

The

PIERCE COUNTY MEDICAL SOCIETY



BULLETIN

VOL. XXXIX—1

TACOMA, WASH.

JANUARY - 1968



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
JANUARY 9**

Pierce County Medical Society

1968

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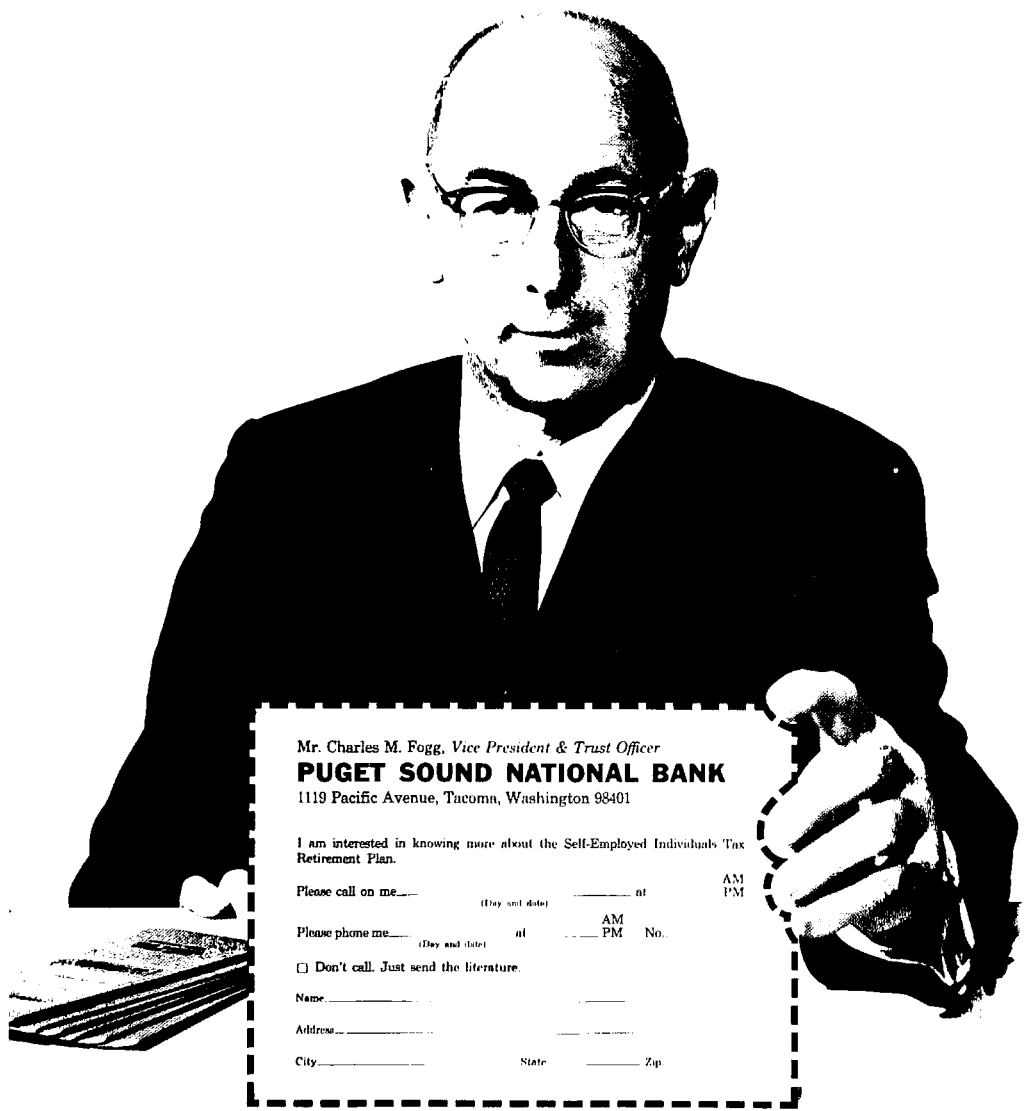
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PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, January 9

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

**"NARCOTICS ADDICTION AND DRUG ABUSE
IN PIERCE COUNTY"**

Dr. James Zylstra

Mr. R. J. Robertson

• • • • •

Social Hour: 6:00

Dinner: 6:45

Honan's Restaurant

January Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	3 Surgery Grand Rounds—T.G.H. 8-9 a.m.	4 Pierce County Pediatric Society 6:30 p.m. Medical Motion Pictures—8:15 a.m. Tacoma Gen. Hosp	5	6 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
8	9 PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M. C.P.C. of Mary Bridge—8 a.m.	10 OB-GYN Conf. T.G.H. 8-9 a.m.	11 Medical Motion Pictures—8:15 a.m. Tacoma Gen. Hosp	12 C.P.C. of St. Joseph's—9 a.m.	13 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
15	16 Tacoma Surgical Club—6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	17 Medicine Grand Rounds—T.G.H. 8-9 a.m.	18 Medical Motion Pictures—8:15 a.m. Tacoma Gen. Hosp	19	20 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
22 Pierce County Academy of General Practice	23 Tacoma Acad. of Internal Medicine 6 p.m. C.P.C. of Mary Bridge—8 a.m.	24 Path. Cancer Conf.—T.G.H. 8-9 a.m.	25 Medical Motion Pictures—8:15 a.m. Tacoma Gen. Hosp	26 C.P.C. of St. Joseph's—9 a.m.	27 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
29	30	31			

Grand Rounds—Mt. View General Hospital—Every Saturday 9 to 10 a.m.

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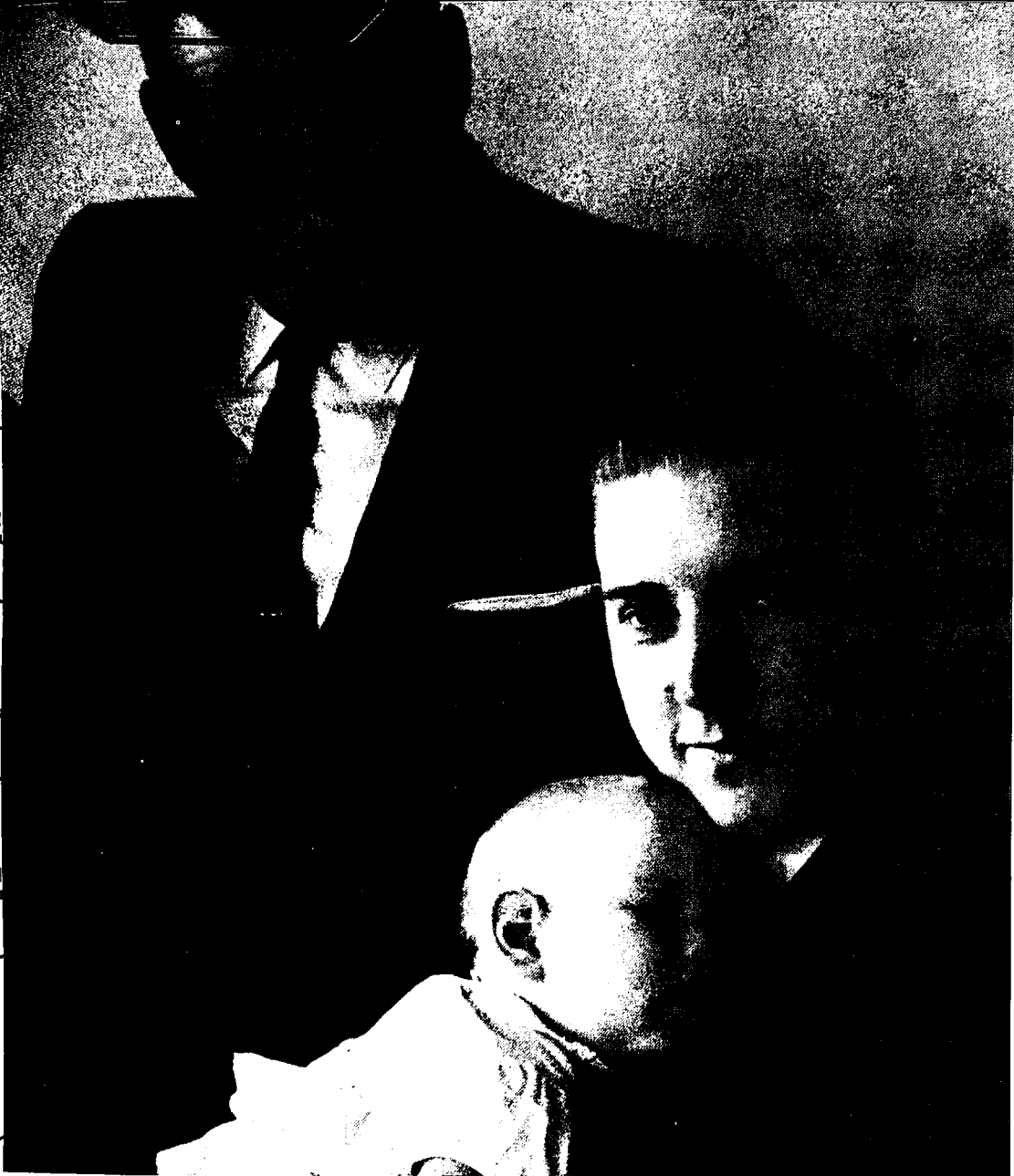
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Lambing Takes Over As Society Prexy; Zimmerman for 1969



James "Del" Lambing



Wayne W. Zimmerman

The 1967 President of the Pierce County Medical Society handed the reins to the 1968 President, and the name of the 1969 President was announced—all at the December 12 meeting of the Society. Dr. Charles P. Larson received a certificate expressing the appreciation of the Society for his year of service. Dr. Del Lambing, Tacoma internist, will be President for the coming year. Dr. Wayne Zimmerman, articulate student of government, politics and orthopedics, is the new President-elect. He will serve on the Board of Trustees for the coming year before taking office as President.

New members elected to the Board of Trustees for 2-year terms are: Dr. Paul Bondo, vice-president, Drs. Samuel E. Adams, Lawrence Brigham, E. J. Fairbourn and Arthur P. Wickstrom.

Newly elected delegates to the State House of Delegates are: Drs. Robert W. Florence, Kenneth Graham, Clinton Piper and Charles Reberger.

Serving as new alternates for the coming year will be: Drs. John May, Charles Galbraith, Frank Rigos, John Shaw and George Tanbara.

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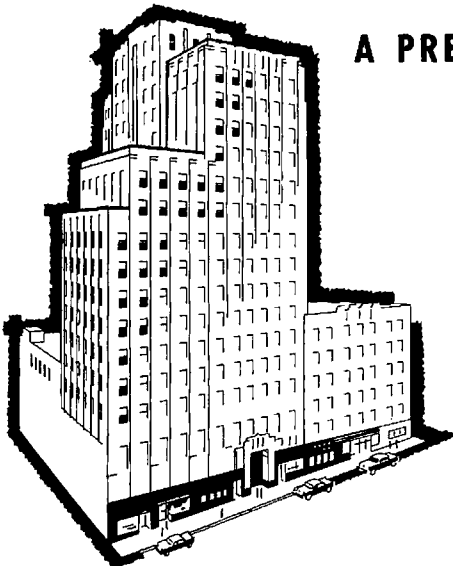
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Editorially Speaking

Send no money!

The following New Year's Resolutions are provided without charge for the parties indicated below, hoping they will take advantage of this special free offer. All each has to do is put "I resolve" or "We resolve" in the space provided.



MBCCH Staff: to either get in step with the rest of the nation's civilian hospitals and change to a.m.-p.m. time instead of a 24-hour clock; OR—convert to a 13-month calendar, 28 days per month, because it's so logical—just like the 24-hour clock.

Clinical Lab at TG: (after having spent thousands of dollars on electronic marvels that perform miracles by push-button) to spend a few cents for a date-stamping machine that puts the time and date right side up in a logical, readable place on the lab report.

Hospital switchboard operators: to accent the name of the doctor when paging, instead of his title. Like, "Doctor SMITH, please," instead of "DOCTOR Smith, DOCTOR Smith Please."

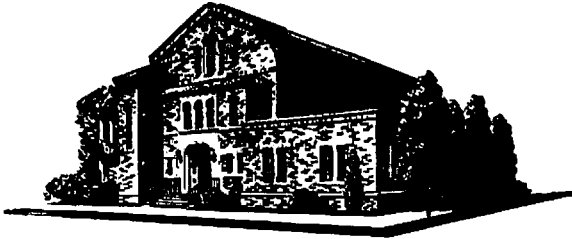
Scientists of the world: (having figured out how to transplant organs, land equipment on the moon, etc.) to invent a machine that will deliver body temperature water for irrigation in the O. R., instead of having 2 nurses juggle hot and cold water bottles 'til they hit on the right combination.

Doctor ?????: to be humble enough to realize that the 2 seconds I save by scribbling orders rapidly isn't really of greater value to the world than the 2 hours sometimes used up by nurses, pharmacists, and record librarians trying to decipher the orders. (Why does everyone think this issue is so funny?)

Tacoma Hospitals: to figure out a way to get admission names and room numbers promptly to the switchboard, so the doctor calling in during the next few hours can reach the right nurses' station without making several individual calls to the emergency room, admission desk clerk, night supervisor, etc.

—S. W. T.

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**Annual Dance Draws
100 Doctors, Wives;
Old-Timers Honored**

A record-breaking crowd of Pierce County physicians and their wives showed up at the Tacoma Country and Golf Club on December 8th for the annual dinner-dance put on by the Medical Auxiliary. There were 100 couples at the affair, easily a record.

After an hour's socializing, nobody seemed to mind the extra-long line-up and wait for the sumptuous buffet dinner which featured broiled lobster, steamed clams and other sea foods as well as such basics as baked beans and scalloped potatoes.

Midway through the evening's dance program, Dr. James Billingsley took the microphone to supervise drawings for the door prizes. Final drawing for the top prize of an expense-paid evening at the Space Needle Restaurant in Seattle was won by Fred and Elsie Schwind.

Featured event of the evening, however, was the presentation of certificates to doctors who had practiced in Pierce County for 35 years or more. There were 22 qualified for the honor, but only six were on hand for the presentation of certificates. Those present at the dance were Doctors Walter C. Cameron, Sigfried F. Herrmann, David H. Johnson, Cyril V. Lundvick, Thomas B. Murphy, John F. Steele, and Edwin C. Yoder.

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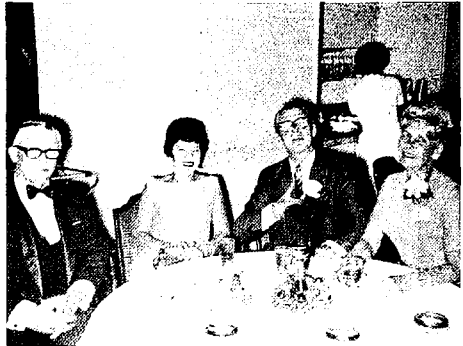
Pres. of the Medical Auxiliary Lorna Burt was at the dance with surgeon husband Bob.



One of the evening's most honored guests was Dr. Thomas B. Murphy, shown with his wife, Ruth, chatting with son, Tom, and Billie Murphy.



Edna Chambers presents her ticket to Ticket Chairman Ruth Zimmerman and husband Wayne, who dressed up for the affair with a red Santa Claus hat and a tie with electric lights! Phyllis Erickson, dance co-chairman, looks on.



Sitting this one out are Glenn and Elvina Brokaw with Ed Kanar with wife, Chris, who was co-chairman of the dinner-dance.



Grace Hauser and Dale Doherty visit with Miriam Doherty and Bill Hauser.



One of the less crowded moments on the dance floor.

AMPAC 1967

The new year has begun and AMPAC must formulate our New Year Resolutions which will commit us to achieve certain goals in the political arena. 1968 is not just another year or even an "off year" but a critical major election year. Therefore, AMPAC's resolutions must be determined early and carried through each month.

January's resolution is two-fold. Foremost ranks the January dues drive. Without it AMPAC would be unable to achieve further goals. Secondly, AMPAC has election of officers who will guide its political course for 1968.

February's resolution involves planning an outline to guide our organization toward the November elections, planning for the National Workshop in Washington, D.C., in March and evaluating and acting upon any insufficiencies in our January membership drive.

March revolves around attendance at the AMPAC National Workshop, reflections on ramifications of it and the utilization of material from it to enhance the AMPAC image and position in this election year.

April, May and June are study months in which the issues and candidates are ferreted out and an attempt is made to assess the political climate. During these three months most of the ground work must have been completed so that when the campaigns get in to high gear, the didactic work will be accomplished.

July is the month when all candidates must come out of the woods and openly declare themselves. Here the pace for the race for November quickens considerably because now previous rumors become facts.

August is an important month since this is the time for our first assessment of candidates to determine who gets money from AMPAC for the pri-

(Continued on Page 21)

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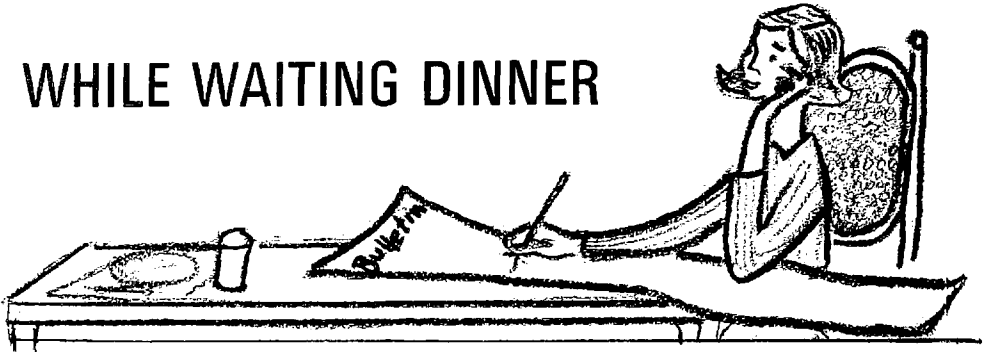


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To The Pierce County Medical Society

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President Elect	Mrs. Philip Grenley
1st Vice President and Program	Mrs. Robert O'Connell
2nd Vice President and Membership	Mrs. Vernon Larson
Membership Co-Chairman	Mrs. George Tanbara
3rd Vice President and Today's Health	Mrs. Walter Arthur
4th Vice President and Social Chairman	Mrs. Ralph Johnson
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Corresponding Secretary	Mrs. Joseph Katterhagen
Dues Secretary	Mrs. Kiyooki Hori
Treasurer	Mrs. Stanley Mueller
AMAERF	Mrs. Paul B. Smith, Jr.
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Historian and By-Laws	Mrs. Bernard Pipe
Legislative	Mrs. Richard T. Vimont
Paramedical	Mrs. Sherman Pinto
Publicity	Mrs. Roy H. Virak
Bulletin	Mrs. James G. Billingsley
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	Mrs. Dale Doherty
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Finance	Mrs. Merrill J. Wicks
Mental Health	Mrs. Robert W. Florence
Cookbook	Mrs. Robert Osborne
International Health	Mrs. Leo F. Sulkosky
Fashion Show	Mrs. George C. Gilman
	Mrs. Howard W. Pratt
Dance	Mrs. Gordon Dean
	Mrs. Jack J. Erickson
Minute Women	Mrs. Edmund A. Kanar
	Mrs. Homer W. Humiston

CHRISTMAS DANCE

Over 100 couples attended the Medical Society-Auxiliary Christmas dance December 8th at the Tacoma Country and Golf Club!

Greeting members at the door were "Santa" Wayne Zimmerman in a red cap and flashing red tie that lighted up. His lovely wife, Ruth, was in charge of tickets.

The beautiful gowns of our members in a myriad of colors mingled with the sparkling lights and beautifully decorated rooms to create an atmosphere of supreme elegance. Superb food, fun and fellowship, plus the toe-tingling tunes of Art Doll's band put everyone in a festive mood and many lingered afterward to sing around the piano with Bob O'Connell at the keyboard.

A great big "THANK YOU" is due the dance chairmen, Phyllis Erickson and Chris Kanar, their hard-working committee and the husbands who helped make the dance a tremendous success!

FASHION SHOW

Please note that both the place of the show and the time have been changed. Facilities for models and the number of seats available prompted the change in location. The time had originally been earlier because of parking. "The In Silhouette", the theme of our fashion show to be presented by Nordstrom-Best, will be at the Sherwood Inn on February 8, 1968. The no-host cocktail hour will be from 11 a.m. to noon and the sit-down luncheon from 12 to one. The menu: braised sirloin tips on noodles, tossed green salad, ice cream sundae or pie.

The fashion show will start during dessert. Also on the program will be musical selections by the "Marguerites". Tickets are \$3.75 per person and they will be on sale at the January meeting. All seats are reserved, so please plan ahead and buy your tickets at the meeting, or send your check for reservations to Mrs. Robert Johnson, 114 North James, and your tickets will be promptly returned to you.

JANUARY MEETING

If you have the urge to travel to far-away, exotic places or romantic vacation spots, the January meeting is a must. Miss Mary Gordon from Trans-World Airlines will be our guest speaker and will whisk us off into the skies to visit many places around the world with "travel talk". She will give us many helpful hints on packing, customs of other countries and how to get along in one; how to shop in foreign countries, as well as every-day hints such as how to turn mis-matched nylon hose into all the same shade. Mary Gordon is a fascinating speaker and all of you who have traveled or who have the urge to will get a lot out of this program.

How appropriate that this meeting will be a 12 noon luncheon in the lovely new Gravelly Lake home of Mrs. Bernard Pipe, who spent the month of November traveling and attending medical meetings with her husband on a tour of South America. The address is 12629 Gravelly Lake Drive, S.W. See you there.

DUES

Dues are overdue. Get yours in now before January 25 to our dues chairman, Mrs. Kiyooky Hori, 6915 North 17th.

GET WELL WISHES

to Lorraine Adams, who went home from the hospital in time for Christmas, and to Bev. Harrelson who is recovering from recent surgery.

HAPPY NEW YEAR!

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(Continued from Page 17)

AMPAC—

mary race in September. Here AMPAC must make its commitment of hard dollars—yours and mine—to stand firmly behind a candidate who believes in the principles of sound medical legislation.

September encompasses the primary race. We determine what happened to our educated investment and are now faced with the final candidates for November.

October sees the most difficult resolution. It is here that the September primary post mortem occurs; candidates and issues are minutely scrutinized and the bulk of AMPAC hard dollars are invested. This month in a sense culminates AMPAC's two years of work. Here is where the waiting and wondering must end and firm decisions must be made following careful evaluation.

November and the General Election! The indisputable returns are laid before us to see, appreciate, evaluate, and we hope, indicate worthwhile results from all the previous effort.

December brings out a brand-new resolution—to begin building for the general elections in November, 1970!

And so it goes, year in and year out for AMPAC. We must make resolutions and keep them. Why don't you make and keep a resolution to join AMPAC today!

THOMAS H. SKRINAR, M.D.
Chairman, AMPAC
State of Washington

HAVE YOU PAID YOUR AMPAC DUES?

Which one for which patient?

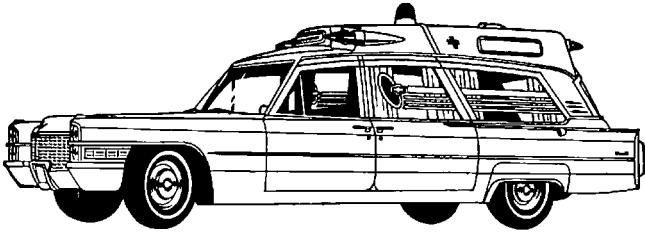


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Scott S. Jones, M.D.
Northern Pacific



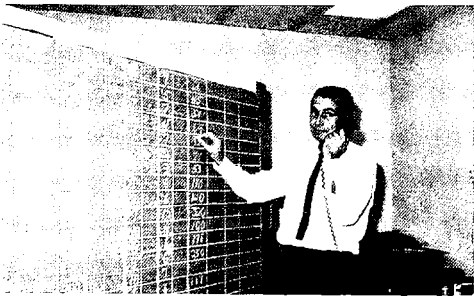
Philip Grenley, M.D.
St. Joseph's



Frank R. Maddison, M.D.
Tacoma General

Kids Win Out Over Measles, Thanks To Volunteer Medics

Measles won't have a chance as far as 11,751 Tacoma youngsters are concerned. They're the ones who lined up for immunization shots in 32 junior high schools in the Tacoma area last Nov. 19, according to Dr. Orv Harrelson, Tacoma Schools health director.



Dr. Orv Harrelson checks the scoreboard at Measles Campaign Headquarters.

The temporary clinics were each manned by a physician and registered nurses, all doing volunteer duty.

Aside from Dr. Ernest Kredl—County Health Director—getting lost trying to find his way back to Muck-Kapowsin Road—there were no unusual incidents relative to the campaign. There were no instances noted of anaphylaxis or other significant side-effects from any of the shots. Tiny tots turned out in volume, with those from 1 to 5 years of age accounting for 43 per cent of the total.

The campaign was a "one-shot" venture, literally and figuratively. It is hoped that the campaign would take care of many children who would never get shots otherwise, and prove effective enough that parents will take other children to their private physicians for shots in subsequent years. No charge was made for the shots, but parents contributed \$885.68 voluntarily to help share

the expenses. Actual cost of the live vaccine used was \$1.40 per shot.

All clinics were properly covered by the volunteer physicians, and only in a few instances were physicians called from their posts by emergencies in their own practices.



Volunteer Dr. Jack Erickson with a cooperative patient.



Dr. Gerry Kohl gets ready for an unwilling subject.

Banfield Named Director of National Park Organization

Dr. E. E. Banfield, Tacoma surgeon, was recently elected to a high position in the National Parks and Recreation Association at that organization's national convention in Miami, Fla., in December. He was named to the 21-member board of directors of the park commissioners division of the organization and will serve for the coming two years. The 1968 convention will be held in Seattle.

Four Doctors Take Over Emergency Room at St. Jo's

While Tacoma physicians and hospitals wrestle with the problem of emergency medical services in this community, St. Joseph's Hospital has come up with its own solution—a 24-hour staffing of their emergency room by four private licensed physicians who will devote themselves exclusively to this duty. They are Dr. Nada Rasovic, Dr. Michael Irvin, Dr. William Brown, and Dr. Karel Pokorny.

Under the new arrangement which will be in effect starting on January 1, these physicians will provide 24-hour coverage of the emergency room, 365 days per year, according to assistant administrator John Ettner. They will not be employees of the hospital, but will be in private practice limited to emergency care of patients, and under contract to the hospital. They may bill patients for services, and billing will be done for them through the hospital business office.

Emergency room services and facilities will still be available for use by private attending physicians as it has always been, but the emergency room physicians will give necessary emergent care. If the attending physician wishes, the emergency room physician will give all necessary emergency care, with the privilege of a reasonable charge—for this service. He will not have the privilege of admitting patients to the hospital, and will not have the out-patient follow-up care of any patient.

Not House Physicians

The emergency room physicians will not serve as interns or residents avail-

January Birthdays

- 1 George Kunz
- 2 Stevens Dimant
- 3 Burton Brown
Ralph Huff
- 4 Edmund Kanar
- 5 Norman Magnussen
Bernard Ootkin
Paul Smith, Sr.
7. Robert Ferguson
George Hess
George Race
- 9 Carlisle Dietrich
- 10 William Burrows
D. A. Marlatt
- 12 Peter Cannon
William Todd
- 16 Wayne Bergstrom
Robert Gibson
Leo Sulkosky
- 18 R. A. Norton
James Ward
- 19 Theodore Apa
J. Lawrence Smith
Alan Sobul
- 20 Ralph Johnson
Ronald Spangler
- 21 Donald Weber
- 24 Rene Gay-Balmaz
- 26 Raymond Ellis
- 27 John Havlina
- 30 William Spaulding
- 31 Virginia Larsen
Robert Truckey

able for calls throughout the hospital, except in cases of extreme emergency where the immediate presence of a physician might mean saving a patient's life.

~ P o m e P a g e ~

As We Grow Old

As we grow old
 We *must* get tougher
 Few years are left
 To act as a buffer
 Against the pain
 We presently suffer.
 On the links
 We're called old duffer,
 And on the hills
 That old puffer,
 And at the table
 Fat old stuffer.
 As years go by
 All work gets rougher
 And in our sleep
 We're apt to mutter,
 From whence will come
 Our bread and butter.
 Our memory seems
 A mass of clutter
 Attempts to reason
 Make us shudder.
 But what's the use
 What does it matter
 Life's not laid out
 On a silver platter.
 We hide our feelings
 Behind a shutter
 We've had our day
 Our fleeting smatter
 Of this old world

Our share of laughter
 Some things sweet
 And oft things bitter
 But none can ever
 Call us quitter.
 At making love
 We're just a muffer
 With the fire and desire
 Going fast and leaving faster
 'Till all that's left
 Is memory's coffer
 Sad to say,
 No more to offer.
 Now the filthies
 Line the gutter
 With LSD and Mescaline
 And ever present smutter.
 Go-go and psychedelic
 Of different clay,
 A different potter.
 Jute box, idiot box
 Riot, fraud and flutter
 All the chatter and the clatter
 The atomic boom and batter
 Gladly we leave, sadly bequeath
 From the generation latter.
 As we grow old
 We *must* get tougher
 To absorb the shock
 Of the final cuffer.

G. C. Kohl

The Ski Run

I'm standing on top of the glistening slope,
all ready for action and full of good hope
to run down the slope on my flashing new skis,
clear down to a cluster of cottonwood trees.

And now I am off! Ever faster I go!
My skis cut a beautiful track through the snow!
A swing to the left and a swing to the right
and a leap through the air like an arrow in flight . . .

I'm gliding! I'm gliding! A wonderful run!
I'm feeling just great and I'm having such fun!
A swing to the left, to the right a short hop,
for here are the trees now and here I must stop.

Oh I wish that this tree stump had never been there!
I hit it, it tripped me, I sailed through the air,
head first in the snow, while I hung by both skis
suspended from one of the cottonwood trees!

Gerhart A. Drucker

TIME TO GET PAPERS, EXHIBITS READY FOR WSMA MEETING

First call for scientific papers! The program committee for the annual meeting of the Washington State Medical Association has sent out its first call for papers for the meeting at the Olympic Hotel in Seattle, September 22-25, 1968. A 2 or 3-page abstract should be

sent in, along with the title of the paper, to Dr. Robert W. Simpson, Chairman, WSMA Scientific Program Committee, 444 N.E. Ravenna Boulevard, Seattle, Washington 98115.

Applications for scientific exhibit space are also now in order. Application forms are available from Dr. John W. Huff, Chairman, WSMA Scientific Exhibit Committee, 444 N. E. Ravenna Boulevard, Seattle, Washington 98115.

In the beginning

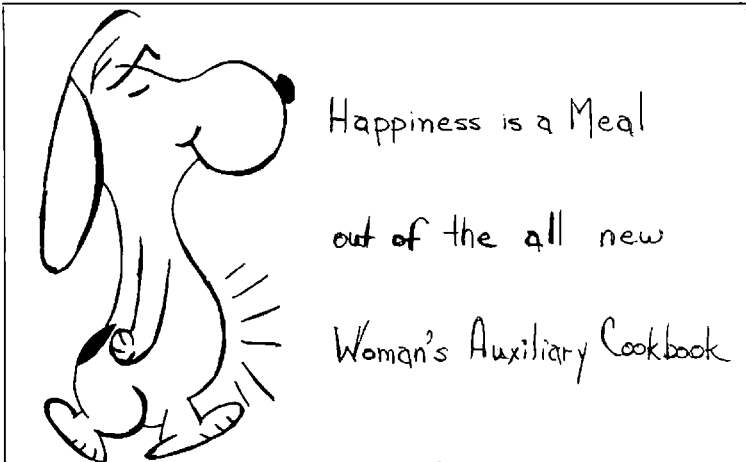
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Pierce County Medical Society

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MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of March, June, Sept., Dec.—7:30 p.m.
Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—6:15 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL
Last Monday of February, June, September and November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC ASSOC.
First Monday of October, December, February and April—8:00
p.m. at 424 South K Street.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and August
—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m. at Ceccanti's
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY
First Thursday of each month except June, July and August—
6:00 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- STAFF OF NORTHERN PACIFIC HOSPITAL
Second Monday of March, June, September, December—
12:30 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY



BULLETIN

VOL. XXXIX—2

TACOMA, WASH.

FEBRUARY - 1968



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
FEBRUARY 13**

Pierce County Medical Society

1968
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Vice-President.....Paul E. Bondo
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	Wayne W. Zimmerman

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Cover picture: Millions of hardy seedlings get their start in industrial nurseries like this, then are transplanted to natural tree farms. Photo courtesy of Weyerhaeuser Company.

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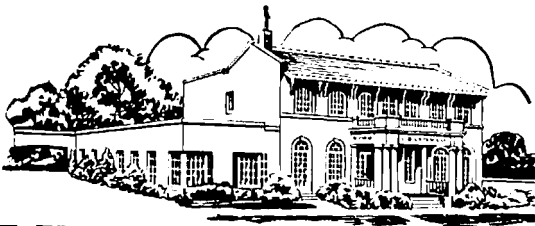
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PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, February 13

Medical Arts Building Auditorium

FILM - - - 7:50 P M.

"A.M.A. MEMBERS RETIREMENT PLAN"

PROGRAM - - - 8:15 P.M.

"OUR RESPONSIBILITY IN POISONINGS"

LIEUT. COL. ROBERT SCHERZ

Chief of Pediatrics, Madigan General Hospital

• • • • •

Social Hour: 6:00

Dinner 6:45

Honan's Restaurant

February Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Pierce County Pediatric Society 6:30 p.m. <hr/> Medical Motion Pictures-8:15 a.m. Tacoma Gen. Hosp	2	3 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
5 Tacoma Orthopedic Society 6 p.m. <hr/> Tacoma Area Chapter of A.P.A. 8:00 p.m.	6 C.P.C. of Mary Bridge—8 a.m.	7 Surgery Grand Rounds—T.G.H. 8-9 a.m.	8 Medical Motion Pictures-8:15 a.m. Tacoma Gen. Hosp	9 C.P.C. of St. Joseph's—9 a.m.	10 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
12	13 PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M. <hr/> C.P.C. of Mary Bridge—8 a.m.	14 OB-GYN Conf. T.G.H. 8-9 a.m.	15 Medical Motion Pictures-8:15 a.m. Tacoma Gen. Hosp	16	17 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
19	20 Tacoma Surgical Club—6:30 p.m. <hr/> C.P.C. of Mary Bridge—8 a.m.	21 Medicine Grand Rounds—T.G.H. 8-9 a.m.	22 Medical Motion Pictures-8:15 a.m. Tacoma Gen. Hosp	23 C.P.C. of St. Joseph's—9 a.m.	24 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
26 Pierce County Academy of General Practice 6:30 p.m.	27 Tacoma Acad. of Internal Medicine 6 p.m. <hr/> C.P.C. of Mary Bridge—8 a.m.	28 Path. Cancer Conf.—T.G.H. 8-9 a.m.	29		

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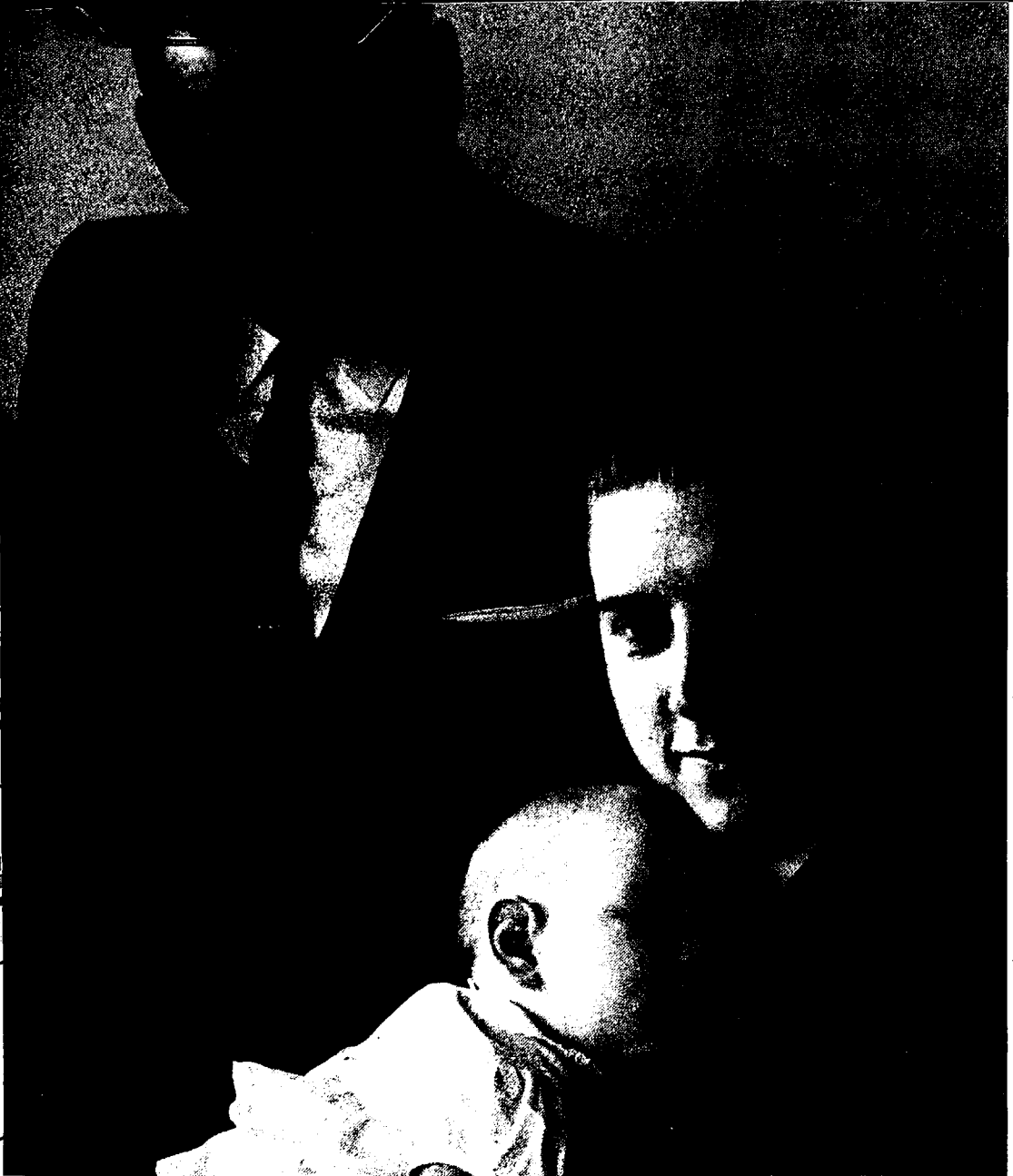
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President's Page

The members of this Medical Society must be made aware of the scope, content and implications of PL 89-749 (Comprehensive Health Planning and Related Legislation.)

A number of experimental medical care service programs are already being implemented in various parts of the country and many of these activities will be proposed on the County Society level. The projects have varied purposes in the fields of more efficient delivery of health services to more people, including, but not restricted to, the poor. Most of them are of an experimental and pilot project nature and tend toward clinic-type salaried practice. Also, these projects provide for services to be rendered within patterns and organizational frameworks which are different from those most physicians use and favor at present.



The County Medical Societies have been authorized to engage in these projects and to explore them experimentally provided it does not violate the Principles of Medical Ethics and such standards as "usual and customary fees", free choice of physician and patient, etc.

The Executive Committee of the WSMA has made the following recommendations:

1. Each Component Medical Society take initiative in forming local Health Planning Councils, patterned after the State Council.

2. Such local Health Planning groups which are representative of the community take immediate steps to inventory and assess their total community environmental and personal health needs.

3. On the basis of such determinations specific Health Planning Goals be established as steps to be taken to develop specific programs to alleviate or correct existing problems, or to anticipate future ones.

4. At suitable intervals such programs be evaluated to determine the effectiveness of the programs which have been developed and that

5. The comprehensive health planning activities be revised at periodic intervals in order to establish new goals and programs which are necessary.

A Special Committee has already been appointed to study these vitally important developments. It is headed by Dr. Charles McGill, who is also on the Governor's Health Planning Council. At this time three meetings have been held with the thought of coordinating all physicians in health services on a local level and expand as the need dictates, eventually including other local people on this committee.

This sweeping piece of legislation is already having its impact in our own area. Medical leadership must take the initiative to see that these programs are administered as efficiently as possible and start by formulating suggestions and proposals.

—JAMES D. LAMBING, M.D.

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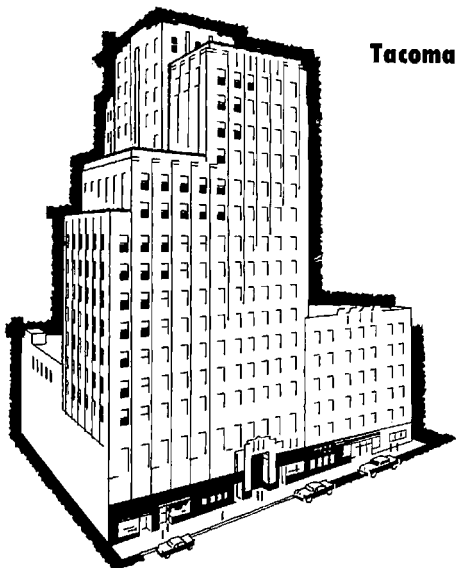
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Editorially Speaking

It's one of the facts of life. The federal government has bought an interest in the practice of medicine and will play an increasingly involved role in the mechanism of health care.



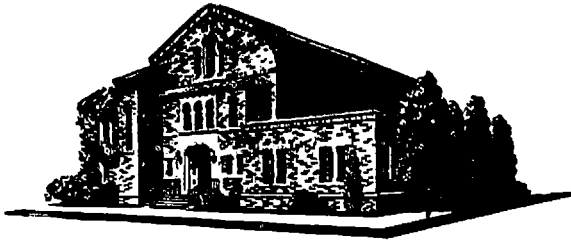
The medical profession has been given two choices, neither quite palatable. One is to refuse to participate in planning in any way, until forced by law to do so. The other is to accept the role of advisor offered us by Public Law 87-749. With some misgivings, I heartily endorse the latter choice as our best opportunity to continue to use our knowledge and experience in planning to provide the best medical care to the individual citizen.

It has its drawbacks. Much has been said of the State Health Planning Council chairmanned by a physician, Dr. James W. Haviland. This sounds encouraging, but this body has little authority. According to law, up to 19 of these could be physicians, but in Washington, Governor Evans saw fit to appoint only a skimpy minority of 5 physicians to this Council. Besides, the law gives the Council only an advisory role. The real power lies in the State Planning and Community Affairs Agency, headed up by Director Richard H. Slavin—young, chubby, aggressive, affable career man imported from the Southwest. Dr. Slavin (PhD., not M.D.) and his agency will have the say-so—in health planning, hopefully heeding the advice of the Health Planning Council, —which again hopefully—may lend some ear to the small minority of physicians in its membership. At the Health Planning Conference in January, Dr. Slavin seemed friendly and receptive toward the physicians' way of thinking. Time will tell.

Having heard stirring words on the subject from such avid opponents of socialized medicine as Dr. Roland Pinkham and Dr. Bob Hunter, urging physicians to play a cooperative and aggressive role in health planning, I urge we endorse this new concept, though the sugar coating on this pill isn't any too thick.

—S. W. T.

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February Birthdays

- 1 Charles B. Arnold
- 2 Arthur P. Wickstrom
- 3 William P. Hauser
- 6 Herbert C. Kennedy
Alfred L. Schultz
Don G. Willard
- 7 Donald A. Graham
- 10 Ronald J. Beck
Lawrence P. Cutner
Michele Maddalosso
- 15 Paul E. Bondo
Thomas R. West
- 16 Scott S. Jones
- 20 G. A. Delaney
- 22 Charles J. Galbraith
- 23 Philip C. Kyle
Frank J. Rigos
- 24 James E. Hazelrigg
- 25 Axel Lindstrom
- 27 David G. Gimlett

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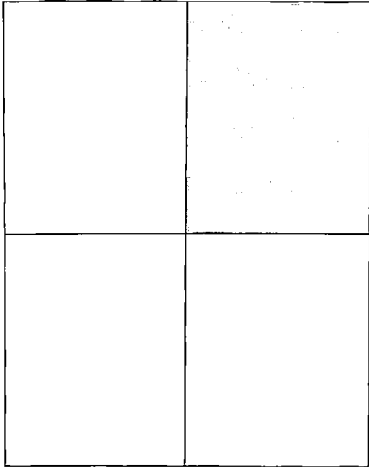
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Contact Mr. Angus Campbell, 10011 Gravelly Lake Drive SW, Tacoma, Washington 98499. JU 8-4433. Area Code 206.

SCHOOL HEALTH MEET SCHEDULED FOR APRIL 26-27 IN WENATCHEE

Seventy active practice physicians, school physicians and health officers are expected to meet with one hundred school administrators and teachers at the 1968 Washington Physicians and Schools Conference at the Wenatchee Valley College, April 26 and 27, in Wenatchee. School, private practice and public health nurses as well as dentists will also be represented.

Donald B. Fager, Wenatchee, is the conference chairman, with representatives from the Office of Superintendent of Public Instruction, State Department of Health, Washington Junior High Schools Principal's Association, Washington Senior High School Principal's Association, Washington State Superintendent's Association, and members of the WSMA School Health Committee serving on the Planning Committee.

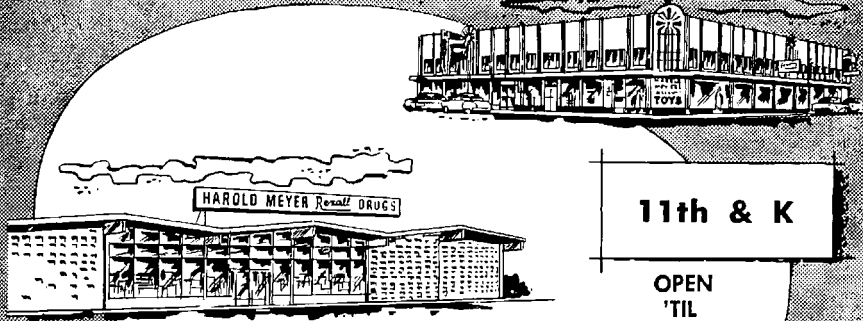
The theme of this third biennial conference is "Learning Disabilities—Their Identification and Management." In the past these conferences have dealt with communications between physicians and educators and the evaluation of the *Health Education Curriculum Guide* as developed by the Office of Superintendent of Public Instruction.

This will be a working conference with only two speakers on the program, and the remainder of the time scheduled for informal discussion sessions where physicians and educators may review specific areas of concern. Topics to be covered will include impairment of the senses, congenital dyslexia, non-functional disorders and learning impairment due to anxiety.

Physicians interested in attending should contact the WSMA Central Office, 444 N. E. Ravenna Boulevard, Seattle, Washington 98115.

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AMPAC '68

The AMPAC Board of Directors held their annual meeting in Seattle January 14, 1968. Our guest speaker was Mr. Robert Kull, State Chairman of the Democratic Central Committee. (Mr. C. Montgomery Johnson, State Chairman of the Republican Central Committee, was speaker at our annual meeting in 1967.) AMPAC feels these are very important meetings because they offer the AMPAC Board of Directors an opportunity to converse with the political party leaders to get a high-level view of politics and enable them to better understand how we can best approach politics to further the aims of organized medicine.

Mr. Kull gave an excellent talk on the philosophy of politics and the importance of the two-party system in the preservation of a democracy. As a well trained former newsman, he made his points clearly and concisely. He allowed ample time for a question and answer period and answered each question put to him squarely and without hedging. Since this was an informal and closed meeting, the give and take on both sides was very rewarding.

AMPAC will utilize the counsel and guidance given by Mr. Kull and Mr. Johnson in this very important election year, and will keep in contact with these men to aid in the selection of candidates for the primary and general elections. AMPAC intends to use every means available to find the very best candidates, so that when hard-earned dollars are spent on a campaign, it will have the best assurance of the quality of the candidate and of his actual ability to win. It isn't sufficient to simply back a man because he agrees with you. The name of the game in politics is to win. Many facets of a candidate must be considered and AMPAC tries to explore them all.

(Continued on Page 21)

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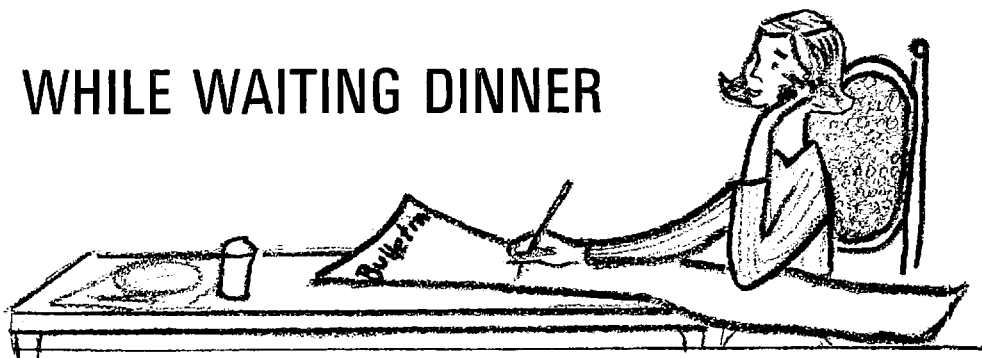


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2nd Vice President and Membership	Mrs. Vernon Larson
Membership Co-Chairman	Mrs. George Tanbara
3rd Vice President and Today's Health	Mrs. Walter Arthur
4th Vice President and Social Chairman	Mrs. Ralph Johnson
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Mental Health	Mrs. Robert Osborne
Cookbook	Mrs. Leo F. Sulkosky
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Fashion Show	Mrs. Howard W. Pratt
	Mrs. Gordon Dean
Dance	Mrs. Jack J. Erickson
	Mrs. Edmund A. Kanar
Minute Women	Mrs. Homer W. Humiston

FASHION SHOW

February 8th The Sherwood Inn will be the scene of live mannequins in fun and fancy attire, featuring travel ensembles, winter and summer resort wear, lounging and entertaining outfits, fur fashions and a preview of the new spring silhouette, both for day and evening.

Gay table decorations designed by Toni Bourne are being turned out in her

basement workshop by auxiliary members. Maybelle Miller will decorate the stage and entrance.

Dr. Raymond C. Magnuson will play organ music during the show, and a sextette, "The Marguerites" under the leadership of Lorraine Sulkosky, will entertain us.

Chris Kanar and Ruth Zimmerman are door prize and raffle ticket chairmen.

Co-chairmen of the luncheon and show are Beth Pratt and Florence Dean.

Be sure to attend the Auxiliary's Spring Fashion Show and bring your friends — those nice people you have been owing a return invitation. They will love you for it and they will love the new styles presented by Nordstrom Best and their professional models.

Tickets are still available. Please mail your check at \$3.75 per person to Mrs. Robert Johnson, 1114 N. James St., and she will send you your tickets by return mail.

FEBRUARY MEETING

Friday, Feb. 16th

Have you ever noticed that everything blooms earlier beyond North 30th Street? . . . Or so it seems. Anyway, it wouldn't be at all surprising if we

should see an early crocus, daffodil or camellia blooming in the neighborhood of 3507 North Adams when we visit the attractive home of our charming hostess for the February meeting, Mrs. Robert Ferguson.

As a refreshing change, this will be a 10:00 a.m. Coffee Meeting. Serving the fragrant coffee and delectable hot pastries and rolls will be Chairman, Mrs. Orvis Harrelson; Co-chairman, Mrs. Robert Johnson and their committee, Mrs. Herbert Kennedy, Mrs. Richard Barronian and Mrs. Lawrence Smith.

Program Chairman Jan O'Connell has a fascinating program, a panel of Foreign Exchange Students.

THERE WILL NOT BE A BOARD MEETING IN FEBRUARY UNLESS BOARD MEMBERS ARE OTHERWISE NOTIFIED.

GET WELL WISHES

To Kit Larson, who injured her back, and to Jeanne Judd and Gypsy Hoyer, who are recovering from recent surgery.

COMMUNITY SERVICE

Nearly all of our members are involved in many types of worthwhile Community Service. We urge everyone to support the Tacoma PTA in its efforts to stop teenage cigarette smoking. Fifty per cent of America's teenagers are regular smokers by age eighteen! Attend the "Action" meeting for a Committee on Smoking and Health in Pierce County, February 14th—noon to 1:30 sharp. Location—Top of the Ocean, Topside. Smorgasbord, \$2.00.

REACH TO DISCOVERY

A "REACH TO DISCOVERY" Chapter is being formed in Tacoma to help women who have had a radical mastectomy for breast cancer. The organizational meeting was held Thursday, January 25th, at 3:30 p.m. For more information on future meetings call Lorna Burt, JU 4-1813.

DEFENSIVE DRIVING COURSE

Inez Pipe has announced that the Defensive Driving course will be held at the City Light Auditorium in four sessions, March 5th, March 7th, March 12th, and March 14th, from 9:30 to 11:30 a.m. each day. This very interesting and stimulating course will be presented by Mr. Dave Showalter, Director of the Pierce County Safety Council.

If you plan to attend please contact Inez at JU 4-0825. If there is anyone who needs transportation from the South End or Lakewood area, Inez will provide it. Kathleen Skrinar has volunteered transportation for anyone in the North End.

FLEA MARKET

The Auxiliary has voted to participate in the FLEA MARKET at the University of Puget Sound Field House on February 22nd. Lorraine Sulkosky will sell our cookbooks. If you have any item that you would like to contribute to the Auxiliary to sell, please bring it to the February meeting or to the Field House on the morning of the 22nd.

A REMINDER

DON'T FORGET TO VOTE IN OUR FEBRUARY 6TH ELECTION!

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AMPAC—

(Continued from Page 17)

AMPAC is not some nebulous organization—it's you and me; the hard-earned dollars spent by AMPAC are yours and mine. Consequently any ideas or information you might have concerning candidates could help to make those dollars more effective. Strengthen the voice of medicine by contributing both dollars and knowledge. Join AMPAC today!

THOMAS SKRINAR, M.D.
Chairman, AMPAC
State of Washington

ANNUAL CLINICAL MEETING

TACOMA ACADEMY OF
INTERNAL MEDICINE

SATURDAY, MARCH 9, 1968

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COOK BOOK STATIONS

PUYALLUP - Arthur, Mrs. Walter, 1324 10th Avenue, N. W., TH 5-5542; Cutner, Mrs. Lawrence, 12016 110th Ave. East, TH 5-7071; Lindstrom, Mrs. Axel, 508 Bridge Ave., TH 5-6452; Sulkosky, Mrs. Leo, 1403 5th St., S. E., TH 5-8264; Vaught, Mrs. Charles, 1317 21st St., S. W., TH 5-6215.

SUMNER - Kemman, Mrs. John, Rt. 1, Box 617-B, UN 3-7231.

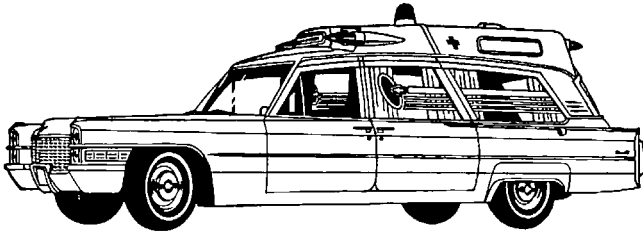
TACOMA - Burt, Mrs. Robert, 6638 Hilltop Lane, S. W., JU 4-1813; Brettell, Mrs. Robert, 7808 John Dower Road, JU 4-5493; Brachvogel, Mrs. Max, 1724 Fernside Drive, SK 2-4308; Clay, Mrs. Homer, 16 Summit Road, SK 2-0494; Dean, Mrs. Gordon, 4234 West Soundview Drive, LO 4-1945; Erickson, Mrs. J. J., 616 South 117th, LE 7-5044; Gilman, Mrs. George, 3720 North Union, SK 9-6885; Judd, Mrs. Herman, 8505 Woodlawn Ave., S.W., JU 8-2686; Larson, Mrs. Vernon, 1889 No. Hawthorne Drive, SK 9-4655; Meier, Mrs. Herbert, 7 Barlow Road, JU 8-7554; Skrinar, Mrs. Thomas, 424 North C, BR 2-0486; Spangler, Mrs. Ronald, 1015 Crestwood Lane, SK 2-4556; Smith, Mrs. Paul, Jr., 3404 No. Adams, SK 2-6201; Tanbara, Mrs. George, 710 North Yakima, BR 2-5235; Tuell, Mrs. Stanley, 3650 Browns Point Blvd., WA 7-1117; Truckey, Mrs. Robert, 634 Vista Drive, LO 4-4886; Whitacre, Mrs. Marshall, 926 Fairview Dr., LO 4-3300.

Does anyone have any back issues of M.D. Magazine they would like to get rid of?

My wife is making a teaching project and needs a lot of them. Please call me at BR 2-3888 or SK 9-8434, or leave them at the Medical Library.

—CHRIS REYNOLDS

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NEW MEMBERS



Dr. Charles D. Prewitt was born in Twisp, Washington, and he received his medical degree from the University of Washington in 1962. His internship was taken at the U. S. Public Health Service Hospital, Staten Island, and his residency was at the University of Minnesota Hospitals.

Dr. Prewitt, whose specialty is Otolaryngology, began practice in Tacoma in July, 1967, and his office is in the Allenmore Medical Center. He and his wife, Donna, live at 3510 Sylvan Drive.



Dr. Antonio Herrera was born in Tampico, Mexico, and received his medical degree from the Universidad de Guadalajara in 1953. His internship and residency were taken at Saint Joseph's Infirmary, Atlanta, Georgia.

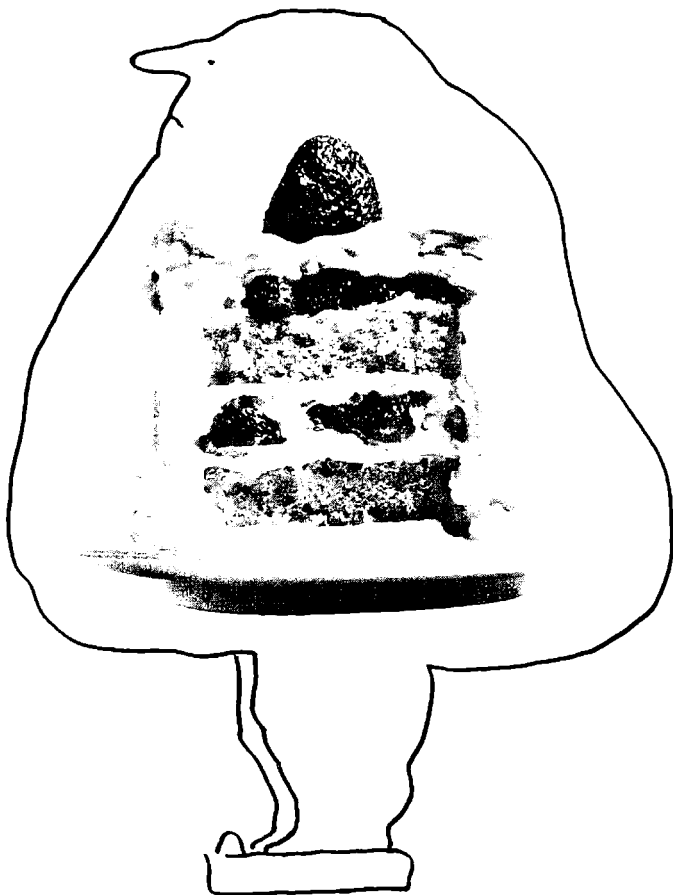
Dr. Herrera's practice is limited to Pathology and he began practice in Tacoma in July, 1967. His office is at Tacoma General Hospital and he and his wife, Virginia, live at 402 South 35th.

What Was That Big Hole In Front Of T.G.? Here's Answer

That 20-foot deep trench in the middle of 4th and K Streets in front of Tacoma General Hospital during mid-January had nothing to do with hospital construction or planning. The assembled heavy equipment and the deep, wet canyon, which disrupted parking and traffic for about two weeks, were the results of efforts of the City of Tacoma to make corrections in its sewer drainage system.

Storm sewers and sanitary sewers in the area had previously drained off

through a common route. This didn't make any difference when the sewage was running into Puget Sound. But with sewage disposal plants in operation, it meant that a tremendous amount of clean storm drainage had to be routed through the sewage disposal units. Thus, the purpose of the project in front of Tacoma General was to separate the storm sewage system from the sanitary sewage system, so that the sewage disposal plants could be used more efficiently.



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How Supplied: Bottles of 50 capsules.

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"Rex Morgan, M.D." To Speak At Seattle Rural Health Confab

The 21st National Conference on Rural Health will be held at the Olympic Hotel in Seattle on March 29-30, 1968. Guest speakers will include Dr. Ben N. Saltzman, of Mountain Home, Arkansas, chairman of the AMA Council on Rural Health. Featured speaker at the Friday evening banquet will be Dr. Nicholas P. Dallis, author of the *Rex Morgan, M.D.*, comic strip. Numerous other speakers of national prominence will be present. Those attending will be divided into discussion groups for part of the meeting.

Purpose of the conference will be to study community organization for rural emergency services, to develop effective procedures for community health planning, to discuss rural health care methods, and to discuss utilization of health manpower.

Dr. Charles Muller, WSMA President, will greet the conference, which is acceptable for six accredited hours by the American Academy of General Practice. The 1969 conference will be held in Philadelphia.

GU Disability Guide Free To Physicians

Another guide to rating clinical disability of a specific system is now available from the AMA. It is the 11th of a series called "Guides to the Evaluation of Permanent Impairment", and is related to impairment in the genito-urinary tract.

Name of the new guide is "Guides to the Evaluation of Permanent Impairment—The Reproductive and Urinary Systems." The guide is of use and interest to all physicians concerned with the medical, administrative, or judicial aspects of programs for the disabled. The guide was recently published in the J. A. M. A. A limited number of copies are still available, without charge, upon written request to the Committee on Rating of Mental and Physical Impairment, 535 North Dearborn Street, Chicago, Illinois 60610.

ANNUAL CLINICAL MEETING

**TACOMA ACADEMY OF
INTERNAL MEDICINE**

SATURDAY, MARCH 9, 1968

HAVE YOU PAID YOUR AMPAC DUES?

JACKSON HALL

"Adolescent Rebellion"

The Pierce County Chapter of the Academy of General Practice is holding its annual symposium this year at the Tacoma Country Club, Saturday, February 10, 1968. The afternoon program will start with registration at 1:00 p.m. Topics covered in the afternoon session will be Obesity, Sexual Conflicts and Drugs. A post-Symposium banquet is planned for 7:30 p.m.

Featured on the program are S. Howard Kaufman, M.D., Seattle Child Psy-

chiatrist; Robert Taubman, M.D., associate professor, University of Oregon Department of Child Psychiatry; and Leon Aller M.D., General Practitioner, Snohomish, Washington. Dr. Kaufman will also give an address at the banquet.

All interested in the topic "Adolescent Rebellion" are urged to attend the symposium. There is no charge for attendance at the afternoon session.

TIME TO GET PAPERS, EXHIBITS READY FOR WSMA MEETING

Second call for scientific papers! The program committee for the annual meeting of the Washington State Medical Association has sent out its first call for papers for the meeting at the Olympic Hotel in Seattle, September 22-25, 1968. A 2 or 3-page abstract should be

sent in, along with the title of the paper, to Dr. Robert W. Simpson, Chairman, WSMA Scientific Program Committee, 444 N.E. Ravenna Boulevard, Seattle, Washington 98115.

Applications for scientific exhibit space are also now in order. Application forms are available from Dr. John W. Huff, Chairman, WSMA Scientific Exhibit Committee, 444 N. E. Ravenna Boulevard, Seattle, Washington 98115.

Don't Forget!

ANNUAL CLINICAL MEETING
TACOMA ACADEMY OF INTERNAL MEDICINE

SATURDAY, MARCH 9, 1968

JACKSON HALL

Guest Speakers:

Monte Greer, M.D.
Head, Dept. of Endocrinology
University of Oregon

C. Alvin Paulsen, M.D.
Chief Dept. of Endocrinology
U. S. Public Health Hospital, Seattle

Robert L. Nielsen, M.D.
Chief, Section of Metabolism
Mason Clinic, Seattle

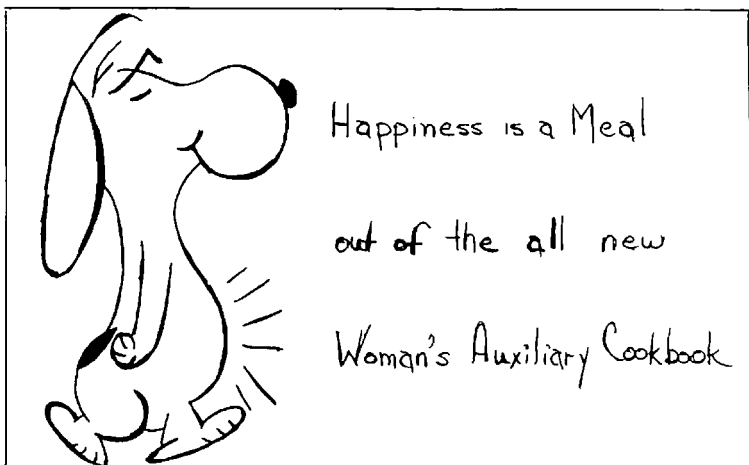
Presentation of cases by Academy members for discussion by the panel.

Noon luncheon—Top of the Ocean—Speaker: Dr. Greer

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MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, Aug. and Oct.—6:15 p.m.
Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL
Last Monday of February, June, September and November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC ASSOC.
First Monday of October, December, February and April—8:00
p.m. at 424 South K Street.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and August
—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m. at Ceccanti's
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY
First Thursday of each month except June, July and August—
6:00 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- STAFF OF NORTHERN PACIFIC HOSPITAL
Second Monday of March, June, September, December—
12:30 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY



ALLIANCE HOSPITAL
DENTAL

BULLETIN

VOL. XXXIX—3

TACOMA, WASH.

MARCH - 1968



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
MARCH 12**

Pierce County Medical Society

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COVER PICTURE: A faller makes an undercut wedge with his chain saw to aim the tree to the exact spot he wants it to fall. Photo courtesy Weyerhaeuser Company.

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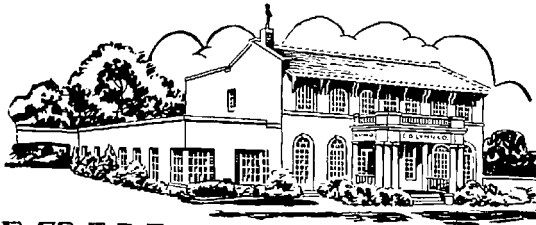
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PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, March 12

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

**"CONTROVERSIAL ASPECTS AND NEWER
MANAGEMENT OF DIABETES"**

ROBERT REEVES, M.D., Endocrinologist

• • • • •

Social Hour: 6:00

Dinner 6:45

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March Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
4 Tacoma Orthopedic Society 6 p.m.	5 Staff of Tacoma General 6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	6 Surgery Grand Rounds—T.G.H. 8-9 a.m.	7 Pierce County Pediatric Society 6:00 p.m. Medical Motion Pictures-8:15 a.m. Tacoma Gen. Hosp	8 C.P.C. of St. Joseph's—9 a.m.	9 Annual Meeting Tac. Acad. of Int. Med. C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
11 Staff of Good Samaritan 6:30 p.m. Staff of Northern Pacific Hosp. 12:30 p.m.	12 PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M. C.P.C. of Mary Bridge—8 a.m.	13 OB-GYN Conf. T.G.H. 8-9 a.m.	14 Medical Motion Pictures-8:15 a.m. Tacoma Gen. Hosp	15 Staff of Allenmore Hosp.—7:15 a.m.	16 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
18 Staff of St. Joseph's 7:30 p.m.	19 Tacoma Surgical Club—6:30 p.m. C.P.C. of Mary Bridge—8 a.m.	20 Medicine Grand Rounds—T.G.H. 8-9 a.m.	21 Medical Motion Pictures-8:15 a.m. Tacoma Gen. Hosp	22 Staff of Mary Bridge 12:15 p.m. C.P.C. of St. Joseph's—9 a.m.	23 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
25 Pierce County Academy of General Practice 6:30 p.m.	26 Tacoma Acad. of Internal Medicine 6 p.m. C.P.C. of Mary Bridge—8 a.m.	27 Path. Cancer Conf.—T.G.H. 8-9 a.m.	28 Medical Motion Pictures-8:15 a.m. Tacoma Gen. Hosp	29	30

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President's Page

The past year has made it evident that something should be done to aid a widow of a deceased member in disposing of patient records. This should be a function of the medical society and would certainly relieve the survivor of the emotional trauma of pulling these charts over a period of months to years.



I would like to quote in part an article taken from the AMA News for January 24, 1966.

"A physician, ethically speaking, should treat his medical records in a manner that will serve the best interests of the patient. The doctor's widow should do the same. Medical records are not part of the physician's estate, since they are not "property" in the usual sense of that word. However, they do contain confidential information concerning the physician's patients, and for that reason should not be transferred without the patient's consent. The AMA Law Department urges that you, the executor of your husband's estate, or perhaps another physician to whom the records have been entrusted for safekeeping, suggest to your husband's patients that they engage the services of a new physician. The records can be forwarded to the new physician if the patient requests this. Records which may be of value to the estate in defending any existing or potential malpractice claim against the estate should be retained until such claims are settled or until the expiration of the applicable statute of limitations. Where the records are not of value for suit purposes, and where the patient fails to name a new physician, the records may and should be destroyed."

The statute of limitations extends for three years but it is recommended they be retained for five years to be on the safe side. In the case of minors, records should be kept for five years after they have reached the age of twenty-one.

Why couldn't the Medical Society provide space to store the files of deceased members and the charts made available to the new physician at the request of the patient. It shouldn't be too difficult to provide security in order to maintain the confidential nature of these records.

The solution to this problem is long over-due. Let's have some suggestions.

—JAMES D. LAMBING, M.D.

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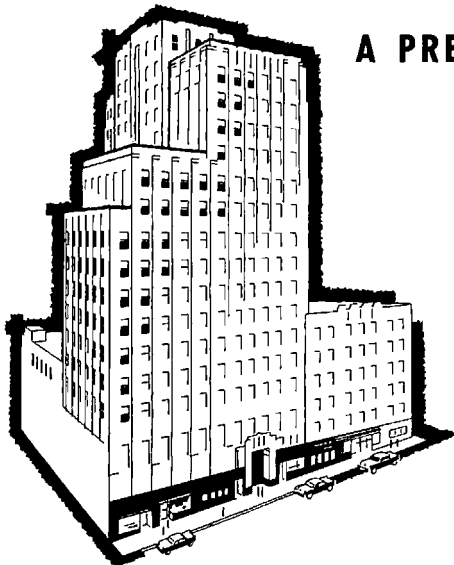
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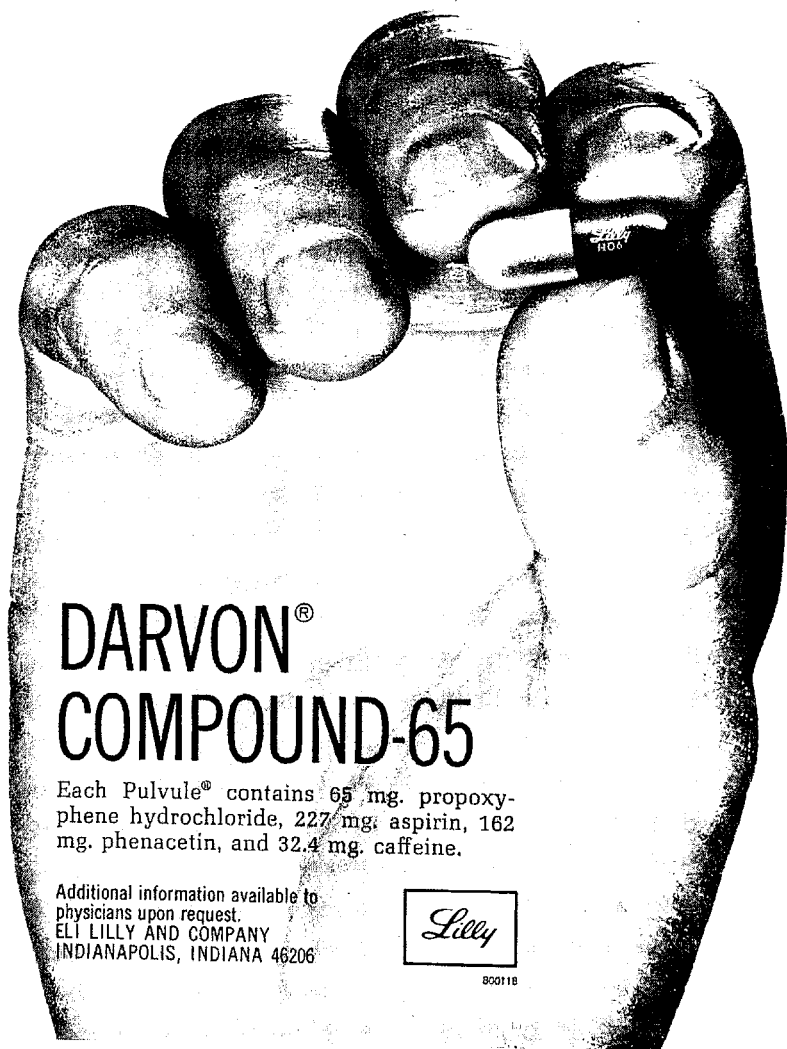
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Guest Editorial

The publicity attending the arguments regarding tuberculosis patients in Western Washington have obscured a much more important question facing us in Pierce County.

There are two basic facts: 1) Without using general hospital beds in Mountain View General Hospital, there are not enough beds in all the other hospitals to take care of all the patients in the county who need to be in a hospital; 2) The Mountain View Hospital can not remain solvent as a county hospital.

There is a solution to the above dilemma. Mountain View Hospital must be converted to a community hospital. Any cooperation that any member can give to the Society's ad hoc committee will be greatly appreciated. We don't have too much time.

—HOMER W. HUMISTON, M.D.

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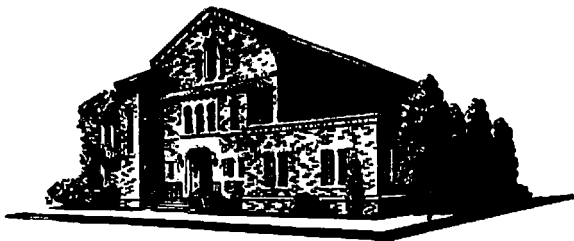
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- 4 Govnor Teats
- 5 Charles E. Cobb
W. Howard Pratt
- 6 Edward F. McCabe
- 9 Phillip B. Smith
Douglas A. Tait
- 11 J. Edmund Deming
- 13 D. Theodore Baer
- 15 Bryce Betteridge
- 16 Alan S. Porter
- 17 Russell Q. Colley
- 18 Robert A. O'Connell
- 19 Robert B. Whitney, Jr.
- 20 Franz P. Hoskins
Albert A. Sames
- 22 Edward A. Barth
Robert Klein
John P. Liewer
George P. Macha
Charles E. Marshall
- 24 Robert P. Crabill
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- 26 Ross D. Wright
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IN MEMORIAM



Leon Benda Thomas was born September 11, 1907, in Fairfield, Iowa. The family later moved to Nebraska.

Tommy received his B.A. in Science at Nebraska Wesleyan University in 1929. He was quite a musician during his high school and college days, playing the saxophone in bands at various dances and social events. The highlight of his musical career occurred one night when he filled in with Paul Whiteman's band.

Leon was an athlete of renown as well. He and his partner won the Nebraska State Intercollegiate tennis championship. He played varsity basketball at Nebraska Wesleyan.

He then attended St. Louis University on a scholarship and obtained his M.A. in Anatomy, with Microscopic Anatomy as his major and Gross Anatomy his minor.

He received his M.D. degree at the Washintgon University School of Medicine (St. Louis) in 1934. Then followed an internship at Missouri Baptist Hospital, 1934-35; a residency in Obstetrics and Gynecology at St. Louis Maternity Hospital, 1935-37; and a residency in General Surgery at Albany Hospital, New York, 1937-39.

He entered the army October 15, 1940, rose to the rank of major and received his Honorable Discharge on November 30, 1946. Part of his active duty was as Chief of the Obstetrical Department at Madigan General Hospital. He spent eighteen months at Ladd Field, Alaska, and at the General Hospital in Anchorage. Released from active duty at Fort Lewis, he entered the practice of Obstetrics and Gynecology in Tacoma. In 1953 he took a refresher course at the Margaret Hague Maternity Hospital in New Jersey.

He taught at the Tacoma General Nurses Training School from 1948-53, and taught with Dr. John Phillips, Professor of Religion and of Sociology at the University of Puget Sound, lecturing in his course, "Marriage and the Home" from 1951-56.

He was also a horticulturist, intensely interested in and doing a great deal of work with roses.

His last day of practice was July 25, 1963, and he died on February 15, 1968.

Dr. Thomas was a lifetime member of the American College of Obstetrics and Gynecology, and was a member of the American Society for the Study of Fertility.

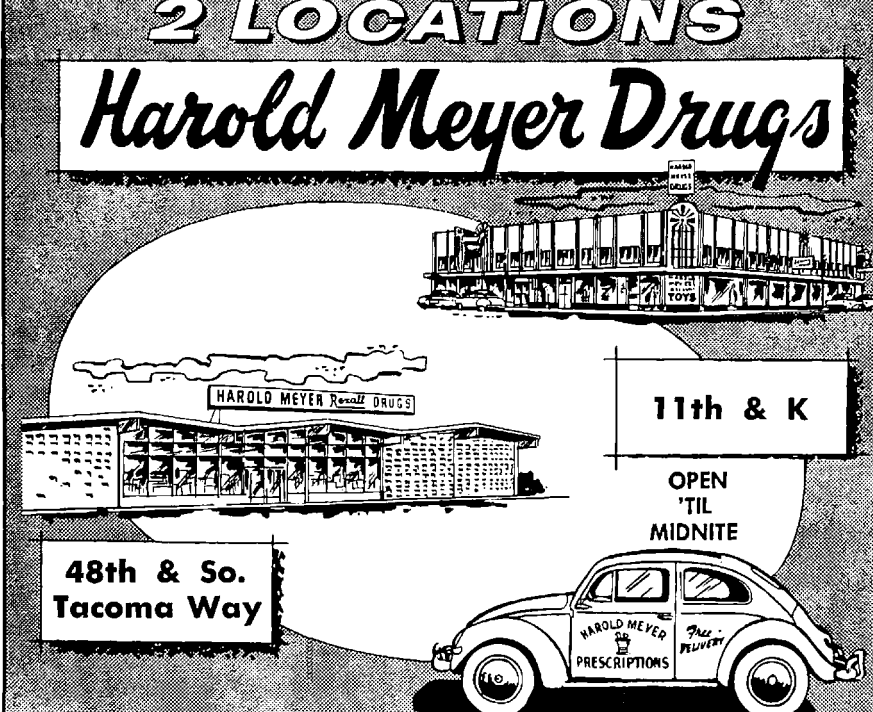
He was a man of tremendous drive and energy. His hours in his office and in the hospital were long and arduous, yet he would continue at the same pace day in and out, tirelessly. His patients were intensely devoted and loyal to him, and he to them. His special interest was the treatment of infertility and he had fantastic results in this field.

There were many facets to this remarkable and talented man. We will not soon forget him.

—PHILIP GRENLEY, M.D.

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AMPAC 1968

The citizens of the state of Washington are dragging their feet in the Congressional races. Few of the incumbents have been around their home state to prepare for their re-election bid and there also has not been much "noise" from their opposition. In other parts of the country there is tremendous activity, especially among candidates (of either party) hoping to "retire" an incumbent.

In the state of Washington most activity seems to be centering on the race for Governor. Both the Democratic and Republican parties are in the midst of intraparty squabbles which could affect this race. The Democrats have several people considering running for Governor and this makes it rather difficult to hold the party on course since these particular men represent the higher echelon within their party. The split in the Republican party, on the other hand, seems to be related to diverse opinion as to whether or not the incumbent Governor Daniel Evans represents the basic tenets of what the Republican Party historically has stood for, and this has resulted in opposing factions throughout the state.

Thus, at this point, it would appear that the State Republican and Democratic Central Committees are again, as they were in 1964, too deeply involved with other important matters to give overwhelming attention to the Congressional races. Yet, this year may be a most important Congressional year since Congress may well finally elect the President of the United States. With George Wallace definitely a Third Party candidate for the Presidency, it is possible that no candidate may receive a majority vote and consequently it would then be up to the Congress of the United States to elect the President on a one vote per state basis. If the five Democratic Congressmen and two Republican

(Continued on Page 21)

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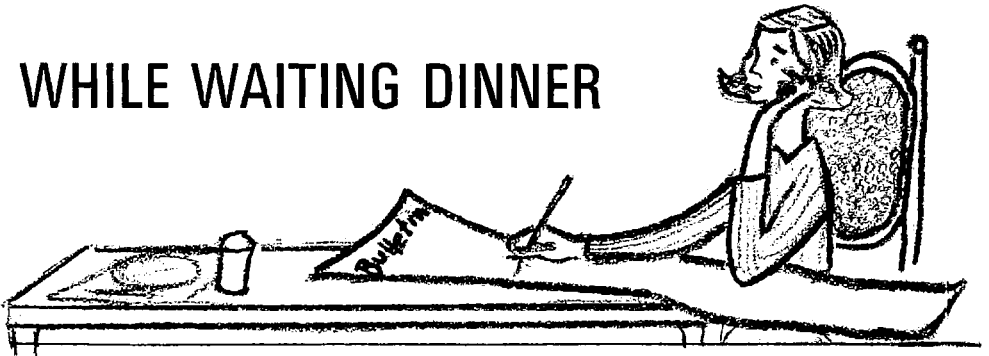


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4th Vice President and Social Chairman	Mrs. Ralph Johnson
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	Mrs. Gordon Dean
Dance	Mrs. Jack J. Erickson
	Mrs. Edmund A. Kanar
Minute Women	Mrs. Homer W. Humiston

MARCH MEETING

The March 15th meeting of the Auxiliary will be a noon luncheon at the home of Mrs. Harold Johnston, 10111 Lake Steilacoom Drive. Mrs. Ray Lyle and Mrs. Robert Whitney are co-chairmen, assisted by Mrs. Dudley Houtz and Mrs. Kenneth Kilborn.

The program: "Meet Your Daffodil Princesses From The Four Tacoma High

Schools". The girls, accompanied by their two chaperones, will join us for lunch and each princess will give a short talk.

We have been informed of a new perfume created especially for the Daffodil Festival, "Daffodilia". Each member attending the luncheon will receive a sample vial. If any member has something in her wardrobe that is yellow, this may be the time to blossom out in it.

THERE WILL BE A SHORT BOARD MEETING PRECEDING THE LUNCHEON PROMPTLY AT 11:00 A.M.

Nominations by the Nominating Committee will be read at the March meeting.

DEFENSIVE DRIVING COURSE

Inez Pipe has announced that the Defensive Driving course will be held at the City Light Auditorium in four sessions, March 5th, March 7th, March 12th and March 14th, from 9:30 to 11:30 a.m. each day. This very interesting and stimulating course will be presented by Mr. Dave Showalter, Director of the Pierce County Safety Council.

If you plan to attend, please contact Inez at JU 4-0825. If there is anyone

who needs transportation from the South End or Lakewood area, Inez will provide it. Kathleen Skrinar has volunteered transportation for anyone in the North End.

If it is at all possible, we urge you to take advantage of this opportunity and do bring your friends and neighbors. The Auxiliary has been asked by the editors of "M.D.'s Wife" magazine to submit an article and pictures on this course as it is of national interest.

GET WELL WISHES

To Audrey Hori who was injured in a skiing accident recently.

FASHION SHOW

A big "thank you" to Beth Pratt and Florence Dean, co-chairmen of our fashion show, for working so hard to see that it was the huge success that it was.

WOMAN OF ACHIEVEMENT NOMINEE

Ruth Brooke is our candidate for the Business and Professional Women's Clubs of Tacoma and Lakewood award of "Woman of Achievement" to be awarded in March:

Active on both County and Division levels of the Washington Division, Inc., American Cancer Society for many years. Was instrumental in forming the present organization of the Pierce County Unit, Washington Division, American Cancer Society under a Board of Directors. Served in various capacities on the local level: Service Chairman, Education Chairman, Vice President and President and is at present time a member of the Board of Directors. On the Division level, has served on the Board of Directors for ten years and has been on the Executive Committee of the Washington Division for 8 years. Has been Vice President for Field Organization for 5 years.

Served on the Board of Directors of Carl Lindquist School Clinic for many years; former President (two terms).

Charter member and former President of St. Joseph's Hospital School of Nursing Guild.

Recipient of an honorary lifetime membership in the Washington Congress of Parent Teacher Association.

Sunday School teacher at Mason Methodist Church for twelve years. Participated in "Lab" schools for Church School teachers.

Member and former President of Tahoma Orthopedic Guild.

Member and President of Nesika Study Club. President in 1952 and 1953.

Active in Scouts when son was a youngster, former Den Mother (3 years).

Served on Board of the Woman's Auxiliary to the Pierce County Medical Society for many years in several capacities. Former President.

Served on the Board of the Woman's Auxiliary to the Washington State Medical Association.

Parents: Ethel Denton Whitten and Bert B. Whitten of Hillsboro, Illinois.

Born in Seattle; attended school in Seattle.

Married in 1936 to J. Robert Brooke, M.D. Moved to Tacoma in 1938.

One child: Robert Duane; one grandson.

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AMPAC—

(Continued from Page 17)

Congressmen maintain their seats in Congress, the State of Washington will cast its one vote for the Democratic nominee. But, if the seats would change party in November, a different vote would be cast.

AMPAC has always believed that the Congressional races are the key to the manner in which the government will be run. This is why the largest portion of hard dollars goes into these races. It is very difficult to have a direct effect on who is elected to the Presidency and who is appointed to the Supreme Court. Yet each one of us can have a direct effect on the person who is elected to the legislative branch of government. Here is where the main checks and balances on the executive and judicial branches are maintained.

Since these men running for Congress have a long, hard road to achieve success in their campaigns, it behooves us as individuals to choose which candidates we will support, get behind them early and give them the necessary impetus to get their campaigns off with a bang and to increase the pitch until victory is gained.

Join AMPAC today and start phase one of your effort to back a winner.

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ANNUAL CLINICAL MEETING

**TACOMA ACADEMY OF
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SATURDAY, MARCH 9, 1968

JACKSON HALL

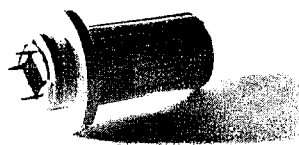
Vaccination Survey Dates Clarified

To clarify any confusion on dates, Dr. John Shaw, Tacoma dermatologist, chairman of the WSMA Infectious Disease Committee, has asked us to publish the following notice from Dr. Byron J. Francis, head of Communicable Disease Control:

"Letters, concerning complications of smallpox vaccination during the year 1968, have been sent out recently to many physicians by the Washington State Department of Health. Some confusion has arisen about dates covered by the study. These dates are January 1, 1968 through December 31, 1968. Members are urged to record their experience FOR THE PRESENT YEAR, AS IT OCCURS. This information will be collected in a separate mailing in early 1969."

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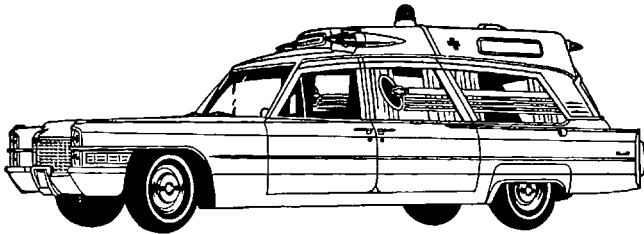


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NEW MEMBERS



Dr. Byron Dodge was born in Tacoma and received his medical degree from George Washington University in 1958. His internship was at Virginia Mason Hospital and his residency in Ophthalmology was taken at Indiana University Medical Center.

Dr. Dodge began practice in Pierce County in January, 1968, and his office is in the Medical Arts Building. He and his wife, Junice, live at 10421 Delwood Drive, S.W.



Dr. Karl E. Humiston was born in Oak Park, Illinois, and graduated from the Harvard Medical School in 1955. He interned at the King County Hospital and his residencies in Psychiatry were taken at the University of Washington and the University of Glasgow.

Dr. Humiston began practice in Pierce County in December, 1966, and his office is at Western State Hospital. He and his wife, Lois, live at 701 North Yakima.

TACOMA INTERNISTS HOSTS AT MEETING ON ENDOCRINOLOGY

The 1968 annual clinical meeting of the Tacoma Academy of Internal Medicine again features the new format which proved so popular last year. Instead of formal papers by the guest speakers, the morning and afternoon sessions consist of a series of case presentations by Academy members, followed by an informal panel discussion and question-answering by the guest speakers. Guests this year are Monte A. Greer, M.D., Head of Department of Endocrinology at the University of Oregon School of Medicine; C. Alvin Paulsen, M.D., Chief of Endocrinology at the U. S. Public Health Hospital in

Seattle, and Robert L. Nielson, M.D., Chief of the Section of Metabolism at the Mason Clinic, Seattle.

The only formal presentation of the day is the address at the noon luncheon at the Top of the Ocean restaurant by Dr. Greer. His subject will be "The Mechanism of Adaptation to Iodine Deficiency."

President of the Academy, Dr. Calvin Lantz, will preside at the noon session. Dr. Robert Kallsen will be moderator in the morning session, and Dr. Del Lambing in the afternoon. Morning and afternoon sessions will be in Jackson Hall auditorium.

'WORLD'S LARGEST' MEDICAL MEETING SET FOR JUNE 16-20

CHICAGO — Demands placed upon the American health care system have made the health services industry the nation's fastest growing employment field, American Medical Association president Milford O. Rouse, M. D., pointed out in a year-end report.

"Fifteen years ago it was the fifth largest employer, now it is third," said Dr. Rouse. "If present trends continue, it will become the nation's No. 1 employer by the early 1970s."

Few physicians need instruction in the facts concerning increasing demand.

In addition to the growing claims upon him by patients, medical society, hospital, civic affairs, and family, the physician faces his responsibility to himself to "keep up" with medical developments.

The year-around task of "keeping up" is manifested by the stack of medical journals, which is regularly attacked but often seems to be self-regenerating.

Once a year, the physician has an opportunity to spend the better part of a week doing nothing but "keeping up" at the world's largest medical meeting, the

Annual Convention of the American Medical Association.

The 117th Annual Convention of the AMA will be held June 16-20 this year in San Francisco. The Civic Auditorium, War Memorial Opera House, and several nearby hotels will house the scientific program; the House of Delegates will meet in the Fairmont Hotel.

Approximately 600 scientific papers are to be presented, and more than 250 scientific exhibits will be on display as well as many industrial exhibits.

Among special presentations planned are four General Scientific Meetings on automobile accidents, health care planning, management of infectious diseases, and treatment of advanced malignant disease.

Four General Scientific Sessions will be presented and the 23 Scientific Sections will offer programs individually, many holding joint meetings on subjects of common interest.

A full schedule of medical motion pictures is planned, as is a program of live color telecasting from a San Francisco-area medical center.

TACOMA M.D. SHOWS IN MEDICAL TRIBUNE

Another Tacoma physician made the "In Consultation" column in the *Medical Tribune* in January. The column pictured Dr. Jack Alger, plastic surgeon, who questioned the consultant on his "plan for managing bilateral cleft lip and palate with a protruding maxilla and medial collapse of the maxillary segments with respect to timing of maxillary realignment?"

Last previous physician to appear in the column was Dr. Robert Kallsen.

ANNUAL CLINICAL MEETING

TACOMA ACADEMY OF INTERNAL MEDICINE

SATURDAY, MARCH 9, 1968

JACKSON HALL



SAN FRAN CISCO AMA '68

The excitement of San Francisco's famous sites is waiting for you. Chinatown, the Golden Gate Bridge, Fisherman's Wharf, Telegraph Hill, will add to five memorable and stimulating convention days. Plan to attend now and look forward to an excellent convention in a city of unlimited charm.

Continue your postgraduate education with a varied program of • four General Scientific Meetings on Auto Accidents, Health Care Planning, Infectious Diseases, Treatment of Advanced Malignant Disease • 23 Section Programs • Color Television • Medical Motion Pictures • and over 600 scientific and industrial exhibits. All are designed to bring you up-to-date on what is making medical news today. You will attend lectures by the nation's outstanding medical authorities and discuss with them the significant advances in medicine.

In addition the AMA TV network will present more than 40 hours of convention news.

Reserve now for the Scientific Awards Dinner in honor of the Scientific Award Winners—Wednesday, June 19, 1968. Since space is limited, we suggest you make your reservations before June 3, 1968. Tickets are \$10.00 each, payable in advance.

The complete scientific program, plus forms for advance registration and hotel accommodations, will be featured in JAMA, May 6, 1968.

SAN FRANCISCO, CALIFORNIA · JUNE 16-20, 1968
AMERICAN MEDICAL ASSOCIATION'S 117th ANNUAL CONVENTION · BROOKS HALL

Doctors' Wives To Study Health, Drugs, Sex At S.F. Meeting

CHICAGO - An afternoon of continuous health education films including films on sex education, drug abuse, physical fitness and nutrition will be a new feature at the 45th annual convention of the Woman's Auxiliary to the American Medical Association.

More than 2,000 physicians' wives are expected to attend the June 16-20 meeting at the St. Francis Hotel, San Francisco, Calif. Auxiliary president, Mrs. Karl F. Ritter, Lima, Ohio, will preside.

On Sunday, June 16, the Auxiliary will hold a reception for their president, Mrs. Karl F. Ritter, and president-elect, Mrs. C. C. Long, Ozark, Ark., from 5 to 7 p.m.

Monday luncheon will honor the leaders of women's volunteer organizations throughout the United States.

Milford O. Rouse, M. D., AMA President, will be the guest speaker at the Tuesday luncheon honoring national Auxiliary past presidents and AMA Officers and Trustees and wives. At this time the Auxiliary will present its annual contribution to the American Medical Association Education and Research Foundation. Last year's gift totaled \$384,649.48.

Following this luncheon, films will be shown for the remainder of the afternoon. This new feature will provide Auxiliary members with a catalog of available health education materials to be used in conjunction with existing Auxiliary programs.

The Auxiliary will also sponsor a program of daily activities for the pre-teens and teenagers of Auxiliary members. Local arrangements for the convention are under the direction of Mrs. Lloyd Gillin and Mrs. Don C. Musser, both of San Francisco.

COOK BOOK STATIONS

PUYALLUP - Arthur, Mrs. Walter, 1324 10th Avenue, N. W., TH 5-5542; Cutner, Mrs. Lawrence, 12016 110th Ave. East, TH 5-7071; Lindstrom, Mrs. Axel, 508 Bridge Ave., TH 5-6452; Sulkosky, Mrs. Leo, 1403 5th St., S. E., TH 5-8264; Vaught, Mrs. Charles, 1317 21st St., S. W., TH 5-6215.

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Does anyone have any back issues of M.D. Magazine they would like to get rid of?

My wife is making a teaching project and needs a lot of them. Please call me at BR 2-3888 or SK 9-8434, or leave them at the Medical Library.

—CHRIS REYNOLDS

Don't Forget!

ANNUAL CLINICAL MEETING
TACOMA ACADEMY OF INTERNAL MEDICINE

SATURDAY, MARCH 9, 1968

JACKSON HALL

Guest Speakers:

Monte Greer, M.D.
Head, Dept. of Endocrinology
University of Oregon

C. Alvin Paulsen, M.D.
Chief Dept. of Endocrinology
U. S. Public Health Hospital, Seattle

Robert L. Nielsen, M.D.
Chief, Section of Metabolism
Mason Clinic, Seattle

Presentation of cases by Academy members for discussion by the panel.

Noon luncheon—Top of the Ocean—Speaker: Dr. Greer

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C I B A

Doctors Needed At WSU Health Service; Here Are Details

Positions are available for three GENERAL PRACTITIONERS on the staff of the Student Health Service of Washington State University effective immediately. The Student Health Service is authorized to operate a general medical clinic with seven full-time physicians, including the director, a consulting internist and psychiatrist. We are presently considering a half-time position for a psychiatrist. This appointment would be on an annual basis at a salary of \$11,000.

The clinic is located in Memorial Hospital and all facilities of the hospital are available and are utilized by the Health Service Clinic, thus, complete medical practice and continuity is maintained.

Physicians of the staff have full faculty rank, with all of the privileges and benefits thereof. Malpractice insurance is paid by the University and a good matched retirement plan is in effect. All social security benefits are in effect, an excellent group medical-hospital plan, a salary continuance and life insurance program are available.

Clinic hours are 8:00 a.m. to 5:00 p.m., Monday through Friday and 8:00 a.m. to 12:00 noon Saturday. Rotation is done daily for after-hour on-call physician. Appointment can be made on either an academic year or full year basis. Full-time appointment has one month paid vacation annually. The starting salary for a full-time appointment is from \$17,250 to \$20,000 depending on training and experience. The maximum starting salary for an academic year appointment is \$17,250. Washington license is a necessity before consideration of employment can

be made. Personal interview is necessary. If interested please contact: Ralph M. Buttermore, M.D., Director, Washington State University Student Health Service, Pullman, Washington. Telephone: ED 5-3575.

ANNUAL CLINICAL MEETING

TACOMA ACADEMY OF INTERNAL MEDICINE

SATURDAY, MARCH 9, 1968

JACKSON HALL

Life-Is-Worth-Living After-All Department

(Many members are unaware of the wide circulation of the Pierce County Medical Society *Bulletin* to medical societies in other parts of the country. The following letter was received from York, Penn.)

Dear Editor,

Never enjoyed an issue of ANY *Bulletin* more than yours of January, 1968. It was GOOD FROM COVER TO COVER!

And your photos of members at the annual dance and elsewhere in the booklet are clear and of fine workmanship!

Keep up the good work. This is just a note of appreciation.

Happy New Year!

Fraternally yours,

H. Malcolm Read
York County
Medical Society
York, Pennsylvania

ALL INVITED TO RURAL HEALTH MEET SEATTLE, MAR. 29-30

A 2-day session concerning the problems of health in rural areas will be held at the Olympic Hotel in Seattle on March 29 and 30. It will be the "21st National Conference on Rural Health", sponsored by the Council on Rural Health of the American Medical Association. Dr. Louis Dewey of Richland, Wash., is one of the 11 members of the Council.

Registration will begin at 8:00 a.m. on Friday, March 29, with no registration fee. All physicians and interested

parties are invited to attend. Advance registration is not necessary.

The Friday morning session will include presentations by guest speakers and a panel discussion group. In the afternoon, all attending will be divided into discussion groups. At the Friday evening banquet session, the address will be given by Dr. Nicholas P. Dallis, author of the comic strip, *Rex Morgan, M.D.*

The meeting will conclude at noon on Saturday. The 1969 Conference will be held in Philadelphia.

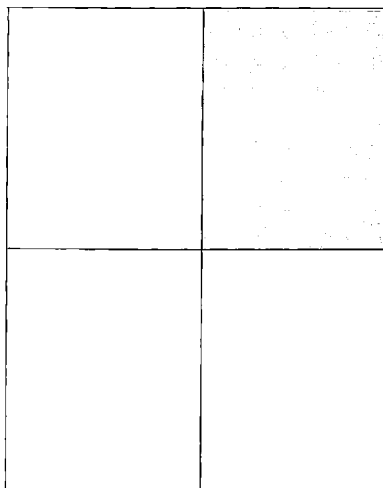
What? Not Jackson Hall! Surgical Club Will Meet At UPS

Don't show up at Jackson Hall on Saturday, May 4, and expect to see demonstrations on surgical anatomy.

For the first time in decades, the daytime sessions of the annual meeting of the Tacoma Surgical Club will be at a new location—the newly constructed Science Building at the University of Puget Sound. The morning dissection demonstrations, the noon luncheon, and the afternoon scientific papers, will all be on the UPS campus, according to Club secretary, Dr. Stan Durkin.

The afternoon session will convene in the new auditorium in the Science Building, with all new audio-visual facilities.

The evening banquet session will be in its traditional location in the Crystal Ballroom at the Winthrop Hotel.



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INDUSTRIAL HEALTH MEETING IN APRIL IN SAN FRANCISCO

The 1968 American Industrial Health Conference will be held April 22-25 in San Francisco, with headquarters at the Hilton Hotel, it has been announced by the INDUSTRIAL MEDICAL ASSOCIATION and the AMERICAN ASSOCIATION OF INDUSTRIAL NURSES. This medical-nursing Conference which is comprised of the annual meetings of the two sponsoring Associations, will bring together approximately 2,500 persons which, in addition to industrial physicians and nurses, will include industrial hygienists, safety engineers, public health officials, military service medical personnel, university faculty members,

management representatives and others who have an interest in the health of the working population.

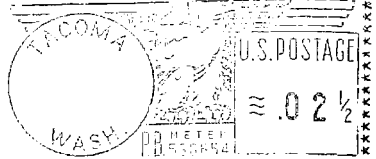
The scientific program, in which many of the nation's experts in the field of occupational health will participate, will be augmented by both scientific and technical exhibits. Post-graduate seminars in selected areas of industrial medical practice also will be presented. Further information about the Conference may be obtained by writing American Industrial Health Conference, 55 East Washington Street, Chicago, Illinois 60602.



Pierce County Medical Society

Medical Arts Building
Tacoma, Washington 98402

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Pierce County
Medical Arts Building
Tacoma, WA

MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, Aug. and Oct.—6:15 p.m.
Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL
Last Monday of February, June, September and November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC ASSOC.
First Monday of October, December, February and April—8:00
p.m. at 424 South K Street.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and August
—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m. at Ceccanti's
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY
First Thursday of each month except June, July and August—
6:00 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- STAFF OF NORTHERN PACIFIC HOSPITAL
Second Monday of March, June, September, December—
12:30 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

VOL. XXXIX—4

TACOMA, WASH.

APRIL - 1968



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
APRIL 9**

Pierce County Medical Society

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COVER PICTURE: Tacoma's nearly-new Cheney Stadium, ready to open for what may be its last regular season. (Staff photo)

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Conditions change, and perhaps your will should be brought up-to-date or re-written.

We strongly urge you to review your present will with your attorney, or to use his experience in drawing a will if you do not now have one.

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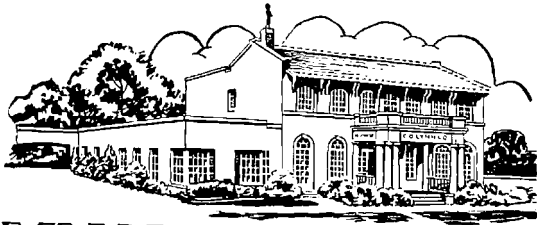
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PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, April 9

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

INTER-LABORATORY CONTROL

A METHOD FOR IMPROVING LABORATORY
FUNCTION AND REPRODUCTIBILITY

Drs. Theodore Apa, Charles Reberger
and Richard Vimont

• • • • •

Social Hour: 6:00

Dinner 6:45

Honan's Restaurant

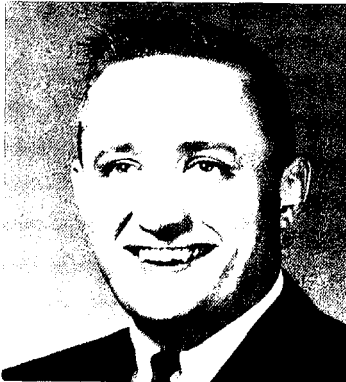
Surgical Club Meet Stars Gil Campbell, New Site, Format

A new location, a slightly changed format, and two exciting guest speakers will be features of the 1968 annual clinical meeting of the Tacoma Surgical Club, according to Club Secretary, Dr. L. Stanley Durkin.

Traditional date for the meeting, the first Saturday in May, will be on May 4 this year, but the traditional site for the daytime sessions has been changed from Jackson Hall and relocated at the new Science Building on the University of Puget Sound Campus.

Registration will start at 9:00 a.m. on Saturday, at the Science Building, and the unique feature of the program, the demonstrations of surgical dissections on cadaver specimens, will be shown continuously and concurrently from then until 12:00 noon. There will be 23 different displays by members of the Club. Doctors Ralph Stagner and Ed Kanar are co-chairmen of the morning session.

For the first time in its 37 year history, the meeting will have a formal session at the noon luncheon, to be held in the Student Union Building on the campus, with the noon address to be given by Dr. Roy Schwarz, head of the



Dept. of Anatomy at the University of Washington.

At the afternoon session, in the auditorium of the Science Building, several members will give papers, and the main presentation will be by guest speaker Dr. Gil Campbell, Professor of



Surgery at the University of Arkansas. He will discuss the treatment of pulmonary empolism.

Dr. Campbell's address at the traditional evening banquet at the Crystal Ballroom of the Winthrop Hotel will be entitled, "Irrelevant and Irreverent Observations on Pulmonary Circulation." New member certificates will also be awarded at the banquet, and the Club will present monetary awards to two outstanding University of Washington students in anatomy. Such awards were established a year ago as the David Bassett Memorial Award.

Dr. Tom Murphy is chairman of the arrangements for the afternoon session and Dr. Bill Mattson for the evening banquet session.

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President's Page

In 1967 the Regional Health Planning Council was asked to assist Dr. Paul Bondo and his Emergency Room Committee in their analysis of the hospital emergency rooms serving the area. This study has been completed and the report is available for anyone to see if they so desire.



The survey involved nine hospitals with visits tabulated from December, 1965, through December, 1967, by year from 1964 through 1967 as well as the week of June 10, 1967. From this very interesting survey definite trends could be seen. It was quickly shown that the hospital emergency room is experiencing a rapidly changing status from providing emergency service to the additional role of functioning as an extension of the physician's office during off-hours and on week-ends. Also from this study, accurate predictions of patient load can be made. For example, by 1969 there will be an average of over 400 visits more per month than at the present time.

For the moment it seems the community would best be served if the two major hospitals expand the total scope of their services, improve and enlarge their physical facilities and backup services, and secure full-time emergency service physicians. It was also recommended that the hospitals be placed on the fire and police radio networks with instant communication possible to all concerned. Some of these suggestions have already been implemented.

It would seem logical that St. Joseph's and Tacoma General could enter into a reciprocal agreement for the cooperative operation and exchange of staff, supplies, equipment, etc., and set up a schedule for receiving fire and police emergencies perhaps on an alternating basis by the week or month. When the situation warrants, the patient could be transferred to the hospital of his, or his physician's, choice.

It is strongly recommended that the Pierce County Medical Society endorse, support, encourage, and assist the two hospitals to develop full-time emergency staff and facilities in a pattern that is acceptable to the medical community and to the administration of the respective hospitals.

—JAMES D. LAMBING, M.D.

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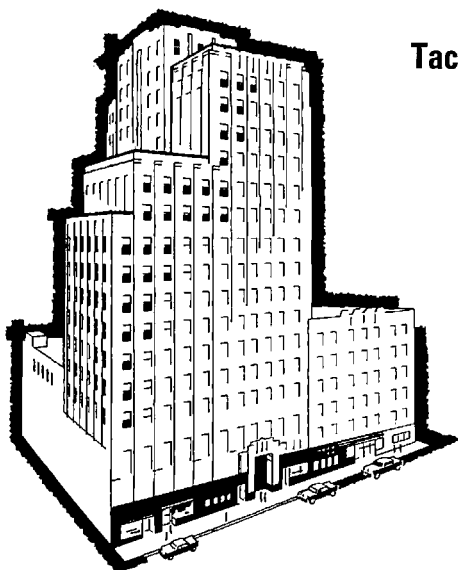
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Editorially Speaking

Let's call a dollar a dollar, especially at income tax time, like now.
Don't misunderstand me.

I'm for people giving money to worthy causes. But in this month's column you'll find two tax tables. One is compiled by fund-raisers, the other by me.



The fund-raiser's favorite table is the one he uses to prove to you that the more money you donate the more dollars you'll save. He says, "If you're in the 60 per cent bracket (he knows you're only a 20 per center, but he's flattering you and also making his table look better) and donate \$1,000, it actually costs you only \$400, so you save \$600." Before you go out to spend that 600 bucks on a new freezer and to get your wife a fur coat, better evaluate your donation in terms of the following two tables, greatly abbreviated here to save space.

Your taxable income	Donation	Cost to You	Savings
\$16-20,000	\$100	\$72	\$28
\$32-36,000	\$100	\$58	\$42
\$44-52,000	\$100	\$50	\$50

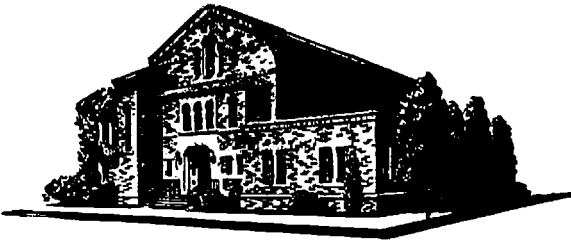
(Looks like you break even on the last one, doesn't it!)

Now here's my special tax table. The third column below shows the amount of money you must *earn* in order to contribute the \$100 shown in the donation column. The fourth column shows the amount of money you must *earn* in order to spend the \$100 for food, clothing, rent, or to send your children to college—all quite noble expenditures.

Your taxable income	Donation	You must earn	Must earn to buy \$100 groceries
\$16- 20,000	\$100	\$100	\$139
\$24- 28,000	\$100	\$100	\$156
\$32- 36,000	\$100	\$100	\$172
\$44- 52,000	\$100	\$100	\$200
\$64- 76,000	\$100	\$100	\$222
\$88-100,000	\$100	\$100	\$250

And if you have a real windfall and make over \$200,000 some year, you still have to earn \$100 for every \$100 of donations, but you have to earn \$333 for every \$100 worth of groceries you want to buy. Anybody here worried?
—S. W. T.

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- 2 Edwin J. Fairbourn
William W. Mattson, Jr.
- 4 B. D. Harrington
- 5 Clinton A. Piper
- 6 W. Ben Blackett
- 7 Everett P. Nelson
- 10 James M. Blankenship
David N. Goodson
- 11 Lawrence Brigham
Byron Dodge
- 12 Charles W. May
Z. Joseph Vozenilek
- 15 Leo J. Hunt
- 16 Robert W. Osborne
- 20 John F. Comfort
- 21 Harold B. Johnston
- 22 William E. Avery
- 23 Richard E. Huish
- 24 Eugene W. Hanson
- 25 Rodger S. Dille
- 28 James W. Boudwin
Richard B. Link
Louis P. Hoyer, Jr.
- 29 Archibald W. Howe
- 30 Donald F. McKay

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That's the word from the Pierce County Unit of the American Cancer Society.

A new Pilot Program has been started by the Service Dept. of the local unit. A group of interested women in the Parkland area are now making dressings in sizes 4x4, 8x8, and 10x12 (special orders also filled) and rolled bandages for the use of cancer patients in Pierce County. Dressings are made from used white sheets, cellucotton and gauze and are tied in bundles of six ready for

Hospital, Nursing Home or Private Home sterilization. Draw sheets and hospital type gowns are also made by these women and are available to the home patient.

In addition, the Pierce County Unit still has the Loan Closet items . . . hospital beds, wheel chairs, commodes, bed pans, etc. Transportation, by volunteer drivers, for patients to place of X-ray treatment has become a permanent and busy service.

Above services are provided when there is an actual financial need and on the request of the attending physician. For further information call Jeannie (Mrs. Thomas) Aitchison, Service Chairman, JU 8-0800, or the Cancer Society office, MA 7-3755.

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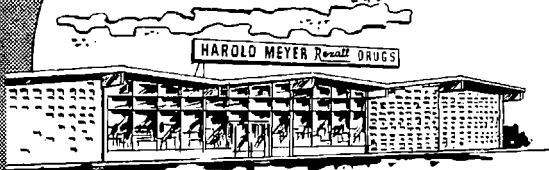
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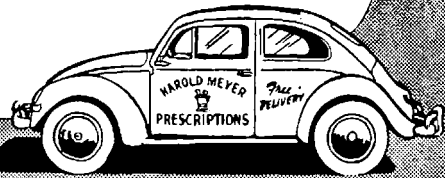


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AMPAC 1968

On March 9th and 10th AMPAC held its annual National Workshop in Washington D. C. Ernest B. Howard, M. D., Assistant Executive Vice-President of the American Medical Association gave the opening talk entitled "The Joint Challenge." Dr. Howard stated that this is a time of crises in Viet Nam, in law and order, in our cities, etc. as well as in medicine.

"If the AMA emulates the ostrich and buries its collective head in the sand in the hope that medicine's problems will go away, the PAC movement will ultimately fail. For Legislators abhor the vacuum of unmet need and will legislate despite their regard for you.

"But if AMPAC cannot help elect legislators of independent mind—and enough of them—organized medicine may never have time enough to prove that solutions to our present problems can and *will* be found within the private, non-government sector.

" Our AMA staff in Chicago, the executives who staff our state and county medical societies, the physicians who lead medicine at every level—all are committed to the massive effort we must make to find the workable solutions we seek.

"But the sand runs through the hour-glass, and we must count on the PAC movement to win us the time we need.

"As a Physician responsible to his profession, the AMA member bears the heaviest burden in our history.

"As a citizen responsible to his nation, the PAC physician is called upon to seek good government through the political process of electing good men. That adds to his load.

"But if he will shoulder both burdens manfully, we have it within our capacity to preserve an unrivalled system of health care and an unmatched heritage of freedom.

(Continued on Page 21)

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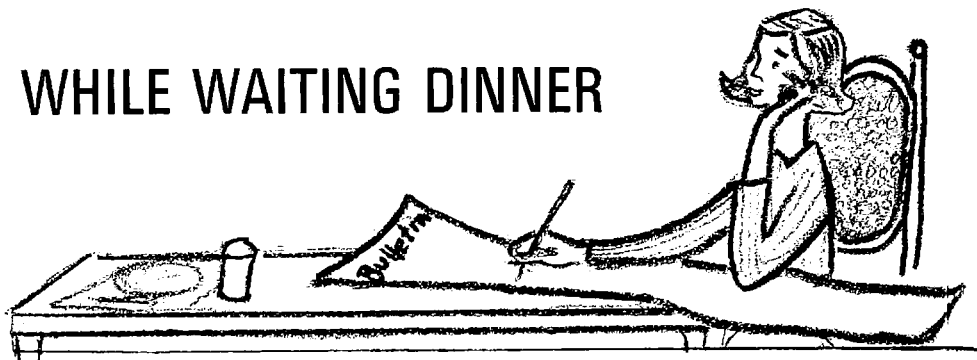


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To The Pierce County Medical Society

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President Elect.....	Mrs. Philip Grenley
1st Vice President and Program.....	Mrs. Robert O'Connell
2nd Vice President and Membership.....	Mrs. Vernon Larson
Membership Co-Chairman.....	Mrs. George Tanbara
3rd Vice President and Today's Health.....	Mrs. Walter Arthur
4th Vice President and Social Chairman.....	Mrs. Ralph Johnson
Recording Secretary.....	Mrs. Ronald Spangler
Corresponding Secretary.....	Mrs. Joseph Katterhagen
Dues Secretary.....	Mrs. Kiyooki Hori
Treasurer.....	Mrs. Stanley Mueller
AMAERF.....	Mrs. Paul B. Smith, Jr.
Safety and Civil Disaster.....	Mrs. Thomas Skrinar
Historian and By-Laws.....	Mrs. Bernard Pipe
Legislative.....	Mrs. Richard T. Vimont
Paramedical.....	Mrs. Sherman Pinto
Publicity.....	Mrs. Roy H. Virak
Bulletin.....	Mrs. James G. Billingsley
Speakers Bureau.....	Mrs. Robert C. Johnson
Telephone.....	Mrs. Frederick Oshwind
	Mrs. Dale Doherty
	Mrs. Russell Q. Colley
Coordinator of Community Services.....	
Gems.....	Mrs. Vincent M. Murphy
Finance.....	Mrs. Merrill J. Wicks
Mental Health.....	Mrs. Robert W. Florence
Cookbook.....	Mrs. Robert Osborne
International Health.....	Mrs. Leo F. Sulkosky
Fashion Show.....	Mrs. George C. Gilman
	Mrs. Howard W. Pratt
	Mrs. Gordon Dean
Dance.....	Mrs. Jack J. Erickson
	Mrs. Edmund A. Kanar
Minute Women.....	Mrs. Homer W. Humiston

APRIL MEETING

Our April meeting will be a 10:00 a.m. Coffee at the home of Mrs. William Goering, 1545 Sunset Drive, on April 19th.

For the benefit of our new members, this is our Clara E. Goering who writes the weekly column in the News Tribune, "Through the Garden Gate." We are looking forward to visiting her love-

ly home and seeing her garden, which should be lovely in April.

Mrs. James Billingsley is chairman and will be assisted by her committee, Mrs. Paul Smith, Mrs. W. Ben Blackett and Mrs. Marvin Bourne.

Program: An Ecumenical Panel.

Our guest speakers will be The Very Rev. Thomas J. Pitsch from St. Patrick's Catholic Church, Rev. Michael Anderson of the University Place Presbyterian Church, and Rabbi Richard Rosenthal of Beth El Temple.

NOMINATING COMMITTEE SLATE OF OFFICERS FOR 1968-69

President, Mrs. Philip Grenley
(Dorothy)

President-elect, Mrs. Murray Johnson
(Sherry)

1st V.P.-Program, Mrs. Ralph Johnson
(JoAnn)

2nd V.P.-Community, Mrs. Vincent
Murphy (Elizabeth)

Co-Chairman, Mrs. John Kemman
(Shirley)

3rd V.P.-AMAERF, Mrs. Paul Smith, Jr.
(Virginia)

4th V.P.-Social, Mrs. Max Brachvogel
(Judy)

Secretary, recording, Mrs. James Billingsley (Nancy)

Secretary, corresponding, Mrs. Marvin Bourne (Antoinette)

Treasurer, Mrs. Stanley Mueller (Julia)

Dues Secretary, Mrs. Charles McGill
(Edith)

Submitted by the Nominating Committee:

Mrs. George Gilman, Chairman

Mrs. Max Brachvogel

Mrs. Walter Arthur

Mrs. Philip Grenley

Mrs. Paul Smith, Jr.

Mrs. Elmer Wahlberg

GREEN LIGHT

What does a green light at an intersection mean? Ask any of the Auxiliary members who attended our Defensive Driving course in March. They know, and they'll smile when they tell you. It doesn't mean exactly what you think!

Defensive Driving is a course designed to help good drivers cope with the hazardous situations caused by poor drivers. Members attending the course felt the knowledge obtained was invaluable and were so enthused, they are determined to get their husbands and teenagers to take Defensive Driving. In fact, spearheaded by Edna Backup, they would like all Auxiliary members to send a flood of letters to Governor Dan Evans and Earl F. Campbell, Director of the Washington Traffic Safety Commission, Olympia, Washington, urging them to make this course available to all High School students taking driver education.

For those mothers of young children who missed the course because they

could not get daytime baby sitters and those who may have missed a session, we have GOOD NEWS. Defensive Driving is now being taught in 4 sessions each Thursday evening from 7:30 to 9:30 in the City Light Auditorium at 36th and Union. The first session begins on the first Thursday of each month. So don't make the Traffic Safety Council's "Hit Parade"—mark your calendar now to start the first Thursday in April or May and take your husband along!

It is especially useful for mothers who drive with small children in the car. These wee ones are precious possessions and we must protect them from all hazards—even themselves.

It is an enjoyable course with a coffee break time to have coffee and donuts or a piece of pie and discuss the points made in the very effective movies shown.

Remember . . . Frequent naps will keep you from getting old—especially if taken while driving!

FLEA MARKET

Thanks to Ellen Pinto and her Orthopedic Guild who shared a corner of their booth with us, we were able to sell cookbooks after all and made a profit of \$63.00. Ellen, Katherine Humiston and Carole Hazelrigg worked in the booth.

GET WELL WISHES

To Priscilla Stuen who is recovering from recent surgery.

BOARD REPORTS DUE

According to our By-Laws, Article IX, Section C. Duties . . . "Each committee chairman shall submit a written report in duplicate for the year's activities. One

(Continued on Page 21)

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Woman's Auxiliary

(Continued from Page 19)

copy to be retained in the President's book and one copy is given to the succeeding chairman."

Lorna would like to have these reports by the April Board meeting which will be at her home Tuesday, April 16th, as she needs to have them so she can, in turn, make her report to the State.

IMPLIED CONSENT; WHAT IS IT?

An initiative to adopt an implied consent law and lower the blood alcohol level from .15 to .10% required as evidence of intoxication was filed with the Secretary of State by the Washington State Medical Association.

The initiative, if approved by the voters in November, provides that persons obtaining a driver's license would be required to give their consent for a chemical breath test if stopped on suspicion of driving under the influence of alcohol. The measure requires 100,022 signatures to be obtained by July 5th to win a place on the general election ballot.

All County Medical Auxiliaries, as well as the Medical Societies and Service Clubs throughout the State are cooperating to help obtain the necessary signatures on the petitions.

Stephanie Tuell is Chairman of the Pierce County area. Let's give her all the help we can. Give her a call at WAverly 7-1117 and tell her you'll take a petition to your Garden Club and other organizations you belong to and get some signatures. There are twenty names to each petition and it doesn't take long to fill a petition. Now is the time. Remember, these have to be filed by July 5th!

AMPAC—

(Continued from Page 17)

"I say to you men and women of the PAC movement that you have not only the blessing but the backing of organized medicine.

"You are the political shock-troops of our beleaguered profession.

"Upon your knowledge, your energies, and your dedication will hinge—to an important degree—the shape of the 91st Congress. Will it number enough legislators of the two parties to hold fast against those who incite legislative stampede?

"If so, you have met your challenge and won us time.

"Will organized medicine use that hard-won time to good advantage in its continuing effort to solve the myriad problems besetting our profession?

"That is our *challenge*, and we shall meet it.

"The stakes are high; the battle is joined.

"We are both of us challenged; and neither must fail."

If you concur with what Dr. Howard has said above, but have not yet joined AMPAC, send us your \$20 check today.

THOMAS H. SKRINAR, M.D.
Chairman, AMPAC
State of Washington

Since 1888 . . . three quarters of a century of dignity and service at sensible prices.

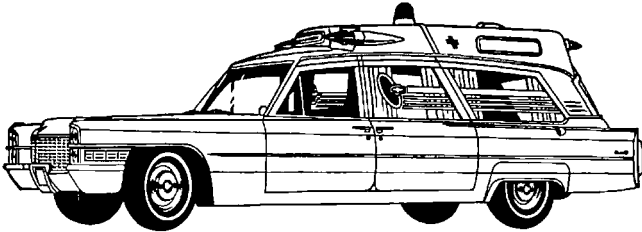
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Dr. Oris B. Houghlum was born in Perley, Minnesota, and he received his medical degree from the University of Washington in 1957. His internship was taken at William Beaumont Army Hospital, El Paso, and his residency was at Fitzsimmons General Hospital.

Dr. Houghlum began practice in Tacoma in August, 1967. His specialty is Obstetrics and Gynecology and his office is at Western Clinic. He and his wife, Mildred, live at 4402 Julies Terrace.



Dr. George R. Barnes, Jr., was born in Bridgeport, Conn., and received his medical degree from Yale University in 1947. His internship and residency were taken at Grace New Haven Community Hospital and at the University Hospital, State University of Iowa.

Dr. Barnes' practice is limited to Radiology and he began practice in Tacoma in July, 1967. His office is at 408 So. K, and he and his wife, Eleanor, live at 5025 66th Ave. W.



Dr. Milan Pazourek was born in Prague, Czechoslovakia, and graduated from Charles University Medical School in 1960. His internship was at Staten Island Hospital, New York.

Dr. Pazourek began practice in Pierce County in July, 1967. He is in general practice with offices at 6345 Motor Ave., S.W. He and his wife, Helen, live at 10210 110th St. Court S.W.

NEW MEMBERS



Dr. Kveta Polak was born in Prague, Czechoslovakia, and graduated from Charles University Medical School in 1955. Her internship was at Meadowbrook Hospital, East Meadow, New York, and her residency was taken at Queens Hospital Center, Queens, New York.

Dr. Polak began practice in Pierce County in August, 1967, and her practice is limited to Pediatrics. Her office is at 6343 Motor Ave., S.W., and she and her husband, Hugo, live at 11009 Lundstrom Drive, S.W.



Dr. Ronald J. Beck was born in Illinois and is a graduate of the University of Illinois, class of 1959. His internship was at Illinois Central and his residency was taken at Gill Memorial Eye, Ear and Throat Hospital, Roanoke, Va., and at the King County Hospital.

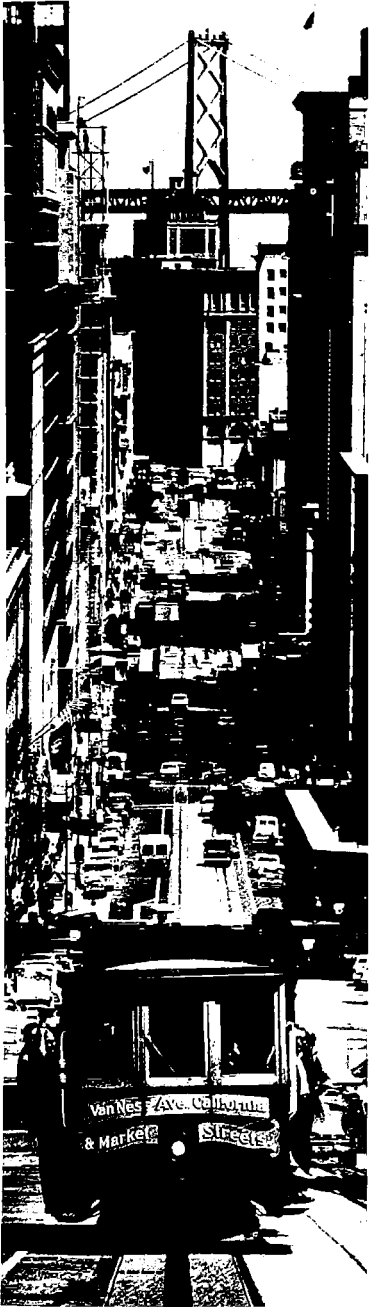
Dr. Beck began practice in Pierce County in August, 1967. His practice is limited to Ophthalmology and his office is in the Medical Arts Building and at 600 So. Meridian, Puyallup. He and his wife, Ruth, live at 206 23rd Ave., S.E., Puyallup.

New Members Join Internists Academy At Annual Meeting

Three new members were admitted to the Tacoma Academy of Internal Medicine at the luncheon session of the 18th Annual Meeting of the Academy on March 9, 1968. Receiving their certificates at the Top of the Ocean

Restaurant were Doctors James Billingsley, C. L. Anderson and William H. Wright. Dr. Calvin Lantz, Academy president, presented the certificates. An honorary membership certificate was awarded to the main guest speaker at the noon session, Dr. Monte A. Greer, head of the Department of Endocrinology at the University of Oregon Medical School.

There were 120 registrants at the meeting.



SAN FRAN CISCO AMA '68

The excitement of San Francisco's famous sites is waiting for you. Chinatown, the Golden Gate Bridge, Fisherman's Wharf, Telegraph Hill, will add to five memorable and stimulating convention days. Plan to attend now and look forward to an excellent convention in a city of unlimited charm.

Continue your postgraduate education with a varied program of • four General Scientific Meetings on Auto Accidents, Health Care Planning, Infectious Diseases, Treatment of Advanced Malignant Disease • 23 Section Programs • Color Television • Medical Motion Pictures • and over 600 scientific and industrial exhibits. All are designed to bring you up-to-date on what is making medical news today. You will attend lectures by the nation's outstanding medical authorities and discuss with them the significant advances in medicine.

In addition the AMA TV network will present more than 40 hours of convention news.

Reserve now for the Scientific Awards Dinner in honor of the Scientific Award Winners—Wednesday, June 19, 1968. Since space is limited, we suggest you make your reservations before June 3, 1968. Tickets are \$10.00 each, payable in advance.

The complete scientific program, plus forms for advance registration and hotel accommodations, will be featured in JAMA, May 6, 1968.

SAN FRANCISCO, CALIFORNIA · JUNE 16-20, 1968

AMERICAN MEDICAL ASSOCIATION'S 117th ANNUAL CONVENTION · BROOKS HALL

VISITING NURSE ASS'N DOOMED?--MAYBE, IF DOCTORS DON'T CARE

Awareness by the doctors of the services available from the Visiting Nurse Association of Pierce County may be a most important factor in preventing the demise of that organization, according to information obtained in an interview with the Public Relations Chairman of the group, Mrs. Sidney Dean. Mrs. Edith Mitchell is Director of the Association.

Mrs. Dean cites the numerous services provided by visiting nurses and indicates that there are no doubt many times when hospitalization times and overall expense of medical care could be reduced if the services were properly utilized. Unfortunately, any one doctor probably has only occasional need for the services of the Visiting Nurse. In fact, the need may arise so seldom that he forgets that such a service is available.

The name "Visiting Nurse Association" has only been in existence since 1967, when the name was changed from "Tacoma Public Health Nursing Association." The latter name had applied since 1919, when the association was founded. The Association merged with the Tacoma Health Dept. in 1940 and with the County Health Dept. in 1950.

The dependency of the Association on doctors for its survival is related to its self-imposed rule that home medical care provided by the Visiting Nurse must be under the direction of a physician. In certain instances where there has been no physician care, the nurse will make one call and assist the patient in obtaining a physician who would supervise further care by the nurse if indicated.

The Association charges the patients for its services, but special arrangements are made in hardship cases. Thus financial support is needed, and this comes in the form of payments from the State Department of Public Assistance, the American Cancer Society and from the UGN. A cost-study done in April, 1967, established the cost per call at \$11.61. The charge to the patient is \$10.00 per call.

Some of the Visiting Nurse's work is instructional, such as instructing new mothers in baby and child care, teaching a family how to give baths to the bed patient, etc. Other services that are rendered are administration of medications by hypo, changing of surgical dressings, doing colostomy and other irrigations, giving enemas, catheterizing, and providing certain basic physical therapy services such as teaching the use of crutches and some home exercises.

The administration personnel in the Association are currently in a state of unrest and indecision. Does the limited utilization of this service mean that the Association is out-moded, of little use,—and doomed? Or does it simply mean that doctors are failing to make proper use of an important adjunct in providing adequate medical care for this community? If the latter is true, then Pierce County physicians should take heed of the availability of this service and use it at appropriate times.

Resumes Practice

Neva D. Mead, R.P.T., has announced the resumption of her physical therapy practice at the office of her husband, the late Dr. Kermit T. Mead, Lakewood Professional Village, 5920-100th St. S.W. Office number is JU 8-6550.

Guest Editorial

(Some Pierce County pharmacists have resisted the use of safety containers for oral medication as a means of preventing accidental poisoning of children, suggesting that elderly people with arthritis may not be able to open them. In the following guest editorial, Lt. Col. Robert G. Scherz, Chief of Pediatrics at Madigan General Hospital, answers that premise.—Ed.

LET'S FIND THE LITTLE OLD LADY

Somewhere, hidden in Pierce County is a menacing little old lady who was responsible for poisoning over four hundred of our children in 1967. How can we identify this benign appearing, grandmotherly type who continues to threaten the health and lives of so many? We know several things about her.

(1) She has a rather characteristic motor disability. She is unable to depress a small plastic cap on a prescription vial and simultaneously give it a 1/6 turn.

(2) She also, perhaps through ESP hypnotic suggestion, has convinced many of the pharmacists in Pierce County that she will refuse to patronize them if she receives prescription medications in other than conventional, unsafe plastic snap-on containers.

(3) She is elusive. Just off the freeway, south of Tacoma, is a busy military pharmacy that has dispensed 250,000 of these tricky containers since last May hoping that the little old lady would reveal herself. However, the motor failures investigated have revealed only a handful of adults who had momentarily forgotten how to read. While we physicians of Pierce County, with the cooperation of the pharmacists, pursue the search by insisting that all capsule and tablet medications be dispensed in a safety container, Palm-N'-Turn, we should expect at least one benefit—fewer poisoned children. When the little old lady is found, she can be shown how to overcome her motor deficits. Perhaps then she will stop poisoning our children.

When just one won't do

Serpasil®-Esidrix®
(reserpine and hydrochlorothiazide)
Combination Tablets

LUXURIOUS NEW BLDG. READY FOR SURGICAL CLUB 1968 MEETING



Pictured above is R. Franklin Thompson Hall, the new 4-million dollar Science Building at the University of Puget Sound, where the daytime sessions of the annual meeting of the Tacoma Surgical Club will be held this year on May 4.

The Surgical Club will utilize the largest of the three auditoria in the building. It seats 200 persons and is a large amphitheater with excellent acoustics and an immense screen.

The building is named after Dr. Thompson, President of the University for the past 25 years, and is by far the largest building ever constructed on the campus. The U-shaped, 3-story, building has 220 classrooms and faces on Union Ave. on the west edge of the campus. An extensive parking area lies to the south of the building. Dedication of the new building will be April 19-21, just two weeks before the Surgical Club meeting.

Out-of-town physicians attending the meeting can reach the site most easily by leaving the interstate freeway at 38th street, travelling west to the intersection at South Tacoma Way, then following Union Ave. to North 15th St. Address of the campus is 1500 North Warner.

According to Dr. Stan Durkin, Surgical Club Secretary, the University administration has been most cooperative in assisting with arrangements for use of the building, with Dale Bailey, public relations director at the institution, cooperating with Dr. Durkin on the arrangements.

COOK BOOK STATIONS

PUYALLUP - Arthur, Mrs. Walter, 1324 10th Avenue, N. W., TH 5-5542; Cutner, Mrs. Lawrence, 12016 110th Ave. East, TH 5-7071; Lindstrom, Mrs. Axel, 508 Bridge Ave., TH 5-6452; Sulkosky, Mrs. Leo, 1403 5th St., S. E., TH 5-8264; Vaught, Mrs. Charles, 1317 21st St., S. W., TH 5-6215.

SUMNER - Kemman, Mrs. John, Rt. 1, Box 617-B, UN 3-7231.

TACOMA - Burt, Mrs. Robert, 6638 Hilltop Lane, S. W., JU 4-1813; Brettell, Mrs. Robert, 7808 John Dower Road, JU 4-5493; Brachvogel, Mrs. Max, 1724 Fernside Drive, SK 2-4308; Clay, Mrs. Homer, 16 Summit Road, SK 2-0494; Dean, Mrs. Gordon, 4234 West Sound-

view Drive, LO 4-1945; Erickson, Mrs. J. J., 616 South 117th, LE 7-5044; Gilman, Mrs. George, 3720 North Union, SK 9-6885; Judd, Mrs. Herman, 8505 Woodlawn Ave., S.W., JU 8-2686; Larson, Mrs. Vernon, 1889 No. Hawthorne Drive, SK 9-4655; Meier, Mrs. Herbert, 7 Barlow Road, JU 8-7554; Skrinar, Mrs. Thomas, 424 North C, BR 2-0486; Spangler, Mrs. Ronald, 1015 Crestwood Lane, SK 2-4556; Smith, Mrs. Paul, Jr., 3404 No. Adams, SK 2-6201; Tanbara, Mrs. George, 710 North Yakima, BR 2-5235; Tuell, Mrs. Stanley, 3650 Browns Point Blvd., WA 7-1117; Truckey, Mrs. Robert, 634 Vista Drive, LO 4-4886; Whitacre, Mrs. Marshall, 926 Fairview Dr., LO 4-3300.

Letters To The Editor

Pierce County Poison
Prevention Committee
St. Joseph's Hospital

Feb. 22, 1968

Pierce County Medical Society
Tacoma, Washington

Dear Sirs:

Our committee would like to suggest to your group that we commend the use of child resistant containers to dispense prescription items.

We would like to suggest, also, that the doctors specify when writing the prescription that he would like a child-resistant container used.

We also would like them to encourage their patients to ask for these containers when purchasing their drugs.

We hope that this will help in decreasing the number of accidental poisonings in our children.

Thank you so much,

Jan Bigelow, R.N.
Secretary

KITSAP COUNTY TO HAVE SEMINAR AT HOOD CANAL RESORT

The Alderbrook Meeting of the Kitsap Medical Society will again be held this year at Alderbrook Inn on Hood Canal. The one-day seminar will start with registration at 10:00 a.m. on Saturday, April 13. Guest speakers will be Doctors William Kelly, Lewis Healey, Jr., and Alexander Bill.

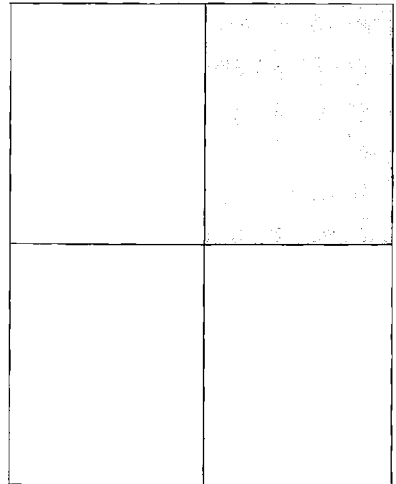
Wives are also invited to the meeting. A no-host social will be held in the afternoon and dinner in the evening. Programs are being mailed to all physicians in this area.

Society Meets At Madigan In May

The May meeting of the Pierce County Medical Society will be held at Madigan General Hospital, joining members of the Thurston-Mason County Society in a social hour and dinner and a scientific program presented by members of the Madigan Hospital Staff. Further details will be announced in next month's *Bulletin*.

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INDUSTRIAL HEALTH MEETING IN APRIL IN SAN FRANCISCO

The 1968 American Industrial Health Conference will be held April 22-25 in San Francisco, with headquarters at the Hilton Hotel, it has been announced by the INDUSTRIAL MEDICAL ASSOCIATION and the AMERICAN ASSOCIATION OF INDUSTRIAL NURSES. This medical-nursing Conference which is comprised of the annual meetings of the two sponsoring Associations, will bring together approximately 2,500 persons which, in addition to industrial physicians and nurses, will include industrial hygienists, safety engineers, public health officials, military service medical personnel, university faculty members,

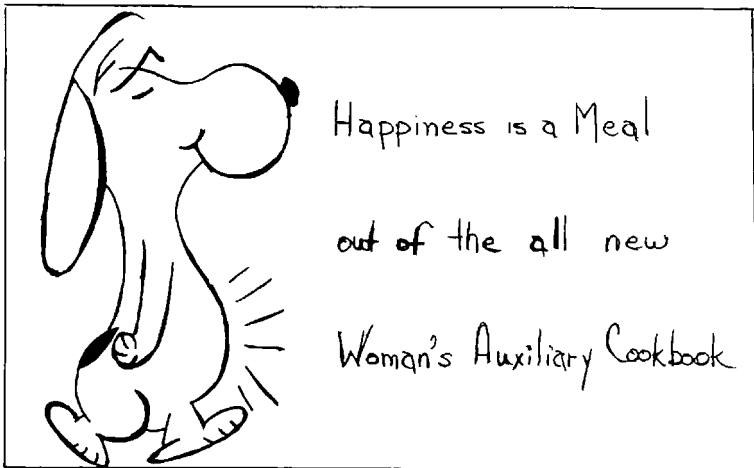
management representatives and others who have an interest in the health of the working population.

The scientific program, in which many of the nation's experts in the field of occupational health will participate, will be augmented by both scientific and technical exhibits. Post-graduate seminars in selected areas of industrial medical practice also will be presented. Further information about the Conference may be obtained by writing American Industrial Health Conference, 55 East Washington Street, Chicago, Illinois 60602.

Paul Gerstmann Tops Peak In Argentina

Pierce County's noted physician mountain climber, Paul Gerstmann, conquered another mountain peak on Feb. 15, when he and six other climbers scaled the highest mountain in the

Western Hemisphere, Mt. Aconcagua, in Argentina. Dr. Gerstmann is an experienced mountain climber and is frequently mentioned in local news stories for his mountain rescue work.



Pierce County Medical Society

Medical Arts Building
Tacoma, Washington 98402

MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of Jan., April, Aug. and Oct.—6:15 p.m.
Doctors Hospital Cafeteria

STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—7:30 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November

TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC ASSOC.

First Monday of October, December, February and April—8:00 p.m. at 424 South K Street.

TACOMA ORTHOPEDIC SOCIETY

First Monday of each month—6:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August—8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month at Top of the Ocean

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Ceccanti's

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—6:00 p.m.

STAFF OF ALLENMORE HOSPITAL

Third Friday of March, June, September, December—7:15 a.m. at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

STAFF OF LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December—7:30 p.m. Dinner—6:30 p.m.

STAFF OF NORTHERN PACIFIC HOSPITAL

Second Monday of March, June, September, December—12:30 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

VOL. XXXIX—5

TACOMA, WASH.

MAY - 1968



Tacoma Doctor
Explores
Sahara
(See Page 26)

PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
MAY 14**

Pierce County Medical Society

1968

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 Secretary-Treasurer.....Arnold J. Herrmann
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COVER PICTURE: David Goodson, Tacoma anesthesiologist, tries camel-riding on the Sahara Desert. He describes his trip in this issue.

Poison Control

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 Gerhart A. Drucker.....David L. Sparling

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Traffic Safety

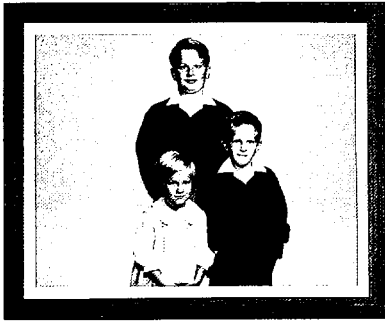
L. Stanley Durkin, Chairman

Bulletin Staff

Editor.....Stanley W. Tuell
 Business Manager.....Judy Gordon
 Auxiliary News Editor.....Mrs. Robert Johnson



How would the children manage your money



if both of you died tomorrow?

(A frank discussion about a very unpleasant subject.)

It does happen.

What would your youngsters do if suddenly such tragedy struck?

No amount of insurance, and in many cases not even a will, would truly take care of your children the way you'd do it if both of you were living.

They might go to the grandparents to live. Or to your brother's or sister's place. But how would they handle the funds you've left in the children's behalf? Suppose heavy medical bills were to hit? Will all the money be gone when the children are ready for college?

And what if something happens to the guardian, too? Who then would take your children's money?

Actually, you don't have to leave all these matters just to chance. A well-designed trust agreement is the one sure way to see that your

estate will be managed in your children's best interest—exactly the way it would be if you were living.

A trust can save your children substantial taxes. It can provide funds for them during the many months it takes to settle an estate. Often the value of your estate can be increased over the years—to the *real* benefit of the children.

Above all, a trust is flexible. It can be written to meet any family situation. Even added to your existing will with little difficulty.

And don't ever assume that you have to be rich to need the full benefits of a trust. The right kind of trust can make a lot of sense for families with very modest means.

What's the first step? Call the Puget Sound National Bank. FULTON 3-2811. Ask for Charles M. Fogg, manager of our trust department. He'll be happy to answer any of your questions.



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PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, May 14

Madigan Officers Club

Social Hour: 6:30

Dinner: 7:30

SCIENTIFIC PROGRAM

Presented by Staff of Madigan General Hospital

• • • • •

Palm-N-Turn Bottle Not Perfect Answer, Declares Pharmacist

(Last month's *Bulletin* carried a guest editorial by Lt. Col. Robert G. Scherz of Madigan Hospital, implying criticism of the local pharmacists for their resistance to use of safety containers to prevent accidental poisoning of children. In the following letter, Odell Wallace, R.Ph., President of the Professional Pharmacists of Pierce County, answers the charge.—Ed.)

Dr. Stanley W. Tuell
Pierce County Medical Society Bulletin
Dr. Tuell:

Last month we had a story about a little old lady who was very elusive, perhaps even imaginary. I also have a story about a little old lady which approaches from a different angle. I will not waste your time with it, however, as it has no more meaning than last month's story. In case I've lost you, I'm talking about the Palm-N-Turn vial that Dr. (Lt. Col.) Robert G. Scherz of Madigan is strongly recommending that everyone use.

The Pharmacy Association has heard Dr. Scherz present his story and we have investigated it thoroughly. I agree that there are good aspects to this vial, but also difficulties. I intend to try to explain both sides. This vial has been thoroughly tested by the military of this area by using it to dispense all tablets and capsules at Madigan. It has reduced the number of accidental poisonings reported on base. The post exchanges offer a free vial with each purchase of aspirin, and this is perhaps the biggest factor in controlling poisonings.

The vial itself is not difficult to open if you know how, and most people

should. The elderly, with poor eyesight and tendencies to slight mental confusion, might have a little difficulty in handling it. They have enough problems keeping their medications straight. The military post has very little problem with the elderly patient—they have very few.

The Palm-N-Turn vial comes only for capsules and tablets. No liquid containers are available. A local wholesale drug house attempted to stock this item but was required to stock such a quantity as to jeopardize the existing franchised container line. If they lost this line then no liquid containers would be available and approximately 70 per cent of pediatric prescriptions are in liquid form.

Some Pharmacies have placed this vial in stock but the direct order is too great for most of us. The use of this vial would not eliminate the poisonings from aspirin, ferrous sulfate or household items the little ones get into.

We are not opposed to this type of container, but we are opposed to the tactics used in attempting to force us into using them. We, in the medical field, both Physician and Pharmacist, have enough problems without fighting each other. We must attempt to work more closely together.

Professionally yours,

ODELL WALLACE, R.Ph.

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trust

(trust) n. That which is committed or entrusted to one, as a duty, task, or charge.

A widow with growing children may often look to our Common Trust Fund "A" where her investment may be divided between the Income Stock Fund and the Fixed Income Fund.

This distribution may serve the need for good income with protection from inflation, and a high rate of income with

stability of investment for liquidity in case of emergency needs of the surviving parent or children.

**BANK OF
WASHINGTON**

President's Page

The Drive is underway. You have already received petitions to be placed in your waiting room to help obtain the necessary 120,000 signatures to put the Implied Consent Initiative 242 on the ballot in November.



This is a law whereby any motorist stopped for a traffic violation would be subject to an alcohol test, if indicated, and a refusal could result in a six-month revocation of his driver's license.

The WSMA entered this campaign with the overwhelming approval of the House of Delegates and the Board of Trustees and, in fact, a substantial sum of money has been contributed by the WSMA, and you, to get the project started.

When the announcement was made at the last annual meeting that the "doctors" were going to spearhead this drive the WSMA office was flooded with calls from the Press, Radio, and TV news media. There has been little we physicians have undertaken that has created so much interest and given us a chance to show we are educated, concerned and effective public citizens.

Over half of the states already have Implied Consent Legislation and Washington is the only one in the West that has not seen fit to enact such a law. The Washington State Patrol has estimated the carnage on our highways could have been reduced by 400 lives last year with this legislation. The National Safety Council proclaims drinking was responsible for 50 to 60 per cent of the 60,000 deaths on our highways in 1967. There is good reason to believe Federal funds will not be available for highway construction to states who do not have Implied Consent Laws by 1970.

Why the Initiative? Simply because the bill has been "lost in committee" the last few sessions of our Legislature and there is little reason to doubt it will not suffer a similar fate in the next.

State wide, the Medical Auxiliaries have volunteered to see petitions circulated in offices, industry, churches, drug stores, etc. Our own is headed by Lorna Burt, Stephanie Tuell, Ellen Pinto, Kathleen Skrinar and Dorothy Grenley.

The time is short. The petitions have to be in by June 1st to allow for validation and filing in Olympia by July 5th. If you need more, please call any of the above Auxiliary members or the Society office.

Pierce County is responsible for 15,000 names. We have assumed we have enough strength, enough pressure, and enough prestige to see this through. Do we?

—JAMES D. LAMBING, M.D.

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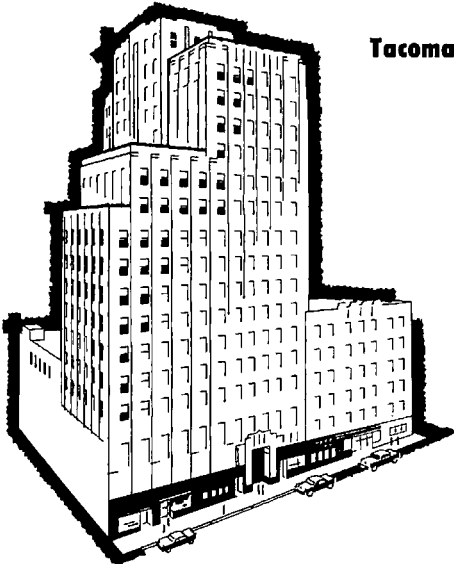
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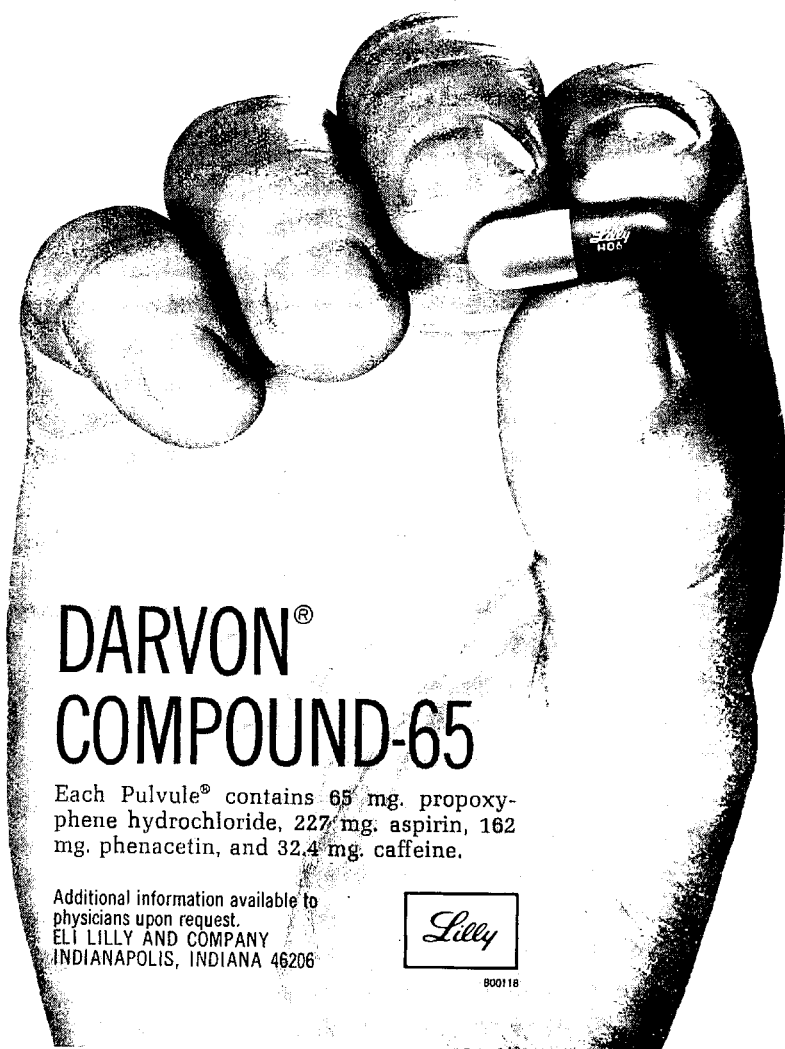
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Guest Editorial

(Five years ago, community and private interests "jumped the gun" on all levels of government by organizing its own health facilities planning board in this area. Due to this group's foresight, western Washington had a firm foundation already laid when the government seriously entered health planning in the past few years. Pierce County physicians Dr. James E. Hazelrigg and Dr. Richard T. Vimont serve on this Council. Here Dr. Vimont explains the current status.—S. W. T.)

THE REGIONAL HEALTH PLANNING COUNCIL, INC.

With ever-increasing demands upon those furnishing services related to health, correspondingly increasing costs and more and more public funds being allocated to this field, good planning is essential. This has been recognized both by those furnishing medical services and by government. As a result the Health Facilities Planning and Development Board, Inc., was organized and incorporated in 1963. In November, 1967, due to a broadened perspective, the organization changed its name to the Regional Health Planning Council, Inc. It began in King County and has since expanded to include Pierce and Kitsap Counties and will soon include Snohomish County. It has been financed by donations from local organizations recognizing the importance of the work being performed and benefitting from its services by matching Federal funds. The objective of the organization is to provide a program of voluntary planning. It is a non-profit organization which does not sell a service or product, charge a fee for its functions or enjoy the sole philanthropy of any individual, foundation or trust.



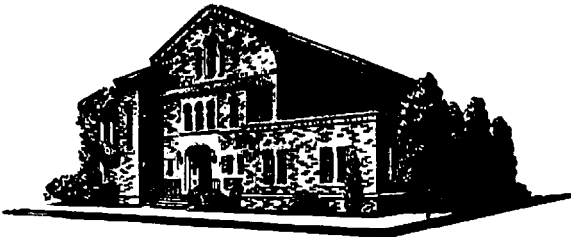
The Board of Trustees of this organization at present consists of thirty members. Six of these are physicians (two from the Pierce County Medical Society), five are hospital representatives and the balance represent labor, industry, banking, State government, law, communications and religion. The bylaws of the Planning Council require that the members be divided in units of three public members to one hospital representative to one physician.

The staff is composed of an Executive Director, a Research Analyst (statistician), a secretary and a statistical clerk.

The organization so far has functioned quite effectively by gathering factual information, analyzing it and presenting the data with the analysis and recommendations to those concerned. The Council has considered that its first obligation was to contribute toward the ultimate development of facilities to meet the population's health care needs. The second obligation was to discourage the unwise or premature development of new facilities. This philosophy has now changed and broadened in perspective to that envisioned in comprehensive health planning. This will include hospitals, related care facilities and health care services.

—RICHARD T. VIMONT, M.D.

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May Birthdays

- 3 Bernard A. Bader
Herman S. Judd
Wendell G. Peterson
- 4 Charles R. Vaught
Antone Walloch
- 6 Albert Ehrlich
Marcus R. Stuen
- 7 Richard R. Barronian
Edward Wood
- 8 Orvis Harrelson
- 9 S. F. Herrmann
Joseph O. Lasby
- 11 Leland J. Bland
- 16 Ernest K. W. Kredel
- 19 Douglas P. Buttorff
- 20 Robert M. Chambers
Kenneth D. Graham, Jr.
- 22 Merrill J. Wicks
- 24 Kveta Polak
- 26 William R. Conte
- 28 George C. Gilman
- 30 James J. Billingsley
Jerry Williams
- 31 Byran M. Archer
Hugh A. Larkin
Joseph D. Martin

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Dr. McGill Named To World Industrial Medical Ass'n Board

Dr. Charles M. McGill, M.D., Tacoma, Wash., is one of five physicians named to the Board of Directors of the Industrial Medical Association, international associations of physicians in industry. The announcement was made at the Association's 53rd annual meeting held in San Francisco. Dr. McGill is Medical Director of Weyerhaeuser Company, and Assistant Clinical Professor of Preventive Medicine at the University of Washington School of Medicine. He received his medical degree from Vanderbilt University in 1935 and the master of public health degree from Harvard in 1945. He is diplomate of the Ameri-

can Board of Preventive Medicine, certified in occupational medicine, and is a Fellow of numerous professional societies.

Nearly 2,500 industrial physicians, nurses and other health specialists were in San Francisco attending the 4-day American Industrial Health Conference comprised of the annual meetings of the Industrial Medical Association and the American Association of Industrial Nurses.

Does anyone have any back issues of M.D. Magazine they would like to get rid of?

My wife is making a teaching project and needs a lot of them. Please call me at BR 2-3888 or SK 9-8434, or leave them at the Medical Library.

—CHRIS REYNOLDS

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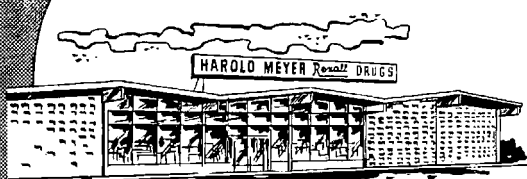
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AMPAC 1968

With all the daily newspaper print giving us a rundown on what's going on nationally, statewide and locally in politics, there is no question that not only is this an election year, but it may well be one of the most important elections in quite some time. We have international turmoil with our deep involvement in Viet Nam and our concern over the USS Pueblo incident in North Korea and we have national turmoil with riots in our streets and many other serious considerations. We have more than the usual number of leaders running for President, Governor and Legislative offices. The newspapers have brought home to us that many of these men have widely divergent views on national and international politics. Not only are the candidates at cross purposes, but even the Democratic and Republican parties are being split. There is more interest being shown by many men from all walks of life not only toward what is going on nationally, but also what is going to on even in his precinct caucus. This truly represents an election year when people are making decisions as to just who they are going to support and then going out and actually working for the candidate or candidates of their choice.

This all indicates some certain change of direction in the policies of our country. This is what AMPAC is interested in. AMPAC is desirous in having a significant part in determining that direction. AMPAC is not in business to control a legislator, but we are in business to help which one gets elected. By making a united effort, we can help get behind a man or woman who best represents medicine's views and what is good for the health and welfare of our patients.

With this in mind, AMPAC will shortly send out a billvelope to all doctors

(Continued on Page 23)

RANKOS

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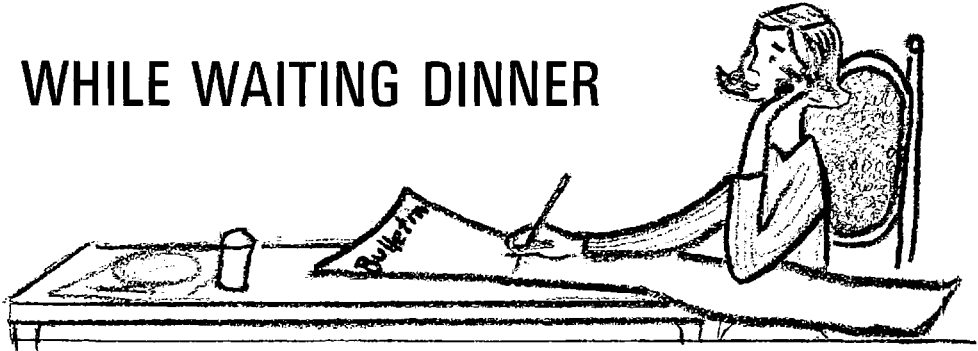


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To The Pierce County Medical Society

AUXILIARY OFFICERS—1967-1968

- President.....Mrs. Robert R. Burt
- President Elect.....Mrs. Philip Grenley
- 1st Vice President and Program.....Mrs. Robert O'Connell
- 2nd Vice President and Membership.....Mrs. Vernon Larson
- Membership Co-Chairman.....Mrs. George Tanbara
- 3rd Vice President and Today's Health.....Mrs. Walter Arthur
- 4th Vice President and Social Chairman.....Mrs. Ralph Johnson
- Recording Secretary.....Mrs. Ronald Spangler
- Corresponding Secretary.....Mrs. Joseph Katterhagen
- Dues Secretary.....Mrs. Kiyooki Hori
- Treasurer.....Mrs. Stanley Mueller
- AMAERF.....Mrs. Paul B. Smith, Jr.
- Safety and Civil Disaster.....Mrs. Thomas Skrinar
- Historian and By-Laws.....Mrs. Bernard Pipe
- Legislative.....Mrs. Richard T. Vimont
- Paramedical.....Mrs. Sherman Pinto
- Publicity.....Mrs. Roy H. Virak
- Bulletin.....Mrs. James G. Billingsley
- Speakers Bureau.....Mrs. Frederick Schwind
- Telephone.....Mrs. Dale Doherty
- Coordinator of Community Services.....Mrs. Russell Q. Colley
- Gems.....Mrs. Vincent M. Murphy
- Finance.....Mrs. Merrill J. Wicks
- Mental Health.....Mrs. Robert W. Florence
- Cookbook.....Mrs. Robert Osborne
- International Health.....Mrs. Leo F. Sulkosky
- Fashion Show.....Mrs. George C. Gilman
- Dance.....Mrs. Howard W. Pratt
- Minute Women.....Mrs. Gordon Dean
-Mrs. Jack J. Erickson
-Mrs. Edmund A. Kanar
-Mrs. Homer W. Humiston

HOW TO GET THERE: Go to Puyallup City Center and turn west on Highway 410—signs pointing toward Summer. This goes out Linden Road a few miles to a blinker light. Watch for small Elks sign. Turn left at blinker light, and the Elks Club building is straight ahead about 3 blocks.

NEW AT THE HELM

Elected as officers of the Women's Auxiliary to the Pierce County Medical Society for the coming year, 1968-69, were the members named as the nominating committee's slate of officers in last month's bulletin and voted on at the April meeting.

ATTENTION MEMBERSHIP

If any of you have a new address or anticipate one before August 1st, or a change of telephone number, please call Kit Larson at SK 9-4655 or Kimi Tanbara at BR 2-5235. This will help them a great deal when they make up the new membership book for the coming year.

FOUND !!

One pair of ladies' long white gloves with a floral design. Lorna Burt discovered them at Johnny's On The Mall

MAY MEETING

If good intentions were deeds, chances are you wouldn't have missed a meeting this past year. If you have, never mind! Come and join us for lunch in the heart of daffodil and tulip land in the lovely new Elks Club, 12605 State Highway 5, Puyallup. We hope to see everyone from the Valley turn out for this meeting, and also a good turnout by you gals from town.

on Monday, the 15th of April. Please call Lorna if you are missing some gloves.

IMPLIED!

Now that we have your attention . . . Implied Consent needs YOU! We have just one month in which to fill our quota for Pierce County, 14,500 signatures—that means that our Auxiliaries must fill 700 petitions by June 1st, the deadline!

Our State Medical Association does not ask very much of us, but now they need our help and QUICKLY. There isn't much time left to get these petitions circulated before June 1st so that we can get this much-needed legislation on the ballot to be voted on in November.

So come on girls, let's go!

Let's give the State a good show!

Get the drunks off the road,

Cut down the fatal statistics
load

Make Washington a safe place
to roam!

Carry petitions wherever you go.

Be sure they sign as they're
registered, you know.

"Someone else can do it"
is already busy,

You're needed, so gas up the
old tin lizzy,

Go to Church, Service Clubs,
to schools and the City!

Please call Stephanie Tuell or Ellen Pinto, Co-Chairmen, now and offer help. Pierce is a very large county. Take a picnic lunch and a friend or two and have a FUN day going out to get signatures. Extra petitions and fact brochures are available from Judy at the PCMS library. As soon as you fill a petition, send it to Stephanie, 3650 Brown's Point Blvd., N.E., Tacoma, Washington 98422.

HELP! HELP!

We still very much need extra supplies, medicines, etc., to be sent to missionaries overseas. Please remind your husbands and call SK 9-1892 for pick up. Let's all give Dona Gilman a lot of help with this worthwhile project.

Also, we are told that Remann Hall and Cascadia Juvenile Center are very much in need of yardage, thread, scraps of cloth, ribbon, lace and other trim for their sewing projects. Volunteers are teaching the teenagers how to sew their own clothes and the girls are most enthusiastic about it. However, they do need material. Remember . . . that three yards of cotton print you bought 5 years ago to make a dress and it is still lying in the drawer by your sewing machine? Why not bring it to the May meeting and we will see that it is distributed to these centers so some happy girl can make herself a new dress!

FINANCE COMMITTEE REPORT

\$2,175 was contributed to AMAERF.

An exciting new innovation in the allocation of funds for this year is one of which we can be very proud, one many of our husbands have felt is long overdue and one which will perhaps set a precedent for Auxiliaries throughout the nation!

The Pierce County Medical Auxiliary may very well be the first in the nation to set up a "Physician's Family Scholarship." \$478.98, which is the profit from our annual Medical Society-Auxiliary dance for this year, will be put aside in a separate checking account to draw interest and to start a fund for this project. Details will be worked out by a committee of six people, appointed by the President—two for three years, two for 2 years and two for 1 year. The President makes the seventh member of the committee. Part of the committee will come from the Medical Society and the community at large. This schol-

(Continued on Page 21)

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Woman's Auxiliary

(Continued from Page 19)

arship was heartily endorsed by the Pierce County Medical Society Board and President, Dr. James D. Lambing.

The Auxiliary will again give six scholarships for \$200 each to Junior and Senior students at Tacoma General, St. Joseph's and Pacific Lutheran University. Gloria Virak, Paramedical Chairman, will present the awards to the girls. In addition to this, we are giving \$300 to the Hilltop Children's Clinic, where several of our members are doing volunteer work.

The Vocational School was called concerning money for the revolving fund and we were told that the fund is being used and is very much appreciated, but that they do not need more money at this time.

A WORD FROM OUR SPONSORS

It won't be just one word, but many, from our husbands. We have been asked to continue the Speakers Bureau. The Auxiliary will distribute information and receive the calls and the doctors themselves will find the right speaker for the right program at the right time. This is just another of our ways of helping the community. Thanks to all the men who give their time for this project. We're proud of you!

GET WELL WISHES

To Ruthie Meier, who is recovering from recent surgery.

DID YOU KNOW?

That our candidate for "Woman of the Year" came so close, they want us to run her again next year?

That we helped a group of women who have had breast surgery establish a club to help others face this traumatic experience. They are a real fun group and call themselves "Bosom Buddies"!

That we contributed the largest amount as yet to AMAERF—\$2,175?

That our Auxiliary has voted to recommend that the State Medical Auxiliary Community Service monies be given to the Artificial Kidney Center in Seattle?

That doctors' children cannot receive scholarships outside their own school even if they have the highest accumulative grade point average in their class? Scholarships are no longer given for scholastic achievement, but are based on financial need. Why aren't they called Grants or Aids? Do you realize the psychological impact it has on our children to achieve something scholastically and not be able to receive the reward they have earned through their hard work, but, instead, are penalized because their fathers are doctors?

That our Gems Program is being presented in the Fircrest-University Place district this Spring?

That five of our members, three of whom are on the State Board, attended the Mid-Year Conference in Olympia and had a terrific time? What a TRIP! "Drug Abuse" was the program topic. Souvenirs received from our hostesses in Thurston County were darling demitasse cups and saucers and a golden oyster shell trimmed with pearls and filled with candies.

That our new Auxiliary cook book is a pretty, bright orange color and could be on the Best Seller list?

See you at the May meeting and we'll tell you more!

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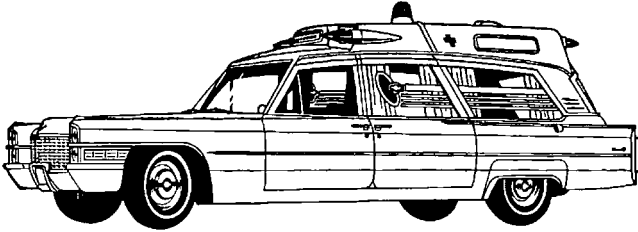
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JOURNALS OVERFLOW SHELVES; BROKAW PONDERS SOLUTION

At the Pierce County Medical Society meeting on the evening of April 9, 1968, the problem of our overcrowded Society library was presented by the undersigned. Books and journals are flowing onto all floor spaces and crowd all the corners of several rooms in our establishment. All shelving space, of course, is tightly filled.

It was explained to the membership that I have written to the Medical School, asking if they are interested in that which we will abandon, in the area of journals and medical books. It is to be noted that the Medical School opened its doors in the year 1946, if I am not mistaken. It is possible they may wish to fill out their archives with the ancient publications. It was stated that members of our local society, when the moment came to designate that which would be destroyed, should have first choice for personal possession of items of interest. I believe it should be immediately stated that the Medical School, if they do have an interest in these elderly items, would probably be chagrined if we hit-and-miss remove many publications and left them with broken continuity in the journal series.

It was proposed that we rid ourselves of all journals prior to the last 30 years, and rid ourselves of all medical books prior to the last 50 years. There seemed to be a tentative consensus that we should rid ourselves of all medical books and journals prior to the last 25 years. Doctor Charles Larson suggested that we should retain all of the JAMA and the consensus agreed.

This is being published for the information of the entire Pierce County

Medical Society membership for your thoughts on the matter well in advance of action.

It might be stated that there are hundreds of Medical Societies and, therefore, then, hundreds of Society libraries with equal saturation in these areas. This is merely to point out that none of the material is of the character of first editions or unduly sacred to the medical world.

Opinions of the membership pertinent to our problems will be welcome.

GLENN H. BROKAW, M.D., Chairman
Library Committee

HAVE YOU SENT IN YOUR UGN CONTRIBUTION?

AMPAC—

(Continued from Page 17)

who have not already become members. We want every doctor to be represented in a united effort on a political front that will, without question, control our practice of medicine. The extent of this control depends on us. If we do not make an effort to pick the right candidate and see that he gets elected then we have given up one of our basic rights in this free country and we deserve what we get.

AMPAC wants you to help yourself. Fill out that billvelope as soon as it comes and be a part of concerned individuals who want to do something in the field of politics.

THOMAS H. SKRINAR, M.D.
Chairman, AMPAC
State of Washington

MURPHY DESCRIBES REGIONAL MEDICAL PROGRAM PROJECTS

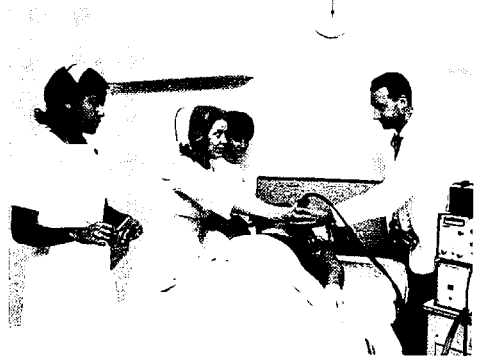
The award of \$1,032,003 which the Washington/Alaska Regional Medical Program recently received from the National Institutes of Health is a clear victory for those who believe that local people can plan for needed health care improvements more effectively than the federal government.

The 13 projects funded in this initial grant package were originated and developed through cooperative efforts in medical communities in Southeast Alaska, Central and Eastern Washington and in the Seattle and Anchorage areas. Although the services relate to local needs for improved patient care for victims of heart disease, cancer and stroke or suggest ways to better utilize and train health manpower, the same help can be made available to physicians and health professions in Pierce County upon request to W/ARMP.

The approval and funding of the operational proposals culminates a year and a half of planning which began in September, 1966, when a three-year grant was established to help practicing physicians and others examine medical care needs in their localities and propose solutions.

As a result of surveys undertaken, a number of common needs in continuing education were identified and training opportunities were organized to make available to medical communities, regardless of their location, current information in the diagnosis, treatment and rehabilitation of heart disease, cancer and stroke. Because of the high priority given coronary care, W/ARMP will coordinate a number of programs in CCU planning and training. A manual in coronary care procedures with a syllabus, slides, tutorscope and arrhythmia simulator plus self-instructional cart-

ridge films and filmstrips will be available to physician-instructors. Classes are currently being conducted for physicians and nurses in coronary care at the Regional Medical Program's CCU



Dr. John Mazzarella demonstrates coronary care procedures to nurses enrolled in training program conducted by the University of Washington at the Pacific Science Center in Seattle.

mock-up unit in the Life Sciences Building of the Pacific Science Center in Seattle. Those interested should contact Dr. Stephen Yarnall, RMP coordinator and project director for the coronary care unit.

A program to train cardio-pulmonary technicians in the Community College in Spokane received grant funds to purchase equipment and employ physician-instructors. The course, which is the only one of its kind offered to civilians in the nation, was developed by Dr. Paul Shields, Spokane cardiologist. Inquiries should be directed to him at the Deaconess Hospital.

Several projects will provide personal contact between teacher and student, giving practitioners an opportunity to work for a week or more with specialists of their choice at medical centers. Preceptees have already been accepted at Swedish, Providence and University hospitals in Seattle. Dr. Jack Lein, associate dean and director of continuing medical education at the University of Washington School of Medicine heads

the project and will assist in extending the postgraduate preceptorship program to interested hospitals and physicians.

Consultants from the University and from Seattle and Spokane hospitals will be available under the auspices of the Regional Medical Program to visit smaller hospitals for several days at a time to make rounds, participate in seminars. This program was initiated last month when University of Washington physician Dr. Phillip Swanson, head, division of neurology and assistant professor of neurology, and Dr. Donald Silverman, assistant professor of physical medicine and rehabilitation, spent two days in Yakima hospitals on a teaching-consultation visit regarding stroke care.

To enable physicians in isolated communities, particularly in Alaska to take part in the preceptor and other educational programs, the RMP is developing a pool of physicians to relieve solo practitioners. The first locum tenens was Dr. Myles C. Jones, assistant chief of surgery, U. S. Public Health Hospital in Seattle, who replaced Dr. David Dale of Wrangell, Alaska, while he attended continuing education courses at the University of Colorado.

In another continuing education project, laboratory technicians will be offered advanced training at key laboratories in Washington State. Dr. Robert Fouty, King County Hospital clinical pathologist, is directing the project.

Regional program grant funds will be used to employ a radiation physicist to consult with x-ray specialists in Washington and Alaska communities to insure maximum use of radiation therapy equipment.

Medical communities in Central Washington and Southeast Alaska were the first to draft their own educational programs which will utilize a variety of audio-visual methods including television, single concept cartridge films, and two-way radio telephone lectures and

conferences. The Information and Education Resource Support Unit will produce the self-instruction materials and make them available on a rotating basis to hospitals in Washington and Alaska.

The Alaska Medical Library project establishes the State's first medical library. It will be located at the Alaska Native Medical Center at Anchorage and will be supervised by Dr. Walter Johnson. This facility, in connection with the Northwest Regional Medical Library, will provide for all physicians, regardless of their isolation, the same references and current library reprint services which are available in the larger medical centers.

The Anchorage Cancer Program supplies funds for comprehensive public and professional education to improve cancer treatment in Alaska. The interest demonstrated by W/ARMP in the Anchorage Cancer Program has stimulated the formation of a "Citizens for Cobalt" committee which, with the aid of RMP funds, will purchase the first super-voltage radiation unit for Alaska.

Patterns of health care of children with cancer will be studied in a project centered at the Children's Orthopedic Hospital in Seattle.

Another project, Computer-Aided Instruction, will complement present continuing education programs in heart disease, cancer and stroke.

New project proposals will be reviewed every three months by the Regional Advisory Committee. This advisory group, which supervises the activities of RMP, is composed of representatives of interested health organizations and lay citizens in the two states. Project applications or inquiries for additional information should be directed to Dr. Donal R. Sparkman, director, Washington/Alaska Regional Medical Program, 500 University District Building, Seattle.

—THOMAS O. MURPHY, M.D.

DAVE GOODSON TELLS OF NORTH AFRICAN DESERT SAFARI

(Tacoma anesthesiologist, Dr. David M. Goodson, recently returned from a 3,000-mile journey on the African Sahara.—Ed.)

CROSSING THE TENERE

I spent last February travelling in the central Sahara with nine other enthusiasts. Starting from the northern edge of the desert at El Golea, we



A view of the terrain in North Africa

crossed to the southern limit of Agades, turned east to Bilma and then reluctantly made north again for Djanet and a plane home. We had travelled over 3000 miles in Land Rovers, by camels and on foot. The Sahara is an infinitely variable source of beauty, fascination and adventure; if it is written, we will all someday return.

It is impossible to give a brief account of the whole journey; climate and geography alone deserve enough description to give the narrative meaning. To mention camels is to invite a long discourse on how to ride a camel. There was much of medical interest, although the only surgery I performed was a dental extraction. My patient was an elderly Tuareg lady; to my undying shame I was not able to offer her the benefits of modern anesthesia. Not that she seemed to mind; and, after all,

we were about 9000 feet up in the Hoggar mountains at the time.

To choose one episode out of many is also difficult. We crossed the utter desolation of the Tademait; we skirted the fringe of the Great Occidental sand sea. We climbed 5000 feet of cliff to the Tassili plateau, that curious island of weird rock formations, primitive conifers and galleries of prehistoric cliff paintings. We explored the ancient and mysteriously abandoned walled city of Djado; we slept with the ghosts of the French Foreign Legion in C Battalion H.Q. at Fort Miribel. We sheltered from the sun on the plains outside Agades, and from the rain in the moonscape caves of the Moudir. Every day provided a story to tell. Perhaps the following account will give some impression of at least one part of the trip.

We broke camp early and drove into Agades to top up the water cans. By first light we had had a good hour's run on cold sand; then the trail plunged into savannah. Dense brush and camel thorn kept the Land Rovers on a broken path all but impassable across the dry washes. A few hours of lurching and stumbling in low range first gear saw us over the next 3 miles with no more than a flat tire. The pessimists brewed tea, knowing that the Land Rover would

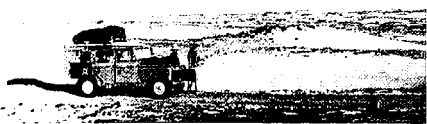


Another view of the terrain in North Africa

slip off the jacks at least twice before the wheel could be changed.

After that the country opened up enough to move again. Flocks of sand

coloured guinea fowl ran across the trail and ostriches pounded off wearing absurd looks of surprise. We met a very tired caravan about 30 miles from Agades; they had come from Fashi with over 200 camels and were just about



One of the Land Rovers used on Dave Goodson's Safari.

out of water. The ritual salutations and exchanges were as brief as politeness allowed; they were in a hurry to get their camels to water, we wanted to be on our way, and nobody understood much of what the other was saying.

Further on the savannah gradually faded into rolling hills of rock and polished pebbles, with at least one pile of camel bones to the mile. A distant camel thorn tree was selected as a suitable site for lunch, although the camel thorn tree does not provide generous shade. The thorns are the shape, size and consistency of a Keith needle, if trodden on they will penetrate the sole of a boot. Camels love to eat them, but we rated them very low as fuel because of the suffering involved. Out in the direct sun our thermometer reached 130 degrees, which is where the needle hit the top. A few vultures circled overhead, the rocks shimmered with heat, and several million flies zeroed in from absolutely nowhere. We served up canned sardines, potato salad, cheese and crackers. The Saharan tourist's Masochism Index rose to an all-time high; we were having an enormous time.

Two hours later we reached the edge of the Tenere sand sea. The Sahara showed its popular face again; vast fields of blond sand, endless chains of magnificent dunes running parallel to our route. In the afternoon mirage the dunes seemed to be suspended in clear sky, or floated on silver lakes. Later the colours changed to lemon tints, ochres, pinks, streaks of gold; varying and blending at the sun's whim. A pleasant way to travel over a sand sea in the late afternoon is on the roof of a Land Rover. A pallet of sleeping bags and plenty of ropes provide comfort and safety. Those prepared to suffer the occasional bounce are rewarded with cool air, extended limbs and a solitary contemplation of infinity. At half past five the sun paused briefly on the horizon and then vanished behind the curve of the earth. We made the best of all possible desert camps by spreading our kit and sleeping bags on the soft, clean sand. Here there were no flies and no more than a gentle breeze. The evening passed pleasantly with food and wine, a poker game, a long walk across the desert and the contentment of stargazing from a warm sleeping bag.

We got off to a leisurely start the next morning and made good time across the cold sand, reaching the well of Achegour by mid-morning. This is the only water hole on the stretch between Agades and Dirkou. Later we stopped to inspect a curious thin, white line that ran straight across the sand for miles; this proved to be a vein of sea shells. At the next halt we added a large, ancient grindstone to our assortment of flint arrowheads and scrapers. The Tenere was a busy place in the Early Stone Age; the relics are conveniently excavated by the wind. The scenery changed again with the appearance of distant mountains, bare tables and veins of polished, gray cap rock, and rolling fields of sand. The mountains seemed to have been air

Continued on Page 29

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C I B A

Continued from Page 27

brushed with black paint until we passed below them and saw that they were strewn with patches of jet pebbles.

The going got bad over the intensely hot sand. We ran at full speed across the gentle valleys, swerving to avoid rocky outcrops, charging up the slopes in four-wheel drive, dropping the gears as the wheels ran deeper and deeper. Twice we were stuck, but we managed to push out without bothering with mats and spades. Then we were running at 50 m.p.h. across a vast, level plain of firm, white sand. Every now and again a Land Rover would disappear for a moment in a huge silent explosion of white dust, for there were

occasional patches of "fesh fesh" where, under the surface crust, the sand is like talcum powder. We passed the hours by trying to guess how far ahead each mountain feature lay.

A fine, dark line appeared stretched across the eastern horizon and gradually resolved itself into the chain of cliffs and ribbon of palmeries that runs north for over a hundred miles and marks the eastern rim of the Tenere. An hour later we had passed the fort at Dirkou and were lying under the date palms of Bilma, celebrating our arrival with a little warm beer. We were hot, tired and dirty; but utterly content. After all, people don't drive from Agades to Bilma every day.

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200-MILE PARTY HONORS DR. MAY ON RETIREMENT

On Sunday afternoon, March 31, an eight-hour, 200-mile party honored Dr. C. W. May upon his retirement from his post as associate surgeon at the Northern Pacific Hospital.

More than a hundred guests—members of the Executive Board, Medical Staff and hospital personnel—made a round trip to Portland, Oregon, aboard three gaily decorated, banner-bedecked executive railroad cars. Musical entertainment was furnished by four students from Pacific Lutheran University. After a buffet supper, the traditional "gold watch" in the form of a large-sized railroad pocket watch was presented to Doctor May by Robert D. Holmen, Administrator of the hospital.

Doctor May is retiring after twenty-four years at the hospital, coming here in 1944 from Pasco, Washington. He is a member of the American Medical Association, American Association of General Practitioners, and an honorary member of the Pierce County Medical Society.

GET RESOLUTIONS READY FOR WSMA MEETINGS IN SEPT.

This will notify you officially that the 79th Annual meeting of the Washington State Medical Association will be held at the Olympic Hotel, Seattle, September 22-25, 1968.

YOUR ATTENTION IS DIRECTED TO CHAPTER IV, SECTION 8 OF THE BY-LAWS WHICH PROVIDES THAT: MEMORIALS AND RESOLUTIONS MUST BE SUBMITTED TO THE SECRETARY-TREASURER THIRTY (30)

DAYS PRIOR TO THE FIRST MEETING OF THE HOUSE OF DELEGATES . . . ALL RESOLUTIONS AND MEMORIALS MUST BE SPONSORED AND SUBMITTED BY A MEMBER OF THE HOUSE OF DELEGATES AND MUST BEAR HIS OR HER SIGNATURE. (*The First Meeting of the House of Delegates will be Sunday, September 22, 1968.*)

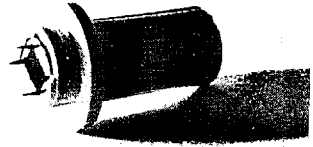
Proposed amendments to the Constitution and By-Laws, Memorials and/or Resolutions must be received by the Central Office *no later than July 1, 1968*, if they are to be published in the House of Delegates Book.

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Mrs. Whitacre, First WSMA Auxiliary Prexy In 1932, Dies

At the age of 90, Mrs. Horace J. Whitacre (Alma) of Claremont, California, and an Honorary member of the Pierce County Medical Auxiliary, passed away.

Such pioneers as Dr. and Mrs. Whitacre are too often neglected during the passing years. It should be noted that they were individuals with vivid personalities and embodying foresight and courage. Their crowning achievement was in organizing the Women's Auxiliary to the Washington State Medical Association.

At the National Convention meeting held in Portland, Oregon, July 8, 1929, the National Auxiliary President, Mrs. Allen H. Bunce, approached Mrs. Otis F. Lamson of Seattle, Washington, who was a guest at the meeting, concerning the organization of a Woman's Auxiliary in the State of Washington. After an investigation, Mrs. Lamson advised the National President that, in her opinion, there was too much opposition among the physicians!

In 1931, following correspondence between Mrs. J. Newton Hunsberger and the President of the Washington State Medical Association, the following resolution was adopted by the Association:

"Whereas, the value of the Women's Auxiliary of the A.M.A. has proven such an aid, and

"Whereas, most of the states have such an affiliated organization, the Delegates of the King County Medical Society approve of such an organization; be it

"Resolved, that the Washington State Medical Association gives its sanction and authority to the formation of the Women's Auxiliary to the State of Washington."

In the Fall of 1931 the national president, with a delegation of women from Seattle, met in Tacoma with Dr. Horace J. Whitacre, President of the Washington State Medical Association, Mrs. Whitacre, and a group of doctors' wives from Pierce County. Pierce County was then organized with Mrs. Ralph Schaeffer as its first president. (Mrs. Schaeffer is still living and is an Honorary member of the Pierce County Medical Auxiliary.) Plans were completed for a Women's Auxiliary to the Washington State Medical Association and Mrs. Whitacre was appointed State Chairman of the organization.

On Dr. Whitacre's official visits to county medical societies, Mrs. Whitacre went along to present the objectives and policies of the National Auxiliary, to meet other doctors' wives and help organize county auxiliaries.

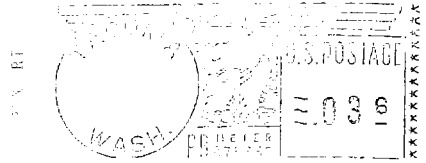
February 17, 1932, Mrs. Whitacre called a meeting in her home in Tacoma with delegates from 9 of the 12 organized counties attending. Plans were formulated for the first state convention to be held in Tacoma, September 12 through 14, 1932. Mrs. Horace J. Whitacre became the first State President. Mrs. Edwin C. Yoder, also of Tacoma, was named Corresponding Secretary.

It was an auspicious convention. Dr. Lewis A. Hopkins, in a letter to Mrs. Marshall Whitacre, remarks: "Much influence must have been required to secure Dr. Ray Lyman Wilbur, then President of Stanford University, to make the address." Dr. Hopkins continues, "You will notice that most of these early doctors' wives, as well as the doctors, are now gone; but those Charter members, of whom Mrs. Hopkins was one, did much to make efficient and effective your present Auxiliary."

HAVE YOU PAID YOUR AMPAC DUES?

Pierce County Medical Society

Medical Arts Building
Tacoma, Washington 98402



MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, Aug. and Oct.—6:15 p.m.
Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL
Last Monday of February, June, September and November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC ASSOC.
First Monday of October, December, February and April—8:00
p.m. at 424 South K Street.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and August
—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m. at Ceccanti's
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY
First Thursday of each month except June, July and August—
6:00 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- STAFF OF NORTHERN PACIFIC HOSPITAL
Second Monday of March, June, September, December—
12:30 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

VOL. XXXIX—6

TACOMA, WASH.

JUNE - 1968



PIERCE COUNTY MEDICAL SOCIETY

**NO MEETING
JUNE - JULY - AUGUST**

Pierce County Medical Society

1968

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 President-Elect.....Wayne W. Zimmerman
 Vice-President.....Paul E. Bondo
 Secretary-Treasurer.....Arnold J. Herrmann
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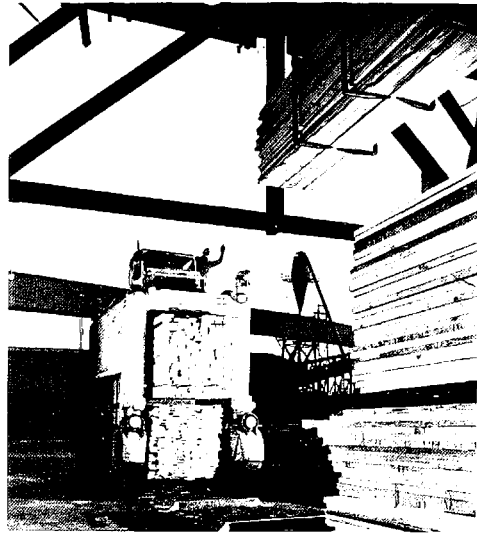
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COVER PICTURE: Scene in a local lumber mill. (Courtesy of Weyerhaeuser.)

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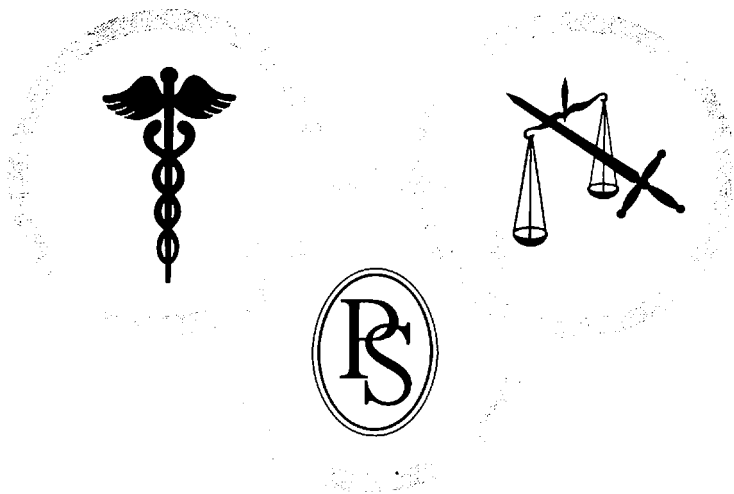
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You . . . your lawyer . . . and us . . . partners in matters of trust

A simple will leaving everything to your wife may be perfectly all right. *But have you checked it with your lawyer lately?*

Conditions change, and perhaps your will should be brought up-to-date or re-written.

We strongly urge you to review your present will with your attorney, or to use his experience in drawing a will if you do not now have one.

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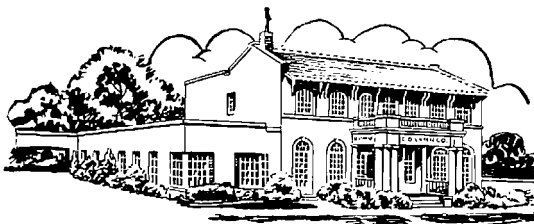
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Believe It or Not -

(Following are excerpts from an editorial written by Dr. Lewis Hopkins, editor of the *Bulletin*, in June, 1953. Dr. Hopkins was obviously 15 years ahead of us.)

DRINKING DRIVERS

Recently a Tacoma citizen was involved in a serious automobile accident. Taken unconscious to a local hospital a portion of his blood was obtained to determine its alcohol content.

At the man's trial in Superior Court the judge ruled the test could not legally be admitted as evidence, having been made without the permission of the defendant.

We are indebted to Westchester County, New York, Medical Bulletin and to Dr. McCarvey for bringing to our attention their state's recent progressive legislation concerning this common problem.

"The bill we sponsored is not concerned with whether one drinks to excess, moderately, or at all. Its concern is to deter, by conviction with scientific evidence, the ginned-up incoordinate from operating the most deadly engine of death yet developed on a public highway. I refer to the modern automobile whose speedometer, no matter what the price level, suggests speeds of 100 m.p.h., or better, which is more than double the legal speed limit of most states in the union, and whose death toll, in its short life span of slightly more than half a century, has been far greater than that of all the battle fields of all the wars that we have engaged in since the birth of our nation.

Senate Bill No. 2083 passed the Senate 44 to 8, the Assembly 120 to 24, and has now been signed by the Governor.

AN ACT

To amend the vehicle and traffic law, in relation to chemical tests for the purpose of determining the alcoholic content of blood of persons in connection with the operation of motor vehicles or motor cycles.

The People of the State of New York, represented in Senate and Assembly, do enact as follows:

Section 1. The vehicle and traffic law is hereby amended by inserting therein a new section, to be section seventy-one-a, to read as follows:

Sec. 71-a. Chemical tests. 1. Any person who operates a motor vehicle or motor cycle in this state shall be deemed to have given his consent to a chemical test of his breath, blood, urine, or saliva for the purpose of determining the alcoholic content of his blood, provided that such test is administered at the direction of a police officer having reasonable grounds to suspect such person of driving while under the influence of intoxicating liquor. If such a person refuses to submit to such chemical test the test shall not be given but the commissioner shall revoke his license or permit to drive and any non-resident operating privilege.

Section 2. This act shall take effect July first, nineteen hundred fifty-three.

June Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
3	4 Staff of Tacoma General 6:30 p.m.	5 Surgery Grand Rounds—T.G.H. 8-9 a.m.	6	7 Doctor-Lawyer Golf Tournament Firecrest	8 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
10 Staff of Good Samaritan 6:30 p.m. Staff of Northern Pacific Hosp. 12:30 p.m.	11	12 OB-GYN Conf. T.G.H. 8-9 a.m.	13	14	15 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
17 Staff of St. Joseph's 7:30 p.m.	18	19 Medicine Grand Rounds—T.G.H. 8-9 a.m.	20	21 Staff of Allenmore Hosp.—7:15 a.m.	22 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
24 Staff of Mt. View General	25	26	27	28 Staff of M. Bridge 12:15 p.m.	29

Grand Rounds—Mt. View General Hospital—Every Saturday 9 to 10 a.m.

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President's Page

How many members of this Society are aware that a Grievance Committee is unique to medicine and dentistry. There is no counterpart in any other professions. The automobile and insurance industries, labor —none has a comparable system which provides a forum where a question can be answered, a claim reviewed, or a misunderstanding resolved. Nowhere is this better demonstrated than in the grievance committee process voluntarily established by the medical societies across the country.



From a mere handful before 1950, the number of county medical society committees is near 1000. The volume of complaints received, processed and resolved gives testimony to the fact that they are a service and are being used.

Some societies appoint their committees, or they may be elected, but most use the system of immediate past-presidents comprising its membership. There is good reason for this. A past president is supposed to be a mature, experienced, and objective individual having been chosen by his own peers. Also, he has no political aspirations within the society and, therefore, is likely to "call the shot as he sees it."

Across the nation, and in this society, most complaints about the medical profession involve fees. The bill is considered too high, or it isn't clear. In most cases, such difficulties could be avoided if physicians explained medical charges in advance. Most of the complaints reviewed by our own committee involve a misunderstanding and could have been avoided had there been better communication between physician and patient. The majority of these are solved by merely writing a letter to the individual patient. The physicians have been most cooperative and the grievances are settled in a short time.

Wouldn't it be worthwhile if we physicians would spend a little more time with our patients and explain the reason behind the charges or why such-and-such was done? It would reduce the grievance committee mail by nearly 90 per cent.

—JAMES D. LAMBING, M.D.
President

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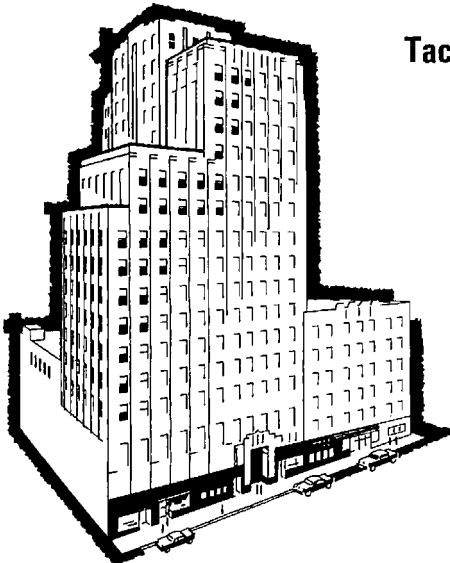
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Editorially Speaking

Nobody's agin it.

But where are all the people who are for it? Not a single organization has gone on record as opposing Initiative 242, the "implied consent" measure. Yet, as the final deadline for the petitions approaches, there is grave danger that this issue—favored by all, opposed by none—may fail to get enough signatures to put it on the ballot.

There is little doubt that the issue will pass if it reaches the voting machine, but so far (as of May 16) Pierce County had corralled only 16.5 per cent of its quota of 14,800 signers. Other counties aren't doing much better. Here are the current scores in several of the large counties:

Cowlitz	30%	Grays Harbor	8%
King	19%	Spokane	14%
Kitsap	28%	Clark	47%
Yakima	11%	Thurston-Mason	31%

The Washington State Medical Association sponsored this initiative, its Auxiliary is leading the drive, and dozens of newspapers, churches, lay groups, business groups and service organizations have endorsed the measure.

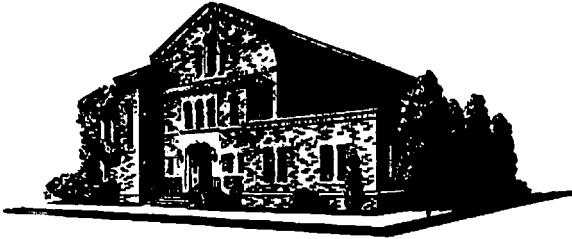
Every doctor in Pierce County should have a petition in his pocket and one in his waiting room on a clipboard or clipped to a piece of card-board.

The only reticent signer is the social drinker who is afraid the breathalyzer might incriminate him. Actually, the reverse is true. The measure protects the person who has had a few drinks that give an alcohol odor to his breath but who has not had his driving ability impaired.

Blank petitions went to the office of every physician. If you need more, or have lost them, call any of the following doctors' wives and they'll help you out: Lorna Burt, Ellen Pinto, Stephanie Tuell and Dorothy Grenley.

—S. W. T.

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- 2 Treacy H. Duerfeldt
William L. Rohner
- 5 James L. Vadheim
- 7 Joseph B. Harris
- 8 Jack J. Erickson
- 10 Harold L. Lueken
- 11 Jack W. Mandeville
- 13 Erna Guilfoil
- 14 Karl E. Humiston
Thomas O. Murphy
John K. Stutterheim
- 15 S. R. Krishnamoorti
George A. Tanbara
- 16 Juan Cordova
- 20 George Batey
Robert Voynow
- 21 Leo Annest
Jack Lee
- 22 Thomas R. Elder
Marcel Malden
- 24 George R. Barnes
- 25 James F. Early
John V. Merrick
- 28 L. Stanley Durkin
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Tacoma General Hospital

The Ninth Annual Personnel Day Tea to honor all employees was held on May 15, 1968. Dr. Charles M. McGill spoke to the hospital employees regarding the theme of Nation Hospital Week, "Your Hospital — People Caring for People." Mr. W. L. Huber, Administrator presented service pin awards: 44 employees received 5-year service pin, 22, 10-year service pin, and 10 employees received 20-year service pin. A special pin was awarded to Miss Louise Mensik for 50 years of service to the hospital. TGH has a total of 750 employees. Over half have over 5 years service; 37 have over 20 years. The employees of TGH have formed a blood bank for its employees. Blood is donated periodically by the employees, and distributed as it is needed.

The School of Nursing will hold graduation exercises for the 34 seniors

on June 14, at the First Methodist Church at 8 p.m.

Mrs. Bess Piggott, Director of the school, attended the National League for Nursing meeting and the American Nurses Association National Convention in Dallas, Texas, in May.

Miss Lucille Larson, Head Technologist of the Laboratory and many other members attended the Washington State Society of Medical Technologists Annual meeting and Seminar in Seattle in April.

Does anyone have any back issues of M.D. Magazine they would like to get rid of?

My wife is making a teaching project and needs a lot of them. Please call me at BR 2-3888 or SK 9-8434, or leave them at the Medical Library.

—CHRIS REYNOLDS

Which one for which patient?



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2 LOCATIONS

Harold Meyer Drugs

The illustration shows two large, modern drug store buildings. The one on the left is labeled '48th & So. Tacoma Way' and has a sign that reads 'HAROLD MEYER Retail DRUGS'. The one on the right is labeled '11th & K'. Below the buildings is a Volkswagen Beetle delivery car with 'HAROLD MEYER' and 'PRESCRIPTIONS' on the side, and 'CALL DELIVERY' on the rear. A sign above the car says 'OPEN 'TIL MIDNITE'.

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'TIL
MIDNITE

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AMPAC 1968

Finally in Pierce County a few individuals are becoming interested in challenging Floyd Hicks, the incumbent Congressman from our 6th Congressional District. This statement should not be interpreted as indicating any feeling for or against Mr. Hicks, but instead should be understood to reflect our realization that each political race in Pierce County should be a two-party race.

A person running for office files in the latter part of July and then has only the month of August to run hard for the primary election in September. There are several advantages in not filing earlier in the year. First, it allows a potential candidate a chance to jockey for position and learn if he really has a chance in the race before he invests considerable time and money. Also, he can often speak at functions more easily as a plain citizen than as a declared candidate. One most important point is that he doesn't have to declare his contributions to his campaign until he is an actual and declared official candidate.

Advantages must always be weighed by the disadvantages. Just as one can more easily become a speaker at some functions as a non-official candidate, sometimes the opposite is true and, as a declared candidate, people can judge the individual more critically to determine whether or not they want to back him with both time and money. A declared candidate can more readily build his work force and begin to get an advertising image before the public early and repeatedly for necessary name familiarity.

The main problem of money remains whether the candidate declares himself early or late. Campaigns cost money and many campaigns have come to dismal failure by collapsing through lack

(Continued on Page 23)

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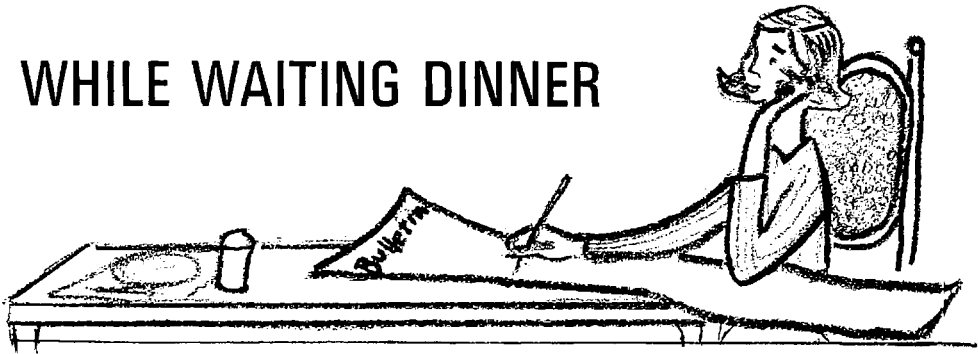


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To The Pierce County Medical Society

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President Elect	Mrs. Murray L. Johnson
1st Vice President and Program	Mrs. Ralph Johnson
2nd Vice President and Community Service	Mrs. Vincent Murphy
3rd Vice President and AMAERF	Mrs. John Kemman
4th Vice President and Social Chairman	Mrs. Paul Smith Jr.
Recording Secretary	Mrs. Max Brachvogel
Corresponding Secretary	Mrs. James Billingsley
Dues Secretary	Mrs. Marvin Bourne
	Mrs. Charles McGill

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Membership	Mrs. Vernon Larson
Membership Co-Chairman	Mrs. George Tanbara
Today's Health	Mrs. Ernest Randolph
Safety and Civil Defense	Mrs. James Stillwell
Historian	Mrs. William Goering
Legislative	Mrs. Thomas Skrinar
Para-medical	Mrs. Roy Virak
	Mrs. Frederick Schwind
Publicity	Mrs. Arthur Wickstrom
Bulletin	Mrs. Bernard Pipe
Speakers Bureau	Mrs. George Hess
Telephone	Mrs. Dale Doherty
Finance	Mrs. Russell Colley
	Mrs. Robert Florence
	Mrs. Robert Osborne
Mental Health	Mrs. Hugo Van Doren
Cookbook	Mrs. Leo Sulkosky
International Health	Mrs. Theodore Haley
AMPAC	Mrs. Wayne Zimmerman
Fashion Show	Mrs. David Hopkin
	Mrs. James Vadheim
Dance	Mrs. Kenneth Gross
	Mrs. Edward Lawrence
Minute Women	Mrs. Stanley Tuell
	Mrs. Samuel Adams

A LETTER FROM THE PRESIDENT

I'd like to thank you for the opportunity of being your President this past year. I wish that each of you could have slipped a foot in the shoe with me and known exactly how it felt! There were times when it pinched a bit and others when it felt good and comfortable. It has been a rewarding, happy and friend-

ly year for me and I hope it has been the same for all of you.

You know, as doctors' wives, we have many differences. Some of us are older, some are younger and in-between. Older ones tend to be set in their ways, the younger are restless and want change, and the in-betweeners have to mediate compromises. We are tall, short, fat and thin. There are some of us who were born here in the West and feel that we have a special claim to "web feet." There are others who come from the East, South and Mid-West bringing a flavor in accents, beliefs and customs of their own. We are many nationalities and races. Our religions are numerous . . . from Catholics and Protestants to the Jewish, Buddhist and other faiths. We are Republicans, Democrats, Liberals, and conservatives. Our political beliefs vary. We are teachers, nurses, technicians, social workers and many other occupations, but the ONE THING we do have in common is that we are wives to the busy doctors in Pierce County and we have common interests to share through our Medical Society.

Let's continue to work together in unity and harmony to accomplish our common goal of "promoting mutual un-

derstanding and cultivating friendly relations among physicians' families" and through our members "to assist the Pierce County Medical Society in its program for the advancement of medicine and public health and to do such work as may be approved by the Medical Society."

Have a wonderful summer!

Lorna Burt

MAY LUNCHEON

The weatherman gave us a beautiful day, the Puyallup Elks Club gave us a delicious lunch, the "Norselander Singing Group" from Puyallup High School gave us an excellent program, and a good time was had by all who attended our last luncheon of this year. Many thanks to our chairmen, Jean Camp and Beth Hennings.

The outgoing board members costumed themselves appropriate to their particular committee function. Thank you ladies for a very entertaining program.

Lorraine Sulkosky thanked the auxiliary members for selling the number of cookbooks sold to date. Speaking of cookbooks, did you know that the Valley ladies have sold more books than all the members combined in the Tacoma area. *How About That Tacoma Gals!*

Lorna Burt turned her gavel over to our new president, Dorothy Grenley, who introduced the new officers and committee chairmen and adjourned the meeting.

Our most sincere sympathy goes out to Mrs. Gordon Parrott in the loss of her brother, Mr. Garfield Roadside.

MATERIAL NEEDED

Volunteers at Remann Hall and Cascadia Juvenile School are teaching girls to sew. They need contributions of yard goods, ribbon, lace, yarn, or any scraps of material that can be used for trim.

"HELP PUSH 242"

The Minute Women have called all the doctors' offices and asked them to put Initiative 242 petitions in their waiting rooms, preferably with an attached note recommending that their patients sign. If each member of the Auxiliary will consider herself responsible for at least one signature-filled petition, we'll close in on our quota. Take along a petition to your other club meetings and to your neighbors. Most church pastors are eager to help on this sort of issue if someone just approaches them and makes the petitions available to them. Church members can circulate the petitions further amongst their neighbors in their other organizations.

The deadline is drawing near and plenty of help is needed still, so volunteers are welcome for telephone duty and distributing the petitions. To lend a hand just call either of the co-chairmen, Ellen Pinto or Stephanie Tuell.

I thought, as writer of your bulletin for the last time, that it would be interesting to take a brief look back at some of the accomplishments of our membership which was so ably guided by Lorna Burt this past year.

One of our outstanding meetings was a "Cookbook Tasting Luncheon" and "Hobby Show" in November. I am sure the members will agree with me that this should take place again some time in the future.

Our GEMS program was carried on from last year.

A great number of our members participated in the "Measles Must Go" campaign.

We made a nice profit on our Fashion Show, and also on our annual dance.

In March, we sponsored a "Defensive Driving Course."

There are 136 subscriptions to "Today's Health" in our Pierce County schools.

(Continued on Page 21)

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Woman's Auxiliary

(Continued from Page 19)

A donation of \$300.00 was given to Hilltop Children's Clinic.

We raised \$2,175.00 for AMAERF.

Again, six nursing scholarships of \$200.00 each were given to girls at the three Schools of Nursing in Pierce County. Their names will appear in a later bulletin.

Our Program Chairman, Jan O'Connell, presented us with some excellent programs at our meetings.

As I said in the beginning, this would be brief. Thank you Lorna.

I know we will all be looking forward to another rewarding year under the capable leadership of our new president, Dorothy Grenley.

In the meantime, if you want to put some extra fun in your life this summer, try taking in a baseball game, be it little league, or seeing our own Tacoma Cubs out at Cheney Stadium. That is what my family and I will be doing.

Betty Johnson

SCENES FROM THE MAY MEETING OF THE AUXILIARY



Here's the luncheon crowd at the Elk's Temple in Puyallup, floor show and all.



Project chairmen for the past year put on a skit, with costumes.

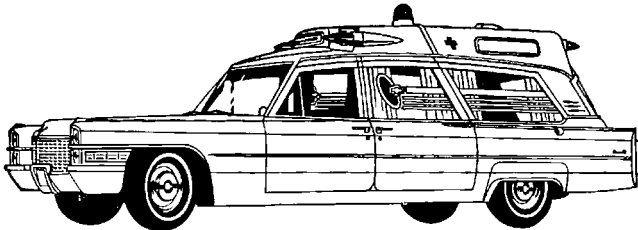


Installation ceremony at the head table.



Incoming President Dorothy Grenley receives the gavel from retiring President Lorna Burt.

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AMPAC—

(Continued from Page 17)

of funds in mid-August with the candidate's name being forgotten in September and November.

AMPAC likes to see all the candidates out in the open and running hard. We believe the voter should have ample time to evaluate each candidate.

Since money is the key word in campaigns and AMPAC needs money to aid the campaigns of those men who will best reflect the views of medicine in both the State and National legislatures, be sure you have paid your 1968 dues to AMPAC. For those of you who haven't already joined—now is an excellent time! Good candidates are off and running; won't you aid them through AMPAC membership?

THOMAS H. SKRINAR, M.D.
Chairman, AMPAC
State of Washington

HAVE YOU PAID YOUR AMPAC DUES?

GENERAL PRACTICE

Owing to serious illness unable to carry on thriving general practice. Grosses between \$40,000 and \$50,000 annually. Situated north end, Seattle. Well established. I have been in practice for the past 15 years. Would rent or lease new, modern, fully equipped office bldg. Air-conditioned. Suitable for a G.P. or Pediatrician, along with half

HELP SOUGHT

Alaskan physicians need help. Many of them would like to leave their communities for two weeks or longer to continue their medical education.

The Washington - Alaska Regional Medical Program is helping to locate locum tenens for solo practitioners as well as for physicians in larger communities. Locum tenens must be licensed in Alaska or in a state that has reciprocity with Alaska for both medical practice and basic sciences. (Washington State has both reciprocal agreements).

Compensation, malpractice insurance and housing will be worked out by the parties concerned. Salaries are expected to be in the range of \$300 to \$500 per week.

For more information call Dr. Donal Sparkman, director, Washington-Alaska Regional Medical Program, 543-8540, Seattle or write to Dr. Levi Browning, Alaska Coordinator, 322 L. Street, Anchorage.

**HAVE YOU SENT IN YOUR
UGN CONTRIBUTION?**

of my present practice. Office is within 10 minutes driving time of 2 general hospitals. For further particulars write Stephen B. Nelles, M.D., 18739 12th Ave. N.E., Seattle 98155, or phone either EMerson 3-1008 or EMerson 4-3880, Seattle.

First-Hand Knowledge

DR. HOPKINS TALKS ABOUT WHITE HOUSE

(Editor's note: Dr. Lewis A. Hopkins was editor of this *Bulletin* from 1947 to 1951 and again in 1953, as well as serving in many other high county, city and State offices. He is now retired and lives in Santa Barbara, California. The News-Press of that city published the following article about Dr. Hopkins and it is reprinted here.)

When Dr. and Mrs. Lewis A. Hopkins of 3775 Modoc Rd. reminisce about being guests in the White House, no "name-dropping" is involved.

His brother, Harry, lived in the Lincoln Room during the Franklin D. Roosevelt regime, when as FDR's right-hand man he held down such important posts as head of the WPA, Secretary of Commerce, and head of the lend-lease program during World War II; and associated with such world figures as Winston Churchill, Josef Stalin and President Truman in their heydays.

"We stayed with Harry at the White House when we visited Washington, recalls the doctor's attractive, silvery-haired wife of 53 years, Bess. "We found the Roosevelts' private living quarters to be far more interesting than the portions of the White House which were open to tourists. The President lived very simply, almost austerely. I remember their furniture was worn, shabby wicker, the kind they had at their summer home at Campo Bello.

Faded old towels and linen were used until Mrs. Roosevelt decided they were ready to discard."

SECOND OF 4 CHILDREN

Lewis was the second of four children born of a North Bend, Neb., harness-maker. Harry, the youngest, was the only one who became a world celebrity, but the solid grounding in good character he received in the Grinnell, Iowa, home where the Hopkins children grew up served him in good stead when he became second only to the President in terms of power and influence, Dr. Hopkins said.

"Harry told me before he died of cancer in 1944 that he could have become a billionaire if he had accepted all the bribes that were offered him," Dr. Hopkins said. "On several occasions he was offered any amount of money, in any form, payable to a secret account in a Swiss bank or deliverable in cash to any designated place in the world, if he would use the power of his office to do the bribe-giver a favor. My brother had one answer for them all. He told them to go to the hot place."

NO ENVY

Dr. Hopkins lived in the reflected glory of his famous brother without a trace of envy. After he graduated from Grinnell College, he went to New York City where he became assistant secretary to the National Board of Censor-

ship of Moving Pictures, a job that obliged him to see every movie that came to town and pass on its suitability for public viewing. In later years the "Hays office" grew out of the NBCMP.

Eager to become a doctor, Lewis Hopkins enrolled at Cornell Medical School but had to drop out for financial reasons. A relative in the Philippines advanced him \$1,500, which enabled him to graduate from Rush Medical School at the University of Chicago with an MD in 1915. The year before he had married his Grinnell College days sweetheart, Bess Harrington, in Grinnell, Iowa.

MEDICAL OFFICER

During World War I, Dr. Hopkins served as an Army medical officer at Fort Reilly, Kan., where, as a mounted soldier, he was required to wear the cavalry's Stetson - type hat, boots and spurs when on dress parade. He was transferred to Camp Sherman, Ohio, during the terrible Spanish influenza epidemic of 1918.

In 1923 the Hopkins moved to Tacoma, Wash., where he practiced in the field of pediatrics until he retired eight years ago and moved to Santa Barbara. Because Mrs. Hopkins is a former school teacher, they were eligible to lease an apartment at Vista del Monte on Modoc Road, a retirement home for educators. Their two daughters reside in San Jose.

COLLECTS BOOKS

Dr. Hopkins collects antique books, some of them dating to the 17th century. One of his prized family possessions is a large album of original photo-

graphs taken by Brady, the noted Civil War photographer, of such famous personages as Lincoln, Sheridan, Fremont, Lee Jackson, Grant, Burnside, Queen Victoria, Prince Albert and many others.

He also inherited many of Harry Hopkins' souvenirs from the FDR New Deal era. His personal library contains a copy of "The Gathering Storm" personally autographed by the author, Winston Churchill.

Dr. Hopkins' hobby is lawn bowling at Spencer Adams Park.

—WALTER A. TOMPKINS

ARMY DOCTORS HOST TWO COUNTIES AT JOINT MEETING

Doctors from Pierce County joined those from Thurston-Mason County Society and the staff at Madigan General Hospital for a joint meeting on May 14, 1968. After a social hour and dinner, the group moved to the medical auditorium where members of the Madigan staff presented four scientific papers.

Captain James M. Lee discussed traumatic aortic aneurysms and presented a recent case in detail. Lt. Colonel George M. McGranahan reviewed the Madigan experience in their intensive care unit in the past year. "Cat-bite fever" was illustrated with a case complicated by encephalopathy in a presentation by Captain Richard D. Landes, and Major Roger Perry discussed prenatal care at Madigan, with emphasis on the Rh problem.

Here's your list of official—

COOK BOOK STATIONS

(Whenever a potential Cook Book buyer turns up, check the list below for the Cook Book Station nearest you.)

Puyallup

Mrs. Walter Arthur, 1324 10th Ave. N.W.....	TH 5-5542
Mrs. Axel Lindstrom, 508 Bridge Ave.....	TH 5-6452
Mrs. Leo F. Sulkosky, 1403 5th St.S.E.....	TH 5-8264
Mrs. Charles Vaught, 1317 21st St. S.W.....	TH 5-6215

Sumner

Mrs. John Kemman, Rt. 1, Box 617-B.....	UN 3-7231
---	-----------

Tacoma

Mrs. Marvin Bourne, 1537 Weathervane Court.....	LO 4-4696
Mrs. Max W. Brachvogel, 1724 Fernside Drive.....	SK 2-4308
Mrs. Robert O. Brettell, 7808 John Dower Road.....	JU 4-5493
Mrs. Robert R. Burt, 6638 Hilltop Lane, S.W.....	JU 4-1813
Mrs. Homer T. Clay, 16 Summit Road.....	SK 2-0494
Mrs. Robert P. Crabill, 6926 100th S.W.....	JU 8-0558
Mrs. Gordon Dean, 4234 West Soundview Drive.....	LO 4-1945
Mrs. J. J. Erickson, 616 South 117th.....	LE 7-5044
Mrs. George C. Gilman, 3720 North Union.....	SK 9-6885
Mrs. David S. Hopkins, 1624 Markham, N.E.....	WA 7-0818
Mrs. Herman S. Judd, 8505 Woodlawn Ave., S.W.....	JU 8-2686
Mrs. Vernon O. Larson, 1889 North Hawthorne Drive.....	SK 9-4655
Mrs. Herbert Meier, 7 Barlow Road.....	JU 8-7554
Mrs. Kenneth L. Pim, 5434 A Street.....	GR 5-4255
Mrs. Thomas H. Skrinar, 424 North C.....	BR 2-0486
Mrs. Paul B. Smith, Jr., 3404 North Adams.....	SK 2-6201
Mrs. Ronald T. Spangler, 1015 Crestwood Lane.....	SK 2-4553
Mrs. George A. Tanbara, 710 N. Yakima Ave.....	BR 2-5235
Mrs. Stanley W. Tuell, 3650 Browns Pt. Blvd.....	WA 7-1117
Mrs. Robert B. Truckey, 634 Vista Drive.....	LO 4-4886
Mrs. G. Marshall Whitacre, 926 Fairview Drive.....	LO 4-3300

Cook Books Selling Like Hot Cakes in Puyallup, Sumner

The Auxiliary's famous cook-book, now in its second printing of the current edition, may be selling like hot-cakes (page 168 in the cook book) here in Tacoma, but the hottest saleswomen in the area are the doctors' wives out in the Puyallup-Sumner area, according to figures compiled by cook book chairman Lorraine Sulkosky.

In Tacoma, 1700 people are proud new owners of the book, thanks to the efforts of the Tacoma sales corps of doctors' wives. That's about one book for every 147 people in this area of 250,000. But out in Puyallup, with only 25,000 people, nearly half as many cook books have been sold, or one book to every 31 hungry citizens. In all, 2,249 copies of the first printing have been sold, plus 27 of the second printing, and plenty more still available. It looks like word is getting around that this best seller is a real bargain at \$3.00.



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C I B A

Lawyers Schedule Own Downfall At Fircrest Field Day

It's that time of the year again—time for the doctors to get out and whip the lawyers on the golf course. The lawyers are in charge of arrangements this year and they've arranged for their downfall on Friday, June 7, at the Fircrest Golf Club.

Mike Sterbick is chairman for the affair, which will start at 12 noon. There will be a \$7.50 charge for Fircrest members and this covers the evening banquet and multiple awards. Non-Fircrest

members will have to cough up \$12.50.

If enough tennis interest is shown on the registration blanks, a tennis tournament will be included, but golf will be the big sport of the day.

Late signers who didn't get their registration in, and still want to get even for last year, can sign up to the last minute at the Club if necessary. Mike Sterbick promises good weather for the annual affair.



"I KNOW JUST EXACTLY HOW YOU
FEEL—I BOUGHT THE SAME STOCK!"

Courtesy Medical Society Magazine Group

GET RESOLUTIONS READY FOR WSMA MEETINGS IN SEPT.

This will notify you officially that the 79th Annual meeting of the Washington State Medical Association will be held at the Olympic Hotel, Seattle, September 22-25, 1968.

YOUR ATTENTION IS DIRECTED TO CHAPTER IV, SECTION 8 OF THE BY-LAWS WHICH PROVIDES THAT: MEMORIALS AND RESOLUTIONS MUST BE SUBMITTED TO THE SECRETARY-TREASURER THIRTY (30)

DAYS PRIOR TO THE FIRST MEETING OF THE HOUSE OF DELEGATES . . . ALL RESOLUTIONS AND MEMORIALS MUST BE SPONSORED AND SUBMITTED BY A MEMBER OF THE HOUSE OF DELEGATES AND MUST BEAR HIS OR HER SIGNATURE. (*The First Meeting of the House of Delegates will be Sunday, September 22, 1968.*)

Proposed amendments to the Constitution and By-Laws, Memorials and/or Resolutions must be received by the Central Office *no later than July 1, 1968*, if they are to be published in the House of Delegates Book.

The Past Is Prologue

*Cold night wind swept the mountain crest,
the stars were brilliant and bright,
all others had stayed in the valley to rest,
I wandered alone through the night.
The moon was my lantern, the river my guide,
the towering mountain my guard!
The sky was high, the world was wide,
and proud, yet lonesome my heart!*

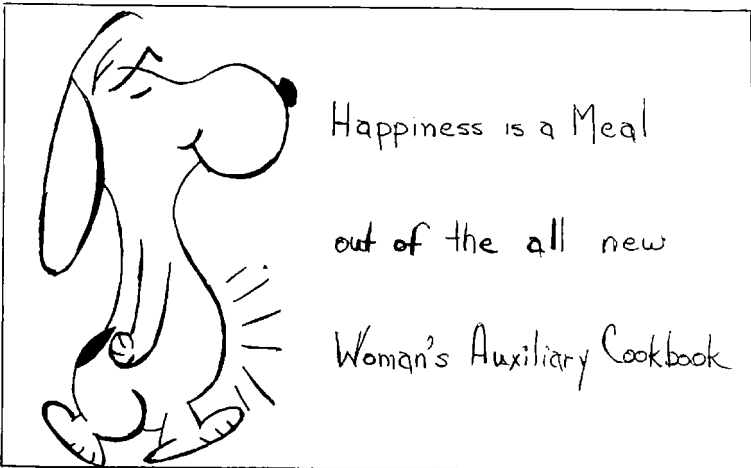
*My path has lengthened, years gone by,
I wander no longer alone.
Together we search the nocturnal sky
for stars that yesterday shone.
The mountains still calls me, great storms still blow
as I follow river's fierce roar,
while ancient stars, in the sky aglow,
shine brightly as ever before!*

—GERHART A. DRUCKER, M.D.



"BEFORE I CAME TO YOU
I WAS KING OF ENGLAND
— NOW I'M JUST ANOTHER COMMONER!"

Courtesy Medical Society Magazine Group



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MONTHLY MEETINGS

STAFF OF DOCTORS HOSPITAL OF TACOMA

Second Monday of Jan., April, Aug. and Oct.—6:15 p.m.
Doctors Hospital Cafeteria

STAFF OF GOOD SAMARITAN

Second Monday of March, June, Sept., Dec.—6:30 p.m.

STAFF OF ST. JOSEPH'S

Third Monday of March, June, Sept., Dec.—7:30 p.m.

STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL

Last Monday of February, June, September and November

TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC ASSOC.

First Monday of October, December, February and April—8:00
p.m. at 424 South K Street.

TACOMA ORTHOPEDIC SOCIETY

First Monday of each month—6:00 p.m.

PIERCE COUNTY MEDICAL SOCIETY

Second Tuesday of the month except June, July and August
—8:15 p.m.

STAFF OF TACOMA GENERAL

First Tuesday of March, June, Sept., Dec.—6:30 p.m.

TACOMA SURGICAL CLUB

Third Tuesday of each month at Top of the Ocean

TACOMA ACADEMY OF INTERNAL MEDICINE

Fourth Tuesday of each month—6 p.m. at Ceccanti's

PIERCE COUNTY ACADEMY OF GENERAL PRACTICE

Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's

PIERCE COUNTY PEDIATRIC SOCIETY

First Thursday of each month except June, July and August—
6:00 p.m.

STAFF OF ALLENMORE HOSPITAL

Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe

STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL

Fourth Friday of March, June, Sept., Dec.—12:15 p.m.

STAFF OF LAKEWOOD GENERAL HOSPITAL

Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.

STAFF OF NORTHERN PACIFIC HOSPITAL

Second Monday of March, June, September, December—
12:30 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

VOL. XXXIX—7

TACOMA, WASH.

JULY - 1968



PIERCE COUNTY MEDICAL SOCIETY

**NO MEETING
JUNE - JULY - AUGUST**

Pierce County Medical Society

1968

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COVER PICTURE: An aerial-seeding helicopter prepares to drop Douglas Fir seeds at Weyerhaeuser Company's 500,000-acre St. Helens Tree Farm in Western Washington. Each square mile receives over 25,000,000 seeds.

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Many patients in congestive heart failure may obtain the greatest benefit from HYDROMOX Quinethazone when it is given in a single daily a.m. dose of 100 mg. (two 50 mg. tablets). Diuresis is usually rapid and effective in reducing symptoms within the first critical days. We suggest continuing clinical evaluation over a 15-day period of therapy. If results are satisfactory, a reduction to 50 mg. (1 tablet) daily will usually be adequate for maintenance.

Precautions: Electrolyte abnormalities may be aggravated or produced. Caution is important during prolonged or intensive therapy and when salt intake is restricted. Hypokalemia has been mild and infrequent, and other electrolyte abnormalities rare. The possibility of potassium depletion and its toxic sequelae must be kept in mind, particularly in cirrhotics and patients receiving digitalis. As a preventive measure the use of foods rich in potassium, such as orange juice, may be desirable. Although not a thiazide, HYDROMOX may possess certain characteristics of the

thiazides. They have been known to cause jaundice with liver involvement and pancreatitis; hematological complications such as purpura with or without thrombocytopenia and leukopenia (neutropenia); increases of serum uric acid; decreased glucose tolerance as evidenced by hyperglycemia and glycosuria thus aggravating or provoking diabetes mellitus and azotemia in patients with renal disease; photoallergy. Discontinue use a few days prior to elective surgery. When added to a regimen that includes ganglionic-blocking agents, the dosage of these latter preparations should be reduced.

Also reduce dosage when one or more of these antihypertensive agents is added to an established HYDROMOX regimen. Contraindicated in anuria. Observe for possible hematologic complications.
Side Effects: Skin rash; gastrointestinal disturbances (chiefly nausea), weakness, dizziness. These seldom require cessation of therapy, and can be relieved by reducing dosage or correcting electrolyte imbalance.
Warning: Enteric coated potassium tablets have been implicated in small bowel lesions and should be used only when adequate dietary supplementation is not practical.



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PCMB ELECTS NEW TRUSTEES; JOHN MAY NAMED PRESIDENT

More than 135 members of the Pierce County Medical Bureau were on hand at the Top Of The Ocean Restaurant for the Bureau's annual meeting on June 6, 1968. Out-going President of the Bureau, Doctor Douglas Buttorff, presided at the affair and gave the annual address on the present status of the organization. He pointed out that local administrative costs were second lowest of all bureaus in the entire nation and lauded the administrative staff for achieving such a record.

Major business items on the agenda included confirmation of eight new members in the Bureau, dismissal of one physician from membership, election of six new trustees to the Board, and election of a nominating committee.

A variety of specialists was represented amongst the new trustees, including two general practitioners, a pediatrician, a urologist, an ENT man and a radiologist. Those elected to 2-year terms were Doctors Lawrence N. Brigham, David F. Dye, Vernon O. Larson, Haskel L. Maier, Glenn G. McBride, and Robert W. Osborne. Dr. Osborne completed a term as President of the Board just three years ago.



John S. May

At its brief first meeting the same evening, the new Board elected general practitioner Dr. John S. May to serve as President for the coming year. Dr. Paul E. Bondo was elected Vice President and Dr. Merrill J. Wicks Secretary-Treasurer.

Earlier in the evening, Dr. Buttorff had announced the forthcoming retirement of Medical Director Doctor Homer Humiston as of Dec. 1, 1968, and the appointment of Dr. Arnold J. Herrmann to succeed him on that date.

In its final action of the evening, the membership elected the following nominating committee for next year: Doctors G. Marshall Whitacre, Chris C. Reynolds and Stanley W. Tuell, the latter to be chairman.

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President's Page

It has been claimed that many addicts obtain substantial quantities of narcotics from physicians. I had doubted this somewhat until reading a sworn and signed statement of an addict taken in June, 1965, at Tacoma Police Headquarters. In this affidavit 47 Tacoma physicians were listed by name from whom prescriptions had been obtained. Many included up to ten refills and one doctor was writing for sixty dilaudid tablets twice a week. Most prescriptions were picked up by the addict or a "friend" at the office, but some were obtained at the physician's home in the evening or on week-ends. More impressive was that many were called in to a drug store following a telephone request without the patient being seen or even known to the doctor. A number knew the patient was an addict and the charges varied from \$5.00 to \$10.00 per.



I would like to quote part of the statement. "Actually, it is very easy to obtain narcotics from doctors. I think most of the doctors knew I was an addict. I feel confident I could obtain narcotics from about three out of every five doctors that I called. I have obtained prescriptions from about 500 doctors since becoming an addict. The doctors in town that are pretty easy are . . ." and here are listed six physicians.

Perhaps we feel that giving the addict a few tablets will save some drug store from being hit, our own bags from being stolen, or maybe out of compassion. However, statistics have shown that this is not the case. Most crimes involving the theft of narcotics are juveniles who have never sought "legal narcotics".

What can we do? Maybe we should be a little more careful in giving narcotics to a patient we do not know. Wouldn't it be better to refer these people to a medical treatment center, whether it be by the physician or the police? Wouldn't it be better to have the law changed to make this a civil rather than a criminal commitment? Such facilities could be available at both Mountain View or Western State hospitals. It seems far more logical to treat this individual early, when he wants and needs help, than to squander hundreds of thousands of dollars on a handful of hard core addicts as is being done at the present time in our own community.

—JAMES D. LAMBING, M.D.

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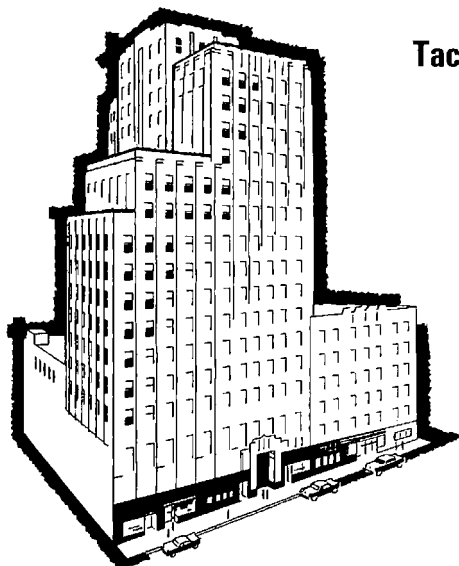
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Editorially Speaking

Medical liability rates are up again?

Whose fault is it?

Why doesn't somebody do something about it?

Let's get one thing clear first. Our rising insurance rates are not the result of an effort by insurance companies to gouge the doctors. Malpractice settlements have gone up, up, up in recent years and most insurance companies have withdrawn from the field because it's so difficult to even break even with this kind of coverage. Companies still in the business have been absolutely forced to raise rates in order to meet expenses and pay the high awards that have been granted in the courts in this state recently.



The malpractice suit situation became so bad in Alaska recently that insurance companies were in the process of withdrawing entirely. Doctors were actually leaving Alaska to escape the legal hazards of practice. In desperation, the Alaska Medical Association appealed directly to the Governor, and finally the State legislature eased the situation somewhat by requiring professional testimony to assess blame in a malpractice suit, and thus staved off an acute doctor shortage in that state.

Washington State is not yet faced with such a shortage, but it is faced with ever-rising malpractice expense. And the same trend nationally is going to make all doctors so "suit-conscious" that they will tend to order more clinical tests than necessary, as a defensive measure. The overall result will be further increase in the cost of medical care—and one obvious answer to the medical malpractice and high medical costs problem is complete government control of medicine.

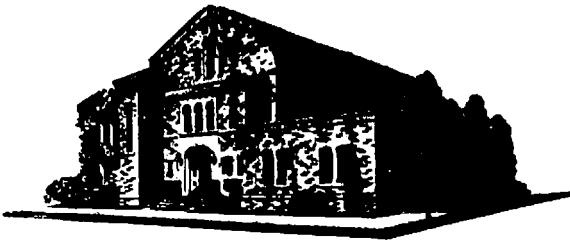
Weighted with legally-oriented law-makers, our legislature isn't likely to pass laws restricting the plaintiff's freedom. Yet, this was the approach that saved the day in Alaska, and in suit-ridden California, the medical association is starting a move to convince the legislature of the need for certain legislation to lessen the threat of exorbitant malpractice awards.

Groundwork was laid for such an approach in this state at a recent meeting of the State Medical Defense Committee with the largest carrier in the country, with this writer in attendance.

In the meantime, don't blame the insurance companies. Just be thankful they're strong enough and faithful enough to stay on the job.

—S. W. T.

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- 8 Sidney Kase
James D. Lambing
- 10 Claris Allison
John M. Kanda
- 11 Harry W. Camp
Wallace P. Hoyt
DeMaurice Moses
- 12 Robert W. Florence
Robert C. Johnson
- 13 Michael Irvin
Frank Maddison
- 15 Ralph L. Marx
- 17 Walter Arthur
Henry Maki
- 19 Paul B. Smith, Jr.
- 21 George S. Kittredge
- 22 Karel Pokorny
- 23 Charles H. Denzler
- 24 John A. Sheppard
- 25 Chris C. Reynolds
- 26 Robert D. McGreal
Charles Prewitt
- 27 Frederick J. Schwind
- 28 William H. Goering
- 30 Jose Garzon
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LAWYERS OUTSTROKE MEDICS; SOBBA, WEST STAR FOR DOCTORS

The lawyers planned the affair, went out and bought a truckload of sweaters, shirts and golf balls, and then proceeded to hand out most of the prizes to themselves at the award banquet at the close of the 1968 Doctor-Lawyer Field Day held at Fircrest Golf Course on Friday, June 7.

The only real rout was in the Cal-loway division, where 8 attorneys picked up prizes, while only one doctor could claim a single golf ball for his efforts. Jerry Hulscher won a sweater for his low gross of 87 and Dick Turner a shirt for low net of 88-15—73, both with Cal-loway scores.

Sobba Tops Doctors

Hottest shot for the doctors was Walt Sobba, who won a shirt for his low net of 77-9—68, which was also low gross for the doctors for the day. Attorney Pat Comfort also carded a 77 to win a sweater for low gross. Veteran doctor-golfers George Moosey and Horace Anderson each shot an 83 and earned an extra golf ball for their efforts.

The doctors made a better showing in the higher handicap (over 13) division. Even though Carl Conrad took low gross with an 81, Dr. Tom West took low net honors with 85-20—65. He was followed closely by three more doctors—Haskel Maier (87-21—66), Ted Baer (102-36—66) and Sam Adams (82-15—67). Dick Barronian and Buel Sever also picked up golf balls in this division.

Dr. Tom West was a double winner, taking first prize in his division for the longest drive on the 18th fairway. All other long-drive contests, on the 18th and first holes, were won by attorneys.

On the 8th hole, Mike Sterbick was "closest to pin" at 5 feet, 11 inches, in the first division, while Dr. Bud Bader in the second division put his ball 22 feet from the pin to win a prize.

Also 22 feet from the pin was George Gilman's tee-shot on the 13th hole, good for 3 golf balls.

PHYSICIAN-DENTIST FIELD DAY

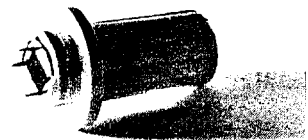
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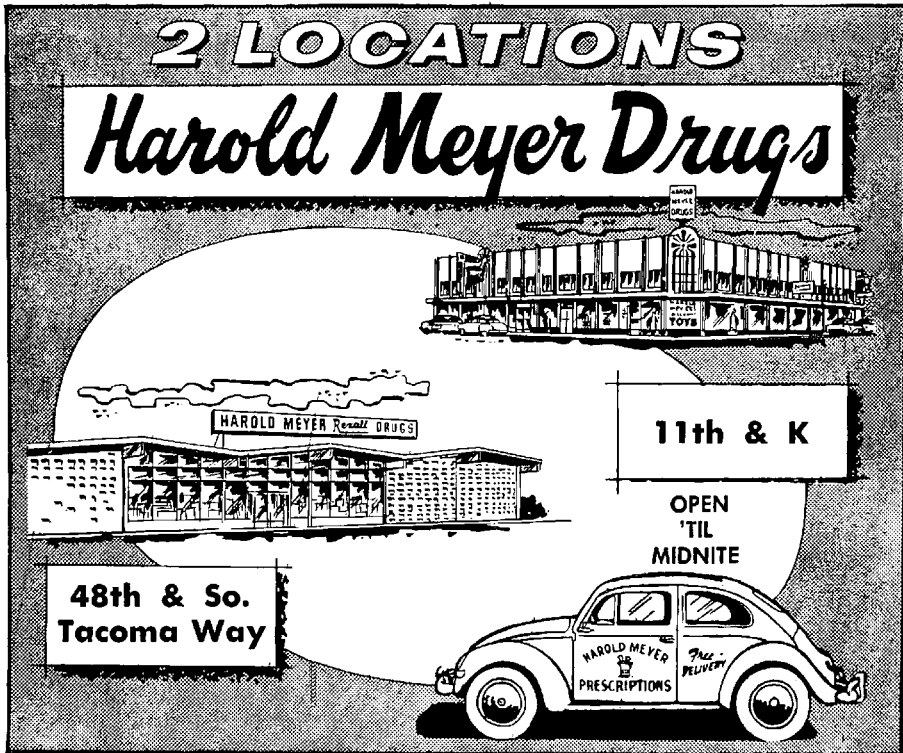
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Ca

AMPAC 1968

AMPAC has a rather good record for membership in Pierce County. About 60% of the doctors who belong to the Pierce County Medical Society are also members of AMPAC. The "top brass" of the Society has done even better. Of our executive officers, only one does not belong. Of our delegates to WSMA, six out of seven belong. Yet, like everyone else, we are never satisfied! Success is tangible and factual. Less than 100% is not success. With this in mind, AMPAC in the month of June sent out another billing to those who do not yet belong with the direct intention of gaining the membership of the other 40% (including, of course, that one remaining executive officer as well as that one remaining delegate.)

The "top brass" is important to us in AMPAC. The leaders of the Society should and do set the pace for the entire membership. They are in more direct communication with the feelings and the understanding of the WSMA and AMA. Consequently, they recognize the importance of AMPAC and the direct good it does for medicine.

AMPAC, however, never wants to lose sight of the so-called rank-and-file members. These men and women represent the backbone of the Pierce County Medical Society. As many a politician has said to his audience, "I need each and every one of you to make my campaign a success." And so it is with AMPAC. We are asking each and every one of you to join AMPAC and make your contribution to the success of the campaign.

The coming campaign is a big one, since this is a major election year. This certainly calls for a maximum effort on the part of all of us. Won't the rest of you join the majority and take out your membership in AMPAC today?

—THOMAS A. SKRINAR, M.D.
Chairman, AMPAC
State of Washington

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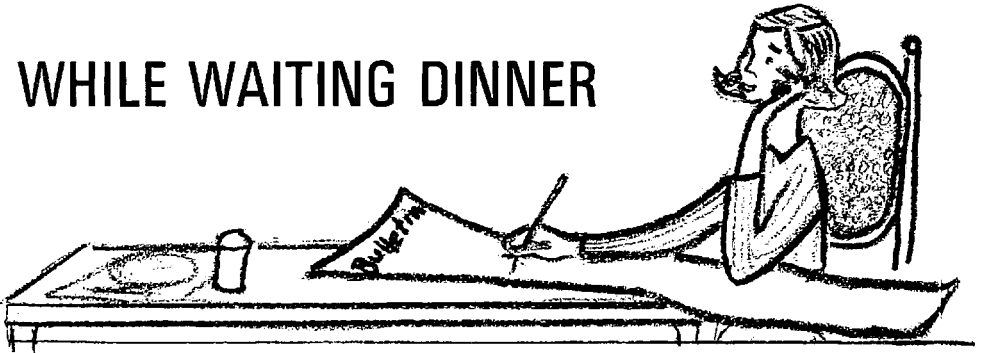


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WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

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President Elect	Mrs. Murray L. Johnson
1st Vice President and Program	Mrs. Ralph Johnson
2nd Vice President and Community Service	Mrs. Vincent Murphy
3rd Vice President and AMAERF	Mrs. John Kemman
4th Vice President and Social Chairman	Mrs. Paul Smith Jr.
Recording Secretary	Mrs. Max Brachvogel
Corresponding Secretary	Mrs. James Billingsley
Treasurer	Mrs. Marvin Bourne
Dues Secretary	Mrs. Stanley A. Mueller, Jr.
	Mrs. Charles McGill

COMMITTEE CHAIRMEN

Nominating	Mrs. Robert Burt
Membership	Mrs. Vernon Larson
Membership Co-Chairman	Mrs. George Tanbara
Today's Health	Mrs. Ernest Randolph
Safety and Civil Defense	Mrs. James Stillwell
Historian	Mrs. William Goering
Legislative	Mrs. Thomas Skrinar
Para-medical	Mrs. Roy Virak
Publicity	Mrs. Frederick Schwind
Bulletin	Mrs. Arthur Wickstrom
Speakers Bureau	Mrs. Bernard Pipe
Telephone	Mrs. George Hess
	Mrs. Dale Doherty
	Mrs. Russell Colley
Finance	Mrs. Robert Florence
	Mrs. Robert Osborne
Mental Health	Mrs. Hugo Van Doren
Cookbook	Mrs. Leo Sulkosky
International Health	Mrs. Theodore Haley
AMPAC	Mrs. Wayne Zimmerman
Fashion Show	Mrs. David Hopkins
	Mrs. James Vadheim
Dance	Mrs. Kenneth Gross
	Mrs. Edward Lawrence
Minute Women	Mrs. Stanley Tuell
	Mrs. Samuel Adams
Representative to Council on Smoking	
Representative to Council on Alcoholism	Mrs. Homer Clay
Representative to President's Council	Mrs. Murray Johnson
Cookbook Tasting Luncheon and Arts and Crafts Display	Mrs. Robert Lane
	Mrs. Buel L. Sever
Midyear Conference	Mrs. Jack V. Erickson
	Mrs. J. Robert Brooke

ments last year under Lorna Burt, and to introduce our newly-elected, forward-looking President, Dorothy Grenley, and her capable Executive Committee and Board.

During this summertime "breather" when meetings and time schedules are forgotten, we have the leisure to consider the main objective of our Auxiliary—to help our husbands and our community by actively participating in community health projects. Many of you do "actively participate" in our various projects and with splendid results. Our President hopes that more will join us this year. The meeting and mingling of women with a common purpose makes for constructive community action and certainly for added friendliness within our own group. Resolve this year to become more active and make your contribution to the health of your community.

You will be glad to know that exciting plans for the year ahead were formulated at the May 22nd Board meeting at the home of Sherry Johnson. A few expedient changes in the purely mechanical means of handling Auxiliary business were voted upon and accepted. One is that the executive committee be al-

Happy New Year to you all in July! The beginning of a new year for the Auxiliary, when we pause in our activities to draw a deep breath, to pat ourselves on the back for our accomplish-

lowed to meet between board meetings to transact business not requiring the full board action. State and local Auxiliary growth exacts a parallel growth in detail, certain aspects of which can be handled more efficiently by the Executive Board.

As to the fun side of our activities, committee chairmen are already at work on your favorite events such as the dance, fashion show, the tasting luncheon and hobby display. You may expect to hear much more about these in the future.

Another plus—We Pierce County gals will be right in the midst of the Mid-Year Conference next spring. It is ten years since we had the privilege of hosting this group. Our neighboring Auxiliary of Kitsap will co-host the event with us. What a great opportunity for us all to attend and to extend the hospitality of Pierce County to the entire state. Chairmen of this important event will be Phyllis Erickson and Ruth Brooke.

Rested, refreshed and eager at our first fall meeting in October, we'll be honored by a visit from our State President, Mrs. Clayton T. Noonan of Seattle. Accompanying her will be President-Elect Mrs. John F. Vaughan of Vancouver. Let's all be there to meet them and to get the year off to an enthusiastic beginning.

WSMA IN SEPTEMBER

Pierce County will be competently represented at the WSMA September meeting in Seattle with Dorothy Grenley, Lorna Burt and Hazel Whitacre in attendance. Six more delegates are needed and Dorothy would be pleased to hear from any who would like to attend. Here is your chance to go to a meeting in the big city, so near and yet so far! Here also, proudly witness our own Hazel Whitacre receive an honorary recognition for the deceased Mrs. Hor-

ace J. Whitacre, who was instrumental in the organization of the Auxiliary in the state of Washington and became its first State President.

Just a word here about the innovation of publishing the minutes in the Bulletin. This has a two-fold purpose. First, hopefully it will rekindle Auxiliary interest for some of you, and second, it will give added time to the meetings for our programs. On the lighter side, it will relieve the Bulletin chairman of reporting much of the business in these pages, thus allowing space for news of our members. Please consider yourselves personal informants by suggesting items to be used in the Bulletin. Please call my attention to any honors, travels, illnesses, or any other newsworthy event involving Auxiliary members or their families.

The sun has finally taken command in the Northwest as I am writing, thus comforting the stay-at-homes who are missing the AMA convention excitement in San Francisco. We hope to hear all about it when you return.

And just a reminder to consult our dazzling Cookbook for the best barbecue recipes available . . . the FLANK STEAK BARBECUE on Page 58 is one of our favorites. See you next month.

BOARD MEETING MINUTES

MAY 22, 1968

The Board of the Woman's Auxiliary to the Pierce County Medical Society met at 10 a.m. on Wednesday, May 22, at the home of Sherry Johnson. President Dorothy Grenley called the meeting to order. She thanked the Board members for accepting their respective positions for the coming year and made copies of the By-laws available.

Lorna Burt moved that the executive committee be allowed to meet between executive board meetings to transact business not requiring the full board

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Woman's Auxiliary

(Continued from Page 19)

action as set forth in the By-laws, Article VIII, Section 2. This was passed.

At the President's suggestion, it was moved that the minutes of the past meeting, agenda of coming meeting, and a notice of time and place be mailed to all members. Bulk mailing rates will be investigated.

As stated in Article XI, Section 1 of the By-laws, a letter will be sent to Dr. James B. Lambing requesting an advisory council to the Auxiliary of two or more doctors be appointed. He also will be informed of the appointment of Connie Clay to the Council on Smoking. We will ask approval for a representative on the newly formed Community Health Council. This group is thinking of a Health Services Directory which we are already providing through Welcome Wagon and Newcomers Club. There will be a check to see if we need more printed.

Article XII on Policies was reviewed.

The President requested that a list of board members be sent to the President's Council, Chamber of Commerce, incoming State President, P.T.A., Judy Gordon, and the Medical Society.

At the suggestion of Lorna Burt a list of the delegates to the State Convention will be published in the Bulletin.

A letter was read from Lucy Bailey asking us to host the mid-year conference. It was moved that we extend the invitation to host the conference with Kitsap County as co-host. This was passed. It was pointed out that it has been ten years since Pierce County has been a host for this meeting and it is a good opportunity for local members to attend. The State President is responsible for the program. Our duties will include place, meals, and entertainment. Between 100 and 155 attend

this meeting in early April. Phyllis Erickson was appointed Chairman.

It was moved, seconded and passed that our October meeting be postponed to Friday noon, October 25, at which time our State President will visit.

Dorothy asked for suggestions and volunteers as delegates to the mid-September conference in Seattle. Lorna Burt and Hazel Whitacre will go with Dorothy so six more are needed.

Sherry Johnson was appointed as representative to the President's Council.

We were advised that the consideration to raise the National dues from \$2 to \$4 will be voted on at the conference in San Francisco in June. With this possibility in mind, Kathleen Skrinar moved that we raise our local dues from \$10 to \$12 if this does pass in June. It was seconded, discussed and passed. At present \$2 of our dues is for hostess fees and \$4.50 goes for State and National dues.

Physicians Children's Scholarships were discussed and it was pointed out that this was set up at the suggestion of the Medical Society.

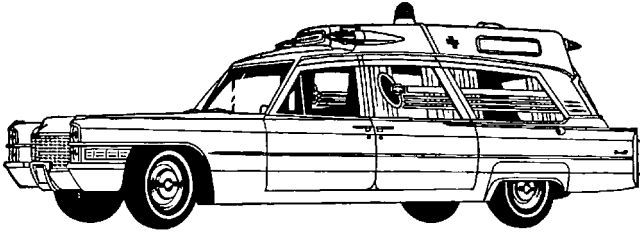
Dorothy will check to get a written opinion through IRS so we will not jeopardize the tax set-up. Ruth Brooke, Keaty Gross, and Hazel Whitacre were suggested for the committee and we will also ask for suggestions through the Bulletin. Clayton Peterson and Dean Bock were mentioned as educators and a Haley family member as a possible business representative.

Membership chairman, Kit Larson, asked for suggestions for the first membership meeting. She also requested that dates and information be turned in by July 1 so the yearbooks may be printed.

A motion was made that Kit and Kim order invitation cards to be sent to all

(Continued on Page 23)

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FREE PRESCRIPTION DELIVERY

Woman's Auxiliary

(Continued from Page 21)

old and new members to join the Auxiliary. This was seconded, discussed and passed.

At the suggestion of Stephanie Tuell, Kathleen Skrinar moved that the Auxiliary book include all wives of members of the Pierce County Medical Society and members of the Auxiliary be indicated by a star. Distribution will be limited to Auxiliary paying members. This was passed.

Gloria Virak will invite girls who receive nurses' scholarships to attend our October luncheon.

Stephanie Tuell asked for more work on Referendum 242, Implied Consent. Dorothy asked to be notified of anyone ill or in the hospital. Money will be taken from the treasury for cards.

Suggestions for programs were discussed. Favorites include a "Worry In", Clara Goering, Murray Morgan, and a program by one of our local M.D.'s on experiences in Vietnam, ship Hope, etc.

There being no further business, the meeting was adjourned.

Respectfully submitted,

Nancy Billingsley, Rec. Sec.

Does anyone have any back issues of M.D. Magazine they would like to get rid of?

My wife is making a teaching project and needs a lot of them. Please call me at BR 2-3888 or SK 9-8434, or leave them at the Medical Library.

—CHRIS REYNOLDS

**HAVE YOU SENT IN YOUR
UGN CONTRIBUTION?**

DENTISTS DOOMED TO DEFEAT AT ANNUAL FIELD DAY, JULY 26

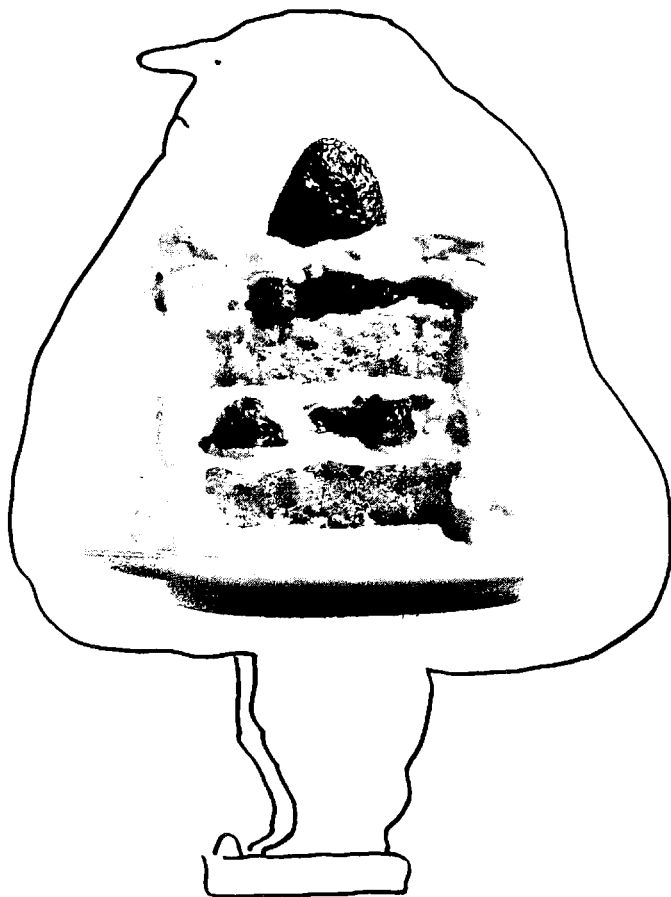
Still stinging from defeat at the hands of the attorneys, Tacoma doctors can get some measure of satisfaction by taking it out on the dentists of the area on Friday, July 26, at the Tacoma Country and Golf Club. That's the date set for the annual Doctor-Dentist Field Day, so says Dr. Bill Rohner, chairman of the event, which will be managed by the doctors this year.

Cards are being sent out to publicize the event, and advance registration letters will be sent out for all interested to sign up. Golfers, tennis players and fishermen will all have a chance to win prizes at the annual affair. Final feature of the day will be the awards banquet in the evening, with a choice of lobster or steak on the menu.

HAVE YOU PAID YOUR AMPAC DUES?

GENERAL PRACTICE

Owing to serious illness unable to carry on thriving general practice. Grosses between \$40,000 and \$50,000 annually. Situated north end, Seattle. Well established. I have been in practice for the past 15 years. Would rent or lease new, modern, fully equipped office bldg. Air-conditioned. Suitable for a G.P. or Pediatrician, along with half of my present practice. Office is within 10 minutes driving time of 2 general hospitals. For further particulars write Stephen B. Nelles, M.D., 18739 12th Ave. N.E., Seattle 98155, or phone either EMerson 3-1008 or EMerson 4-3880, Seattle.



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Each capsule contains Dexedrine[®] (brand of dextroamphetamine sulfate) 15 mg., and Compazine[®] (brand of prochlorperazine) 7.5 mg., as the maleate.

Especially for patients who react to emotional stress by overeating.

Before prescribing, see complete information in SK&F literature or *PDR*. The following is a precautionary statement.

Contraindications: Hyperexcitability, undue restlessness or anxiety; hyperthyroidism; lactating (nursing) mothers; patients taking MAO inhibitors.

Precautions: Use in pregnant patients only when deemed essential for patient welfare. Phenothiazines may potentiate central nervous system depressants and organic phosphate insecticides. Use cautiously in hypertension and coronary artery disease. Psychological dependence may result from excessive amphetamine use. In such cases, withdrawal of the medication is recommended.

Adverse Reactions (reported or considered pos-

sible with the components of 'Eskatrol'): *Dextroamphetamine*—Overstimulation, restlessness, insomnia, gastrointestinal disturbances, diarrhea, palpitation, tachycardia, elevation of blood pressure, tremor, nervousness, sweating, impotence and headache. *Prochlorperazine*—Sedation, dizziness, hypotension, tachycardia, dry mouth, skin rash, tinnitus, vertigo, nasal congestion, miosis, lethargy, cholestatic jaundice, leukopenia, agranulocytosis, neuromuscular (extrapyramidal) reactions (motor restlessness, dystonias, pseudo-parkinsonism), convulsions, catatonic-like reactions, reversal of epinephrine effects. For a comprehensive presentation of 'Eskatrol' prescribing information, including adverse effects reported with phenothiazines, see SK&F literature or *PDR*.

How Supplied: Bottles of 50 capsules.

Smith Kline & French Laboratories



Migrant Health

The Pierce County Migrant Health Project, now in its fifth, and final year, is a health service in which Health Department employees and medical, nursing and non-professional volunteers work together. Supported by a Federal grant, the Project provides medical care, intensive public health nursing services, sanitation, health education and dental services to the migrant farm workers who come to Pierce County each summer.

The Project staff consisted, in 1967, of three public health nurses, a sanitarian and a health aide. In addition, a dental hygienist and a physician worked part-time with the project. Complementing the efforts of the paid staff were those of volunteers organized through the local Migrant Ministries Association.

The Association is responsible for a weekly medical clinic, held in the evening at the Migrant Center at Alderton. A volunteer nurse coordinates the clinic. A Puyallup Valley physician is responsible for eliciting the assistance of local doctors. Last season the project paid for a physician to serve the clinic on alternate weeks. Volunteer physicians were in charge of the clinic on the other weeks. A volunteer secretary and receptionist assisted.

Project nurses from the Health Department were responsible for informing the migrant workers and their families of the clinic, encouraging their attendance when needed, interviewing and history-taking at the clinic, and follow-up home visits.

Last year nine clinic sessions were held, weekly from July 19th until September 13th—88 different patients were seen. Weekly attendance ranged from 3 to 22; average was 14. Respiratory illnesses were seen most frequently. Next were well persons who were seen for preventive care (mostly children).

Diseases of the skin ranked third, and diseases of the ear (mostly otitis media) ranked fourth.

Persons who have worked with the local migrant people over the past several years, note positive changes in their attitudes and status. Parents are bringing their children to the doctor at the early phases of their illnesses and much less severe acute illness is occurring. More elderly persons are seeking care for chronic conditions. Also, there has been an increase in the degree of responsibility and initiative shown by ill persons or parents of ill children. Once persons are familiar with the resources for medical care they tend to seek this care more independently of the public health nurses than they did in years past.

This has been a gratifying project for all of us who have been involved in it, not only because of the benefits to the migrants, but also because of the close working relationship between Health Department personnel and the Puyallup and Sumner area residents concerned about the well-being of these migrant people who visit us each summer.

—Edith Mitchell,
Tacoma-Pierce County
Health Department.

PLAGUE

Wednesday, July 24, 1:00 p.m.
City Council Chambers
County-City Building

Dr. Robert S. Thompson, field surveillance officer assigned to Washington State by the National Communicable Disease Center was recently on temporary emergency duty in Indonesia for a Plague epidemic. Slides of plague, other disease entities encountered, general living conditions and other aspects of public health will be shown. Members of the health department's environmental health staff working on local plague surveillance will also be available.

Here's your list of official—

COOK BOOK STATIONS

(Whenever a potential Cook Book buyer turns up, check the list below for the Cook Book Station nearest you.)

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Mrs. Walter Arthur, 1324 10th Ave. N.W.....	TH 5-5542
Mrs. Axel Lindstrom, 508 Bridge Ave.....	TH 5-6452
Mrs. Leo F. Sulkosky, 1403 5th St.S.E.....	TH 5-8264
Mrs. Charles Vaught, 1317 21st St. S.W.....	TH 5-6215

Sumner

Mrs. John Kemman, Rt. 1, Box 617-B.....	UN 3-7231
---	-----------

Tacoma

Mrs. Marvin Bourne, 1537 Weathervane Court.....	LO 4-4696
Mrs. Max W. Brachvogel, 1724 Fernside Drive.....	SK 2-4308
Mrs. Robert O. Brettell, 7808 John Dower Road.....	JU 4-5493
Mrs. Robert R. Burt, 6638 Hilltop Lane, S.W.....	JU 4-1813
Mrs. Homer T. Clay, 16 Summit Road.....	SK 2-0494
Mrs. Robert P. Crabill, 6926 100th S.W.....	JU 8-0558
Mrs. Gordon Dean, 4234 West Soundview Drive.....	LO 4-1945
Mrs. J. J. Erickson, 616 South 117th.....	LE 7-5044
Mrs. George C. Gilman, 3720 North Union.....	SK 9-6885
Mrs. David S. Hopkins, 1624 Markham, N.E.....	WA 7-0818
Mrs. Herman S. Judd, 8505 Woodlawn Ave., S.W.....	JU 8-2686
Mrs. Vernon O. Larson, 1889 North Hawthorne Drive.....	SK 9-4655
Mrs. Herbert Meier, 7 Barlow Road.....	JU 8-7554
Mrs. Kenneth L. Pim, 5434 A Street.....	GR 5-4255
Mrs. Thomas H. Skrinar, 424 North C.....	BR 2-0486
Mrs. Paul B. Smith, Jr., 3404 North Adams.....	SK 2-6201
Mrs. Ronald T. Spangler, 1015 Crestwood Lane.....	SK 2-4553
Mrs. George A. Tanbara, 710 N. Yakima Ave.....	BR 2-5235
Mrs. Stanley W. Tuell, 3650 Browns Pt. Blvd.....	WA 7-1117
Mrs. Robert B. Truckey, 634 Vista Drive.....	LO 4-4886
Mrs. G. Marshall Whitacre, 926 Fairview Drive.....	LO 4-3300

**PHYSICIAN-DENTIST
FIELD DAY**

FRIDAY, JULY 26, 1968

GOLF

FISHING

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**Sign Up With Chairman
Dr. Bill Rohner**



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(0.1 mg reserpine and 25 mg hydrochlorothiazide)

Homer Retires From PCMB; Arnie Herrmann To Be New Director



Arnold J. Herrmann

Ex-councilman Dr. Homer Humiston announced his retirement from his post of medical director of the Pierce County Medical Bureau and present Councilman Dr. Arnold J. Herrmann has been chosen to replace him, according to the official announcement made by outgoing Bureau President Douglas P. Buttorff at the annual meeting of the membership.

Dr. Herrmann, a general surgeon, will continue his active surgical practice until Dec. 1, 1968. He has served as City Councilman for the past 6 years, and for many years has been Secretary-Treasurer of the Pierce County Medical Society. He will take over the full-time job as Medical Director on the first of December, 1968.

In his role as local medical consultant of the welfare medical program for the past 15 years, Dr. Herrmann has been in close contact with the Bu-

reau and has been in regular attendance at Board meetings during this time, so is well versed in Bureau affairs and policies. He began his practice in Tacoma in 1946. He graduated from the Washington University School of Medicine in St. Louis in 1942 and had graduate surgical training at the University of Illinois.

Earn Degrees

Mrs. Betty Hoffman, Director, Nursing Service; and Mrs. Violet Turner, Obstetrical Department Supervisor, graduated this past June from Pacific Lutheran University with a BS degree in Nursing. Mrs. Charlene Crane, Head Nurse, and Mrs. Rose Hertz, Recovery Room Supervisor, graduated in August, 1967.

Attending school at present to obtain future degrees are:

Mrs. Regina Dickman, Mrs. Loretta Selle, Miss Shirley Trullinger, Miss Joyce Brandner, Miss Ruth Wallis, Miss June Halmo and Miss Margaret Barth.

Our congratulations to those who have already obtained their degree; and our best wishes to the ones who are working toward one.

PHYSICIAN-DENTIST FIELD DAY

FRIDAY, JULY 26, 1968

Golf
Fishing
Tennis

Sign Up With Chairman
Dr. Bill Rohner

GET RESOLUTIONS READY FOR WSMA MEETINGS IN SEPT.

This will notify you officially that the 79th Annual meeting of the Washington State Medical Association will be held at the Olympic Hotel, Seattle, September 22-25, 1968.

YOUR ATTENTION IS DIRECTED TO CHAPTER IV, SECTION 8 OF THE BY-LAWS WHICH PROVIDES THAT: MEMORIALS AND RESOLUTIONS MUST BE SUBMITTED TO THE SECRETARY-TREASURER THIRTY (30)

DAYS PRIOR TO THE FIRST MEETING OF THE HOUSE OF DELEGATES . . . ALL RESOLUTIONS AND MEMORIALS MUST BE SPONSORED AND SUBMITTED BY A MEMBER OF THE HOUSE OF DELEGATES AND MUST BEAR HIS OR HER SIGNATURE. (*The First Meeting of the House of Delegates will be Sunday, September 22, 1968.*)

Proposed amendments to the Constitution and By-Laws, Memorials and/or Resolutions must be received by the Central Office *no later than July 1, 1968*, if they are to be published in the House of Delegates Book.

Our Old Books On Way To UW Library; Brokaw Lauds Move

The University of Washington Medical School was immediately interested in our surplus journals and books, and sent over the Chief Librarian to survey the material. Immediate arrangements were made for the transport of journals and books, up to the past quarter century of publications, gathering dust for years in our Medical Society library.

I believe they took four truckloads of our precious tomes to their fine Health Sciences Library on the campus. The work of binding current material is now going forward and we should have good organization and reasonable size in our own library structure within the next few weeks.

There was no single communication from any doctor of this Society in response to my plea in this Bulletin pertaining to the library situation. Our President, Delicate Del Lambing, was certain that "the stuff would hit the fan" with the proposed removal of the material to the hands, and I should say, permanent hands, of the University of Washington School of Medicine. His fears have so far been unfounded.

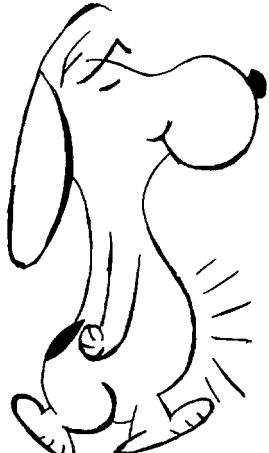
We hope that the resolution of our problem will meet with favor in the majority. Nothing has been destroyed and all is carefully preserved for reference at any time and, as many who know better than I will testify, rapid and friendly response of a variety of types when someone here requests material from the library on the campus.

—GLENN H. BROKAW, M.D.,
Chairman, Library Committee.



"I GUESS THE DOCTOR HAS DECIDED TO STOP BADGERING US FOR HIS FEE THIS BILL SAYS 'FINAL NOTICE'!"

Courtesy Medical Society Magazine Group



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Pierce County Medical Society

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98402

MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, Aug. and Oct.—6:15 p.m.
Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept., Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL
Last Monday of February, June, September and November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC ASSOC.
First Monday of October, December, February and April—8:00
p.m. at 424 South K Street.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and August
—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m. at Ceccanti's
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and August—
6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY
First Thursday of each month except June, July and August—
6:00 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Friday of March, June, September, December—7:15 a.m.
at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- STAFF OF NORTHERN PACIFIC HOSPITAL
Second Monday of March, June, September, December—
12:30 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY

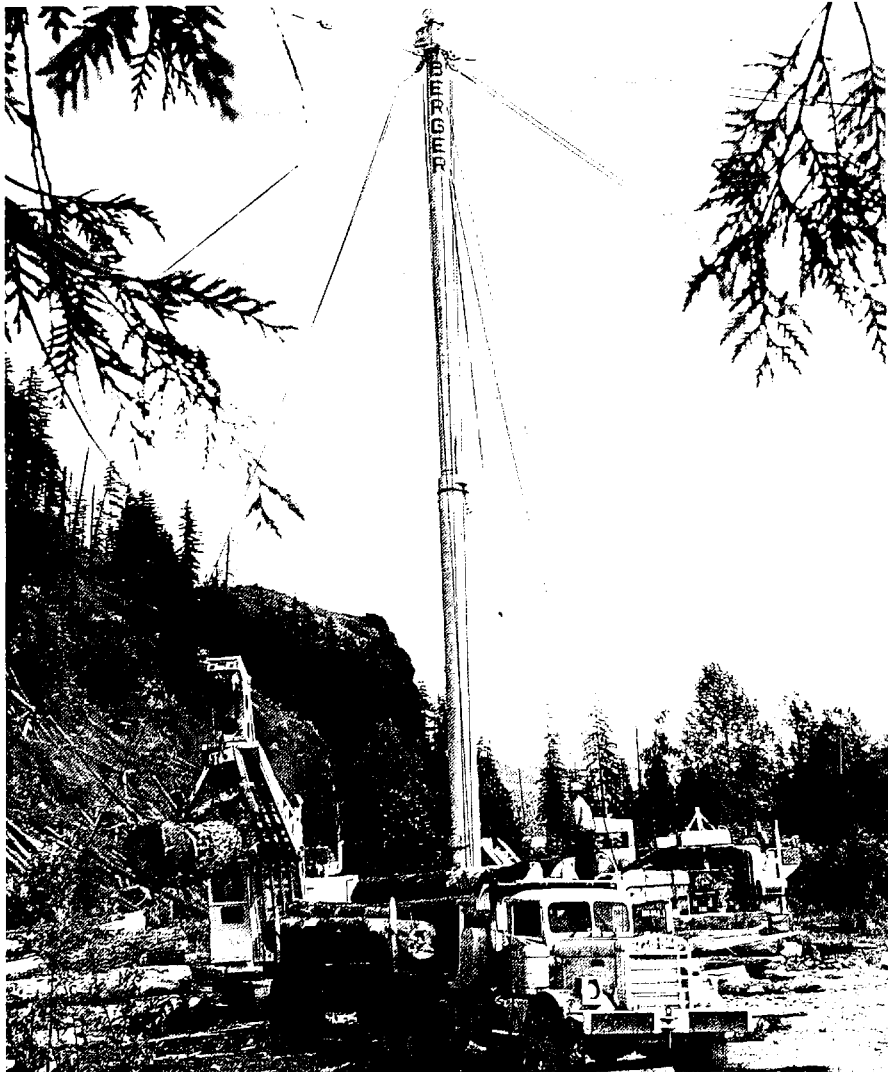


BULLETIN

VOL. XXXIX—8

TACOMA, WASHINGTON

AUGUST - 1968



PIERCE COUNTY MEDICAL SOCIETY

**NO MEETING
JUNE - JULY - AUGUST**

Pierce County Medical Society

1968

OFFICERS

President..... James D. Lambing
 President-Elect..... Wayne W. Zimmerman
 Vice-President..... Paul E. Bondo
 Secretary-Treasurer..... Arnold J. Herrmann
 Executive Secretary..... Judy Gordon

TRUSTEES

Samuel E. Adams..... Arnold J. Herrmann
 Paul E. Bondo..... Herman S. Judd
 Lawrence Brigham..... James D. Lambing
 Edwin J. Fairbourn..... Charles P. Larson
 Philip Grenley..... Arthur P. Wickstrom
 Theodore R. Haley..... Wayne W. Zimmerman

DELEGATES

Robert W. Florence..... Clinton A. Piper
 Kenneth D. Graham..... Charles C. Reberger
 James D. Lambing..... Frederick J. Schwind
 Wayne W. Zimmerman

ALTERNATE DELEGATES

Lester S. Baskin..... John S. May
 Charles J. Galbraith..... Frank J. Rigos
 Robert C. Johnson..... John M. Shaw
 George A. Tanbara

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 B. D. Harrington..... Merrill J. Wicks

Grievance

Charles P. Larson, Chairman
 Glenn G. McBride..... Frederick J. Schwind

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 Robert E. Lane..... Alfred L. Schultz
 Haskel Maier..... William L. Spaulding

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Robert M. Ferguson, Chairman
 James G. Billingsley..... James D. Lambing

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Glenn H. Brokaw, Chairman

Public Health

Joseph G. Katterhagen, Chairman

House and Attendance

Kenneth D. Graham, Chairman
 Russell Colley..... Haskel L. Maier
 Robert Klein..... Ernest L. Randolph

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 Philip H. Backup..... Robert D. McGreal
 Robert W. Florence..... Sherman S. Pinto
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 Charles E. Kemp..... Dumont Staatz
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 Bernard N. Ootkin..... Arthur P. Wickstrom

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William L. Rohner, Chairman

Diabetes

Richard F. Barronian, Chairman

Legislative

Ralph V. Stagner, Chairman

Geriatrics

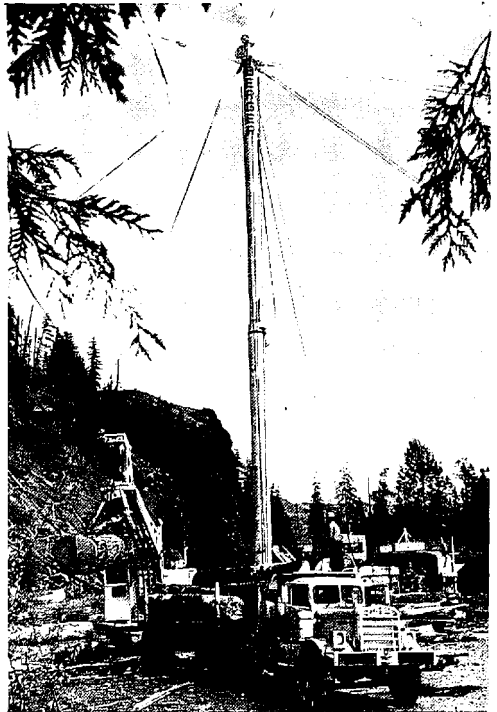
Charles R. Vaught, Chairman
 G. W. Bischoff..... Albert Ehrlich

Schools

Charles R. Bogue, Chairman

Mental Health

Kurt Brawand, Chairman
 James M. Blankenship..... James E. Hazelrigg
 Myron A. Bass..... Rene Gay-Balmaz
 Harold B. Johnston..... M. R. Stuen



COVER PICTURE: A modern "saw-pole" is this portable steel tower to which logs are dragged, loaded on trucks and taken to the sawmill. Photo courtesy of Weyerhaeuser Company.

Poison Control

Paul E. Gerstmann, Chairman
 Gerhart A. Drucker..... David L. Sparling

Program

James G. Billingsley, Chairman

Medicine & Religion

Charles E. Kemp, Chairman

Medicare

Wayne W. Zimmerman, Chairman

Sports Medicine

L. Stanley Durkin, Chairman

Rural Health

Lawrence P. Cutner, Chairman
 Carlisle Dietrich..... William W. Mattson, Jr.
 William P. Hauser..... Robert D. McGreal
 David T. Hellyer..... Clinton A. Piper
 Graham M. Watkins

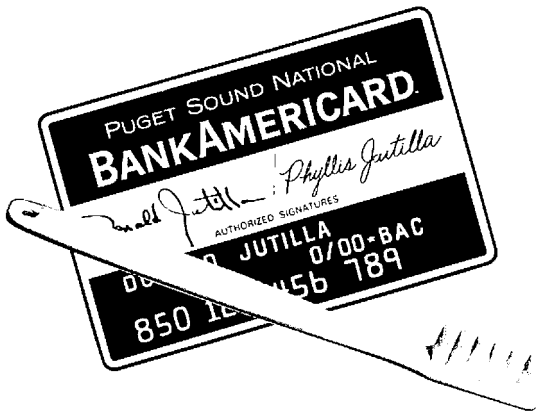
Traffic Safety

L. Stanley Durkin, Chairman

Bulletin Staff

Editor..... Stanley W. Tuell
 Business Manager..... Judy Gordon
 Auxiliary News Editor..... Mrs. Robert Johnson

Travel light.



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Many patients with hypertension may obtain the greatest benefit from HYDROMOX Quinethazone when it is given in a single daily a.m. dose of 100 mg. (two 50 mg. tablets). This dosage effectively reduces systolic and diastolic pressure, and reduces edema when present. We suggest continuing clinical evaluation over a 15-day period of therapy. If results are satisfactory, a reduction to 50 mg. (1 tablet) daily will usually be adequate for maintenance.

Precautions: Electrolyte abnormalities may be aggravated or produced. Caution is important during prolonged or intensive therapy and when salt intake is restricted. Hypokalemia has been mild and infrequent, and other electrolyte abnormalities rare. The possibility of potassium depletion and its toxic sequelae must be kept in mind, particularly in cirrhotics and patients receiving digitalis. As a preventive measure the use of foods rich in potassium, such as orange juice, may be desirable. Although not a thiazide, HYDROMOX may possess certain characteristics of the

thiazides. They have been known to cause jaundice with liver involvement and pancreatitis; hematological complications such as purpura with or without thrombocytopenia and leukopenia (neutropenia); increases of serum uric acid; decreased glucose tolerance as evidenced by hyperglycemia and glycosuria thus aggravating or provoking diabetes mellitus and azotemia in patients with renal disease; photoallergy. Discontinue use a few days prior to elective surgery. When added to a regimen that includes ganglionic-blocking agents, the dosage of these latter preparations should be reduced.

Also reduce dosage when one or more of these antihypertensive agents is added to an established HYDROMOX regimen. Contraindicated in anuria. Observe for possible hematologic complications. **Side Effects:** Skin rash; gastrointestinal disturbances (chiefly nausea), weakness, dizziness. These seldom require cessation of therapy, and can be relieved by reducing dosage or correcting electrolyte imbalance. **Warning:** Enteric coated potassium tablets have been implicated in small bowel lesions and should be used only when adequate dietary supplementation is not practical.



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HYDROMOX
1 page, Journal Ad

WSMA Meeting Time! Save Dates in Sept.; Golfers Get Ready

It's time to mark the calendar! September 22 to 25 are the dates set for the 1968 meeting of the Washington State Medical Association, just 30 freeway minutes from Tacoma at the Olympic Hotel in Seattle.

As in previous years, there'll be some preliminary meetings of some special Boards and committees on Saturday, the 21st, but the meeting will officially open for registration on Sunday morning, Sept. 22. Scientific and technical exhibits will be open that day, and the House of Delegates will hold its first session that afternoon. In the evening, the Family Banquet will honor 50-year practitioners of medicine.

On Monday, Sept. 23, the scientific program will get under way, with sessions for general practice and the various specialties. Monday will again be "Golf - Tournament Day", with the Sportsman's Stag Banquet in the evening.

Reference Committees Changing

A few years ago, reference committees — where every member has a chance to help thrash out the issues — met only on Tuesday afternoon. Last year, they started on Monday afternoon. This year, reflecting the increasing involvement of the physician in social,

economic and political matters, the reference committees are scheduled to start on Monday morning, with sessions going on in the afternoon and all day Tuesday if necessary.

Scientific sessions will continue on Tuesday, and special luncheon meetings will be held by the various specialty groups. In the evening, Dr. William E. Watts, upcoming Association President, will be honored at a reception, along with Mrs. Harry Bailey, new President of the Women's Auxiliary. The annual dinner-dance will follow.

On Wednesday, in a format change initiated last year, the House of Delegates will start its final session at 9:00 a.m., rather than the traditional afternoon time, in order to be sure that the session will conclude at a reasonable time.

The annual physicians' art exhibit will be on display throughout the 4-day meeting.

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BR 2-3268



trust

(trust) n. That which is committed or entrusted to one, as a duty, task, or charge.

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WASHINGTON**

President's Page

Doctor, how long has it been since you had a physical examination? St. Luke, himself a man of medicine, said, "Physician, heal thyself", but few of his 20th century colleagues take the time or trouble to find out if they have anything to heal. We consistently preach one thing to our patients and then fail to follow our own advice. As a group, physicians are most careless about their own personal health, partly because they haven't the time to live or die, and partly because they hate to take up an hour or so of another doctor's time knowing they will not be billed or allowed to pay for it.



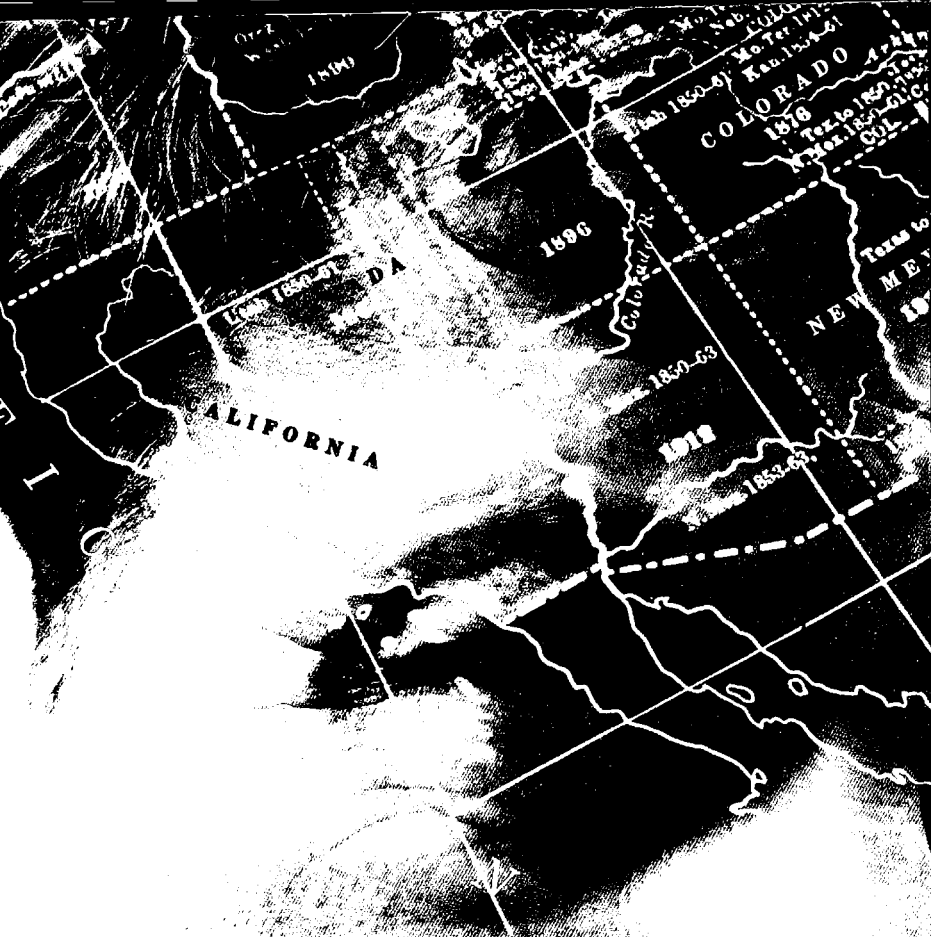
Wouldn't it be possible, as has been done in other areas, to organize medical and paramedical individuals to do a complete medical examination on all physicians who are interested? I think I can safely say the Academy of General Practice would be more than pleased to cooperate in such an undertaking. I'm also sure the Radiologists, Pathologists, and Ophthalmologists would be willing to take part in this project. The Society could bear the expense of printing forms, mailing reports, and perhaps the cost of X-ray film.

Of course, confidentiality would be the watchword. The physician could be identified by number and the names corresponding to these numbers known only in the Medical Society office. The findings could be screened by a group of three or four consultants and recommendations made. Follow-up appointments could then be arranged.

I'd like to see the Auxiliary take charge of such a program and confine it to about two weeks or so every year.

Let's have some comments.

—JAMES D. LAMBING, M.D.



in the West anxiety implosion...

The land frontiers of America are virtually closed. And personal struggle for survival has shifted—from man against nature—or man against man—to man against himself. Result: *dis-ease*—projected inward. Striving in the context of our competitive, consumer-oriented culture increasingly takes on the coloration of anxiety, acute or chronic.

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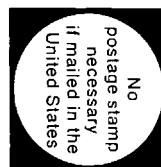
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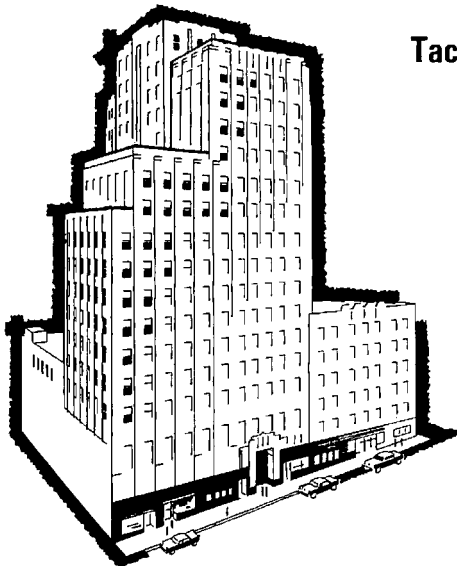
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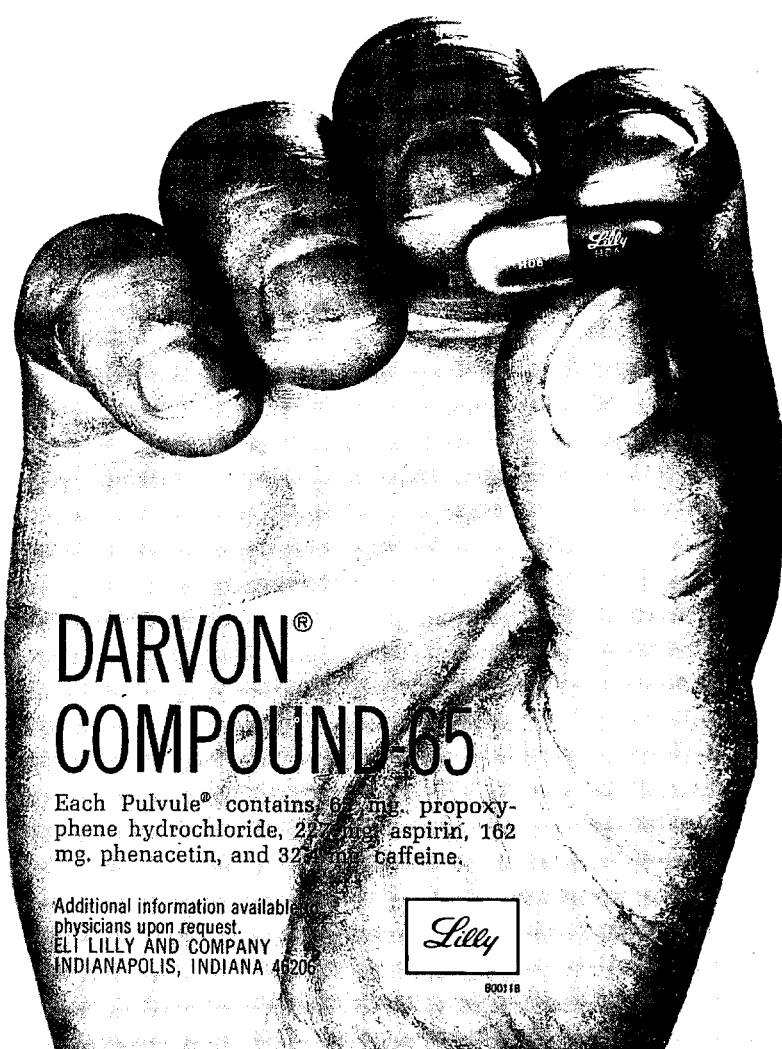
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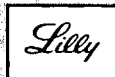
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Editorially Speaking

Those powerful empty seats will start non-voting again on September 10. There'll be 220 of them at each meeting of the Pierce County Medical Society during the coming year—they're the members who stay home from the Society meetings. Attendance averaged less than 100 last year.



Changing socio-economic-medical trends have made it more important than ever for doctors to pull their own oars to keep from being completely helpless in the tidal currents stirred up by the social planners. Yet, often those who complain the loudest in the coat rooms and at the lunch tables at the hospitals fail to come to the meetings to take part in discussions of issues.

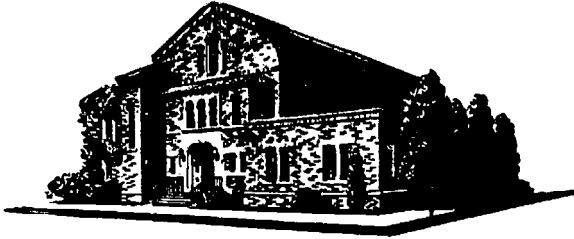
Admittedly, we have a Board of Trustees to take official action on most of the Society's policies. But fortunately, Dr. Larson last year initiated a policy of reporting Board decisions and problems to the Society each month, to keep the members more informed on the Society's policies, and to allow them to have greater voice in policy-formation. Unfortunately, only a minority of members is present to ponder the problems presented.

It's impossible to have every physician on boards, committees, and the like, but the two places where every individual physician can make his voice heard in shaping medical policies are: (1) The monthly County Society meeting at the County level and (2) the reference committee meetings at the annual meeting of the State Medical Association.

Come on out and help row.

—S. W. T.

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- 6 Maurice Origenes
David L. Sparling
- 7 Oris B. Houglum
- 8 Robert H. Bias
- 10 Max Brachvogel
- 13 Richard Vimont
- 15 Charles P. Larson
Hugo Van Dooren
- 16 Jerman W. Rose
- 18 Walter C. Cameron
Horace Thuline
- 19 William S. Sullivan
- 20 Ernest E. Banfield
- 21 Karl Staatz
Elmer W. Wahlberg
- 22 Harold F. Kahler
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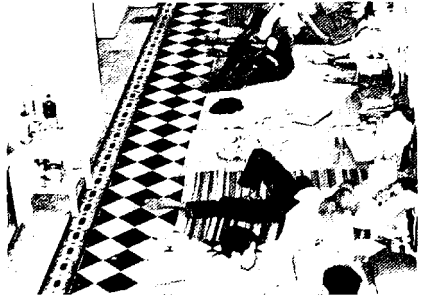
Children Losing War; Zimmerman Tells Of Vietnam Adventure

I know not who is winning the war in Vietnam, but I now know the civilians and children of South Vietnam are the major losers. I was assigned to Dung Thuong Province Hospital at My Tho on the Mekong River. On my first visit to the 425-bed, old French-built hospital, the smell was quickly overlooked as I saw fracture cases occupying the floors of the porches and noted that most of the shaky Vietnamese beds had two patients in each one. Many of the compound fractures were without traction, casts or splints. The Vietnamese "internists" seemed to control things, as the medical wards upstairs had stable American beds—some of them empty.

The Viet Cong Tet offensive in My Tho caused over 250 civilian deaths and over 1000 seriously injured civilians flooding the hospital. It was the residuals of Tet, plus the daily occurring casualties, that overwhelmed me on arrival. Fractures I treated had many causes—Viet Cong mortar blasts, road mines, ARVN night artillery fire, Jeep-pedestrian accidents, Honda motor bicycle fractures, and unfortunately, a fair number from American helicopter gunship fire, as many peasants would not move out of established free fire zones in spite of repeated warnings. Some children had typical both-bone fractures—the results of falling from mango trees. Minor orthopaedic problems were just not seen.

In the supply room I found adequate Kirshner wires and bows, Thomas splints and Pierson attachments, still in their original wrappings, but they had no orthopaedic frames, few pulleys and little rope. John Reid, a most cooperative USAID medical administrative advisor, obtained some crude lumber, an old Vietnamese hammer and nails. With

these I built crude traction frames that somehow supported the balance traction on femoral fractures. A cooperative Navy Seal kindly supplied me with 1000 feet of clothesline rope.



The Catholic sisters who cleaned the hospital and prepared food for the patients were upset by the size of my frames and soon my femoral fractures were moved to the back porch, which then became my traction ward. The patients might as well have been outside, for there were no screens and flies were everywhere. The hospital personnel left by 4:30 p.m. and the patients' families then took care of the patients. The families lived under and around the back of the hospital, using the adjacent grounds for a public toilet. Fortunately, I was unable to record the morning aroma. Incidentally, formed stools are a rarity in Vietnam, probably due to lack of dairy products and bugs in the water.


I had no portable X-ray on the wards or in the cast room. Fracture alignment was based solely on clinical visual judgment. The X-ray department, when operating, had only a 30 milliamp unit. The cast room had an electric cast cutter and an old tabletop portable spica table. A makeshift sling helped prevent posterior bowing. If I developed any oriental patience, it was because of the 6" slow-setting plaster of paris, requiring 25 minutes to set.

The first few weeks I was actually an orthopaedic "janitor". I had to "clean up" the compound fractures and deeply


(Continued on Page 17)

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(Continued From Page 15)

infected wounds on patients previously operated by a Vietnamese physician and a Filipino surgical team (only one of whom had any surgical training). Because of the flies, they believed it was best to close the war wounds instead of following the U. S. Army routine of open treatment, packing and secondary closures. I removed their sutures, drained the wounds and casted the compound fractures they had sent to the wards in wire splints, or no splints at all. I saw cases of gas gangrene and actual tetanus.

One young Vietnamese physician, Bacsí Bien, who spoke good English and was anxious to learn, saw the merit of primary open treatment. I showed him how to use the Brown Electric Dermotome and hope he continues to use it. I have much faith in the younger Vietnamese physicians. Too many of the older ones have already fled to France.

I saw quite a few patients die, some with wounds that proper drainage could have saved. Oxygen and suction were available only in the small recovery room, which took care of only six patients at a time. Patients with head injuries lived, or died, without benefit of neurosurgery. Transfusions were difficult to obtain. In Vietnam a unit of blood is 250 cc.

There was a good supply of antibiotics, intravenous fluids and basic drugs, supplied through American channels. (The Viet Cong also seemed to have a good supply). Tetracycline was one of the prized drugs on the black market. Outpatients were therefore provided with only a three-day supply of ANY medicine to lessen the amount potentially going to the Viet Cong. It seemed impossible to prevent hospital personnel from stealing portions of the drug supply.

No medical-legal problems complicated treatment and there were no whiplash syndromes. They were most appre-

ciative for anything done for them as they probably never had anything better. The children were particularly attractive and surprisingly easily entertained. Toys were scarce so they made clever animated toys by tying large beetles to bent wires shaped like airplanes and suspending them from a piece of string. Far too many of them had become orphans. Nguyen Tu Juan was one, now alone at age 10. He took



care of his younger brother on the pediatric ward, then stayed on to work there. He had learned one English sentence—"Please may I watch TV tonight"—and surprisingly our compound had a TV set, as did many poor looking Vietnamese shacks.

The windows of the cast room were often filled with the eyes of inquisitive children. They were learning that orthopaedics really consists of merely throwing on a lot of plaster of paris, then making a window and dressing wounds. Fortunately, they weren't close enough to see some of the old-fashioned maggots crawling under some of the smelly casts. A good can of ether often was used to solve this problem.

Incongruities were common. I took a picture of a senior Vietnamese in Mandarin garb standing next to his shiny motor bicycle, the Vietnamese status symbol. Though the city was dirty, the countryside was beautiful. It was low, level fertile country, crisscrossed with canals and a large lazy, curving Mekong river. There were numerous coconut palms, banana trees, well-



aligned, flooded rice fields. I enjoyed two trips deep into peasant country on navy Medcap trips aboard Fiberglass gun boats built in Bellingham. Purpose of these trips was to visit remote villages and hold sick call as shown in the picture. My main prescription was Prell shampoo and worm pills, but that is another long story.

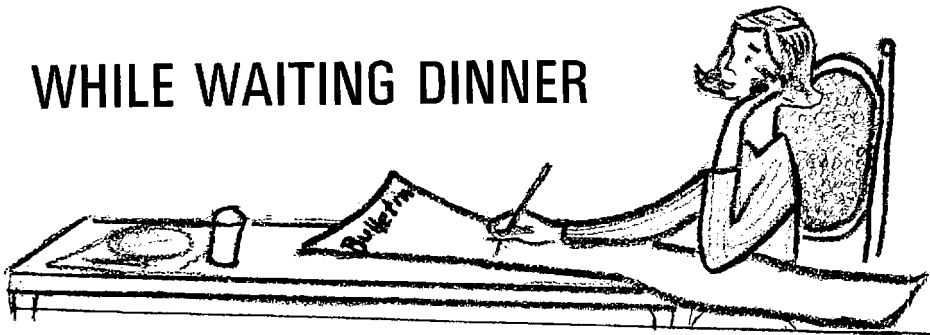


I probably gained much more from my experience with the Vietnamese people than I was able to contribute to them. Only peace can solve their major suffering and at the same time save many American lives. It can't happen too soon. Some hope seems justified by the developing rehabilitation and amputation centers and by the new Medical school in Saigon.

—WAYNE D. ZIMMERMAN, M.D.

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ters by enjoying the beautiful greenery out-of-doors.

Auxiliary business is really at ebb tide. Our thoughts are occupied with those specialties of summer . . . family vacations, house-guests, small campers, and summer-job children, to name a few.

CENTER AISLE MARCH

Summer weddings are being planned by some of you busy mothers. Jeanne Judd is occupied with the details of an August 24th wedding for Marjeanne, while Ina Rowen is doing a "double-take" with Leslie's wedding on August 2nd and Nancy's following on September 15th. Jean Colley is getting daughter Karen ready for orange blossoms and rice on August 31st and Jeanne Vadheim will be adding another lovely daughter to her family when son, James weds Robin Jill Leonard in Burien August 3rd. Another beautiful wedding just past was that of Hazel Whitacre's daughter.

Four pretty daughters have engulfed the Bernard Rowen family with summer activities. As if two weddings weren't enough excitement, daughter Patty is dancing with the Joffrey Ballet

(Continued on Page 21)

August again? I certainly was not ready to relinquish July . . . how about you? Summer in Puget Sound country is that lovely, lyrical time of year when we reap the harvest of our drippy win-

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(Continued from Page 19)

in their Tacoma and Seattle appearances, and youngest daughter Peggy, 13, was chosen to accompany the University of Washington gymnastics team on a six-weeks tour of the Far East.

Peggy was chosen because of her past record of excellence in competition during her gymnastic participation with the YMCA group in Seattle. Peggy is by far the youngest member of the group making the tour. We'll be watching for Peggy in the 1972 Olympics!

242, WE LOVE YOU

If you all felt like I did that Initiative 242 was our special baby, you deserve to share in a mother's pride when you learned it went over the top with enough signatures to qualify it for the November ballot. To borrow a popular slogan, "Never underestimate the power of a woman," I feel this applies to Medical Auxiliary members statewide who assisted in gathering signatures for this initiative. It seems initiatives can't make it without effective organization. We had that, and we had enough dedicated people, and an adequate supply of funds from the WSMA to put this over the top. Congratulations, gals, with special applause for our local organizers, Ellen Pinto, Stephanie Tuell, Lorna Burt, Dorothy Grenley and Emilie Irvin. Don't relax yet, however. Talk it up for a "YES" vote in November.

A DATE TO CIRCLE

Riffle the calendar pages ahead to November and circle Thursday, November 7. That's the day we'll be bringing friends to the Tacoma Country Club for our fall fashion sortie. Goodies from Lou Johnson will be the main attraction. Jeanne Vadheim and Carol Hopkins are the working twosome in charge. Time and details will be announced later.

TALENTED HOBBYISTS SPEAK UP

A reminder again about our need for delegates from Pierce county for the September meeting of the WSMA in Seattle. President Dorothy Grenley has had a request from Mrs. Del Ulrich, chairman of the Monday evening Auxiliary dinner at the Harbor Club. She would like volunteers to display their unusual hobbies as a part of the program. A notable contribution should come from the talent in our midst. Please get on the phone and tell Dorothy you'll be there.

GLOBE TROTTER

Travelling Betty Gullickson is departing August 19th for six weeks of foreign adventure. Her itinerary will include Jugo-Slavia, Rumania, Russia and Finland. The latter part of her trip will be devoted to a tour of southern Europe including Spain, Majorca, and Portugal. Good flying, Betty!

Lots more of you must be travelling to far places and doing exciting things. Let me know. I do know that the Lawrence Smiths are settled in their Gravelly Lake home and getting acquainted with their neighbors.

DR. GINNOT TO THE RESCUE

Try Dr. Hiam Ginnot's child psychology on your husband. I did. What I said was, "You WISH you could have a piece of boysenberry pie, don't you? I WISH you could, too, but boysenberry pie makes people FAT." Yes, I ducked. See you next month.

—Inez M. Pipe.

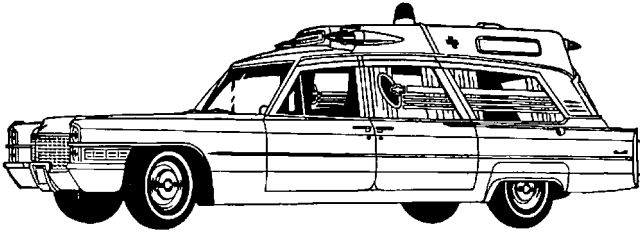
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Writers' Workshop members enjoying a poolside party at the home of Dr. Herman Judd. Commanding General Richard Crone of Madigan Hospital, Dr. Judd and Dr. George Race.

"Doctors seem to lean more to writing than does any other professional group. Somerset Maugham, Oliver St. John Gogarty, William Carlos Williams and A. J. Cronin—to name but a few—have made significant contributions to literature in our own day." This is the opinion of a notable author, Dr. Frank G. Slaughter who, after practicing medicine for a number of years, turned to writing as a full time profession after World War II, and now has had forty-nine books published.

Dr. Slaughter is famous for his historical, medical and biblical novels which sell over three million copies yearly, including book club and paperback reprints. They have appeared in twenty foreign languages. His recent novel, *DOCTORS' WIVES*, has been sold to Columbia Pictures, and his latest book, *SINS OF HEROD*, was published by Doubleday in June.

Pursuing his subject of doctors in literature, Dr. Slaughter says, "My own feeling is that the breadth of understanding of others and the interest in his fellows which a physician naturally possesses if he is worth his salt, fit him almost as much to delve into human

souls as does the intuitive understanding of human character that distinguishes the great novelist."

This author is one of the few hundred novelists who are able to make a living from their writings and he answers the question as to how he could give up the active practice of a lucrative profession for the uncertainties of writing. "When I turned from medicine to free lance writing," he said, "I promised my wife that whenever my prospects in writing did not seem as rosy as I was certain they would be in active practice, I would seriously consider returning to active surgery." He continues, "With my books now regularly published in some twenty countries, my income expectancy is roughly what it would be at this point had I continued in my surgical career." Obviously, Dr. Slaughter is first of all a story-lover, (a requisite for all writers), and has become a great storyteller.

Some Tacoma physicians, who have not yet given up medicine for writing, but manage to combine the two quite successfully, are Drs. George Race, Herman Judd and Gerhart Drucker. Call it a hobby, call it relaxation, call it mental gymnastics . . . whatever you call it, these men write articles, not always of their medical specialties, but on all kinds of interesting subjects, including hobbies, travel and personal experience.

Interested in writing, Dr. Race and Dr. Judd have been perfecting their skill in Writer Rega McCarthy's classes at Clover Park Community College. Last year Dr. Race held the presidency of the Tacoma Writers' Club, an active group with over one hundred members. We've read Dr. Race's articles in the Tacoma Tribune, and although not too many people know it, he has several chapters of a forthcoming book well on the way.

(Continued on Page 24)

AMPAC, 1968

You saw it live on TV this past month. Both the Republican and Democratic State Conventions were held and both were apparently fraught with illegalities. They certainly portend the future of the political races this year. I'm sure we will see more candidates from both political parties with widely divergent ideas fighting it out.

The news media coverage this year will be bigger and better than ever. This month they will be zeroing in on the National Republican and Democratic Conventions. It will be well worth your time to watch at least part of the "picking of a President."

The selection of a President has taken on direct action right here in Tacoma. "Citizens for Humphrey" have opened their headquarters on Pacific Avenue. Also locally we have different headquarters for those running for governor and even the congressional candidates for the Sixth District are busy.

AMPAC likes to see all this political action because it gives us all a chance to get a better look at those people who are asking us to trust in their integrity by giving them our vote. However, what is even more important is that all this activity helps to bring the bystanders into the political arena. Action is intriguing and people go from the fringes to see just what is really going on.

AMPAC wants each and every one of you in the center of the action. Dues are important, but so is political participation. AMPAC is asking you to extend yourself for just the next few months to give visible proof that you are concerned about the direction your country is taking. As we said above, there are many candidates running—pick one and run with him!

THOMAS H. SKRINAR, M.D.
Chairman, AMPAC
State of Washington

(Continued From Page 23)

Dr. Judd writes short stories, and poetry. He and his wife, J have plans to collaborate on a Jeanne is working behind the researching for it but both will actual writing.

Dr. Drucker, also a member of Tacoma Writers' Club, has published poetry, some of which we enjoy in Pierce County Bulletin.

Editor of the Bulletin for the five years, Dr. Stanley W. Tuell together a well-organized monthly azine while writing news stories comment in its pages. Dr. Tuell also an interest in narrative writing, ing studied it in college. He has written juvenile stories, and even sold on

Other by-lines noted in the local are Dr. David Goodson and Dr. Florence Skinner, both of whom have flair for travel writing and photogra

Medical and technical articles course, constitute the bulk of physical writing. There is a great need for them and many outlets for their publication. Several monthly medical magazines sponsor contests for articles on subjects of special interest to physicians and their families. Glamorous expense-vacations are often the reward for best of these articles. A prize worth thinking about.

Those of you who often say, "I wish I'd written that," why don't you . . . probably are the one who could do

—INEZ M. PIPE

**HAVE YOU SENT IN YOUR
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Tacoma M.D.'s Can Shine Again With Original Art Works

Tacoma doctors, who have come on strong in previous Art Exhibits, are again invited to submit their works of art for showing at the Physicians' Art Exhibit at the Annual Meeting of the Washington State Medical Association in Seattle on September 22-25.

All types of artistic efforts are invited for showing in the non-competitive exhibit—oils, water colors, sketches, pen and ink, pastels, graphics, sculpture or salon photographs. Either color or black and white photographs are requested and should be mounted on 16"x20" exhibit board.

Physicians interested should report to one of the two following co-chairmen with information about their entries for the exhibit:

Edmund H. Smith, M.D.
WSMA Physicians' Art Exhibit
3434 Cascadia Avenue South
Seattle, Wash. 98144
Phone: PA 2-5688

Albert J. Bowles, M.D.
WSMA Physicians' Art Exhibit
448 Stimson Building
Seattle, Wash. 98101
Phone: MA 2-0906

Save 242 Data! 'Implied Consent' Not Law 'Til Nov. Vote

Don't throw away those Initiative 242 information pamphlets! Those indefatigable helpmates in the Women's Auxiliary helped with the first phase of the battle for the Implied Consent law by filing 122,104 signatures in Olympia by the July 5 deadline. This assures that the initiative will be on the ballot in the November general election.

But that means that phase two of the battle will have to begin before long—the battle for a winning vote in November. The information pamphlets were designed for use with the final campaign, so don't discard them.

Physicians are urged to continue to educate their patients regarding the intent and function of the initiative. The measure is aimed at the drunken driver, who takes such a toll of innocent victims every year in this state. It will actually serve as some protection for the moderate social drinker, who has had a few drinks that might make an odor to his breath but not enough to impair his driving efficiency. The "breathalyzer" test authorized by the implied consent law will help to prove that such a person is not intoxicated to a dangerous level.

To The Editor:

I wish to have this published so that it can be discussed more fully among members of the Society.

We had several calls from Medicare asking specifically what medications or what treatments we have been giving patients.

I feel that diagnosis is all Medicare should be asking, and I consider that

the treatment of a disorder is the concern only of the doctor and the patient.

It would certainly be a bad policy if we started permitting Medicare to question what treatments are being given, etc. This would certainly be a definite wedge which they would be more than delighted to drive into the doctors a little further than it has already been inserted.

Sincerely yours,
RODGER S. DILLE, M.D.

Here's your list of official—

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(Whenever a potential Cook Book buyer turns up, check the list below for the Cook Book Station nearest you.)

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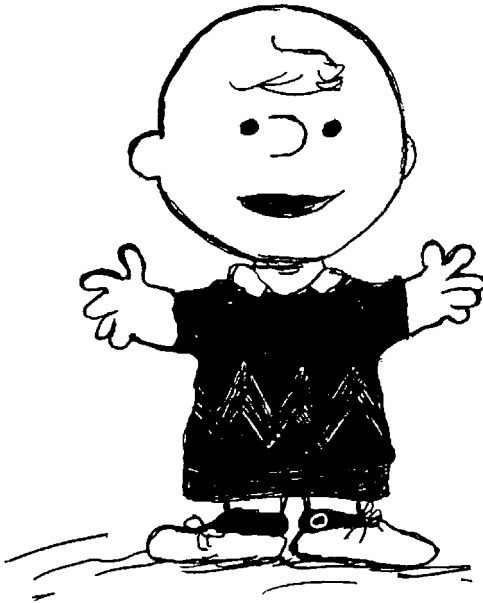
Sumner

Mrs. John Kemman, Rt. 1, Box 617-B.....	UN 3-7231
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Tacoma

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Mrs. George A. Tanbara, 710 N. Yakima Ave.....	BR 2-5235
Mrs. Stanley W. Tuell, 3650 Browns Pt. Blvd.....	WA 7-1117
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Here's Wayne Zimmerman in Veit Nam. See page 15 for his report on his tour of duty there.





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TACOMA WA

98405

MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, July and Oct.—
6:15 p.m. Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept. Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL
Last Monday of February, June, September and November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC
ASSOC.—First Monday of October, December, February
and April—8:00 p.m. at 424 South K Street.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and
August—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m. at Ceccanti's
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and
August—6:30 p.m. at Honan's
- PIERCE COUNTY PEDIATRIC SOCIETY
First Thursday of each Month except June, July and
August—6:00 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Friday of March, June, September, December—
7:15 a.m. at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- STAFF OF NORTHERN PACIFIC HOSPITAL
Second Monday of March, June, September, December—
12:30 p.m.

The

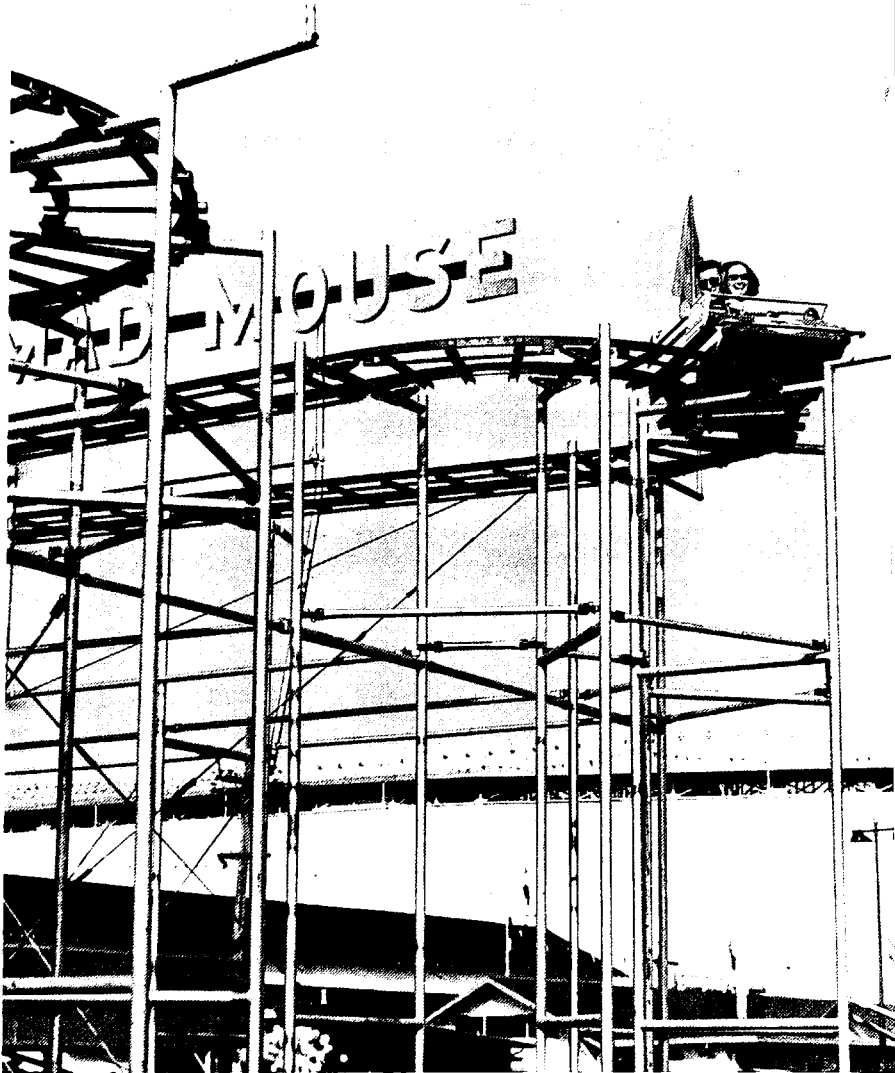
PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

VOL. XXXIX—9

TACOMA, WASHINGTON

SEPTEMBER - 1968



SMA MEETING
SEPT. 22-25

PUYALLUP FAIR
SEPT. 14-22

PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
SEPTEMBER 10**

Pierce County Medical Society

1968

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President.....James D. Lambing
 President-Elect.....Wayne W. Zimmerman
 Vice-President.....Paul E. Bondo
 Secretary-Treasurer.....Arnold J. Herrmann
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 Kenneth D. Graham
 James D. Lambing

Clinton A. Piper
 Charles C. Reberger
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September Birthdays

- 4 Myra Vozenilek
 6 John S. May
 8 James P. Duffy
 Antonio Herrera
 10 Max S. Thomas
 11 Charles R. Bogue
 Marion M. Larsen
 Michael Lovezzola
 Gordon Parrott
 Daniel J. Thomas
 12 Myron A. Bass
 13 Eldon C. Blizard
 Robert O. Brettell
 16 Francis W. Hennings
 19 Cyril V. Lundvick
 22 J. W. Bowen, Jr.
 23 Thomas H. Skrinar
 24 Walter L. Sobba
 26 Carl N. Ekman
 27 Arnold W. Johansson
 Stanley A. Mueller, Jr.

COVER PICTURE: The Western Washington Fair in Puyallup starts its 9-day run on September 14.

Poison Control

Paul E. Gerstmann, Chairman
 Gerhart A. Drucker
 David L. Sparling

Program

James G. Billingsley, Chairman

Medicine & Religion

Charles E. Kemp, Chairman

Medicare

Wayne W. Zimmerman, Chairman

Sports Medicine

L. Stanley Durkin, Chairman

Rural Health

Lawrence P. Cutner, Chairman
 Carlisle Dietrich
 William P. Hauser
 David T. Hellyer

William W. Mattson, Jr.
 Robert D. McGreal
 Clinton A. Piper
 Graham M. Watkins

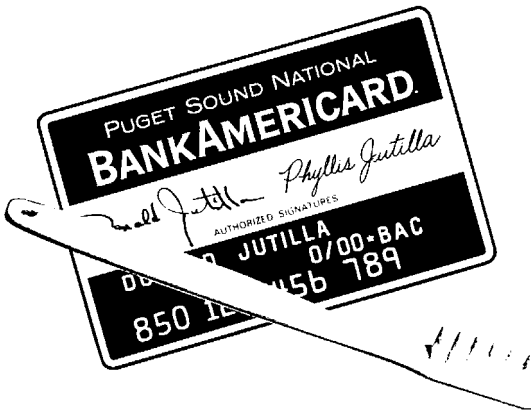
Traffic Safety

L. Stanley Durkin, Chairman

Bulletin Staff

Editor.....Stanley W. Tuell
 Business Manager.....Judy Gordon
 Auxiliary News Editor.....Mrs. Robert Johnson

Travel light.



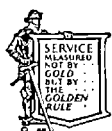
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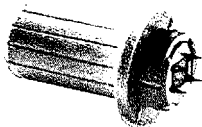
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Lederle Laboratories, Pearl River, New York 10365. 406-B

September Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3 Staff of Tacoma General 6:30 p.m.	4 Surgery Grand Rounds—T.G.H. 8-9 a.m.	5 Pierce County Pediatric Society 6:00 p.m.	6	7 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
9 Staff of Northern Pacific Hosp. 12:30 p.m. — Staff of Good Samaritan 6:30 p.m.	10 PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M.	11 OB-GYN Conf. T.G.H. 8-9 a.m.	12	13	14 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
16 Staff of St. Joseph's 7:30 p.m.	17 Tacoma Surgical Club—6:30 p.m.	18 Medicine Grand Rounds—T.G.H. 8-9 a.m.	19	20 Staff of Allenmore Hosp.—7:15 a.m.	21 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
23 Pierce County Academy of General Practice 6:30 p.m. — WSMA Annual Meeting—Seattle	24 Tacoma Acad. of Internal Medicine 6 p.m. — WSMA Annual Meeting—Seattle	25 Path. Cancer Conf.—T.G.H. 8-9 a.m. — WSMA Annual Meeting—Seattle	26	27 Staff of M. Bridge 12:15 p.m.	28 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
30 Staff of Mt. View General					

Grand Rounds—Mt. View General Hospital—Every Saturday 9 to 10 a.m.

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(trust) n. That which is committed or entrusted to one, as a duty, task, or charge.

Now may be the time to pay a visit to a Trust officer at Bank of Washington.

He and your attorney can often help strengthen your financial future and the future of those close to you.

Trust service is a personal service. Experience is always available to you

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President's Page

I have wondered if the Medical Society shouldn't give serious consideration to making a change in our nominating and election procedures. At the present time, two nominating committees are responsible for presenting a slate of candidates who are willing to run and serve if elected. There is a very serious drawback to this method especially where the more senior positions are concerned. Most fellows are reluctant to run again if defeated, which often is by a very few votes, and thus the Society loses by not being able to utilize the ability of these men. Would it not be better to pattern our elections after the State Association where one nominating committee presents a slate of officers to the membership for its approval. Of course, additional individuals could be nominated from the floor. It seems we might get people who would be willing to give the time necessary to serve the Society with more interest and enthusiasm. On occasion there have not been enough members of the Board present to conduct Society business.



I hope the Board of Trustees will give serious thought to this proposal and any comments pro or con would be most welcome.

Congratulations to the Auxiliary and the physicians for a job well done on qualifying Initiative 242 for the November general election. At the last count, an excess of signatures required had been submitted.

Don't forget the Annual Meeting in Seattle. Let's see a good turnout from Pierce County.

—JAMES D. LAMBING, M.D.

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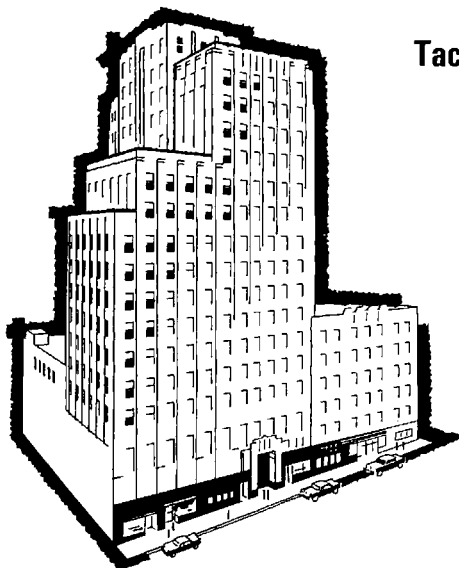
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Editorially Speaking

Doctors Unprepared For Local Disaster; Many Lives Lost

Here's hoping the above headline will never occur in Tacoma papers.



But don't underestimate the possibility that such a headline could occur, despite the sincere and thorough efforts of our Civil Disaster Committee, chairmanned by Dr. Charles M. McGill.

It takes more than a committee to care for casualties in a disaster—it takes a cooperative effort by large numbers of practicing physicians in the community as well. Dr. McGill's committee has worked out the details for us, after conferring with Dr. Paul Bondo's Emergency Room Committee, but physician assignments must be carried out if casualties are to be properly cared for should disaster strike.

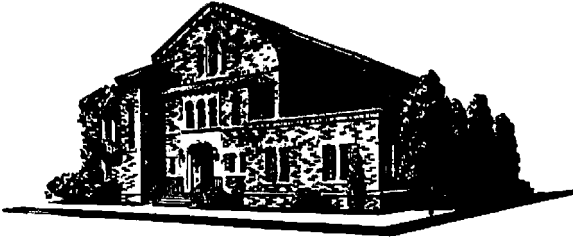
Where are you assigned in case of disaster in Tacoma? If you don't know, better turn to page 16 in this *Bulletin* and find out to which hospital you report for duty. These assignments are so important that the list will be carried again in the October *Bulletin*, and it is hoped that each physician will memorize his own disaster assignment.

If Tacoma doctors make the headlines when a disaster occurs, here's hoping the headlines will read like this!

Tacoma Doctors Show Skill, Efficiency in Recent Disaster

—S. W. T.

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**Who Represents You
At State Meeting?
Delegates Listed**

Do you know who represents you in the State Medical Association? The 7 delegates who represent the Pierce County Medical Society at the State House of Delegates meeting each year are elected by the Society membership for two-year terms. The President and President-Elect of the Society are automatic delegates, included in this total. Pierce County has further representation when the House of Delegates elects physicians from this area to serve on the Board of Trustees.

Pierce County's delegates are:

Robert W. Florence	Charles C. Reberger
Kenneth D. Graham	Frederick J. Schwind
James D. Lambing	Wayne W. Zimmerman
Clinton A. Piper	

Alternate delegates are:

Lester S. Baskin	John S. May
Charles J. Galbraith	Frank J. Rigos
Robert C. Johnson	John M. Shaw
	George A. Tanbara

Trustees in the State Association are Dr. Charles P. Larson, Vice President, and Stanley M. Tuell and Douglas P. Buttorff, Trustees.

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PRESIDENT DOROTHY GRENLEY'S LETTER TO MEMBERS

Dear Doctors' Wives:

The last of the eleven out-of-town guests that we have entertained since summer vacation began, has finally departed. To say that we are suffering from the "back to school" syndrome (you may interpret this as you wish) is putting it mildly. All our visitors were young adults who accepted the invitations generously extended by our three children attending Eastern universities.

There were but a few "minor crises." Two guests chose to remain during our trip to the Shrine Convention in Chicago. Our housekeeper of five years suddenly decided to return to her home in Missouri. Our 12-year-old son shared sleeping quarters with the bats in his treehouse because all nine beds were occupied! But suffice to say, Philip and I are proud to report that the prognosis for THE FUTURE is excellent. And that in spite of the disenchantment reflected by some of our more vocal newspaper writers, the average draft age male is disapproving of the Vietnam war, but remains fiercely patriotic. He scoffs at the formality of convention, but has an excellent sense of moral values. He has an interest in, and is knowledgeable of the arts, history and social problems. His bare feet, curly hair, and unkempt appearance are not to be confused with his vigor, enthusiasm, and concern for all people.

Confident that our young adults can handle their own well being, my thoughts turn to Auxiliary and to our involvement as responsible, responsive women. Please, PLEASE, take the time to fill out this questionnaire and return it as soon as possible to me at: 40 Loch Lane, S.W., Tacoma 98499.

—DOROTHY GRENLEY

Continued on Page 29

"Private Practitioner At Heart" - McNutt New Health Director



Harlan P. McNutt, M.D.

The switch from the private practice of psychiatry to the role of Medical Director of the Tacoma-Pierce County Health Department may seem like a big one to some observers, but for Dr. Harlan P. McNutt, the transition has been smooth and easy. One reason is his previous experience in public health when he worked with the Oregon State Board of Health, though most of this was in the psychiatric field.

When one of Tacoma's most eligible bachelors took over the Department 3 months ago, he found that outgoing director Dr. Ernest Kredel left a smooth-working organization. Dr. McNutt took over on June 1, and has found the staff most cooperative and is thus far highly pleased with his new position. He has made no personnel changes except to add to his staff an assistant director, Dr. Walter Herron, who interned at Tacoma General Hospital some 15 years ago.

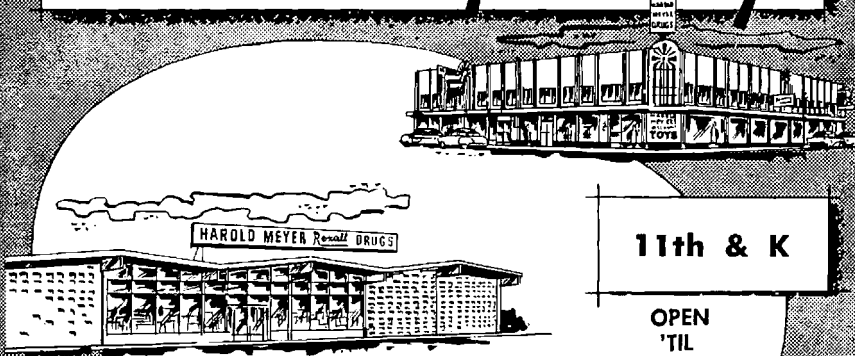
(Continued on Page 19)

	TACOMA GENERAL	ST. JOSEPH'S HOSPITAL	MOUNTAIN VIEW GENERAL HOSPITAL	MARY BRIDGE CHILDREN'S HOSPITAL
Medical Coordinator	Florence Wickstrom	Cordova Vimont	Albison	Kemp Hellyer
Assistant	Backup & Associates	Pratt & Associates	Guilfoil	Goodson
Anesthesia	Bischoff Brokaw Dye K. Graham Houtz Williams	Archer Arnold Brooke Eitrich O'Leary Smeal West	Blankenship Comfort Marlatt Schwind Sobba	Pim
General Practice	ER--MD's	H. Anderson Ekman O'Connell Race Rowen Whitacre	Barronian Huff Lane	T. C. Assignments
Internal Medicine	Billingsley Fairbourn Harris Houser	Avery Baskin Burt Galbraith Garzon Murphy Ritter	Haley Kantar W. Smith	T. C. Assignments
General Surgery	Annest M. Johnson Mattson Piper L. Smith D. Thomas Tuell Vadheim	Staatz Grenley Camp Mandeville	Zimmerman Osborne Brachvogel	Miskovsky Stagner Kilborn
Orthopedic Surgery	Mueller Peterson			
Urology	Stagner			
Ophthalmology	Baer P. Smith, Jr.			
Otolaryngology	All on call at all Hospitals			
Neurosurgery	Dimant, Durkin on call at all Hospitals.			
Plastic Surgery	Alger, Banfield, Stilwell on call at all Hospitals			
Obstetrics/Gynecology	Bass Huish	Houghlum Lawley	Buttorff	
Pediatrics		Ellis Kittredge	Tambara	Brigham Origines Schneller
Radiology	Maki Rigos	Flynn Rohner	Kenney	Gross & Associates
Pathology	Larson & Associates	Cordova Vimont	Apa	Larson & Associates

	DOCTORS HOSPITAL	ALLENMORE HOSPITAL	NORTHERN PACIFIC HOSPITAL	GOOD SAMARITAN HOSPITAL	LAKEWOOD HOSPITAL
Medical Coordinator Assistant	Bondo		Skinner		Hoyer
Anesthesia	Dean	Cobb	R. N. Staff	V. Murphy	Maddalosso Morley
General Practice	Hazring Lanierre McBride Reynolds Vrak Adams	Ferguson Klein Sever	Merrick Skinner Stevens		
Internal Medicine	Dille Maddison	C. Anderson Katterhagen			Early Krueger Mayer Morain
General Surgery	Niethammer Ritche Willard		E. Anderson	Gibson Lovezzola L. Smith	R. Johnson
Orthopedic Surgery	Gilman	Cramer	Staatz Gilman		Lyle Marx
Urology	Kennedy				
Ophthalmology	Bowen Spaulding	Colley			
Otolaryngology	All on call at all Hospitals				
Neurosurgery	Dimant, Durkin on call at all Hospitals.				
Plastic Surgery	Alger, Banfield, Stillwell on call at all Hospitals				
Obstetrics/Gynecology	McNerthey				
Pediatrics		Bader		Gerstmann Moses	Spauling
Radiology	Harrington	V. Larson	Barnes	Jarvis	M. Vozentlek
Pathology	Reberger	Reberger	Larson & Associates		Larson & Associates

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(Continued From Page 15)

Dr. Kredel left the position to take up a new post as Director of Communicable Disease Control in Panama.

Still considering himself "a private practitioner at heart", Dr. McNutt expresses concern over the manner in which many private physicians have abrogated their responsibilities in regard to their attitude toward and participation in public health and medical-social changes in the manners of provision of good health care to the community. He has a keen awareness that his job is to serve the community in regard to its health needs, and solicits the cooperation and advice of all physicians in private practice in the conduct of his new office. He also expresses great concern that physician lack of interest in social-medical-public health problems may enhance the tendency for non-physician health-planners to work out solutions without proper consultation from the profession that really knows more about health care than any other group.

The *Bulletin* congratulates Dr. McNutt on his new assignment and invites him to use this publication as a means of frequent communication with the physicians of Pierce County.

St. Joe's Picnic Goes Over Big; Dr. James Passes Out Goodies

St. Joseph Hospital's annual picnic for doctors and staff employees was a big success again this year. Doctors, employees, children and even pets were on hand for the affair at Five-mile Lake on Wednesday, July 17.

Handing out hot dogs, pop, ice cream and other refreshments all afternoon was the traditional genial chairman of the event, Dr. Frank James, ably assisted by his wife and 7 children from 5 to 15 years of age. Appetites were whetted by several impromptu games of baseball and volleyball.

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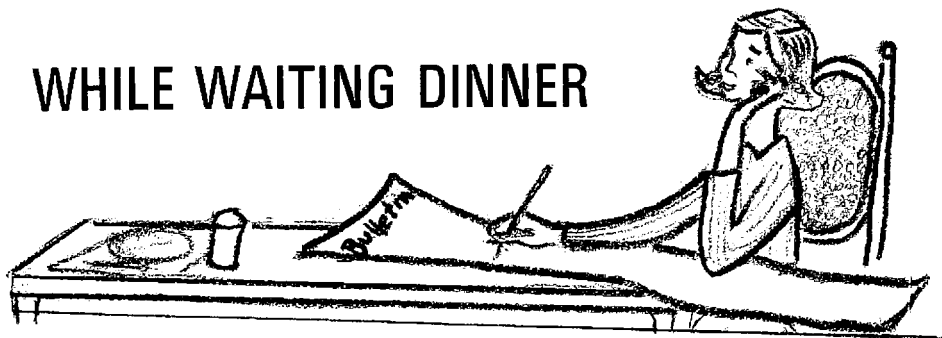
‘ ‘ ‘

BRoadway 2-2201

744 Market Street

Doctors Hospital Building

WHILE WAITING DINNER



WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

AUXILIARY OFFICERS 1968-1969

President.....	Mrs. Philip Grenley
President Elect.....	Mrs. Murray L. Johnson
1st Vice President and Program.....	Mrs. Ralph Johnson
2nd Vice President and Community Service.....	Mrs. Vincent Murphy
	Mrs. John Kemman
3rd Vice President and AMAERF.....	Mrs. Paul Smith Jr.
4th Vice President and Social Chairman.....	Mrs. Max Brachvogel
Recording Secretary.....	Mrs. James Billingsley
Corresponding Secretary.....	Mrs. Marvin Bourne
Treasurer.....	Mrs. Stanley A. Mueller, Jr.
Dues Secretary.....	Mrs. Charles McGill

COMMITTEE CHAIRMEN

Nominating.....	Mrs. Robert Burt
Membership.....	Mrs. Vernon Larson
Membership Co-Chairman.....	Mrs. George Tanbara
Today's Health.....	Mrs. Ernest Randolph
Safety and Civil Defense.....	Mrs. James Stillwell
Historian.....	Mrs. William Goering
Legislative.....	Mrs. Thomas Skrinar
Para-medical.....	Mrs. Roy Virak
	Mrs. Frederick Schwind
Publicity.....	Mrs. Arthur Wickstrom
Bulletin.....	Mrs. Bernard Pipe
Speakers Bureau.....	Mrs. George Hess
Telephone.....	Mrs. Dale Doherty
	Mrs. Russell Colley
Finance.....	Mrs. Robert Florence
	Mrs. Robert Osborne
Mental Health.....	Mrs. Hugo Van Doren
Cookbook.....	Mrs. Leo Sulkosky
International Health.....	Mrs. Theodore Haley
AMPAC.....	Mrs. Wayne Zimmerman
Fashion Show.....	Mrs. David Hopkins
	Mrs. James Vadheim
	Mrs. Kenneth Gross
	Mrs. Edward Lawrence
Minute Women.....	Mrs. Stanley Tuell
	Mrs. Samuel Adams
Representative to Council on Smoking.....	Mrs. Homer Clay
Representative to Council on Alcoholism.....	Mrs. Murray Johnson
Representative to President's Council.....	Mrs. Robert Lane
Cookbook Tasting Luncheon and Arts and Crafts Display.....	Mrs. Buel L. Sever
Midyear Conference.....	Mrs. Jack V. Erickson
	Mrs. J. Robert Brooke

"Fourth, eleventh, ninth and sixth, Thirty days to each affix; Every other, thirty-one, Except the second month alone."

Now you can start working on that one for awhile.

Well we must face up to the beginning of a new school year, AND a change of seasons, AND the fact that Christmas is only 114 days away. But before we begin our Christmas shopping we have three months of stimulating Auxiliary business and fun.

WOONG PROSPECTIVE MEMBERS

Doctors' wives newly arrived in the community will be entertained by the Board on Friday, Sept. 20 at 10 A.M., with a coffee at the home of President Dorothy Grenley. Kit Larson and Kimi Tanbara, membership chairmen, extend a welcome to all newcomers. Although hosted by the Board, President Dorothy Grenley invites any of the membership interested.

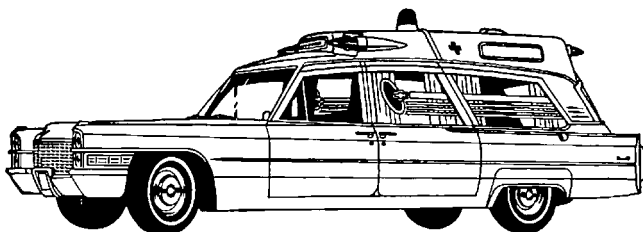
WSMA, SEPT. 22 TO 25

From the opening reception and family banquet on Sunday evening, Sept. 22, at the Olympic Hotel, to the final dinner-dance on the 24th, there will be much of interest at the annual WSMA meeting this year. The Monday

(Continued on Page 23)

To introduce September let's try a different version of the old familiar jingle, "Thirty days hath . . ." This one is a favorite of the Chester County Pennsylvania Friends.

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 SUNDAYS 10 A.M. TO 7 P.M.

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(Continued from Page 21)

night reception and banquet for "Les Femmes Extraordinaire" will enable you to chat with our National President, Esther Long, while you are enjoying the view from the famous Harbor Club atop the Norton Building. The convention schedule also includes golfing, a Tuesday luncheon, and an evening reception honoring our incoming presidents, Lucy Bailey and Dr. William Watts.

Our group's delegate quota is not yet completed. President Dorothy is waiting for that affirmative phone call. Our delegates to date are: Lorna Burt, Hazel Whitacre, Sherry Johnson and Dorothy. Delegates five, six, seven, eight, and nine, where are you?

And once again to you modest but talented hobbyists . . . Come forth and display your talents at the Monday night dinner. We need representation from Pierce County. Quoting from dinner chairman Mrs. Del Ulrich's letter, "If you know of anyone who paints, does needlework, ceramics, crewel work, or any other media, either professionally or as an amateur and would show a sample of her work, please send me a line regarding her work, as we would like her on our program, "Extraordinaire Femme." Now is the time for all good femmes to come to the aid of their country. Volunteer your talent.

OUR DEAR FRIEND 242

Co-chairman Ellen Pinto, who worked with Stephanie Tuell so effectively on the signature drive for Initiative 242, is being replaced by Kathreen Skrinar. Steph and Kathleen are organizing for the remainder of our Auxiliary effort to get the Implied Consent law passed. You might get some ideas for effective campaigning by visiting the 242 booth at the WSMA meeting.

BITS AND PIECES

Our corresponding secretary Tony Bourne would appreciate being notified of any special occasion so that she can send cards from Auxiliary. Please send

items of general interest to our Bulletin chairman.

Connie Clay has been elected to the Board of the Pierce County Council on Alcoholism. She is in charge of the Information and Referral Center. Incidentally Connie departed on August 22 for an extended visit in Tokyo. Lorraine Kunz will meet with the Council during Connie's absence.

CRADLE AND TRAVEL NEWS

The Brettels have a new baby girl, who joins two brothers. The Vincent Murphys also have a new baby girl named Mary Beth. Good news from the Vaughnts that their 17 year-old son, Tom, seriously injured in an accident July 4, is improving rapidly. The Camps vacationed at Rosario Inn on Orcas Island and the Hennings at Sun Valley. We (the Pipes) spent some time at Sun Mountain in eastern Washington. The Demings' daughter, Suzanne, is in Washington, D.C. to enroll in George Washington University's School of International Relations.

"PHYSICIAN, HEAL THYSELF"

Dr. Lambing's proposal for a physician's yearly health check-up has met with unanimous approval from the doctors' wives queried. If any of you missed his editorial in the August Bulletin you might acquaint yourself with it. President Dorothy Grenley's thoughts on the subject, "Very often we have difficulty in getting ideas across to those closest to us. The idea of "group therapy" and group participation to encourage physicals is excellent and long overdue. Auxiliary could well take on the management of such a meaningful and well-thought out project." Lorraine Sulkosky: "Absolutely, the doctors should have physicals regularly. Doctors' wives are the best helpers for a project of this kind."

Beth Hennings: I'm all for the idea of yearly physicals." Jeanne Judd: "Dr. Lambing's idea is excellent, but not

(Continued on Page 24)

(Continued From Page 23)

really new. The idea behind publishing the doctors' birthdays in the Bulletin was originally intended to remind them that it was time for their yearly physicals." Helen Kittredge: "It's a wonderful idea, and something we've needed for a long time." Tony Bourne: "When husbands are working they are entirely too busy to think of a physical for themselves. Television announcements from A.M.A. remind them of yearly physicals but they scoff at the idea." With all this interest there is bound to be some chatter about this at the first meeting of the Auxiliary.

LEARN A FACT A DAY DEPARTMENT

It's none of my business but do you follow doctors' advice? According to a recent study made at the University of Southern California School of Medicine, one out of three patients ignores his doctor's orders most of the time. Shocking? Well, I guess. Actually it depends on the type of orders, I find as I read further. The lowest rates of compliance were with orders to quit smoking, to get more rest, and to leave situations that cause anxiety. Directions to take medications were most acceptable.

It's startling to note that persons with more severe illnesses were less likely to carry out medical advice, perhaps because the orders are often complex. The patient may accept two out of three directives, "choosing those which involved the least amount of change or discomfort."

On that cheery note I'll sign off.

—INEZ M. PIPE

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Tacoma

Doctors Hospital Celebrates First "Happy Birthday"

Celebrating completion of one year in its new building at 737 Fawcett Ave., Doctors Hospital held a birthday party on July 22, with 150 hospital employees and officials attending. In the picture below, Mr. Roy Frakes, hospital administrator, and Mrs. Harriet Huffman, Director of Nursing, are shown waiting for a serving of coffee by veteran surgical floor nurse Mrs. Harriet Weir.



Several members of the Board of Trustees were at the birthday party, including Wayne Zimmerman and Homer Humiston, shown below having coffee with Mr. Frakes.



Doctors Hospital came into being in 1946 when the Pierce County Medical
(Continued on Page 25)

Pierce County High In AMPAC Members Metcalf Boosted

AMPAC is in the process of making a concerted effort to get those last few who have not yet joined AMPAC for 1968. Yes, you are a minority group, for the majority of Pierce County Medical Society members have joined AMPAC for 1968. In fact, Pierce County has one of the highest ratios of AMPAC members in the State.

The House of Representatives has many different committees that it is involved with and the rulings of these committees intermingle with our lives so well that we are all concerned about who is going to be elected to represent us. There are 16 Standing Committees of the House of Representatives. Four of these: 1. Business and Profession; 2. Financial Institutions and Insurance; 3. Public Health and Welfare; and 4. Public Institutions and Youth Development, involve the practice of medicine very directly. The other 12 all enter into our business and personal life in some way or other.

Pierce County plays an important role in your State House of Representatives in that Pierce County Legislators hold 3 out of these 16 committee chairman or

(Continued from Page 25)

Bureau bought the building on Market Street. Eleven years later, the hospital was taken over by a non-profit corporation headed by a board of eleven doctors. The present 1½ million dollar building was built without government funds nor any solicitation of donations from the public. Officers of the present Board of Trustees are Dr. C. B. Ritchie, president; Glenn McBride, vice-president; Homer Humiston, secretary-treasurer; and Samuel Adams, assistant secretary-treasurer. President of the Professional Staff is Dr. Ralph Stagner.

vice-chairmanships. It costs a Legislator anywhere from 100 dollars to 10,000 dollars to wage a successful campaign—depending on how tough his opponent is. Therefore, it is easy to see that these legislative candidates need your help.

Senator Jack Metcalf, who is running for United States Senator, as well as some political news analysts point out that every 36 years there is a political upheaval in this country and 1968 starts a new cycle. AMPAC wants to be part of the change, that new direction that will get this country on a unified road again.

You can help yourself and AMPAC by joining now, or see us at the AMPAC booth at your Washington State Medical Association's Annual Convention in Seattle, September 22 thru 25th.

THOMAS H. SKRINAR, M.D.
Chairman, AMPAC
State of Washington

G.P.'s, Specialty Groups Meet Tuesday For Luncheons

Tuesday will be luncheon-meeting day for the various specialty groups at the State Medical meeting in Seattle later this month. Though scientific programs will be on for three days of the meeting, the specialty groups will hold their own business meetings at luncheons, including special luncheon meetings of Tuesday, Sept. 23, by the Washington Academy of General Practice, the Washington State Society of Internal Medicine and American College of Physicians, the E.E.N.T. section, and the Washington State Chapter of the American College of Surgeons.

HAVE YOU SENT IN YOUR
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Scientific Papers
Scientific Exhibits
Technical Exhibits
Specialty Group Meetings
Scientific Movies
Physicians Art Exhibit
Reference Committee Meetings
Banquets
Dinner Dance

And Much More ---

At The
WASHINGTON STATE MEDICAL ASS'N
ANNUAL MEETING

Olympic Hotel
Seattle

SEPT. 22-25, 1968

AUXILIARY PRESIDENT DOROTHY GRENLEY

As 1968-1969 president of Pierce County Medical Auxiliary, Mrs. Philip Grenley (Dorothy Sarney) brings a wealth of background experience in public service and club work to her important office. She has been a member of Auxiliary for twenty-two years, holding the position of Speakers Bureau chairman for seven years, while involved in a variety of activities from Girl and Boy Scout work to State Historical Society membership. Dorothy isn't a "name only" member of an organization, she participates actively by contributing time and talent where it is most needed, usually in an executive position.

Service to her community has been given in many fields. She has served on the American Cancer Society Speakers Bureau, the Governor's Committee for Safety and Crime Prevention, the Community Council of UGN, Past-president of the Board and one of the Founders of Faith Home, Past-president of the Board of U.S.O., Secretary of the Activities Council of the Art Museum, and Past-president of the Tacoma Women's Club.

Dorothy is a graduate of Goucher College, Baltimore, with a B.A. in chemistry. She has held positions as a research assistant and social worker in several Eastern hospitals, namely, Harriet Lane Clinic, Johns Hopkins, and Kings County Hospital, Brooklyn.

As the mother of four children, three of whom are now in Eastern colleges, with her youngest son, Robert, a student at Charles Wright Academy, Dorothy has participated in the Mothers' Club activities of their various schools. She was a member of the Mothers Club of Annie Wright Seminary, and at present is Chairman of the Women's Education Committee for the Charles Wright Academy, "Design for the Future Fund."

Dorothy's most recent community service is one closely affiliated with her

husband's profession, that of General Team Co-chairman for "1968 Year of Challenge Fund" of St. Joseph's Hospital building fund. Dorothy remarks about this experience, "This has been perhaps one of the most rewarding experiences of my life . . . an opportunity to work with selfless administrators dedicated to the relief of human suffering, who yet believe and put into practice the Biblical interpretation of true charity: "That it must be given willingly, benignly and anonymously."

With this brief resume of some of Dorothy's accomplishments, it is obvious that our group will be guided this year by a woman, experienced and willing, with the know-how of leadership.

—INEZ M. PIPE

TG WILL AIR WEEKLY CLINICAL PROGRAM FROM CALIFORNIA

Tacoma General Hospital will participate in the presentation of direct broadcasts of clinical discussions from the University of California Medical School, starting on Tuesday, Sept. 10, according to Dr. James Mason, Director of Medical Education at the hospital.

The FM broadcasts will reach Tacoma General through FM station KUOW, Seattle, and will be from 12:30 to 1:30 at the hospital, every Tuesday from Sept. 10 through June 10, with luncheon available also during this time.

Tacoma General Hospital contributed the \$75.00 fee required to make this service available. More details will be in next month's *Bulletin*.

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SEPT. 22-25

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(Continued From Page 15)

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THE FOLLOWING: (please check)

- Telephone
- Program
- Memberships
- Cookbook Committee
- Fashion Show
- Gems
- Provide news for bulletin chairman
- Tasting Luncheon
- Public Relations
- Legislative (Minute Women)
- Dance
- Hostessing (Luncheon Committee)
- Community Service Projects (Heart, Cancer, etc.)
- Transport an Older or Non-Driving Member to Meetings
- Delegate to State Convention, Sept. 22-25, 1968
- Mid-Year Conference, March 19-20, 1969, at the Lakewood Motor Inn
- Hobby Shows (State convention, Feb. '69, "Tasting Luncheon")
- Health for Husbands (Physical Examinations)

1. Do you have any hobbies or special interests? Please explain:-----

2. Have you any suggestions for improving Medical Auxiliary?-----

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Tacoma

Doctors Win - or Was it Dentists? West Takes Trophy

Whether or not the physicians topped the dentists at their annual field day on July 26 depends on how you add up the score. The average net golf score for the doctors was 76.1, compared to 77 for the dentists, which apparently makes the doctors winners. However, individual honors went to the dentists. Dentist Herm Dahl was low gross with 72, while Jack Fewell turned in a low net of 81-13—68.

Though the total turnout was disappointing for such a sunny day, physicians did outnumber the dentists 31 to 16, and only 37 people showed up for the evening banquet. There were no tennis players this year.

Among the physicians, there was a tie for first place in the first division low net between Stan Durkin (79-9—70) and Marshall Whitacre (75-5—70). This put them in a three-way tie for low net of the day with third division player Tom West (87-17—70). The decision about who should receive the appropriate trophy was settled amicably when Durkin and Whitacre agreed to give the trophy to Tom West, on the basis of the fact that both of them had won the trophy in previous years.

The dentists were clear-cut winners in the fishing derby. The only salmon caught were those caught by dentists John Hughes and Dick Woodcock. The rest of the prizes had to be distributed by random methods, according to derby chairman Dr. Sam Adams.

Get your beef in, or
put in a plug for
your favorite issue—
at

Reference Committee Meetings
Monday and Tuesday at the
annual W S M A meeting

PIERCE COUNTY MEDICAL SOCIETY MEETING**Tuesday, September 10**

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.**PANEL DISCUSSION ON
COMMUNICATIONS SYSTEMS**

Chairman: MAX BICE

Chairman of the Communications Subcommittee
on Emergency Service Committee.

Social Hour: 6:30

Dinner: 6:45

Honan's Restaurant

.

New Health Library Gives Region Top Reference Service

Physicians of Washington State will have a more prompt and thorough access to medical reference material as a result of a new status for the Health Sciences Library at the University of Washington, including the availability of free copies of reference material up to a limit of 400 sheets per year. Beyond that number, the present at-cost charge of 10c per sheet will be in effect.

Starting on October 1, 1968, the "Pacific Northwest Regional Health Sciences Library" will begin providing this and other services at the University of Washington, under the direction of Gerald J. Oppenheimer, who has been head of the University's Health Sciences Library. The new Regional Library will provide services for health professionals, which includes physicians, nurses, dentists, and other professional workers in health-related fields. It does not include medical students. The entire Northwest region will be served by the library, in-

cluding Washington, Oregon, Idaho, Montana and Alaska.

The reference services offered are not intended to replace the services already available in health reference libraries in the larger communities and hospitals, and it is intended that physicians in such communities will make their requests through established local health library facilities. Thus, the Regional Library will only supply copies of material not available locally. Physicians in small communities and rural areas may make direct requests to the Regional Library.

The Library service will feature automatic referral of unfilled requests to other libraries, mainly to the National Library of Medicine.

A 15-member Regional Library Advisory Committee has been appointed, with representatives from the various professions and from all five states served by the library. Stanley W. Tuell is the representative from this area.

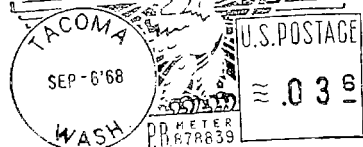
It is stressed that our local medical libraries will continue to be the channels through which Tacoma physicians will get material from the regional Health Library.

WOODS LAMP NEEDED

If Anyone Has a Woods Lamp
He Would Be Willing to Donate to the
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Pierce County Medical Society

Medical Arts Building
Tacoma, Washington 98402



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MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, July and Oct.—
6:15 p.m. Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept. Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL
Last Monday of February, June, September and November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC
ASSOC.—First Monday of October, December, February
and April—8:00 p.m. at 424 South K Street.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and
August—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m. at Ceccanti's
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and
August
- PIERCE COUNTY PEDIATRIC SOCIETY
First Thursday of each Month except June, July and
August—6:00 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Friday of March, June, September, December—
7:15 a.m. at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- STAFF OF NORTHERN PACIFIC HOSPITAL
Second Monday of March, June, September, December—
12:30 p.m.

The

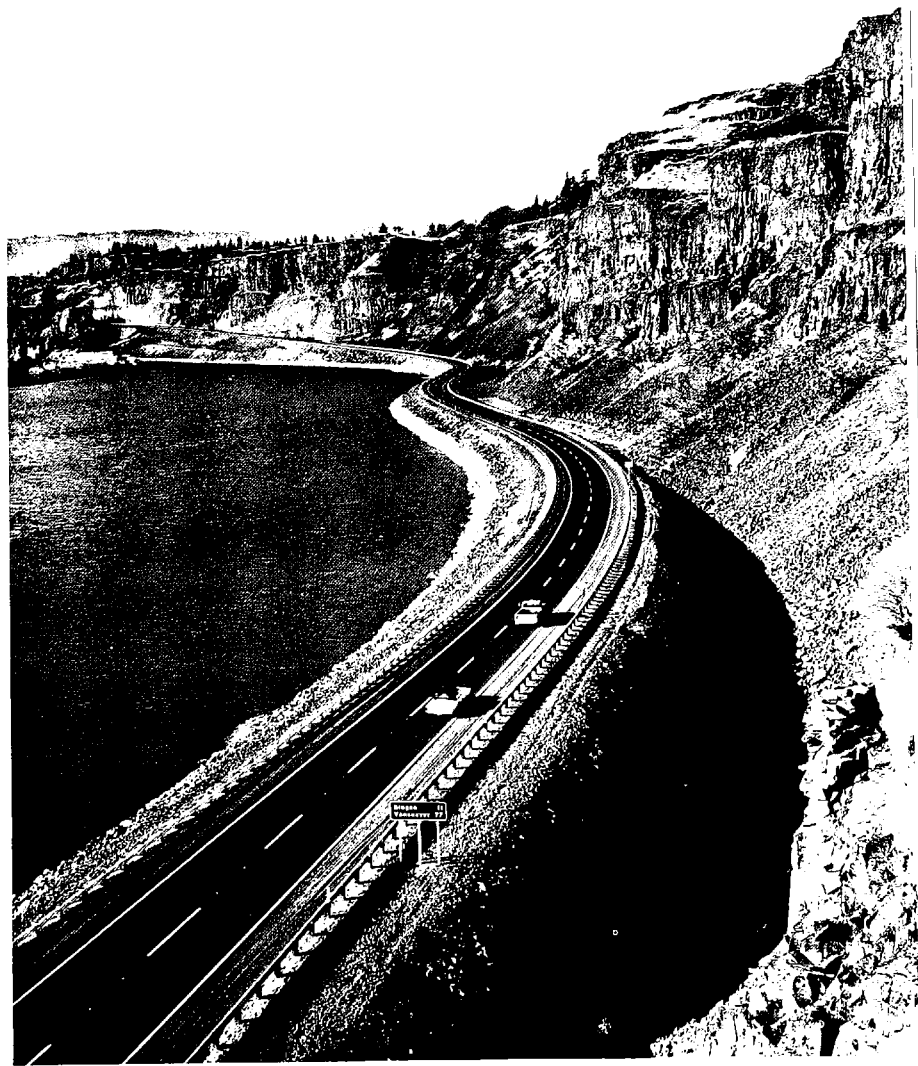
PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

VOL. XXXIX—10

TACOMA, WASHINGTON

OCTOBER - 1968



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
OCTOBER 8**

Pierce County Medical Society

1968

OFFICERS

President.....James D. Lambing
 President-Elect.....Wayne W. Zimmerman
 Vice-President.....Paul E. Bondo
 Secretary-Treasurer.....Arnold J. Herrmann
 Executive Secretary.....Judy Gordon

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 Edwin J. Fairbourn Charles P. Larson
 Philip Grenley Arthur P. Wickstrom
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 James D. Lambing Frederick J. Schwind
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- 2 Dudley Houtz
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 3 Lester S. Baskin
 M. R. Hosie
 4 Edward R. Anderson
 Arnold J. Herrmann
 Somers R. Sleep
 5 J. Robert Brooke
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 Richard I. Rich
 10 Donald M. Nevitt
 11 Myron Kass
 John Pelley
 12 Robert A. Kallsen
 13 G. W. Bischoff
 Sumiho Wada
 14 Robert G. Bond
 Frank H. James
 James E. McNerthney
 15 Harold Mayer
 16 Murray L. Johnson

(Continued on Page 14)

COVER PICTURE: Columbia River Highway—Washington side. (Photo courtesy of State Highway Dept.)

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 Gerhart A. Drucker David L. Sparling

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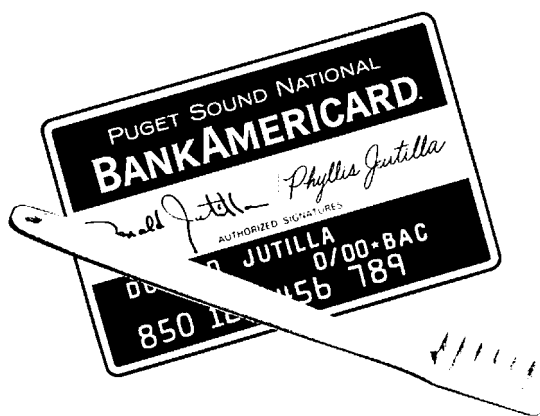
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Tuesday, October 8

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

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DeMaurice Moses, M.D.

Social Hour: 6:30

Dinner: 6:45

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October Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Surgery Grand Rounds—T.G.H. 8-9 a.m.	3 Pierce County Pediatric Society 6:00 p.m.	4	5 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
7 Tacoma Orthopedic Society 6 p.m.	8 PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M.	9 OB-GYN Conf. T.G.H. 8-9 a.m.	10	11	12 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
14	15 Tacoma Surgical Club—6:30 p.m.	16 Medicine Grand Rounds—T.G.H. 8-9 a.m.	17	18	19 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
21	22 Tacoma Acad. of Internal Medicine 6 p.m.	23 Path. Cancer Conf.—T.G.H. 8-9 a.m.	24	25	26 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
28 Pierce County Academy of General Practice 6:30 p.m.	29	30	31		

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President's Page

The time has arrived for members of this Society to do some serious thinking about solving the problem of "meetings." It has become almost ridiculous when we find two or three are to be held at the same time. It also has reached the point where another cannot be scheduled. When the evenings were filled, noons were picked and now we are having "morners."



Of course, this is somewhat inherent with the number of hospitals in Tacoma and active staff privileges which obligates every member to serve on one or more committees. History has shown as more and more advances are made in medicine so will there be more physicians required from hospital staffs to administer and supervise these new departments.

Shouldn't we start exploring avenues to combine some of these committees or reduce the number of its members? One suggestion has been made not to be on the active staff of more than two hospitals, but with the current and ever-present problem of bed availability, most physicians have been reluctant to do so. Courtesy staff privileges are of little value when the emergency room admissions exceed the allotted twelve or fifteen each year. A step was made in the right direction when the staff meetings were placed on a quarterly basis. Could we not go another step and combine some of the hospital meetings having almost identical staff members?

Is it not reasonable for the Medical Society to have one committee that would replace the function of nine hospital committees? For example, a surgeon granted privileges by the Society would automatically be accepted by all hospitals. Other groups being served on the same basis would make it possible to significantly reduce the number of committee meetings.

I realize there will be some valid objections to this change but something must be done to alleviate this situation lest we find ourselves in the hapless position of the dinosaur that is now extinct because his body grew so huge and his head became so small.

—JAMES D. LAMBING, M.D.

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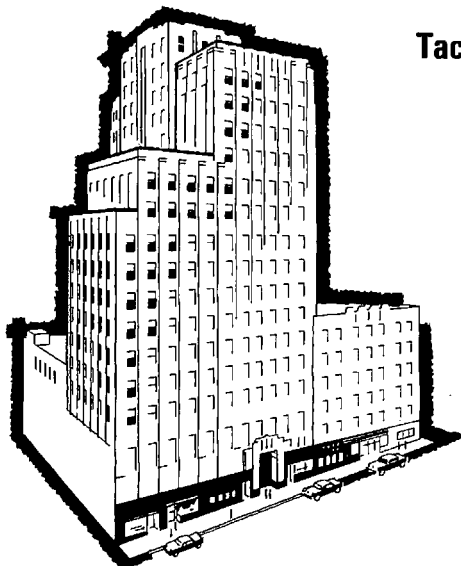
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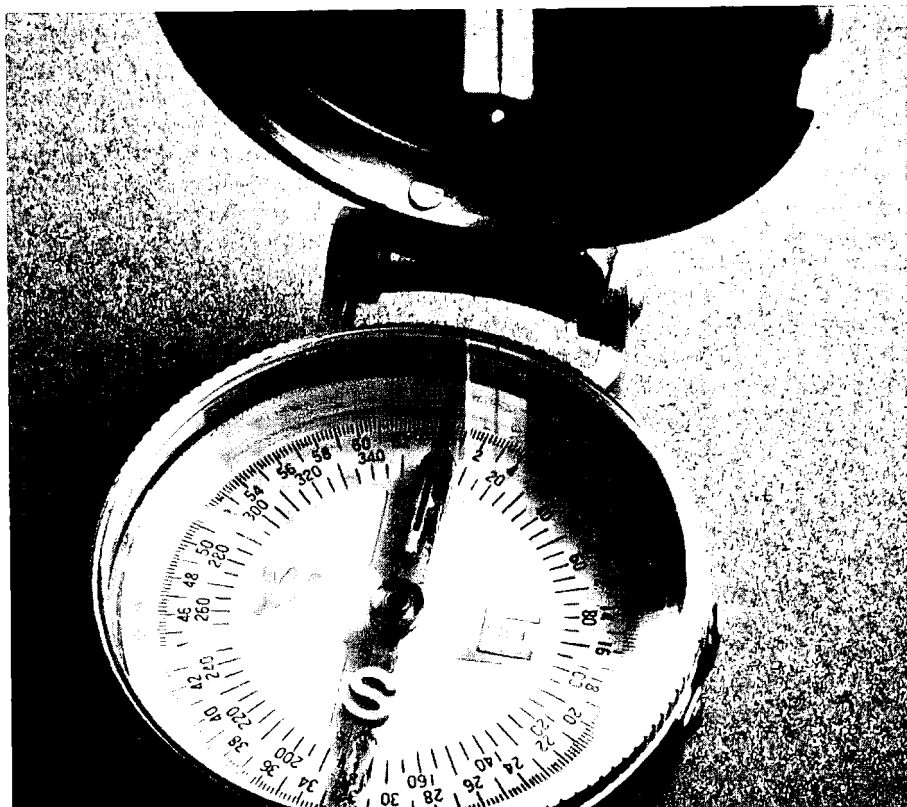
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Editorially Speaking

One important issue lost ground in the primary election—by not being on the ballot.

Almost forgotten in the election excitement, and in danger of being neglected by supporters and voters alike in the hubbub of activity as Nov. 5 approaches, is the "Implied Consent" initiative.



The Initiative 242 battle is not yet won, despite the victory announcements of last July, when a surplus of signatures was filed in Olympia. The doctors' wives of Washington State won that battle, with some help from their spouses and other sponsors.

But don't read too complacently the list of some 66 organizations and publications who support the Initiative, on the back of the publicity folder. There are many people who vote "No" on an issue in the voting booth simply because they don't know what the issue is about. And with the newspapers crammed with news of other electoral races, from the Presidency on down, there will be many people entering the voting booths on Nov. 5 who *don't know what Initiative 242 is about.*

You can help tell 'em.

Every physician's office in the State should have the proper pamphlets in the waiting room, and every physician should be knowledgeable enough on the subject to intelligently inform his patients.

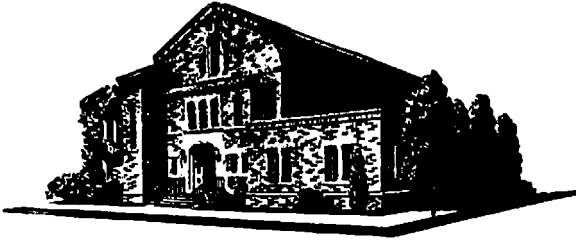
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(Continued from Page 2)

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C. B. Ritchie
- 19 Marvin L. Bourne
David T. Hellyer
Vincent M. Murphy
- 20 Dumont Staatz
- 21 Buel L. Sever
- 23 Horace A. Anderson
Terrance C. Tisdale
- 24 Giulia di Furia
- 25 Charles McGill
- 31 John F. Kemman
John Srail

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A single copy of this book, published by the AMA's Committee on Medicolegal Problems, may be obtained in the U. S., U. S. Possessions, Canada and Mexico for 75c. Medical students, hospital interns and residents in these areas may

(Continued on Page 19)

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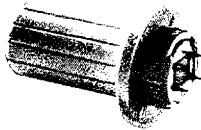
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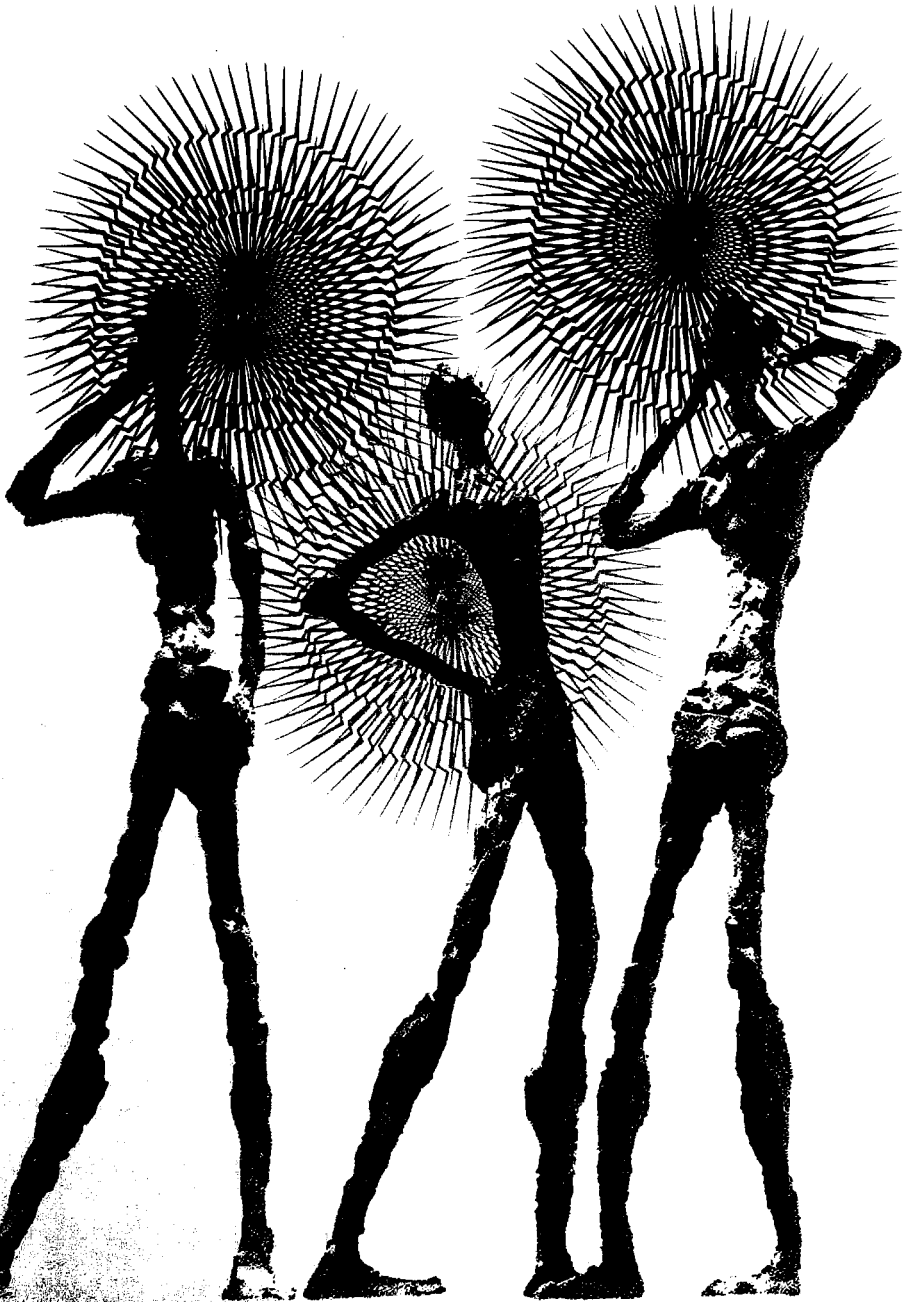
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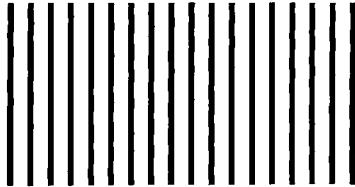
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(Continued from Page 14)

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A new edition of this manual is scheduled for release in early September, and it will cover the same subject in greater depth, completely rewritten in a different format. This new case-bound (hard cover) version will be sold for \$1.50 per copy in the U. S., U. S. Possessions, Canada and Mexico—medical students, hospital interns and residents are eligible for a 50% discount. All orders emanating from other countries will be subject to the foreign rate of \$1.75 per copy.

Walter Herron Joins P. C. Health Department

Walter R. Herron, M.D., joined the health department staff July 15 as assistant director. Both Dr. Herron and his wife, Bev, are returning to familiar territory. Bev is a Tacoma girl and a Tacoma General graduate where he interned in '50-51. Following 2 years as a flight surgeon during the Korean War, Dr. Herron established a general practice in Pomeroy, Washington. Through their son Terry, a sophomore at the University of Washington, they became interested in Indian artifacts in the Palouse country. "We'll trade this activity for boating on the Sound", Dr. Herron said. A good beginning for this budding hobby is the Herron's new home on Henderson Bay.

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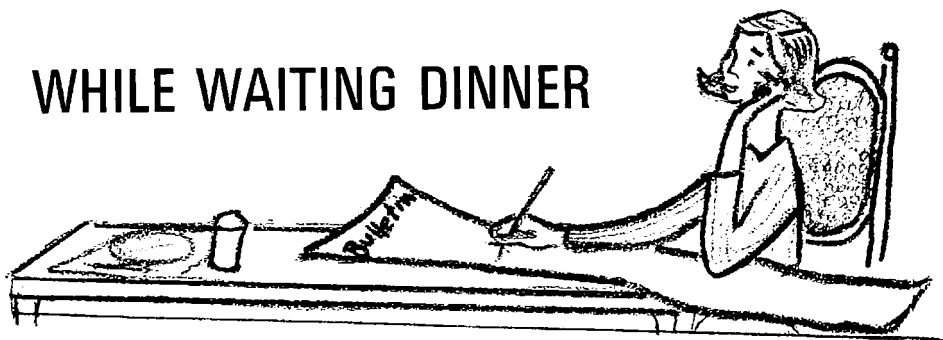
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Midyear Conference	Mrs. J. Robert Brooke

If Mr. MacLeish had been a native son, he might have been sensitive to our feeling that "the foreign sun" would be more popular with Puget Sounders if it did more "meddling" in the summer months. Perhaps then we would be reconciled to its peek-a-boo role in winter. Now I am, too, being loyal; it's just that we did have a short summer.

However, let the rain fall and the winds blow, we have much to keep us occupied in these winter months.

GETTING TO KNOW YOU BETTER

The charming lake-front home of Dorothy Grenley was the setting for Auxiliary's welcome - to - prospective - members - coffee on September 20th. Guests presented with a yellow satin rose on their name tags were: Junice Dodge, Elaine Greenlee, Hazelle Lawley, Shirley McKay, Vernetta Dille, Myrna Yi, Monnie Symonds, Kristine Tisdale, Marney Weber and Jane McDonough. With Board members hosting the occasion, President Dorothy welcomed the newcomers. Joanne Johnson, program chairman, interpreted the aim of our Auxiliary this year as a continuation of

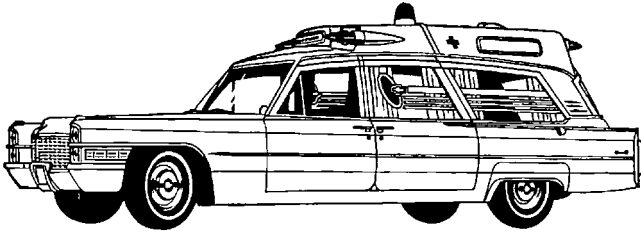
The poet Archibald MacLeish has some fitting thoughts of October in his poem "Immortal Autumnn."

"I praise the fall, it is the human season now,

No more the foreign sun does meddle with our earth . . ."

(Continued on Page 23)

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(Continued from Page 21)

last year's theme of "Getting to know you" to "Getting to know you better."

A provocative resume of the year's program was given by Joanne, who promises us outstanding speakers, in addition to the Fashion Show, Dinner Dance, Tasting Luncheon and Hobby Display.

OCTOBER MEETING

On October 25, Auxiliary will meet at the home of Nancy Billingsley, 4209 N. Mason. State President Mrs. Harry Bailey of Oak Harbor, and President-Elect Mrs. John Vaughan, Vancouver, will be our honored guests. Summarizing state Auxiliary activities will be a part of their message and we shall have the added opportunity to visit with them informally. Another feature of the afternoon will be meeting the recipients of our nursing scholarships.

PIERCE COUNTY WAS THERE

Worry, worry, worry . . . but you always come through in a pinch and our delegate quota to the WSMA was met. To the original delegate list the names of Ruth Zimmerman, Stephanie Tuell, Margy Larson, Lorraine Sulkosky, and Jane Lambing were added. Alternates Irma Wahlberg, Elsie Schwind and Catherine Piper were also on the roster. Convention highlights will be another feature of the October meeting.

FASHIONS FOR FUN

The early birds have all the fun! Thus reasoned Fashion Show Co-chairmen Jeanne Vadheim and Carol Hopkins, who have set the wide-awake hour of 10:30 a.m. as kickoff time for cocktails preceding the 11:30 a.m. brunch and fashion parade on Thursday, November 7, at the Tacoma Golf and Country Club.

The gala event titled "Holiday Happiness" will be brimming with innovations this year. Professional models showing Lou Johnson fashions will be joined by three members of Auxiliary

plus children and dogs. So help me, they said DOGS! Your ticket includes the opportunity to win one of the beautiful door prizes. A raffle is also on the agenda. Please call Bev. Graham or Julia Mueller for reservations. To avoid disappointment, don't delay . . . You'll want to be there!

PUYALLUP GALS HOST BOARD MEETING

On October 11, come rain or come shine, the Auxiliary board will meet at the Puyallup home of Marlene Arthur, hosted by members in that area. Membership is increasing rapidly in the valley and President Dorothy feels that a wider range of meeting locale will be of benefit to our entire group.

IT'S THAT TIME AGAIN

Dues time is here again! Edith McGill, dues secretary, will accept your check for \$12.00. You may mail it to Route 1, Box 1345, Gig Harbor 78335, or come prepared to pay at the October meeting. The two dollar increase in dues this year is in anticipation of the expected increase in state dues. By paying your dues promptly, your name will be included in the Yearbook.

ADVISORS NAMED

Article XI, Section 1, in our by-laws, reads: The Auxiliary shall request the Pierce County Medical Society to appoint two or more of its members to act as the Advisory Council to the Auxiliary.

Accordingly, at President Dorothy's request, Dr. Lambing has appointed Dr. John Shaw and Dr. Kenneth D. Graham as Auxiliary advisors. Security is having not one, but two, strong shoulders to lean upon.

242 MARCHES ON

To acquaint leaders of local service clubs and civic organizations of our strong commitment to Initiative 242 (IMPLIED CONSENT), Co-chairmen Stephanie Tuell and Kathleen Skrinar organized a meeting on Sept. 19, at

(Continued on Page 24)

(Continued From Page 23)

the Medical Arts auditorium. Dr. Charles Larson spoke to the group as did the president of the Tacoma-Pierce County Safety Council, Mr. Anthony Ursic. The Breatholizer machine was demonstrated by a member of the State Patrol. As a group we are much involved in working for the passage of 242. Call Steph or Kathleen and volunteer your help in distributing pamphlets.

COOKBOOK MAGIC

The best cooks in the world use the Auxiliary Cookbook. Who said that? Lorraine Sulkosky, naturally, who else? One of the recipes that will put you in the "best cook" category is on Page 93 . . . Lima beans and fresh mushrooms. Try it, you have a treat in store. Remember what a great shower, birthday, anniversary, you-name-it gift, Auxiliary Cookbook makes.

NATIONAL PUBLICITY

The July issue of MD's Wife devoted space to an account of our Auxiliary's Defensive Driving project. Retiring State President Sherry Noonan noted this in a congratulatory letter to President Dorothy.

ROAMING THE WORLD

Adriana and George Hess are on a trip around the world . . . partly pleasure and partly study. Sociological conditions in many countries will be evaluated. Betty and Frank Maddison will leave for Australia in November with a group tour sponsored by the Presbyterian Medical Foundation. This International Post-graduate tour will take them to the Southern Pacific Islands and New Zealand as well. Two Tacoma couples crossing paths in Jasper and Banff this past August were the Homer Humistons and the Clarence Andersons.

(Continued on Page 25)

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St. Joe's Adds New Full-Time Social Worker To Staff



St. Joseph's Hospital has acquired its first full-time social worker in the person of Mr. Norman W. Fournier, who will work full time at the Psychiatric Annex, with particular emphasis on coordination with community agencies participating in mental health programs.

Mr. Fournier received his bachelor's degree in Sociology at Fairfield University in Fairfield, Conn., and his master's degree in Social Work at the National Catholic School of Social Service, Catholic University, Washington, D.C. He had three years' experience in the Army with the rank of Lieutenant, serving as a psychiatric social work officer. He recently was on a consultation team

in a community consultation program in Hartford, Conn.

A lover of the outdoors, Mr. Fournier was attracted to the Pacific Northwest by the many outdoor activities available in this area.

He will be available for appointments through the partial hospitalization program of St. Joseph Hospital.

DRUGS ABUSE INFO AVAILABLE FROM AMA

Because of the rising incidence of drug abuse in the United States, especially among young people, the American Medical Association has published five related pamphlets, "Amphetamines," "Babiturates," "Marihuana," "LSD," and "Glue Sniffing."

Written originally for the 1968 Community Health Week program on drug abuse, the one-page pamphlets answer many of the questions frequently asked about this growing problem. In addition to describing the effects of these dangerous substances on the body, each pamphlet stresses the hazards of experimentation, the psychological effects on the users and the legal controls.

Review copies are available from the AMA's Department of Health Education. Quantity copies are available from Order Handling at 15 cents each; 50-99 copies, 14 cents each; 100-499 copies, 12 cents each; 500-999 copies, 10 cents each and 1,000 or more copies, 8 cents each.

BE GLAD YOU ARE LIVING NOW DEPT.

A New England Medical Journal quoted L. J. Henderson to the effect: "Somewhere between 1910 and 1912 in this country, a random patient, with a random disease, consulting a doctor chosen at random had, for the first time in the history of mankind, a better than fifty-fifty chance of profiting from the encounter." Would you call that a "chance encounter" perhaps?

—INEZ M. PIPE

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De Bakey To Tell Of Artificial Heart At Strauss Lecture

Doctor Michael E. De Bakey, who has led the way in research on the implantable artificial heart, will be the guest lecturer at the 19th annual presentation of the Strauss Lecture at the University of Washington Health Sciences Building auditorium, Friday, Oct. 11, at 4:30 p.m.



Dr. De Bakey is Professor and Chairman of the Department of Surgery at the Baylor University College of Medicine in Houston, Texas. He has innovated and popularized numerous major operations on the major and peripheral arteries and has received numerous awards and honors in many parts of the world.

Born in Lake Charles, Louisiana, in 1908, Dr. De Bakey received his M.D. degree at Tulane University in 1932. His internship and surgical residency were at the Charity Hospital in New Orleans and he had further training at the Universities of Strasbourg and Heidelberg.

In 1964, Dr. De Bakey served as Chairman of the President's Commission on Heart Diseases, Cancer and Stroke. This committee produced a report which strongly recommended in-

creased national attention and support to reduce these three major causes of death. The report resulted in a Regional Medical Program concept which is destined to importantly affect the distribution of medical services in the United States.

Title of his lecture will be "Assisted Circulation: Problems in Development of Mechanical Devices."

SHE'S LITTLE, BUT OH, MY! LUCY BAILEY



When Mrs. Harry Bailey, State Auxiliary President, gets into the swing of her duties it might be too obvious to suggest that her family's plaintive serenade could be, "Won't you come home Lu Bailey?" This is a reminder of the "on the go" aspect of her present important position in Auxiliary work. (She will be visiting Pierce County on October 25, the first fall meeting.)

However, this small, dark and vivid lady has a habit of moving quickly, and smoothly executing many accomplishments, including caring for her family.

Lucy Bailey's Auxiliary interest began in 1958 in Skagit County, where she became President in 1963-64, after

(Continued on Page 27)

(Continued from Page 26)

first holding several Chairmanships and the office of President-Elect. Her first position on State Board was Civil Defense Chairman in 1961. Following this she was editor of Medaux News for two years. In successive years she held the offices of Northwest Regional Vice-President, then First Vice-President, President-Elect in 1967-68, and now as President for 1968-69, has the distinction of being the youngest president in our state history. The span of time from her beginning Auxiliary participation to position of State President could well be another first in Auxiliary history.

Her activities in family and community life are equally demanding and also handled with the verve and energy Lucy brings to her Auxiliary work. She has served her community of Oak Harbor as a past president of Hospital Guild No. 17, North Whidby Republican Women, Director of St. Stephen's Episcopal Church Choir, and has been a sponsor of Campfire Girls. She is a member of Island County Cancer Society board, the Home Aid Health Care board, and the Cinema Series board. She belongs to the PTA, an Orthopedic guild, and the city band. Are you still with me and breathing hard?

Hobbies include . . . HOBBIES, too? Somewhere she finds time for skiing with husband, Harry, and the children, Susan, 16, Colleen, 14, and eight-year-old Brian. We are told she snatches time for a bit of sewing, gardening, and duplicate bridge.

Lucy Bailey, are you real? Hurry, we are so anxious to meet you.

—INEZ M. PIPE

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RADIO CLINIC -- AND LUNCH -- NOW AT 2 TACOMA HOSPITALS

Allenmore Hospital has joined Tacoma General Hospital on the list of some 46 hospitals on the Pacific Coast who participate in the weekly Medical Radio Conference being aired from the University of California in cooperation with the University of Washington.

Reception of the Tuesday noontime program has been facilitated here by the addition of radio station KTNT-FM (97.3 mc) as an outlet, according to Dr. James Mason at Tacoma General.

The broadcast starts at 12:30 each Tuesday and lasts for one hour. Lunch is available, so doctors can eat as they listen to the program.

Subjects scheduled for discussion the next several weeks are:

October 8: Management of Acute Pulmonary Edema, J. Ward Kennedy, M.D., and Robert D. Conn, M.D., both Assistant Professors of Medicine at the University of Washington School of Medicine.

October 15: Medical Grand Rounds, Lloyd H. Smith, Jr., M.D., Chairman, Dept. of Medicine and Professor of Medicine, University of California School of Medicine.

October 22: Surgical Grand Rounds, J. Englebert Dunphy, M.D., Professor and Chairman of Surgery, U of C.

October 29: Rational Use of Diuretics, Herman H. Uhley, M.D., Assistant Clinical Professor of Medicine, U. of C.

November 5: Use and Abuse of Steroids, Peter H. Forsham, M.D., Professor of Medicine and Pediatrics, U. of C.

November 12: Cirrhosis of the Liver, Edwin L. Bierman, M.D., Professor of Medicine, U. of W., and Fritz Fenster, M.D., Clinical Associate Professor of Medicine, U. of W.

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Bob Flynn, Former Area Planner, Joins T. G. Administration



Joining the administrative staff at Tacoma General Hospital as Associate Administrator is Mr. Robert L. Flynn. Mr. Flynn, born in Anacortes, raised in Tacoma, has already become well-known in the Pacific Northwest for his leadership and chairmanship of the Regional Health Planning Council.

Mr. Flynn received his Bachelor degree in Business Administration at the College of Puget Sound, where his son is now attending. He received his degree in law at the American University in Washington, D.C., and a Master's degree in hospital administration at the University of Michigan. He was influential in organizing the Health Facilities Planning Council, which he has chairmanned since its inception and which has become an influential body in planning the need, size and distribution of health facilities in the Puget Sound area. Chairmanship of that Council will be taken over by Robert P. Thomas, former Executive Director, Health Planning Council of Southern California.

Mr. Flynn was also recently Executive Director of the Seattle area Hospital Council.

AMPAC, 1968

The primary election is now history and we are heading for the main event — November 5th general election.

A quick review of the primary shows that the State House and Senate races went exactly as predicted. The 25th, 27th and 29th Legislative Districts are Democratic strongholds, while the 26th and 28th Legislative Districts belong to the Republicans. A review of the vote tally shows that the winners from the majority party should have little trouble in carrying the general election. The same holds true for the 6th Congressional District race. There were some 49,000 Democratic votes cast to 36,000 Republican votes (figures available at the time of writing) so that again it appears the majority party will win.

It is very interesting to see how the State as a whole voted Democratic and then to divide the State up into Con-

(Continued on Page 30)

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(Continued from Page 29)

gressional districts and see how each District voted to see where the strength will be in November. The political candidate not only breaks the State down into Congressional districts but also into legislative districts and precincts so he knows where his strength and weakness lies. This way he is able to spend his time where it will produce the most valuable results. The astute candidate worries about these details, because wasted time and effort can cost him money and votes.

It can be fun to look over the Washington Primary Returns and just circle the names of those whom you think will win, set the paper aside and compare it with the general election returns and see how well you did. Practical politics is often just plain common

sense politics. It involves looking at the facts and accepting them as facts.

One of the quirks of politics which seems apparent if things are looking at objectively at this time is that Washington State stands a good chance of having a Republican House and Senate but a Democratic Governor.

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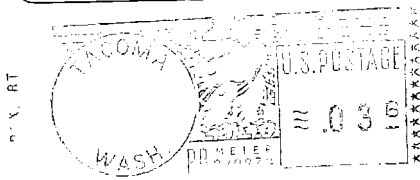
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MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, July and Oct.—
6:15 p.m. Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept. Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL
Last Monday of February, June, September and November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC
ASSOC.—First Monday of October, December, February,
April and June.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and
August—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m. at Ceccanti's
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and
August
- PIERCE COUNTY PEDIATRIC SOCIETY
First Thursday of each Month except June, July and
August—6:00 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Friday of March, June, September, December—
7:15 a.m. at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- STAFF OF NORTHERN PACIFIC HOSPITAL
Second Monday of March, June, September, December—
12:30 p.m.

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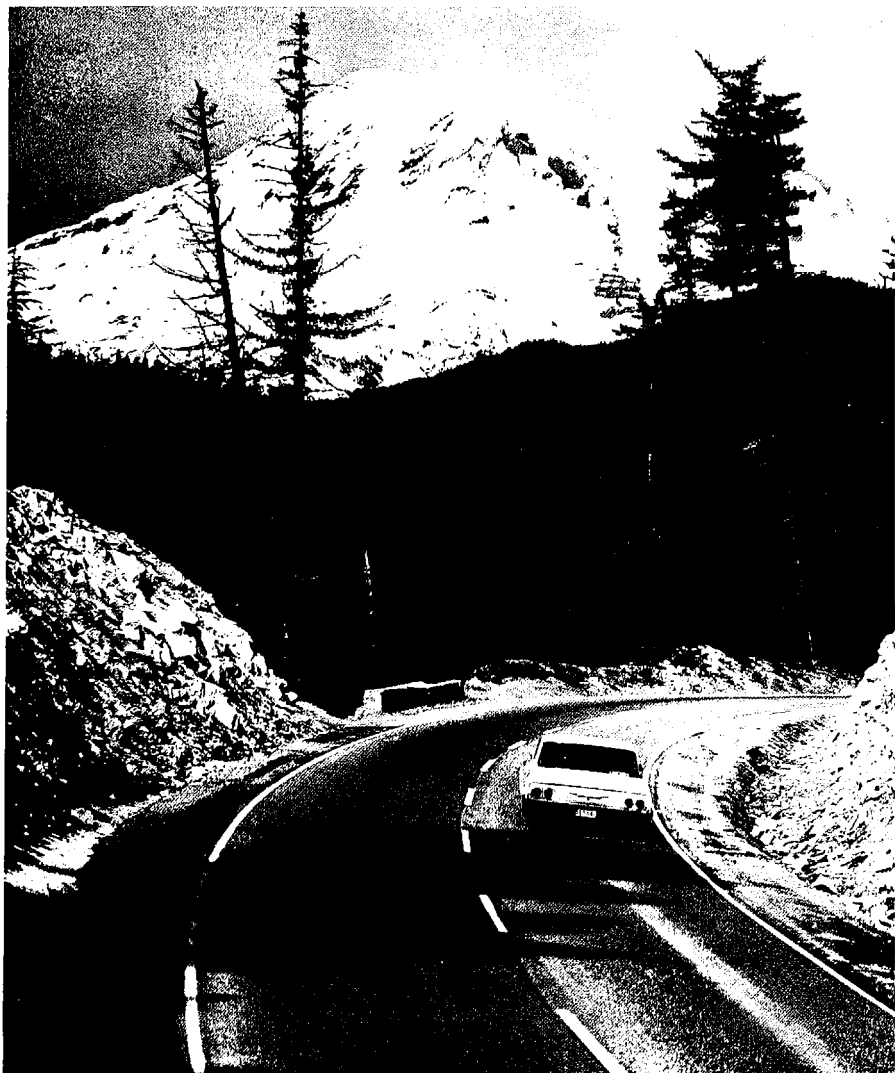
PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

VOL XXXIX—11

TACOMA, WASHINGTON

NOVEMBER - 1968



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
NOVEMBER 12**

Pierce County Medical Society

1968

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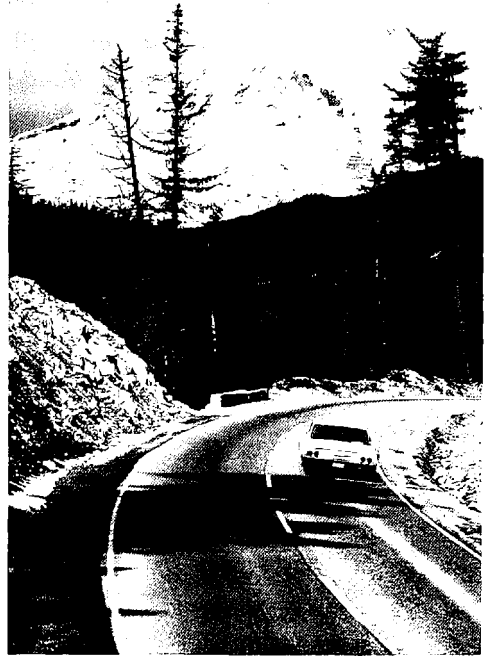
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COVER PICTURE: Mt. Rainier from the White Pass highway. (Photo courtesy of State Highway Dept.)

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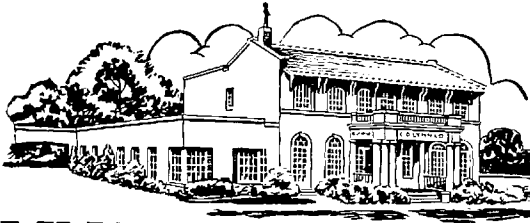
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PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, November 12

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

**"REPORT ON NARCOTICS IN PIERCE
COUNTY--A CONTROVERSY"**

Joseph G. Katterhagen, M.D.

Social Hour: 6:30

Dinner: 6:45

Honan's Restaurant

• • • • •

November Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
4 Tacoma Orthopedic Society 6 p.m.	5 ELECTION DAY ----- C.P.C. of Mary Bridge 8 a.m.	6 Surgery Grand Rounds—T.G.H. 8-9 a.m.	7 Pierce County Pediatic Society 6 p.m.	8 C.P.C. of St. Joseph's 9 a.m.	9 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
11	12 PIERCE COUNTY MEDICAL SOCIETY 8:15 P.M. ----- C.P.C. of Mary Bridge 8 a.m.	13 OB-GYN Conf. T.G.H. 8-9 a.m.	14	15	16 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
18	19 Tacoma Surgical Club—6:30 p.m. ----- C.P.C. of Mary Bridge 8 a.m.	20 Medicine Grand Rounds—T.G.H. 8-9 a.m.	21	22 C.P.C. of St. Joseph's 9 a.m.	23 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
25 Staff of Mountain View General ----- Pierce County AAGP 6:30 p.m.	26 Tacoma Academy of Internal Medicine—6 p.m. ----- C.P.C. of Mary Bridge 8 a.m.	27 Path. Cancer Con.—T.G.H. 8-9 a.m.	28	29	30

Grand Rounds—Mt. View General Hospital—Every Saturday 9 to 10 a.m.

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President's Page

Some rather significant actions were taken by the House of Delegates at the last annual meeting of the Washington State Medical Association. The members of this society should be aware of some of the more important transactions.



The House supported substantially the recommendation of the Committee on Public Laws that changes be made in the present laws relative to abortion in the State of Washington. This is also being supported by a number of lay and church groups throughout the state. This society already has a committee working with the Council of Churches in Tacoma and will meet with the Pierce County legislators in the near future.

A resolution submitted by your own delegates and authored by Dr. Phil Grenley passed the House. This serves to instruct the AMA representative to the Joint Commission that discharge summaries be discontinued as a requirement for hospital accreditation.

Another resolution that passed without dissent was recommending the State Pharmaceutical Association instruct pharmacists to label all prescriptions. This means prescriptions will automatically be labeled unless the doctor specifically requests that it not be. This one was long overdue. A letter will be sent to all physicians in the State when this goes into effect.

Because of the increasing awards being made in malpractice suits and the continuing losses suffered by insurance carriers, the WSMA has recommended a study be made in the appropriate state legislative committee regarding the situation as it exists today in the State of Washington. Something must be done in this area or we will find ourselves without any protection even if we could afford the premiums.

Dr. Charles P. Larson was re-elected Vice-president and Stan Tuell was elevated from the Board of Trustees to become the new Speaker of the House. Congratulations.

—JAMES D. LAMBING, M.D.

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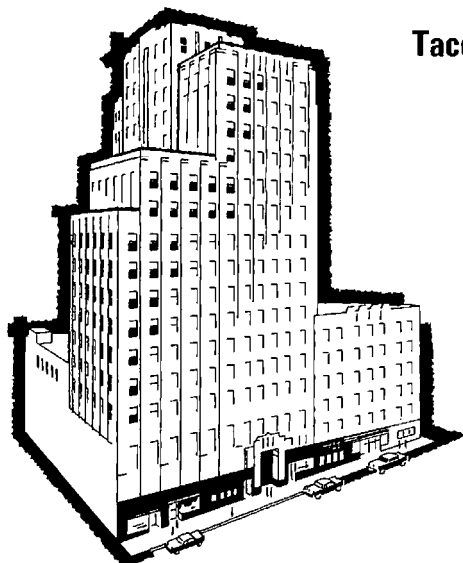
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Contraindication: Penicillin hypersensitivity.

Warnings: In rare instances, penicillin may cause acute anaphylaxis which may prove fatal unless promptly controlled. This type of reaction appears more frequently in patients with a history of sensitivity reactions to penicillin or with bronchial asthma or other allergies. Resuscitative drugs should be readily available. These include epinephrine and pressor drugs (as well as oxygen for inhalation) for immediate allergic manifestations and antihistamines and corticosteroids for delayed effects.

Precautions: Use cautiously, if at all, in a patient with a strongly positive history of allergy.

In prolonged therapy with penicillin, and particularly with high parenteral dosage schedules, frequent evaluation of the renal and hematopoietic systems is recommended.

In suspected staphylococcus infections, proper laboratory studies (including sensitivity tests) should be performed.

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Editorially Speaking

Un-seen, un-named, un-sung—here's a back-handed tribute to those girls in the record room who type up the garble that doctors put into the hospital dictating machines.

They do a great job!

But being only human, and considering that the input is only human (that's you, doctor), a few errors do turn up—some serious, some comical. Here are a few actual samples from records in Tacoma hospitals, with comments:



On an operative report, the name of the procedure: "Suture of the paining area on the left ovary."

(Comment: How's *that* for accurate diagnosis.)

Conclusions of a consultation: "This girl doesn't have enough findings to warrant a diagnosis of appendicitis, but she should continue under ovulation."

(Comment: Sounds like a bad case of Mittelschmerz.)

After a toxic thyroid history: "Impression: Viral toxicosis."

(Comment: At last, someone found the etiology.)

Another clinical conclusion: "Diffuse toxic goiter, now youth thyroid."

(Comment: Well, it's probably better than being "you thyroid.")

In the history of a patient previously sigmoidoscoped: "I previously spoke to her in my office to a distance of 6 inches."

(Comment: A real chummy interview.)

On an x-ray requisition for bowel obstruction: "Possible endodeception."

(Comment: Sounds like an inside job.)

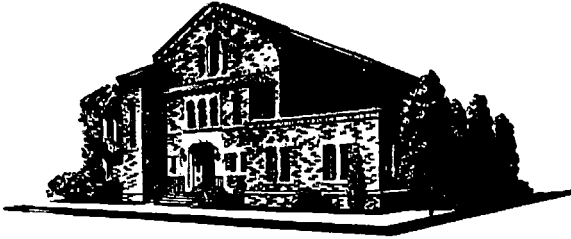
In a thyroidectomy operative report: "There was a rather large parametal lobe."

(Comment: Probably *could* get it out with a magnet.)

Better dictate loud and clear, gentlemen.

—S. W. T.

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George A. Moosey
- 5 William C. Brown
- 6 Joseph G. Katterhagen
Sherman S. Pinto
- 7 G. W. Bissonnette
- 8 Ray M. Lyle
Wayne W. Zimmerman
- 13 Dale D. Doherty
Paul E. Gerstmann
- 14 Thomas H. Clark
Kiyooki Hori
- 16 Kurt Brawand
- 17 T. R. Haley
- 18 James D. Krueger
G. M. Whitacre
- 19 Calvin R. Lantz
- 22 Edward S. Eylander
Vernon O. Larson
John M. Shaw
- 23 Ralph V. Stagner
- 24 John R. Alger
- 25 William McPhee
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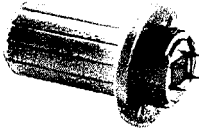
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CONSTITUTION AND BY-LAWS

Proposed revisions of the Constitution and By-Laws of the Pierce County Medical Society.

The committee appointed to study changes in the Constitution and By-Laws submits the following amendments to the Constitution and By-Laws:

1. Page 1.

Article III—Membership

Section 3.

This section is presently headed "Rights and Duties".

It is recommended that this be changed to "Duties and Rights", the section then be amended to read "It is mandatory that members of the Pierce County Medical Society maintain membership in the Washington State Medical Association. The right to vote or to hold office in the County Society is limited to active and honorary members."

2. Page 10.

Chapter IV. Election of Officers and Delegates to the Washington State Medical Association.

Section 2

It is recommended that this section be amended to read: "The President shall call for nominations from the floor for at least five candidates to serve on the Nominating Committee, and the membership shall proceed to ballot. The five receiving the highest number of votes shall constitute the nominating committee. The individual receiving the highest vote shall be the designated chairman." (instead of having two nominating Committees presenting a slate of candidates).

Section 3.

It is recommended this section be amended to read: "In case of vacancy in the Committee the President is authorized to fill such vacancy." (just a change in the present wording),

Section 4

It is recommended this section be amended to read: "The Chairman of the nominating committee will promptly call together his committee and it shall proceed to select one nominee for each of the officers, trustees, delegates and alternate delegates to the Washington State Medical Association. The committee shall submit its report at the regular meeting in November. Additional nominations may be made from the floor at that time. (a change from the present wording which covers instructions to two nominating committees. The last sentence is an addition.)

Section 6

It is recommended that this entire section be deleted.

Section 7

It is recommended that this section be now numbered Section 6.

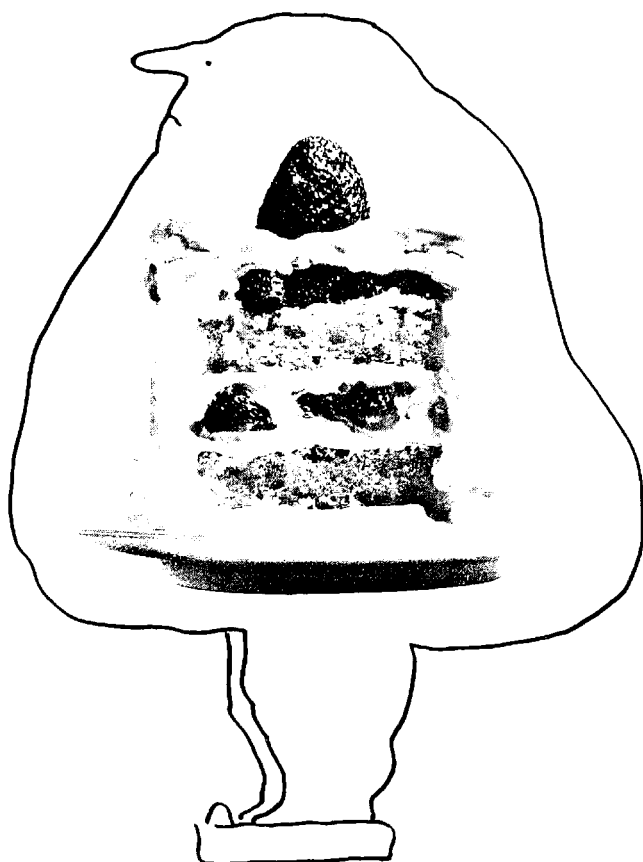
Respectfully submitted,
Kenneth D. Graham, M.D.
Chairman,
Ralph A. Johnson, M.D.
Charles D. Prewitt, M.D.

4 Tacomans On State Board Of Trustees; Lambing New Trustee

Four Tacoma physicians will represent the Pierce County area on the 31-member Board of Trustees of the Washington State Medical Association during the coming year, an increase of one over last year, as the result of elections held in the House of Delegates at its second session in Seattle in September.

The one new member will be Dr. Del Lambing, elected to a one-year term on the Board. Dr. Doug Buttorff's two-year term runs through 1969 so he was not up for election this year.

Dr. Charles P. Larson was unanimously re-elected Vice President of the Association for the coming year. Stan Tuell was named Speaker of the House.



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AMPAC 1968

This is it. The November, 1968, election is upon us. The completion of two years of planning is over. There is nothing to do but count the vote totals and see which candidates have won. Now is the time for the 'Monday morning quarterbacks' to take over and evaluate what was done 'right' and what was done 'wrong.' Now is the time for your own individual self-examination to ascertain just what you did (or didn't do) to further the democratic process of a free election to aid a candidate in winning his seat in government.

However, any evaluation we make at this time is no longer of value to the candidate of 1968. His race is over. We can think and talk about it all we want but our government representatives for 1968 have been chosen. We must accept them and work with them.

Yet politics being what it is, we must immediately start to plan our course for success in November, 1970. Politics simply does not end with an election. The elected candidate must start right in preparing for re-election. This never-ending game of running for office is part of what makes politics so interesting.

AMPAC intends to evaluate past efforts and plans for the future—sifting through voting records to determine areas of Democratic and Republican strength; seriously comparing advertisements of various candidates to attempt to evaluate campaign costs; cataloguing names of individuals who endorsed candidates publicly to aid in determining the kind of backing each candidate received, etc. In this manner AMPAC will be starting its program for November, 1970. AMPAC's work goes on.

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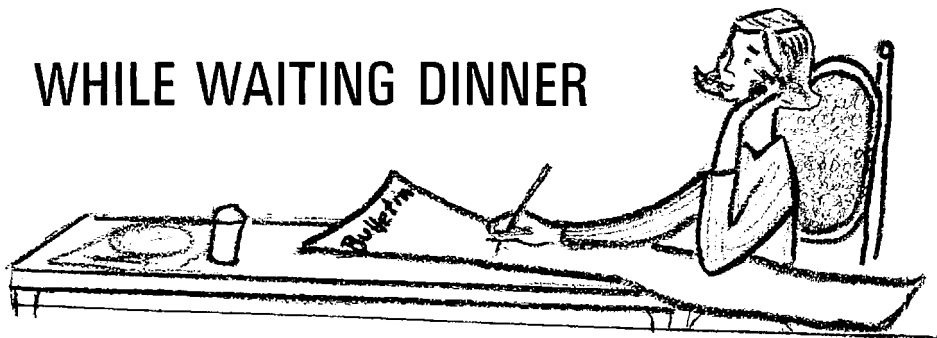
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WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

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President Elect	Mrs. Murray L. Johnson
1st Vice President and Program	Mrs. Ralph Johnson
2nd Vice President and Community Service	Mrs. Vincent Murphy
3rd Vice President and AMAERF	Mrs. John Kemman
4th Vice President and Social Chairman	Mrs. Paul Smith Jr.
Recording Secretary	Mrs. Max Brachvogel
Historian	Mrs. James Billingsley
Corresponding Secretary	Mrs. Marvin Bourne
Treasurer	Mrs. Stanley A. Mueller, Jr.
Dues Secretary	Mrs. Charles McGill

COMMITTEE CHAIRMEN

Nominating	Mrs. Robert Burt
Membership	Mrs. Vernon Larson
Membership Co-Chairman	Mrs. George Tanbara
Today's Health	Mrs. Ernest Randolph
Safety and Civil Defense	Mrs. James Stillwell
Historian	Mrs. William Goering
Legislative	Mrs. Thomas Skrinar
Para-medical	Mrs. Roy Virak
Publicity	Mrs. Frederick Schwind
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Speakers Bureau	Mrs. Bernard Pipe
Telephone	Mrs. George Hess
Finance	Mrs. Dale Doherty
Mental Health	Mrs. Russell Colley
Cookbook	Mrs. Robert Florence
International Health	Mrs. Hugo Van Doren
AMPAC	Mrs. Leo Sulkosky
Fashion Show	Mrs. Theodore Haley
Dance	Mrs. Wayne Zimmerman
Minute Women	Mrs. David Hopkins
Representative to Council on Smoking	Mrs. James Vadheim
Representative to Council on Alcoholism	Mrs. Kenneth Gross
Representative to President's Council	Mrs. Edward Lawrence
Cookbook Tasting Luncheon and Arts and Crafts Display	Mrs. Stanley Tuell
Midyear Conference	Mrs. Samuel Adams
	Mrs. Homer Clay
	Mrs. Murray Johnson
	Mrs. Robert Lane
	Mrs. Buel L. Sever
	Mrs. Jack V. Erickson
	Mrs. J. Robert Brooke

"That sweet sad season of autumn" now climaxed by November, leaves little time for brooding among busy Auxiliary members caught up in a myriad of activities.

President Dorothy Grenley's enthusiasm and her belief in the goals of Aux-

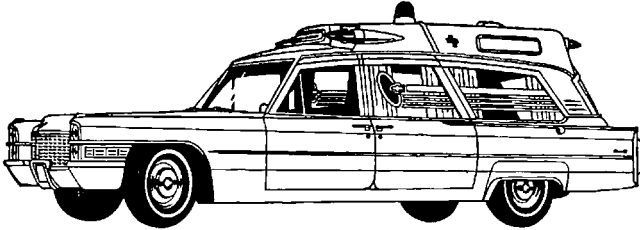
iliary are contagious. Her board members are inspired to try a little harder, not because we feel we are No. 2, but because we know a little extra effort will keep our Auxiliary at the highest possible level of endeavor.

And that satisfied purr you hear from our WSMA delegates expresses their pride in representing Pierce County at the state convention. It was gratifying for all to see President Dorothy receive an award given our county for the top AMAERF contribution in the state, \$2,175.00. We have Ginny Smith to thank for doing such a wonderful job as chairman last year.

At the Tuesday luncheon Hazel Whitacre was presented with a beautifully-hand-lettered plaque recognizing the achievements of the late Mrs. Horace Whitacre, organizer of the Woman's Auxiliary in the state and the first state president. At the morning Memorial Service, Lorna Burt spoke briefly of Mrs. Whitacre's accomplishments, saying in part, "Mrs. Whitacre was a vigorous and active individual with a vivid personality embodying foresight and courage. Her crowning achievement was in organizing the Woman's Auxiliary to the Washington State Medical Association."

(Continued on Page 23)

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(Continued from Page 21)

Representation on last year's state board included Dorothy Maier as State Treasurer, Jeanne Judd as Southwest Regional Vice-President, and Kathleen Skrinar as State Health Careers chairman. Lorraine Sulkosky is the present State Publicity Chairman and Sherry Johnson was named to the Nominating Committee.

Our hustling Cookbook chairman, Lorraine, carried cookbooks to convention and sold many. Her prize customer was KOMO's Katherine Wise, who has since mentioned our cookbook most favorably on her radio program. And last, but not least, our Defensive Driving Course was nominated for a national award. All in all, Pierce County should take a bow.

HOLIDAY HAPPINESS

A successful brunch and fashion parade on November 7, at the Tacoma Country Club, will be tucked away in our memories when November Bulletin arrives. Hard working Co-chairmen Jeanne Vadheim and Carol Hopkins made this one a winner. December 7 is the next date to circle. Again the Tacoma Country Club, sparkling with holiday decorations, will be the scene of the annual Dinner - Dance. Co-chairmen Edie Lawrence and Keaty Gross have engaged Gary Gonter's band for the 6:30 event. Tickets are being handled by Nadine Kennedy and Betty Johnson.

NURSING SCHOLARSHIPS

Para-medical Chairman Gloria Virak presented the recipients of our nursing scholarships at the October meeting. From Tacoma General came Becky Settlementyre and Robin Tanzino. The girls from St. Joseph's were Anita Wright and Eliabeth Veager and from PLU we met Barbara Jean Johnson Lakin and Janice Kolden. It was Gloria's thoughtful idea to present them with an appropriate charm as a memento of the occasion.

LIAISON COMMITTEE FORMED

A newly formed Services Liaison Committee to draw into Auxiliary Service related groups, is being co-chaired by Mrs. Alva Miller and Mrs. Richard Link. President Dorothy feels that a real effort should be made to include wives of physicians from Western State, Veterans, Madigan and allied facilities in the area. This is certainly part of our "Getting to know you better" theme.

IN THE CRYSTAL BALL

The program for the remainder of the year promises to be both entertaining and diversified. Chairman Joanne Johnson has obtained a fine speaker for January. Mr. H. L. Williams, Executive Director of the Tacoma Art Museum, will talk on the development of art and medicine, a subject of great interest to doctors' wives. February brings us the ever-popular Tasting Luncheon and Hobby Display to be held at St. Mary's Church in Lakewood. In March we will host the Mid-Year Conference. April and May bring us well-known speakers. Elizabeth Wright Evans from Seattle, has titled her talk, "Doctors' Wives; Can They Communicate Better?" In May, Clara Goering, a member of the Auxiliary, and a devoted gardener, will speak on "Flowers of the Bible." Don't miss a single meeting!

AMA-ERF DEADLINE

Ginny Smith is reminding us that the deadline for the AMA-ERF Christmas card project is November 20. Anyone interested please send your check to Mrs. Paul B. Smith, Jr., 3404 N. Adams St., Tacoma 98407. Also call Ginny for additional information.

As the world turns, Turkey Day approaches, Christmas shopping beckons, and holiday plans simmer . . . No time to lie abed. See you next month.

—Inez M. Pipe.

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BOARD MEETING NOTES**October 11, 1968**

The board meeting of the Auxiliary to the Pierce County Medical Society was held October 11, 1968, at 10 a.m. in the home of Mrs. Walter Arthur. President Dorothy Grenley thanked our hostess who then introduced her committee.

Minutes of the last board meeting were approved as published in the July Bulletin. The president expressed her thanks to all who worked so hard all summer to carry on the work of the Auxiliary and planned for the year's activities. The treasurer's financial report for the last year was read. An audit will be requested in September as required by state instruction.

Mrs. Alva Miller was appointed to head a Services Liaison Committee.

The 37th annual convention of the Women's Auxiliary to the Washington State Medical Association was held September 22-25 in Seattle. Delegates from

Pierce County were Mesdames Wayne Zimmerman, Robert Burt, Murray Johnson, Vernon Larson, Leo Sulkosky, Stanley Tuell, Horace Whitacre, James Lambing, and Philip Grenley. Alternates were Mrs. Bernard Pipe, Elmer Wahlberg, and Frederick Schwind. It was reported with pride that:

1. We received an award for raising the most money in the State for AMA-ERF. Our thanks to Mrs. Paul Smith, Jr.

2. Our Safe Driving Course report was written up in the July '68 "M.D.'s Wife" and we have been recommended for a national award.

3. Mrs. Horace Whitacre received recognition for the noted accomplishments of her mother-in-law in starting the State Auxiliary.

4. Lorna Burt's President's report was enjoyed and well received. In this she mentioned our scholarships for doctors' families and the Bosom Buddies.

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5. Jeanne Judd is president of the S.W. Region.

6. Lorraine Sulkosky is State Publicity Chairman. It was reported that she even sold a cookbook to Katherine Wise.

7. Kathleen Skrinar gave a Health Services report and our list of Health Services has been used as a model for the State.

8. Sherry Johnson is on the nominating committee.

The fall workshop was held Wednesday, October 9th. It was suggested we adapt our committees to fit the needs of the local community.

The By-laws committee will meet to update and include any revisions made by the State as of September, 1968.

Two doctors have been appointed as advisors by Dr. Lambing. They are Dr. John Shaw and Dr. Kenneth Graham.

Letters of congratulation will be sent to Mrs. John Havlina and Mrs. Robert Florence for their work as presidents of community service organizations.

It was reported that our scholarship program will not be subject to any question from Internal Revenue Service.

Because of a State raise in dues, as of September, 1969, they will increase from \$2 to \$4. Our local dues will be \$12.00 this year.

Letters will be sent to honorary members.

The first meeting will be held at the home of Mrs. James Billingsley, State President, Mrs. Harry Bailey of Oak Harbor, and Mrs. John Vaughn, president-elect, will be present. The girls receiving nurses' scholarships will be honored by a small gift.

The mid-year conference was discussed and Dr. Joseph B. Trainer, Associate Professor of Physiology and Medicine at the University of Oregon, was suggested as guest speaker.

Committee reports were given by the following:

Joanne Johnson reported that the

style show will be held in November and the Christmas Dance will be in December. In January Mr. Hobert Lyle Williams, Tacoma Art Museum executive director, will give us a program relating the development of art to the development of medicine. The Tasting Luncheon will be held in February at St. Mary's in Lakewood. Mrs. Robert Lane is in charge of food and Mrs. Buel Sever is planning the hobby show. March will see our mid-year conference with Mrs. Jack Erickson and Mrs. Robert Brooke in charge. Elizabeth Wright Evans, Educational Director for KING-TV, will speak on "Doctors—Can They Communicate?" A special treat is in store for us in May as we go to Oakbrook to hear our own Clara Goering tell of "Flowers of the Bible".

Lorna Burt will have the nominating committee list by November.

Membership chairmen Kit Larson and Kimi Tanbara will have the year-books ready for the October meeting.

Mrs. Ernest Randolph sent letters to county schools and reported that 103 subscriptions have been sent in for "Today's Health".

Historian, Clara Goering, will include information about the work that doctors' wives are doing in the community in the scrapbook. Our thanks to Dr. Schwind for our scrapbook.

Kathleen Skrinar has material to distribute to church groups on Initiative 242. It was reported that 700 invitations were sent out for an information meeting on 242 and only 7 people attended. Our help was asked and thanks given to Mesdames Tuell, Ellis, Johnson and Wright for their help.

Gloria Virak and Elsie Schwind announced that the scholarship for St. Joseph's Hospital is to be re-awarded.

Telephone chairman, Mrs. Dale Doherty, needs 2 or 3 more callers to make 10 calls each. Calls will be made in the same zip code area so caller can aid in transportation if needed.

Lorraine Sulkosky reported that over \$7,500 has been turned in for cook-books. Katherine Wise is using our recipes on KOMO and Lorraine asked members to write her telling her which are their favorite recipes and any interesting stories about them.

It was suggested that a medical representative should be on the board for Central Mental Health.

Mrs. David Hopkins reported that the fashion show will be a brunch at the Country Club starting at 10:30 a.m. Lou Johnson's is planning a very special show. There will be a raffle and door prizes. Tickets will be available at the October meeting. They are \$5.00 each. \$2.13 of this will go for nurses' scholarships.

Mrs. Edward Lawrence reported that our dance will be held December 7th at the Country Club. Tickets will be \$20.

Letters were received from Tacoma Goodwill, U.G.N., Puget Sound Excursion Line, Council on Aging, Poison Prevention Committee, Tacoma Urban League, Inc., Tacoma Council of PTA, President's Council of Women's Organizations, Lakewood Players and March of Dimes.

The meeting was adjourned at 12 noon.

Nancy Billingsley,
Secretary.

NIXON SHOWS UP AT WSMA MEET; JUST LIKE 1964 --- ALMOST

Just four years ago, a confident President and Presidential Candidate, Lyndon B. Johnson, broke up the routine of the Washington State Medical Association meeting in Seattle by showing up at the Olympic Hotel in person and bumping many of the physicians out of their hotel rooms. He created a small furor by forcing the technical exhibitors to close up shop early so he could use the space for a political speech.

History partially repeated itself in 1968, as another man confident of success at the polls flew into town midway through the State Medical meeting. This time the meeting was a little more congenial, however, as Republican Candidate Richard Nixon flew into town and held a rally in Victory Square adjacent to the hotel.

The result was that physicians who attended the reception on Tuesday evening in honor of incoming State President Dr. William E. Watts had an extra bonus in the form of a personal visit and chat from Mr. Nixon. The informal affair was being held in the Olympic Bowl and Mr. Nixon showed up and smilingly made a few friendly quips about doctors, giving all present a close look at the personable Republican candidate.

PATIENTS WANTED FOR THERAPY AT UPS

The School of Occupational Therapy of the University of Puget Sound currently has space for additional patients to receive prescribed educational therapy. This program is carried out by students under the supervision of the teaching staff. Clinic hours this semester are: Tuesdays, 2:00-4:00 p.m. and Wednesdays, 10-12:00 noon. Patients may be referred by contacting the school or J. E. Hazelrigg, M.D., Chairman, Medical Advisory Board.

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Before you know it, the Christmas season will be here and it's not too early to give thought to the traditional custom of sending greeting cards to our friends.

Again this year, the Medical Auxiliary extends to you the opportunity of giving you help in this task in return for your help in simply making a tax deductible gift to the AMA-Educational Research Foundation. For your gift of any amount, the Medical Auxiliary will send to each physician in Pierce County a Christmas card on which the names of all contributing physicians will be imprinted along with a Christmas greeting and explanation of the worthy cause to which you have contributed.

It is suggested that you determine the amount of money you would normally spend in card purchases and postage to send your physician friends and colleagues in the community and make this your gift. Records of individual contributions are kept only for accounting purposes and are strictly confidential. Every cent is tax deductible and, in return for letting us help relieve you of a time-consuming burden, we urge your generosity in supporting AMA-ERF which distributes this money to medical schools for research and education. You may specify a school of your choice to receive your donation. Unspecified gifts are placed in the general fund and are distributed according to need. Operating costs of the project are paid for by the Auxiliary.

These contributions are not meant to replace the ones usually made by physicians each year to AMA-ERF. This program is offered to help you with your task of sending Christmas cards and at the same time make the money you

would normally spend for this meet a more purposeful and useful need.

November 20th is the deadline for sending in your contribution and having your name on the Christmas card. Make your tax deductible check to AMA-ERF and send it to: Mrs. Paul B. Smith, Jr., 3404 North Adams Street, Tacoma, Washington 98407.

Four Tacoma Doctors Show Works In Art Exhibit At Meeting

As in years past, Tacoma doctors made a bigger splurge in the Physicians' Art Exhibit at the State Medical meeting in Seattle than they did in the presentation of scientific papers.

There were seven works of art by four Tacoma physicians on display at the September meeting at the Olympic Hotel.

Dr. Ken Gross, a frequent contributor to the exhibit, had two new paintings on display. One was entitled "Primitive" and the other "Pahaku Loa Halelwa", the latter a Hawaiian scene.

Another faithful producer was Dr. Glenn MacBride, a many-time winner in photo contests, who entered two photographs. One was "Tranquility" and the second was a shot of a kitten crawling out of a PanAm bag, with the title, "Can't I Go, Too?"

Dr. Wayne Zimmerman had two original entries in water colors, one a view of the Dickman Mill, and the other, called "Bad Dream", featured a semi-abstract collection of doctor-related items scattered across the canvas.

Only newcomer was one of Tacoma's most recent artists who has been painting for only a year. He was Dr. Charles B. Arnold, who entered a painting of monkey-heads, entitled, "Monkeys".

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C I B A

More FM Conferences Scheduled; Doctors Eat Lunch At Same Time

Interest is picking up in the weekly Medical Radio Conferences, according to Dr. James Mason, Director of Continuing Education at Tacoma General Hospital. The programs are aired on FM at Tacoma General and Allenmore Hospitals each Tuesday from 12:30 to 1:30 p.m. Physicians can eat lunch during the presentation.

Programs scheduled for the coming month are:

November 5: Use and Abuse of Steroids, Peter H. Forsham, M.D., Professor of Medicine and Pediatrics, U. of C.; Robert A. Campbell, M.D., Associate Professor of Pediatrics, U. of Oregon.

November 12: Cirrhosis of the Liver, Edwin L. Bierman, M.D., Professor of Medicine, U. of W., and Fritz Fenster, M.D., Clinical Associate Professor of Medicine, U. of W.

November 19: Congestive Heart Failure, Keith Cohn, M.D., Assistant Clinical Professor, U. of C., and Maurice Eliaser, Jr., M.D., Clinical Professor of Medicine, San Francisco Medical Center.

November 26: The Spectrum of Infectious Diseases, Marvin Turck, M.D., Assistant Professor of Medicine, U. of W., and Roger J. Bulger, M.D., Assistant Dean and Assistant Professor of Medicine, U. of W.

December 3: Adult Onset Diabetes and Vascular Insufficiency, Vincent Di Raimondo, M.D., Associate Professor of Medicine, San Francisco Medical Center.

Ed Yoder Honored By WSMA For 50 Years In Practice

Young-looking, young-acting Dr. Edwin C. Yoder was one of four physicians honored at the annual Family Banquet at the State Medical Association meeting in September for having been in practice for 50 years. Ed and Mrs. Yoder (Leona) were both present for the occasion.

Other doctors joining the 50-year club were Dr. Frank P. C. Davis of Kelso, Dr. Paul S. Hageman of Spokane, and Dr. Vernon W. Spickard of Seattle.

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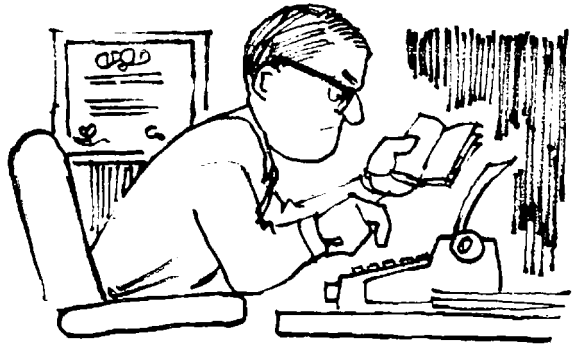
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Mrs. Charles Vaught, 1317 21st St. S.W.....	TH 5-6215

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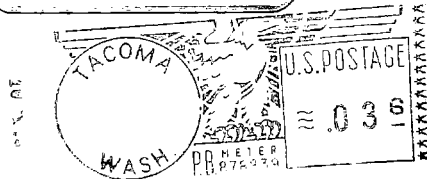
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Tacoma

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Pierce County Medical Society

Medical Arts Building
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MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, July and Oct.—
6:15 p.m. Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept. Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL
Last Monday of February, June, September and November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC
ASSOC.—First Monday of October, December, February,
April and June.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and
August—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m. at Ceccanti's
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and
August
- PIERCE COUNTY PEDIATRIC SOCIETY
First Thursday of each Month except June, July and
August—6:00 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Friday of March, June, September, December—
7:15 a.m. at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- STAFF OF NORTHERN PACIFIC HOSPITAL
Second Monday of March, June, September, December—
12:30 p.m.

The

PIERCE COUNTY MEDICAL SOCIETY

BULLETIN

DECEMBER - 1968

TACOMA, WASHINGTON

VOL. XXXIX—12



PIERCE COUNTY MEDICAL SOCIETY

**REGULAR MEETING
DECEMBER 10**

Pierce County Medical Society

1968

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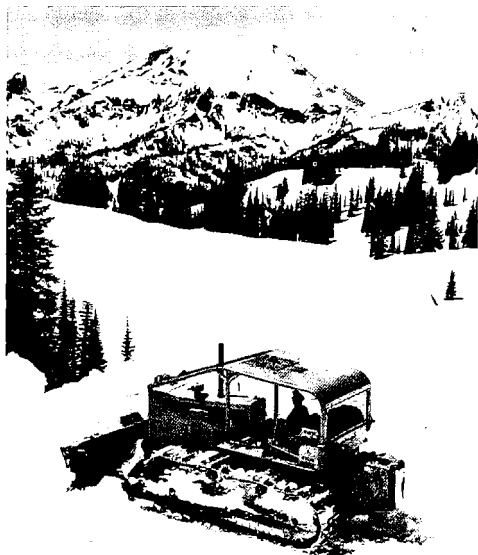
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COVER PICTURE: U. S. 410, Chinook Pass, west side near summit. (Picture courtesy of State Highway Dept.)

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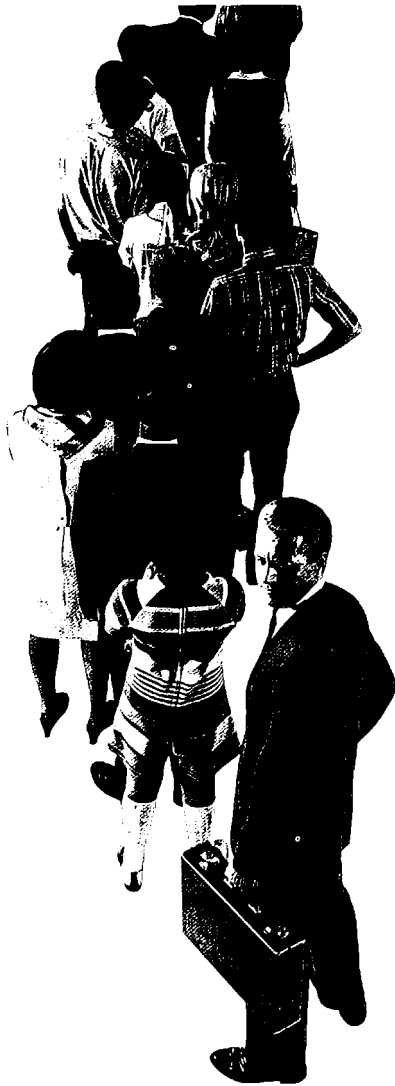
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PIERCE COUNTY MEDICAL SOCIETY MEETING

Tuesday, December 10

Medical Arts Building Auditorium

PROGRAM - - - 8:15 P.M.

"SAFETY AND SEX"

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Social Hour: 6:30

Dinner: 6:45

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December Calendar of Meetings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 Tacoma Orthopedic Society 6 p.m. Tacoma Chapter of American Psych. Assoc.	3 Staff of Tacoma General— 6:30 p.m. C.P.C. of Mary Bridge 8 a.m.	4 Surgery Grand Rounds—T.G.H. 8-9 a.m.	5 Pierce County Pediatric Society 6 p.m.	6	7 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
9 Staff of Good Samaritan 6:30 p.m. Staff of Northern Pacific Hosp.—12:30 p.m.	10 PIERCE COUNTY MEDICAL SOCIETY 8:15 p.m. C.P.C. of Mary Bridge 8 a.m.	11 OB-GYN Conf. T.G.H. 8-9 a.m.	12	13 C.P.C. of St. Joseph's 9 a.m.	14 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
16 Staff of St. Joseph's— 7:30 p.m.	17 Tacoma Surgical Club—6:30 p.m. C.P.C. of Mary Bridge 8 a.m.	18 Medicine Grand Rounds—T.G.H. 8-9 a.m.	19	20 Staff of Allenmore Hospital 7:15 a.m.	21 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
23	24 C.P.C. of Mary Bridge 8 a.m.	25 MERRY CHRISTMAS	26	27 Staff of Mary Bridge— 12:15 p.m. C.P.C. of St. Joseph's 9 a.m.	28 C.P.C. of TGH-MVGH (MVGH Classrm.) 8 a.m.
30	31				

Grand Rounds—Mt. View General Hospital—Every Saturday 9 to 10 a.m.

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President's Page

I would like to make a few comments on paper work—particularly attending physician report requests for life or health insurance applications. As a medical director of a life insurance company, I understand the importance to the patient of the attending physician completing and returning the report promptly. As a practicing physician, I also see the difficulty created by vast amounts of unending paper work.



The report requested in many cases is the key to classification of your patient as an insurance risk. The form used by most companies is a standardized one approved by the Council on Medical Service of the AMA. The majority of companies adopted this form because they understand the difficulties created by a multiplicity of forms. This form outlines the specific information desired which is essentially a brief review of pertinent medical history and the results of laboratory findings. Any special studies such as X-rays or EKGs borrowed by the companies are usually handled with extreme care by the medical and underwriting departments and are returned promptly after review. Incidentally, copies of EKGs are satisfactory to the companies in most cases. Many companies include postage paid envelopes and mailing labels for the physician's convenience and some utilize a system where you can dictate the report by telephone and receive a copy for your patient's file.

Almost every company is willing to pay a fee for the report and many enclose a check or draft for \$3 or \$5 with the original request. If for some good reason you don't feel the regular fee is adequate, most companies are willing to pay any reasonable increase. Many state this on their request and ask you to bill them with the report. Some physicians make it difficult for the companies to maintain their "reasonable fee" attitude. For example, I have seen reports with a few scrawled lines and a bill for \$25 and others with several typewritten pages without a request for any additional fee. The point to remember is that most companies feel you are entitled to a reasonable fee for your report.

Even though an authorization to release information is routinely sent, the private physician may be justifiably concerned about the handling of the information requested. Unfortunately, there seem to be a few companies who do not exercise great care in keeping the information confidential. The majority of companies do treat your reports as strictly confidential and privileged information and they are aware of the problems that can be created by putting you in the middle when an increased rating or rejection is necessary. On the other hand, I have seen

(Continued on Page 11)

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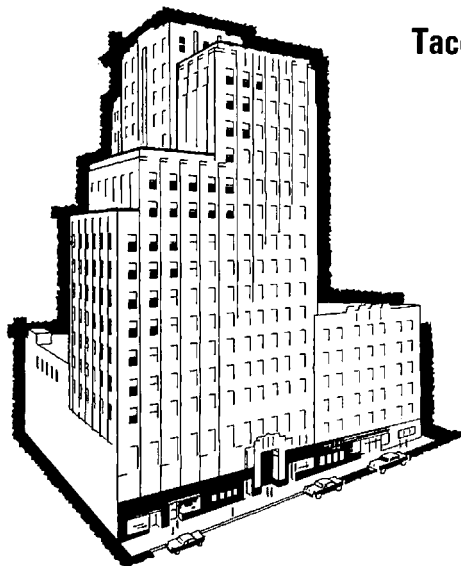
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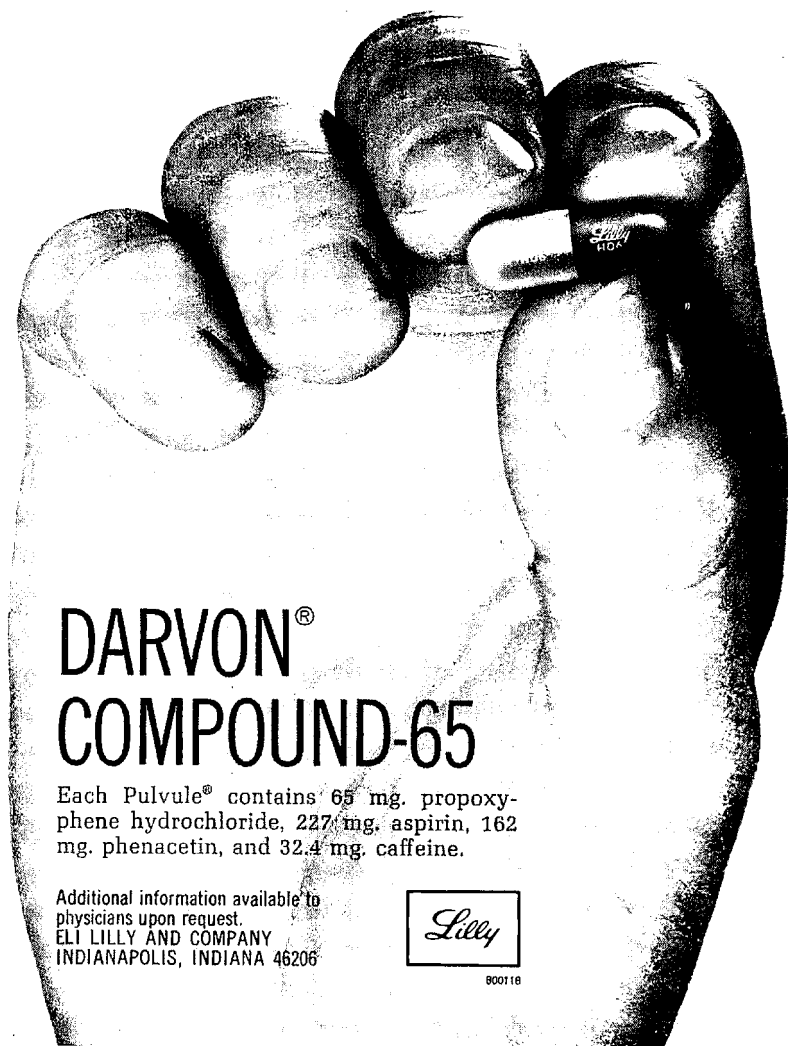
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(Continued from Page 10)

instances where the attending physician, without taking into consideration the differences between clinical medicine and the statistical-medical method of risk selection, has advised a patient not to buy a rated insurance policy. This can be a little hard to explain if the patient ends up uninsurable a few years later and did not buy insurance when he could obtain it because of his physician's advice. Another area that can create misunderstanding is the fact that the patient often gives the company's medical examiner a much different picture of medical problems than he has given to some attending physician! I could relate some very interesting stories if I had the space!

To sum up, the reports requested in conjunction with life and health insurance applications are extremely important to your patient and to the insurance company underwriters who must classify him as a risk. The companies are vitally interested in obtaining the reports at the attending physician's earliest possible convenience and are most willing to pay a reasonable fee. They are also interested in maintaining good relations with the medical profession, so don't hesitate to write to the medical director of the company if you have any questions or problems. He will be happy to hear from you.

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Editorially Speaking

An Open Letter to Mavis Kallsen

Dear Mavis:

Christmas is coming and I suggest you go out and buy Bob a new visor. I'd give him my old one, but after five years' hard use it's a little brittle.



Also, you should shop for some arm bands. Every editor needs arm bands, though I'm not sure what for.

Then get out your 1969 clendar and mark off the 19th of every month. The *Bulletin* deadline is the 20th, so the night of the 19th is Bob's night to sit up with his typewriter (and visor and arm bands) 'til about 1 a.m., getting copy ready for the deadline.

Now, Mavis, don't be hurt if Bob doesn't get deluged with phone calls the second week in January telling him what a great issue it was in the first week in January. And if you overhear anyone saying that doctors just throw this publication in the wastebasket without looking at it—don't you believe it! Only about half of them do that. The others look through it before they chuck it—to see if their names are in it. That's one of my rules to tell Bob about—put a doctor's name in a headline every chance he gets. That assures him of at least one reader in that issue.

Then, Mavis, the great day will come. Some day, along about June, Bob'll come home with a big smile on his face. That day, two doctors in a row (whose names weren't even in the thing) will stop Bob in the hospital halls to tell him what a fine article he wrote on AMPAC. No matter that John Shaw wrote that article—the glorious thing is that *somebody* read the *Bulletin*!

And then, oh day of victory! Along about October, someone will compliment him on an editorial he wrote. No matter that it was your idea—it'll still be one of life's great moments.

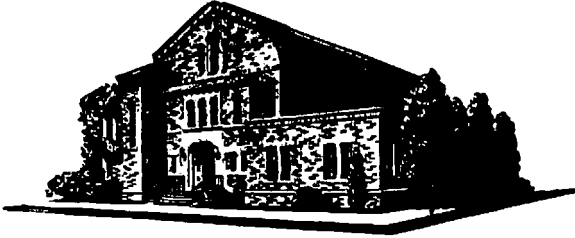
Seriously, the real message in this *Bulletin* isn't in the meaningful editorials Bob will be able to write. It's in the news items that keep the doctors informed about each other, each other's specialties, each other's societies, the hospitals, meetings, even a few social events. There are a lot of friendly doctors in Pierce County. They should get acquainted.

About those arm bands. I'm keeping mine as souvenirs. I don't mind saying I've become quite sentimental toward them and what they stand for.

It'll be a better *Bulletin* next year, with Bob's guidance and your patience.

Sincerely yours,
STAN TUELL

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December Birthdays

- 1 David S. Hopkins
Charles C. Reberger
- 3 Bernard R. Rowen
- 4 C. L. Anderson
- 5 S. Robert Lantiere
- 6 Homer W. Humiston
Woodard A. Niethammer
- 9 Stanley W. Tuell
- 12 Arthur P. O'Leary
- 14 Samuel A. Adams
David H. Johnson
- 15 Warren F. Smith
- 16 Robert M. Freeman
Kenneth J. Ritter
Maurice Yoachim
- 20 Loy E. Cramer
- 21 Philip Grenley
- 23 Carl J. Scheyer
- 24 John R. Flynn
- 28 Kenneth L. Pim
- 30 Gordon Dean
Milan Pazourek
- 31 Hanif Anwar
Lewis A. Hopkins

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BOSOM BUDDIES CHASE THE BLUES

How can you beat the spirit of a group of former mastectomy patients organized to help others about to undergo this traumatic experience, who have chosen to call themselves Bosom Buddies? While the name provokes a smile, their generous services offer a real solace and encouragement to prospective mastectomy patients. These gals have "been there" and have conquered their fear.

The idea for forming such a group came to Mrs. George Eaton of Lakewood after her own surgery. Later, she heard of a similar group in the east while watching a Virginia Graham TV show. Why not here also, thought Mildred Eaton, who immediately went into action by contacting Mrs. Robert Burt, then president of the Pierce County Medical Auxiliary. Lorna Burt discussed it with her surgeon husband who approved, and the formation of a group was on its way.

"I felt that a morale booster is really needed at the time a woman is facing such surgery," commented Mildred, "and those of us who have recovered can do much toward reassuring others. Just to feel there are others who understand is a great help. The doctors are informed of our services and we never approach a patient unless we are asked to do so."

The type of service given includes preoperative counselling and moral support, postoperative counselling in the home, a temporary prosthesis, and exercising instruction.

Through the joint efforts of Dr. Warren F. Smith, Washington Division of the American Cancer Society Board Member, Mrs. J. Robert Brooke, Vice-President of the Washington Division of the Cancer Society, and Mrs. Burt, the

Bosom Buddies are now a sponsored service of the Washington Division of the Cancer Society.

The group of about twelve volunteers providing this service will be adequately trained for their job both through their own experience and through the efforts of the American Cancer Society and Pierce County Medical Society. The latter group has also endorsed this service program.

Mildred Eaton, the chairman of Bosom Buddies, is the mother of three grown children and works in the Traffic department of the Clover Park Educational television station. Her vision and determination made this worthwhile project possible.

—INEZ M. PIPE

GOOD-BYE

The days were short; our
common path has ended.
In other gardens let your flowers bloom!
Oh keep therein the rose
that I have tended!
It's beautiful, and needs
but little room. . .

I saw my eyes once
in your eyes reflected,
Saw deep down in your eyes
a well without a ground.
Whose depth you had not yet
yourself detected.
If I could drink from it,
my heart would then be sound!

Good-bye, for we must walk
the paths we had selected,
And may but dream that
they had *sooner* met.
I saw my eyes once in your
eyes reflected . . .
Let that be all, till time
makes us forget!

—GERHART A. DRUCKER.

Comfort et al Win "Everything" at WSMA Golf Tournament



It was TACOMA — all the way — at the Washington State Medical Association annual golf tournament in Seattle in September. Rarely has one community dominated the golf picture at the State meeting as Tacoma did this year when all the "big winners" were physicians from this city.

John Comfort is pictured above accepting the President's Trophy from Bob Spencer of Everett on behalf of the Tacoma foursome that won the trophy for being the lowest gross from any community. Comfort led the field with a gross of 76, which gave him the championship for low gross. Bill Rohner was low net champ with his gross of 77 and a net of 64. Rounding out the championship foursome of Tacomans were Marsh Whitacre with a 77 and Horace Anderson with an 81.

Annual Dinner Dance
Saturday, December 7
Tacoma Country &
Golf Club
6:30 P.M.

Here's New Editor: Bob Kallsen Takes Job; Mavis May Help



There'll be a new face on the editorial page next month!

It'll be the beaming countenance of your new editor, Dr. Robert Kallsen, pictured above. He'll take over the management of the *Bulletin* for the coming year. He denies any great journalistic urge or background, but does have a rich background of experience as an internist for 13 years in Tacoma, veteran of two hitches in the Navy, father of five, grandfather of one, and husband of Mavis.

The last item may be of some real significance, since wife Mavis was Women's Editor of the *Bulletin* for the Auxiliary in 1964, writing with a style that no other writer has been able to duplicate.

Bob was born and raised in the land of Gitchee Gumees, Pipestone, Minnesota, and his graduate work in internal medicine was at the University of Minnesota. He spent two years in the Navy in 1953 and 1954, just before starting his practice in Tacoma.

The out-going editor has been on the job for five of the past six years. Good luck, Bob!



Tacoma Delegates: Shown above are 3 of Pierce County's 7 delegates to the Washington State Medical Association House of Delegates meeting in Seattle in September. Left to right: Bob Florence, Wayne Zimmerman, Fred Schwind.

IN APPRECIATION

The Christmas season seems an appropriate time to thank all the doctors who have contributed to my teaching project with their M.D. magazines. These publications are a source of much material which will broaden the scope of either the English or History classes which I will be teaching; much of this material would otherwise take months of research to uncover.

My warmest thanks to each one who has shared in this continuing project.

Sincerely,

JERRY REYNOLDS.

Annual Dinner Dance Set For Sat., Dec. 7, At Country Club

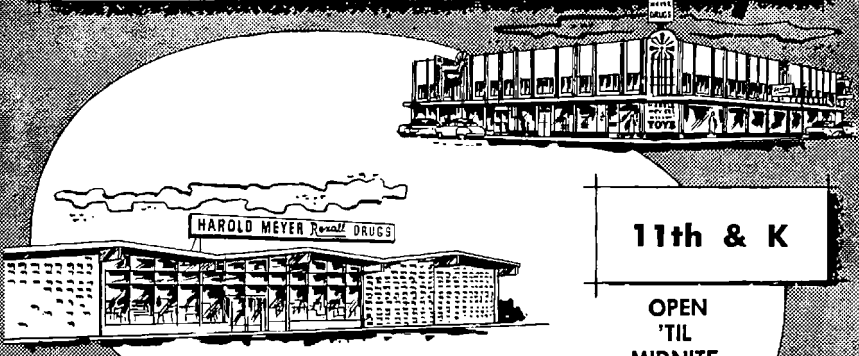
The big night is here! Saturday evening, December 7, is the date for the Auxiliary's big annual dinner-dance for all members of the Pierce County Medical Society and their wives.

Recalling the big success of last year, co-chairmen Edith Lawrence and Keaty Gross have again lined up the Tacoma Country Club as the site for the affair, and Gary Gonter's orchestra will provide the music for dancing. The event will begin at 6:30 p.m.

Nadine Kennedy and Betty Johnson are in charge of the tickets.

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AMPAC '68

Evaluation of the elections for Pierce County show that AMPAC backed four Democrats and two Republicans in the practical game of politics. We had five winners and one loser. Dr. Homer Humiston eloquently explained his loss at our last Pierce County Medical Society meeting.

At this point it might be well to consider the winners and some of AMPAC's philosophy for picking them. First we look at the legislative district and treat it for what it is—Democratic or Republican. This gives you a fairly good idea as to whom the winner will be, regardless of the man himself. Next you determine whether there are any issues which might result in an upset. Then you must get down to considering the candidate himself. If the candidate is an incumbent AMPAC already knows if we can work with him. If the candidate is not an incumbent, he must be evaluated by personal contact and other accumulated background information.

With any kind of effort we can achieve better than 50% accuracy. With good basic common sense and sticking to the facts without emotion, we can approach 75% accuracy. Above 75% accuracy takes very careful research. AMPAC achieved excellent results throughout the state with its hard dollars voluntarily contributed by each member.

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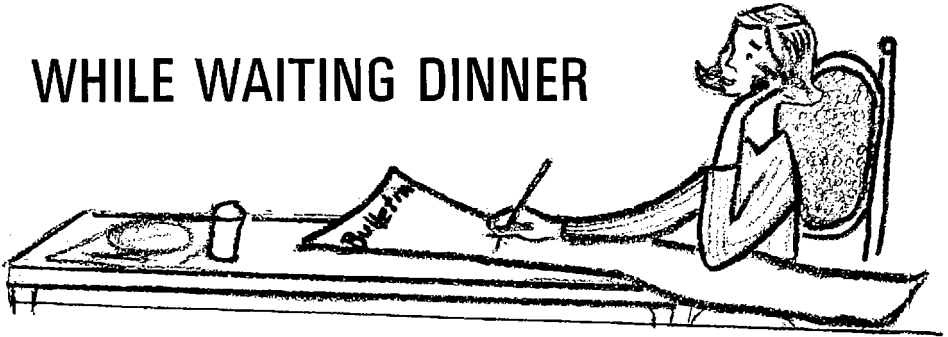
‘ ‘ ‘

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WHILE WAITING DINNER



WOMAN'S AUXILIARY . . .

To The Pierce County Medical Society

AUXILIARY OFFICERS 1968-1969

President	Mrs. Philip Grenley
President Elect	Mrs. Murray L. Johnson
1st Vice President and Program	Mrs. Ralph Johnson
2nd Vice President and Community Service	Mrs. Vincent Murphy
3rd Vice President and AMAERF	Mrs. John Kemman
4th Vice President and Social Chairman	Mrs. Paul Smith Jr.
Recording Secretary	Mrs. Max Brachvogel
Corresponding Secretary	Mrs. James Billingsley
Treasurer	Mrs. Marvin Bourne
Dues Secretary	Mrs. Stanley A. Mueller, Jr.
	Mrs. Charles McGill

COMMITTEE CHAIRMEN

Nominating	Mrs. Robert Burt
Membership	Mrs. Vernon Larson
Membership Co-Chairman	Mrs. George Tanbara
Today's Health	Mrs. Ernest Randolph
Safety and Civil Defense	Mrs. James Stillwell
Historian	Mrs. William Goering
Legislative	Mrs. Thomas Skrinar
Para-medical	Mrs. Roy Virak
Publicity	Mrs. Frederick Schwind
Bulletin	Mrs. Arthur Wickstrom
Speakers Bureau	Mrs. Bernard Pipe
Telephone	Mrs. George Hess
Finance	Mrs. Dale Doherty
	Mrs. Russell Colley
	Mrs. Robert Florence
Mental Health	Mrs. Robert Osborne
Cookbook	Mrs. Hugo Van Doren
International Health	Mrs. Leo Sulkosky
AMPAC	Mrs. Theodore Huley
Fashion Show	Mrs. Wayne Zimmerman
Dance	Mrs. David Hopkins
	Mrs. James Vadheim
Minute Women	Mrs. Kenneth Gross
	Mrs. Edward Lawrence
	Mrs. Stanley Tuell
	Mrs. Samuel Adams
Representative to Council on Smoking	
Representative to Council on Alcoholism	Mrs. Homer Clay
Representative to President's Council	Mrs. Murray Johnson
Cookbook Tasting Luncheon and Arts and Crafts Display	Mrs. Robert Lane
	Mrs. Buel L. Sever
Midyear Conference	Mrs. Jack V. Erickson
	Mrs. J. Robert Brooke

Alexander Smith speaks of the timelessness of that season. Not only does it hold time together, it probably holds US together, for if ever we extend ourselves to help our fellow man, it is at Christmas time. The glow from good wishes sent around the world warms our hearts and makes us all better than we are. There is change in the world but Christmas remains constant.

REMEMBER THE AGENCIES

Whatever else you do for the less fortunate, do remember to contact your local relief agencies for the pick-up of usable articles you no longer need. Whether it be Goodwill, St. Vincent de Paul, Tacoma Rescue Mission, Faith Home, St. Ann's or Hilltop, to name only a few, give them a call. Children's clothing and toys are especially needed, along with bedding and furniture.

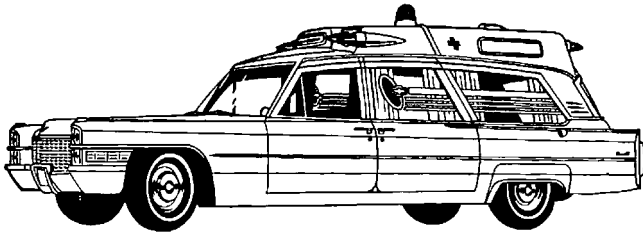
NOMINATING COMMITTEE

The machinery of Auxiliary moves along under our capable President's direction and plans for next year's officers progress with the appointment of a nominating committee at the October meeting. Lorna Burt, last year's Auxiliary president, is chairman. Her committee members are Sherry Johnson,

(Continued on Page 23)

"Within the month of December falls Christmas Day, the anniversary of the world's greatest event. To that one day the ancient world looked forward; to the same day the modern world looks back. That day holds time together." In his beautiful essay on Christmas,

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(Continued from Page 21)

President-elect; Margy Larson, Hilda Lantiere, Shirley Kemman and Delores Wickstrom.

DINNER-DANCE

At this writing Auxiliary members are looking forward to a sparkling evening at the Tacoma Country Club on December 7. Co-Chairmen of the Dinner-Dance are Keaty Gross and Edie Lawrence. Following this purely pleasure event, our next meeting will be a luncheon at the home of Ruth Murphy, 803 Stadium Way, on Friday, January 17, and that is in the year 1969. Imagine! After the business meeting, Mr. Hobart L. Williams, Director of the Tacoma Art Museum, will speak. Do be there.

COMMUNITY HEALTH COUNCIL

The Pierce County Community Health Council has been formed to promote the coordination of public and private health work. Our Auxiliary is represented by our president, Dorothy Grenley. A "Health Services Available Directory" approved by the Council will be modeled after the Woman's Auxiliary Directory and will be distributed under our auspices. The original directory was planned and executed by Marge Wicks.

DUES, DUES, DUES

Any laggard whose dues are due can make Edith McGill's Christmas happier by sending their check in before the bells ring in the new year. Enough said about that!

TO COOK OR NOT TO COOK

From Poor Richard's Almanac or someplace comes the quote, "Doctors are always working to preserve our health and cooks to destroy it, but the latter are the more often successful." Now that's a sad statement. **SOME-BODY** is not using the Auxiliary Cookbook. If you know anyone who is without one, make their lives brighter and healthier at the same time with the gift of a Cookbook. Also, if you've had your fill of pumpkin and mince pie at

Thanksgiving try the Date Pudding on page 234 for a Christmas dinner dessert. Don't overlook the punch recipes. Come on, live a little!

LOOKING AHEAD

The Mid-Year Conference committees of both Pierce and Kitsap Counties will meet with Mrs. Harry Bailey, State President, December 10, at Lakewood Motor Inn, to view the facilities for the March meeting. A luncheon will follow at the home of Dorothy Maier. Co-Chairmen Phyllis Erickson and Ruth Brooke will announce their committee next month.

A SPRIG OF HOLLY

Time to pass out the bouquets again. Let's vote a sprig of holly to:

All the gals who did such a superb job on the Fashion luncheon. Raves are still floating around. That would include Carol Hopkins, Jeanne Vadheim, Mavis Kallsen, Helen Florence, Anne Katterhagen, Ruth Murphy, the children and the poodle. Not to forget Lou Johnson's clothes and the expert presentation by Florence Poole, commentator.

Joanne Johnson for her smooth introduction of the speakers on Tacoma's Town Hall.

Helen Florence and Delores Havlina for presiding over two of Tacoma's fine cultural groups.

Stephanie Tuell, Ellen Pinto, Kathleen Skrinar, local and statewide Auxiliary who pushed 242 over the top.

Dr. John Bonica, director of the newly established Anesthesia Research Center at the University of Washington. For those of you who do not know of Dr. Bonica, he has been chairman of the University's Department of Anesthesiology since 1960, after fifteen years as director of that department at Tacoma General Hospital.

And lastly, a wreath of holly to all of us who manage to "keep our cool" during that last hectic week of Christmas shopping. Happy Holidays!

—INEZ M. PIPE

NEW MEMBERS



Dr. Gilbert J. Chartier was born in Detroit, Michigan, and received his medical degree from Wayne State University in 1964. His internship was taken at McLaren General Hospital in Flint, Michigan.

Dr. Chartier began practice in Pierce County in January, 1968. He is in General Practice at the Western Clinic. He and his wife, Joyce, live at 5007 Sunset Drive.



Dr. Michael L. Doel was born in Twickenham, Middlesex, England, and graduated from the University of London in 1951. His internship was at Middlesex Hospital, London, and his residency was taken at the University of Washington. Dr. Doel's practice is limited to Anesthesiology and his offices are at 1106 South 4th. He and his wife, Jean, live on Route 1, Gig Harbor.

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Dr. Robert H. Fortiner was born in Camden, New Jersey, and he is a 1959 graduate of the University of Rochester School of Medicine. His internship and residency were taken at Walter Reed Hospital.

Dr. Fortiner began practice in Pierce County in 1967. His practice is limited to Psychiatry, with offices at 424 South K. He and his wife, Priscilla, live at 3010 So. 90th St.



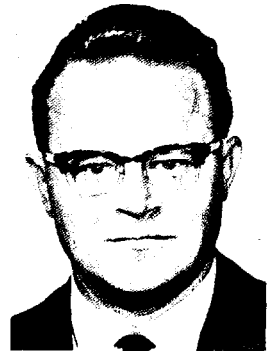
Dr. Lynn F. Greenlee was born in Cortez, Colorado, and received his medical degree from Loma Linda University in 1965. He interned at White Memorial Medical Center in Los Angeles.

Dr. Greenlee began practice in Pierce County in 1967. He is in General Practice with offices at 8610 112th East. Puyallup. He and his wife, Elaine, live at 1010 140th St., East, Tacoma.



Dr. Ada Van Dooren was born in Renkum, The Netherlands, and received her medical degree from the University of Amsterdam in 1952. Her internship was at Tacoma General Hospital and her residency was taken at Western State Hospital.

Dr. Van Dooren began practice in Pierce County in March, 1968. Her practice is limited to Psychiatry and her office and home are at 10908 Meadow Road, S.W.



Dr. Karel Pokorny was born in Trevic, Czechoslovakia, and he is a 1951 graduate of Charles University, Prague. His internship was taken at St. Joseph's Hospital, Tacoma, after which he did graduate work at the University of California at Berkeley.

Dr. Pokorny began practice here in 1965 and his office is at St. Joseph's Hospital, where he is on the Emergency Room Staff. He and his wife, Blanka, live at 1826 No. Shirley St.



Dr. George G. Kenney was born in Tacoma and graduated from the University of Washington Medical School in 1961. He interned at Providence Hospital and his residency was at Providence, Swedish and King County Hospitals.

Dr. Kenney began practice in Pierce County in May, 1968. His practice is limited to Radiology with offices in the Tacoma Medical Center. He and his wife, Mary, live at 7852 Agate Drive, S.W.



Dr. Ralph L. Marx was born in Oklahoma City, Oklahoma, and received his medical degree from the University of Colorado in 1958. He interned at Womack Army Hospital, Ft. Bragg, and his residency was at Tripler Army Hospital and Shriner's Hospital for Crippled Children.

Dr. Marx began practice here in October, 1967. His practice is limited to Orthopedic Surgery and his office is at 5924 100th St., S.W. He and his wife, Asta, live at 1109 Deepwood Drive, S.W.

Dr. Charles C. Tisdale was born in Grand Forks, North Dakota, and he graduated from McGill University in 1961. He interned at St. Francis Hospital, Honolulu, and his residency was at Vancouver General Hospital, Vancouver, B.C.

Dr. Tisdale has been in General Practice in Pierce County since February, 1968, with offices at 331 So. Meridian, Puyallup. He and his wife, Kristine, live at 1719 20th, N.E., Sumner.

PIERCE COUNTY MEDICAL SOCIETY NOMINEES --- 1969

Ballots are in the mail for election of officers for 1969. Dr. Wayne Zimmerman will serve as President of the Society during the coming year. Others will be elected from the following candidates.

PRESIDENT-ELECT

(Vote for 1)

Paul E. Bondo

Robert M. Ferguson

VICE-PRESIDENT

(Vote for 1)

Robert C. Johnson

Charles R. Vaught

SECRETARY-TREASURER

(Vote for 1)

T. R. Haley

George A. Tanbara

TRUSTEES

(Vote for 3)

Robert P. Crabill

Richard E. Huish

John M. Kanda

Marcel Malden

William L. Rohner

Don G. Willard

DELEGATE AND ALTERNATE

(Vote for 2)

Dudley W. Houtz

Herman S. Judd

Edmund A. Kanar

Charles E. Kemp

Happy Tacoma Golfers At The WSMA State Golf Tournament



Marsh Whitacre, Gerry Kohl, Bob Johnson, Bill Rohner

More Happy Tacoma Golfers



Charlie Galbraith, Walt Sobba, Stan Durkin, John Comfort

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MINUTES OF OCTOBER MEETING

The October meeting of the Woman's Auxiliary to the Pierce County Medical Society was held in the home of Nancy Billingsley on Friday, October 25, 1968, at twelve noon. President Dorothy Grenley welcomed everyone, and new members and guests were introduced.

It was requested that all members act as reporters for the *Bulletin*. Inez Pipe was thanked for making it interesting. Minutes of each meeting are published in the Bulletin each month to offer a greater line of communication with what is happening in Auxiliary for those not attending and to streamline the general meetings by eliminating minutes.

The President expressed thanks to all officers and committee chairmen who have done such wonderful work—with special thanks to Kim Tanbara and Kit Larson for the yearbooks and name cards. A membership report was given by Kim Tanbara. Dorothy said that the Auxiliary has a potential of 29 new members which shows a healthy growth of medical families.

Girls who received nursing scholarships were introduced by Elsie Schwind and presented with charms as a remembrance. Our thanks were then conveyed to Dr. Fred Schwind for the new notebook cover.

Auxiliary members are reminded to call Toni Bourne if they know of anyone ill or of an occasion to be remembered.

It was moved to approve the minutes as printed in the *Bulletin*. *Motion carried.*

The treasurer reported a balance of \$790.16. The Medical Auxiliary fiscal year ended September 30, 1968. The new begins October 1 with \$400 in the account.

Deposits\$660.00
 Withdrawals\$269.84

(Continued on Page 31)



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 Hungry appetities to appease,
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(Continued from Page 29)

The books are now at Mr. Knutson and Son, Public Accountants. The treasurer explained the breakdown of state dues for different classifications of members.

We will host the mid-year conference jointly with Kitsap County. Plans are well under way.

Dues have been raised locally to meet the 1969 raise of National dues.

Bylaws are being revised to comply with state requirements. Chairman is Mrs. Herbert Kennedy with Mrs. Kiyoko Hori, Mrs. David Johnson, Mrs. Marvin Bourne, Mrs. James Duffy, Mrs. Robert Burt, and Mrs. Glenn Brokaw as her committee.

The nominating committee has been appointed with past-president Lorna Burt as chairman; Sherry Johnson, president-elect; Margaret Larson and Hilda Lantieri, members-at-large; Dee Wickstrom and Shirley Kemman, board members.

It was announced that there are only 44 tickets remaining for the fashion show on November 7th at a cost of \$5.00 each. The show will include three of our Auxiliary members. A ski outfit will be raffled.

The dance will be held on December 7th at the Tacoma Country Club. Tickets are \$20 and members are asked to send a self-addressed, stamped envelope with their ticket order.

Many subscriptions have been sent again this year to Pierce County Schools for *Today's Health*.

Ginny Smith announced that November 20th is the deadline for AMAERF Christmas card donations. This is tax deductible.

Initiative 242 was discussed and voter pamphlets were passed out. We were urged to use the stickers and mail the personal endorsement post cards.

Ann Katterhagen announced that the Hilltop Children's Clinic is supported

mostly by contributions and they have a need for clothing, especially rainwear and underwear. They are trying to educate people about health care and nutrition. It was moved to send a letter of encouragement to the organization and to refer the matter to the finance committee. *Motion carried.*

The members were urged to sell the cookbooks as this is the way we get most of our money for the nurses' scholarships.

It was moved to have 10,000 additional health service directories printed for distribution through the newly formed Pierce County Health Council. This will be paid for by our \$2 increase in dues.

Jeanne Judd, past southwest regional president, introduced our guests, the State Auxiliary officers.

Lucy Bailey, new State President, highlights which included Shirley spoke about the Chicago convention Temple Black's experience in Czechoslovakia, a movie on marijuana facts for teenagers, and Dr. Joseph Trainer from the University of Oregon Medical School who talked about doctors' wives. It is hoped that he will talk to our mid-year conference. All members were urged to attend the mid-year conference in March.

Mary Ellen Vaughn, State President-Elect, spoke about Initiative 242 and the AMA Political Action Committee.

Margaret McMakin, regional vice-president, spoke on membership. Ours is only 57% of the county. She urged us to improve this percentage. Philanthropic Board is being renewed in the region. Reports will be expected at mid-year conference.

The meeting was adjourned by Dorothy Grenley, President, at 3 p.m.

SPACE AVAILABLE in Federal Way.
New Clinic building; lease or lease with option to buy. Contact Dr. R. G. Willie, WA 7-4804.

Pierce County Medical Society

Medical Arts Building
Tacoma, Washington 98402

BULK RATE

U. S. POSTAGE

PAID

TACOMA, WASH.
PERMIT No. 300

MONTHLY MEETINGS

- STAFF OF DOCTORS HOSPITAL OF TACOMA
Second Monday of Jan., April, July and Oct.—
6:15 p.m. Doctors Hospital Cafeteria
- STAFF OF GOOD SAMARITAN
Second Monday of March, June, Sept. Dec.—6:30 p.m.
- STAFF OF ST. JOSEPH'S
Third Monday of March, June, Sept., Dec.—7:30 p.m.
- STAFF OF MOUNTAIN VIEW GENERAL HOSPITAL
Last Monday of February, June, September and November
- TACOMA AREA CHAPTER OF AMERICAN PSYCHIATRIC
ASSOC.—First Monday of October, December, February,
April and June.
- TACOMA ORTHOPEDIC SOCIETY
First Monday of each month—6:00 p.m.
- PIERCE COUNTY MEDICAL SOCIETY
Second Tuesday of the month except June, July and
August—8:15 p.m.
- STAFF OF TACOMA GENERAL
First Tuesday of March, June, Sept., Dec.—6:30 p.m.
- TACOMA SURGICAL CLUB
Third Tuesday of each month at Top of the Ocean
- TACOMA ACADEMY OF INTERNAL MEDICINE
Fourth Tuesday of each month—6 p.m. at Ceccanti's
- PIERCE COUNTY ACADEMY OF GENERAL PRACTICE
Fourth Monday of each month except June, July and
August
- PIERCE COUNTY PEDIATRIC SOCIETY
First Thursday of each Month except June, July and
August—6:00 p.m.
- STAFF OF ALLENMORE HOSPITAL
Third Friday of March, June, September, December—
7:15 a.m. at New Yorker Cafe
- STAFF OF MARY BRIDGE CHILDREN'S HOSPITAL
Fourth Friday of March, June, Sept., Dec.—12:15 p.m.
- STAFF OF LAKEWOOD GENERAL HOSPITAL
Third Wednesday of March, June, September, December—
7:30 p.m. Dinner—6:30 p.m.
- STAFF OF NORTHERN PACIFIC HOSPITAL
Second Monday of March, June, September, December—
12:30 p.m.