancakes one could eat for only fifty cents!

Proceeds from the supper and also from chances sold on a lovely set of lawn furniture raffled off that evening, will be used for the Hospital's summer picnic.

DOCTOR-LAWYER DINNER

Tuesday, June 30

Fircrest Golf Club

Tranquilizer Neurotoxicity in Children

In the 1940's, a new class of drugs appeared for clinical use. These were the Phenothiazine derivatives which, almost immediately, became popularly known as tranquilizing agents. Many variations on the basic chemistry were made, and as a result, the various drug companies have come out with their own particular tranquilizing agents. These are such agents as Trilafon, Compazine, etc. The PDR lists some 66 of these agents, some of which are Phenothiazine derivatives, some of which are not. Their use has become so widespread that in 1959, the use of drugs by the American public showed antibiotics to rank number 1, vitamins number 2, and tranquilizing agents were number 3 in the listing of the drugs most widely used. With their extensive use, it has become increasingly evident that these drugs are not completely benign in their actions, and, in fact, in the case of children, either idiosyncrasies, on the part of the individual, or overdosage can result in severe and potentially dangerous side reactions.

The side reaction that concerns us most is the central nervous system effect of these drugs that takes the form of stimulation of the extra pyramidal system. Many bizarre forms of seizures resulting from this extra pyramidal stimulation have been seen, but they all, more or less, fall into the same group of symptoms, that, is oculogyric crises, opisthotonic habitus, trismus, laryngospasm, etc., all appearing in a very bizarre form that have often been classified as "cerebellar seizures". Almost invariably, these patients are admitted to the hospital with a diagnosis of encephalitis, meningitis, tetanus, acute Parkinson's, or some such similar diagnosis, indicating an acute reaction of the CNS. The best way to describe the problems involved is to describe two cases, with which we have been closely connected in the past four years. In all, we have had thirteen such cases, all of them very similar in symptomatology and course.

The first patient was a 9 year old girl who was sent here from one of the nearby localities by her attending physician. This girl was the daughter of the physician's office nurse. The day before she was seen, she had typical flu symptoms, with malaise, nausea, low grade fever, etc. She was seen by her attending physician, who gave her onehalf of a tablet of a sample of Compazine that he had in the office. This was given approximately 4:00 o'clock in the afternoon. The next morning the child was seen with her eyes rolled back, in a characteristic opisthotonic posture. She was not unconscious, but was extremely apprehensive, and could not voluntarily control the tremendous muscle spasm she was having. Spinal fluid examination was done, and this was entirely within normal limits, with normal pressures. Protetin was 11 mgm. %, with sugar 71 mgms. %. Her blood pressure was 112/76, with a pulse of 108. Her blood work and urine examination were entirely within normal limits. She was transferred to a Tacoma hospital, where, after much questioning, the information was finally elicited that this patient had, in fact, received a very small dose of a tranquilizing agent the afternoon prior to her being seen. We felt that this established the diagnosis, and the child was sedated with barbiturates. Within 24 hours she was perfectly normal, has remained so ever since, and has had no untoward effects from this.

The second case is one that was seen approximately three weeks ago. This was a 12 year old girl, who had had a low grade flu infection two days prior to being seen, and was treated with antibiotics and given a Compazine sup-

(Continued on Page 26)

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(Continued from Page 24)

pository. Twenty-four hours before being seen, she started to have rather typical tonic seizures, with her back arching so that she was on the back of her head and her heels. Her eyes were turned to the side and staring. She went into these repeated seizurs until they became almost constant. On examination, the child yas very frightened. She was both in and out of contact with the examiner. At times she made perfect sense, at other times she became quite confused, and during one of these seizures, it was felt that she was, in fact, completely out of contact, although she could answer questions very slowly. Any attempts to speak during one of these seizures caused severe trismus. and once or twice there was what we was threatened laryngospasm. Again, the blood work, urine work, etc., was well within normal limits. Diagnosis was etablished, because of the character of the seizures. Barbiturates were administered. The seizures ceased completely, and the patient has had no other problem.

This particular patient is of interest because the day following her attacks, electroencephalogram was done, and this is an abornmal electroencephalogram, with a lot of slow wave activity throughout, and it was felt that it would be consistent with a diagnosis of convulsive disorder. These two cases serve to illustrate the rather typical history, symptomatology, and usual course of these individuals.

The diagnosis is best established by the rather characteristic symptomatology, and the knowledge that some form of Phenothiazine medication has been taken. It is often quite difficult to elicit this information, because these seizures may ensue 24 to 48 hours after the medication has been administered, and often the medication is such a small dosage that it is completely disregarded by all concerned.

The first one of these abnormal reactions to tranquilizers that we saw was in 1954. From 1958 on, there have been reports in the literature of series of similar episodes. In 1958 a simple test for the urinary metabolites of the Phenothiazines was described. To 3 milliliters of urine, one milliliter of 10% Ferric chloride, and 1% hydrochloric acid is added. A purple-black color appears at once when a metabolite of a Phenothiazine drug is present in the urine. Both salicylates and ketone bodies will give a similar reaction. The history will usually help eliminate salicylate poisoning, and boiling will remove all ketone bodies. Usually, the diagnosis is established on a clinical basis. However, if there is any doubt, the addition of 10% Ferric chloride and acidified urine, will give the characteristic purple-black color.

When the diagnosis has been established, treatment usually consists of sedation with barbiturates. One report suggests that a very dramatic response can be achieved with intravenous use of caffeine and sodium benzoate. We have had no experience with this therapy. It has also been reported that certain of the anti-histaminic drugs, such as Promethazine and Chlorphenamine, which are effective central ganglioplegic agents, or anti-Parkinsonism drugs, will give dramatic relief in the treatment of these untoward reactions to Phenothiazine derivatives. however, a simple sedation, with a blocking agent such as sodium amytal is sufficient. There have been two cases reported in the literature of threatened

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laryngospasm, and gross respiratory insult as a result of reaction to these drugs. Fortunately, these cases both responded to prompt diagnosis and treatment.

Symptoms from these drugs are most likely to occur in dehydrated patients, or ones that are quite ill. Unfortunately, "tranquilizers" are often used for their anti-emetic properties, and because of this, they are given to patients who are already rather severely dehydrated. These side reactions, although much more common in children than in adults, are not limited to the childrhood age group, and many very serious toxic reactions to the Phenothiazine derivatives have been seen in adult patients.

L. STANLEY DURKIN, M.D.

AMPAC Regional Workshop

On April 25 and 26, 1964, an AMPAC Regional Workshop was held in Denver. Such a workshop is necessary only since politics has entered so deeply into the field of medicine that organized medicine is forced to enter the political field. As recently elected 6th Congressional District director, I attended this important meeting at my own expense to become more capable of serving medicine and you in this capacity. The Workencompassed eleven western states with approximately ten persons representing each state.

Four major priorities for AMPAC's 1964 program were discussed: 1. Increased Membership; 2. Utilization of AMPAC Political Education Programs; 3. AMPAC Organizational Improvement; and 4. Development of Candidate Support Activities.

Much time was devoted to the importance of candidate selection, based on philosophy of the candidate, his resources and the local problems affecting his candidacy. AMPAC is BIPARTI-

SAN and as such is interested in any candidate who will strive for good government in all its fields when elected. (Because of its funding, AMPAC is primarily interested in supporting Congressional candidates. It is left to the state organizations to promote local interest in the city, county and state government, again with the main emphasis on the state legislative body.)

Some talks dealt with legal matters affecting AMPAC. Another, given by the campaign manager for a Midwest Congressman, made the point that any local groups should work through the established campaign manager to be most effective. Discussion periods found us separated into smaller groups to allow the full gamut of questions among ourselves and two moderators.

The meeting was summed up by this point: You could have your medical practice wiped out by just one malpractice suit. You insure yourself against possibility without a second thought. Now political malpractice is far more dangerous, since not just one individual, but the world's finest system of medical care could be wrecked by it. You can help to insure yourself against this, too, through joining AM PAC, paying its annual dues, and, most important, giving additional "hard dollars" to support good candidates.

Give serious thought to being an opinion maker. If you believe in something, give your opinions and influence people in the field of politics. If you don't, and we lose in preserving the free practice of medicine, you will long remember who contributed to that loss.

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PHYSICIANS' AND HOSPITAL SUPPLIES

Madigan Hosts Local Societies

The doctors of Madigan General Hospital were hosts to the members of the Pierce County and Thurston-Mason County Medical Societies Tuesday evening, May 12 at the Fort Lewis Officers' Club. After a congenial social hour (PX prices!), the army cooks destroyed all past memories of G.I. food with a sumptuous filet mignon dinner.

Brigadier General Byron L. Steger, M.C., graciously welcomed the guests. Shunning the public address system, his skillful mastering of ceremonies brought forth a crisp, interesting program.

The Chor-Men, a men's chorus of Madigan personnel directed by Major Billingsley, presented a group of excellent numbers.

As on previous occasions, the professional papers were interesting, concise and informative. Captain Ferdinand J. Montegut discussed the use of an indwelling polyethylene catheter in the abdominal cavity in observing cases of abdominal trauma. In an experimental study in animals of tetanus prophylaxsis with various vodalities, Major James A. Bass showed the effectiveness of oxytetracycline given to the unprotected animal. When given within eight hours of exposure it alone was quite effective.

Major Michio Kaku discussed the scalene node biopsy pointing out that the procedure gave a poor yield in benign chest lesions except sarcoid. Malignant chest lesions in his serious presented a higher yield when 1) the nodes were palpable, 2) the lesion was clinically inoperable, and 3, borderline cases. Coin lesions did not produce a high percentage of positives.

Major Billingsley did an encore with the presentation of an interesting chest lesion. Surgical removal of the large lesion proved that coccidiomycosis can occur in Washington State even with negative skin test.

Madigan's ambassador to Alaska, Lt. Colonel Winston C. Jeesseman, M.C., who led the medical team to the 49th State after the earthquake reported the group's experiences there.

As on previous occasions, the Madigan officers provided a rewarding evening. We look forward to returning there as well as welcoming them to our meetings.

JAMES E. HAZELRIGG, M.D.

County Societies . . .

IN THE NEWS

Monroe County Medical Society, New York is uniting with the County Health Department in a campaign to get more people re-vaccinated against smallpox. As part of a state-wide effort to increase general immunity levels, the drive will concentrate on a priority list of "most liable" groups. These include physicians, nurses, hospital employees, ambulance teams, undertakers, airport, seaport and transportation workers, laundry, hotel and restaurant employees -groups most likely to contact or care for travelers who might carry smallpox. Health authorities feel that these groups should maintain a high state of immunity by revaccination every three years including assurance that the revaccination took. The general public should be revaccinated every five years. The drive will take the form of a public information campaign. Direct mail, newspaper, radio and television will be used to alert people to the potential danger of lapsed vaccination protection.

Bergen County Medical Society, New Jersey is co-sponsoring, with the County Tuberculosis and Health Association, a Free Public Forum on Diabetes. County Medical Society members are being urged to have all their diabetic patients attend this meeting. Dr. Leo P. Krall of the Joslin Clinic, Boston, will be the main speaker of the evening. Questions from the audience will be answered by a panel of local physicians.

Broome County Medical Society, New York Committee on First Aid and Transportation of the Injured has been selected official advisory group to the Empire State Rescue and First Aid Association. The Committee will assist the Association in coordinating training programs and providing educational material for the monthly State newsletter. The Medical Society Committee is also assisting in arranging a program for the Empire State Association's Annual Emergency Care Workshop to be held later this year.

Multnomah County Medical Society, Oregon, and the Oregon Medical Association Women's Auxiliary recently collected a ton of unused drug samples from local physicians for shipment overseas. The drug samples were transported to the University of Oregon Medical School where they were sorted and packaged for shipping. Arrangements were then made to ship them abroad to needy countries and foreign missionary hospitals.

Memphis and Shelby County Medical Society, Tennessee, is one of the few county medical societies which is governed by its own House of Delegates . . . the arrangement has proven highly effective at the local level. It is organized along the same lines as the AMA House of Delegates, and as the official governing body, is empowered to conduct the business of the society with the help of the executive committee. In contrast to the AMA setup, however, all standing committees report to the House and are committees of the House. Dr. Alvin J. Ingram, former society president, recommends the House of Delegates arrangement, particularly to county societies who are having attendance problems.

What Is A Boy?

HE is a person who is going to carry on what you have started.

HE is going to sit where you are sitting, and when you are gone, attend to all those thinks you think are so important.

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EVEN if you make leagues and treaties, he will have to manage them.

HE will assume control of your cities, states, and nation.

HE is going to move in, and take over in your prisons, churches, schools, universities and corporations.

ALL your work is going to be judged and praised, or condemned, by him.

YOUR reputation and your future are in his hands.

ALL your work is for him and the fate of the nations and of humanity is in his hands.

SO, it might be well to pay him some attention.

-The Telegraphers Journal

Essex County Medical Society, New Jersey, is co-sponsoring a seminar on chest diseases to be held in the middle of March. The program will carry six hours of AAGP credit. David J. Sencer, Assistant Chief, Communicable Disease Center, United State Public Health Service, speaks on "Tuberculosis in 1963: An Overview." There will also be a discussion on "Skin Testing as a Diagnostic Tool in Tuberculosis Control." A registration fee of \$5 will be charged for the day-long conference.

Lake County Medical Society, Indiana physicians led all divisions in the recent Gary, Indiana United Fund Campaign. Not only did the doctors top their quota but almost doubled the highest amount they had ever contributed. In addition to the doctors' tremendous showing, the Lake County Medical Society's Executive Secretary, John

Twyman, served as general campaign chairman for the 1963 campaign. "I am convinced we got more good public relations from this activity than anything we have done in a long time," Mr. Twyman commented. "There are tremendous PR possibilities in a local medical society executive or an M.D. heading a United Fund Campaign, and societies with the available staff would do well to consider such a project," he said.

St. Louis County Medical Society, Missouri, and the St. Louis City & County Unit of the American Cancer Society are planning to co-sponsor an interest -ing professional symposium on the latest clinical techniques and procedures in the detection of cancer. Dr. Emerson Day, medical director of the Strang Clinic in New York, will be the featured speaker. There will also be four other papers presented during the symposium. Evening workshops will be held along with special displays arranged to support the total program. Graduate credit will be allowed for physicians who attend the entire program.

Tulsa County Medical Society, Oklahoma recently was the recipient of the 1964 Distinguished Achievement Award of the Oklahoma Chapter of the Public Relations Society of America. The honor was in recognition of the Society's outstanding public service in the organizing, planning and execution of its mass immunization for poliomyelitis last year. The program saw over 70 per cent of the population of Tulsa County inoculated with all three types of oral vaccine. No cases of polio have been reported in Tulsa since the project began in January, 1963.

Jackson County Medical Society, Missouri recently sponsored a day-long Sports Injury Conference. This conference was designed for high school athletic directors and coaches. One of the highlights of the program was the presentation "Some Medical Problems in High School Athletics" by Doctor Thom-

as Shaffer, of Columbus, Ohio. Dr. Shaffer is a member of the AMA committee on medical aspects of sports. Both the orthopedic and neurological aspects of athletic injuries were discussed at length. The conference was open without charge to all high school coaches in the area and all practicing physicians.

Sangamon County Illinois physicians are cooperating with the Division of Vocational Rehabilitation and the Physical Medicine Department of St. John's Hospital in their Amputee Clinics. The clinics, held once a month, evaluate amputees for prescription and fitting of a useable prosthesis. Amputees are usually seen three times at the clinic: 1. For evaluation and limb fitting. 2. For a check of the first fitting after the limb is constructed. 3. For final check-out after gait or arm training.

Quote of Note . . . "In one part of ancient Greece, it long was the custom when a man proposed a law in the popular assembly, he did so on a platform with a rope around his neck. If the law passed, they removed the rope. If it failed, they removed the platform. If this system were instituted in our Congress, it would, no doubt, cut down on the number of bills introduced each session."

-Wichita, Kansas, Democrat

San Diego County Medical Society, California has just installed an automatic answering system called Dial-A-Medical-Message. This system, a pilot project, will work as an aid to the busy doctor who wants to keep abreast of events but find it difficult. Now he will be able to dial a number and hear a taped message prepared for his benefit. As planned now, Dial-A-Medical-Message will be taped locally to include a week's information, and is solely for the use of doctors. Information such as time of a staff meeting, the when and where of the Society's meeting and the latest on the King-Anderson Bill will be on the tape.

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STAFF OF DOCTORS HOSPITAL OF TACOMA

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Auditorium of Medical Arts Bldg. STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March June Sont Dos. 6-15 p.m.

Third Monday of March, June, Sept., Dec.—6:15 p.m. STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Monday of each month—8:00 p.m. at 424 South K Street

TACOMA ORTHOPEDIC SOCIETY

First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and August

—8:15 p.m.

STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month

TACOMA ACADEMY OF INTERNAL MEDICINE Fourth Tuesday of each month

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m. at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m. LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December—7:30 p.m. Dinner—6:30 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY



BULLETIN

VOL. XXXV—No. 7

TACOMA, WASH.

JULY - 1964



PIERCE COUNTY MEDICAL SOCIETY

NO MEETING
JUNE - JULY - AUGUST

Pierce County Medical Society

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HAVE YOU SENT IN YOUR **UGN CONTRIBUTION?**



July Birthdays

- Philip Backup
- Sidney Kase James D. Lambing
- 10 Claris Allison Homer Clay John Kanda
- 11 Harry W. Camp Wallace P. Hoyt
- 12 Robert Florence Robert Johnson
- 13 Michael Irvin Frank Maddison
- 17 Walter Arthur Henry Maki
- 21 George Kittredge
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Editorially Speaking



Parliamentary procedure isn't gobbledeegook.

It may seem so at times, but, properly applied, its whole purpose is to permit an organization to efficiently make official decisions while at the same time preserving two important democratic principles: (1) Majority rule must prevail. (2) The rights of the minority must be preserved.

During the recent political convention in our city, principle number two was placed in some jeopardy.

Though lauded by the press and his political colleagues, the amateur but well-intentioned chairman (amateur by his own repeated admission during the sessions) committed a parliamentary boo-boo when he accepted the motion that sent everybody back to their farms, offices and kitchens several hours earlier than anticipated.

The motion in question was to suspend the rules and adopt the entire platform as already printed. Actually, this technically represented two motions, each in a different parliamentary category. The chairman should have recognized this and asked for a rewording into two separate motions. Motion number one could more properly have been: "I move we suspend the rules in order to permit a vote on the entire platform as printed." Such a motion would have been necessary since it meant a change in the previously announced agenda, which had indicated a piecemeal consideration of the platform. This motion would have been non-debatable and would have required two-thirds vote to pass. Next should have come motion number two: "I move we adopt the entire platform as printed." This motion would be very much a debatable motion, thus allowing some expression by the minority. The chairman had read up well on his motion-classifications, and when a delegate rose to a pointof-order and reminded him that a motion to suspend the rules was undebatable, he ruled accordingly, not recognizing that in so doing he was wrongfully putting the nondebatable label also on what should have been an entirely separate motion—the part of the motion relative to acceptance of the platform. (At least he appeared not to recognize it.)

A simple example of the above error would be a doctor getting up at a medical society meeting and saying, "I move we approve fluoridation of the public water supply and that we adjourn." Even though a motion to adjourn is nondebatable, it's obvious that a chairman would be unfair to try to call the rest of the motion nondebatable too. He should ask for two separate motions.

Even if the convention chairman had ruled properly, debate could have been subsequently stifled in proper fashion by a motion to close the debate, another nondebatable motion requiring two-thirds affirmative vote. This would have taken a few minutes longer, but would have been much more satisfying to amateur, stuffed-shirt parliamentarians . . . like me.

President's Page



A new committee under consideration by the trustees of your Society has to do with Health Facilities, Planning and Development. This committee would join with a committee composed of members from the hospital council and, perhaps later, with interested lay people and, finally, representatives from the Public Health Department. The objectives of the committee would be to provide adequate hospital facilities in this area, cover needs when they exist, prevent unnecessary, expensive

reduplication of equipment and space, survey the area for technical information along these lines and, finally, plan for a supply of trained individuals sufficient to handle our needs. All of this would be done on a voluntary basis without establishing a costly bureaucracy. This sounds fine, so far, but let's explore it a bit more.

Such a council was established in Seattle one year ago. This council now has a full-time paid employee and operates on a federal grant. It now believes that the entire Puget Sound basin must be considered in the planning for health facilities and would like to explore with Tacoma this possibility of setting up a regional planning commission.

In other parts of the country this idea has progressed further and the pattern is clear. It goes as follows: local voluntary committees, regional committees with some government funds, then state commissions operated by state funds and the next future step is federal government control of hospital and doctor.

How does this work? Let us progress to the regional committee with some government money determining that Tacoma General Hospital should not build a new wing since it is not needed. Tacoma General Hospital decides to go ahead, but all of a sudden no Hill-Burton funds are available. On the state level it is easy to see how the planners could control by withholding money, accreditation or certification.

This committee also has the responsibility for the supply of trained individuals sufficient to handle the local health needs. A doctor certainly qualifies as a trained individual along these lines. Supposing it is decided that Tacoma has too many surgeons and that Moses Lake needs some. Could a state planning board force a new man to go to Moses Lake? Who

knows? Undoubtedly, the Mayo Clinic would have found it impossible to grow if such a planning commission were in operation because what excuse can there be for almost a thousand doctors in a town of 50,000.

At any rate, the planning committee idea is being pushed by the Hospital Association, the AFL-CIO, and the Public Health Services. The goals, as determined by some, are, first, lay control, then state control and, finally, federal control of all hospitals, their functions and their staffs. This includes us. To date, the American Academy of General Practice, the American Association of Physicians and Surgeons and several state medical associations have adopted positions opposing compulsory area-wide planning for hospitals.

The society has made no commitments. We are interested in the idea if it can be kept on a voluntary basis and we are cooperating in setting up a committee to investigate this in greater detail.

-Frank J. Rigos, M.D.



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Doctor Malpractice Award Increase Average of 37%

A trend toward higher awards in doctors' malpractice cases is revealed in the latest research report from the staff of Jury Verdict Research, Inc. The current average of plaintiff awards is 37% higher than 1961.

In malpractice verdicts analyzed, the doctor was held liable for damage allegedly resulting from incorrect diagnosis, wrong treatment, or surgery. Cases involved general practitioners, surgeons and medical specialists including radiologists. Surgical malpractice accounted for 60% of the cases studied. In 30% of the surgical cases, the lawsuit arose as a result of sponges or other operating equipment left in the body after operation. Bladder damage and alleged malpractice in regard to surgery on female organs accounted for a significant number of cases. Juries consistently awarded higher amounts for damages in these categories.

The report not only gives verdict ranges and probability ranges, but also lists representative cases in detail.

Incorrect diagnosis cases are studied in detail in 10 examples. Nine cases of wrong treatment are examined. Surgical malpractice, the largest category, is dealt with most thoroughly with 27 detailed examples of representative cases. Awards ranged from \$2,700 to \$400,000.

"Doctor's Malpractice" is the latest report in the series of special verdict research reports in a continuing study of personal injury litigation. Further information is available from Jury Verdict Research, Inc., 2056 East Fourth St., Cleveland, Ohio 44115.

Letter of Inquiry

The Medical Society recently received the following letter.

Gentlemen:

I am writing to you as the Medical Director for Transeastern Associates, Inc. of New York. This shipping company will have a ship stop at Tacoma, Washington, about three times during the year. Can you recommend a physician who will be willing to do physical examinations on the crew each time the ship reaches Tacoma. This is a routine physical exam, including urine analysis. The crew numbers forty or fifty seamen. The physician will be paid \$5.00 for each physical. A form to be used will be mailed to the doctor doing the exam.

If any physicians are interested, I shall be happy to hear from them. Please have the doctor send me a resume of his educational background, etc. Thank you for any help you can give me in this matter.

Sincerely yours,

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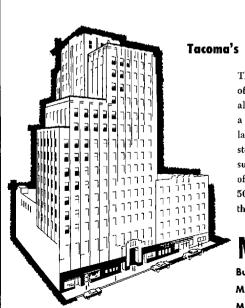
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Dr. Freeman Lauds Bureau Personnel; Osborne New Prexy

The Pierce County Medical Bureau "has been most fortunate as to size, the high caliber of its management, and the diligent application of sound principles by the physicians who have participated as trustees." So reported Dr. Robert Freeman, retiring president of the Bureau's Board of Trustees in his report to the membership at the annual meeting of members held at the Top of the Ocean on June 4. Over 140 physicianmembers attended the meeting. Dr. Freeman cited the low administrative cost of 4.4 per cent of the total expenditures as an example of the quality of work of the administrative staff. He also praised the work of the Trustees in preparing the new fee schedule which could conceivably be in print by September first. A provisional fee schedule has already been in effect since last October first. Dr. Freeman indicated that the present number of subscribers, holding constant at 25 to 30 per cent of the Pierce County population, represented an ideal level for a proper competitive relationship with private indemnity plans and closed panels. A monopoly of coverage would be undesireable.

Dr. Freeman announced that the Bureau had been accepted for mem-

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bership in the National Association of Blue Shield Plans, thus making it eligible to service National Blue Shield Contracts in this area. He also reported that the "over-65" and Retired Open Direct groups accounted for 3100 subscribers during the past year.

The meeting marked the end of Dr. Freeman's tenure. New president of the Board will be Dr. Robert Osborne, elected at a brief meeting of the Board following the annual meeting of the membership. Dr. Warren Smith was elected vice-president and Dr. Robert Ferguson was named secretary-treasurer for the ensuing year.

Bureau Optimistic; Looks Forward to "Perpetual Existence"

A long-overdue measure was enacted by the Pierce County Medical Bureau membership at its annual meeting on June 4 when the group unanimously passed a motion to delete the word "Industrial" from the title of the organization. The word had been dropped years ago in common usage, so that in recent years, newer members thought it was some sort of mis-print if they saw the initials PCIMB, not realizing that the official name was "Pierce County Industrial Medical Bureau." From now on, "PCMB" is the official abbreviation.

The group also passed two other house-keeping measures. One measure changed the state corporation charter from 50-year life to "perpetual existence." The other provided for a Board of 12 trustees, rather than only 11, since a change in the by-laws had previously designated the immediate past president to continue each year as a trustee.

OBSCURE FACTS ABOUT MEDICINE

No. 4

Reggie De Graaf was in the habit Of dissecting every passing rabbit. We mock him for his sissy curls, But he finally proved that girls are girls.



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Letter to the Editor

June 9, 1964

Editor of the Bulletin Pierce County Medical Society Tacoma, Washington

Dear Sir:

I have been asked for a short report on my work in Ecuador with Project HOPE. At some time I hope that I may talk to the society and show pictures which I took while in Ecuador. It would take too long to go into detail in the Bulletin. Suffice it to say that I enjoyed my tour of duty as volunteer rotator in general surgery very much.

The fundamental purpose of this project is to teach and I am sure that the example that this fully equipped hospital ship provides in modern equipment and management of an up to date hospital is very much worthwhile. Many doctors and nurses came in contact with our work. Histories were written by Ecuadorian residents and the nursing care was given by Ecuadorian volunteers under the supervision of our own American nurses. Six or eight young physicians worked with me almost daily on the ship. They assisted me in the operating room and I often allowed them to do the surgery. We had many surgical conferences and discussions of various problems. These men were smart and capable and they really appreciated the teaching which we tried to do. Before we left, they were so fond of us that it was really difficult to say goodbye. We had classes of medical students who came aboard for teaching rounds and some of us also carried on with such rounds at the teaching hospital in the city of Guayaguil.

My most interesting experience was a clinical trip made with two other doctors and two nurses up into the mountainous interior where we experienced cold mountain weather as contrasted to the hot, torrid climate in Guayaquil. We arranged clinics in the hospital at Tulcan and Otovalo. In both cities the local profession turned out full force to work with us. Some of the facilities were primitive but actually we were able to do very good surgery. I saw my first large amoebic abscess of the liver. I removed a tumor of the spleen which proved to be a large calcified tuberculoma. Large goiters were common. Many patients had gallstones. Hernias, especially large post-operative incisional hernias, were common problems. One patient with gall stones who showed some jaundice proved to have two large worms (Ascaris) in the common bile duct. I was fortunate in finding one patient who had cancer of the stomach that seemed to be quite resectable. Congenital anomolies were quite prevalent. I assisted with the removal of an extra toe in a child. There was a supernumerary, a fourth metatarsal and toe. I attained a very satisfactory result in a case of congenital megacolon. Another case, megacolon in an adult, was the result of Chaga's disease where the neurotoxin of a trypanosome destroys the myentric plexus ganglion cells of the bowel. This patient also had megaesophagus from the same cause.

Malaria has been pretty well eliminated from the cities by the control program, but is still prevalent in certain districts. Tuberculosis, of course, is

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very common and every patient who came aboard the ship had to first have an X-ray examination of the chest in order to rule out active tuberculosis. We could not keep them if they showed such a lesion. Orthopedic problems as a result of crippling polio were probably the most numerous problems and Dumont Staatz who preceded me, will know more about these.

I feel that my efforts were worth-while because I was able to transmit some of the modern knowledge of surgical management. I believe that there will be certain lasting effect because I worked mostly with the younger surgeons. The old fossils, of course, can not be changed. It was a privilege to serve Project HOPE and I hope that more members of our local society will be stimulated to take a little time out to volunteer for this self-rewarding privilege.

Yours sincerely, S. F. Herrmann, M.D.

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AHA Scientific Sessions October 23-25

Registration forms for the American Heart Association's Annual Scientific Sessions October 23 to 25 in Atlantic City have been sent to all professional members of the Heart Association in their July issue of "Modern Concepts of Cardiovascular Disease." Non-members may request registration forms at the Pierce County Heart Office.

Highlights of the three day program are:

Friday, October 23: "Prospects for Heart and Other Organ Transplants in Man"; "Use of Isotopes in Diagnosing Heart Disease"; Symposium on physiological basis of cardiovascular symptoms, simultaneous sessions on arteriosclerosis, congenital heart disease, hypertension, genetic factors in arteriosclerosis and congenital heart disease.

Saturday, October 24: Lectures on auscultation of the heart, use of hyperbaric oxygen therapy, anatomy of coronary arteries, symposium on coronary arteriography.

Saturday evening: 20 cardiovascular conferences for small group discussions of timely problems;

All Day Saturday: Conference on stroke of special interest to general practitioners, covering aspects from prevention through long-term convalescent care.

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"Three Days of Cardiology" July 29-31

"Three Days of Cardiology" devoted to problems in congenital heart disease will be presented July 29 to 31 at the University of Colorado Medical Center.

The sessions are sponsored by the Council on Clinical Cardiology of the American Heart Association in cooperation with the University of Colorado Medical Center and Colorado Heart Association. S. Gilbert Blount, M.D., is director.

The visiting faculty includes Henry T. Bahnson, M.D., University of Pittsburgh Medical School; Jessie Edwards, M.D., University of Minnesota Medical School; Robert A. Miller, M.D., Children's Memorial Hospital, Chicago; Alexander Nadas, M.D., Harvard Medical School; Abraham Rudolph, M.D., Albert Einstein College of Medicine, New York; Jorge Espina-Vela, M.D., National Institute of Cardiology, Mexico City. From University of Colorado will be S. Gilbert Blount, M.D., Marvin Daves, M.D., Bruce Paton, M.D., Ray Pryor, M.D., Jens Rosenkrantz, M.D., and John Vogel, M.D.

The major part of the program will relate to case presentations of selected patients demonstrating important features of diagnosis and/or management.

Registration is limited. Inquiries should be directed to Council of Clinical Cardiology, American Heart Association, 44 East 23rd Street, New York 10, N.Y.

Standard Book Reissued

Additional data and changed concepts accumulated during the past ten years are now included in the sixth edition of the book "Diseases of the Heart and Blood Vessels—Nomneclature and Criteria for Diagnosis," prepared by the Criteria Committee of the New York Heart Association.

New Desk Card and Heart Model

A card for physician use listing functional and therapeutic classifications of patients with heart disease is now available by calling the Pierce County Heart Office.

A three-dimensional heart model, cast from the heart of a patient with corpulmonale and slight right ventricular hypertrophy, has been developed at Johns Hopkins Hospital. It is being distributed by the American Heart Association as a teaching aid in medical schools and community hospitals.

Techniques most commonly used to study cardiac anatomy in life depend on a shadow cast by a solid mass contrast material with the heart chambers. The three-dimensional solid model is helpful in interpretation of contrast radiographic studies.

Thirty papers on cardiovascular surgery presented at American Heart's 1963 scientific session are now available in book form at \$3.00 per copy. Orders may be placed with Pierce County Heart Office.

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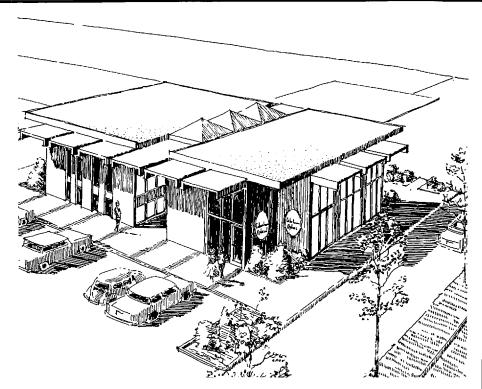
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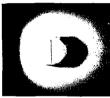
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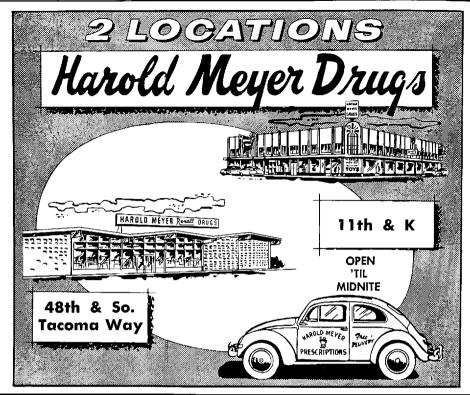
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Report on Actions of House of Delegates AMA Convention

Tobacco and health, human rights, physician-hospital relations, continuing medical education, the cost of medical care, and federal subsidization of prepayment plans and health insurance companies were among the major subjects acted upon by the House of Delegates at the Aemrican Medical Association's 113th annual convention held June 21-25 in San Francisco.

Dr. Donovan F. Ward of Dubuque, Iowa, vice president of the Association, was named President-Elect of the Association. He will become President at the June, 1965, annual convention in New York City, succeeding Dr. Norman A. Welch of Boston, who was installed at the inaugural ceremony in San Francisco.

The AMA 1964 Distinguished Service Award was won by Dr. Irvine H. Page, director of research of the Cleveland Clinic, for his investigation of cardiac, vascular and renal disease.

Final registration figures reached a grand total of 49,437, including 14,229 physicians.

Tobacco and Health

The House approved a strong stand on tobacco and health by calling cigaret smoking "a serious health hazard". This action was taken after the reference committee on Public Health and Occu-

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pational Health considered 10 resolutions and a Board of Trustees report on the subject and heard considerable testimony.

In adopting a four-point reference committee report, the House said "the American Medical Association is on record and does recognize a significant relationship between cigaret smoking and the incidence of lung cancer and certain other diseases."

It urged that programs be developed to disseminate vital health education material on the hazards of smoking to all age groups through all means of communication. The House also recognized the contribution of the Surgeon General's Committee in its comprehensive report. And it emphasized that a joint committee of the AMA and the National Education Association already has adopted a resolution urging elementary and secondary schools to include programs on smoking and health in their health education curricula.

The House further recommended that the AMA Pamphlet, "Smoking: Facts You Should Know," should be modified "in the light of accumulating knowledge."

Finally, the House said that the delegates and the Board of Trustees "should take great pride in the establishment of the research program on tobacco and health that is being carried out by the AMA Education and Research Foundation."

In adopting the report of the AMA-ERF the House called attention to the following statement:

"The Board of Directors of AMA-ERF and the Board of Trustees of the AMA were clearly aware of the possibility of criticism in accepting this grant (10 million dollars from several tobacco companies). But against that possibilitity they weighed the potential benefits to the public who will continue

(Continued on Page 21)

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(Continued from Page 19)

to smoke and concluded that the risk was insignificant by comparison. The only hope of minimizing the hazards of smoking lies in research which points to the course that the AMA as well as others must take."

Human Rights

On the major issue of human rights the House declared itself "unalterably opposed to the denial of membership, privileges and responsibilities in county medical societies and state medical associations to any duly licensed physician because of race, color, religion, ethnic affiliation, or national origin."

This action was taken after the reference committee had heard a detailed discussion and had considered four resolutions on the subject.

In addition, the House called "upon all state medical associations, all component societies, and all individual members of the AMA to exert every effort to end every instance in which such equal rights, privileges and responsibilities are denied."

The House also accepted a report from the Board on the liaison committees of the AMA and the National Medical Association. This report reviewed the history of the committees and noted that "great progress has been made voluntarily. More progress can reasonably be expected in the immediate future, especially if the committees are permitted to continue on a constructive, cooperative basis. This requires effort, but more importantly, good will and the desire to eliminate problems."

Physician-Hospital Relations

Conclusions and recommendations in a significant and extensive report on physician-hospital relations were adopted by the House. Prepared by the Council on Medical Service's Committee on Medical Facilities, the report stresses

(Continued on Page 23)

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FREE PRESCRIPTION DELIVERY

(Continued from Page 21)

"the imperative need for the medical profession to assume responsibility for the quality, continuity, and availability of professional services and for the coordination of these services with the other essential supportive aspects of health care."

The report's recommendations are designed to serve as guidelines for physicians in meeting the problems involved in the changing patterns of care such as: appointment of salaried chiefs of staff; appointment of salaried heads of clinical departments; appointment of salaried directors of medical education; employment of salaried physicians for outpatient and emergency departments; use of salaried physicians to provide care ordinarily provided by interns and residents; and utilization of closed-panel prepayment medical care programs by hospitals.

The report also includes a review of the development of AMA's policy on physician-hospital relations, a study of the relation of policy to actual practice, and an investigation of the factors influencing change — including graduate education, medical finance, expansion of hospital functions and regulation of medical care.

Continuing Medical Education

Authorization was made by the House to establish an AMA-sponsored survey and accreditation program in continuing medical education. In the program attention will be concentrated on institutions and organizations offering courses rather than on individual courses, and appraisal of an institution's or organization's program will be carried out only at its request.

Eventually, approved institutions or organizations will be so designated in the Council's annual lists of "Continuing Education Courses for Physicians,"

and when all institutions which wish to list their courses have had the opportunity to be considered for approval, only courses of approved institutions and organizations will be included in the annual list. Programs will be surveyed by a Review Committee on Continuing Medical Education.

Cost of Medical Care

A four-volume report of the AMA Commission on the Cost of Medical Care was received by the delegates, and the House concurred with the Board of Trustees that the conclusions and recommendations of the Commission will be studied and a report will be made to the House for its consideration at the 1964 Clinical Convention.

The four volumes include a General Report on factors involved in medical care costs, a full report on "Professional Review Mechanisms," another on "Significant Medical Advances," and one on "Changing Patterns of Hospital Care."

In its report the Board said that the Commission "is aware that its efforts will not result in a magic reduction in the price of medical and hospital services. It does believe, however, that its study has produced a considerable amount of new and relevant information which will serve as a basis for better understanding by the public and the medical profession of this complex subject."

Reaffirmed the AMA policy favoring federal grants for "bricks and mortar"
. . . funds for construction and renovation of medical schools, hospitals, related institutions, and mental health centers . . but urged that the "advantages and desirability of multiple source financing be kept clearly in mind." The House also was informed by the Board that it is appointing a commission to conduct a broad study of the

role of federal support of medical research.

Other Actions

The House went on record as opposing federal subsidization of prepayment plans and health insurance companies, and it asked for an AMA study of the development of state programs which utilize prepayment plans or health insurance companies in the implementation of state programs of medical aid to the aging under the Kerr-Mills law.

A proposal to poll all AMA members concerning compulsory Social Security for self-employed physicians was rejected by the House. In addition, the House concurred with the reference committee in opposing polls of the membership on issues of "great or even moderate importance" because the House members express the majority sentiments of their constituent on all questions coming before the Houses.

An expanded program on medical ethics was endorsed by the House. The program will be designed to educate physicians and the public on what medical ethics means to them and how medical ethics affect them. The Judicial Council, working with the Board of Trustees, will determine the means by which this expanded program is to be implemented.

Approval was given to a change in the By-laws to allow the House to set the hour and day of election of AMA officers at the Annual Convention. This was adopted early in the House session and made it possible to have the nominations on Wednesday afternoon and the elections on Thursday morning.

A three-point communications program designed to improve the public relations position of the medical profession was endorsed by the House on recommendation of the AMA Committee on Communications. The program includes a redoubling of efforts by

county and state societies, closer liaison with media personnel and prompt information to state societies on AMA news releases and testiomny.

Miscellaneous Actions

In considering a wide variety of resolutions and reports, the House also:

Approved the creation of the Section on Allergy on recommendation of the Board of Trustees.

Approved a comprehensive inquiry of the causative factors for the sharp increase in syphilis and gonorrhea and urged the AMA to "take leadership in educational research measures designed to control and eliminate syphilis."

Okayed a national conference on areawide planning of hospitals and related health facilities, to be sponsored under the auspices of the AMA.

Agreed to continue and broaden studies on the problems of unwed mothers, illegitimacy and other related matters and to develop positive preventive programs.

Supported a position statement on protecting children against physical abuse and called for legislative guidelines to the state relative to legislation on this matter.

Asked the Board of Trustees to investigate establishment of a wire communications system between AMA headquarters in Chicago and offices of state medical associations.

Referred to the Council on Medical Service a resolution condemning the practice of some hospitals of adopting constitutions which deny staff privileges to physicians not eligible or certified by specialty bodies or societies.

Agreed with the Board that a forum for representatives of national medical specialty societies and the American Academy of General Practice be held on Nov. 1, 1964, in Chicago.

Approved a resolution calling for the publication of the proposed nominees

(Continued on Page 26)



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(Continued from Page 24)

for standing committees (councils) of the House be submitted in advance of the Annual Convention, preferably in the House of Delegates Handbook.

Recommended that the Board of Trustees use the talents of Dr. Edward R. Annis, immediate past president, and other qualified spokesmen for medicine with appropriate remuneration.

Asked the Committee on Insurance and Prepayment Plans of the Council on Medical Service to consider a revision of simplified health insurance claims forms.

Recommended that the Board of Trustees approve the establishment of an ad hoc study on family practice as proposed by the Council on Medical Education.

Agreed with the change of name of the Council on Medical Education and Hospitals to the Council on Medical Education.

Requested clarification of the ethical and legal limitations of physicians participating in court-ordered, pre-trial psychiatric examinations.

Urged the AMA to continue its vigorous opposition to tax regulations discriminating against "professional associations" and "professional corporations," and its support of legislation which seeks to provide tax equality with business corporations for "professional associations" and professional corporations."

Opening Session

Dr. Edward R. Annis of Miami, outgoing AMA president, told the special Sunday afternoon opening session that a greater effort is needed in the areas of continuing medical education and health education programs. He also

urged state and county mediacl associations to bolster their paid executive personnel to help carry out local, state and national projects. Doctor Annis called for an increase in AMA dues and later the House referred the question of a dues increase to the Board of Trustees for study and for a report at 1964 Clinical Meeting in Miami. Honored at the opening session were the presidents of state and territorial medical associations and a number of special AMA guests from national organizations.

At the Monday session awards announced were AMA Scientific Achievement Award to Prof. Rene Jules Dubos, Ph.D., of the Rockefeller Institute, New York City, and the Joseph Goldberger Award in Clinical Nutrition to Dr. William J. Darby of Vanderbilt University School of Medicine, Nashville, Tennessee.

Inaugural Ceremony

Doctor Welch, in his inaugural address Tuesday night, said that medicine must be united if it is "to serve the public in the future to the high degree that it has in the past." He stressed that American physicians must be "standing strong and firm with a heart and a conscience tuned to public need, with a respect for the rights and privileges of the individual, and with an abiding faith in our free competitive system of medical practices."

In keeping with Doctor Welch's address, "Unity in Medicine," presidents

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or their representatives from 29 medical specialty organizations were honored guests at the ceremony.

The Distinguished Service Award was presented to Doctor Page and the Scientific Achievement Award was given to Doctor Darby.

Wednesday Session

Speaking at the Wednesday session, Doctor Welch pointed up the growing alliance between medicine and research—an alliance rooted in truth, knowledge and the freedom to search them out. He called these "the greatest assets available for human development and human well-being." Dotcor Welch also enumerated the important projects of the AMA in the past year such as mental health, continuing medical education, tobacco and health, and AMA-ERF, the Institute of Biomedical Research.

Election of Officers

In addition to Doctor Ward, the new president-elect, the following officers were named:

Dr. Carlton Wertz of Buffalo, vice president; Dr. Milford O. Rouse of Dallas, speaker of the House, and Dr. Walter C. Bornemeier of Chicago, vice speaker.

Dr. Robert C. Long of Louisville was re-elected to the Board of Trustees for a three-year term, and Dr. Alvin J. Ingram of Memphis was elected to a three-year term. Doctor Ingram replaces Dr. R. B. Robins of Camden, Ark.

Nominated and elected to the Judicial Council was Dr. Charles C. Smeltzer of Knoxville, Tenn.

Education were Dr. William P. Longmire of Los Angeles, and Dr. William A. Sodeman of Philadelphia. Elected to the Council on Medical Service was Dr. John Rumsey of San Diego, and re-elected was Dr. Willard A. Wright of Williston, N. D.

Dr. William A. Hyland of Grand Rapids, Mich., was re-elected to the Council on Constitution and By-laws.

F. J. L. Blasingame, M.D. Executive iVce President American Medical Association

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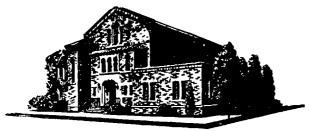
IN THE NEWS

Milwaukee County, Wisconsin, physicians are participating in a TV series on "Baby". The series answers questions about baby from before birth to school age. Several programs were filmed on-the-spot in doctors' offices. Children were used to demonstrate on most programs. Future programs will include: "Your Baby's Habits — Good and Bad," "The Premature Infant," "Your Baby Learns to Talk," "Feeding Your Baby."

Multnomah County, Oregon, Medical Society's Board of Trustees recently approved a resolution urging curtailment

Continued on Page 29

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PHYSICIANS' AND HOSPITAL SUPPLIES

Continued from Page 27

of cigarette smoking in local hospitals. The resolution read in part:

BE IT RESOLVED that since hospitals are the workshops of the medical profession, that the Multnomah County Medical Society encourage hospital staffs, hospital administrators, nursing personnel, and medical auxiliary organizations to initiate educational programs for patients and employees as to the hazards of cigarette smoking, and

BE IT FURTHER RESOLVED that hospitals be advised to encourage and establish "smoking" and "non-smoking" areas,* so that patients who are distressed by cigarette smoke may be spared this discomfort, and patients desiring to smoke will still not be deprived of their rights, and

BE IT FURTHER RESOLVED that since the sale of cigarettes to patients by medical auxiliary organizations and by the hospital administration, whether in vending machines or otherwise implies approval by the Medical Staff at the hospital, or at least does not indicate appropriate concern about smoking as a health hazard, that those involved be strongly urged to eliminate the practice of selling cigarettes in hospitals, both as an educational measure for patients and public, and to promote the good of the individual patient.

*this quarantine of smoking to certain areas would simplify fire protection from careless smokers.

Marion County, Indiana physicians are cooperating in filling out questionnaires for a 16 county study of mental illness and retardation. The questionnaires are part of the research tools in a pilot study that is attempting to assess the prevalence of mental illness and of facilities and resources to treat it. The mailing was endorsed and underwrit-

ten by the County Medical Society and there has been prompt response on the part of busy physicians. Within a few days after the mailing, more than 25% had been returned. It is felt that the final response will come close to 100%.

Polk County, Iowa, Medical Society recently sponsored a public forum on Medical Quackery. A panel of experts in combatting the many aspects of fraud, fallacies and abuse in the health and medical care of the American people provided a program of questions and answers to which the public was invited. Exhibits and educational material currently in use by organizations combatting Quackery were on display.

Tarrant County Medical Society, Texas will shortly begin a public service television program. The program will consist of thirty minute panel discussions on a local television channel, with the time being donated by the television station. The sessions will be conducted once a month through 1964 in cooperation with the Dallas County Medical Society. Probable topics will be: "Smoking and Health", "Obesity", "The Aged", "What is Sinus?", "Health Insurance", "When Should I Call A Doctor" and "Understanding Psychiatry".

Harris County Medical Society, Texas physicians recently gave introductory lectures on the Medical Self-Help courses soon to start. The community-wide program, under the direction of the Society's Disaster Medical Care Committee, will be for three weeks, two nights a week in the county's public schools. The course will be taught by Red Cross first-aid trained personnel under the supervision of the physicians.

Quote of Note . . . "To take from one, because it is thought that his own industry and that of his fathers has acquired too much, in order to spare to others, who, or whose fathers have not

exercised equal industry and skill, is to violate arbitrarily the first principle of association. The guarantee to everyone of a free exercise of his industry, and the fruits acquired by it'."

—Thomas Jefferson

Quote of Note . . . "It seems to me that we have much to learn from England's experience. England was a country which, like ours, had achieved supremacy with a system of private enter-

prise, and yet in a free election last summer, it voted overwhelmingly in favor of socialism. If we in this country wish to combat such a movement here — because there will be such a movement in the not too distant future — we must be willing to match our enthusiasm, interest and belief in the old and tried with the enthusiasm and interest and belief their people have for the new and novel."

—John F. Kennedy (1946)



HOSPITALS

Tacoma General

The Hospital Management Council of Tacoma General held its third quarterly dinner meeting at the Top of the Ocean on June 17. Dr. Edward Wood, fourth year resident in Pathology, spoke on the "Progress of Hepatoma Research at Tacoma General."

The group consists of all management level people at Tacoma General.

The appointment of Mrs. Bess B. Piggott as Director of the School of Nursing has been announced by Mr. W. L. Huber, Administrator. Mrs. Piggott is a graduate of Yale University School of Nursing where she also received her Master of Nursing degree in 1943. Prior to her nursing education, she had been graduated from the University of Arkanass with a B.S. degree. In 1951 she returned to school at the University of Tulsa, Oklahoma, where she received her M.A. in Psychology. Mrs. Piggott and her family have moved to Puyallup from Missoula, Montana.

The School of Nursing first-year class received their caps at a service held in the First Methodist Church on June 5.

St. Joseph's Hospital School of Nursing invited our students and faculty to a picnic supper on June 10. The evening together was enjoyed by all who attended.

Saint Joseph's A well earned three weeks' vacation is being enjoyed by Mrs. Megley in Nebraska.

The six Juniors starting OB service are: Miss Axelson, Miss Piper, Miss Tweiten, Miss Vickland, Mrs. Zurfluh, and Mr. Cox.

Sister Francis Joseph, with her sister Kay Clavin, went to New York where they met their sister from Ireland.

A bridal shower for Irene Gendreau was given by the OB staff at Mary Mitchell's home. She and Myrtle Reed were co-hostesses.

Our deepest sympathies go to Mrs. Louise Keeley whose husband passed away May 26 in our hospital.

June is the month for tonsillectomies! Among the patients were the son and daughter of Mrs. Britt from pharmacy and Doctor Marlatt's two little girls.

For some time now Sister Margaret Angeline with Payroll's assistance has been checking all employee's social security numbers with those in the "PI" for possible winners. We are happy to report that the searching has finally brought results. Twenty-five dollar prizes were awarded to: Mrs. Brecek, 3rd floor aid and Mrs. Patnode, R.N. Mat. Who knows? May be yours will be the next lucky number!

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STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSÉPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Monday of each month—8:00 p.m. at 424 South K Street TACOMA ORTHOPEDIC SOCIETY

First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August —8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m. at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.

PIERCE COUNTY MEDICAL SOCIETY



BULLETIN

VOL. XXXV—No. 8

TACOMA, WASH. AUGUST - 1964



PIERCE COUNTY MEDICAL SOCIETY

NO MEETING JUNE - JULY - AUGUST

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- 8 Robert H. Bias
- Max W. Brachvogel 10
- 13 Richard T. Vimont
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Editorially Speaking



Brethren.

Rest easy.

Sin is on its way out. Modern sociologists and economists are more and more refusing to recognize it as such. At least they're offering all sorts of theories that tend to remove from each person the responsibility of showing individual initiative in choosing right from wrong.

Consider some of the things that used to be big. fat sins:

Murder: Anybody with an ounce of common sense knows that murder isn't a logical way to settle a problem. Therefore, according to modern law, since the murderer lacks that ounce of common sense, he must be temporarily insane. What could be more logical? There's even always a doctor on hand to so testify. So the murderer is punished with a light sentence or an order to have some psychiatric care for a while.

Adultery: This takes a little advance planning. First, finagle your way to near the top of the entertainment world. It helps to have a little talent, but even this isn't really necessary. Once you're nearly there, go ahead and adulterate. Movie and TV offers will triple overnight!

Drunkenness: This used to be really quite sinful. But no more. If you get muddle-minded occasionally, you're a connoisseur of the finer things of life. If you get tanked up a little oftener, you're not drunk, friend, you've got a disease! (Again, the doctors help bail you out of any responsibility for your troubles.

Delinquency: Some deep-thinking psychologist said, "There are no delinquent children, only delinquent parents." So now if you're 6-foot-3 and 190 lbs., but only 17 years old and in trouble with the law, blame it on your folks. How did the folks get that way? To be consistent, we'll have to blame that on grandpa and grandma. And in case the latter are still alive, great-grandpa and great-grandma must be the vicious culprits — they're not here to defend themselves. At least, it's not your fault, Junior.

Lazy Bumness: Years ago, the whole family was willing to pitch in to help an unfortunate relative, but no one could stand that lazy bum of a cousin who moved in and ate meals without helping to pay for them. borrowed father's clothes without asking, and even drew from the family sock in order to pay the doctor bills when he twisted his elbow

reaching up out of the chaise lounge for a free beer. (Then he couldn't help mow the lawn for the next two years because of his sore arm.) Well, now the same lazy bum is getting the same favors from that other relative, Uncle Sam, and instead of getting ridiculed, he's held up as a shining example of how we're giving him back his dignity and self-respect.

So farewell to will power, perseverance, purity, industry and the like. They're $\,$ out-of-date.

Murder! They'll only say you're off your rocker.

Try adultery. You may earn a movie role.

Drink up! The worst they can say is, "Poor fellow, he's sick."

If you're young enough, go ahead and throw a few beer bottles through some downtown windows. After all, it's your folks' fault.

Relax and be a lazy bum. You will have to spend a few hours a week filling out applications with some government office, but all those squares who are still keeping their shoulders to the wheel will look at you proudly saying, "Look at that fellow bursting with dignity and self-respect."

I am not an extremist, so I must apologize for the above extreme examples. I would never ask that we would cast aside the traits of forgiveness, tolerance, gentleness and compassion toward our fellow man. I haven't the effrontery to think that I am in a position to cast the first stone. Modern thinkers are no doubt making great strides in determining what pressures, social or otherwise, are responsible for an individual's right or wrong-doing. I only ask that these theories be used to help solve the problems, not to provide alibis for them. May we never let a complex group of theories completely remove from any person the individual responsibility that is his to make a thoughtful choice between right and wrong.

—S.W.T.

PHYSICIAN-DENTIST

FIELD DAY

Friday, August 7



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President's Page



The medical profession is in politics and therefore it is proper that this page be devoted to the subject. The subject, of course, is Barry Goldwater and the implications of his overwhelming victory.

The first two obvious facts are these: 1) the balance of power of the Republican party has shifted from the East to the West and, 2) the Republican party has now become the moderately conservative party and is no longer the "me too" party. You now will have "A Choice and Not an Echo"—read the book.

The third fact is that Mr. Goldwater will continue to receive as hostile and as cold a reception from the press as is possible. This was commented upon by both ex-President Eisenhower and Vice-President Nixon. A good example is the way the press handled Mr. Goldwater's discussion about ending the war in Viet Nam. He mentioned five different ways in which the war could be concluded and one was the use of low intensity atomic bombs to clear the jungle, and then he added that probably none of these would be used. The press reported that Mr. Goldwater advocated use of the atomic bomb and nothing else. How many of you read about the other methods?

The fourth fact is that the delegates who voted for Mr. Goldwater were and are not extremists. Check the three delegates from Tacoma if you have doubts. Similarly, the thousands of people who came to the convention (if the dozens that I talked to are representative) are solid citizens. These people are conservatives who believe that if the United States is to assume its position of leadership in the world we must have a policy and a program. After a generation we still have neither; instead, our policy is one of expediency, appeasement, accommodation and surrender. That this policy is faulty has been proven by our European friends during the past 50 years and by two world wars. Some people still advocate the same policies and, of course, are most upset that Mr. Goldwater feels differently. Mr. Goldwater believes that the power of Washington should wither, that the economy should grow free, that individual liberty should increase and that communism throughout the world decrease.

(Continued on Page 10)

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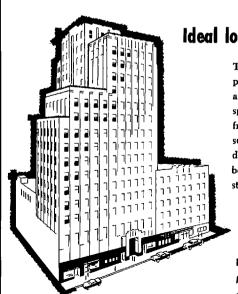
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The fifth fact is that Mr. Goldwater would make a fine president. He has a knack for picking appropriate men in administration. His large, first-rate, highly efficient, disciplined and streamlined staff was the best in G.O.P. memory. There is also little room for any doubt that Mr. Goldwater's fundamental respect for the Constitution would make execution of any legislation, including the civil rights bill, a prominent Executive duty.

The convention adopted a moderately conservative, long, comprehensive and excellent platform. Mr. Goldwater pledged to support this and undoubtedly will. The Republican party has started out well but needs your support. I've been to many large conventions, but to none that was as noisy, enthusiastic, inspiring and exhausting as this.

-Frank J. Rigos, M.D.

OBSCURE FACTS ABOUT MEDICINE

No. 5

Doctor Dover got his kicks
By stirring up a funny fix
(It put folks in a tizzy)
He also rescued Robinson Crusoe
How'd he find the time to do so
(If he was so damn busy?)



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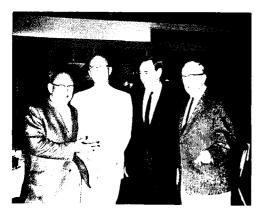
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West, Whitacre Win At Golf; Herrmann Out-Talks Honeywell

The largest crowd ever to attend a Doctor-Lawyer golf-dinner day was on hand at the Fircrest Golf Club on Tuesday, June 30 for the 13th annual such affair. At the evening dinner program, chairmanned by Al Malanca, one of the features was the introduction of the two men who were presidents of their respective organizations at the time of the first Doctor-Lawyer dinner 13 years ago. Shown on the left below is James Ramsdell, who held that position then for the lawyers, and on the right is Dr. John Steele, president of the Pierce County Medical Society at that time. They are shown chatting with the current presidents, Dr. Frank Rigos and Vernon Pearson.



It was not a victorious day for the doctors, as the lawyers won both low net and low gross for the day, so had to be considered winners of the affair. Many doctors won prizes, however, including Marsh Whitacre with his gross score of 76, the lowest among the doc-

tors. Tom West had a special distinction—he won a prize for low net, with 67, and another prize for high gross, with 141.

The doctors brought the whole affair to a glorious close, however, when their champion after-dinner speaker, Arnie Herrmann, jousted with the best the lawyers had to offer, Val Honeywell. All doctors present agreed it was a one-sided contest.

PHYSICIAN-DENTIST

FIELD DAY

Friday, August 7

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British Press Notes Impending Doctor Shortage

(On his recent trip to Europe, Dr. Walter Cameron clipped the following article from the May 1 issue of the London Guardian, a daily newspaper. The article is quoted verbatim.)

Between 1954 and 1963, 4,392 doctors emigrated permanently from the British Isles to Australia, New Zealand, Canada, the United States, South Africa, and Southern Rhodesia alone. Emigration to all countries was nearly 400 a year, and over 100 a year from Ireland, out of an annual output from medical schools of just over 2,000.

Dr. John Seale, in an article in the "British Medical Journal" today, effectively contradicts Mr. Enoch Powell, former Minister of Health, who, in a statement to the British Medical Association at a conference in June, 1962, said: "You and I know perfectly well that this idea (that nearly a third of British doctors emigrate) is nonsense."

A detailed and independent study of the superannuation records of doctors in the Health Service is at present being undertaken by the Ministry of Health in cooperation with the BMA.

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Dr. Searle says it will be surprising if its findings differ from his study.

The BMA proposes to use the findings of the superannuation study as part of its evidence to the Review Body on Doctors' and Dentists' remuneration to strengthen its case for a substantial increase for general practitioners. This case is at the moment under preparation, and it is hoped it will go to the BMA Council for ratification on May 6.

The BMA has evidence that in the year ended September, 1962, there was a net decrease of 13 doctors entering general practice, and a fall of the average number of applicants for each vacancy in general practice from 44 in 1955 to 13 in 1963. The situation is considered to be very serious.

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AMPAC FOR '64

Politics dominated the news in the month of July for the Republicans and August finds all eyes on the Democratic National Convention. Since politics is obviously here to say and is continually invading the medical field, this is the time to listen to various national leaders and form our opinions from what the candidates themselves actually say.

It is important to obtain the literature the candidates themselves put out which brings out their authentic, individual philosophy and statement on issues. It is a fallacy to rely on hearsay or so-called political analysts to learn about the candidates.

Certainly this year we will have a definite choice to make for president but we are also forced, because of the present political atmosphere, to closely observe not only the national Senate and House but also to be concerned about the state Senate and House. We must remember that state figures often go on to become national figures and that state legislation can influence national legislation.

We have until November to make up our own minds for whom to vote but we don't have until November if we want to be opinion makers. In order to protect our own vote, we should make every effort to influence the people

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Ground Floor, Medical Arts Bldg. Medical Center Western Clinic Bldg. around us. It is not sufficient to be well-informed ourselves—we must also disseminate this information. It is not sufficient to just know the candidates—we should also know the issues. Then we can adequately evaluate the candidates views and also be articulate in discussions.

Let's fight back! Let's get interested in politics! Let's be opinion makers! And finally, let's not forget to contribute money to the candidates who believe in our principles to help assure their success at the polls.

DON'T PASS THE BUCK THIS TIME—UNLESS IT IS TO THE CANDIDATE OF YOUR CHOICE. YOUR INDIVIDUAL CONTRIBUTION IS IMPORTANT!!!

THOMAS H. SKRINAR, M.D. 6th Congressional District Chairman, AMPAC

PHYSICIAN-DENTIST

FIELD DAY

Friday, August 7

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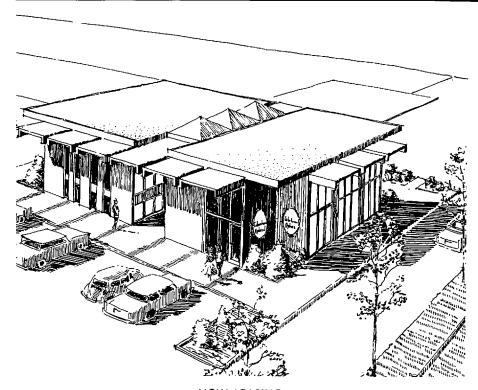
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Report from Cancer Registry of T. G.

This constitutes the first statistical report of the Cancer Registry of the Tacoma General Hospital to the medical profession. It is intended that this type of report will be continued as a biennial publication to give a continually expanding assessment of cancer therapy at Tacoma General Hospital. (Space limits publication of the entire report, which can be obtained directly from the Cancer Registry, Tacoma General Hospital, Tacoma, Washington. The recapitulation chart and a sample page from the report are included herewith.)

The Registry is a compendium of information extracted from patients' records, including in part—type, extent of spread (staging) and therapeutic measures used. By contacting the patient's physician, data on survival was obtained. Survival rates are based on the years 1960, 1961 and 1962. All patients receiving some cancer treatment in Tacoma General Hospital during these years are included. The cases listed as having been diagnosed and admitted in 1960 include a few from prior years, although the Registry was not started until 1960. Also, a few patients are included who had their initial diagnosis elsewhere and who had initial or continuing therapy at Tacoma General Hospital.

Support for the project is underwritten by the Hospital as a contribution to continuing physician education. The American College of Surgeons periodically inspects the work of the Registry and has given accreditaiton as a Cancer Clinical Program.

A word of thanks goes to the physicians individually and to their office staffs for the most courteous and splendid cooperation given in obtaining follow-up information on patients. The

almost 100% support in this area has been a great encouragement for continuing the program and assuring dependable information which will make the Registry increasingly valuable as it grows in volume and years.

Dr. Murray M. Copeland states the following (CA—A Cancer Journal for Clincians 13:46-50, 1963): "It is currently felt that a hospital cancer registry will reflect the professional case load and problems, will create discussion and re-evaluation of current therapeutic measures, and will give a realistic appraisal to the survival rate and end results of the particular cancer program. . . .

"The diagnosis and treatment evaluation type of registry is the one with which hospitals are primarily concerned. Its main function is basically evaluation and, when properly implemented, provides a wealth of information for the education of the medical staff. It stimulates group and personal evaluadiagnostic and treatment accomplishments, providing a clear assessment of comparative end results between individuals, hospitals and published data. Its essential element is the recording of necesary minimal information on all cancer cases. The report of survival rates and end results constitutes its most significant expression. Its ultimate purpose is to stimulate physi-

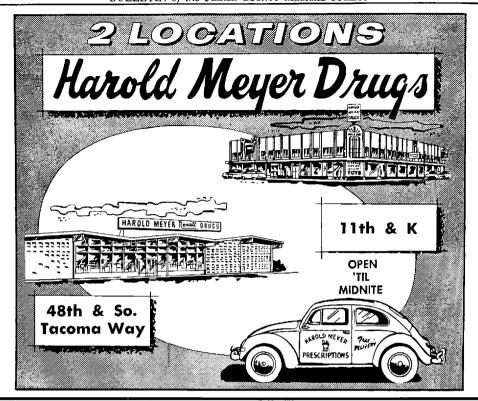
(Continued on Page 19)

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(Continued from Pag	ge 1	17)			No.
					cases 3-yr. %
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Chairman, Cancer Committee Tacoma General Hospital					Surgery &
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	'60	'61	'62	Total	Radiation only 5 4 80 %
Buccal Cavity					Other (to include
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Esophagus		3	0	4	cases) 3 0 %
Stomach & Small	_	U	0	-	Chemotherapy &
Intestine	14	12	20	46	Surgery 14 10 71.4%
Large Intestine		31	34	122	Staging—
Rectum	5	13	10	28	Stage I - II 62 61 98.3%
Other GI Organs	•				Stage III 48 36 75 %
& Peritoneum	12	12	9	33	Stage IV
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& Bronchus	42	24	24	90	Carcinomatosis 29
Breast		44	46	158	Other2
Cervix Uteri		36	59	143	
Corpus Uteri		14	14	47	
Ovary, Tube, Broad					
Ligament	18	18	11	47	DI IVCICIA NI DENITICE
Prostate	27	32	21	80	PHYSICIAN-DENTIST
Other Genital Male					
Organs	1	0	3	4	FIELD DAY
Kidney, Ureter	5	7	2	14	5711
Bladder - Other GU					Γ Λ 7
Tract Organs	22	15	16	53	Friday, August 7
Other & Unspecified					
Sites	11	5	9	25	
Secondary &					
Unspecified of the					
Lymph Nodes	6	2	0	8	EVERY DROP PURE HEAT
Hematopoietic					EVERT DRUP PURE HEAT
Leukemia	23	9	19	51	STANDARD STANDARD
Myeloma	2	6	2	10	REATING CHIS
Skin	8	6	14	28	Heating Oils
Brain & Eye	11	13	7	31	Call MA 7 24E4
Thyroid & Other En-					Call MA 7-3151
docrine Glands	5	4	0	9	GRIFFIN, GALBRAITH &
Bones & Connective	_				FUEL OIL SERVICE CO.
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TOTAL 4	19	317	355	1,071	

Lesion—Breast

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Within the last few months, the final volumes have been added to what is perhaps the finest reference work in our Medical Society Library. Many of our physicians, particularly the newcomers, may be unaware that our library now has the complete "Atlas of Human Anatomy" by Dr. David L. Bossett. This is the set that includes beautiful stereoscopic views, in full color, of step by step dissections of every part of the human body. Accompanying each stereoscopic study is a line diagram that serves as a key to the picture. This is the only anatomy atlas available that shows actual dissections in full realistic three - dimension. Though particularly useful to surgeons, it deserves the study and interest of every physician and could be useful to almots any specialty field.

In order to make the atlas readily available to everyone, the rule is in effect that the set may not be taken from the library. It must be used there. However, there is study space available at the back of the library where one can spend hours in relative quiet reviewing the atlas or other references.

Any member of the Society can make use of the library, and the atlas, during off-hours or on week-ends by going to the 6th floor and asking for the key at the nurses' desk. A sign-in book is kept on hand there so that anyone borrowing the key is responsible for its return.

PHYSICIAN-DENTIST
FIELD DAY
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HOSPITALS

St. Joseph's

New Students at St. Joseph's

The new smiling face in the Clinical Laboratory is Heidi Collins. She is a graduate of the University of the East, Philippines.

The X-ray Department has six new students this summer. Penny (Linda Jane) Franck and Karen Ann Flanagan come to us from Lakewood. The Tacoma girls are Ginny (Virginia Louise) Armstrong, Sue (Susan Louise) Smith, and Elaine Lorraine Matz. Sister Martina Mary, O.P., is originally from Spokane. Each student is spending one month in each division of the department. They will rotate from room to room to learn all the phases of x-ray. Jerry Walter, R.T., is teaching a complete basic physics course to all the x-ray students, as well as a positioning course to the junior students.

Third Floor

A Chinese dinner at the Tiki was the backdrop for the celebration honoring the retirement of Mrs. Magnusson and Mrs. Rogala. The presentation of a lovely silver-hued bowl, a gift of the nurses and some of the doctors, was the climax of the evening.

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Pediatric News

Our department has been notified that they have been placed among the contenders for one of the ten National Patient Relations Awards comprised of \$5,000,000 in Pulse Patient Relations Grants. This came about from our patient relations study made in March, 1963, "Care in Color." A day was set aside at that time to determine the change in attitudes of children cared for by non-uniformed individuals. The results of this study were submitted to the Pulse on Patient Relations which resulted in this award.

School of Nursing

On July 13, 1964, St. Joseph Hospital School of Nursing received notice of full accreditation from the Review Board for Diploma Programs. This board is a committee of the National League for Nursing concerning itself with accreditation of Hospital Schools of Nursing.

In 1954 the National League for Nursing appointed a sub committee to formulate more definite criteria for evaluation of educational programs of curriculum, faculty, and students. St. Joseph Hospital has been a member of the Council of Member Agencies of the Department of Diploma and Associate Degree programs and has participated in its activities since its inception. This school was first surveyed in 1954 and again in 1960 and has had full accreditation from the time of the first survey.

Continued evaluations of the program in Nursing Education will be made to assure the development and maintenance of a program that will prepare practitioners who will be able to meet the nursing needs of society.

Sister M. Martha Joseph has been principal of the school since 1958. The school is conducted by St. Joseph Hospital under the supervision of the Sisters of St. Francis, and has an enrollment of 75 to 80 students. A new class will be admitted in September of this year.

Tacoma General

Thirty-two nurses will be graduated from Tacoma General Hospital School of Nursing on Friday, August 14, 1964, at 8 p.m., in the First Methodist Church. Dr. James L. Vadheim will be the speaker.

The Nursing Staff, Faculty and Students attended the Cancer Nursing Conference which was held at the Seattle Center on July 16 and 17.

The Department of Pathology has a new resident, Dr. Richard Price, who comes to use from the VA Hospital in Seattle. The Laboratory has four new students in medical technology.

Miss Lucille Larson, Chief Medical Technologist, attended the Annual Meeting of the American Society of Medical Technologists on June 14-19, at Kansas City.

PHYSICIAN-DENTIST

FIELD DAY
Friday, August 7

PATRONIZE YOUR ADVERTISERS!

Dumont Reports on Hope Ship Stint; G.P.'s Also Needed

(The following report was written by Dr. Dumont Staatz who spent two months in Ecuador this spring on the HOPE project. Dr. S. F. Herrmann's report was in last month's issue.)

Project HOPE is a People to People program which is non-governmental. Its aim is to teach people to help themselves. This teaching is on all levels of doctors, dentists and para-medical personnel. The physicians and dentists go for a two months' rotation period of time, donating their time. Project HOPE, however, does send the participants an airplane ticket for their transportation. While on board the HOPE ship, meals are furnished. If one is quartered off the HOPE ship, breakfast is furnished. The para-medical personnel, nurses, dental technicians, laboratory technicians, x-ray personnel, medical records personnel, dieticians, and other para-medical personnel all sign up for the cruise of approximately ten months and are signed on as "able-bodied seamen." They do get pay, but without overtime. All drugs, surgical equipment, dental equipment, and medical equipment used are donated. The U.S. government has loaned the hospital ship, USS Constellation which saw service in the Korean conflict. The medical forms are those used by the U.S. government in its various medical institutions.

Ecuador is divided into three major areas. The coastal plain, which is along the western coast, is basically a flat, steaming jungle with a swarthy flat-faced type of Indian as the Native. The principal city is Guayaquil, located on the Rio Guyas. The second area is the Sierra. This is primarily in the Andes.

Quito, the capital of Ecuador, is located between the two ranges of Andes. Farther south the principal cities are Ceunca and Loja. The third area is the Oriente, or the Amazon basin. It is a jungle. In this area are the Aucca Indians, the so-called head hunters. The Aucca Indian is a small boned Indian. The Indians of the Sierra area are a very thin asthenic type of Indian in comparison to those of the coastal plain.

Weather: In 1963, they had no rain from May to December 26. The winter or rainy period lasts from January through March and the beginning of April. The second day that I was there. January 30, they had over twelve inches of rain in three hours. The rain gauge overflowed. Temperature was 90 to 105 degrees in Guayaquil. The humidity ranged in the 80's and 90's. I should say that I was in only the coastal plain area near Guayaquil. I did not have the privilege of going elsewhere, as I unfortunately was ill with pneumonia, and they would not let me go to the Sierra with an altitude of 8,000 to 10,000 feet. with pneumonia.

The purpose of this trip was to teach. The teaching was on all levels. The doctors taught their counterpart doctors; the dentists taught their counterparts. The nurses, taught the nurses in the operating room, in the wards, and in public health. The x-ray technicians taught Ecuadorean x-ray technicians. The case selection for the patients to be treated had to be chosen for their teaching value. There were many more cases that could be operated on than we could handle; therefore, we selected teaching cases. First it should be remembered that no patient paid for treatment, and it was supposed to be kept to only the needy, so that the Ecuadorean physicians would not be robbed of their private patients. The patients selected underwent two screenings. There was first an Ecuadorean

screening committee, and then a HOPE screening committee. I was not as fortunate as Dr. Herrmann who had interns and residents, as I was there during the school vacation, and I had no interns or residents. Therefore, I did most of my teaching with my two coutnerparts — Ecuadorean physicians in practice, one from Guayaquil and one a military commander from Loja. I also had many medical students and residents follow me around in the Guayaquil hospitals and I did quite a bit of surgery in Guayaquil proper. I would come home at night and then make rounds and take care of ward problems. This gave me an average of a 14 to 16 hour day.

From the orthopaedic point of view. there was a tremendous amount of surgery that could be done. Polio vaccine had not been used because, reportedly, some people felt that the one or two cases of reported polio in the United States from Salk vaccine justified its lack of use. The other reason was that many public health officials said that they did not have polio. I saw enough reconstructive surgery and polio deformities in one square mile of Guayaquil, near the business area, to keep me busy in the operating room at least for one year doing reconstructive surgery. Deformities were very prominent in this area, and we had many cases sent in from the outlying areas.

Another very common history was that of the child who was normal until two years of age, had a high fever, and then had a residual spastic paralysis. from the so-called brain fever. This was an encephalitis leaving a residual spastic cerebral palsy type of deformity. It was impossible in some of these to tell the difference between the cerebral palsy patient of congenital origin or the post-encephalitic patient. Many of these needed surgery, heel cord re-

leases, and physical therapy and rehabilitation.

We had many other horrible deformities from burns, fractures with malunion, and non-union. Osteomyelitis was present. In an orthopaedic ward of 48 patients, approximately 20 were osteomyelitic cases. This condition was extremely prevalent. Tuberculosis was prevalent. It was very common to see the typical kyphosis of t.b. or the wandering acetabulum of tuberculosis hip.

As for braces, we had no brace shop. We had some braces aboard ship, but nobody to fit them. Occasionally we used an old used artificial arm or leg. but the patient literally had to be fitted to the brace or a prosthesis. A potential brace shop was a political hot bed, as each doctor wanted control of it for his own clinic. A prosthetist is much in need. This lack also governed certain surgery where amputation was the best means of treating a patient, followed by use of an artificial leg. The patient might go with an infected draining mass which might be a danger to his life rather than have surgery and use crutches, because no artificial limbs are available.

While working in Guayaquil, even though I did not have interns or residents, I always had eight to ten physicians who were watching and were being taught. The desire to learn was tremendous. Courtesy was wonderful. They could not do enough for me. In fact, even if I wanted a Coca-Cola or a postage stamp, they would not let me buy one. They were very gracious hosts, entertained me, and showed me the local sights.

Economic needs also were great. My first impression was that there were "the very poor and the very rich." Later I began to see a middle class. The approximate percentage would be rich, 15%; middle class 20%; very poor 65%.

They were trying to improve their lot in that "Aid" or Point Four program was building houses, which rented at \$15.00 a month, to replace many of the slums. There was a hospital being built for the social security type of people, or the middle class worker, and also many new houses for people on social security. The tragedy of this was that many houses were unfinished, and slowly being finished because there were not enough people who could afford to rent them. These people paid about \$10,000 for their house, had 30 years to pay, and if anything happened to the breadwinner, the family owned the house directly, under an insurance program. One of the military men told me that the country could not afford a free democratic election as we have it here. because the great many poor people would want everything for nothing, and the country would become automatically communistic, and once communistic, they would always be communistic. He felt that they should have either a military junta type government which they have, or a benevolent dictatorship. An educated middle class is necessary before having a free election. This educating process would take twenty years or so.

One other comment I would like to make is that the regard for human life is little. In a free Ecuadorean hospital, we found one eight year old boy who had been shot in the belly with buckshot the week previously, in extremis, who had no treatment. He was taken to the HOPE ship and operated on, with a severe peritonitis. Three handfuls of echinococcal worms were taken from the peritoneal cavity. The patient had a ruptured liver and many bowel perforations. He lived a week and a half. The Ecuadorean doctors did not see why the American doctors stayed up night and day, trying to save him and controlling fluid balance, because he was an orphan, had no money, no home, and he wasn't worth saving. This is why they had not operated. Had they operated when he first came in, they could have saved his life. His life just wasn't worth saving or trying to save.

We had three General Practitioners in my rotation. They really work, and

play important roles in the HOPE ship project.

There is much more that I could say, but I think that this will give an outline of what I saw and of what has been very ably described as to the other features by Dr. S. F. Herrmann.

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PHYSICIANS' AND HOSPITAL SUPPLIES

County Societies . . .

IN THE NEWS

Pinellas County Medical Society, Florida has approved, along with the County Dental Society and Community Welfare Council, a unique new service called Dial-A-Dietitian. Set up as a public service, Dial-A-Dietitian provides the public with an authoritative source of normal nutrition information. Dietitian members of the St. Petersburg Dietetic Association answer questions phoned to a central answering service. A wide variety of questions are asked, including nutritional values, food purchasing, Preparation, Storage, food fads and fallacies and food needs for children and adults. Dietary prescriptions, medical advice counseling situations are not handled. Persons asking for such advice are referred to their physicians. Two local physicians are serving as consultants to the Diatetic Association on this project.

Lackawanna County, Pennsylvania physicians are assisting the County Medical Society's Woman's Auxiliary with their Health Careers Recruitment Rally. This year a panel of physicians were added to the Rally to discuss various phases of medical careers with interested high school seniors. Many of the almost 400 students whe attended took advantage of learning about potential careers and opportunities in medicine.

Madison County Medical Society, New York has been selected by the State Department of Social Welfare as one of six local welfare districts in which a new approach in the provision of physicians' care to welfare patients will be tested. The department's aim is to: (a) Focus attention on the operational aspects of the program that have a more direct bearing on good patient care and on mantenance of high standards of quality. (b) Eliminate ineffective and unnecessary administrative detail. (c) Make needed medical care more readily available to indigent persons.

The Medical council of the Metropolitan area of Washington, D.C. comprised of the Montgomery County Medical Society, the Fairfax Medical Society, the Alexandria Medical Society, Prince Georges Medical Society, the Medical Society of the District of Columbia and the Arlington County Medical Society is staging one of the largest programs ever held to distribute Sabin Oral Polio. It is the biggest health campaign in the history of the Washington Metropolitan Area. The six area Medical Societies have spent more than \$125,000 to advertise the campaign. The drive was organized by the Societies with the cooperation of local health departments, dentists, pharmacists, nurses and many other volunteer workers. It is the greatest volunteer effort ever experienced in that area with upwards of 15,000 volunteers.

Quote of Note . . . "The bill for creation of a Fair Employment Practices Commission . . . is the least meritorious proposal in the whole civil rights program. To my way of thinking, it is this simple: if the federal government can by law tell me whom I shall employ, it can likewise tell my prospective employees for whom they must work."

—Lyndon B. Johnson March 9, 1949.

HAVE YOU PAID YOUR AMPAC DUES?



Courtesy Medical Society Magazine Group

PHYSICIAN-DENTIST

FIELD DAY

Friday, August 7

Pierce County Medical Society

Medical Arts Building Tacoma, Washington 98402 **BULK RATE**

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MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m. Auditorium of Medical Arts Bldg.

STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November
TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS
First Monday of each month, 8:00 p.m. at 424 South K Stree

First Monday of each month—8:00 p.m. at 424 South K Street TACOMA ORTHOPEDIC SOCIETY

First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and August
—8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m. at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m. LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December—7:30 p.m. Dinner—6:30 p.m.

PIERCE COUNTY MEDICAL SOCIETY

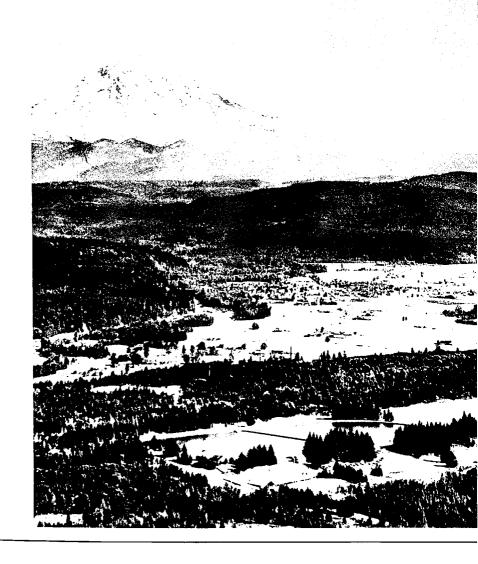


BULLETIN

VOL. XXXV—No. 9

TACOMA, WASH.

SEPTEMBER - 1964



PIERCE COUNTY MEDICAL SOCIETY

REGULAR MEETING SEPTEMBER 8

Pierce County Medical Society

1964 OFFICERS

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President-Elect
Vice-President Secretary-Treasurer Executive Secretary ...

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GOVNOT Teats
n Stanley W. Tuell

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John F. Comfort Herman S.
Kenneth E. Gross Charles C. Charles J. Calbraith Herman S. Judd Charles C. Reberger Robert W. Osborne

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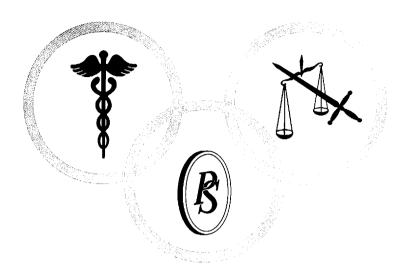
September Birthdays

- T. M. Kristensen Myra Vozenilek
- John S. May
- 8 James P. Duffy
- g Thomas F. Hinrichs
- 10 Max Thomas
- 11 Charles R. Bogue Marion M. Larsen Gordon Parrott Daniel J. Thomas Leon B. Thomas
- 12. Myron A. Bass
- 13 Eldon C. Blizard
- Frank W. Hennings 16 Karen Nelson
- 19 Cyril V. Lundvick
- 22 J. W. Bowen, Jr.
- Thomas H. Skrinar 23
- 24 Walter L. Sobba
- 26 Carl N. Ekman
- 27 Arnold W. Johansson Stanley A. Mueller, Jr.
- 30 S. S. Thordarson

See You at the . .

POLLS

Tuesday, September 15



You . . . your lawyer . . . and <u>us</u> . . . partners in matters of trust

A simple will leaving everything to your wife may be perfectly all right. But have you checked it with your lawyer lately?

Conditions change, and perhaps your will should be brought up-to-date or re-written.

We strongly urge you to review your present will with your attorney, or to use his experience in drawing a will if you do not now have one.

And we suggest you learn the many advantages of a trust at our bank. We welcome the opportunity of talking with you and your attorney about your estate plan. There is no obligation . . . come in anytime.



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September Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5
	Staff of Tacoma General 6:30 p.m. C.P.C. of Mary Bridge—8 a.m.		Pierce County Pediatric Society 6:00 p.m.		C.P.C. of TCH-MVCH (MVCH Classrm.) 8 a.m.
7	8	9	10	11	12
Tacoma Acad. of Psych. & Neurol. 8 p.m.	PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M.		9	C.P.C. of St. Joseph's—9 a.m.	C.P.C. of TGH-MVGH (MVGH Classrm.)
Tacoma Orthopedic Society 8 p.m	C.P.C. of Mary Bridge—8 a.m.				8 a.m.
14	15	16	17	18	19
W.S.M.A. Annual Meeting - Seattle	W.S.M.A. Annual Meeting - Seattle	W.S.M.A. Annual Meeting - Seattle	ı	Staff of Medical	C.P.C. of
Staff of Good Samaritan 6:30 p.m.	C.P.C. of Mary Bridge—8 a.m.	Staff of Lakewood General 7:30 p.m.		Arts—7:15 a.m.	TGH-MVGH (MVGH Classrm.) 8 a.m.
21	22	23	24	25	26
Staff of St. Joseph's 6:15 p.m.	Tacoma Acad. of Internal Medicine 6 p.m. Tacoma Surgical Club—6:30 p.m.			Staff of Mary Bridge 12:15 p.m. C.P.C. of St. Joseph's—9 a.m.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
28	C.P.C. of Mary Bridge—8 a.m.	30			
Pierce County Academy of General Practice 6:30 p.m.	29				
Staff of Mt. View General					

Grand Rounds-Mt. View General Hospital-Every Saturday 9 to 10 a.m.

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without producing the sedation seen with certain other agents. And where anxiety is expressed as listlessness and lethargy, it has been found to provide a motivating effect, which enables working patients to continue their normal activities. Side effects are infrequent in the dosage range of 2-4 mg. daily. The convenient b.i.d. dosage makes the drug both practical and economical.

Principal side effects, usually doserelated, may include mild skin reaction,

dry mouth, insomnia, fatigue, drowsiness, dizziness, amenorrhea and neuromuscular (extrapyramidal) reactions. In hospitalized psychiatric patients, muscular weakness, anorexia, rash, lactation and blurred vision may also be observed. Blood dyscrasias and jaundice have been extremely rare. Use with caution in patients with impaired cardiovascular systems. Contraindicated in comatose or greatly depressed states due to CNS depressants and in cases of existing blood dyscrasias, bone marrow depression and pre-existing liver damage. Before prescribing, see SK&F Product Prescribing Information.

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PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, September 8

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

George R. Barnes, M.D. of Los Angeles Children's Hospital

"The Cobbler and His Children's Shoes"

Discussion by W.S.M.A. Delegates of Problems and Resolutions to be Considered at the State Meeting

Social Hour: 6:00

Dinner: 6:45

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President's Page



This is to remind you that two of our members are campaigning for the State Legislature. Both of these men need and deserve your help regardless of your party politics or your personal feeling. Membership in the medical profession carries with it a duty and a responsibility to the general public greater and more important than loyalty to a political party. This is particularly true at present since more and more legislative action has to do with medicine and its practice.

At the next legislative session in January, 1965 there are several items related to medicine that could be introduced. Two of these have to do with the personal, confidential patient-physician relationship. It is vital that we have adequate representation in Olympia to see that only proper and intelligent action is taken. This we can insure by electing men familiar with the aspects of our profession. Proper legislation starts with a needed bill, adequately advised and drafted in committee. Factual information at this stage is much more effective than attempts to amend, defeat or modify a poor bill later on.

Since we are responsible to the public, the best way to cover this responsibility is to have doctors on the appropriate committees of the State Legislature. The two men that we have had in the Legislature for many years want assistance. Please help them, yourself and the public by electing Dr. Homer Humiston and Dr. Hugh Kalkus.

FRANK J. RIGOS, M.D.

ľx farrelľs

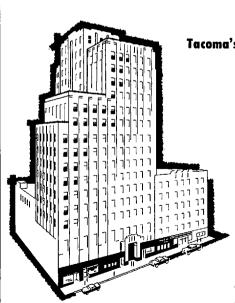
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Editorially Speaking



Is it asking too much to ask you to help put a round peg in a round hole?

Everyone agrees that this is the sensible relationship. In this instance, the round hole happens to be the vacancy left in our State House of Representatives by the retirement of Dr. A. O. Adams, long-time member of the legislature in Olympia, from Spokane. In a few minutes time, Dr. Adams can cite dozens of measures in which the professional opinion of the "doctor in the

house" was sought and utilized by other representatives in reaching their decisions on how to vote. While sometimes this opinion is purely on a clinical basis, at other times it serves to express the opinions and sentiments of the doctors of this State, and sometimes serves to correct erroneous conceptions that other legislators might have concerning our profession on the basis of information they have received from other sources.

To fill this vacancy, Dr. Homer Humiston "fits". Most of the doctors in Pierce County live and vote in the 26th District, and Dr. Humiston is running for representative from this district. His experience as Speaker of the House of Delegates, and as President of the Washington State Medical Association have given him first hand knowledge about what goes on in the State Capitol. I urge your support of Dr. Humiston in his campaign, and your vote for him on Tuesday, September 15. If you plan on being in Seattle that day for the State convention, don't forget to use an absentee ballot.

A relative few of our doctors live in the 25th district, but Hugh Kalkus's bid for a senatorship from that district deserves our support. Unopposed in the primary, his real battle will come up in November.

—S.W.T.

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John May's Salmon Wins Derby; Marsh Whitacre Golf Champ

After "losing" to the lawyers last June 30 in the physician-lawyer golf tournament, the doctors came back strong on August 7 at the annual Fish-Golf-Eat Physician-Dentist Field Day to win first place from the dentists both on the Sound and on the fairways.

More than 15 "professionals" were out on the water early in the morning of August 7. Most had to be content with the satisfaction of a beautiful sunrise and warm weather, like the two luckless but euphoric fishermen shown below, Doctors Jim Hazelrigg and Bill Avery.



However, it was Dr. John May who upheld the honor of the doctors by landing a 6½ pound silver which netted him the first prize of a fiberglass tackle box.

The best the dentists could do was the catch of Dr. John Hughes who landed two fish at one time—one on each hook! Dr. Hughes' feat won him second prize of a fishing pole.

The sun continued to shine all afternoon as Dr. Marshall Whitacre warmed up for his upcoming participation in the Washington State Amateur Tournament in Everett by coming home with the low gross for the day, 74, on the Tacoma Golf and Country Club course. Dr. Jack Fewell had a low net for the field with a 70. Whitacre and Fewell each received a sport shirt for their

efforts. Dentists took home most of the golf ball prizes as Dr. W. C. McGovern had low net in of 71 in the 0-10 handicap division and Dr. H. A. Anderson tied with three dentists for second in this division. In the 11 and over division, Dr. Ted Johnson was low net with 72, and Dr. Bob Johnson tied for second with two more dentists.

Other awards went to the following: Closest to pin on No. 6:

1st Div., Dr. M. Whitacre, 5'3"
Calloway, Dr. Ted Johnson, 9'9"
Closest to pin on No. 11:
1st Div., Dr. J. Harbottle, 16'3"
2nd Div., Dr. P. C. Kyle, 13'10"
Calloway, Dr. J. Bowles, 14'2"
Longest drive on No. 9:
1st Div., Dr. W. C. McGovern
2nd Div., Dr. Sam Adams
Calloway, Dr. Martin Eltrich
Longest drive on No. 14:
1st Div., Dr. J. Harbottle
2nd Div., Dr. Ted Johnson

Calloway, Dr. Tom Blum
The sports program continued at dinnertime, with the telecast of the College
All-Star football game being shown during the evening banquet at the Tiki
Restaurant. Dr. Bob O'Connell chairmanned the event and awarded the

day's prizes.

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ANNUAL MEETING

WASHINGTON STATE MEDICAL ASSOCIATION

September 13-16

Olympic Hotel, Seattle

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2. Once-a-day administration for most pa-

tients with allergies, dermatoses and mild rheumatic disorders has the same therapeutic effectiveness as divided dosage, with no increase in daily steroid requirements.

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5. Experimental studies in man and dog have shown that triamcinolone has an appreciably longer biological half-life than older steroids and somewhat longer than prednisolone, methylprednisolone and dexamethasone.

6. Since one day's supply of steroid for most patients may be obtained by utilizing the Kenacort (Squibb Triamcinolone) 8 mg. tablet, cost of therapy is reduced.

7. Once-a-day dosage saves time for the hospital nursing staff.

8. Once-a-day dosage offers therapeutic convenience and minimizes dosage error.

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Whenever indicated, once-a-day Kenacort (Squibb Triamcinolone) dosage may also be given in other tablet potencies of 4, 2 and 1 mg., or as Kenacort Diacetate (Squibb Triamcinolone Diacetate) Syrup.

DOSAGE: Priming and maintenance doses must be individualized. 8 mg. Kenacort (Squibb Triamcinolone) once-a-day maintains anti-inflammatory and antiallergic activity for many patients with allergies, dermatoses and mild connective tissue disorders. PRECAUTIONS AND SIDE EFFECTS: Corticosteroids should be used only under close clinical supervision, and treatment should be at minimum dosage levels. The usual early steroid side effects such as weight gain, edema and hypertension ordinarily do not occur with triamcinolone. All steroids mask symptoms of infection, and may produce osteoporosis, peptic ulcer, epigastric distress, Cushingoid changes, purpura, hirsutism, vertigo, headache, flushing, sweating, weight loss, negative nitrogen balance, muscle weakness and wasting. Liberal protein intake is essential. Other possible side effects include increased intracranial pressure, papilledema and posterior subcapsular cataracts. Concomitant antibiotic or chemotherapeutic agents are required in acute and chronic bacterial infections. Supportive measures during stress situations must be given during treatment and for a year afterwards. To avoid adrenal insufficiency, withdraw the drug gradually. CONTRAINDICATIONS: Tuberculosis, ocular herpes simplex, acute psychosis, active peptic ulcer, acute glomerulonephritis, acute viral infections, and infections refractory to antibiotics. Weigh its use against anticipated benefit in diverticulitis, anastomoses, thrombophliebitis, psychotic tendencies, chronic nephritis, metastatic carcinoma, osteoporosis, and history of peptic ulcer. Not recommended during pregnancy, particularly in the first trimester. SUPPLY: Buff-colored, scored, 8 mg. tablets, bottles of 50. Also available: white, scored 4, 2 and 1 mg. tablets, and diacetate syrup, fruit-flavored, containing 5.1 mg. triamcinolene diacetate providing 4 mg. triamcinolene per 5 cc.



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WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

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2nd Vice-President	Mrs. James E. Hazelrigg
3rd Vice-President	Mrs. Sidney Kase
3rd Vice-President4th Vice-President	Mrs Harold D. Lucken
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Recording Secretary	Mrs Francis W Hennings
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Today's Health	Mrs. Homer W. Humiston
Cook Book	Mrs. Thomas B. Murphy
International Health	Mrs Charles McGill
Parliamentarian	Mrs William H Cooring

September 14 and 15 are the dates of the State Women's Medical Auxiliary meeting this year. The meeting will again be in Seattle and we hope a great many of the Pierce County women will attend. Mrs. Dena Devans, National Auxiliary President, will be here from Youngstown, Ohio. She will be the guest of honor and speaker at the noon luncheon, September 14. Reservations should be made for the luncheon, if you haven't already done so, by writing Mrs. Meyers, 364 Highland Dr., Seattle, Washington 98109. . . Other groups throughout the state travel miles to support their auxiliary at the State level. It would be wonderful publicity to show how well we work and play together as a Pierce Country Auxiliary group by having a good attendance. This meeting is so close at hand-Seattle is only 30 miles away.

Annual Style Show

Looking toward October 8, Ruth Houtz and Helen Florence as co-chairemn for the Fall Luncheon & Style Show, are moving right along with plans at this time. The show will be a bit earlier than usual this year. This was the suggestion of Lou Johnson's who are putting on the style show. They would like for us to have the advantage of seeing the new fall styles before their stock is depleted and a few weeks at a season change makes a big difference. This social affair of the Auxiliary is an excellent way to take care of luncheon obligations collected throughout the years. Non-auxiliary members look forward to this affair and many are slighted if they are not asked as guests or given the opportunity to buy a ticket. Let's have a full house again. No-host cocktails begin at 11:30 and luncheon will be served at 12:30. Your ticket money must be in before the reservation is made and the deadline is Friday, October 2. The tickets are \$3 per person and reservations may be made with Janet O'Connell. See you there?

Bravo!

Ruth Murphy reports that the sale of the cook books has gone so well that in the two years since the first 2,500 came off the press, there are slightly less than a 100 books left. Bravo! This has taken a great deal of time and effort on the part of this committee and members.

Ken and Keaty Gross have had a delightful house guest from Calcutta, India. He is 23 year old Rajendra Dabreiwala ("Raj"), as he likes to be called. He is married, has no children, and this is his first trip outside of India.

(Continued on Page 17)



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L. O. Larsen

(Continued from Page 14)

His trip to Tacoma was sponsored by the Tacoma Lion's International Club. On his tour across America he will be living with American families. He is here learning something about American industry—his greatest interest being in dehydration of all foods, mainly fruits and vegetables due to the lack of refrigeration in Indian homes. He states that English is the dominant language in India other than their national dialect, with French second. He himself has only been speaking English for 3 years and would put some of us to shame. He was educated at the University of Calcutta, and is also an accomplished chess player. What a delightful experience, Keaty and Ken!

Kay Humiston and Bea Ann Kalkus are busy working on the campaign for their husbands. Don't forget the State primary election September 15. Be sure and cast your vote.

Alva Miller will be winging his way to Anchorage, Alaska as a base for his hunting excursion in September. He's taking Mabelle along to visit with their daughter, son-in-law and grandson. She won't mind what he bags this time as the only thing she will have to put up with will be trophies, she hopes. Kind of hard to drag meat that far! They will be renewing old memories and establishing new ones with their many friends in the 49th State. They will enjoy seeing the new home their chil-

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dren have established since the earthquake.

If you have any news for the bulletin in September, please get it to Mabelle Miller by September 8. After that time Ellen Pinto will carry on for the month of September with a deadline of September 18, so please have your newsworthy items to her by that date.

Christmas Cards

Wives! Watch for the news next month on a new way the Auxiliary will help you take care of the Christmas cards you normally send to the local doctors. Don't buy any cards until you are informed of this plan.

BE SURE TO VOTE

Tuesday, September 15

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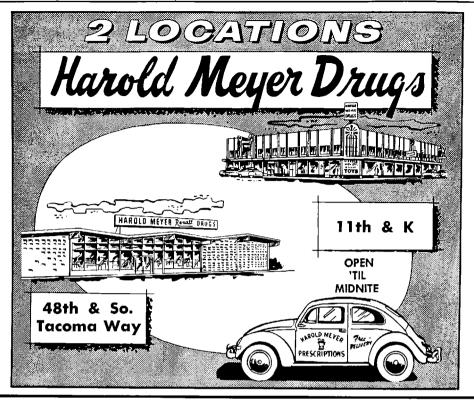


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AMPAC FOR '64

As this article is being written the Democratic National Convention about to begin. (Although by the time you are reading it that convention will be another fascinating chapter in our national political history.) Also at publication time, the primary election will be nearly upon us. How very important it is that our attention be centered on the true importance of the primary. For if the candidate for whom we wish to vote in the general election is not among those candidates surviving the primary, all our willingness to support his campaign later will have been to no avail. Therefore the essential time for a concerted effort on our part is NOW.

Almost without exception each of us should be able to help at least one candidate of our choice financially. All contributions, large or small, are well appreciated by the candidate who must rely on them to buy the bumper strips, cards, brochures, signs and ads so essential to give him exposure to the public. It is the old story that "you can't tell the players without a scorecard" and so proper exposure of name, picture and political philosophy is essential for a successful campaign.

If our concern for our children and our country runs deeply within us, financial aid will not be enough. Since exposure is such a key factor for each candidate, we may wish to help by using a bumper strip on a car, allowing a yard sign to be installed, handing out cards or brochures to friends, and finally, becoming well-versed on his stand on the issues so that we can adequately explain or defend them in our conversations with others.

If we wish to be opinion makers we must utilize each opportunity!

There are approximately five to nine people running for State Representative

in each of the five legislative districts within Pierce County. Therefore it can easily be realized that in order to win the candidate must be sure that his name stands out in relation to the many others listed. And no man is capable of doing this job alone—he must have supporters willing to work in his behalf. You may be thinking that you are just not the type to go door-to-door or in some lesser way actively campaign for any candidate. But until you "get your feet wet" in political campaigning you will never know how interesting, rewarding and even downright fun such contacts with other people can be.

If you are working for a candidate, keep up the good work. If you haven't yet participated it is not too late to volunteer. Let's try a good solid last ditch effort in money and/or active participation for the candidate of our choice.

Most important: DON'T FORGET TO VOTE!!! If necessary, use the absentee ballot provided to each physician by the WSMA.

I'll see you at the polls. And may the best man win!

T. H. S., Chairman, 6th Congressional District AMPAC

ANNUAL MEETING

WASHINGTON STATE MEDICAL ASSOCIATION

September 13-16

Olympic Hotel, Seattle

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Dr. Homer Humiston

Dr. Homer Humiston, well-known as one of Tacoma's ablest and most experienced students of government and legislation, will be on the ballot on September 15 as a candidate for Representative from the 26th District. A large number of local physicians are actively supporting Dr. Humiston in his campaign, being particularly aware of the need for a physician in the legislature. Though best known in Tacoma for his public service as a City Councilman and as medical director for the Pierce County Medical Bureau, he gained valuable experience at the State level when he served as President of the Washington State Medical Association in 1961. Before that, he was Speaker of the House of Delegates of the State Association. Dr. Humiston will continue to support "basically positive public interest legislation" on medical issues and anticipates playing a similar role to that played by Dr. Adams in past years. Dr. Adams is also actively supporting Dr. Humiston's candidacy.

Dr. Humiston's wife, Katharine, is immediate Past President of the Women's Auxiliary of the Society.

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HOSPITALS

Tacoma General

A number of the students who graduated from the School of Nursing on August 14, 1964 will remember with gratitude the thoughtfulness of the Pierce County Medical Society, the Women's Auxiliary of the Pierce County Medical Society, and the Tacoma Anesthesia Associates for their interest in providing scholarships for student nurses. During their three years in the school, five students received \$200 each, one \$180, one \$150, two \$100 each, and two \$75.

Much interest always is directed toward the new graduate's activities as she leaves the school. With the great need for nurses in all services we are pleased to report the following information. Twelve of these graduates will be working at Tacoma General Hospital. They have selected the clinical area, surgery and emergency department. Thirteen are married and will be doing part time staff nursing as well as caring for their homes and family responsibilities. Swedish Hospital in Seattle has employed two of the graduates, Mary Bridge Children's Hospital one, and Lakewood General Hospital one. Three will work in Veterans Hospitals. Two graduates will continue their educational studies at the University of Washington and do part time nursing at the University Hospital. One will assist in the School of Nursing at Tacoma General Hospital.

Social activities that preceded graduation included a banquet at Johnny's Dock with Dr. and Mrs. Judd as guests and a tea at Jackson Hall. A reception for the graduates' families and guests followed the graduation exercises.

The Department of Anesthesiology has six new residents. Dr. Alice Basford

comes from Chicago and has had a two-year residency in obstetrics and gynecology; Dr. Alejandra Berba has had residencies both in anesthesiology and surgery, and comes originally from the Philippine Islands. Dr. David Goodnough comes from Wisconsin, and is a third-year resident. Dr. Samuel Steeves has been at the University of Washington, Department of Anesthesiology, for one year. Dr. Jose Madrid who is originally from Spain, and later had a residency in internal medicine in Philadelphia; and Dr. Martin Mullally is a firstyear resident who comes to us from Michigan.

St. Joseph's

Maternity proudly announces the birth of a baby girl (Patricia Frances) to Doctor and Mrs. Chambers and a baby boy (Paul Allan) to Doctor and Mrs. Brachvogel.

A lovely day was enjoyed by Sister Joseph Margaret, Kay Ramiskey, Eldora Shanks, Mary Wetsch, George Morin and Ruby Burnett at the Investing Ceremony of our former nurse, Patti Gordon, now Sister M. St. Bernadette, on August 12, at Palatine Hill, Portland, Oregon.

The Surgery Department is looking forward to seeing the name of its supervisor on the Honor Roll at Seattle U. this fall. Good luck and God Bless Sister Joseph Margaret!!!

The Pediatric Department welcomes Mrs. Johnson, R.N., who will be assisting Mrs. Riedinger in teaching the pediatric course this fall. We hope she will be with us for a *long* while.

Mrs. Elizabeth Bracey will soon be off on her vacation, which will take her to Washington, D.C. and Virginia. She plans to make a visit to our late President's grave in Washington and visit friends and relatives.

Miss Bonnie Bryant wlil be leaving the Dietary Department September 9 to make final preparation for her wedding on September 11. The future bridegroom is Mr. Dave Worthington, son of Mr. and Mrs. Kirk Worthington of Tacoma. After the ceremonies, the newlyweds will honeymoon in the San Juan Islands on his parents' yacht.

The National Dietetic Convention, held in Portland the last week in July, was attended by Mrs. Middaugh.

Mrs. Rachel Collings, interested in art as well as rehabilitation, spent her vacation on the summer campus of U.S.C., Idyllwild, where she took a two weeks' workshop in ceramics.

Graduation exercises for twenty-three Seniors were held Sunday, August 23, 1964. The day started with 9:00 a.m. Baccalaureate Mass in the hospital chapel. Following the mass, the graduating class was honored by a brunch in the cafeteria. The exercises were held at 2:00 p.m., August 23, at St. Leo's auditorium. Reverend Lawrence M. Wellenburg was the principal speaker.

The school cruise on the bay was Wednesday evening, August 19, 1964 which was enjoyed by the Sisters at the hospital, faculty, and students of the school. There was plenty to eat and after dinner there was singing. Next year the students will have to practice up on their Irish songs before going—or maybe Sister James Helene can lead the singing.

We would like to welcome two new faculty members to our midst: Mrs. Joan Reilly, a graduate from Washington State University, and Mrs. Sylvia Ames, a graduate of the University of Washington.

The Medical Record Department is very busy in preparation for a new class of Medical Record Technicians. Arriving in September will be: Marda Jean Taylor, California; Inga Helene Isakson, Puyallup; Paula Jean Gierke, Tacoma; Barbara Elizabeth Conley, Montesano; Gayle Lee Grant, Vancouver, Wash.; Barbara Jo Reesch, Longview, Wash.

We are happy to welcome Sister Colma as the new Administrator. Previous to this appointment Sister has held administrative and supervisory positions in several hospitals. Now she comes to us from St. Elizabeth's Hospital, Baker, Oregon. Welcome to Tacoma, Sister, and may God's blessing be on your work here—is our wish for you.

Facts of Interest

(Taken from a Newsletter from Congressman Thor Tollefson)

Despite assurances to contrary, the wheat that we sold to Russia earlier this year is going to other Communist and pro-Communist countries including Castro's Cuba. The taxpayers subsidized this wheat to the tune of about \$50,000,000.00.

These are figures on our national finances:

Year	N	atio	onal	l Deficit
1960	Surplus	of	1.2	billion
1961	Deficit	of	3.8	billion
1962	Deficit	of	6.3	billion
1963	Deficit	of	6.2	billion
1964	Deficit	of	8.3	billion
1965	Defici	t es	tim	ate ???
			Int	terest
Year	National Debt		on	Debt
	286 billion	ç	9.2	billion
196 1	288 billion	9	0.6	billion
1962	298 billion	9	9.1	billion
1963	306 billion	S	8.6	billion
1964	312 billion	10).6	billion
1965.	318 estimate	11.	1 e	stimate

ANNUAL MEETING

WASHINGTON STATE MEDICAL ASSOCIATION

September 13-16 Olympic Hotel, Seattle

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Hugh Kalkus Coasts Into Primary, Runs Unopposed Until Nov.



Dr. Hugh Kalkus

In the primary election on September 15, Dr. Hugh Kalkus will be on the ballot unopposed as the Republican candidate for State Senator from the 25th District. Dr. Kalkus has been in practice in this area for 20 years and has 3 children, two of them in college and one in Bellarmine High School. His wife, Bea Ann, is well-known in her own right for her active interest in political affairs.

Dr. Kalkus interned at St. Luke's Hospital in Spokane where he first became acquainted with Dr. A. O. Adams, then a busy orthopedist on the hospital staff, but later to spend many years in the State legislature. Dr. Adams' recent retirement from political life has further impressed Dr. Kalkus with the need of a physician in at least one of the State law-making bodies.

In philosophizing on why people run for political office, Dr. Kalkus boils it down to three basic reasons: (1) To further their own personal interests or career. (2) To represent a certain faction or group. (3) To perform a civic duty by furthering their political beliefs for the benefit of all the people. Probably all three reasons exist to a certain degree in all candidates, but Dr. Kalkus feels that his own aims fall 90 per cent into group number 3.

Convention Bound? Get Absentee Ballot!

If you're attending the State Convention in Seattle on September 13-16, don't forget that Tuesday, September 15, is election day. The State Association carefully planned the meeting in advance so that it would not coincide with the primary election, but then the election date was changed, too late for the changing of the convention plans. The State office has sent out absentee ballot applications to all delegates and others expected to attend. If you plan on being in Seattle all day that day, get your absentee ballot and make use of it. It's a simple and convenient way to vote.

ANNUAL MEETING

WASHINGTON STATE MEDICAL ASSOCIATION

September 13-16 Olympic Hotel, Seattle

See You at the . . .
POLLS
Tuesday, September 15

PATRONIZE YOUR ADVERTISERS

Rain or No Rain, St. Joe's Has Picnic; Frank James on Duty

Despite a cruel move by the weatherman which brought cloudy skies and occasional rain to the shores of Lake Geneva, the annual St. Joseph's Hospital medical staff picnic went on as scheduled on July 15. Only a few of the younger generation had the courage to take a swim, but just about everyone who attended was willing to stand in line for the usual hotdogs, hot coffee, salad, sandwiches and ice cream.



Above, the perennial, hard-working chairman for the event, Dr. Frank James, is seen faithfully tending his post, making sure that each doctor's family had its share of the food. Despite the weather, the doctors fielded a team of butterfingered baseballers to compete with a team of student nurses. Instead

of using a "bean ball", the pitcher could make life uneasy for the batter by tossing an occasional pitch into the big puddle to the right of home plate. Shown below, relaxing and discussing the baseball game are Doctors Doherty, Galbraith, Yoachim, McNerthney and Kittredge.



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PHYSICIANS' AND HOSPITAL SUPPLIES

County Societies . . .

IN THE NEWS

Denver Medical Society, Colorado, headquarters recently became the new "home" of a broadly-based community service project called the Health Resources Center. The Center is designed to bring together physician, patient and health and welfare agencies for fuller use of existing community facilities available to the chronically ill. Launched as a pilot program in 1962 under the auspices of the DENVER METROPOLI-TAN COUNCIL FOR COMMUNITY SERVICE, the service grew out of a meeting of representatives from 45 health and welfare agencies concerned with chronic disease in metropolitan Denver. During the pilot period, a Colorado State Departemnt of Public Health grant provided major financial support of the new Center.

The Health Resources Center seeks to accomplish three broad objectives: To serve as a clearing house of information on community resources to physicians, patients, relatives others concerned with the care of the chronically ill; to compile data offering documentary evidence of unmet needs of such patients; and to coordinate the activities of health and welfare agencies in the care of the chronically ill. The Center employs a medical social worker and part-time secretary who are responsible to an executive committee. Denver Medical Society will act as fiscal agent for the Center and provide administrative as well as secretarial assistance as needed.

Tulsa County Medical Society, Oklahome last month placed into operation a trust fund to provide approximately \$2,500 annually in scholarships to students of medicine, dentistry, pharmacy, nursing and allied medical sciences. The fund utilizes a grant of \$31,500

from surplus income of the mass immunization for poliomyelitis conducted in Tulsa last year by the Medical Society. The number and amount of the scholarships will vary each year in accordance with demand and other factors. Recipients must be residents of Tulsa County who have been accepted for enrollment in a school of medicine, dentistry, nursing, pharmacy, etc. The program is administered by an unrevocable trust fund under the direction of five trustees.

St. Louis Medical Society, Missouri is sponsoring the Sixth Annual Athletic Injuries Conference in conjunction with the Missouri State High School Activities Assn. The Conference will be on Wednesday, Sept. 2. There will be demonstrations and a coaches' panel discussion. Also a physicians' panel discussion and an explanation of the 1964-65 rules and their interpretation. The guest speaker at the dinner will be Stan Musial, Director of the President's Council on Physical Fitness.

Quote of Note . . . "We do not intend to compete with the New England Journal or J.A.M.A. We are not to be another repository for long-winded, poorly conceived, so-called medical literature of which there are already thousands printed weekly and monthly. We do not intend to be another 'throwaway'.

"It is our intention to publish monthly a bulletin of special interest to our members. We shall endeavor to keep our articles short, to the point, and interesting. We have a wealth of local talent, and we hope to pick their brains for whatever pearls are concealed within. We want to be a journal with local flavor."

N. E. Rubenstein, M.D., Editor Rockland County (N. Y.) Medical Bulletin

Remember . . .

TUESDAY, SEPTEMBER 15 is ELECTION DAY

BE SURE TO VOTE

ANNUAL MEETING

WASHINGTON STATE MEDICAL ASSOCIATION

September 13-16

Olympic Hotel, Seattle

Pierce County Medical Society

Medical Arts Building Tacoma, Washington 98402 **BULK RATE**

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MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.—7:30 p.m. Auditorium of Medical Arts Bldg.

STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS First Monday of each month—8:00 p.m. at 424 South K Street

TACOMA ORTHÓPEDIC SOCIETY First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August -8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month-

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE Fourth Monday of each month except June, July and August— 6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August-6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m. at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m. LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December— 7:30 p.m. Dinner—6:30 p.m.

PIERCE COUNTY MEDICAL SOCIETY



BULLETIN

VOL. XXXV—No. 10

TACOMA, WASH.

OCTOBER - 1964



PIERCE COUNTY MEDICAL SOCIETY

REGULAR MEETING OCTOBER 13

Pierce County Medical Society

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1964 OFFICERS							
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xecutive Se	cretary		Judy Gordon				
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	Douglas	P. Buttorff					
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Robert F	Burt	Robert D.	McGreal				
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Edmund	A. Kanar	Bemard R.	Rowen				
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October Birthdays

- Dudley W. Houtz Graham M. Watkins
- Lester S. Baskin M. R. Hosie
- Edward R. Anderson Arnold J. Herrmann Somers R. Sleep
- J. Robert Brooke David F. Dye Kenneth E. Gross Thomas B. Lawley
- Darcy M. Dayton A. R. Islam
- 7 Haskel L. Maier Richard I. Rich
- Jess W. Read 9
- 10 Donald M. Nevitt
- Myron Kass 11 John W. Pelley
- 12 Robert A. Kallsen
- G. W. Bischoff 13
- Robert G. Bond 14 Frank H. James James E. McNerthney
- 16 Murray L. Johnson William H. Ludwig
- C. B. Ritchie 17
- 19 David T. Hellyer Vincent M. Murphy
- 20 **Dumont Staatz**
- 21 Buel L. Sever
- 23 Horace A. Anderson
- 24 Giulio di Furia
- 25 Donald F. Allison Charles M. McGill
- 31 John F. Kemman John Srail

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October Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3
			Pierce County Pediatric Society 6:00 p.m.		C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
5	6	7	8	9	10
Tacoma Acad. of Psych. & Neurol. 8 p.m. Tacoma Orthopedic Society 8 p.m.	C.P.C. of Mary Bridge—8 a.m.	Surgery Grand Round—T.G.H. 8-9 a.m.		C.P.C. of St. Joseph's—9 a.m.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
12	13	14	15	16	17
Staff of Doctors Hospital	PIERCE COUNTY MEDICAL SOCIETY 8:15 p.m. C.P.C. of Mary Bridge—8 a.m.	OB-GYN Conf. T.G.H. 8-9 a.m.			C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
19	20	21	22	23	24
	Tacoma Surgical Club—6:30 p.m. ———————————————————————————————————	Medicine Grand Rounds—T.G.H.		C.P.C. of St. Joseph's—9 a.m.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
26	27	28	29	30	31
Pierce County Academy of General Practice 6:30 p.m.	Tacoma Acad. of Internal Medicine 6 p.m. C.P.C. of Mary Bridge—8 a.m.	Path. Cancer Conf.—T.C.H. 8-9 a.m.			C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.

Grand Rounds-Mt. View General Hospital-Every Saturday 9 to 10 a.m.

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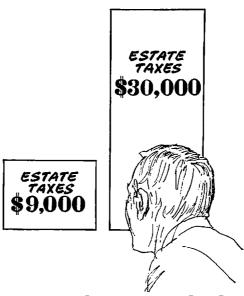
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PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, October 13

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

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Social Hour: 6:00

Dinner: 6:45

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President's Page



Recently, the national television networks refused to sell time to the American Medical Association. The AMA wished to use this time to inform the public on the broad range of health care now available to elderly persons unable to pay for it. The reason given by the TV systems for their refusal was that this issue was controversial; not whether it was right or wrong.

This action is in keeping with the liberal views of many commentators and much of the press. Any disagreement with the liberal viewpoint is regarded as controversial and these who disagrees are labelled as resetting arises or systemicis. Since we

those who disagree are labelled as reactionaries or extremists. Since we cannot expect help from these quarters, it is up to us again as small local groups or as individuals to educate the public.

The King-Anderson Bill may be bottled up now, but President Johnson, if re-elected, will certainly try to remove the cork. Mr. Humphrey will work toward this end also. He is a founder and a recent officer of the left wing group, the Americans for Democratic Action. Therefore, we and the Auxiliary must make every effort to continue presenting the truth to all.

Our two candidates, Homer Humiston and Hugh Kalkus have done well so far, but this is only the beginning. Both need your active help, financial support, or both.

Another item worthy of mention is that the House of Delegates of the Washington State Medical Association at the annual meeting spent more time in discussing how to stimulate membership in AMPAC than on any other subject. AMPAC competes against COPE with excellent results and has only a small fraction of COPE's membership or finances. In order to continue to be effective, it needs to have every doctor as a member. Have you paid your 1964-65 membership dues?

—Frank J. Rigos, M.D.

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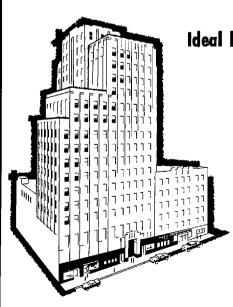
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Editorially Speaking



Vote "YES" for the man. Vote "NO" on his issue.

This seeming paradox is going to be confusing to the casual voter on November 3, and may result in his voting opposite to his own convictions. Referendum No. 34 is not exactly Homer Humiston's issue—his qualifications cover a much broader range. However, his successful campaign which collected 82,995 signatures petitioning for presentation of the issue to the voters,

has made his name the one most prominently associated with Referendum No. 34.

Too many voters, distracted by other issues on the ballot will stand in the voting booth with the following last-minute reflections:

"Home Humiston is a fine man." (RIGHT!)

"He put No. 34 on the ballot." (RIGHT!)

"Therefore, I'll vote 'yes' on No. 34." (WRONG!)

Inform your patients and friends that a "Yes" vote is a vote for legalized gambling and all the evil influence it has been proven to bring to a community. A "No" vote is mandatory to keep the door closed to legalized gambling in this State.

-S.W.T.

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TUESDAY, NOVEMBER 3

IS ELECTION DAY

GET OUT AND VOTE

"Grantsmanship" Part of Medical School Career, Says Guest

An appeal for a return to the production of ordinary "good doctors" rather than the present trend to "super specialists" was made by Dr. George R. Barnes to 90 members of the Pierce County Medical Society at its first fall meeting on September 8. Dr. Barnes is a pediatric radiologist at Los Angeles Children's Hospital.

Unfortunately, according to Dr. Barnes, the good, broad-interest practitioner on the medical school staff is just dying out. The only way to advance through the various positions on the staff is to excel in the art of "grantsmanship". To obtain grants, one must be the top expert in a certain field, and the easiest way to do this is to choose a field so limited that few other people could really claim to be experts. For example, he suggested a project of counting the number of seeds in the seedy stool and eventual publication of a paper entitled, "The Average Number of Seeds in the Seedy Stool of the Mentally Retarded Child." Such a paper would be almost certain to earn a grant, since the writer would no doubt qualify as the world's greatest expert in this field. Having shown such excellence in grantsmanship, the writer would then

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be entitled to further advance on the medical school staff.

Also cited was the example of a physician's daughter with thrombocytopenic purpura who was attended by six different specialists from six different departments of the medical school. Her care could have been better managed by a single broad-interest physician, with consultation as he felt indicated.

The regular October meeting of the Society will be on Tuesday evening, October 13 at 8:15 p.m., preceded by a no-host social hour and dinner at Honan's Restaurant across the street from the Medical Arts Building.

-S.W.T.

Not One -- But Two(!) Prizes For Mattson In Elks Fishing Derby

You've heard about the salesman who could sell refrigerators to Eskimoes. Well, now comes the one about the Elks Fishing Derby of Sunday, September 20. Dr. Robert Brooke, Exalted Ruler of the organization, happily congratulated the winners, but must have had his tongue in cheek as he shook hands with Dr. Bill Mattson whose 14pound salmon earned him fourth prize in the derby in competition with 904 fishermen. Just a few more pounds and Bill might have had himself a new boat and trailer. Or just three more ounces would have meant a new 18-horse outboard motor. Only two extra ounces and he would be fitted for a \$100 suit of clothes. But for his 14-pounder, Bill's eyes fairly sparkled as he accepted his prize—a pair (yes, two, not just one!) of brand new contact lenses! Bill's vision-20/20, natch! If anyone has any suggestions on what else can be done with these items besides applying them to one's eyeballs, please call Bill at SK 2-4297.

WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

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Tresident	M. M. M. T. W. I.
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1st Vice-President	Mrs. Theodore Smith
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2nd vice-President	Nirs. James E. Hazenigg
3rd Vice-President	Mrs, Sidney Kase
4th Vice-President	Mrs. Harold D. Lucken
4th vice-riesident	
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Civil Defense and Safety	
Historian and By-Laws	Mrs. Herman S. Judd
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	Mrs. Jack J. Erickson
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	Mrs. Robert M. Ferguson
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Hanet	Mrc W W Matteen Ir
C	Mis. W. W. Mattson, ji.
Cancer	mis. J. Robert prooke
Finance	Mrs. Haskel L. Maier
Dance	Mrs. Robert P. Crabill
	Mrs. Arthur P. Wickstrom
Fashion Show	Mrs Dudley W. Houtz
1 (t.strikit) 51(54)	Mas Policet W Florence
Mental Health	Mrs. Robert W. Florence
Mental Health	Mrs. Charles P. Larson
Today's Health	Mrs. Homer W. Humiston
Cook Book International Health	Mrs. Thomas B. Murphy
International Health	Mrs Charles McCill
Parliamentarian	Mar William H. Camira
ramamentarian	wirs, william H. Goering

FIRST FALL MEETING

Be sure and attend the October 16 coffee (10 a.m.) at the home of Mrs. Richard Huish, 44 No. Summit Road. Time to pay dues and a chance to meet our scholarship students. Mr. Harold Pearson will be the guest speaker to discuss estate management and financial planning. Since many women tend to think of higher finance in the same category as higher moon shots, Mr. Pearson promises to bring it all down to earth for us. We are fortunate to have him at this time since he will have just returned from speaking before the American Mfg. Association in Houston.

DUES ARE DUE

Remember to send your dues of \$10 to Mrs. Glenn H. Brokaw, 2919 North Alder, Tacoma.

PRESIDENT'S LETTER

Dear Members:

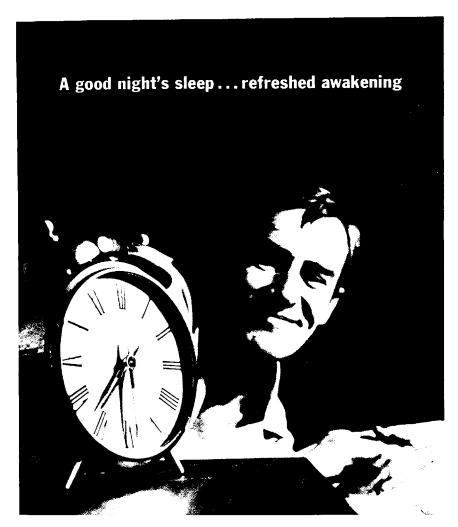
At the beginning of another Auxiliary year, may I greet each of you and wish for us all a fruitful and companionable year ahead. Since Mabelle Miller has been forced to take a rest from all duties for a short period, it is my pleasure to be Bulletin Editor for this month. So, to you comes the President's letter in this form in place of the customary one by letter.

Your Board and various Committees have been very active throughout the summer, as you will see by the plans already unfolding. Some of you may have attended the AMA meetings in San Francisco in June. Others of you have recently been to Seattle to attend the State Convention. Nine of us from Pierce County were present and very proud when Kay Humiston gave the report of our Auxiliary at the State Auxiliary meeting.

Underscoring our National President's theme of "Better Health — Better World," we hope that our Auxiliary will keep before us this year our place in bringing this about right here in Pierce County.

We begin with our Annual Fashion Show on October 8 at the Top of the Ocean. "Coutures en Fete" is the title of the show which Lou Johnson's is presenting for us. Refreshment hour begins at 11:30 a.m., lunch at 12:30 and style show at 1:30. Ruth Houtz and her large committee have every detail well in hand. It is our hope to have the President of the Dental Auxiliary, the President of the Madigan Hospital Auxiliary and several other honored guests in at-

(Continued on Page 17)



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L. O. Larsen

(Continued from Page 14)

tendance. I am sure that you have all made your reservations by the time you receive this Bulletin. This is the event which brings to us the largest amount of funds for our better health projects, as you know.

Our first Auxiliary meeting will be a coffee on October 16 at the home of Mrs. Richard Huish, 44 No. Summit Road Mrs. G. W. Bischoff is the chairman of this event. Our special guests will be our nursing scholarship girlsfour of them. These scholarships are one way we plan for "better health in a better world" in our community. At this meeting, Mr. Harold Pearson will speak to us on estate planning and our Legislative Committee will inform us on ballot issues. Do plan to attend to greet your friends after the vacation season and to welcome our student nurses. And don't forget to bring your checkbooks for it is DUES TIME again. Our dues are \$10.00 each year which includes \$8.00 dues and \$2.00 hostess fee. If you cannot attend, please send vour dues to Mrs. Glenn Brokaw, 2919 North Alder Tacoma.

Elsewhere in this Bulletin you will find a detailed account of a new project adopted by the Board to raise money for AMAERF. It is a Christmas Card Project which sends your cards to families in our profession upon receipt of a donation to the AMAERF Fund. There will be a further explanation of this at our October meeting. Julia Mueller is the enthusiastic chairman of this endeavor.

On October 9, state Civil Defense authorities are holding an all-day meeting in the Capitol in Olympia to which all of us are invited. You do not have to make any reservation. The call to order is at 9:30 a.m. in the Capitol. In the morning there will be speeches, a workshop and a cobalt demonstration. In

the afternoon, all present will be taken by bus to the state armory for an emergency medical disaster demonstration. After this, there will be a tea at the Governor's Mansion and all will be guests of our Governor's lady. The county Civil Defense officials are hopeful that many of us will be present.

The new Yearbooks are at the print shop. In them you will find exciting announcements regarding future meetings of our Auxiliary, a visit to Allied Arts, a luncheon and tour at Madigan Hospital, a luncheon with our new State President, Mrs. Lyle, a report on community health programs in which our Auxiliary members are active. Please put the dates on your calendars as soon as you receive your Yearbook so that you can join us on these occasions.

This next month will be a frantic one for many Auxiliary members. For Kay

(Continued on Page 19)

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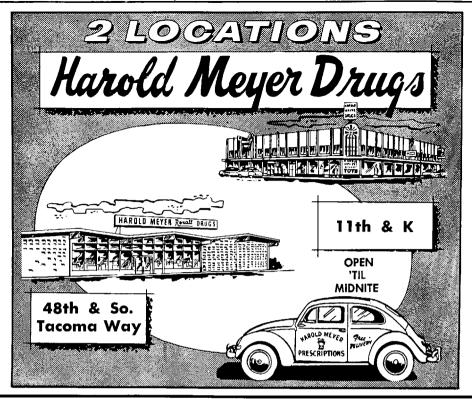


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(Continued from Page 17)

and Bea it will mean campaigning with their husbands. For some, it will mean hours in party headquarters. For our Minute Women it will mean being ready to alert you to events in Washington, D.C. For others, it will be doorbell ringing precinct work with busy husbands and speeches regarding ballot issues. This is another vital way that doctors' wives contribute to the communities in which we live.

Here's to a great year together. See you at the Style Show.

ELLEN PINTO, President.

CHRISTMAS CARD PROJECT

Here is a TAX-DEDUCTIBLE way to take care of the chore of sending Christmas cards to fellow physicians in Pierce County. One card is sent out by the Auxiliary to each Doctor in Pierce County. On the card are the names of those Doctors who sent a check for the amount he would have spent on Christmas cards, postage, and time to the AMAERF Auxiliary chairman. She, in turn, relieves them of this time-consuming job by sending *one* appropriate card to each doctor's residence in the County. This card explains the plan briefly and lists the names of all contributors.

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The chairman of this project (who keeps the amount of the individual contribution strictly confidential) holds the checks only long enough to total them before sending them on their way. Every cent of these TAX-DEDUCTIBLE DONATIONS goes to the medical schools (of one's choice, if so stipulated) for research and education. Operating costs, which need not be great, are paid for by the Auxiliary.

These contributions are not meant to replace the ones usually made by the Doctors each year to AMAERF. Instead, these are made with money that would have been spent anyway, and should have no effect on the family budget.

October 31 is the deadline for sending in your contributions and having your name on the Christmas card. Make out the check to AMAERF AUXILIARY FUND (you may specify any School of Medicine). If not the money goes into the general fund and is distributed

(Continued on Page 21)

See You at the . . . POLLS

Be Sure to . . .

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(Continued from Page 19)

among the medical schools.) Send your TAX-DEDUCTIBLE checks to Mrs. Stanley A. Mueller, Jr. (chairman of the Christmas card project) 1512 No. Orchard, Tacoma, Washington 98466.

Cancel that Yule card order, but please save your check—

Or this 'ERF Chairman will be on your neck!

A better plan have I, on which I've pondered,

For using the money you've almost squandered.

Won't aiding our med schools be a much better way

Of extending good cheer this Christmas holiday?

A very appropriate card, with a Yuletide theme,

I'll send to each doctor's home explaining the scheme.

It will list your full name, and all of the others,

Who GAVE UP sending cards TO GIVE to their "brothers".

With pride, you will realize that your money's well spent

Though you'll have to admit that it cost not a cent . . .

(Since you know you had already planned to spend

That much for the cards which you usually send.)

All but the stationer and our dear of Uncle Sam

Will benefit greatly from this deductible plan.

It's guaranteed to save time, and you'll just adore

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A warm welcome to the forty-one students who have entered the School of Nursing. We hope that each of you realize the fulfillment of your desires to be a professional nurse three years hence. The administration and faculty alike wish you well and desire your stay to be profitable and pleasant.

Two new instructors and two parttime instructors have been added to the staff of the School of Nursing:

Mrs. Sylvia Ames, — Obstetrical instructor

Mrs. Joan Reilly — Medical-Surgical instructor

Mrs. Strickland, part-time, Medical-Surgical

Mrs. Zelanek, part-time, nursing Fundamentals

Mrs. Shirley Johnson, instructor, will be attending the Nursing Conference of the American College of Obstetrics and Gynecology at San Diego, California September 25 and 26.

Our sincere wish for continued success in their chosen field goes to each of our recent graduates who have joined the staff of St. Joseph Hospital. They are:

Miss Marita Stahl, Obstetrics Miss Delores Beyler, Medical Miss Joyce Frederick, Surgery Miss Ingrid Riveness, Medical

MATERNITY

A farewell party was given for Sister Francis Joseph, on Wednesday evening

at "The Top of the Ocean". A smorgasbord was enjoyed by members of the staff and friends. Sister will be furthering her education at Seattle University.

We are extending a warm welcome to Sister Ameliana, our new Supervisor.

PEDIATRICS

Our hearts are heavy with the loss of our beloved Elizabeth Bracey, though we know she is in the hands of our Lord.

Our prayers are being offered for the quick recovery of Mrs. B. Schmidt. We hope she will forgive our lack of attention but the "No Visitors" sign keeps us out. We are thinking of you!

The staff welcomes Mrs. M. Burton who comes to us from the Annex. She is filling the vacancy left by Mrs. V. Walters.

A greeting also goes to Mrs. Anne Woods who is doing very well in her attempts to fill the empty shoes of Elizabeth. Mrs. Margaret Hall has taken over the duties of Robbie, during early evenings and week-ends.

Welcome to the new pediatrics students. The patients and staff are glad to have you.

NURSERY

Mrs. Marjorie Ervin and Mrs. Gladys Gislason are currently surfboarding in sunny Hawaii.

Mrs. Louise Higby has returned from her vacation in Michigan.

Doctor Heaton's granddaughter, Robin, has joined our nursery staff.

We are glad to welcome Mrs. Louise Keeley back to the nursery floor.

Our newly wedded Mrs. Frances (Carter) Duckett has rejoined us.

The babies and the nursery staff are

going to miss Sister Francis Joseph. We wish her luck in her studies.

MEDICAL RECORDS

The Medical Record Librarians and auxiliary personnel held their first meeting of the fall season, at St. Joseph Hospital on Tuesday, September 22. Pharmacology has been chosen for study and discussion at meetings held during the coming months. Plans are being made to have pharmacists from the various hospitals talk to the group on this subject. New drugs and their reactions will be considered in particular.

A workshop in ICDA coding and indexing will be held in Seattle at the Benjamin Franklin Hotel on September 30 from 1:30 p.m. until 5:00 p.m.

Tacoma General

About forty interns and residents of Tacoma General Hospital held a reunion on Friday, September 4, 1964. Doctor Charles P. Larson was Master of Ceremonies and introduced those present, and read letters and greetings from former interns and residents of the programs. He reported that 168 interns have interned at Tacoma General Hospital since 1924, and 86 Anesthesiology residents and 21 Pathology residents. Fifty-eight physicians who have gone through internship and residency programs at Tacoma General Hospital are practicing in the Tacoma vicinity. Dr. Richard Snyder, former intern, came from Redwood City, Calif.

Be Sure to . . .

VOTE---TUESDAY
NOVEMBER 3

Mary Bridge

This September the Speech and Hearing Clinic under the direction of Mrs. Frances Aden begins its tenth year of service to speech and hearing handicapped children and adults.

The demand for speech and hearing services to adults has been so great that we are increasing our staff and enlarging our facilities to meet this demand. Mr. Stanley Dickey will continue his program with adult aphasics and adult stutterers. Mr. William Ravey, who has just completed his M.A. degree in the field of audiology, will return to our staff to work with the acoustically handicapped adult. Mr. Ravey will teach lip reading on the adult level. Mrs. Aden will continue her program working with adult cleft palates, adult aphasics and adult laryngectomies who are learning to use esophogeal speech. These therapists are certified by the American Speech and Hearing Association and are specialists in the field they represent.

At this time we invite your cooperation with and participation in our expanding adult program.

Western State Hospital Honors Dr. C. P. Larson

On September 30 a luncheon was held at Western State Hospital in honor of Dr. Charles P. Larson. Dr. di Furia, superintendent, presided.

A CPC followed the luncheon which celebrated the 30th anniversary of the date Dr. Larson gave his first CPC at Western State Hospital.

PATRONIZE YOUR ADVERTISERS!

"Down-Under" Guest Kicks Off New T.G. **Education Program**

The initial meeting in the continued education program at Tacoma General Hospital was held at 8:00 a.m. in Jackson Hall with an excellent attendance by the staff. Dr. James Mason, Director of Medical Education at Tacoma General Hospital, was chairman of the meeting and Dr. Arthur Wickstrom introduced the guest speaker, Mr. Justin Paul Fleming, M.S. of Sydney, Australia. Mr. Fleming reviewed his hospital's

experience in the treatment of 674 patients with cancer of the breast. He felt that radical mastectomy was still the treatment of choice in those patients with apparent limitation of the disease to the breast area, but routinely followed such treatment with x-ray treatment of the retro-sternal and supraclavicular areas. Patients with extensive axillary involvement, or with a large, involved apical node, were treated with simple mastectomy and post-operative irradiation according to the general plan of MacWhirter.

The weekly meetings are to be continued, with staff members being notified in advance of the variety of subjects to be presented.

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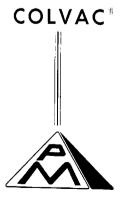
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TUESDAY, NOVEMBER 3

IS ELECTION DAY

GET OUT AND VOTE

New Service Program Announced to Help Neglected Children

The following letter to the Society has been received from Crowell Beals, new administrator in the Pierce County Office of the State Department of Public Assistance. It is published here for its general interest.

_S.W.T.

"With your sanction and support, during the past year the Child Welfare Division of the State Department of Public Assistance in Pierce County has been pioneering a new service program, Protective Services for Children. We are happy to report that as of July 1, 1964 we have a unit of three social workers devoting full time efforts to Protective Services. These workers are: Mrs. Mary Brewer, Mrs. Irene Kingston, and Mr. Gordon McDougall.

"Our concern is focused on children who are suffering from abuse, neglect or exploitation. Our goal is to correct, through use of casework services, those problems within the family which jeopardize the children. Usually we have found that these children come from families in distress, but families who can be helped to become better parents. Where court action is indicated it is utilized; but our focus remains on protection of children rather than on punishment of parents.

"We are alerted to the needs of these children through complaints. These complaints may come from any source and are given immediate attention by one of the three social workers.

"During the month of July our Protective Services unit received 28 such complaints involving 75 children. Two were dismissed as being "crank calls,"

but 26 of them, involving 68 children, were evaluated as needing some kind of attention. Of these 15, or 47 children, were accepted for continued service. The remainder were referred to other agencies or other divisions within our own agency.

"Although a great deal of community work preceded the establishment of this service, we continue to invite your interest, inquiries, comments . . . and referrals!"

CROWELL BEALS,

Administrator.

Tacoma Talent on Display at State Medical Convention

Creative and cultural talents of four Tacoma physicians were on display at the Washington State Medical Association meeting in Seattle in September. Though non-competitive, the exhibition was a popular feature at the convention.

Dr. Fred Schwind had entries in two media. One was entitled "Madonna" and was a mosaic of wood veneer, and the other was a set of cork engravings. Also working with wood was Dr. Ed Kanar, who displayed three carved wooden trays in leaf design. Dr. George Gilman entered a large oil painting of Cascade Lake in the Teton Mountains. Dr. Glenn McBride, a recent winner in a newspaper photography contest, showed a large photo study of a lioness and her cub obviously surveying the situation and appropriately titled, "Mother, Where Is Daniel?"

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AMPAC for '64

Our Washington State primary is over. There are few absentee ballots left to be counted so the stage is fairly well set for the general election November 10. The Tacoma Labor Advocate on September 11, 1964 listed 33 COPEendorsed candidates from governor on down. Five men endorsed by COPE lost in the primary. (Since it was possible for only two out of the three endorsed candidates in the 25th legislative district to win, therefore it was a necessary conclusion that one man would drop out of this race, so in essence, only four places were actually lost.) A percentage loss of this amount is not bad in any man's language.

From AMPAC's side of the picture, which represents mainly U.S. Congressional races and some State representatives (M.D.'s who are candidates) we are happy to report that all but one of our candidates were elected in the primary. While survival through the primary is essential, winning the office in the general election is not guaranteed. We have made an excellent start and now we must dig in for the final election. While our men survived the primary, some are on shaky ground and need our support badly. Once again, when it is all boiled down, this means MONEY! . . . Unfortunately, successful campaigns cost money and general elections cost much more than do the primaries.

And so to the personal sales pitch! AMPAC state and national dues for the year 1965 are due and payable now. As can be readily surmised, this is an important general election coming up. All seven of our U. S. Congressional seats appear on the state ballot this November as well as numerous seats in our legislative districts. AMPAC needs YOUR money now — today. COPE (Committee on Political Education, for

Labor) is a large, well-financed organization which can more easily raise money through membership means regardless of the individual laboring man's political views or lack of views. We, in a sense, lack such membership means, and therefore must come begging each individual to join AMPAC and aid us in the fight for good sound constitutional government.

You recently received a dues appeal in the mail as did your wives. It should be pointed out that the Auxiliary for the coming year has been instructed by Dr. Roland Pinkham, our new state president, to make AMPAC an important part of their program. Please send your AMPAC dues to the State AMPAC office or to me directly.

Our need for good government is constant but current, and money counts for so much right now. So remember to send your \$20.00 this week.

Thank you,

THOMAS H. SKRINAR, M.D. 6th Congressional District AMPAC Chairman

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County Societies . . .

IN THE NEWS

St. Clair County Medical Society, Illinois, in cooperation with other civic minded agencies, is sponsoring the Sesquicentennial Health Fair on September 15, 16 and 17. This year's Fair is designed to bring to the attention of the people of St. Clair County the numerous health services available to them through their local hospitals and the many county health and welfare agencies. The Fair also encourages the attainment of better health for each individual and will also depict the tremendous medical advances in the past 150 years. Along with this stress on health services is the equally important emphasis placed on the interesting and challenging careers available to young people in the field of medicine.

Erie County Medical Society, New York, has recently approved a coronary disease study to be made by the Department of Preventative Medicine. State University of New York at Buffalo, School of Medicine. The study, expected to take one year, is on the prevalence of coronary artery disease risk factors among women who have experienced excessive pregnancy wastage and will be financed by the National Institute of Health. The study will require the cooperation of the private physicians of the women subjects. At the time of initial contact, the subjects will be asked for the name and address of their private physician who will be notified by letter of the proposed study. In addition, the results of the laboratory studies will be forwarded to the private physician at the conclusion of the investigation.

St. Louis County Medical Society, Missouri, will present its fourth annual School Health Institute on September 23 and October 21. In September, a program on Eye Health will be presented and will include a discussion by three ophthalmologists of school vision screening services, signs and symptoms of visual disturbances and injuries and common diseases of the eye. The October session will deal with Football Injuries and Their Prevention. All administrators of private, parochial and public schools; principals, teachers, coaches and nurses are being invited to attend these sessions as well as Society members.

Quote of Note . . . "Patriotism means to stand by the country. It does not mean to stand by the President or any other public official save exactly to the degree in which he himself stands by the country. It is patriotic to support him insofar as he efficiently serves the country. It is unpatriotic not to oppose him to the exact extent that by inefficiency or otherwise he fails in his duty to stand by the country. In either event, it is unpatriotic not to tell the truth-whether about the President or anyone else-save in rare cases where his would make known to the enemy information of military value which would otherwise be unknown to him."

PRESIDENT THEODORE ROOSEVELT

Be Sure to . . .

V O T E - - - TUESDAY

NOVEMBER

PATRONIZE YOUR ADVERTISERS

Whitacre, Durkin Star in State Medic Golf Tournament

If you were at the State Association convention in Seattle you could hardly help seeing the 21/2 foot ornate silver trophy on display near the registration desk. If you missed it, you can still have a look at it by dropping by the Whitacre residence at 926 Fairview, where it'll be on display for the coming year. Dr. Marshall Whitacre turned in a low gross score of 76 in the field of some 150 doctors on the Broadmoor Golf Course in Seattle to earn a year's possession of the Dan Houston Memorial Trophy. As a permanent souvenir of his victory, he received a large silver tray, donated by Dr. Alfred Strauss of Chicago for the occasion.

Hottest putter of the day was in the hands of Dr. Stan Durkin, who won a prize for finishing the round with a total of only 26 putts, the lowest in the tournament.

President's Visit Upsets Doctors' Meals, Exhibits, Program

Politics makes strange bedfellows, they say, but President Johnson's advance party for his visit to Seattle in September couldn't accept this aphorism. Perhaps on the basis of the "non-political" nature of his visit, they refused to let Washington State Medical Association officials share the same floor as the President at the Olympic Hotel—let alone the same bed.

For the Medical Association, mealtime proved even more disturbing than bedtime, in that the entire medical exhibition hall had to be evacuated on short notice on Tuesday evening to make room for the President's hastily scheduled banquet on Wednesday. Thus, there were no commercial exhibits on the last day of the convention. From the Association's viewpoint, the "non-political" visit was also "non-good will."

Remember . . .

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Pierce County Medical Society

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MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of March, June, Sept., Dec.-7:30 p.m.

Auditorium of Medical Arts Bldg.

STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m. STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m. STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Monday of each month—8:00 p.m. at 424 South K Street

TACOMA ORTHOPEDIC SOCIETY

First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August

-8:15 p.m.

STAFF OF TACOMA GENERAL First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month-

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August— 6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August— 6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m. at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December— 7:30 p.m. Dinner-6:30 p.m.

PIERCE COUNTY MEDICAL SOCIETY



BULLETIN

VOL. XXXV—No. 11 TACOMA, WASH. NOVEMBER - 1964



PIERCE COUNTY MEDICAL SOCIETY

REGULAR MEETING NOVEMBER 10

Pierce County Medical Society

1964 OFFICERS President ... Frank J. Rigos
President Elect Frederick J. Schwind
Vice-President George S. Kittredge
Secretary-Treasurer Arnold J. Herrmann
Executive Secretary Judy Gordon TRUSTEES

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John F. Comfort
Kenneth E. Gross
Charles C. Charles J. Galbraith Herman S. Judd Charles C. Reberger Robert W. Osborne

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Mental Health Mental Realth Harold B. Johnston, Chairman Stuen William H. Todd Marcus R. Stuen

Poison Control Claris Allison, Chairman Bulletin Staff

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Business Manager Judy Gordon
Auxiliary News Editor Mrs. Alva E. Miller



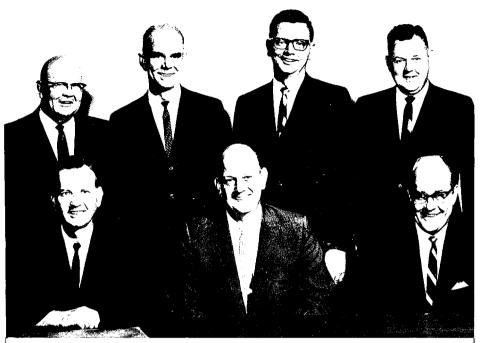
November Birthdays

- Charles E. Kemp
- Carl O. Granquist J. Hugh Kalkus George A. Moosey
- 5 William C. Brown
- Sherman S. Pinto Timothy G. Young
- Rav M. Lyle Wayne W. Zimmerman
- 11 John M. Shaw Kenneth H. Sturdevant
- 13 Dale D. Doherty Paul E. Gerstmann
- 14 Thomas H. Clark Kiyoaky Hori
- 16 Kurt Brawand Galen H. Hoover
- 17 Theodore R. Haley
- 18 G. Marshall Whitacre
- 19 Calvin R. Lantz
- 20 Joseph A. Benson
- 22. Edward S. Eylander Vernon O. Larson
- 23 Ralph V. Stagner
- 24 John R. Alger
- 25 William McPhee
- 26 Kenneth S. Kilborn Theodore I. Smith
- 29 John Colen William Rademaker
- 30 Thomas A. Smeall

Photo of Mt. Rainier with Lake Tipsoo and majestic firs in the foreground. Courtesy of William Dugovich, Public Information Officer, Washington State Highway Commission, Department of Highways.

PATRONIZE YOUR ADVERTISERS

HAVE YOU PAID YOUR AMPAC DUES?



TOP: Hank Everson, Chuck McCallum, Dick Milton, Jim Gribbon. BOTTOM: Neal Heston, Ken Platzer, Hal Gullett.

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November Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7
Tacoma Acad. of Psych. & Neurol. 8 p.m. Tacoma Orthopedic Society 8 p.m.	C.P.C. of Mary Bridge—8 a.m.	Surgery Grand Round—T.G.H. 8-9 a.m.	Pierce County Pediatric Society 6:00 p.m.		C.P.C. of TCH-MVGH (MVGH Classrm.) 8 a.m.
9	10	11	12	13	14
	PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M. C.P.C. of Mary Bridge—8 a.m.	OB-GYN Conf. T.G.H. 8-9 a.m.		C.P.C. of St. Joseph's—9 a.m.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
16	17	18	19	20	21
ĺ	Tacoma Surgical Club—6:30 p.m. ———————————————————————————————————	Medicine Grand Rounds—T.G.H.		P.C.M.B. Board 8:15 p.m.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
23	24	25	26	27	28
Pierce County Academy of General Practice 6:30 p.m.	Tacoma Acad. of Internal Medicine 6 p.m. C.P.C. of Mary Bridge—8 a.m.	Path. Cancer Conf.—T.G.H. 8-9 a.m.	THANKSGIVING DAY	C.P.C. of St. Joseph's—9 a.m.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.

Grand Rounds-Mt. View General Hospital-Every Saturday 9 to 10 a.m.

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PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, November 10

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

Quin B. De Marsh, M.D.

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Social Hour: 6:00 Dinner: 6:45 Honan's Restaurant

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President's Page



One of the duties of the president of a county medical society is to promote and follow the directives of the A.M.A. and the State medical associations as far as possible. In recent years, more and more of these communications have had to do with national politics and the education of the public. Now, much of this effort is not enjoyable and some is discouraging and disappointing. Nevertheless, the need for political action and the need to educate the public as to the values in our type of gov-

ernment and our type of medical care are most urgent.

It was with these objectives in mind that the AAPS started a high school essay contest on these subjects several years ago. Last year the Pierce County Medical Auxiliary sponsored this contest and in March, 1964 the Board of Trustees of the Medical Society recommended that the auxiliary continue the contest in future years. This is the only recommendation that the Trustees of this society have made to the auxiliary in eight years or more. The Board of the Medical Auxiliary replied on October 3, 1964 that, for various reasons, the auxiliary will not sponsor the contest for the coming year. This, of course, is their privilege and your Board of Trustees considers the matter closed. Nevertheless, the prime function of the Medical Auxiliary is to help the Medical Society and so some of the trustees can't help feeling a little disappointed. How about you?

Some of the Trustees are a little disappointed in me, also. The Nominating Committees for the officers of the Pierce County Medical Society are supposed to be elected at the October meeting. I thought of this two days after the meeting. I'm sorry. After some quick consultation with the secretary, two nominating committees were appointed from among the trustees.

FRANK J. RIGOS, M.D.

ľx farrelis

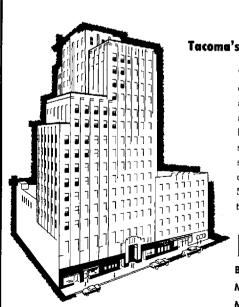
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Editorially Speaking



We're slow to learn . . . or will we ever?

The recent eulogies to Herbert Hoover, praising the greatness of the man and expressing regret for the vilifications heaped upon him in the early 30's, come at a time when vilification is at its height in popularity. Perhaps I'm like the patient who always declares that *this* operation hurts a lot more than the previous one he had. He can't accept the explanation that the only reason this one hurts worse is that it's *now*. Neither can I accept

such a logical explanation for my feeling that this year's national and State chief executive campaigns have been cheapened by the tendency for all concerned to spend more time conjuring up cleverly-phrased destructive criticism (also known as "name-calling") of their opponents than they have in accentuating their own qualifications. Their theory seems to be that the voter is trying to decide which candidate he wants to not vote for most!

I suppose politics is politics, but still it would be a refreshing change to see a campaign in which each political party worked so hard to choose its most qualified candidate that the campaign would be forced to appeal to the voter to vote for the best man, not just to not vote for the most evil.

Just wait. Today's vilifiers will write tomorrow's eulogies, hardly bothering to put tongue in cheek.

—S.W.T.

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TROPHY WINNERS!







Dr. Erna Guilfoil

The smiling trophy-winners above are holding mementos of Tacoma's near domination of sports at this year's convention of the Washington State Medical Association in Seattle. On the left is Dr. Marshall Whitacre, holding the trophy he won for being tourney golf champ with his low gross of 76. In his right hand he holds the silver tray which he was awarded to keep, and in his left hand is the giant trophy which is his for a year.

On the right is Dr. Erna Guilfoil, displaying her trophy for catching the largest salmon of any of the women participating in the fishing derby at the convention. Erna refuses to divulge the size of the salmon, but a usually reliable source suggests that the trophy may be considerably

larger than the winning salmon.

Dr. Wright Retires; Cites Need for Proctologist

Dr. Ross D. Wright retired from active practice on September 1, 1964, 40 years after he first came to Tacoma to practice. It was in 1924 that Dr. Wright arrived in Tacoma from Missoula to work at the Northern Pacific Hospital. Nine years later, he went to Coulee Dam to be in charge of the hospital there for the following four years during construction of the dam. Graduate training in proctology followed, after which he returned to Tacoma where he has been an active participant in the affairs of the medical community. In recent years his work has been limited almost entirely to proctology, and he has been the only specialist in Tacoma limiting his work to this field. He feels that Tacoma offers an excellent

opportunity for a specialist in the field of proctology.

In 1946, Dr. Wright was President of the Washington State Medical Association, and for several years was the State delegate to the national AMA convention. A factor in his retirement was the recent unfortunate accident in which he was injured in a fall last May.

Dr. Wright was a member of many honorary societies, including membership in the American Proctologic Society and Fellowship in the American College of Surgeons.

LAKEWOOD OFFICE BUILDING — Designed for physician. 1100 square feet, on-premise parking, centrally located 3 blocks from hospital. Drapes and floor covering included. Office furniture if desired. \$30,000. Box 3343 Lakewood Center, Washington.

Dr. Griffin Retires



Ask any old-timer on Sixth Avenue who the doctor is above the Central Bank, and they'll still automatically say, "Why it's Dr. Griffin, of course," even though Dr. Griffin moved from that location five years ago when he moved into more modern quarters at the Puget Sound Medical Building, and even though he retired from practice on September 1, 1964. For thirty years, Dr. Griffin maintained his office at Sixth and Pine faithfully serving the surrounding community, with time out for military service in the European theater for three years during World War II.

Dr. Hillis F. Griffin came to Tacoma in 1929, after graduating from Loyola and interning at St. Bernard's Hospital in Chicago. He served as President of the Pierce County Medical Society in 1957, and has been on the Board of Trustees of the Society and on the Executive Committee at Tacoma General Hospital. Dr. Griffin has continued to make a good recovery from his recent illness to the point that he is now self-sufficient and able to enjoy his retirement, living with his son and daughter-in-law.

FOR SALE—Good used Ansaphon. Retails \$365; will sell for \$250 with year's guarantee. Answers telephone and takes messages. BR 2-1678.

HAVE YOU PAID YOUR AMPAC DUES?

Doctor Historians Scarce: Director Asks, "How Come?"

Since doctors are present at the most crucial times in any individual's history, i.e., his birth, death and at times of serious illness, they should logically have a natural interest in the crucial events in the history of mankind itself. So reasoned Mr. Bruce LeRoy in his easy-mannered address to 75 members of the Pierce County Medical Society at its regular meeting on October 13. Considering this logical interest, he decried the fact that of some 300 doctors in Pierce County, only 11 are members of the Washington State Historical Society, of which Mr. Le Roy is Director.

"Thrilling" historical material is actually all around us, said Mr. Le Roy, either in the form of current events that are making history, or in the form of historical remnants of the past. He cited President Kennedy's visit to Tacoma only a few weeks before his assassination as an example of the former, and then told of the recent discovery of the plans of one of the original iron-clad battleships, the Monitor, in the town of Fircrest!

The most honored citizen in Washington State history was a doctor, Marcus Whitman. The diary of his wife, Narcissa, has only recently been identified, telling of her transcontinental journey to Fort Vancouver. Oregon's most honored citizen was also a doctor, Dr. John McLoughlin.

Obviously, one of Mr. Le Roy's most treasured experiences was the one that occurred in Lexington, Kentucky where he had the honor of taking a bath in the same zinc tub in which Abraham Lincoln had bathed!

Also on the program was a brief talk by Mrs. Randall from the social service office at Mt. View General Hospital. Mrs. Randall described the eligibility requirements for benefits under funds supplied by the Kerr-Mills bill and advised the doctors concerning handling of calls from interested persons.

WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

AUXILIARY OFFICERS—1964-1965

Mrs Shaman & Pinto
Mrs. Sherman S. Pinto Mrs. Merrill J. Wicks
Mrs. Merrin J. Wicks
wirs. I neodore 5mith
Mrs. James E. Hazelrigg
Mrs. Sidney Kase Mrs. Harold D. Lueken
Mrs. Harold D. Lueken
Mrs. John Liewer
Mrs. John Liewer Mrs. Francis W. Hennings
Mrs. Thomas H. Skrinar
Mrs. Glenn H. Brokaw
Mrs. Russell Colley
Mrs. Robert Kallsen
Mrs. Herbert Kennedy
Man Hamman C Indd
Mrs. Herman S. Judd
Mrs. Robert W. Osborne
Mrs. Jack J. Erickson Mrs. M. Edward Lawrence
Mrs. M. Edward Lawrence
Mrs. Frederick J. Schwind
Mrs. George C. Gilman
Mrs. Richard T. Davis
Mrs. Alva E. Miller
Mrs. Kenneth D. Graham
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Mrs. Kenneth Gross
Mrs. Dale Doherty
Mrs. Robert M. Ferguson
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cil Mrs. G. M. Whitacre Mrs. W. W. Mattson, Jr.
Mrs. W. W. Mattson, Jr.
Mrs. J. Robert Brooke
Mrs. Haskel L. Maier
Mrs. Robert P. Crabill
Mrs. Arthur P. Wickstrom
Mrs Dudley W. Houtz
Mrs Robert W Florence
Mrs Charles P Larson
Mrs. Robert W. Florence Mrs. Charles P. Larson Mrs. Homer W. Humiston
Mrs. Thomas B. Murphy
Mrs. Thomas D. Murphy
Mrs. Charles McGill
Mrs. William H. Goering

November Meeting

The November meeting of the Medical Auxiliary will be at Allied Arts, 621 Pacific Avenue. Coffee hour will be at 10 a.m. We will see the current exhibition and a panel will discuss Allied Arts activities including ballet, art and youth symphonies.

Hostesses for the coffee hour will be Mrs. Herbert Kennedy, chairman, Mrs. John Gullikson, co-chairman, with their committee of Mrs. Russell Colley, Mrs. Gordon Dean, Mrs. Robert Johnson and Mrs. Robert Truckey.

Try and bring a new doctor's wife with you to get them acquainted with the Medical Auxiliary.

Style Show

The style show was a tremendous success! The earlier date seemed to pay off with more of the new styles and garments on hand. We really had first showing! We were not so crowded at our tables this year and, as a result, everyone could see better and it made for a happier group. Thanks again to

all those who helped make this party a success—the models, the ticket committee, the all-important reservations group, the girls who did the decorating, and the coordinator, Ruthie Houtz. We say it was a job well done.

Madigan Meeting

Army doctors' wives will entertain for the Pierce County doctors' wives on January 15 at the Madigan Officers' Club. Save this date now. There will be more about this later as to time and reservations.

Nurses Scholarships

We are very proud of the fine group of new girls who have earned our nursing scholarships. Presented at the coffee by Mrs. Fred Schwind were: Barbara Kenmir, Joan English, Deanna Zimbelman, Nancy Swanson, Mary Davis and Maradee Davis. It was indeed nice to personally meet the girls whom we are helping.

DUES

Dues are due! Please send your \$10 check to Elvina Brokaw now!

The following letter, with donation enclosed, has been received by our president. In part, it reads: "The Pierce County Dental Auxiliary appreciates your thoughtfulness in asking its president to the Medical Auxiliary style show and luncheon, and would like to make the enclosed donation to your Auxiliary Scholarship Fund."

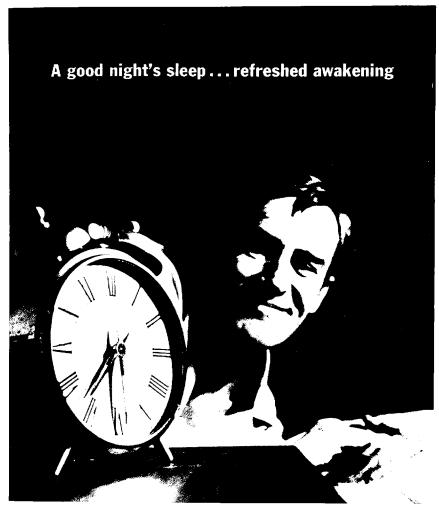
Those of you who met Mrs. Kenneth Pate the day of the style show will know that it was our pleasure to have this charming lady as our guest.

Attention, Board Members

The next Board meeting will be November 13 at 10 a.m. at Donna Gilman's home—3720 North Union.

A Pierce County Auxiliary report to the national Auxiliary shows that our members are really actively engaged

(Continued on Page 17)



When excitement, apprehension, or nervousness stands in the way of a restful night, Seconal Sodium can help your patient get a good night's sleep.

Seconal Sodium usually brings sleep within fifteen to thirty minutes. Because the effects are dissipated within five to seven hours, the patient awakens refreshed and free from aftereffects.

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Precautions: Seconal Sodium should be used with caution in the presence of decreased liver function, since a prolongation of effect may occur.

Warning—May be habit-forming.

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Additional information available to physicians upon request. Eli Lilly and Company, Indianapolis 6, Indiana.

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(Continued from Page 14)

in assisting the handicapped through the following groups: Good Will Industries, Children's Industrial Home, heart handicapped, retarded children, mentally ill, swimming with handicapped from Rainier, work with the blind in this area, typing braille sheets for braille books.

We are justly proud of the many volunteer hours given by the Auxiliary members and of the results shown in gainful employment of many of the handicapped, thus giving them a feeling of accomplishment and independence.

Drivers are needed to drive girls from Faith Home to the YWCA on Fridays from 1 to 3. Are there any ladies who would like to volunteer? If you can drive but one Friday a month it would help. Please call Hazel Whitacre. Or, if you can give two hours on Monday from 12 until 2, come down and swim or dress the children involved in the handicapped program at the YMCA.

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No matter what your present condition of health may be, or what your past medical history shows—we guarantee that your application for our new form SS-31 hospital and surgical expense policy will be accepted and that a policy will be issued to you without restrictive waivers or endorsements. It will cover existing conditions named by you in the application after the policy has been in force for six months.

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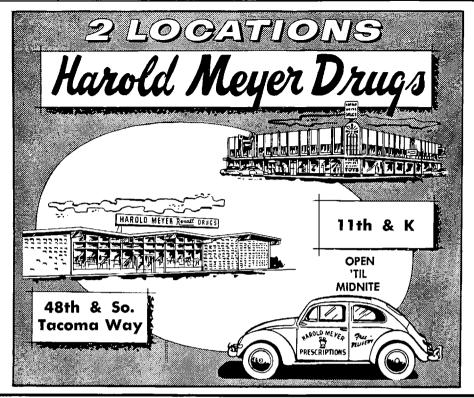
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AMWA Honors Northwest Medicine



Mr. James E. Bryan, Executive Secretary of the American Medical Writers' Association, presented the A.M.W.A. Honor Award for Distinguished Service in Medical Journalism to H. L. Hartley who accepted the award to Northwest Medicine as properly being an award to the medical profession of the Pacific Northwest.

Medical profession of the Northwest was given significant recognition when the American Medical Writers' Association gave its Honor Award for Dis-

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tinguished Service in Medical Journalism to Northwest Medicine. The award certificate was presented at the Association's Twenty-first Annual Meeting, at Philadelphia, September 25. Two physicians and five other publications also received awards. Tinsley Harrison, author of "The Principles of Internal Medicine" was given an Honor Award, and Joseph Garland, editor of The New England Journal of Medicine, was given the Harold Swanberg Distinguished Service Award. Publications receiving awards were, Northwest Medicine, California Medicine, Perspectives in Biology and Medicine, Clinical Symposia, Chicago Medicine, and Abbottempo.

In response to reading of the citation the editor of Northwest Medicine said:

"I am, of course, greatly pleased to receive this award but cannot accept it on behalf of Northwest Medicine alone. A medical journal cannot create excellence. It can only reflect the quality existing in the area it serves. If we have been able to reflect the quality of our area, I am happy to accept this award on behalf of the medical profession of the Pacific Northwest."

History Interest Urged; Here's How

Physicians interested in the history of Washington State may join the Washington State Historical Society by forwarding their names and addresses to Mr. Bruce Le Roy, Washington State Historical Society, 315 North Stadium Way, Tacoma, Washington 98403. Annual dues are \$4.00 for an individual membership, \$25.00 for sustaining membership and \$100.00 for a life membership. Checks should be made out to the Society. A membership entitles one to receive the Pacific Northwest Quarterly, "News Notes", and discounts on Society publications and books.

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DVR-TPS Join Hands

Don't be surprise when a student comes in to your office bearing a Division of Vocational Rehabilitation examination form. He is not mistaken. He is a Special Education student from one of Tacoma's public high schools and is participating in a joint Tacoma Public Schools—Division of Vocational Rehabilitation program for handicapped students. During the summer an agreement was reached whereby the Tacoma Schools will supply teachers for the program while DVR will make its vocational counselors and case work services available to students who qualify. The result is a comprehensive pre-vocational program directed at helping slow learners develop vocational skills sufficient to help such students to be more easily employed on high school graduation.

Each student will go through the routine DVR workup which will include a physical examination by his personal physician and such medical specialty examinations as his physicians may recommend. An educational and vocational workup will be proceeding concurrently with the medical. Once all evaluations are complete, the student, his parents, and his advisors will work together to develop a pre-vocational plan for that student. In each case this will provide individual study plans and probably will include work experience in the community under supervision.

DR. ORVIS HARRELSON, Director of Health Services Tacoma Public Schools

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HOSPITALS

Tacoma General

The Tacoma General Hospital Planning and Development Conference was held at the Hyatt House on Saturday, October 17. It was well attended by 50 members from the Board of Trustees, Medical Staff and Administration; and three invited guests, Mr. John Bigelow, Executive Secretary of the Washington State Hospital Association, Dr. Sherburne W. Heath, Jr., from Seattle and Mr. Harold Hawkins, attorney. Mr. Bigelow spoke on work trends in hospital administration, and also complimented the group for its willingness to cooperate in this type of meeting.

During the all-day session there were several panel discussions. Many hospital-related subjects were also discussed.

Mrs. Clare DeVine and Mrs. Edith Westlin, Medical-Surgical clinical instructors of the Tacoma General Hospital School of Nursing received traineeships from the Continuation Education for Nurses in Leadership Positions in the Pacific Northwest. They attended the first of the six conferences to be held in 1964 and 1965, in October.

Mrs. Ida Rudsit attended a conference in her special clinical field of Maternal and Child Health in San Diego this fall.

With several of our instructors able to attend workshops, conferences and institutes through the efforts of the hospital administration, the faculty of the school of nursing has set up a program where those members upon their return present the material to the entire faculty. In this way all will benefit and after discussion and evaluation, where it is thought to be useful and valuable for the faculty and for enrichment of the students' education program, the material will be integrated in the proper area of the curriculum.

Mrs. Piggott, Director of the school of nursing, attended the workshop conducted by the hospital in Seattle where she gave a brief summary of the programs in nursing education and the edu-

cational program of the school of nursing, changes in the curriculum, enrollment and future plans.

St. Joseph's

We are happy to report Mr. and Mrs. Joe Hermson (Gretchen Hermson, RN) are the proud parents of a 6 pound 8 ounce baby boy, born Saturday, October 17, 1964.

Last Thursday evening, October 15, the nurses spent an evening of fun at Steve's Gay Nineties in honor of Grace Faulkenheiner, an aid who worked with us the past two years. We will surely miss her cheerful presence. So sorry she left.

The 3 to 11 shift reports that Miss Judy Cox, LPN, was transferred to the second floor.

Mrs. Reed, LPN, was the winner of two World Series baseball pools. Mrs. Bucsko, RN, won one pool, How lucky can you get!

Mrs. Inga Grant Moshner, RN, who has been a recent patient, recovered nicely from a recent surgery and is recuperating at home with her family.

Sister Mary Paul, RN, supervisor on the Medical floor attended an educational session consisting of short courses in higher education for nurses, sponsored by the U. of Washington.

Psychological approach to patient care and interpersonal relationships were the topics studied.

These workshops will be held in various geographical areas throughout the Northwest. This one was held at Alderbrook Inn on the lower loop of Hood Canal.

The sessions began Sunday evening and ended Friday afternoon. There were sixty participants and eight group leaders from various hospitals and universities in the Northwest.

Miss Lena Cruz is enjoying her trip around the world with her parents.

We welcome Mrs. Linda Rhoades, who comes in from Federal Way. She attended Washington State University and the University of Washington. She is now acting as assistant to the dietitian. Her husband is assistant sales

manager for Johns-Manville which turns out at least 500 different building products.

Rose Remeto has returned from a vacation in Denver. Mrs. Patten is convalescing at her home. Our sympathy goes to Esther Dyson who recently lost her husband, and to Bessie Harris whose mother passed away. Mrs. Maria Hebsler is looking forward to seeing her daughter, Hilda, who is a postulant in Portland, Oregon.

The six students in the Medical Records Department and the six students in X-ray are diligently studying medical terminology and anatomy which will aid them in a better understanding of their work.

Most people do not fully understand the operations carried out in the medical records section of the hospital. We too, play an important role in the care of the patient. We must quantitatively analyze every chart when a patient is discharged from the hospital to see that the component parts are on the chart. The use of dictating machines by the doctors is increasing. Therefore, the Medical Records Department has to provide fast and efficient stenographic work, so that the patient will receive the best possible care. Medical Terminology and Anatomy are basic requirements for transcription. These subjects enable the typist to make an intelligent report.

Good Samaritan

Newly appointed to Good Samaritan Hospital's expanding rehabilitation team is Ann DeGraw Swaim, speech pathologist. Prior to coming to Good Samaritan, she was employed by the State of California in one of their two diagnostic and training schools. Mrs. Swaim received her B.S. and M.S. degrees in speech and hearing disorders from the University of Pittsburgh, Pennsylvania.

Presently, the Good Samaritan Rehabilitation team consists of physical therapists, occupational therapists, a clinical psychologist, social worker, speech and hearing therapist, chaplain and rehabilitation nurses. In December, the Center will move into a new \$600,000 wing offering the latest in therapy equipment and facilities for physically disabled persons.

With the addition of Mrs. Swaim, a more intensive speech and hearing program is being initiated. It is planned that this department will meet the community needs for children and adults who have language or hearing problems.

Heading the Medical Staff at Good Samaritan Hospital for the coming year is Dr. Thomas H. Clark of Sumner who succeeds Dr. John F. Kemman, also of Sumner. Other officers elected are Dr. Paul E. Gerstmann, vice-president and Dr. Graham Watkins, secretary-treasurer. Serving on the Executive Committee along with the new officers and the past president is Dr. Joseph B. Jarvis, chairamn of the Credentials Committee.

Other physicians appointed as committee chairmen are: Dr. C. O. Granquist, Medical Audit Committee; Dr. C. J. Scheyer, Public Relations Committee; Dr. M. J. Wicks, Clinical Pathological Conference; Dr. Vincent M. Murphy, Disaster Committee and Building Committee; Dr. L. F. Sulkosky, Library Committee; Dr. C. O. Granquist, Medical and Infection Committee; Dr. C. R. Vaught, Obstetrical Committee; Dr. C. J. Scheyer, Pharmacy Committee; Dr. S. W. Heath, Jr., Rehabilitation Committee; Dr. E. F. McCabe, Surgical Committee and Dr. C. R. Vaught, Intensive Care Committee.

Mental Health Research Institute Open House

The Mental Health Research Institute at Fort Steilacoom will be having Annual Open House on Friday, November 13 from 2 to 6 p.m. This is your special opportunity to see their current research work. The institute conducts research in medical, biochemical, neurophysiological, psychological and social work aspects of mental health.

PATRONIZE YOUR ADVERTISERS!

AMPAC for '64

As this is being written, the final election is just a scant two weeks away. There is so little time to give the candidates further exposure. So little time to clearly define the real issues. So little time for us to personally get in the fight with our time, effort and money.

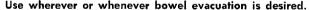
However, as this message will reach you just about the time the general election is over, the candidate and the issue will be but another chapter in Ameriacn history. We will all have a moment to reflect and contemplate our personal contribution to the political history of this country.

AMPAC has tried very hard to make your dues money extend just as far as we could in the interest of good medicine. As your Sixth Congressional District Director, I have put in one day a month in Seattle with the other Directors and with AMA and Auxiliary liaison officers. The sessions run five to six hours and are quite comprehensive. We discussed each legislative candidate in

our 49 districts of the State of Washington. This covers many candidates since each district had at least four running. (The 31st legislative district had the high with 21 candidates applying!) All were reviewed prior to the primary. The primary winners were reviewed to determine how we were shaping up for the general election. We tried to be as comprehensive as possible. Each Director was responsible for gathering pertinent data for each candidate in his district in order to properly evaluate the merits of each candidate. We personally spent many hours reading any literature put out by the candidates themselves, or by the news media; talking to candidates personally, and also acquiring information from whatever other sources were available. We also devoted time to the seven Congressional races in a similar manner.

Writing for the moment, not just as your AMPAC representative, but also as an individual physician interested in politics, this year the political race has cost me a great deal of my own per-

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sonal time, effort and money and I can truly say that no matter what the outcome, it has been completely worth it just to know that I have tried to live up to my political conviction to insure a better world for a my children.

This year's race is over but AMPAC needs your 1965 dues!

Please get your \$20.00 in so that even now we can be preparing for the future—for you, for me, and for our children.

THOMAS H. SKRINAR, M.D. 6th Congressional District Chairman, AMPAC

School Exam Blues . . . Roses To You

Are you tired of doing school physicals and athletic examination? Do you see the blue physical exam form in your visual after-images and your wildest dreams?

Relax—the onslaught is over for the time being. Relax and take some bows for the fine job done by the Pierce County Physicians.

During the last year . . .

You have done uncounted first grade physicals on your regular patients.

Last spring 47 of you did 92 complete examinations (and in many cases gave immunizations), on children of marginal income families. There was no charge by you for this service.

Cooperation extended to school nurses was wonderful.

During the 1963-64 school year athletic examinations were done in your

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BRoadway 2-8303 811 Pacific Ave. Tacoma offices instead of line-up exams at the schools — a tremendous improvement.

Your findings included . . .

1 congenital heart leading to surgery2 RHD's restricting activity

6 boys with only 1 functioning eye

1 chronic G.U. infection

3 one testicle

- 1 kidney anomaly with hypertension
- 1 diabetic
- 2 hernia
- 1 Spondylolysis
- 2 weak knee ligaments—restricted

1 Epileptic

numerous lesser problems

The team physicians backed by a panel of 50 doctors examined some 45 athletes (gratis), so they could participate in the athletic program.

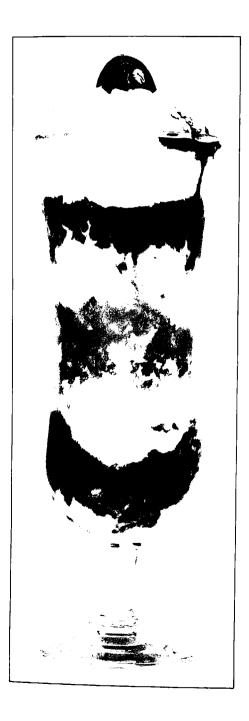
When you consider that these statistics are just from Tacoma schools and do not include the county schools or Tacoma junior high schools (which would double the above figures), you can see what a tremendous job you have done. The schools of Pierce County are envied across the state for the fine cooperation afforded by the Pierce County Medical Society.

Student coloring books say:

This is a member of the Pierce County Medical Society—Color him nice! With a halo.

Correction

The expert creator of the wood carvings on display at the Physicians' Art Exhibit at the State Convention was not Dr. Ed Kanar, as the label under the carvings indicated and was therefore erroneously reported in this Bulletin last month. The actual artist was another Tacoman, Dr. Robert Lantiere. Dr. Kanar's artistic touch was displayed at the exhibit however, in the form of an oil painting.



release for hostility?

Overeating is often an outlet for feelings of hostility. Many people take out their anger by overindulgence at or between meals. As a result they become overweight.

'Eskatrol' Spansule capsules both control appetite and relieve the emotional stress that causes overeating. That's why so many patients are losing more pounds with 'Eskatrol'.

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Each capsule contains Dexedrine® (brand of dextroamphetamine sulfate), 15 mg., and Compazine® (brand of prochlorperazine), 7.5 mg., as the maleate.

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because emotions play an important role in overweight

Brief Summary of Principal Side Effects and Cautions

Side effects (chiefly nervousness and insomnia) are infrequent, and usually mild and transitory. Cautions: 'Eskatrol' Spansule capsules should be used with caution in the presence of severe hypertension, advanced cardiovascular disease, or extreme excitability. There is a possibility, though little likelihood, of blood or liver toxicity or neuromuscular reactions (extrapyramidal symptoms) from the phenothiazine component in 'Eskatrol' Spansule capsules.

For complete prescribing information, please see PDR or available literature.

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PHYSICIANS' AND HOSPITAL SUPPLIES

County Societies . . .

IN THE NEWS

Stanislaus County Medical Society, California, has made plans for an active fall this year. The Public Relations and Publicity Committee is planning on conducting an Athletic Injuries Clinic which will terminate during National Community Health Week. Present plans call for three clinics on Thursday eveapproximately lasting hours each. The society has already secured a well-known professional team and University men to aid them in their program and to act as a drawing card. In addition to the Clinic, the plans call for many open houses during Community Health Week and two days of this week will be donated to a series of clinics devoted to the Transportation and Handling of the sick and injured. This will be in conjunction with the Modesto Fire Department.

Montgomery County, Ohio, physicians will be cooperating in a new program of care for the sick once they leave the hospital. The program, called Coordinated Home Care, was started to ease the transitional period from complete hospital care to home and self care. The patient receives individual care through systematic evaluations of his physical and emotional needs. This furnishing of continuity of care at home will relieve hospital bed shortages and, therefore, provide better utilization of present hospital facilities. The services available at present are: Public Health nursing care, nutritional, consultation, physical therapy, occupational therapy and mobile meals. Equipment and appliances are available on a loan basis.

San Bernardino County, California, physicians are sure to benefit from a program recently inaugurated by a new hospital close to them. This hospital has a new program which helps remove fear of surgery for children. First, the prospective patients, and their parents, meet at a pre-arranged time at the hospital with volunteer workers and

then are given a tour of the parts of the hospital with which they will be involved. Everywhere they go, they are met by cheerful workers who are skilled at making children feel secure. After the tour, the children have a little party with ice cream, cookies and candy (if their diet permits). The entire tour and party takes less than an hour. The preoperative "preview parties" are staged every Friday.

Quote of Note . . . "Whatever your career may be, do not let yourselves become tainted by a deprecating and barren scepticism, do not let yourselves be discouraged by the sadness of certain hours which pass over nations. Live in the serene peace of laboratories and libraries. Say to yourselves: 'What have I done for my instruction?' and, as you gradually advance, 'What have I done for my country?' until the time comes when you may have the immense happiness of thinking that you have contributed in some way to the progress and to the good of humanity. But, whether our efforts are or not favoured by life, let us be able to say, when we come near the great goal, 'I have done what I could'."

—Louis Pasteur's counsel to the young physician.

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HAVE YOU PAID YOUR AMPAC DUES?

sles vaccine. Behind it were two years of clinical testing on more than 17,000 children in nearly 100 cities.

Under Government contract, research is now being pressed toward the development of vaccines for a number of respiratory infections, including the common cold. There are additional projects on infectious hepatitis and the development of viral antigens and antisera for reference standards. These and other programs are part of overall Pfizer research dedicated to the quest of new and effective means of preventing disease.

The story of recent developments in the field of immunology is well told and illustrated in a 20-page color brochure entitled "Smallest Assassin." For your copy, write: Pfizer Laboratories, P.O. Box 1773, Grand Central Station, New York, New York 10017.

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POLIOMYELITIS VACCINE Types 1, 2, 3 (Salk)







easles virus influenza virus poliovirus

MILLILITER OF PREVENIENCE OF CONTROL OF CONT

Most viruses remain untouched by today's antibiotic agents. Once a virus infection has become entrenched, treatment can only be supportive or palliative, and recovery is often slow. To date, the most fruitful means of attacking viruses is by prevention through immunization. Immunizing agents are now available to thwart many of the killers of yesterday. Intensive research in immunology moves toward the conquest of many other viruses—those that kill as well as those that slow us down.

Pfizer's work in the field of immunology is modern and expanding. For all practical purposes, it was launched in 1958 with the licensing by the National Institutes of Health of a monovalent Asian influenza vaccine. Later in the year, influenza polyvalent vaccine, types A and B, containing four virus

strains was licensed and marketed. Two new strains were added in 1963, on the recommendation of the U.S.P.H.S.

In 1959, Pfizer introduced an improved high-potency Salk polio vaccine and rapidly became one of the largest suppliers of this material.

Company virologists, meanwhile, had been working with Dr. Sabin on oral polio vaccine. By the end of 1961, Types I and II had been licensed and they were followed by Type III early in 1962.

Research on a measles vaccine had also been in progress, based on the achievement of John Enders and his associates in isolating the virus and in developing the original tissue culture methods needed to grow the virus in quantity. Four years of intensive research bore fruit in March 1963, with the licensing of a killed-virus mea-

Pierce County Medical Society

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MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA Second Monday of March, June, Sept., Dec.—7:30 p.m.

Auditorium of Medical Arts Bldg. STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSÉPH'S Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS

First Monday of each month—8:00 p.m. at 424 South K Street TACOMA ORTHOPEDIC SOCIETY

First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August ---8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB Third Tuesday of each month-

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE Fourth Monday of each month except June, July and August—

6:30 p.m. at Honan's PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August-6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m.

at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December— 7:30 p.m. Dinner-6:30 p.m.

PIERCE COUNTY MEDICAL SOCIETY



BULLETIN

VOL. XXXV—No. 12

TACOMA, WASH.

DECEMBER - 1964



PIERCE COUNTY MEDICAL SOCIETY

REGULAR MEETING DECEMBER 8

Pierce County Medical Society

1964 OFFICERS Frank J. Rigos
Frederick J. Schwind
George S. Kittredge President Secretary-Treasurer Arnold J. Herrmann
Executive Secretary Judy Gordon TRUSTEES George S. Kittredge James D. Lambing Frank J. Rigos Frederick J. Schwind Govnor Teats Stanley W. Tuell Lester S. Baskin Richard F. Barronian J. W. Bowen, Jr. Robert R. Burt
James E. Hazelrigg
Arnold J. Herrmann DELEGATES Frank J. Rigos Frederick J. Schwind Stanley W. Tuell Robert M. Ferguson Robert W. Florence Arnold J. Herrmann Douglas P. Buttorff ALTERNATE DELEGATES
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John F. Comfort Herman S Charles J. Galbraith Herman S. Judd Charles C. Reberger Kenneth E. Gross Robert W. Osborne COMMITTEES Ethics Frank R. Maddison, Chairman Rosenbladt Charles J. Galbraith Louis M. Rosenbladt Grievance Stanley W. Tuell, Chairman evnolds G. Marshall Whitacre Chris C. Reynolds Program William L. Rohner, Chairman Public Relations Public Relations
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Wayne W. Zimmerman Medical Education Medical Education Clinton A. Piper, Chairman . Kanar Bernard R. Rowen Edmund A. Kanar Operation Hometown Douglas P. Buttorff, Chairman

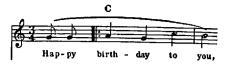
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Gher Orvis A. Harrelson
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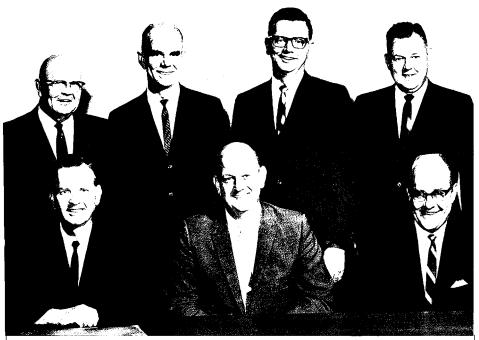
December Birthdays

- Davis S. Hopkins Charles C. Reberger
- Bernard R. Rowen
- S. Robert Lantiere Frederick W. Maire
- Homer W. Humiston Woodard A. Niethammer
- Stanley W. Tuell
- 12 Arthur P. O'Leary
- Robert E. Lane 13
- 14 Samuel E. Adams David H. Johnson
- Warren F. Smith 15
- 16 Robert M. Freeman Kenneth J. Ritter Maurice Yoachim
- 19 J. B. Robertson
- 20 Loy E. Cramer
- 21 Gerald Geissler Philip Grenley
- 22 Carl J. Scheyer
- 24 John R. Flynn
- 29 K. Robert Lang
- 30 Gordon E. Dean
- 31 Lewis A. Hopkins

NATION'S TALLEST-A giant 105-foot Douglas fir, the 18th annual gift to the people of Tacoma from their soldier-neighbors at Fort Lewis, glows from 1850 multi-colored lights. A brief ceremony with a band, choir, and remarks by civic leaders concluded when Tacoma Utilities Director C. A. concluded when Tacoma Utilities Director C. A. Erdahl pushed the switch illuminating the city's Christmas centerpiece — probably the tallest Christmas tree cut in the nation this year. The flash of color also signalled the arrival of Santa Claus, who distributed candy canes to children beneath the tree. Tacoma City Light cuts, transports, "plants" and decorates the tall Yule sentinel each year. The lighted tree helps promote community spirit and goodwill and serves as a community spirit and goodwill and serves as a reminder of Tacoma's low electric rates.

--Photo by W. E. Smith

HAVE YOU PAID YOUR AMPAC DUES?



TOP: Hank Everson, Chuck McCallum, Dick Milton, Jim Gribbon. BOTTOM: Neal Heston, Ken Platzer, Hai Gullett.

Seven dyed-in-the-wool optimists

If you do business anywhere in the Tacoma trading area, you should meet these men and know them well.

They are the business loan officers at the Puget Sound National Bank. They know it takes money to make money. And they are willing to do everything they can to put a practical idea into motion.

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December Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5
	Staff of Tacoma General 6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	Surgery Grand Round—T.G.H. 8-9 a.m.	Pierce County Pediatric Society 6:00 p.m.		C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
7	8	9	10	11	12
Tacoma Acad, of Psych. & Neurol. 8 p.m.	PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M.	OB-GYN Conf. T.G.H. 8-9 a.m.			C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
Tacoma Orthopedic Society 8 p.m.	C.P.C. of Mary Bridge—8 a.m.				0 a,iii.
14	15	16	17	18	19
Staff of Doctors Hospital 7:30 p.m. Staff of Good Samaritan	Tacoma Surgical Club—6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	Medicine Grand Rounds—T.G.H.		Staff of Medical Arts Hospital 7:15 a.m.	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
6:30 p.m. 21	22	23	24	25	26
Staff of St. Joseph's 6:15 p.m.	Tacoma Acad. of Internal Medicine 6 p.m. C.P.C. of Mary Bridge—8 a.m.	Path. Cancer Conf.—T.G.H. 8-9 a.m.		MERRY CHRISTMAS	C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
28	29	30	31		
Pierce County Academy of General Practice 6:30 p.m.					

Grand Rounds-Mt. View General Hospital-Every Saturday 9 to 10 a.m.

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Tacoma



Can it be so many Christmases ago that he begged for a tricycle . . . that his older sister wrote to Santa for a doll house?

When years slip by like tenths of a mile along a superhighway, a father's plans for assuring his family as much financial security as possible may drift—unnoticed—into despair.

How many years since you signed a Will, or checked its provisions?

If you must stop and think to answer, take time to review your Will with your attorney's aid—before another year gets off to a running start.

Gershom C. Rowland Senior Vice President and Trust Officer TRUST DEPARTMENT



MEMBER FEDERAL DEPOSIT INSURANCE CORPORATION

PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, December 8

Medical Arts Building Auditorium

ELECTION OF OFFICERS

PROGRAM - - - 8:15 P.M.

"MODERN TREATMENT OF TUBERCULOSIS"

RALPH H. HUFF, M.D. ROBERT E. LANE. M.D. MURRAY L. JOHNSON ,M.D. WARREN F. SMITH, M.D.

Social Hour: 6:00

Dinner: 6:45

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President's Page



Last month, the Board of Trustees of this Society unanimously approved a county-wide oral polio vaccine program for those under 18 years of age. The trivalent vaccine will be used since, with the live Sabin vaccine, antibody levels are more permanent than with the Salk vaccine. The Sabin vaccine prevents enteric infection as well as central nervous system invasion, while the Salk vaccine prevents ventral nervous system invasion only. For these reasons, the Sabin vaccine is now recognized

by the Public Health Department of the State of Washington and the United States Government as being the method of choice for any mass program. This program was also approved by the Pierce County Pediatric Society. The details of the program will be published when completely formalized. The committee members are: Dr. Lawrence Brigham, chairman, with Drs. George Kittredge, C. R. Fargher, O. A. Harrelson, John Kanda and Kenneth Graham serving. Your cooperation and help are essential to make this program a success.

Now that the national elections are over, several conclusions are possible. First of all, we now have a one-party government. The prospects for the Republican Party to become an effective second one in the near, for-seeable future are poor. This means that we have no opposition party to help maintain the checks and balances so vitally needed to insure good government. Secondly, the voters repealed the one freedom more responsible than any other for the establishment of our country. This freedom from an all-controlling all-powerful government. One big issue in this campaign was whether we wanted more or less government and those for more government, more planning, and more controls won. Thirdly, the people asked the government to take over more of their individual moral and Christian responsibilities. The issue of personal morality and responsibility for oneself and one's neighbors was the second real issue in the campaign.

When you add this up, it is frightening to see how a people that freedom gives so much to can vote it away without regard or without concern. Just what this will do to the medical profession remains to be seen. The prospects are not rosy, and our course is not clear.

In my last paragraph on this page I would like to thank all of you for the honor of having this office. Particular thanks must be given to Judy Gordon for the efficient management of the Society office, Stan Tuell for the excellent work on the Bulletin and Bill Rohner for his ingenuity in obtaining programs. All of the other officers and chairmen, too numerous to mention by name, have been interested, attended and handled their respective positions well. They deserve and merit the thanks of us all. Our new president, Fred Schwind, is well-liked and well-respected. We can show our respect and liking by supporting and helping him during the next year. Again, thanks for the privilege of serving as your president.

-Frank J. Rigos, M.D.

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Editorially Speaking



DOWN WITH FREE ENTERPRISE! WE'RE FOR MEDICARE!

LET GEORGE DO IT! (Or Walter Reuther, or LBJ)

Such are the silent slogans of the anti-doctor group represented by the above picture. Strangely enough, they are all doctors! These empty seats symbolize the more than two-thirds of our members who are absent from our Society meeting each month. Consistently, they outnumber and in principle out-vote the few who are willing to sacrifice the few hours needed to attend such meetings. They have various reasons (excuses?) for not coming. Some don't like the programs (the program chairman will welcome you on his committee). Some feel that each doctor's sole duty is to practice good medicine—it's not his responsibility to worry about what the other doctors are doing. Some are afraid they'll get involved in such inconsequential and bothersome things as ethics committees, publicity, community responsibilities, etc. Some are just too busy.

Whatever the reasons, the fact remains that this group of doctors is the most powerful group in most medical societies—most powerful for socialism—most powerful against free enterprise.

Are you one of this powerful anti-doctor group?

Let's support our new officers with better attendance in 1965.

-S.W.T.

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IN MEMORIAM

Darcy Dayton, son of a Michigan farmer, was born in Paw Paw, October 6, 1876. He understood hard work and appreciated the worth of tillers of the soil. This background helped him to understand modern social problems. After digging out his high school education while working on the farm, he taught school. Next he became a practicing pharmacist and then decided to study medicine, as a greater field of service, when he was a mature man. He earned his M.D. degree from Wayne University. After 10 years of general practice he became a pediatrician by studying under Dr. Brenneman at St. Luke's Hospital in Chicago. He came west to practice this specialty in Tacoma. His clientele included some of the wealthiest families, but his office was always filled with people of all classes and racial origins. Volunteer work at the Pierce County Well Baby Clinic took much of his time. Nobody was too poor! He was always active in the Pierce County Medical Society as well as the N.W. Pediatric Society. In the Rotary Club he will be remembered as the ideal Rotarian who put service above self. One of his hobbies, which he transferred to me, was an interest in rose culture. He loved beauty and gardening gave him creative satisfaction. For years he was a leader in the Tacoma Rose Society; even today roses are blooming in his well-kept garden. I shall always remember Darcy as one of the few great souls with whom I have had contact. It was my privilege to share office space with him for 15 years. He was one of the leading, most competent pediatricians of the northwest. beloved by all his little patients and their parents, and admired and re-

spected by all the doctors who knew him. He presented the ideal image of a good doctor. Culture, knowledge, ability, understanding and compassion were exemplified in high degree. He kept himself up-to-date and modern in his chosen field but also took an active interest in civic and national affairs and in world problems. I doubt that he had a single enemy although he was never neutral in important matters of ethics, morality and social concern. He could be very outspoken and sometimes showed admirable temper in contrast to usual humility and mildness. The medical profession points with pride at such a member and hopes that younger men will strive to be somewhat like him. He retired from private practice at the age of 75 and became medical director in the Tacoma Public School System. For ten years he introduced modern methods and ideas in this department!

On Friday evening, November 20, I said goodbye to Darcy for the last time. It was the third day of apparent coronary occulsion. He was resting quietly in the hospital and appeared to be improving but he felt that the end of his long life might be near. I tried to reassure him but he said, "Of course you know that I am not afraid to die." He was only concerned about provision for wife and family. We agreed that death offered no terror. During the night he peacefully expired in his sleep.

We all share sorrow that this noble life has ended and extend sympathy to his wife, Lucille, and to Darcia, their daughter, but we also share their pride. His memory and influence will be immortal.

S. F. HERRMANN, M.D.



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Pierce County Medical Society Nominees --- 1965

Ballots received by mail are to be returned to the Medical Society office not later than 5 p.m. Tuesday, December 8, 1964.

PRESIDENT-ELECT

(Vote for 1)

Robert W. Florence

Glenn G. McBride

VICE-PRESIDENT

(Vote for 1)

Lester S. Baskin

W. Howard Pratt

SECRETARY-TREASURER

Arnold J. Herrmann

TRUSTEES

(Vote for 3)

Myron A. Bass

Robert C. Johnson

Edmund A. Kanar

R. A. Norton

Clinton A. Piper

DELEGATES AND ALTERNATES

(Vote for 4)

Philip Grenley

Arnold J. Herrmann

Herman S. Judd

Frank J. Rigos

Stanley W. Tuell

Wayne W. Zimmerman

WOMAN'S AUXILIARY...

To The Pierce County Medical Society

AUXILIARY OFFICERS—1964-1965

President	Mrs. Sherman S. Pinto
President-Elect	
1st Vice-President	Mrs Theodore Smith
2nd Vice President	Mrs. Ismae E Hazalriga
2nd Vice-President	Wits, James E. Mazenigg
ord vice-President	Mrs. Signey Kase
4th Vice-President	Mrs. Harold D. Lueken
Recording Secretary Corresponding Secretary	Mrs. John Liewer
Corresponding Secretary	.Mrs. Francis W. Hennings
Treasurer	Mrs. Thomas H. Skrinar
Dues Secretary	Mrs Clunn H Broken
AMAERF	Mrs. Duesell Colley
National Bulletin	Mrs. Russen Coney
National Bulletin	Mrs. Robert Kallsen
Civil Defense and Safety	Mrs. Herbert Kennedy
Historian and By-Laws	Mrs. Herman S. Judd
Legislative	Mrs. Robert W. Osborne
Membership	Mrs M Edward Lawrence
Paramedical	Mrs Frederick I Schwind
Decrees	Mar Course C Cilman
P 11: '	Mrs. George C. Guman
Program Publicity Bulletin	Mrs. Richard I. Davis
Bulletin	Mrs. Alva E. Miller
Social	Mrs. Kenneth D. Graham
Speakers Bureau	Mrs. John Colen
t elephone	Mrs. Kenneth Gross
Minute Women	Mrs Dale Doherty
The state of the s	Mrs. Robert M. Ferguson
Community Comitee and Course	MIS. RODER M. Perguson
Community Service and Count	ni write. G. M. whitacre
Heart	Mrs. W. W. Mattson, Jr.
Community Service and Councille Heart	Mrs. J. Robert Brooke
Finance	Mrs. Haskel L. Maier
Dance	Mrs. Robert P. Crabill
	Mrs. Arthur P. Wickstrom
Fashion Show	Mrc Dudley W Hents
* 45337011 D11047	Mrs. Dobort W. Flores
Montal Harlth	MIS. ROBERT W. FROTERICE
T-1. '. II li	Mrs. Charles P. Larson
Mental Health Today's Health	Mrs. Homer W. Humiston
Cook Book International Health	Mrs. Thomas B. Murphy
International Health	Mrs. Charles McGill
Parliamentarian	Mrs. William H. Goering
	The same of

AMAERF

The AMAERF Christmas card project took in \$840 this, the first year of this project. We believe many more will join the ranks next year of sending what they spend on Christmas cards and postage to the AMAERF designating a medical school of their choice or AMAERF research. The Pierce County Medical Auxiliary then puts these names on the card that is sent to every doctor's family in Pierce County, addressing and sending them, thus saving each doctor this time and effort all to a good cause. The cards are on the press at this writing and will be in the mail soon. Join the group next year for the school of your choice.

January Meeting

The January meeting will be Friday, January 15th at 10 a.m. at the Madigan General Hospital Officers Club at which time General Steger and the hospital

wives will entertain us at a coffee and tour of the hospital. This is the first time this has ever been done and we hope to have a large group attend. There will be car pools. The telephone committee will advise on this later. Directions to the club are: freeway 99 South to the Madigan turnoff; go left over the overpass and follow signs to hospital to first light; go left and follow around right to second stop light; turn left, go to end of this street by fire station; turn right; go a few blocks to the chapel; turn right in front of chapel; on the left is a tennis court and parking lot with the club at the left end of parking let.

Merry Christmas to all and the best of New Year's.

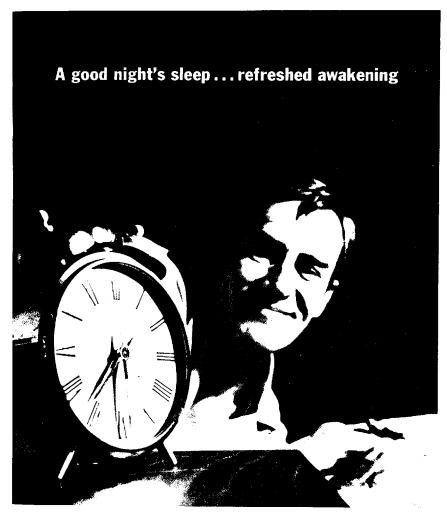
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Local Experts To Discuss TB at Dec. Society Meeting

Though the total number is smaller than a few years ago, tuberculosis cases are still being diagnosed and treated at Mt. View Hospital. Present day concepts in the treatment of this disease will be discussed by a panel of experts at the December meeting of the Pierce County Medical Society on Tuesday, December 8, in the auditorium on the first floor of the Medical Arts Building. The panel will consist of members of the

staff of the TB unit at the hospital, Doctors Robert Lane, Ralph Huff, Warren Smith and Murray Johnson.

The no-host social hour and dinner at Honan's Restaurant will start at 6:00 p.m. and the meeting will begin at 8:15 p.m.

The meeting will also feature announcement of the results of the election of officers of the Society for 1965.

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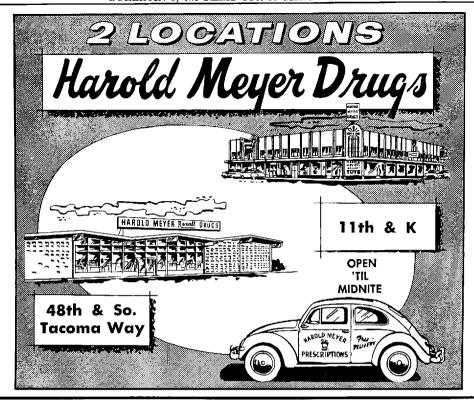
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AMPAC for '64

The election is over and it is evident to all that candidates truly interested in less socialistic government lost out in a rather overwhelming number. Outside of a few isolated instances, AMPAC-backed candidates were clobbered.

We believe that this election represented one of those few times in our nation's history where battlegrounds were drawn between a free enterprise centered future and an ever-increasing future of dependency on the Federal government. AMPAC is completely committed to the free enterprise system and we actively sought to find and support candidates with a similar belief.

However, socialism has been increasing in our country by leaps and bounds over the past 30 years. What couldn't be sold to us as socialism has been spoon-fed to us under the guise of humanitarianism. Big government has entered every profession and industry so that there are federal regulations governing us all in one way or another.

In line with this, a new political force has come upon the American scene to see that this trend continues. The Committee on Political Education (COPE) has been working to build an organization over the last four years to try to be sure that this election went the way of socialism and to prevent any diminution of the part federal government plays in our lives. Never before in the history of our country has labor been so well organized and spent so much money in getting men favorable to their view elected. Not just thousands or hundreds of thousands, but millions of dollars were raised to be spent politically. COPE set up a nationwide organization that reached into the precinct level of every community. Their full-time staff checked all the small details so necessary for winning. Because they represent organized labor they were not

only able to raise this tremendous amount of money by means of the dues structure but they were also able to get the multitude of volunteer workers that are so necessary to do the work for the salaried leaders.

Yes, the election is over, and although the newspapers and other news media do not extol the tremendous influence COPE had on the election, the winning candidates know the source of their support.

AMPAC is slightly younger than COPE and although our by-laws are identical, we do not have the same pressure to apply to get out dues and donations as well as our volunteers. Thus, we have to continue to plead with you to join our group in both time and money—to even now begin to lay the foundation necessary for the elections in 1966. Dues of \$20.00 are due now for 1965. Keep good government in mind and help us achieve this goal.

Thomas H. Skrinar, M.D. 6th Congressional District AMPAC Chairman

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HOSPITALS

Saint Joseph's

Sister Philomene Marie attended a National Continuing Education Program for Hospital Pharmacists November 2-6, 1964. This year's program, held in St. Louis, involved a detailed study of cardiovascular medicine. The faculty included twelve professors from St. Louis School of Medicine and Pharmacy and also the University of Kentucky. We were especially honored to have Dr. Charles A. Walton, who returned all the way from Cairo, Egypt, where he is teaching Pharmacology and Physiology at the University of Cairo as a Fulbright Fellow. The program was very intensive but very interesting and informative. Generally, it was a study of the physiology of the heart and blood vessels. The major topics covered were: Fluid and Electrolyte Balance; Hypertension; Cardiovascular Diseases; Coagulation; and Peripheral Vascular Diseases.

Sister Winifred Marie and Sister Philomene Marie attended an organizational meeting of Hospital Purchasing Agents in Seattle November 20, 1964. At this meeting the "Western Washington Hospital Purchasing Council" was officially inaugurated and officers elected for the coming year.

The Gift Shop on first floor will soon be completed. Service in the shop will be on a volunteer basis by the Ladies Auxiliary. These are a group of dedicated and generous women who donate their free time to promote the happiness of our patients. Anyone interested in helping in the gift shop or any of our other projects, contact Sister Philomene Marie.

Mrs. Bunny Wulick has just left us to have a little bundle of joy expected about the first of January.

Miss Bigelow has gone to the day shift and Miss Dolores Beyler, G.N., is now working 11-7. Nice to have her with us.

Another new arrival to our department is a lovely new refrigerator. Our old one finally went to heaven.

Miss Fran Williams has just left us to become a "Mrs.". Miss Jury Barry has come to take her place. Welcome to her also.

Another expectant mama is Mrs. Linda Pratt, formerly Linda Sather. Congratulations to her.

Mrs. Nancy Salvatori is now working in Admitting from 11-7. She is a great help in getting our work out with the addressograph machine to keep her company.

The School of Nursing wishes to express its appreciation for the interest and participation of the hospital personnel in the school's Holiday Fair.

The annual Fall SWANS convention was held at the University of Washington on Friday and Saturday, November 20 and 21. The emphasis of the conference was on Preventive Medicine and Rehabilitation as it concerns the joint effort of all the members of the health team. Accommodations were provided for the delegates at the Edmond Meany Hotel. Attending the convention were: J. Suarez, R. Resch, S. Adams, P. McRea, preclinical students; M. Pavletich, M. Rieck, S. Manussier, A. Harris, K. Jakes, R. Vanasse and B. Welsch, junior students. Judy Tweiten, a senior student was sent as our candidate for student nurse of the year.

Four school of nursing faculty members attended the Workshop on Test Construction sponsored by the State Board of Nursing in Spokane on November 19 and 20. They were: Mrs. Ames, Mrs. Fournier, Mrs. Reilly and Mrs. Strickland.

Sister Evelina and Sister James Helene represented the school at thee Western Region Meeting of Council of Member Agencies of NIN which was held in Denver November 19 and 20. Topic for the meeting was Evaluation of Programs.

December 4 will mark the date of the annual Christmas sale in the annex. There will be a large variety of articles, including ceramics, handwork, plastics and even a drawing for a kingsize handmade quilt.

The baby boom has begun in surgery with Mr. and Mrs. James Douglas (Joan Douglas) receiving her exact order, a handsome son.

Following this arrival, Mr. and Mrs. Glenn Wiese welcomed their first child, a son, Fred Glenn Wiese, Jr.

A happy face, we are pleased to have return to us from Europe is Mary Ann Hondel. An enjoyable evening was spent in her home viewing her films and hearing of her many experiences of interest. While in Europe, she worked for several months in surgery in a German Hospital.

One of our favorite summer employees of the last two years has begun L.P.N. schooling at St. Peter's Hospital, Olympia. We miss Roswitha Farnham with her willing helping hands, but know she will be happy in her chosen field of service.

The medical record students spent a wonderful Thanksgiving vacation at home. Now we are anxiously awaiting Christmas.

Our medical terminology classes will terminate in the not too distant future. Time will then be devoted to anatomy with hopes of making a great deal of progress by Christmas. We are now learning what a great help these classes are when doing transcription.

The monthly meeting of the Tacoma M.R.L.'s are growing in interest. The main topic is a long range study of drugs and medicines as they affect the body. The talks have been given by pharamcists of the host hospital.

We are busy at the present time working on the Evergreen Bulletin, the official publication of the Washington State Association of Medical Record Librarians, which is published quarterly here at St. Joseph's Hospital.

Sister Mary Emmanuel, R.R.L., attended the Washington State M.R.L. Executive Board meeting in Chehalis Friday, November 30, 1964. The main order of business was planning the program for the M.R.L. section of the Western Hospital Convention in Seattle this spring.

The annual meeting of the Medical Staff will be held on Monday, December 21, 1964. Installation of officers will take place during this meeting. Dinner will begin at 6:30 p.m. The meeting will be at approximately 7:30 p.m.

"Build Hospitals For Patients, Not For Doctors"--DeMarsh

Are the current increases in hospital costs justified? The efforts of a group of Seattle physicians to answer this question led to the formation of a special committee known as the Hospital Council on Planning, according to Dr. Quin B. DeMarsh, former president of the King County Medical Society, who addressed the Pierce County Medical Society members at its November 10 meeting on the subject, "Area-Wide Health Facilities Planning."

Introducing the evening speaker was Dr. James Hazelrigg, who had been appointed several months ago by the Board of Trustees to attend some of the Council meetings to acquire information and experience so that the trustees could make a better evaluation of the Council's activities and conclusions.

The Hospital Council on Planning in Seattle has a majority of lay members, said Dr. DeMarsh, He said that the

Council was set up to act only as an advisory group, and actually has no specific authority. Its main aim is to investigate the need, or lack of need, for additional health facilities in various areas. An over-supply of facilities in any one area is a serious factor in raising the overall cost of hospital care, for someone has to pay for the maintenance of the empty beds. He cited numerous striking examples of communities in Western Washington in which public-spirited citizens had insisted on building un-needed hospitals. built, some such hospitals were being kept open, but losing money at a \$40,000.00 per month clip. In some instances, hospital planners had taken the Council's advice and stopped drives for

hospital construction. In others, constructions had gone ahead despite an adverse report.

Dr. DeMarsh stressed that there was only one justification for the building of new hospital facilities, and that was the need of the patients and the community for such facilities. When new hospitals are planned only on the basis of financial investment for convenience for the doctor, the construction may well be unjustified and may lead to increased cost of medical care for all people in the community. No hospital should be built unless a 70 per cent occupancy can be anticipated. He cited California as an example of an area with multiple ill-advised hospital construction projects.

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Community Mental Health Clinic

On November 2, 1964, the Community Mental Health Clinic of Tacoma and Pierce County began operations on a limited scale. The Clinic has been incorporated since 1958 and is community sponsored and community staffed, offering low cost and low fee service to those citizens of Pierce County who need, but cannot afford, private counseling and psychotherapy. The clinic will receive or refer, in cooperation with existing agencies and private practitioners, requests for help from all sources. A unique feature of this clinic is that supporting funds will go almost completely into services with little overhead or capital investment. Professionals in the field of mental health-psychiatrists, psychologists and social workers—will provide services, mostly in their own offices, on a low fee contractual basis. These professionals form the "Panel of Therapists" of the clinic and are carefully selected by the "Profession Advisory Council" of the clinic.

Attempts to secure sufficient funds to operate the clinic on a full scale basis have not been successful so far. Because several organizations, such as UGN and others, would not offer financial support unless the clinic were in operation it became necessary to start even though with very limited funds and on a limited scale for a period of six months. Presently the clinic's funds consist of some small donations, the expected fees from patients, and assistance from the Mental Health Association in the form of facilities and volunteer work. Before six months from now we hope to obtain additional financial support from the community, from private funds, and probably from the State and Federal funds.

The clinic has its central office at 109 No. Tacoma Ave. Referrals can be made to this address or by calling FU 3-3576

Monday through Friday from 9:00-5:00. Mrs. Vera Islam, executive secretary, has volunteered her services as a psychiatric social worker on Mondays to see patients for the initial evaluation and screening. Hugo Van Dooren, M.D., has volunteered his services as a clinic director until a part-time director can be hired with acquired funds. Patients who cannot afford private care and need not be referred to other agencies for services may be eligible for the services of the clinic. After further evaluation by one of the six members of an Evaluative Team of psychiatrists. psychologists and psychiatric social workers, if there is sufficient indication. the patient will be accepted and offered fifteen interviews with one of the sixteen members of the Panel of Therapists (psychiatrists, psychologists and psychiatric social workers) who is directly responsible to the clinic for the care of the patient. The patient will pay the clinic directly for services rendered, according to sliding scale fees ranging from \$1.00 to \$10.00 per interview depending on their financial abilities. The collected fees will be divided equally between the Therapists for their time spent for the clinic. Because of the limitation to a maximum of fifteen interviews, only those patients who have acute problems or crisis situations which can be worked out in a short period can profit from the present services of the clinic. Long term therapy and long standing chronic problems cannot be considered by the clinic for obvious and practical reasons as long as the clinic operates on a limited scale. Calls on weekdays, other than Mondays, will be answered and handled by a permanent receptionist who will make appointments for patients to see Mrs. Islam.

The Panel of Therapists counts sixteen members, consisting of five psychiatrists, seven psychologists and four psychiatric social workers. Therefore,

various treatment approaches are available through the clinic and an often sterile one-sided view can be avoided.

A Board of Trustees of seventeen members, headed by Mrs. Barbara Owen as President, is responsible for the general planning for the securing of finances and future expansion of the clinic. The Professional Advisory Council is more immediately concerned with the professional details of clinic organization and procedures.

Part of the future plans consists of expansion of services to the community so that not only therapy but also consultation to agencies, education and research can be included.

-Hugo Van Dooren, M.D.

County Societies . .

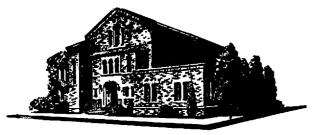
Harris County Medical Society, Texas, this year conducted a public service program which proved to be both constructive and revealing. The Medical Society, at the recommendation of the Society's Public Relations Board published an institutional ad in each of the daily newspapers in Harris County. This ad pointed out that no one shall be denied a doctor's care because he could not pay for it. It also pointed out the local organizations, institutions and agencies which had been established locally for the treatment of those who were unable to pay for medical care. The ad requested that those needing medical care write the Medical Society's office explaining their problem. In all, the Society received twenty-seven responses-from a community of close to 1,500,000 persons. Twenty-three cases were directed to the appropriate source of help. The remaining four were adjudged to be cases in which medical help was not the answer to the problem. Although this program required a great deal of preparation and work, it was felt that the program served the Society well.

Six County Medical Societies in western New York are teaming up to present a television series of health information programs. The series will be known as "Doctors at Work". The purpose of this series is to present real doctors doing what they do gest-diagnosing and treating patients. The program format consists of approximately 11 to 18 minutes of dramatic clinical fil mfollowed by a discussion of the problems by a panel of local physicians. Television stations in all the market areas of New York State are cooperating with the State Medical Society in the presentation of this series. The counties are: Erie, Allegany, Cattaraugus, Chautauqua, Niagara and Wyoming. The series, numbering about 100 films, was obtained through a grant from Merck, Sharp & Dohme Postgraduate Program.

Quote of Note . . . "Your doctor is the fellow who canceled a cherished weekend trip when your baby arrived early and was ill; he is the fellow who will go to your side at 4 a.m. when you have a heart attack; he is the fellow who leaves his name and seat number at the theater box office so that he can be called out if one of his patients has a relapse; he is the fellow who knows all about your Tommy's transgressions and Aunt Joan's aberrations but will never reveal them to a soul. He lives by a set of rules which don't apply to a plumber, a farmer, a merchant, a government official. Transform the doctor into a bureaucrat, a cog in a government-controlled machine, a pawn of politicians, picking up his fees at a cashier's window, and you will have destroyed a precious value in American society. Other solutions to the problem of the cost of medical care-through voluntary insurance—can be and are being evolved.

> George Crocker, Attorney-Author Speaking before the Public Health Section Commonwealth Club, February 28, 1963.

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Under Government contract, research is now being pressed toward the development of vaccines for a number of respiratory infections, including the common cold. There are additional projects on infectious hepatitis and the development of viral antigens and antisera for reference standards. These and other programs are part of overall Pfizer research dedicated to the quest of new and effective means of preventing disease.

The story of recent developments in the field of immunology is well told and illustrated in a 20-page color brochure entitled "Smallest Assassin." For your copy, write: Pfizer Laboratories, P.O. Box 1773, Grand Central Station, New York, New York 10017.

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Pfizer's work in the field of immunology is modern and expanding. For all practical purposes, it was launched in 1958 with the licensing by the National Institutes of Health of a monovalent Asian influenza vaccine. Later in the year, influenza polyvalent vaccine, types A and B, containing four virus

strains was licensed and marketed. Two new strains were added in 1963, on the recommendation of the U.S.P.H.S.

In 1959, Pfizer introduced an improved high-potency Salk polio vaccine and rapidly became one of the largest suppliers of this material.

Company virologists, meanwhile, had been working with Dr. Sabin on oral polio vaccine. By the end of 1961, Types I and II had been licensed and they were followed by Type III early in 1962.

Research on a measles vaccine had also been in progress, based on the achievement of John Enders and his associates in isolating the virus and in developing the original tissue culture methods needed to grow the virus in quantity. Four years of intensive research bore fruit in March 1963, with the licensing of a killed-virus mea-

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MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA Second Monday of March, June, Sept., Dec.—7:30 p.m. Auditorium of Medical Arts Bldg.

STAFF OF GOOD SAMARITAN
Second Monday of March June Sept. Dec.—6:30

Second Monday of March, June, Sept., Dec.—6:30 p.m. STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—6:15 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL Last Monday of February, June, September and November

TACOMA ACADEMY OF PSYCHIATRISTS and NEUROLOGISTS
First Monday of each month—8:00 p.m. at 424 South K Street

TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—8:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August —8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB
Third Tuesday of each month

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and August—

6:30 p.m. at Honan's PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—6:00 p.m.

STAFF OF MEDICAL ARTS HOSPITAL

Third Friday of March, June, September, December—7:15 a.m. at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—7:30 p.m. Dinner—6:30 p.m.